



## Research Paper

# Phytochemical-induced nucleolar stress results in the inhibition of breast cancer cell proliferation

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## ABSTRACT

The nucleolus is a stress sensor and compromised nucleolar activity may be considered as an attractive anticancer strategy. In the present study, the effects of three plant-derived natural compounds, i.e., sulforaphane (SFN), ursolic acid (UA) and betulinic acid (BA) on nucleolar state were investigated in breast cancer cell lines of different receptor status, namely MCF-7, MDA-MB-231 and SK-BR-3 cells. Cytostatic action of phytochemicals against breast cancer cells was observed at low micromolar concentration window (5–20  $\mu$ M) and mediated by elevated p21 levels, and cell proliferation of SFN-, UA- and BA-treated normal human mammary epithelial cells (HMEC) was unaffected. Phytochemical-mediated inhibition of cell proliferation was accompanied by increased levels of superoxide and protein carbonylation that lead to disorganization of A- and B-type lamin networks and alterations in the nuclear architecture. Phytochemicals promoted nucleolar stress as judged by the nucleoplasmic translocation of RNA polymerase I-specific transcription initiation factor RRN3/TIF-IA, inhibition of new rRNA synthesis and decrease in number of nucleoli. Phytochemicals also decreased the levels of NOP2, proliferation-associated nucleolar protein p120, and WDR12 required for maturation of 28S and 5.8S ribosomal RNAs and formation of the 60S ribosome, and phosphorylation of S6 ribosomal protein that may result in diminished translation and inhibition of cell proliferation. In summary, three novel ribotoxic stress stimuli were revealed with a potential to be used in nucleolus-focused anticancer therapy.

## 1. Introduction

More recently, non-ribosomal functions for the nucleolus have been established [1,2]. Beyond its primary role in ribosome biosynthesis, the nucleolus is also involved in the regulation of cell cycle progression and stress signaling [3–5]. Oxidative and ribotoxic stress stimuli have been reported to inhibit RNA polymerase I (Pol I) transcription by inactivation of the Pol I-specific transcription factor RRN3/TIF-IA [6]. The inactivation of TIF-IA is achieved by phosphorylation of TIF-IA by c-Jun N-terminal kinase (JNK) at a single threonine residue (Thr200) that result in both impaired interaction of TIF-IA with Pol I and SL/TIF-IB, thus preventing transcription initiation complex formation at the rDNA promoter, and relocation of TIF-IA from the nucleolus to the nucleoplasm where it is sequestered from Pol I [6]. Several stressors can also promote the nucleoplasmic translocation of nucleolar proteins such as ARF, L5, L11, L23 or B23/nucleophosmin that is considered as a hallmark of nucleolar stress [3,7–9]. Relocated proteins bind MDM2 (HDM2 in human, E3 ubiquitin ligase) that block the ubiquitinylation of p53 and induce p53-dependent cell cycle arrest and/or apoptosis

[3,10]. Genetic inactivation of RRN3/TIF-IA may also result in nucleolar disruption, cell cycle arrest and p53-mediated apoptosis [11]. Moreover, p53-independent responses to nucleolar stress have been documented [12–16]. As more than a half of human cancers lack functional p53 [17], these p53-independent pathways could potentially reveal additional cancer therapies that are based on drugs targeting the rDNA transcription machinery and inducing nucleolar stress.

Dietary phytochemicals are considered as promising candidates for anticancer therapy [18] and the mechanisms of action of plant-derived anticancer drugs are numerous including apoptosis, autophagy, necrosis-like programmed cell death, mitotic catastrophe and cellular senescence [19]. However, the ability of dietary agents to provoke nucleolar stress response that would block the proliferation of cancer cells has not been addressed.

In the present study, we have investigated the mechanism of cytostatic activity of two pentacyclic triterpenoids, namely ursolic acid (UA) and betulinic acid (BA) and sulforaphane (SFN), an isothiocyanate, against phenotypically distinct breast cancer cells MCF-7 (ER<sup>+</sup>, PR<sup>+/-</sup>, HER2<sup>-</sup>, wild type p53), MDA-MB-231 (ER<sup>-</sup>, PR<sup>-</sup>, HER2<sup>-</sup>, mutant

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p53) and SK-BR-3 (ER<sup>-</sup>, PR<sup>-</sup>, HER2<sup>+</sup>, mutant p53). We found that phytochemicals induced oxidant-based nucleolar stress that resulted in the nucleoplasmic translocation of RRN3/TIF-IA and inhibition of rRNA synthesis, and decreased phospho-S6 ribosomal protein signals leading to diminished translation efficiency and p21-mediated inhibition of cell proliferation.

## 2. Materials and methods

### 2.1. Reagents

The reagents used, if not otherwise mentioned, were purchased from Sigma-Aldrich (Poland) and were of analytical grade. Sulforaphane (1-isothiocyanato-4-(methylsulfinyl)-butane, SFN), ursolic acid (3 $\beta$ -hydroxy-12-ursen-28-ic acid, UA) and betulinic acid (3 $\beta$ -hydroxy-20(29)-lupaene-28-oic acid, BA) were dissolved in dimethyl sulfoxide (DMSO). DMSO concentrations did not exceed 0.1% and had no effect on parameters analyzed.

### 2.2. Cell culture

Human breast cancer cells MCF-7, MDA-MB-231 and SK-BR-3 were obtained from ATCC (Manassas, VA, USA). Cells (10,000 cells/cm<sup>2</sup>) were cultured at 37 °C in Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 10% fetal calf serum (FCS) and antibiotic and antimycotic mix solution (100 U/ml penicillin, 0.1 mg/ml streptomycin and 0.25  $\mu$ g/ml amphotericin B) in a humidified atmosphere in the presence of 5% CO<sub>2</sub> until they reached confluence. Typically, cells were passaged by trypsinization and maintained in DMEM. Normal human mammary epithelial cells (HMEC) were obtained from Lonza (Basel, Switzerland). Cells (10,000 cells/cm<sup>2</sup>) were cultured in Mammary Epithelial Growth Medium (MEGM) supplemented with BPE, hydrocortisone, hEGF, insulin and gentamicin/ amphotericin B according to manufacturer's instructions.

### 2.3. Cell proliferation

DNA content was assessed using CyQUANT<sup>®</sup> Cell Proliferation Assay Kit (Thermo Fisher Scientific). Briefly, the cells were cultured in a 96-well plate (5000 cells per well) and treated with SFN, UA and BA (5, 10, 20  $\mu$ M) for 24 h and cells were then frozen, thawed and CyQUANT<sup>®</sup> GR dye/cell lysis buffer was added. After 5-min incubation in the dark, fluorescence (CyQUANT<sup>®</sup> GR dye bound to nucleic acids) was measured using a fluorescence microplate reader ( $\lambda_{\text{ex}}$ =480 nm,  $\lambda_{\text{em}}$ =520 nm). DNA content was normalized to control.

### 2.4. Cell viability

Cell viability was assessed using Muse<sup>™</sup> Cell Analyzer and Muse<sup>™</sup> Count and Viability Kit according to manufacturer's instructions (Merck Millipore, Poland). Briefly, the cells were cultured in a 6-well plate (10,000 cells/cm<sup>2</sup>) and treated with SFN, UA and BA (5, 10, 20  $\mu$ M) for 24 h and viable and non-viable cells were then differentially stained based on their permeability to the two DNA-binding dyes present in the reagent. The calculations were performed automatically and viability profiles (dot plots) were displayed using the Muse<sup>™</sup> Count and Viability Software Module.

### 2.5. Immunostaining

An immunostaining protocol was used as previously described [20]. Briefly, the cells were cultured in a 96-well plate (5000 cells per well) and treated with SFN, UA and BA (5, 10, 20  $\mu$ M) for 24 h and cells were

then fixed and incubated with the primary antibodies anti-Ki67 (1:500), anti-p21 (1:400), anti-lamin A/C (1:100), anti-lamin B1 (1:500), anti-cofilin (1:200), anti-RRN3 (1:200), anti-NOP2 (1:1000), anti-WDR12 (1:200), anti-S6 ribosomal protein (1:50), anti-phospho-S6 ribosomal protein (Ser235/236) (1:100), anti-nucleolar antigen (Thermo Fisher Scientific, Novus Biologicals) and secondary antibodies conjugated to Texas Red or FITC (1:1000) (Thermo Fisher Scientific). Nuclei were visualized using Hoechst 33342 staining, F-actin was assayed using phalloidin staining or  $\beta$ -actin was detected using anti- $\beta$ -actin antibody and nucleolus was immuno-stained using anti-nucleolar antigen antibody (Thermo Fisher Scientific). Digital cell images were captured using an imaging cytometer In Cell Analyzer 2000 (GE Healthcare, UK) equipped with a high performance CCD camera. Quantitative analysis was conducted using In Cell Analyzer software (GE Healthcare). In general, immuno-fluorescent signals are presented as relative fluorescence units (RFUs). Ki67 signals were scored and normalized to control. Cells with aberrant lamin signals were scored [%]. Compartment-specific immuno-fluorescent signals were also considered and are presented as relative fluorescence units (RFUs) or were scored [%] or were normalized to control.

