



HIV rapid screening tests and self-tests: Be aware of differences in performance and cautious of vendors

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ABSTRACT

Background: Rapid tests for HIV testing are essential tools to achieve the 90-90-90 target of the World Health Organization. Many tests are available, some directly from websites. Evaluation of the performance of rapid tests, under close to real-life usage, is therefore needed to ensure accurate diagnosis in the context of the recommendation for their more widespread use.

Method: Nine third- (3G) or fourth-generation (4G) rapid screening tests or self-tests (two bought on websites), were evaluated on an extensive panel of 200 HIV-negative and 312 HIV-positive samples, representative of a wide variety of clinical situations and HIV genetic diversity. A whole blood reconstitution protocol was designed to simulate real-life usage of these tests in community-based and private settings.

Findings: The specificity was high (98.5–100%) and sensitivity excellent (100%) for samples from patients chronically infected with the pandemic strains. The performance for infrequent situations with a major epidemiological and clinical impact, such as infection with divergent viruses or primary infection, was highly variable, depending on the test. One of the two 4G tests allowed detection of additional positive samples from early stages of infection, whereas the second (sold as a 4G test on a website) corresponded in reality to a 3G test.

Interpretation: Our study showed that not all tests are equal for the detection of major HIV variants or early stages of HIV infection; adding the detection of specific p24Ag improved the latter point. This study also showed, for the first time, that buying through web-based vendors can be risky, due to the varying performance of the tests and questionable sales practices. Our results are of particular importance in the context of the increasing use of rapid tests in an “outside laboratory” settings.

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1. Introduction

HIV rapid screening tests (RSTs) are unitary immunochromatographic or immunofiltration assays that facilitate screening of HIV infection due to their technical simplicity and rapid results. They have been used for years in high-income countries to provide a rapid indication of HIV status for pregnant women during labour and delivery, patients with AIDS-related symptoms in emergency units, or evaluate the risk of HIV infection in cases of viral exposure of health care workers or sexual exposure between

partners [1–4], the HIV status being further controlled and confirmed by supplemental assays according to regional algorithms. Because of their low cost, robustness, and ease of use, they have been promoted for several decades in algorithms for the diagnosis of HIV infection in low- and middle-income countries [5].

RSTs have also used outside of laboratories in high-income countries for many years for community-based testing, increasing the frequency of testing within populations with a high risk of infection [6]. RSTs have also been adapted for HIV self-testing (HIV-ST) for people who do not want to be tested in sexually-transmitted infection (STI) clinics or health or community-based facilities. The person collects his/her own specimen (oral fluid or blood), performs the self-test (ST), and interprets the result himself/herself, with, if necessary, possible phone or internet assistance, according to the details provided by the supplier [7].

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Research in context

Evidence before this study

HIV rapid tests are unitary assays used in clinical and non-clinical settings; they facilitate screening of HIV infection due to their technical simplicity and rapid results. The World Health Organisation (WHO) encourages more widespread use of these tests, in particular to extend HIV self-testing. Real-life surveillance of test performance has shown it to be affected by the clinical status of the patient, the genetic nature of the variant responsible for the infection, or the tested population. Many tests are available which may be CE-marked, FDA-approved, WHO prequalified, or not. It is thus essential to continuously control the performance of current and new tests.

Former evidence was identified by searches of MEDLINE/PubMed references from relevant articles using the search terms “rapid diagnostic test”, and “HIV diagnosis”. Abstracts and reports from meetings were included only when they related directly to previously published work. The recommendations and opinions of numerous national and international health organizations and agencies, including the WHO, UNAIDS, ANRS, CDC, ECDC, NIH, and FDA were included. Documents published in English and French between 1983 and 2018 were included.

Added value of this study

We evaluated numerous tests ($n = 9$) using an extensive panel of 512 samples representative of a wide variety of clinical situations and HIV genetic diversity. This panel allowed us to challenge the various tests, which can be used by anyone and in any region of the world.

This study was conducted on HIV rapid screening tests and self-tests obtained through the regulated market by regional distributors and is the first to also evaluate self-tests available from web-based vendors promoting tests which are not CE-marked, FDA-approved, or WHO prequalified, and for which no published scientific evaluation of performance is available.

Although classical evaluations are performed on plasma/serum samples, this work was performed using fresh whole blood samples or reconstituted whole blood samples to be close to real-life usage. This method could be useful for evaluating other rapid tests, such as those for screening HCV, HBV, or Syphilis infections.

Implications of all the available evidence

This work provides important information on the specific performance and limits of each test. Thus, our data should be particularly useful for helping non-professionals or non-specialists to decide which RSTs/STs to use, according to their HIV-testing context.

