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# Assessment of 4 Cases of Kidney Transplantation from Hepatitis C Virus Antibody-Positive and RNA-Negative Donors to Antibody-Negative Recipients

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epatitis C virus (HCV) infection is significantly more prevalent among hemodialysis patients than the general population,<sup>1</sup> and caution is required when evaluating these patients for kidney transplantation. It has been reported that HCV infection may develop in uninfected recipients receiving organs from HCV-infected donors<sup>2</sup> and that transplantation increases the risk of liver disease<sup>2</sup> and mortality.<sup>3</sup> Therefore, at many institutions, kidneys from HCV antibodypositive donors are not allowed to be used for transplantation, regardless of the HCV RNA level.

Sustained virological response (SVR) rates in HCV have been increasing since the introduction of direct-acting antiviral agents. In renal transplant recipients, a series of successful HCV clearance using direct-acting antiviral agents was reported.<sup>4,5</sup> Sustained virological response is associated with continuous HCV RNA conversion to negative status, alleviation of hepatitis,<sup>6</sup> and suppression of liver disease progression.<sup>7</sup>

However, other risk factors of HCV transmission from kidney transplantation donors with HCV RNA-negative status are yet to be elucidated. Even if the donors have HCV, if their RNA is negative, the virions capable of multiplying or replicating are apparently absent, and HCV infection may

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not develop; therefore, the risk of infection to the recipients may be relatively low. There have been only 3 reports of individual cases of transplantation from an HCV antibodypositive and RNA-negative donor to an HCV antibodynegative recipient<sup>8-10</sup>; moreover there have been no reports that have summarized a number of cases.

In this study, we assessed the possibility of indications for transplantation based on the cases of transplantation from HCV antibody-positive donors to HCV antibody-negative recipients in our institution.

#### **CASE DESCRIPTION**

We conducted a retrospective study of 6 transplantations from HCV antibody-positive donors to antibody-negative recipients performed between November 1, 1989, when it became possible to measure HCV antibodies, and November 30, 2014, at our institution. Before transplantation, details of transplantation and the risk of transmission were explained in detail to the patients, and all patients provided informed consent. In 2 old cases transplanted in 1992, HCV RNA testing had not been introduced at the time of transplantation, and the RNA status of the donors was unknown, therefore, they were excluded (total 4 included cases; Table 1). Patient clinical backgrounds and outcomes were recorded.

In all cases, donors were HCV antibody-positive, and RNA was undetectable at the time of transplantation.

### Case 1

The donor had no history of IFN therapy and was HCV RNAnegative. Because this was a blood-type incompatible case, immunosuppression was induced with tacrolimus, mycophenolate mofetil, methylprednisolone, basiliximab, and rituximab 500 mg.

#### Case 2

The donor had no history of IFN therapy. Immunosuppression was induced with mycophenolate mofetil and methylprednisolone.

#### Case 3

The donor had a history of HCV infection. IFN therapy (details unknown) was performed before transplantation, and the donor was confirmed to be RNA-negative. SVR24 was achieved, the duration between treatment and transplantation was about 8 years. Because this was a donor-specific

