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## Disseminated Cryptococcosis with Widespread Necrotizing Fasciitis and Cryptococemia Occurring in an Immunosuppressed Patient

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Dear Editor:

Cryptococcosis is an unusual opportunistic infection, and is characterized by a high mortality rate, especially among those with cryptococcaemia<sup>1</sup>. Cryptococcal skin lesions are often polymorphous in appearance. However, widespread cutaneous lesions and necrotizing fasciitis (NF) have rarely been reported. Here, we present a case of disseminated cryptococcosis with widespread cutaneous lesions, NF and cryptococemia, occurring in an immunosuppressed patient.

A 41-year-old woman was transferred to our hospital, with a history of skin necrosis on the right lower limb and high fever for 17 days, and erythemas, indurations, and abscesses on the other three limbs for 14 days. She was diagnosed as NF in another hospital, and treated with mero-

penem empirically, but without noticeable effect. She suffered from chronic glomerulonephritis, chronic renal insufficiency, and was receiving maintenance immunosuppressive therapy with prednisone (30 mg/d).

On examination, black necrotic skin, bare subcutaneous tissue and multiple abscesses, mainly situated on the right leg, were the most obvious clinical manifestation (Fig. 1). Multiple erythemas, indurations and abscesses could be found on the other three limbs. Chest x-ray demonstrated

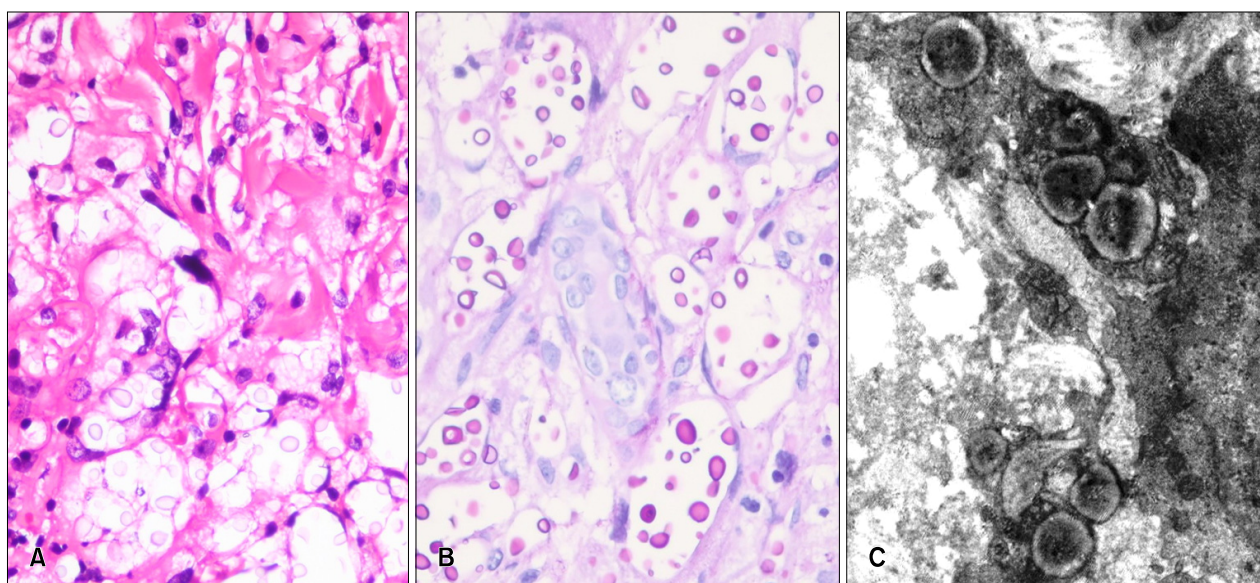


**Fig. 1.** Black necrotic skin, bare subcutaneous tissue and multiple abscesses on right leg.

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**Fig. 2.** (A) H&E staining of the subcutaneous tissue ( $\times 400$ ). (B) Periodic acid-schiff staining of the yeast cells in subcutaneous tissue ( $\times 400$ ). (C) Electron microscope image of encapsulated cells of *Cryptococcus neoformans* ( $\times 5,000$ ).