### 2.6. Superoxide levels

After SFN, UA and BA treatments, intracellular total superoxide levels were measured using a fluorogenic probe dihydroethidium and imaging cytometry (In Cell Analyzer 2000 equipped with a high performance CCD camera, GE Healthcare, UK). Briefly, the cells were incubated in DPBS containing 5  $\mu$ M dihydroethidium for 15 min in the dark, cells were then washed and intracellular fluorescent signals were acquired and quantified using In Cell Analyzer 2000 Software (GE Healthcare). The level of superoxide is presented as relative fluorescence units (RFUs).

### 2.7. Protein carbonylation

Actin, lamin A/C and total nuclear protein carbonylation was considered. Protein derivatization was conducted according to Lazarus et al. [21]. SFN-, UA- and BA-treated, fixed and derivatized cells were immuno-stained using anti- $\beta$ -actin antibody (1:500) or anti-lamin A/C antibody (1:100) (Thermo Fisher Scientific) or stained using Hoechst 33342 staining and incubated with anti-DNP antibody (1:200) (Abcam) and the secondary antibodies conjugated to FITC or TR (1:1000) (Thermo Fisher Scientific). Digital cell images were captured using imaging cytometry (In Cell Analyzer 2000 equipped with a high performance CCD camera, GE Healthcare, UK). Co-localization analysis was performed using In Cell Analyzer 2000 Software (GE Healthcare). Protein carbonylation is presented as relative fluorescence units (RFUs).

### 2.8. Immunodetection of nascent RNA (5-fluorouridine labeling)

After SFN, UA and BA treatments, cells were incubated with a halogenated RNA precursor, 2 mM 5-fluorouridine (5-FU) for 15 min and fixed in 3.7% formaldehyde in PBST (PBS with 0.01% Triton X-100). Indirect immunofluorescence with an anti-BrdU antibody (1:500, BD Biosciences) and the appropriate secondary antibody coupled to FITC (1:1000, BD Biosciences) were used to detect halogenated RNA [22]. 5-FU in the nucleolus is presented as relative fluorescence units (RFUs).

### 2.9. Western blotting

Whole cell protein extracts were prepared according to Lewinska

et al. [23]. Polyvinylidene difluoride (PVDF) membranes were incubated with the primary antibodies anti-cofilin (1:200), anti-RRN3 (1:2000), anti-S6 ribosomal protein (1:100), anti-phospho-S6 ribosomal protein (Ser235/236) (1:1000) or anti- $\beta$ -actin (1:1000) (Thermo Fisher Scientific, Sigma-Aldrich) and a secondary antibody conjugated to HRP (1:50000, Sigma-Aldrich). The respective proteins were detected using a Clarity™ Western ECL Blotting Substrate (Bio-Rad) and a G: BOX imaging system (Syngene, Cambridge, UK) according to the manufacturer's instructions. Densitometry measurements of the bands were performed using GelQuantNET software (<http://biochemlabsolutions.com/GelQuantNET.html>). The data represent the relative density normalized to  $\beta$ -actin. Phospho-S6 signals were also normalized to S6 signals.

### 2.10. Statistical analysis

The results represent the mean  $\pm$  SD from at least three independent experiments. Alternatively, box and whisker plots with median, lowest and highest values were used. Statistical significance was assessed by 1-way ANOVA using GraphPad Prism 5, and with the Dunnett's multiple comparison test.

## 3. Results

### 3.1. SFN, UA and BA inhibit cell proliferation in breast cancer cells

Initially, we have considered thirty plant-derived natural compounds with anticancer properties and investigated their cytostatic activity against phenotypically different breast cancer cell lines, i.e., MCF-7 (ER<sup>+</sup>, PR<sup>+/−</sup>, HER2<sup>−</sup>), MDA-MB-231 (ER<sup>−</sup>, PR<sup>−</sup>, HER2<sup>−</sup>) and SK-BR-3 (ER<sup>−</sup>, PR<sup>−</sup>, HER2<sup>+</sup>) (data not shown). Based on Ki67 immunostaining data, we have selected three phytochemicals with the ability to inhibit cancer cell proliferation when used at low micromolar range (5–20  $\mu$ M) and 24 h treatment, namely sulfuraphane (SFN), an isothiocyanate, and two pentacyclic triterpenoids, ursolic acid (UA) and betulinic acid (BA) (Fig. 1A).

After treatment with all three phytochemicals, decreased Ki67 immuno-signals were the most pronounced in SK-BR-3 cells compared to other breast cancer cells used (Fig. 1A). In general, cytostatic activity of UA was found to be more potent than cytostatic activity of BA against three breast cancer cells used (Fig. 1A). In contrast, cytostatic activity of SFN, UA and BA against normal human mammary epithelial cells (HMEC) was limited and no statistically significant differences between control and treated cells were revealed (Fig. 1A). Cell proliferation was also analyzed using CyQUANT® GR dye staining and similar results were obtained (Fig. 1B). SFN-, UA- and BA-mediated inhibition of breast cancer cell proliferation was accompanied by elevated levels of nuclear p21, a cell cycle inhibitor (Fig. 1C). Treatment with SFN resulted in the most accentuated increase in p21 pools in all three breast cancer cell lines (Fig. 1C). In contrast, an increase in p21 levels was not observed in normal HMEC cells (Fig. 1C and D). Thus, it may be concluded that cytostatic activity of SFN, UA and BA is specific to breast cancer cells and SFN, UA and BA do not affect the proliferation of normal mammary epithelial cells (Fig. 1).

### 3.2. SFN, UA and BA are cytotoxic to breast cancer cells when used at the concentration of 20 $\mu$ M

A simple cell membrane permeability test was then used to assess cytotoxic action of SFN, UA and BA (Fig. 2).

SFN, UA and BA were found to be cytotoxic to breast cancer cells when used at the concentration of 20  $\mu$ M (Fig. 2). Cytotoxicity of 20  $\mu$ M

UA was the most evident and MDA-MB-231 cells were the most sensitive to 20  $\mu$ M UA treatment (Fig. 2). In contrast, the cytotoxic effects of SFN, UA and BA on normal human mammary epithelial cells (HMEC) were minimal (Fig. 2).

### 3.3. SFN, UA and BA induce oxidative stress and protein carbonylation

As phytochemicals may be considered as redox active compounds, we have then evaluated if SFN, UA and BA may induce oxidative stress in breast cancer cells (Fig. 3). Indeed, treatment with SFN, UA and BA resulted in elevated superoxide levels in breast cancer cells (Fig. 3A). In contrast, no increase in the levels of superoxide was observed in normal human mammary epithelial cells (HMEC) (Fig. 3A). SFN-, UA- and BA-mediated oxidative stress resulted in protein carbonylation (oxidative protein damage) in breast cancer cells (Fig. 3B, C and F).

SFN, UA and BA promoted both the carbonylation of cytoplasmic proteins, i.e., actin (Fig. 3B and F) as well as the carbonylation of total nuclear protein pools (Fig. 3C and F). SFN- and UA-induced oxidative stress also promoted an increase in the levels of cofilin, an actin-binding protein, and cofilin nuclear translocation as an adaptive stress response (Fig. 3D, E and G).

### 3.4. Phytochemical-mediated disorganization of A- and B-type lamin networks

Increased carbonylation of lamin A/C was accompanied by changes in the levels of lamin A/C and its organization (Fig. 4A–D).

SFN and UA caused an increase in the levels of lamin A/C (Fig. 4C) and SFN, UA and BA induced aberrant nuclear morphology, i.e., increased fraction of nuclei with membrane folds and uneven lamin A/C (Fig. 4D). Moreover, the levels of lamin B1 were decreased after SFN, UA and BA treatments and aberrant organization of lamin B1 was also observed (Fig. 4E–G).

