

## Supplemental Online Content

Scardera S, Perret LC, Ouellet-Morin I, et al. Association of social support during adolescence with depression, anxiety, and suicidal ideation in young adults. *JAMA Netw Open*. 2020;3(12):e2027491. doi:10.1001/jamanetworkopen.2020.27491

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This supplemental material has been provided by the authors to give readers additional information about their work.

**eTable 1: Comparisons of participants and non-participants on key variables based on unweighted values<sup>a</sup>**

	participants(n=1174)	non-participants(n=946)	p-value
<b>Child characteristics</b>			
Male, No. (%)	494(42.1)	586(61.9)	<.001
Birth weight (kg), mean (SD)	3.40(50)	3.40(.50)	.971
Non-Canadian, No., %	303(25.9)	297(31.7)	.004
Internalizing behaviors at 29 months <sup>b</sup>	0.90(1.21)	0.89(1.23)	.732
Externalizing behaviors at 29 months <sup>c</sup>	4.91(2.49)	5.24(3.00)	.014
<b>Family Characteristics</b>			
Maternal age at birth in years, mean (SD)	29.18(5.47)	28.51(5.46)	.004
Maternal depression <sup>d</sup> , mean (SD)	1.32(1.29)	1.50(1.40)	.002
Non-intact family (single or blended), No. (%)	190(16.2)	216(23.0)	<.001
Family socioeconomic status <sup>e</sup>	0.17(.96)	-0.19(1.00)	<.001
Data were compiled from the final master file of the Québec Longitudinal Study of Child Development (1998-2018), Québec Government, Québec Statistics Institute.			
<sup>a</sup> Variables were measured when the child was 5 months of age, unless otherwise indicated.			
<sup>b</sup> Assessed at 29 months, missing values were replaced with 17 months; 6 items from the Behavior Questionnaire(32, 49) (e.g., is too fearful or anxious), scores range from 0-8.			
<sup>c</sup> Assessed at 29 months, missing values were replaced with 17 months; 10 items from the Behavior Questionnaire(32, 49) (e.g., cannot sit still, is agitated), scores range from 0-18.			
<sup>d</sup> Assessed using a shortened version (12 items) of the Center for Epidemiologic Studies-Depression(25). Scores were standardized to range from 0-10.			
<sup>e</sup> z-scores reflecting an aggregate of parental educational level, annual gross income and parental education level(31).			

**eTable 2: Correlations between social support at 19 years, mental health problems and suicide-related outcomes at 20 years and adolescent confounders from 15-17 years†**

	Social Support	Depression	Anxiety	Ideation	Attempts
Family Characteristics 15-17y					
Sex	<b>.09</b>	<b>.16</b>	<b>.22</b>	-.01	-.01
Socio-economic status	<b>.12</b>	-.04	<b>-.06</b>	-.01	-.03
Hostile-Reactive Parenting	-.04	.01	.04	.01	-.03
Family Structure at 17y	<b>-.08</b>	.05	.05	.05	<b>.07</b>
Family Functioning	<b>-.08</b>	<b>.07</b>	<b>.09</b>	.03	-.01
Mental Health 15-17y					
Anxiety	<b>-.16</b>	<b>.38</b>	<b>.42</b>	<b>.15</b>	<b>.13</b>
Depression	<b>-.20</b>	<b>.45</b>	<b>.40</b>	<b>.18</b>	<b>.17</b>
Conduct	<b>-.14</b>	<b>.14</b>	<b>.11</b>	<b>.11</b>	<b>.10</b>
Oppositional/Defiant	<b>-.14</b>	<b>.23</b>	<b>.22</b>	<b>.13</b>	<b>.11</b>
Inattention/Hyperactivity	<b>-.12</b>	<b>.27</b>	<b>.26</b>	<b>.13</b>	<b>.11</b>
Suicide Ideation	<b>-.10</b>	<b>.13</b>	<b>.17</b>	<b>.24</b>	<b>.19</b>
Suicide Attempts	-.05	<b>.08</b>	<b>.11</b>	<b>.15</b>	<b>.11</b>

Data were compiled from the final master file of the Québec Longitudinal Study of Child Development (1998-2018), Québec Government, Québec Statistics Institute.

†based on maximum n available ranging from 907 to 1174.

All continuous confounder scores measured in adolescence were standardized into z-scores and averaged across ages 15 and 17 years. Bolded estimates are statistically significant;  $p < .05$ .

**eTable 3: Prospective associations between social support at 19 years and mental health problems and suicide-related outcomes at 20 years;  $n=907$ , maximum available sample.**

	Depressive symptoms		Anxiety symptoms		Suicide ideation	Suicide attempts
	$\beta$	$p$ -value	$\beta$	$p$ -value	OR (95% CI)	OR (95% CI)
Social support						
Adjusted for sex	-0.30	<.001	-0.17	<.001	0.57(0.48-0.68)	0.57(0.45-0.73)
Fully adjusted	-0.22	<.001	-0.09	.004	0.62(0.52-0.73)	0.61(0.46-0.81)
<p>Data were compiled from the final master file of the Québec Longitudinal Study of Child Development (1998–2018), Québec Government, Québec Statistic Institute.</p> <p>OR=odds ratio; 95%CI= 95% confidence intervals.</p> <p>The fully adjusted model is additionally adjusted for mental health problems in adolescence (15-17 years) including anxiety, depressive, suicidal ideation/attempts, attention deficit hyperactivity-impulsivity, oppositional defiant and conduct symptoms; family characteristics in adolescence (15-17 years) including socioeconomic status and family functioning and family structure (17 years)</p> <p><math>P</math>-values for socialsupport*sex interactions were for depressive (<math>p=.942</math>) and anxiety symptoms (<math>p=.502</math>), suicidal ideation (<math>p=.826</math>) and attempts (<math>p=.228</math>).</p>						

**eTable 4: Prospective association between social support at 19 years and clinical threshold of MHPs at 20 years;  $n=907$ , maximum available sample.**

	OR (95% CI)			
	Depressive symptoms		Anxiety symptoms	
	Moderate	Severe	Moderate	Severe
Social support				
Adjusted for sex	0.62(0.54-0.71)	0.46(0.38-0.57)	0.71(0.60-0.85)	0.65(0.53-0.80)
Fully adjusted	0.72(0.61-0.85)	0.56(0.44-0.70)	0.86(0.69-1.06)	0.75(0.59-0.96)
<p>Data were compiled from the final master file of the Québec Longitudinal Study of Child Development (1998–2018), Québec Government, Québec Statistic Institute.</p> <p>OR=odds ratio; 95%CI= 95% confidence intervals.</p> <p>The fully adjusted model is additionally adjusted for mental health problems in adolescence (15-17 years) including anxiety, depressive, suicidal ideation/attempts, attention deficit hyperactivity-impulsivity, oppositional defiant and conduct symptoms; family characteristics in adolescence (15-17 years) including socioeconomic status, family functioning and family structure (17 years)</p> <p>Reference categories: no/minimal symptoms for depressive/anxiety symptoms.</p> <p>P-values for socialsupport*sex interactions were for moderate depressive (<math>p=.105</math>) and anxiety symptoms (<math>p=.471</math>) and for severe depressive (<math>p=.955</math>) and anxiety symptoms (<math>p=.281</math>).</p>				