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Donor and recipient information									
Case	-		2		3		4		
Year of transplantation	2006		2006		2008		2010		
Period from transplantation (moths)	103		103		80		49		$83.8 \pm 25.6$
Living or deceased	Living		Living		Living		Living		
Donor information									
Sex	Female		Female		Male		Female		
HCV antibody	Positive <sup>a</sup>		Positive <sup>a</sup>	E	Positive <sup>a</sup>		Positive <sup>b</sup>		
Antibody titer (cut off index)	1.2		1.5		18.8		31.9		$13.4 \pm 14.9$
Genotype	Unknown		Unknowr	_	2a		2a		
HCV RNA at time of transplantation	Undetectable <sup>c</sup>		Undetectab	ole <sup>c</sup>	Undetectable	ī	Undetectable <sup>d</sup>		
IFN therapy before transplantation	None		None		Done		Done		
Recipient information									
Sex	Female		Female		Female		Female		
Age at the transplanted time	27		31		20		51		$32.3 \pm 13.3$
Primary disease	Lupus nephritis		Interstitial nep	ohritis	Renal hypoplas	ia	Chronic glomeruloneph	ritis	
ABO DSA	Incompatible	nknown Co	Impatible	Unknown	Minor mismatch	Positive	Incompatible	Positive	
Induction Additional therapy	FK, MMF, MP, BASI, RIT	None N	IMF, MP	None	FK, MMF, MP, BASI, RIT	steroid pulse	FK, MMF, MP, BASI, RIT	DSG	
IFN therapy after transplantation	None		None		None		None		
HCV antibody	Negative <sup>b</sup>		Negative	p	Negative <sup>b</sup>		Negative <sup>b</sup>		
Time between transplantation and HCV antibody testing (mo)	103		66		36		34		$66.5 \pm 36.4$
HCV RNA	Undetectable <sup>d</sup>		Undetectab	ble <sup>d</sup>	Undetectable	-	Undetectable <sup>d</sup>		
Time between transplantation and HCV RNA testing (mo)	103		66		15		34		$61.3 \pm 43.1$
Data are expressed as means $\pm$ SD. HCV RNA, result of virus PCR measurer prevention prescription.	ient; IFN therapy before transplantation, his	story of interferon i	therapy prior to tra	ansplantation;	orimary disease, cause of chronic k	idney disease. IFN th	erapy after transplantation, interferor	therapy after tra	insplantation as
$^{\rm a}$ HCV antibody was assessed by LumiPulsell Ortho HCV, Ortho Clinical Dia	gnostics, Tokyo (sensitivity, 100.0%; spec	cificity, 99.54%).							

<sup>o</sup> HCV RNA was assessed by COBAS AmpliCore HCV v2.0, Roche Diagnostic, Tokyo. (The lower limits of detections for HCV RNA by PCR are 500 IU/mL) <sup>d</sup> HCV RNA was assessed by COBAS, TaqMan HCV "auto" v1.0, Roche Diagnostic, Tokyo. (The lower limits of detections for HCV RNA by PCR are 15 IU/mL). <sup>2</sup> HCV antibody was assessed by LumiPulse Presto Ortho HCV, Ortho Clinical Diagnostics, Tokyo (sensitivity 100.0%, specificity 99.71%).

ABO. ABO-compatible, incompatible, or minor mismatch for transplantation; DSA, donor-specific antibody in recipient; FK, tacrolimus; MMF, mycophenolate mofetil; MP, methylprednisolone; BASI, basiliwinab; RT, ritriximab; DSG, deoxyspergualin.

TABLE 1.

#### Case 4

The donor had a history of HCV infection and had received IFN therapy (peg-IFN  $\alpha 2$  alone, without ribavirin) which helped in achieving a SVR24. The duration between treatment and transplantation was about 5 years. Because this was a blood type incompatible and donor-specific antibody-positive case, immunosuppression was induced with tacrolimus, mycophenolate mofetil, methylprednisolone, basiliximab, rituximab 200 mg, and plasmapheresis. Antibody-mediated rejection was noted postoperatively which improved with deoxyspergualin treatment.

postoperatively that improved with steroid pulse therapy.

The grafted kidney continues to function in all cases. In cases 3 and 4, the donors had a history of HCV hepatitis and had undergone IFN therapy prior to transplantation. Interferon therapy had not been performed in cases 1 and 2, and as antibody titers were low and RNA testing was negative, it appeared that the donors had either previously cleared the infection or test results had been false-positives. Rituximab was used in 3 cases as an immunosuppressive agent.

To date, patients have been followed up for a mean duration of  $83.8 \pm 25.6$  months since transplantation with no detection of liver enzyme elevation or any abnormal findings in ultrasonography and/or CT images. Moreover, with a mean follow-up time of  $66.5 \pm 36.4$  months postoperatively, all HCV antibody tests were found to be negative with no evidence of HCV infection in any of the recipients.