### 3.5. Phytochemical-induced nucleolar stress

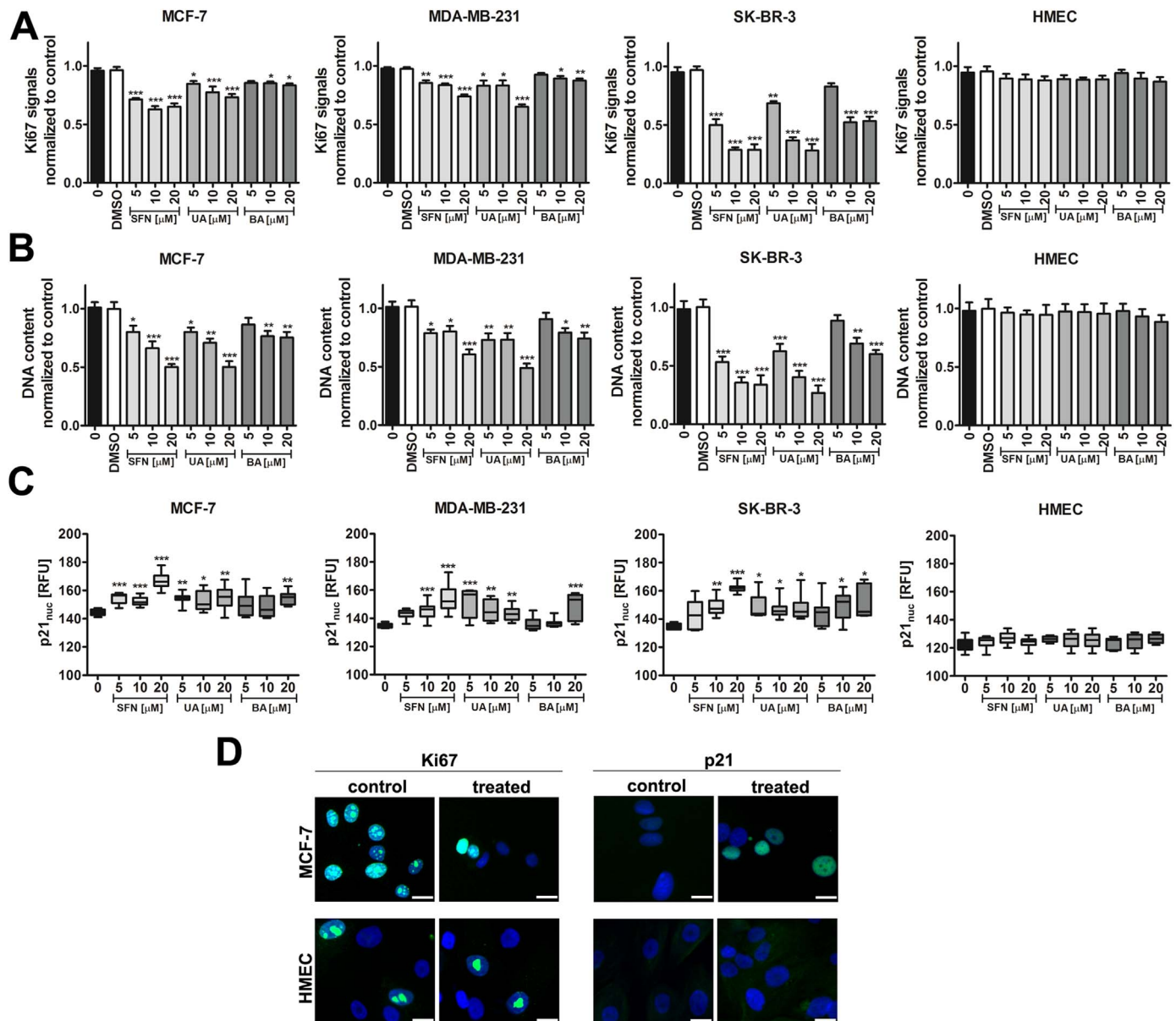
Changes in nuclear morphology was also accompanied by changes in the nucleolus that may be considered as a nucleolar stress. After phytochemical treatment, the number of nucleoli was decreased (Fig. 5A).

Moreover, phytochemicals promoted the inhibition of new rRNA synthesis in breast cancer cells as judged by decreased 5-FU labeling in the nucleolus (Fig. 5B and C). As loss of nucleolar proteins from the nucleolus is a marker of nucleolar stress following inhibition of RNA-Pol-I-driven transcription, we have then analyzed the levels and localization of RNA polymerase I-specific transcription initiation factor RRN3/TIF-IA (Fig. 6).

In general, total levels of RRN3 (Western blotting) (Fig. 6A) as well as nuclear pools of RRN3 were increased after SFN and UA treatments (imaging cytometry) (Fig. 6C). As increased nuclear levels of RRN3 were accompanied by decreased nucleolar levels of RRN3, one can conclude that RRN3 is relocated from the nucleolus to the nucleoplasm upon phytochemical stimulation (Fig. 6B and D).

### 3.6. Phytochemical-mediated changes in ribosome-associated proteins

We have then analyzed the levels of selected nucleolar proteins involved in ribosome biogenesis, translation and the regulation of cell proliferation. We found that phytochemicals caused a decrease in the levels of NOP2, proliferation-associated nucleolar protein p120 [24]



**Fig. 1.** SFN-, UA- and BA-mediated inhibition of breast cancer cell proliferation. (A) Ki67 immunostaining. Ki67 signals were normalized to Ki67 signals in the control conditions. The effect of solvent used (0.1% DMSO) is also presented. Bars indicate SD,  $n=100$  per one replicate, three independent experiments were considered, \*\*\*\* $p < 0.001$ , \*\*\* $p < 0.01$ , \*\* $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (B) CyQUANT<sup>®</sup> GR dye staining. DNA content was normalized to DNA content in the control conditions. The effect of solvent used (0.1% DMSO) is also presented. Bars indicate SD,  $n=100$  per one replicate, three independent experiments were considered, \*\*\*\* $p < 0.001$ , \*\*\* $p < 0.01$ , \*\* $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (C) p21 immunostaining. The levels of nuclear p21, a cell cycle inhibitor, are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered, \*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (D) Ki67 immunostaining (green, left), p21 immunostaining (green, right). MCF-7 and HMEC cells were treated with 10  $\mu\text{M}$  SFN. Representative micrographs are shown, objective 10 $\times$ , scale bars 10  $\mu\text{m}$ . Nuclei were visualized using Hoechst 33342 staining (blue). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).

(Fig. 7A) and WDR12, a component of the PeBoW complex, which is required for maturation of 28S and 5.8S ribosomal RNAs and formation of the 60S ribosome and cell proliferation [25,26] (Fig. 7B and C).

As phosphorylation of S6 ribosomal protein correlates with an increase in translation of mRNA transcripts, we have then investigated the phosphorylation status of S6 ribosomal protein (Ser235/236) upon phytochemical stimulation (Fig. 8).

Except of SFN-treated MDA-MB-231 cells and BA-treated SK-BR-3 cells, decreased phospho-S6 signals were observed after treatment with

SFN, UA and BA (Fig. 8A). Western blot data were also confirmed using imaging cytometry and S6 and phospho-S6 immunostaining (Fig. 8B and C).

#### 4. Discussion

The nucleolus-centered adaptive response was revealed in three breast cancer cell lines, namely MCF-7 (ER<sup>+</sup>, PR<sup>+/+</sup>, HER2<sup>-</sup>, wild type p53), MDA-MB-231 (ER<sup>-</sup>, PR<sup>-</sup>, HER2<sup>-</sup>, mutant p53) and SK-BR-3 (ER<sup>-</sup>,



