Outcomes of COVID-19 in patients with primary systemic vasculitis or polymyalgia rheumatica from the COVID-19 Global Rheumatology Alliance physician registry: a retrospective cohort study

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Summary

Background Patients with primary systemic vasculitis or polymyalgia rheumatica might be at a high risk for poor COVID-19 outcomes due to the treatments used, the potential organ damage cause by primary systemic vasculitis, and the demographic factors associated with these conditions. We therefore aimed to investigate factors associated with COVID-19 outcomes in patients with primary systemic vasculitis or polymyalgia rheumatica.

Methods In this retrospective cohort study, adult patients (aged ≥18 years) diagnosed with COVID-19 between March 12, 2020, and April 12, 2021, who had a history of primary systemic vasculitis (antineutrophil cytoplasmic antibody [ANCA]-associated vasculitis, giant cell arteritis, Behçet's syndrome, or other vasculitis) or polymyalgia rheumatica, and were reported to the COVID-19 Global Rheumatology Alliance registry were included. To assess COVID-19 outcomes in patients, we used an ordinal COVID-19 severity scale, defined as: (1) no hospitalisation; (2) hospitalisation without supplemental oxygen; (3) hospitalisation with any supplemental oxygen or ventilation; or (4) death. Multivariable ordinal logistic regression analyses were used to estimate odds ratios (ORs), adjusting for age, sex, time period, number of comorbidities, smoking status, obesity, glucocorticoid use, disease activity, region, and medication category. Analyses were also stratified by type of rheumatic disease.

Findings Of 1202 eligible patients identified in the registry, 733 (61·0%) were women and 469 (39·0%) were men, and their mean age was 63·8 years (SD 17·1). A total of 374 (31·1%) patients had polymyalgia rheumatica, 353 (29·4%) had ANCA-associated vasculitis, 183 (15·2%) had giant cell arteritis, 112 (9·3%) had Behçet's syndrome, and 180 (15·0%) had other vasculitis. Of 1020 (84·9%) patients with outcome data, 512 (50·2%) were not hospitalised, 114 (11·2%) were hospitalised and did not receive supplemental oxygen, 239 (23·4%) were hospitalised and received ventilation or supplemental oxygen, and 155 (15·2%) died. A higher odds of poor COVID-19 outcomes were observed in patients who were older (per each additional decade of life OR 1·44 [95% CI 1·31–1·57]), were male compared with female (1·38 [1·05–1·80]), had more comorbidities (per each additional comorbidity 1·39 [1·23–1·58]), were taking 10 mg/day or more of prednisolone compared with none (2·14 [1·50–3·04]), or had moderate, or high or severe disease activity compared with those who had disease remission or low disease activity (2·12 [1·49–3·02]). Risk factors varied among different disease subtypes.

Interpretation Among patients with primary systemic vasculitis and polymyalgia rheumatica, severe COVID-19 outcomes were associated with variable and largely unmodifiable risk factors, such as age, sex, and number of comorbidities, as well as treatments, including high-dose glucocorticoids. Our results could be used to inform mitigation strategies for patients with these diseases.

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Introduction

Patients with autoimmune conditions could be at an increased risk of hospitalisation or death from COVID-19.[1] Previous studies, including analyses from the COVID-19 Global Rheumatology Alliance physician registry, have reported associations between worse COVID-19 outcomes

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Research in context

Evidence before this study

Data from large registries, including the COVID-19 Global Rheumatology Alliance physician registry, have reported associations between poor COVID-19 outcomes and older age, having comorbidities, receiving a prednisolone-equivalent dose of 10 mg/day or higher, and use of rituximab. However, only small studies or case reports have described outcomes of COVID-19 in patients with primary systemic vasculitis. We searched Pubmed on May 15, 2021, using the search tems "COVID-19", "vasculitis", "ANCA vasculitis", "Giant cell arteritis", "Polymyalgia Rheumatica". We searched for primary research including case-series published in any language between Jan 1, 2020, and May 1, 2021. Case reports were excluded. We found five studies describing COVID-19 outcomes in patients with primary systemic vasculitis.

Added value of this study

In this analysis of patients with primary systemic vasculitis or polymyalgia rheumatica, including 155 (15·2%) patients who

were reported to have died, older age, male sex, a glucocorticoid dose of 10 mg/day or higher, moderate or severe disease activity, and a high number of comorbidities were associated with poor COVID-19 outcomes. Risk factors for poor outcomes were older age and obesity in patients with giant cell arteritis; older age, moderate, or high or severe disease activity, and rituximab or cyclophosphamide use in patients with ANCA-associated vasculitis; and older age in patients with polymyalgia rheumatica.