bilateral infiltration in the lung, with pleural effusion on the right. Incision and drainage of the abscess were performed immediately, and thorough surgical debridement was performed 3 days later. On the 7th hospital day, pathological examination reported encapsulated yeast in subcutaneous tissue, suggesting *Cryptococcus neoformans* (Fig. 2). This was also isolated and identified (VITEK 2-compact) from blood, and the wound. A follow-up culture of cerebrospinal fluid was negative. When the definite diagnosis of disseminated cryptococcosis, cryptococemia, cryptococcal NF, bilateral pulmonary infection and renal failure had been established, intravenous fluconazole (400 mg daily) was initiated. This dosage of fluconazole was continued for one month, and was then reduced by half, for another month. An oral maintenance dose was then given, for a further 4 months. She was discharged 54 days after admission, with her wounds completely closed with razor-thickness skin grafts.

Cutaneous dissemination occurs in approximately 10% of cases with cryptococcosis<sup>2</sup>. Most patients with cutaneous involvement have lesions, consisting of ecchymosis, papules, nodules, vesicles, ulcers, abscesses, and very rarely, NF<sup>3,4</sup>. The patients with cryptococcal NF are usually treated empirically for a presumed bacterial infection, without response, as in the present case.

*C. neoformans* can be isolated from blood cultures in 10% to 30% of patients with cryptococcosis<sup>1</sup>. Previous studies of patients with cryptococemia have shown a high mortality rate, which was reported to be between 31% and 41%<sup>1,5</sup>. Cryptococcaemia signifies a fulminant form of

cryptococcal disease, and requires early diagnosis, and prompt antifungal therapy.

Antifungal therapy is the cornerstone to treat disseminated cryptococcosis and cryptococemia. However, for NF, and serious, large areas of cutaneous infections, surgical treatment is indispensable. Thorough debridement and drainage, reducing the chance of hematogenous spread, and preventing muscle necrosis, sepsis and death, were one of the keys to cure the patient.

This report highlights the need to recognize this rare infectious disease and its clinical manifestations, especially among those patients who are receiving treatments that produce a state of immunosuppression.

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## Levels of Serum Soluble P-Selectin and E-Selectin in Psoriatic Patients

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Dear Editor:

Psoriasis is an immune-mediated, chronic inflammatory disease<sup>1</sup>. Selectins generate the first adhesive stage contributing to the tethering and rolling of leukocytes into the vascular endothelium for the distribution of immune cells to the inflamed tissue. This essential role is a potential target for the development of novel treatments<sup>2</sup>. The main aim of our study was to determine the levels of serum soluble P-selectin (sP-selectin) and soluble E-selectin (sE-selectin), which contribute to the inflammatory process in the pathogenesis of the disease, in patients and controls; and to assess the association between sP-selectin and sE-selectin levels and the severity of the disease. We also intended to evaluate whether these molecules contribute to the pathogenesis of psoriasis, which is known to have

multifactorial etiologies. Between July 2012 and September 2012, twenty-four patients (9 males, 15 females) who were diagnosed with psoriasis clinically and/or histopathologically in our clinic were included in this study. The control group consisted of 24 healthy age-matched individuals with comparable demographical features (10 males, 14 females) and without any infectious, systemic or dermatological diseases, and who were not smokers. All participants signed the consent form prior to the study. Consent was also obtained from the local ethical committee (IRB approval: Necmettin Erbakan University Faculty of Medicine Ethics Committee, 2012-40). Patients who received systemic medication and/or phototherapy and topical antipsoriatic treatment were excluded from the study. Other factors for being excluded from the study were as follows: pregnancy, age less than 18 years, smoking, hypertension, diabetes mellitus, chronic renal failure, liver and cardiac failure, acute and chronic infections, autoimmune diseases and cancer. Peripheral blood samples were obtained from both the study and control groups. The samples were centrifuged at 3,500 rpm for 4 minutes, and the serum was stored at  $-80^{\circ}\text{C}$ . Psoriasis area and severity index (PASI) scores of the patients with psoriasis were recorded. The data were statistically assessed. Statistical analysis was done with Mann-Whitney U using SPSS 15.0 (SPSS Inc., Chicago, IL, USA). A *p*-value less than 0.05 was considered significant. The mean age was

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