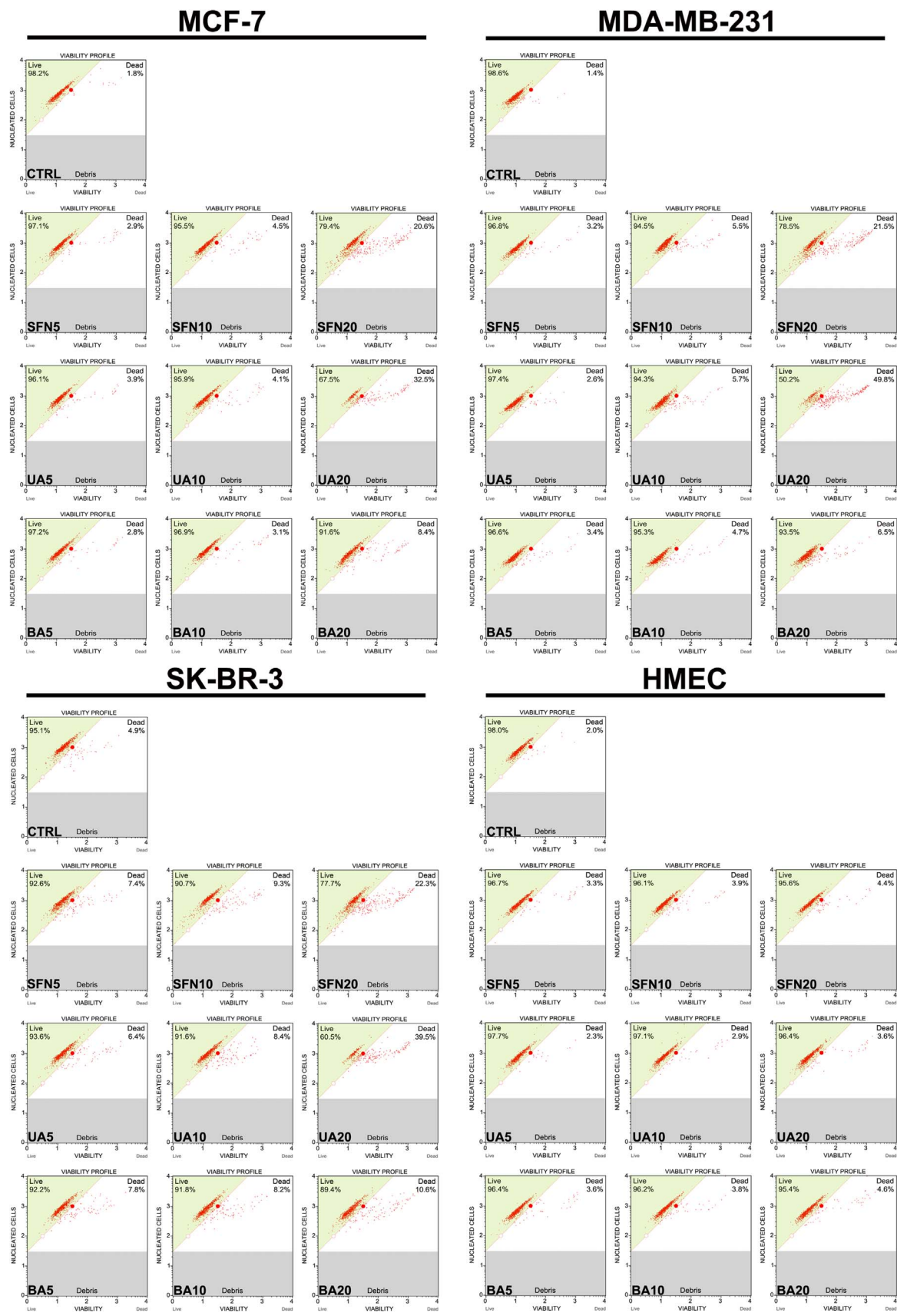
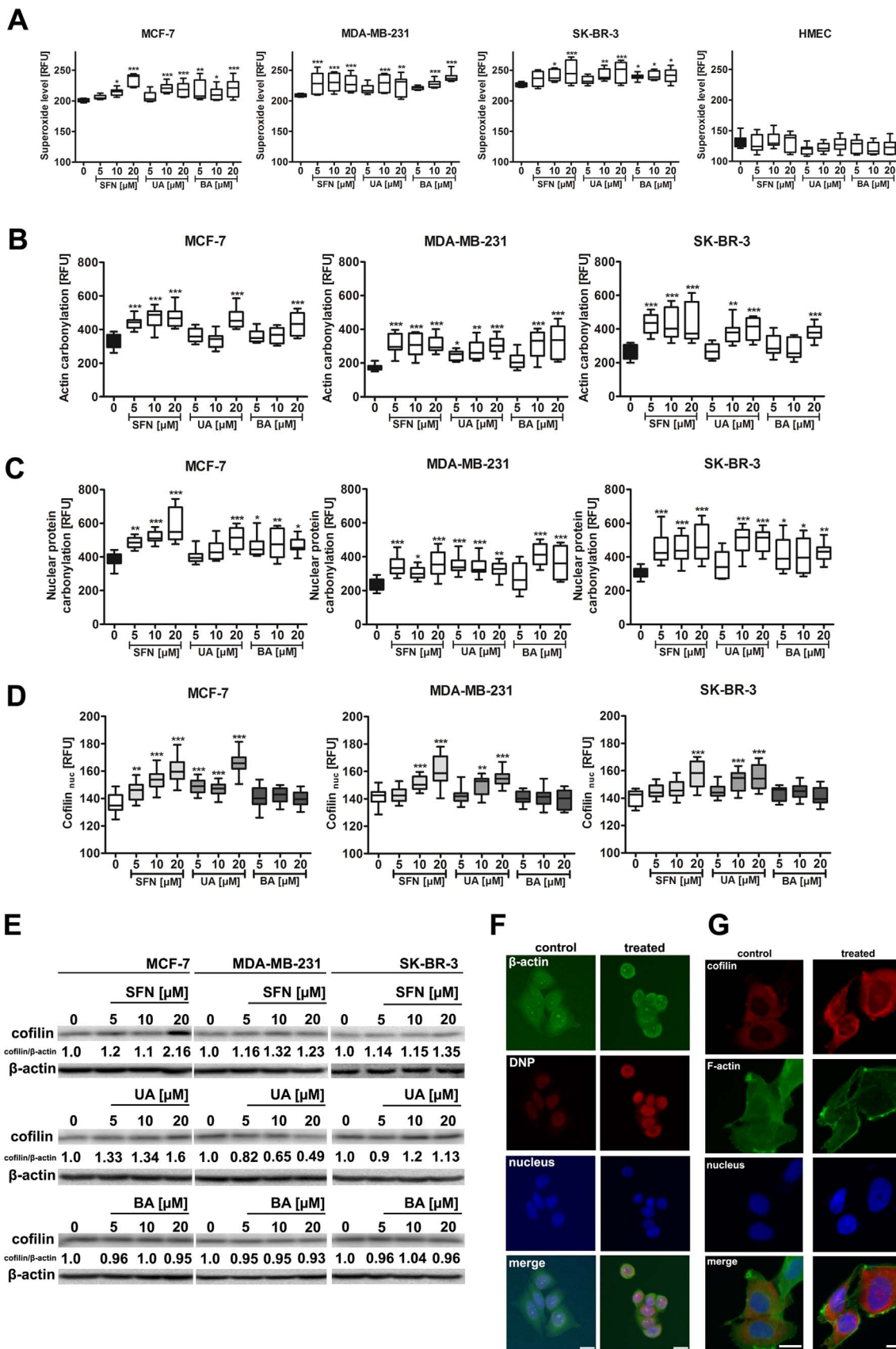


Fig. 2. SFN-, UA- and BA-mediated cytotoxicity in breast cancer cells. Cell viability was assessed using Muse™ Count and Viability Kit. Representative viability profiles (dot plots) are shown. SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid.



**Fig. 3.** SFN-, UA- and BA-induced oxidative stress results in oxidative protein damage and cofilin nuclear translocation in breast cancer cells. (A) Superoxide levels were assessed using fluorogenic probe dihydroethidium and are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (B) Actin carbonylation was assessed using actin and DNP co-immunostaining and is presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (C) Nuclear protein carbonylation was assessed using Hoechst 33342 staining and anti-DNP antibody and is presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (D) Cofilin nuclear levels are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (E) Western blot analysis of cofilin levels. Anti- $\beta$ -actin antibody was used as a loading control. The data represent the relative density normalized to  $\beta$ -actin. (F) Actin immunostaining (green), DNP immunostaining (red) and nucleus staining (blue). MCF-7 cells were treated with  $10 \mu\text{M}$  SFN. Representative micrographs are shown, objective  $10\times$ , scale bars  $10 \mu\text{m}$ . (G) Cofilin nuclear translocation (red) in MCF-7 cells upon stimulation with  $10 \mu\text{M}$  SFN. Representative micrographs are shown, objective  $10\times$ , scale bars  $10 \mu\text{m}$ . F-actin staining (green) and nucleus staining (blue). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).

PR<sup>-</sup>, HER2<sup>+</sup>, mutant p53) upon stimulation with low concentrations of an isothiocyanate sulforaphane (SFN) and two pentacyclic triterpenoids, ursolic acid (UA) and betulinic acid (BA) (Fig. 9). Phytochemicals promoted oxidant-based nucleolar stress that limit transcription and translation efficiency and cell proliferation (Fig. 9).