Implications of all the available evidence

Different risk factors, including particular treatments and increased disease activity, were associated with poor COVID-19 outcomes in patients with primary systemic vasculitis or polymyalgia rheumatica. The identified risk factors could help to guide physicians in recommending mitigation strategies for their patients.

in patients with rheumatic disease and the following risk factors: older age, a high burden of comorbidities, high doses of glucocorticoids, high disease activity, and the use of particular conventional synthetic disease-modifying anti-rheumatic drugs (DMARDs) and biological and targeted synthetic DMARDs.[2–4] However, patients with rheumatic diseases differ greatly in their demographic profiles and in their exposure to immunosuppressive therapies.

The primary systemic vasculitides are characterised by vascular inflammation, which can lead to ischaemic events and end-organ damage. Patients with primary systemic vasculitis could be at a high risk for poor outcomes following COVID-19 due to the use of immunosuppressive therapies, such as high doses of glucocorticoids, rituximab, and other DMARDs. Patients with primary systemic vasculitis might also have comorbidities, such as pulmonary or renal disease, which have been associated with poor COVID-19 outcomes in the general population. Finally, in addition to demographic factors, such as older age, there could be an increased susceptibility to the endothelial dysfunction described in COVID-19.[5] It is therefore important to understand the factors associated with poor COVID-19 outcomes in patients with primary systemic vasculitis. Similar to these patients, those with polymyalgia rheumatica might also be at high risk for poor COVID-19 outcomes, given that they have similar age demographics and also receive long-term treatment with glucocorticoids.[6] The outcomes of COVID-19 in this patient population have not yet been reported.

To our knowledge, no large, well characterised studies done to date have investigated COVID-19 outcomes in patients with specific vasculitis subtypes or polymyalgia

rheumatica. The objective of this disease-specific analysis of data from the COVID-19 Global Rheumatology Alliance physician registry was to describe the presentation of COVID-19 among patients with primary systemic vasculitis and polymyalgia rheumatica, and to identify factors associated with poor COVID-19 outcomes.

Methods

Study design and participants

In this retrospective cohort study, we sourced data from the COVID-19 Global Rheumatology Alliance physician registry and the European Alliance of Associations for Rheumatology (EULAR) COVID-19 registry. These registries contain provider-reported cases of COVID-19 among patients with rheumatic diseases.[2,3,7–9] Cases are voluntarily entered by rheumatologists or other health-care providers. Data are entered directly into the global or European data entry systems, or transferred from national registries (France, Germany, Italy, Portugal, or Sweden). Patients aged 18 years and older diagnosed with COVID-19 (confirmed or presumptive) between March 12, 2020, and April 12, 2021, who had a history of primary systemic vasculitis or polymyalgia rheumatica were included. Primary systemic vasculitis included antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis (granulomatosis with polyangiitis, microscopic polyangiitis, or eosinophilic granulomatosis with poly-angiitis), giant cell arteritis, Behçet's syndrome, and other vasculitides including Kawasaki disease. A text entry option was available when inputting data to the registry to provide a specific diagnosis or another diagnosis, if not listed. Data quality was assessed by the University of California (San Francisco, CA, USA) and the University of Manchester (Manchester, UK), both of

which confirmed that there were no duplicates in the data entries. Given the nature of the data collected, the UK Health Research Authority and the University of California San Francisco institutional review board considered this study exempt from the need to obtain patient consent. Both institutions provided ethics approval for this study.

Procedures

Data from the COVID-19 Global Rheumatology Alliance and EULAR COVID-19 registries were collected for analysis on April 15, 2020, by the GRA data analytic center at the University of California San Francisco. All patients with primary systemic vasculitis or polymyalgia rheumatica were included in the main analysis. Given disease-specific differences in treatments and risk factors for COVID-19 outcomes, subgroup analyses were done for the following specific diagnoses: giant cell arteritis, ANCA-associated vasculitis, polymyalgia rheumatica, Behçet's syndrome, and other vasculitis.

Immunosuppressive therapies for primary systemic vasculitis at the time of COVID-19 infection were included in the analyses and categorised into groups. DMARDs were categorised as conventional synthetic DMARDs (including antimalarials, apremilast, azathioprine or 6-mercaptopurine, colchicine, cyclosporine, cyclophosphamide, leflunomide, methotrexate, mycophenolate mofetil or mycophenolic acid, sulfasalazine, and tacrolimus) and biological and targeted synthetic DMARDs (including abatacept, rituximab, anakinra, canakinumab, tocilizumab, sarilumab, infliximab, etanercept, adalimumab, golimumab, and certolizumab pegol). Rituximab, cyclophosphamide, and glucocorticoids were also analysed separately; glucocorticoids were categorised by the prednisolone-equivalent dose (0 mg/day, 1–5 mg/day, 6–9 mg/day, or ≥10 mg/day).

