S146 Oral Communications

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**Introduction:** The relevance of studying the characteristics of the home environment of a person with mental health problems is determined by the need to identify the resources of the individual and the family to form multilevel adaptive competencies aimed at maintaining mental health.

**Objectives:** The present study was conducted to obtain standardized assessments of attitudes towards the home environment, towards the home as a place of functioning of the family with mental patients. **Methods:** The study involved 12 patients aged 21-60 years diagnosed according to ICD-10 F2 with the disease duration of more than 1 year and readmission. Methods used were experimental psychological questionnaire "My home" (Reznichenko, Nartova-Bochaver, Kuznetsova, 2016), mathematical statistics

Results: The test results showed that the average score for the "strength of significance of the home for its inhabitants" across the data set was 4.14, which differed from the average value of 3.73. Conclusions: The psychological foundations of attachment can be associated with a variety of facts, including the frequent absence of patients outside the home environment during readmission periods. The home environment can be a complex of positive feelings and experiences in relation to the home as a personally significant place. The study revealed some of the psychological traits of the subjective attitude to home, which can become indicators of psychological adaptation in persons with mental disorders in the future. Reznichenko S.I., Nartova-Bochaver S.K., Kuznetsova V.B. (2016) Home Attachment Assessment Method. Psychology. Journal of the Higher School of Economics. 13(3): 498-518.

**Disclosure:** No significant relationships. **Keywords:** family; mental patients; readmission

## **O218**

## Does maternal age or related factors influence the appearance of psychopathology in children?

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**Introduction:** Maternal age and related factors, such as social vulnerability, are associated with neurodevelopmental and behavioral disorders in offspring.

**Objectives:** To examine the influence of maternal age and its related factors on the appearance of autism spectrum disorder (ASD), attention deficit hyperactivity disorder (ADHD), alterations in executive functions and behavioral syndromes of the offspring.

**Methods:** A prospective study was conducted, consisting of 131 healthy pregnant women aged 20 to 41 years, recruited at 38 weeks' gestation. Their offspring were followed up to 2 years after birth, when psychopatology was assessed. Maternal age and possible related factors were considered predictors. Bayesian ordinal regression models were performed for each outcome variable. **Results:** Symptoms of ASD in children were associated with an older maternal age (OR = 0.188; 95% CI[1.062, 1.401]) and a lower educational level of the parents (OR = -0.879; 95% CI[0.202, 0.832]), meanwhile poor social support predicted most ADHD symptoms OR = -0.086; 95% CI[0.838, 1]) and executive dysfunctions OR = -0.661; 95% CI[0.313, 0.845]. Lower parental education predicted both externalizing and internalizing behavior.

Conclusions: Maternal age-related factors were the main predictors of neurodevelopmental disorders in offspring, rather than maternal age. The performance of prenatal interventions in pregnant women with advanced age and anxious depressive symptoms or adverse social situation, is crucial to reduce the risk of neurodevelopmental disorders in the offspring. Likewise, being able to carry out an early detection of childhood psychopathology would allow the implementation of resources that improve their long-term prognosis.

**Disclosure:** No significant relationships. **Keywords:** predictor; PSYCHOPATOLOGY; maternal age

## **O219**

## The development of depressive symptomatology, burnout and lifestyle in the Czech population – in years 2014-2020

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**Introduction:** It is clear from the literature that depressive disorder is closely related to lifestyle, however the relationship between burnout and lifestyle remains unclear.

**Objectives:** The aim of this study was to present a comprehensive overview of depressive symptoms, burnout and lifestyle over the years. Furthermore, this study looks at the relationship between burnout, depressive symptomatology and lifestyle and seeks to clarify the extent to which burnout can be explained by these variables.

Methods: Data collection took place in three waves. The first data collection was in 2014 (October/November), the second in 2017 (March) and the third in 2020 (March). The STEM/MARK agency conducted the data collection and collected answers from a representative sample of respondents using the CAWI method -computer-assisted questioning. These respondents were selected from the European National Panel. Because the target group was adults (18-65 years), an online survey was chosen. Internet penetration in this target population is sufficient and it was not necessary to use a combination of methodologies.

**Results:** All 3 data collections identically show that for the model explaining burnout statistically significant variables are: age, depression and fatigue during the day. Other variables related to healthy lifestyles did not reach statistical significance.