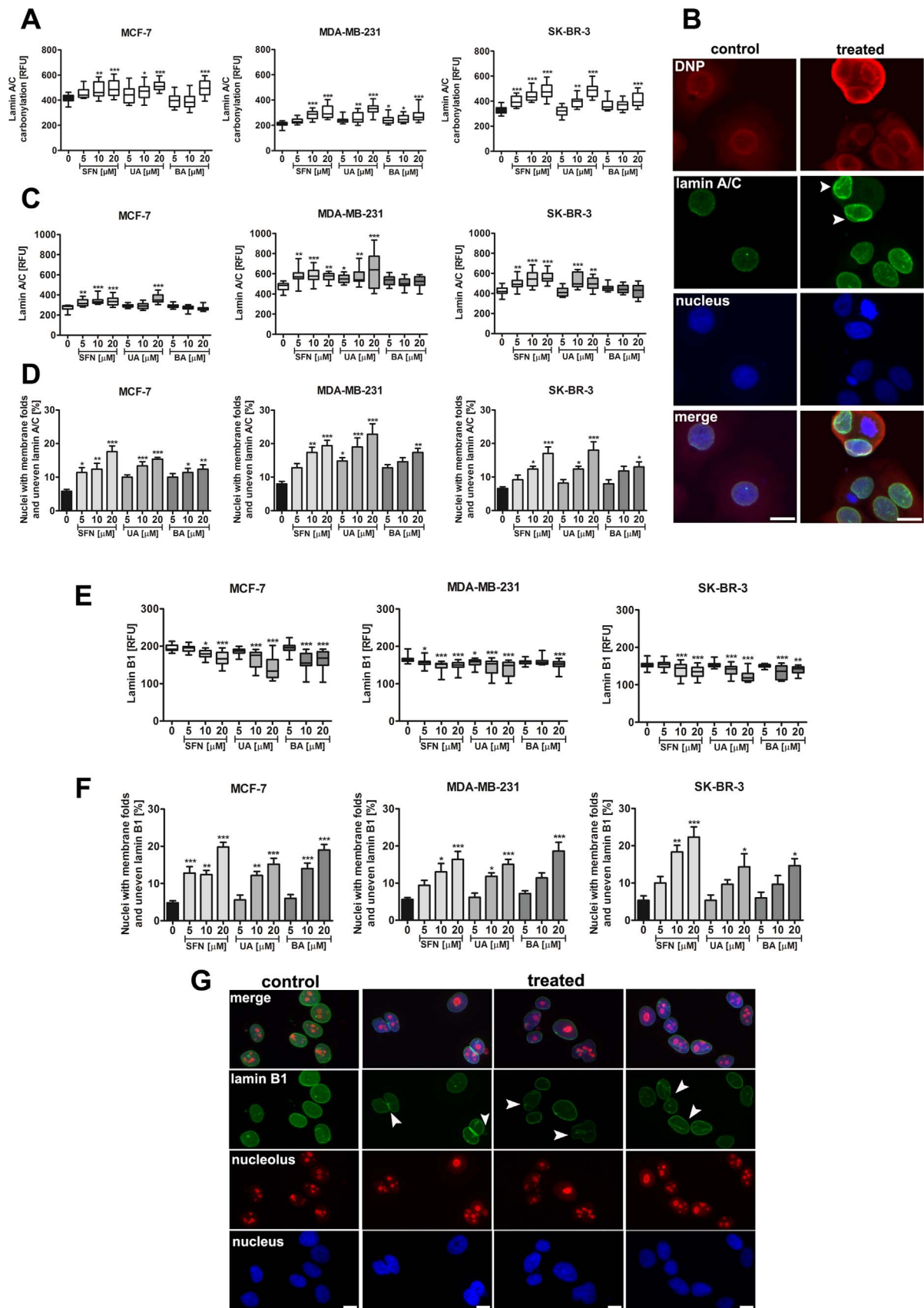
To study phytochemical-induced nucleolar stress response, we have used imaging cytometry and single-cell analysis because cancer cell populations are heterogeneous and some discrete individual cellular changes might be masked using population-based approaches.

Phytochemical-induced inhibition of cell proliferation was mediated by elevated levels of nuclear p21. In general, p21 may be activated by both p53-dependent or p53-independent mechanisms [27]. As we have used breast cancer cells with wild type p53 (MCF-7) as well as mutant p53 (MDA-MB-231, SK-BR-3) [28], one can conclude that phytochemicals induced upregulation of p21 irrespective of p53 status. Antiproliferative activity of SFN, UA and BA has already been documented [29–31]. SFN ( $15 \mu\text{M}$ ) has been shown to inhibit cell proliferation of MCF-7 cells [29]. SFN promoted G2/M cell cycle arrest and increase in cyclin B1 protein levels as well as phosphorylation of histone H1, blocked cells in early mitosis and disrupted polymerization of mitotic microtubules *in vivo* [29]. UA ( $17.5 \mu\text{M}$ ) caused p21-dependent G0/G1 cell cycle arrest in MCF-7 cells as the effect was nearly abolished after p21 silencing [30]. BA ( $5\text{--}10 \mu\text{M}$ ) induced cell cycle arrest in the G2/M phase in MDA-MB-231 cells that was based on interactions with the microRNA-27a-ZBTB10-Sp-axis [31]. More recently, we have also shown that UA and BA ( $5\text{--}10 \mu\text{M}$ ) caused G0/G1 cell cycle arrest in MCF-7, MDA-MB-231 and SK-BR-3 cells [32]. Cytotoxic action of SFN, UA and BA was limited to the concentration of  $20 \mu\text{M}$  and UA was found to be the most potent cytotoxic agent in MCF-7, MDA-MB-231 and SK-BR-3 cells. This is in agreement with our previous results on UA-induced apoptosis in MCF-7, MDA-MB-231 and SK-BR-3 cells when UA was used at the concentration of  $20 \mu\text{M}$  [32].

Treatment with SFN, UA and BA resulted in elevated superoxide levels that in turn lead to protein carbonylation and oxidant-based nucleolar stress response (this study). In general, SFN, UA and BA are considered as antioxidants [33–37] and their pro-oxidative action is limited to cancer cells [38–40]. The effects of reactive oxygen species (ROS) on cancer cell biology depend on their levels [41]. Low to moderate oxidative stress may promote cancer growth and proliferation, whereas excessive oxidative stress induce oxidative damage of biomolecules and cell death [41]. Protein carbonyl groups are biomarkers of oxidative stress [42] and actin is a major oxidation-prone cytoskeletal protein [43–45]. Actin is involved in numerous cellular processes such as motility, adherence, gene expression, cell secretion and cell division [46–50], and actin carbonylation may be implicated in cytoskeleton disturbance, cell dysfunction and age-related diseases