The primary outcome was COVID-19 outcome, assessed by use of an ordinal COVID-19 severity scale, which was defined as: (1) no hospitalisation (ie, admission to hospital); (2) hospitalisation with no supplemental oxygen; (3) hospitalisation with any supplemental oxygen or mechanical ventilation; and (4) death.

Relevant covariates included age (analysed as a continuous variable and by decade), sex (female or male), race or ethnicity (White, Black, Latin American, or other), time period (on or before June 15, 2020; June 16 to Sept 30, 2020; or Oct 1, 2020, to April 12, 2021),[10] comorbidities (hypertension, cardiovascular disease, diabetes, chronic kidney disease, lung disease, interstitial lung disease, or cancer), number of comorbidities (analysed as a continuous variable), body-mass index (BMI; obese [BMI ≥30 kg/m²] or non-obese [BMI <30 kg/mg²]), smoking status (ever or never smoker), disease activity, as per the physician's global assessment (remission, low, moderate, or high or severe), and region (Europe, North America, South America, or other). Other regions included Asia, Eastern Mediterranean, South-East Asia, and Western Pacific region.

Statistical analysis

Categorical variables are reported as numbers and percentages, and continuous variables are reported as means (SD) or medians (IQR). Data were analysed by ordinal logistic regression, and associations were estimated with odds ratios (ORs) and their associated 95% CIs. Only patients with complete outcome data were included in the models. Missing data for other variables were assumed to be missing at random. Multiple imputation was performed for all models to obtain pooled estimates for disease activity, smoking, and glucocorticoid use. An overall model included sex, age, glucocorticoid use as a categorical variable (ie, prednisolone-equivalent dose categories), medication category (no DMARDs, conventional synthetic DMARDs only, biological or targeted synthetic DMARDs only, combined biological or targeted synthetic plus conventional synthetic DMARDs, rituximab only, or cyclophosphamide only), time period, number of comorbidities, smoking status, obesity (ie, a BMI of ≥30 kg/m²), disease activity, and region. Individual ordinal regression models, which included the same covariates but with different medication categories (ie, no DMARDs, methotrexate, leflunomide, IL-6 inhibitor, azathioprine, rituximab, or cyclophosphamide), were also constructed for giant cell arteritis, ANCA-associated vasculitis, and polymyalgia rheumatica. In all models, age was treated as a continuous variable by decade, and a nominal test was used to confirm that the parallel regression assumption was met. An interaction term between prednisolone usage (binary) and disease activity was included as an exploratory analysis in the overall population.[3,4] We also did a sensitivity analysis including independent comorbidities (hypertension, cardiovascular disease, diabetes, chronic kidney diseases, lung disease, or interstitial lung disease) in patients with ANCA-associated vasculitis. Results were considered statistically significant at a two-sided p value of less than 0·05. Analyses were done in R, version 4.0.2.

Role of the funding source

The funders of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report.

Results

Between March 12, 2020, and April 12, 2021, 1202 cases of COVID-19 in patients with primary systemic vasculitis or polymyalgia rheumatica were reported to the COVID-19 Global Rheumatology Alliance physician registry and were included in our analysis (figure). 733 (61·0%) of patients were women and 469 (39·0%) were men, and the mean age of patients was 63·8 (SD 17·1) years. Most patients were from Europe (704 [58·6%] patients) and North America (328 [27·3%]). Polymyalgia rheumatica