#### DISCUSSION

Screening for HCV infection is usually performed by testing for HCV antibodies. When results are HCV-antibodypositive, it is always necessary to check HCV infection status by quantitatively determining HCV RNA levels. Moreover, the HCV antibody test has a window period, infections are occasionally missed,<sup>11</sup> and previously immunosuppressed patients are occasionally later found to be RNA-positive despite originally being tested as HCV antibody-negative. Regular postoperative measurement of recipient HCV antibody and RNA levels are advisable in such cases. Furthermore, a previous report described cases of HCV transmission due to the window period of HCV RNA testing despite the use of HCV RNA-negative donors (HCV RNA status converted to positive postoperatively).<sup>11</sup> Thus, clinicians should consider the limitations of RNA measurements.<sup>12</sup>

Hepatitis C virus transmission by organ transplantation has been confirmed by previous studies, and transplantation of antibody-positive donor kidneys to antibody-negative recipients is associated with severe acute hepatitis, chronic hepatitis, and a lower survival rate posttransplantation. Therefore, it has been proposed that such transplantations should not be performed. However, when a sustained conversion to a HCV RNA-negative status has previously been achieved in donors, virions capable of multiplying or replicating are apparently absent and HCV infection may not develop when kidney transplantation is performed using such donor organs. In this study, despite a mean postoperative follow-up period of  $83.8 \pm 25.6$  months, no evidence of HCV infection has been observed in any of the 4 patients included in this study. In the pre-HCV RNA-testing era, we performed 2 kidney transplantations from donors who were HCV Ab-positive with unknown RNA status. In these 2 cases, the recipients also had no evidence of HCV infection, with no detection of HCV Ab or RNA measurement; about 20 years have passed since these transplantations.

The Kidney Disease: Improving Global Outcomes Guidelines state that there are no particular restrictions regarding the use of immunosuppressive agents other than tacrolimus, which can cause the development of newonset diabetes mellitus after transplantation.<sup>13</sup> However, despite being considered contraindicated in HCV infection patients, rituximab was used to treat 3 cases with no onset of symptoms observed. Nicot et al<sup>14</sup> performed immunosuppressive therapy (including rabbit antithymocyte globulin in 59% and an anti-IL2 receptor blocker in 32% of recipients) in kidney transplantation recipients whose status was HCV antibody-positive and RNA-negative as a result of HCV treatment before transplantation and reported no evidence of HCV infection relapse based on serum, peripheral blood mononuclear cell (PBMC), and liver RNA measurements over a mean follow-up period of 10.5 years. Thus, even where donors are HCV antibody-positive and RNA-negative, the organ grafts are not absolutely ineligible for kidney transplantation, and there may be few restrictions for the use of immunosuppressive agents in recipients.

Nevertheless, even when blood testing for HCV RNA is negative, because there is a possibility of an occult HCV state where RNA may be extracted from the liver or PBMCs, decisions regarding indications for transplantation should be taken with caution. There have been many reports of reactivation of occult HCV in association with the use of immunosuppressive agents, use of chemotherapy, and immunocompromised states,<sup>15-20</sup> and should be particularly considered as cases have been reported where SVR has previously been achieved. Currently, there have been very few reports of the transmission of occult HCV to recipients after liver transplantation, and the possibility of transmission by kidney transplantation is considered to be relatively low. However, occult HCV is regarded as being potentially infective,<sup>21</sup> and sufficient caution is necessary. Furthermore, because the sensitivity of RNA measurements is lower than ideally desired, a proportion of HCV antibody-positive and RNA-negative patients exhibit low-level viremia.<sup>22</sup> Therefore, it is impossible to rule out the possibility of infection transmission, and repeated testing and concomitant measurements of liver function in donors and recipients appear to be advisable.

The use of HCV Ab-positive and RNA-negative grafts seems to be safe for graft and patient survival, but some issues remain regarding the progression of liver disease.<sup>23</sup> In our criteria, if other appropriate donor candidates are not available, and if the donor's HCV infectious status is adequately controlled, with HCV RNA negativity and SVR achieved, transplantation can proceed under fully informed consent.

This study has several limitations. This was a retrospective study with a small number of patients. Although there is currently no evidence of HCV infection in any of the 4 recipients, it is not possible to entirely rule out the possibility of future infection resulting from the transplantation of organs from HCV antibody-positive and RNA-negative donors. Moreover, even when blood testing for HCV RNA is negative, because there is a possibility of an occult HCV state where RNA may be extracted from the liver or PBMCs, decisions regarding indications for transplantation should be taken with caution. The HCV antibody tests in cases 1 to 3 were second generation, as opposed to third generation in case 4, and there was a difference in the assay methods used. However, because there are no differences in cutoff values or titers between second-generation and third-generation assays they were treated as equivalent.

The outcome of this study indicates that kidney transplantation can be performed with minimal risk of recipient HCV infection when potential donors are HCV antibody-positive and RNA-negative.

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