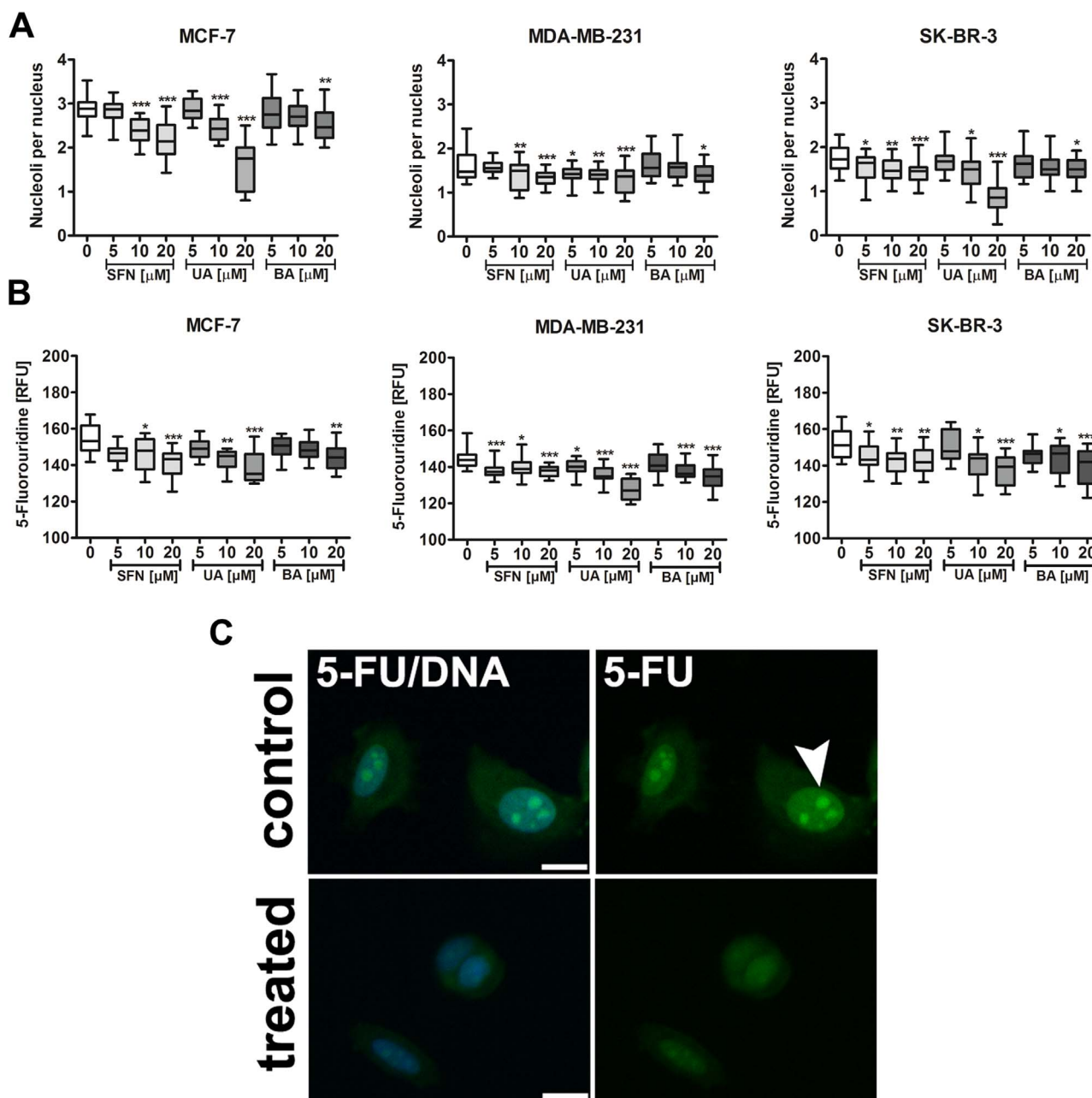
[45]. Hydrogen peroxide-induced actin carbonylation resulted in actin aggregate formation, decreased proteasome activity and affected T cell proliferation that lead to T cell functional impairment [44]. Oxidatively stressed human T cells were also impaired in chemotaxis- and costimulation-induced F-actin modulation through oxidation of the actin-remodeling protein cofilin [51]. Phytochemicals also promoted actin carbonylation in breast cancer cells, but we did not observe a tendency of carbonylated actin to form aggregates. This may be due to the exposure time and the magnitude of phytochemical-induced oxidative stress. However, changes in cofilin levels and cofilin nuclear translocation were documented that may be considered as a adaptive stress response to phytochemical-mediated actin modification. The actin depolymerizing factor (ADF)/cofilin protein family is essential for cytokinesis, phagocytosis, fluid phase endocytosis, and other cellular processes dependent upon actin dynamics [52–54]. Cofilin possesses nuclear localization signals (NLS) in its protein sequence that allows for the transport of depolymerized actin to the nucleus [55,56]. Stress conditions such as heat shock, ATP depletion, DMSO treatment, cytochalasin D or high cytosolic G-actin concentration may promote cofilin-associated actin transition from the cytoplasm into the nucleus and the formation of cofilin-actin rods [55,57]. However, the nuclear functions of cofilin remain elusive. Cofilin may regulate transcription and chromatin structure as cofilin has been reported to be required for RNA polymerase II transcription elongation [58]. The role of mitochondrial translocation of cofilin during cell death signaling is also ambiguous [59–62]. Cell death induced upon oxidant stimulation and mitochondrial translocation of oxidized cofilin has been assumed to be due to apoptosis [60] or caspase-independent necrosis [61]. Moreover, it has been confirmed that ADF/cofilin proteins are translocated to mitochondria during apoptosis but this is not required for cell death signaling [62].

Phytochemical-induced oxidative stress also promoted the carbonylation of nuclear proteins, e.g., lamin A/C that in turn resulted in aberrant nuclear morphology such as formation of membrane folds and blebs and uneven lamin A/C and lamin B1 signals. Disorganization of lamin networks may be also mediated by oxidatively modified actin-associated cytoskeletal dysfunction and changes in the levels of lamin A/C and lamin B1, namely an increase in lamin A/C and a decrease in lamin B1 (this study). Oxidative stress can affect lamin functions by oxidation of lamin A, accumulation of pre-lamin A or lamin B1 leading to nuclear shape alterations and loss of redox control, which amplify the oxidative stress [63]. It is widely accepted that lamin levels must be tightly controlled for the maintenance of nuclear architecture and for protection against senescence [63]. The associations between changes in lamin levels, oxidative stress and cellular senescence are rather complex [64]. Lamin B1 loss has been considered as a senescence-associated biomarker [65] and lamin B1 silencing resulted in the