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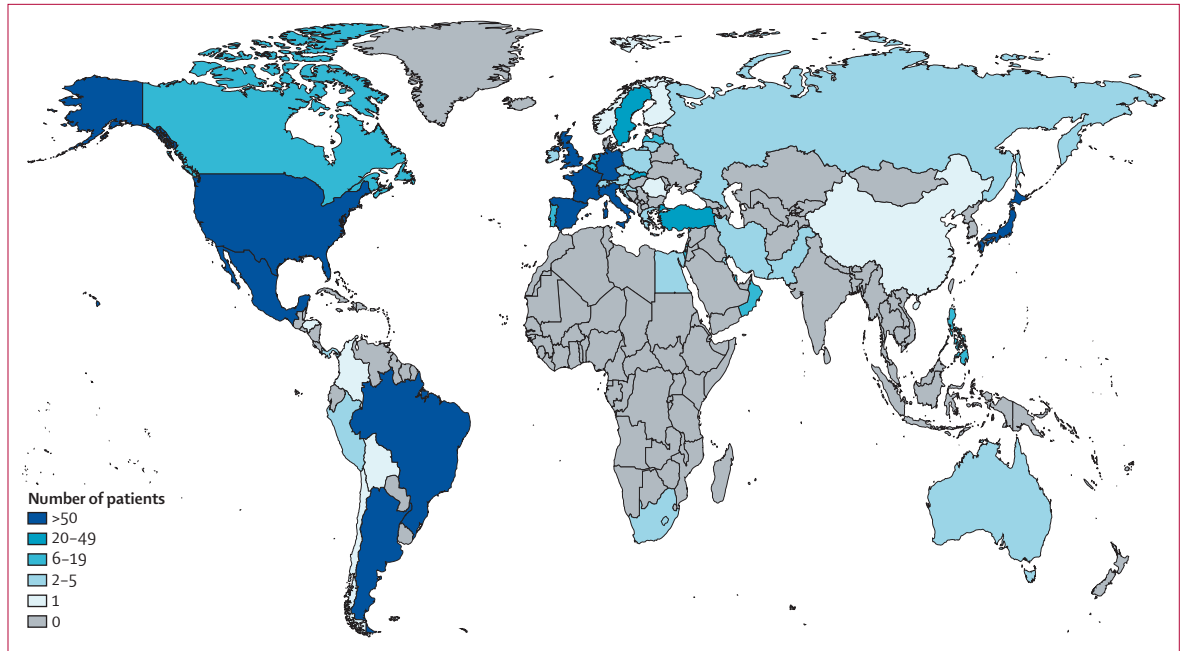
Figure: **Global distribution of patients with primary systemic vasculitis and polymyalgia rheumatica who had COVID-19 in the COVID-19 Global Rheumatology Alliance physician registry**

was the most common diagnosis (374 [31·1%] patients), followed by ANCA-associated vasculitis (353 [29·4%]), giant cell arteritis (183 [15·2%]), other vasculitis (180 [15·0%]), and Behçet's syndrome (112 [9·3%]; table 1). The most common comorbidities were hypertension (564 [46·9%]), cardiovascular disease (222 [18·5%]), diabetes (216 [18·0%]), lung disease (212 [17·6%]), and chronic kidney disease (160 [13·3%]). Most patients were in remission (442 [36·8%]) or had low disease activity (370 [30·8%]) at the time of COVID-19 diagnosis. A total of 752 (62·6%) patients were taking glucocorticoids and 631 (52·5%) were taking DMARDs.

Among the 1020 patients for whom outcomes were reported, 512 (50·2%) were not hospitalised (table 2). The baseline characteristics of these 1020 patients, stratified according to primary systemic vasculitis subtype and polymyalgia rheumatica, are presented in the appendix (pp 1–3). Based on the ordinal COVID-19 severity scale, 114 (11·2%) patients were hospitalised and required no supplemental oxygen, 239 (23·4%) were hospitalised and required ventilation or supplemental oxygen, and 155 (15·2%) died (table 2). In an ordinal regression model that included all disease types, patients had higher odds of worse COVID-19 outcomes if they were older (per each additional decade of life OR 1·44 [95% CI 1·31–1·57]), male compared with female (1·38 [1·05–1·80]), had a greater number of comorbidities (per each additional comorbidity 1·39 [1·23–1·58]), were taking 10 mg/day or more of prednisolone compared with none (2·14 [1·50–3·04]), or had moderate, or high or severe disease activity compared with disease remission

or low disease activity (2·12 [1·49–3·02]; table 3). Patients were less likely to have worse outcomes if they developed COVID-19 between Oct 1, 2020, and April 12, 2021, compared with on or before June 15, 2020 (0·39 [0·30–0·51]). An exploratory analysis that included an interaction term between prednisone use and disease activity was not significant (p=0·27).

Among 158 patients with giant cell arteritis, 69 (43·7%) were not hospitalised, 19 (12·0%) were hospitalised and required no supplemental oxygen, 38 (24·1%) were hospitalised and required ventilation or supplemental oxygen, and 32 (20·3%) died. In a multivariable ordinal regression model, factors associated with a higher odds of worse COVID-19 outcomes included older age (per each additional decade of life OR 1·89 [95% CI 1·27–2·83]) and obesity compared with non-obesity (2·98 [1·18–7·55]; table 4). Patients diagnosed with COVID-19 between Oct 1, 2020, and April 12, 2021, were less likely to have severe outcomes than those diagnosed on or before June 15, 2020 (0·28 [0·13–0·62]).

Among 294 patients with ANCA-associated vasculitis, 110 (37·4%) were not hospitalised, 30 (10·2%) were hospitalised and required no supplemental oxygen, 89 (30·3%) were hospitalised and required ventilation or supplemental oxygen, and 65 (22·1%) died. In a multivariable ordinal regression model, factors associated with higher odds of worse COVID-19 outcomes included older age (per each additional decade of age OR 1·60 [95% CI 1·33–1·91]), rituximab use compared with no DMARD use (2·15 [1·15–4·01]), cyclophosphamide use compared with no DMARD use

	All patients (n=1202)
Mean age, years	63·8 (17·1)
Sex	
Female	733 (61·0%)
Male	469 (39·0%)
Race or ethnicity	
White	724 (60·2%)
Black	19 (1·6%)
Latin American	145 (12·1%)
Other	110 (9·2%)
Missing	204 (17·0%)
Region	
Europe	704 (58·6%)
North America	328 (27·3%)
South America	90 (7·5%)
Other	80 (6·7%)
Time period	
June 15, 2020, or before	502 (41·8%)
June 16, 2020, to Sept 30, 2020	164 (13·6%)
Oct 1, 2020, to April 12, 2021	536 (44·6%)
Diagnosis	
ANCA-associated vasculitis	353 (29·4%)
Giant cell arteritis	183 (15·2%)
Polymyalgia rheumatica	374 (31·1%)
Behçet's syndrome	112 (9·3%)
Other vasculitis	180 (15·0%)
Number of comorbidities	
0	428 (35·6%)
1	388 (32·3%)
≥2	386 (32·1%)
Comorbidities	
Hypertension	564 (46·9%)
Cardiovascular disease	222 (18·5%)
Diabetes	216 (18·0%)
Chronic kidney disease	160 (13·3%)
Lung disease*	212 (17·6%)
Interstitial lung disease	44 (3·7%)
Cancer	77 (6·4%)
Body-mass index ≥30 mg/kg²	240 (20·0%)
(Table 1 continues in next column)	

	All patients (n=1202)
(Continued from previous column)	
Smoking status	
Ever smoker	265 (22·0%)
Never smoker	448 (37·3%)
Missing	489 (40·7%)
Median glucocorticoid dose, mg/day†	6·0 (5·0–12·0)
Categorical glucocorticoid (prednisolone equivalent) dose, mg/day	
0	369 (30·7%)
1–5	367 (30·5%)
6–9	99 (8·2%)
≥10	286 (23·8%)
Missing	81 (6·7%)
Disease activity	
Remission	442 (36·8%)
Low	370 (30·8%)
Moderate	112 (9·3%)
High or severe	54 (4·5%)
Missing	224 (18·6%)
Medication	
No DMARDs	571 (47·5%)
Conventional synthetic DMARDs only	367 (30·5%)
Biological or targeted synthetic DMARDs only	193 (16·1%)
Combined biological or targeted synthetic plus conventional synthetic DMARDs	71 (5·9%)
Rituximab only‡	128/353 (36·3%)
Cyclophosphamide only	20 (1·7%)

Data are mean (SD), n (%), median (IQR), or n/N (%). ANCA=antineutrophil cytoplasmic antibody. DMARD=disease-modifying antirheumatic drug. *Includes interstitial lung disease, chronic obstructive pulmonary disease, asthma, or other lung diseases. †Excludes non-users of glucocorticoids. ‡In patients with antineutrophil cytoplasmic antibody-associated vasculitis only.

Table 1: Baseline characteristics of patients with primary systemic vasculitis or polymyalgia rheumatica at the time of COVID-19 onset

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See **Online** for appendix

(4·30 [1·10–16·75]), and moderate, or high or severe disease activity compared with low disease activity (2·16 [1·01–4·31]; table 4). Patients diagnosed with COVID-19 between Oct 1, 2020, and April 12, 2021, had a lower odds of severe outcomes than those diagnosed on or before June 15, 2020 (0·47 [0·27–0·81]). In a sensitivity analysis that included individual comorbidities, only chronic kidney disease (2·12 [1·17–3·84]) was associated with a higher odds of worse COVID-19 outcomes compared with not having chronic kidney disease in patients with ANCA-associated vasculitis (appendix pp 4–5).

Among 323 patients with polymyalgia rheumatica, 187 (57·9%) were not hospitalised, 30 (9·3%) were hospitalised and required no supplemental oxygen, 71 (22·0%) were hospitalised and required ventilation or supplemental oxygen, and 35 (10·8%) died. In a multivariable ordinal regression model, factors associated with higher odds of worse COVID-19 severity included older age (per each additional decade of life OR 2·75 [95% CI 2·00–3·80]; table 4). Patients diagnosed with COVID-19 between Oct 1, 2020, and April 12, 2021, had a lower odds of severe outcomes than those diagnosed on or before June 15, 2020 (0·28 [0·16–0·47]).