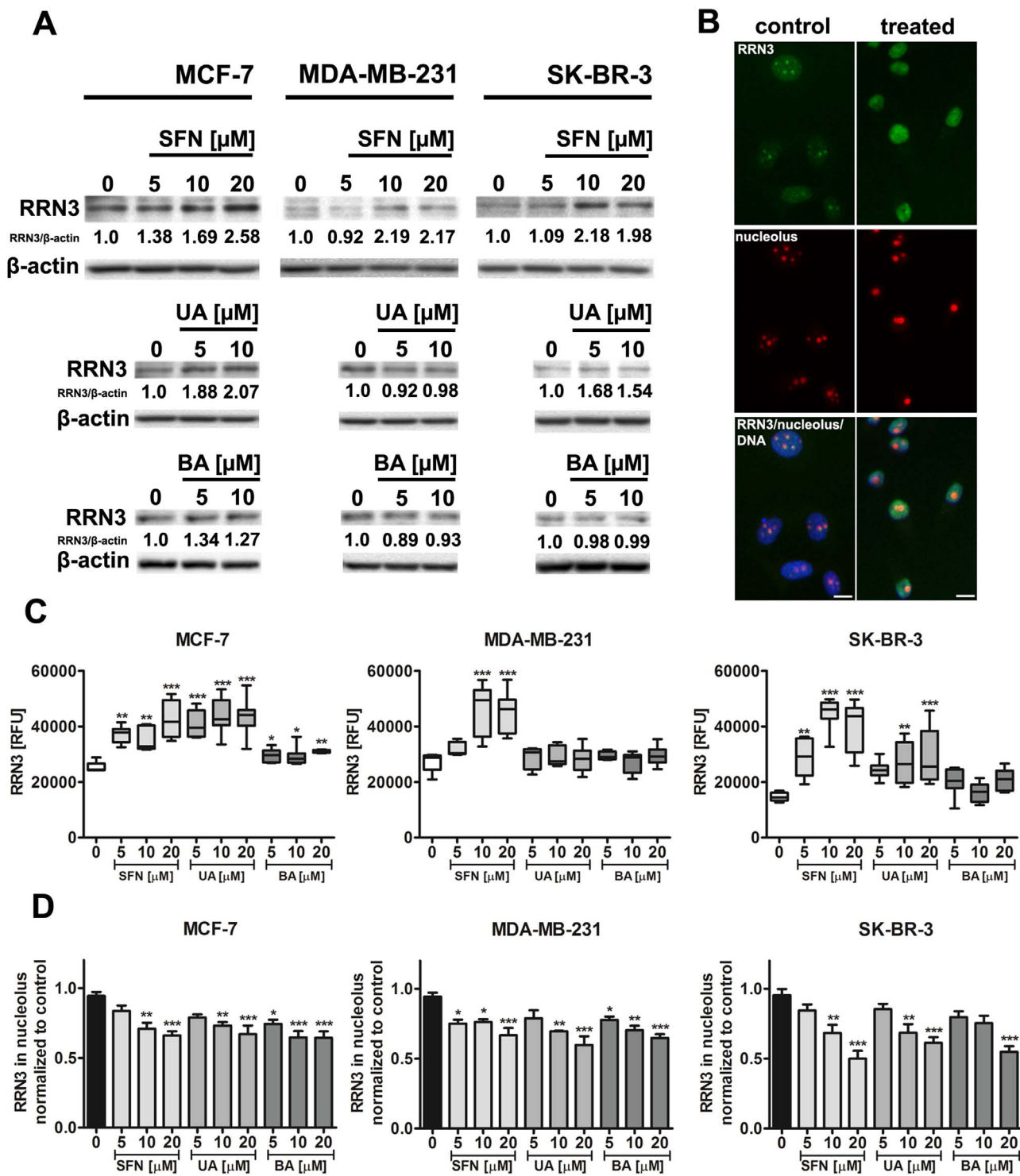




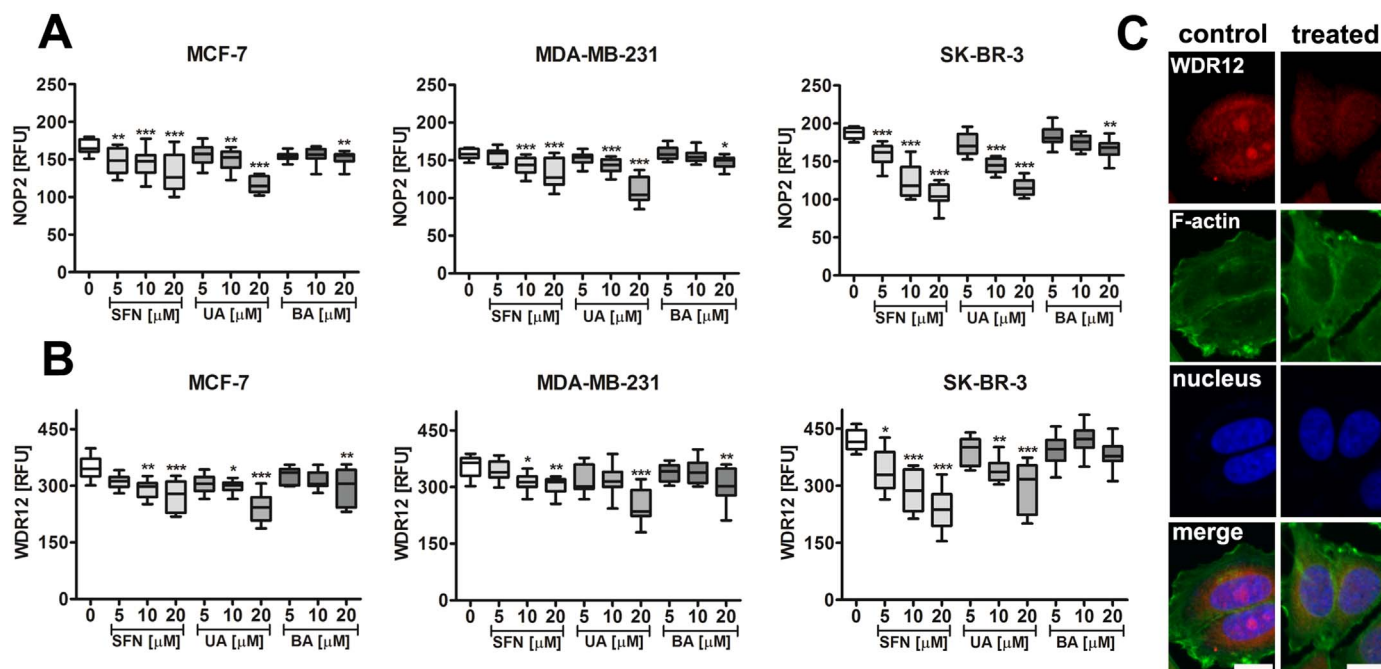
**Fig. 4.** SFN-, UA- and BA-induced lamin A/C carbonylation and changes in lamin A/C and B1 levels and organization of lamin network and nucleus morphology. (A) Lamin A/C carbonylation was assessed using lamin A/C and DNP co-immunostaining and is presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (B) Lamin A/C immunostaining (green), DNP immunostaining (red) and nucleus staining (blue). MCF-7 cells were treated with  $10 \mu\text{M}$  SFN. Representative micrographs are shown, objective  $10\times$ , scale bars  $10 \mu\text{m}$ . Aberrant organization of lamin A/C is presented (arrowheads). (C) Lamin A/C levels are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (D) Quantitative analysis of abnormal lamin A/C signals [%]. Bars indicate SD,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (E) Lamin B1 levels are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (F) Quantitative analysis of abnormal lamin B1 signals [%]. Bars indicate SD,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (G) Lamin B1 immunostaining (green), nucleolus immunostaining (red) and nucleus staining (blue). MCF-7 cells were treated with  $10 \mu\text{M}$  SFN. Representative micrographs are shown, objective  $10\times$ , scale bars  $10 \mu\text{m}$ . Aberrant organization of lamin B1 is presented (arrowheads). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).



**Fig. 5.** SFN-, UA- and BA-mediated decrease in the nucleolus number (A) and nucleolar activity (B, C). (A) The nucleolus was visualized using anti-nucleolar antigen. Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (B, C) Transcription of nascent RNA (synthesis of new rRNA) was evaluated using 5-fluorouridine (5-FU) labeling. 5-FU incorporation into nascent RNA was visualized using immunostaining with an anti-bromo-deoxyuridine (BrdU) antibody. (B) Nucleolar 5-FU signals are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered,  $***p < 0.001$ ,  $**p < 0.01$ ,  $*p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (C) MCF-7 cells were treated with  $10 \mu\text{M}$  SFN. Representative micrographs are shown, objective  $10\times$ , scale bars  $10 \mu\text{m}$ . 5-FU was detected in nucleoli and throughout the nuclei (green, arrowhead). Lack of nucleolar 5-FU incorporation indicates inhibition of new rRNA synthesis. Nucleus staining (blue). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).



**Fig. 6.** SFN-, UA- and BA-induced changes in RRN3 levels (A, C) and nucleoplasmic translocation of RRN3 (B, D). (A) Western blot analysis of RRN3 levels. Anti- $\beta$ -actin antibody was used as a loading control. The data represent the relative density normalized to  $\beta$ -actin. (B) MCF-7 cells were treated with 10  $\mu$ M SFN. Representative micrographs are shown, objective 10 $\times$ , scale bars 10  $\mu$ m. RRN3 immunostaining (green), nucleolus immunostaining (red), nucleus staining (blue). (C) RRN3 signals are presented as relative fluorescence units (RFUs). Box and whisker plots are shown, n=100 per one replicate, three independent experiments were considered, \*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (D) Quantitative analysis of nucleoplasmic translocation of RRN3. RRN3 signals in nucleoli were normalized to the control conditions. Bars indicate SD, n=100 per one replicate, three independent experiments were considered, \*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).



**Fig. 7.** SFN-, UA- and BA-mediated decrease in the levels of nucleolar proteins NOP2 (A) and WDR12 (B, C). NOP2 signals (A) and WDR12 signals (B) are presented as relative fluorescence units (RFUs). Box and whisker plots are shown,  $n=100$  per one replicate, three independent experiments were considered, \*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). (C) WDR12 immunostaining (red). MCF-7 cells were treated with 10  $\mu\text{M}$  SFN. Representative micrographs are shown, objective 10 $\times$ , scale bars 10  $\mu\text{m}$ . F-actin staining (green), nucleus staining (blue). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).

inhibition of proliferation through a ROS signaling pathway in human fibroblast WI-38 cells [66]. However, both elevated and diminished levels of lamin B1 may be associated with senescence in response to disturbed ROS homeostasis [66,67], but, in general, healthy early passage cells are characterized by balanced lamin B1/lamin A ratio and stressed/senescent cells are characterized by unbalanced lamin B1/lamin A ratio [64]. Phytochemical-mediated changes in the levels of lamin A/C and lamin B1 and disorganization of lamin networks (this study) may also promote cellular senescence in breast cancer cells. Indeed, we have recently shown that UA and BA, when used at the concentrations of 5  $\mu\text{M}$  and 10  $\mu\text{M}$ , caused an increase in senescence-associated beta-galactosidase staining in breast cancer cells [32].