Among 97 patients with Behçet's syndrome, 69 (71·1%) were not hospitalised, 15 (15·5%) required hospitalisation with no supplemental oxygen, 11 (11·3%) required hospitalisation and ventilation or supplemental oxygen, and two (2·1%) died (table 2). Due to the low number of events among Behçet's syndrome patients, ordinal

	All patients (n=1020)	Giant cell arteritis (n=158)	ANCA-associated vasculitis (n=294)	Polymyalgia rheumatica (n=323)	Behçet's syndrome (n=97)	Other vasculitis (n=148)
Not hospitalised	512 (50·2%)	69 (43·7%)	110 (37·4%)	187 (57·9%)	69 (71·1%)	77 (52·0%)
Hospitalisation with no supplemental oxygen	114 (11·2%)	19 (12·0%)	30 (10·2%)	30 (9·3%)	15 (15·5%)	20 (13·5%)
Hospitalisation with ventilation or supplemental oxygen	239 (23·4%)	38 (24·1%)	89 (30·3%)	71 (22·0%)	11 (11·3%)	30 (20·3%)
Death	155 (15·2%)	32 (20·3%)	65 (22·1%)	35 (10·8%)	2 (2·1%)	21 (14·2%)

Data are n (%). This analysis excludes 182 patients with missing outcome data. ANCA=antineutrophil cytoplasmic antibody.

Table 2: Outcomes according to the ordinal COVID-19 severity scale by type of disease

regression models were not constructed due to insufficient power.

Finally, among 148 patients with other types of vasculitis, 77 (52·0%) did not require hospitalisation, 20 (13·5%) required hospitalisation with no supplemental oxygen, 30 (20·3%) required hospitalisation with ventilation or supplemental oxygen, and 21 (14·2%) died. Text entry diagnoses for this group were only present for nine (6·1%) patients (four had Takayasu's arteritis, one had Cogan's syndrome, one had cryoglobulinaemic vasculitis, one had isolated pulmonary capillaritis, one had deficiency of adenosine deaminase 2 vasculitis, and one had relapsing polychondritis). Given the heterogeneity of diagnoses, ordinal regression models were not constructed.

Discussion

To our knowledge, we report the largest study to date of COVID-19 outcomes in patients with primary systemic vasculitis or polymyalgia rheumatica. Older age, a higher number of comorbidities, higher disease activity, and taking 10 mg/day or more of prednisolone were associated with worse COVID-19 outcomes. In disease-specific analyses, we observed unique factors associated with poor outcomes in individual primary systemic vasculitis categories. Reassuringly, patients with COVID-19 submitted to the registry later in the analysis period (ie, Oct 1, 2020, to April 12, 2021) had a lower rate of poor outcomes than those submitted earlier in the analysis period (ie, on or before June 15, 2020).[11]

These data extend previous observations from smaller cohort studies to a large and well characterised international cohort of patients with primary systemic vasculitis who had COVID-19. In the pooled cohort, almost half (49·8%) of patients were hospitalised and 15·2% had died. Compared with a recent (2021) study done in the UK and Ireland, which found that 59 (91%) of 65 patients with primary systemic vasculitis were admitted to hospital and 18 (28%) died, our results are reassuring and could reflect an improvement in outcomes over time.[11,12] The cause of this change is not known, but it could plausibly be related to more experience with managing COVID-19 or the use of

	Odds ratio (95% CI)*	p value
Age, per decade of life	1·44 (1·31–1·57)	<0·001
Sex		
Female	1·00 (ref)	..
Male	1·38 (1·05–1·80)	0·020
Time period		
June 15, 2020, or before	1·00 (ref)	..
June 16, 2020, to Sept 30, 2020	0·80 (0·54–1·19)	0·27
Oct 1, 2020, to April 12, 2021	0·39 (0·30–0·51)	<0·001
Number of comorbidities	1·39 (1·23–1·58)	<0·001
Smoking status		
Never smoker	1·00 (ref)	..
Ever smoker	1·01 (0·70–1·46)	0·95
Body-mass index, mg/kg²		
<30	1·00 (ref)	..
≥30	1·07 (0·78–1·46)	0·16
Glucocorticoid (prednisolone equivalent) use, mg/day		
0	1·00 (ref)	..
1–5	1·14 (0·83–1·57)	0·41
6–9	1·22 (0·75–1·97)	0·43
≥10	2·14 (1·50–3·04)	<0·001
Disease activity		
Remission or low	1·00 (ref)	..
Moderate, or high or severe	2·12 (1·49–3·02)	<0·001

This analysis excludes 182 patients with missing outcome data. *Adjusted for age, sex, time period, number of comorbidities, smoking status, obesity, glucocorticoid use, disease activity, region, and medication category.

Table 3: Multivariable logistic regression analysis of factors associated with ordinal COVID-19 severity outcomes in patients with primary systemic vasculitis or polymyalgia rheumatica

fewer experimental interventions over time.[13] As with the general population, both comorbidities and age were important risk factors for poor outcomes, emphasising the importance of public health measures, risk mitigation, and prioritisation of vaccination in these individuals. Consistent with previous studies, higher doses of glucocorticoids and moderate or high disease activity were associated with worse outcomes; however, no interaction between these two variables was found.[3,4]

	Giant cell arteritis (n=149)		ANCA-associated vasculitis (n=266)		Polymyalgia rheumatica (n=291)	
	OR (95% CI)*	p value	OR (95% CI)*	p value	OR (95% CI)*	p value
Age, per decade of life	1·89 (1·27–2·83)	0·0019	1·60 (1·33–1·91)	<0·001	2·75 (2·00–3·80)	<0·001
Sex						
Female	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
Male	1·20 (0·56–2·55)	0·64	1·37 (0·83–2·26)	0·21	1·54 (0·89–2·67)	0·12
Time period						
June 15, 2020, or before	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
June 16, 2020, to Sept 30, 2020	0·72 (0·22–2·34)	0·59	0·82 (0·39–1·71)	0·59	0·59 (0·24–1·44)	0·25
Oct 1, 2020, to April 12, 2021	0·28 (0·13–0·62)	0·0015	0·47 (0·27–0·81)	0·0062	0·28 (0·16–0·47)	<0·001
Medication						
No DMARD	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
Methotrexate	0·97 (0·34–2·71)	0·95	0·79 (0·31–1·99)	0·61	1·61 (0·85–3·07)	0·15
Leflunomide	4·93 (0·34–72·07)	0·24	··	··	··	··
IL-6 inhibitor	0·52 (0·20–1·33)	0·17	··	··	··	··
Azathioprine	··	··	1·10 (0·54–2·24)	0·79	··	··
Rituximab	··	··	2·15 (1·15–4·01)	0·016	··	··
Cyclophosphamide	··	··	4·30 (1·10–16·75)	0·036	··	··
Number of comorbidities	1·48 (1·06–2·07)	0·021	1·13 (0·89–1·42)	0·31	1·27 (0·98–1·63)	0·068
Smoking status	··	··	··	··	··	··
Never smoker	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
Ever smoker	0·93 (0·42–2·06)	0·86	1·12 (0·61–2·05)	0·71	0·80 (0·39–1·62)	0·52
Body-mass index, mg/kg²						
<30	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
≥30	2·98 (1·18–7·55)	0·021	1·35 (0·73–2·51)	0·34	1·06 (0·55–2·05)	0·87
Glucocorticoid (prednisolone equivalent) use, mg/day						
0	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
1–5	0·96 (0·39–2·34)	0·92	1·67 (0·92–3·03)	0·091	1·29 (0·60–2·79)	0·52
6–9	1·75 (0·44–7·04)	0·43	0·60 (0·21–1·69)	0·33	1·30 (0·50–3·38)	0·58
≥10	2·89 (1·16–7·21)	0·023	2·80 (1·36–5·79)	0·0054	1·27 (0·52–3·12)	0·60
Disease activity						
Remission or low	1·00 (ref)	··	1·00 (ref)	··	1·00 (ref)	··
Moderate, or high or severe	3·14 (0·71–13·97)	0·12	2·16 (1·01–4·31)	0·028	1·99 (0·81–4·89)	0·13

This analysis includes only patients with studied factors (ie, medications). ANCA=antineutrophil cytoplasmic antibody. DMARD=disease-modifying antirheumatic drug. IL-6=interleukin 6. OR=odds ratio. *Adjusted for age, sex, time period, medication use category, number of comorbidities, smoking status, obesity, glucocorticoid use, disease activity, and region.

Table 4: Multivariable logistic regression analysis of factors associated with ordinal COVID-19 severity outcomes in patients according to disease type

Among the identified patients with ANCA-associated vasculitis and COVID-19, almost two-thirds were hospitalised and approximately one-fifth died. These results should be interpreted with caution. First, a provider-reported registry is biased toward accumulating patients with severe COVID-19. Second, COVID-19 outcomes have improved over time, and this study includes patients from the early months of the COVID-19 pandemic. Nevertheless, this is the first study to evaluate a large and well characterised population of patients with ANCA-associated vasculitis who had COVID-19. Our results are supported by a smaller published case-series,[14] which also reported high rates of poor outcomes in patients with ANCA-associated vasculitis. Our study builds on these previous results by further identifying risk factors associated with poor outcomes. In a

sensitivity analysis, patients with chronic kidney disease had worse COVID-19 outcomes than those who did not have chronic kidney disease, which is consistent with other studies done in the general population.[1,13] Glucocorticoid use and having received rituximab or cyclophosphamide were also associated with worse outcomes, which is similar to the results of previous studies in other rheumatic diseases.[3] Whether this observations reflects the immunosuppressive effects of these drugs or the selection bias related to the patients who receive them cannot be ascertained from this study.