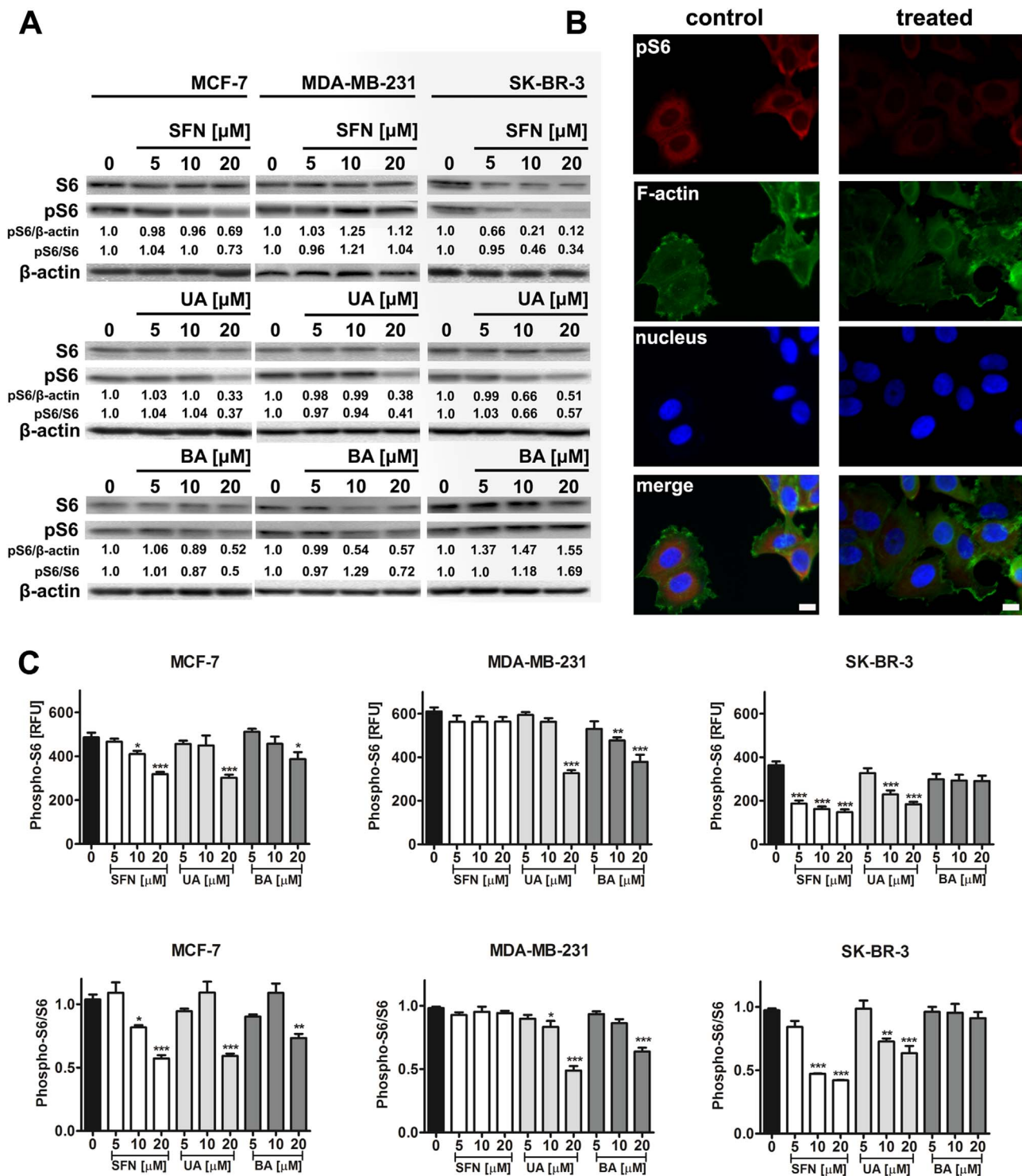
Finally, elevated levels of superoxide and oxidative stress-mediated alterations in the nuclear architecture promoted nucleolar stress in breast cancer cells upon phytochemical stimulation. Classical biomarkers of nucleolar stress were observed, namely decreased number of nucleoli, nucleoplasmic translocation of RRN3 transcription factor and inhibition of rRNA synthesis [3,6,11] that lead to inhibition of breast cancer cell proliferation. Moreover, phytochemicals acted as ribotoxic stress stimuli by decreasing the levels of ribosomal proteins NOP2, a cell proliferation marker [24] and WDR12, required for ribosome biogenesis and cell proliferation [25,26], and phosphorylated S6 ribosomal protein that may affect translation efficiency and cell growth. Indeed, SFN (10–40  $\mu\text{M}$ ) has already been shown to inhibit protein synthesis (diminished [ $^3\text{H}$ ]-leucine incorporation) in MCF-7 and MDA-MB-231 cells [68]. More recently, the nucleolus as a new target for anticancer therapy has been proposed [69,70]. Some traditional chemotherapeutic drugs as well as newer compounds have been demonstrated to target the nucleolar surveillance pathway, either at

the level of Pol I transcription of the rDNA genes, or processing of the pre-rRNA, e.g., doxorubicin, actinomycin D, cisplatin, CX-5461 and 5-fluorouracil [70]. CX-5461 has been shown to inhibit Pol I-driven transcription relative to Pol II-driven transcription, DNA replication, and protein translation that diminish rRNA synthesis and solid tumor growth [71]. CX-5461 induced senescence and autophagy, but not apoptosis, through a p53-independent process in solid tumor cell lines [71].

In summary, we have shown for the first that selected phytochemicals (SFN, UA and BA) can be considered as nucleolar stress stimuli in breast cancer cells (Fig. 9). SFN, UA and BA induced oxidative stress and protein carbonylation that resulted in unbalanced lamin B1/lamin A/C ratio, altered organization of nuclear lamina and abnormal nuclear morphology. Phytochemical-mediated nucleolar stress response involved nucleoplasmic translocation of RRN3 and inhibition of rRNA synthesis. Phytochemicals may be also considered as ribotoxic stress stimuli because they caused a decrease in phospho-S6 signals and nucleolar protein levels NOP2 and WDR12 that diminished translation efficiency and in turn lead to the inhibition of breast cancer cell proliferation.

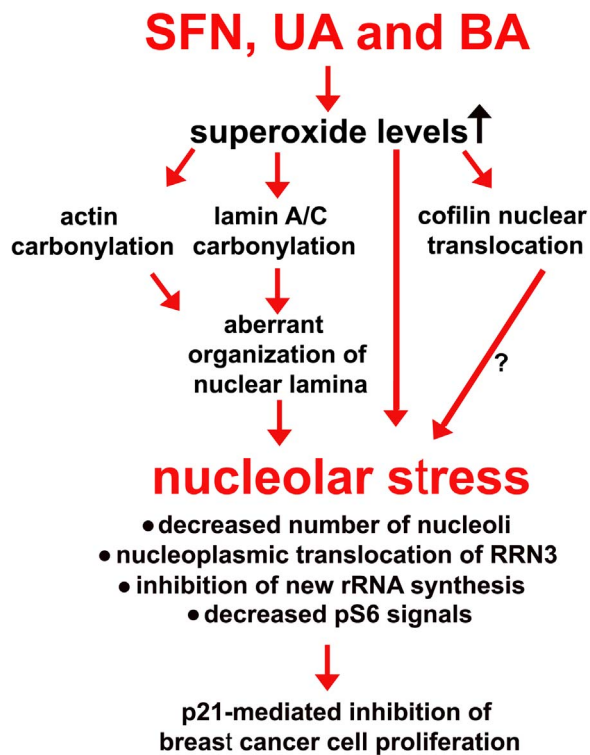
## Acknowledgments

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**Fig. 8.** SFN-, UA- and BA-mediated decrease in phospho-S6 signals. (A) Western blot analysis of S6 and phospho-S6 ribosomal protein levels. Anti- $\beta$ -actin antibody was used as a loading control. The data represent the relative density normalized to  $\beta$ -actin and S6 signals. (B) Phospho-S6 immunostaining (red). MCF-7 cells were treated with 20  $\mu$ M SFN. Representative micrographs are shown, objective 10 $\times$ , scale bars 10  $\mu$ m. F-actin staining (green), nucleus staining (blue). (C) Quantitative analysis of phospho-S6 immunostaining. Phospho-S6 signals are presented as relative fluorescence units (RFUs) (upper panel) and normalized to S6 signals (lower panel). Bars indicate SD, n=100 per one replicate, three independent experiments were considered, \*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$  compared to the control (ANOVA and Dunnett's *a posteriori* test). SFN, sulforaphane, UA, ursolic acid; BA, betulinic acid. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article).





**Fig. 9.** Mechanism of SFN-, UA- and BA-mediated antiproliferative action against breast cancer cells. Treatment with SFN, UA and BA promoted an increase in superoxide levels that resulted in oxidative protein damage (protein carbonylation, e.g., actin carbonylation). Carbonylation of lamin A/C and changes in the levels of lamin A/C and lamin B1 (unbalanced lamin B1/lamin A/C ratio) affected the organization of nuclear lamina and nucleus morphology. SFN, UA and BA induced nucleolar stress as judged by decreased number of nucleoli, nucleoplasmic translocation of RRN3, inhibition of rRNA synthesis and decreased phospho-S6 ribosomal protein levels that lead to p21-mediated inhibition of cell proliferation. Moreover, SFN, UA and BA promoted cofilin nuclear translocation as a stress response that may also affect the nucleolus state.

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