Similar to patients with ANCA-associated vasculitis, a high proportion of patients with giant cell arteritis reported in this registry had poor COVID-19 outcomes, including death. In addition to the aforementioned limitations of these data, the high mortality rates observed

in patients with giant cell arteritis could reflect the importance of age in COVID-19 mortality.[15] The high COVID-19 mortality rates could also be associated with an increased risk or severity of cardiometabolic comorbidities, which have been associated with poor outcomes in COVID-19.[16–18] Few cohorts of patients with giant cell arteritis are available to further verify these findings. A study done in France reported eight cases of COVID-19 among 148 patients with large vessel vasculitis, only one of whom died.[19] A similar study done in Italy reported four cases of COVID-19 among 151 patients with large vessel vasculitis, none of whom died.[20] Given some of the unmodifiable risk factors for outcomes in patients with giant cell arteritis, attention to other factors, such as the prescription of high-dose glucocorticoids, is crucial. Patients with polymyalgia rheumatica in our study had less severe COVID-19 outcomes and lower mortality rates than did patients with giant cell arteritis and ANCA-associated vasculitis. In patients with polymyalgia rheumatica, poor outcomes were associated only with age, which is a known risk factor for the general population. Despite a similar age distribution in this group as in the group of patients with giant cell arteritis, these differences could potentially highlight the role of other important factors, such as the use of higher glucocorticoid doses and obesity.

Overall, few patients with Behçet's syndrome in our cohort had severe COVID-19 outcomes, with only a third of patients requiring hospitalisation and two patients who died. Patients with Behçet's syndrome were younger than those with other disease types. Despite the evident concern of an increased risk of thrombosis associated with both Behçet's syndrome and COVID-19,[21] which is associated with poor outcomes, our results showing less severe outcomes in these patients than in those with other disease types are reassuring and consistent with those reported by small case-series.[22,23] Due to a low number of events, patients with Behçet's syndrome who had COVID-19 were not included in the regression analysis. The mortality rate in patients with other types of vasculitis was lower than in those with giant cell arteritis and ANCA-associated vasculitis, but given the smaller sample size, reduced diversity of diagnoses, and absence of information on specific diagnoses, this patient group was not included in regression analyses.

In addition to the limitations already noted, the following factors should also be acknowledged. First, cross-sectional, physician-entered, case-reporting registries might be subject to selection bias toward patients with more severe COVID-19. In particular, the mortality rate should be considered a case fatality rate as opposed to an infection fatality rate, as we have probably overestimated the true mortality risk among patients with primary systemic vasculitis who develop COVID-19. Second, given the nature of the COVID-19 Global Rheumatology Alliance physician registry, participation is dependent on a COVID-19 diagnosis, and particular covariates (eg, age)

that were accounted for can lead to a collider bias (by affecting both condition and outcomes).[24] Third, the time periods between COVID-19 diagnosis and clinical outcomes were not fully collected, and the attribution of clinical outcomes to COVID-19 was based on the treating physician's opinion. However, the results from this registry are consistent with findings from other data sources, verifying the information collected and the interpretation of our results. Fourth, although we were able to analyse multiple factors associated with COVID-19 outcomes in our models, we cannot exclude other confounders as potential explanations for our findings. We therefore caution against making causal inferences from our data. Finally, the absence of an interaction between prednisolone treatment and disease activity, as well as other medication associations, could have been due to low power rather than an absence of an association.

In conclusion, in this study of patients with primary systemic vasculitis or polymyalgia rheumatica who had COVID-19, we report high rates of severe COVID-19 outcomes, particularly in patients with giant cell arteritis and ANCA-associated vasculitis. Important predictors of poor COVID-19 outcomes include older age, a higher number of comorbidities, moderate, or high or severe disease activity, and the use of specific medications, including high-dose glucocorticoids. Our study identifies risk factors associated with poor COVID-19 outcomes in this patient population and in those with specific disease phenotypes, and stratifies outcomes by specific disease phenotypes. These observations could guide risk mitigation strategies in the treatment of patients with these conditions. Further studies should address the reasons for these concerning outcomes in patients with primary systemic vasculitis who develop COVID-19.

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