The results of our study also showed that the general public should be cautious when buying such medical devices through web-based vendors, due to the varying performance of the tests and questionable sales practices. Tests which are CE-marked, FDA-approved, or WHO prequalified, provided by manufacturers or distributors that respect regional regulations, should be favoured.

RSTs/STs provide an opportunity to achieve the UNAIDS' 90-90-90 objective [8], by easily increasing the frequency of HIV screening, particularly in low-income regions, in which permanent facilities are often

limited. The World Health Organisation (WHO) “*Guidelines on HIV self-testing and partner notification*”, released in December 2016, supports the implementation of HIV-ST in HIV testing services and provide specific guidance on establishing public health policies to improve HIV diagnosis in specific high-risk groups [7]. These recommendations will encourage a growing number of non-specialists to buy RSTs or STs. Given this context of more widespread use, independent evaluations and information concerning the performance of these *in vitro* diagnostic medical devices are essential, particularly for helping non-professionals to decide which RSTs/STs to use.

For the commercialisation and use of HIV RSTs/STs CE-marking (in Europe), FDA approval (in the US), or WHO prequalification requires performance that matches criteria [9–12] of high sensitivity [100% (CE), $\geq 99\%$ (FDA-WHO)] and specificity [$\geq 99\%$ (CE-FDA), $\geq 98\%$ (WHO)] to avoid a missed diagnosis due to a false-negative result, or an unacceptable false-positive result. Such performance can be guaranteed in the context of these qualifications, but real-life surveillance of test performance has shown it to be affected by the clinical status of the patient, the genetic nature of the variant responsible for the infection, or the tested population, especially in sub-Saharan regions [13–15]. Thus, differences in the sensitivity of 3rd generation (3G) tests, which only detect HIV-1/2 antibodies, have been demonstrated in the early phase of HIV infection [15–17]. The development of 4th generation (4G) RSTs, which detect both HIV-1/2 antibodies and HIV-1 p24 antigen (p24Ag), should improve the screening of such infections [18]. However, the first CE-marked/FDA-approved 4G RST, the Determine HIV-1/2 Ag/Ac Combo assay (Alere/Abbott Chicago III), showed limited performance for the specific detection of p24Ag, leading to insufficient added value relative to 3G tests [19–22]. It has also been shown that viral diversity, especially major variants, such as HIV-1 group O or HIV-2, which are circulating in sub-Saharan Africa countries, can affect clinical sensitivity or lead to inefficient discrimination [13,23,24]. Finally, the presence in some regions of numerous undetermined HIV profiles with sticky sera can lead to decreased specificity and false HIV reactivity [13,23]. These issues highlight the need for the continuous evaluation of available and new RSTs/STs.

RSTs/STs are provided by multiple manufacturers, sometimes with limited experience in HIV assays, and a larger number of distributors. Some assays, with no scientific evaluation of their performance, are also sold by web-based vendors (e.g. commercial websites that promote these tests although they are not allowed by regional regulations to sell such medical devices or selling tests that do not respect regional regulations). These points emphasize the need to control the declared performance of the tests.

Moreover, performance evaluations are generally carried out using plasma or serum, although RSTs or STs require finger-stick whole blood. Although some studies have reproduced real-life conditions using whole blood, they did not evaluate performance on a large scale nor in the context of various clinical situations or wide HIV diversity [15].

Taking into account such issues, we designed this work to assess the performance of various 3G and 4G HIV RSTs/STs using an extensive panel of 512 samples representative of varying clinical status and viral diversity. Seven tests were obtained from the regulated market by regional manufacturers or distributors. Given the availability of STs via web-based vendors, we included two supplementary tests randomly bought from such web-based vendors. The nine tests were evaluated using fresh whole blood or reconstituted whole blood samples to be close to the real-life usage of RSTs/STs.

2. Samples and methods

2.1. Rapid screening tests (RSTs) – self-tests (STs)

Six 3G RSTs/STs and one 4G RST (CE-marked or in the process of being CE-marking), allowed in France for clinical, community-based,

Table 1
RST/ST characteristics.

Name	Manufacturer / distributor	CE approved	FDA approved	WHO prequalification	RST / ST	Detection	Antigen composition ^a	Discrimination HIV-1 / HIV-2	Matrix	Volume	Technology [□]	Control	Early reading time	Final reading time
EXACTO PRO TEST HIV	Biosynex / id	Yes*	No	No	RST/ST	Ab	ND (gp O mention)	No	Capillary or venous whole blood, serum or plasma	5 µL	IC	ND (migration)	10 min	20 min
Genie Fast HIV1/2	Bio-Rad / id	Yes	No	Yes	RST	Ab	HIV-1 gp120 gp41 & HIV-2 gp36	No	Capillary or venous whole blood, serum or plasma	80 µL	IC	ND (migration)	10 min	30 min
HIV TOP	Biosynex / id	No**	No	No	RST	Ab	ND (gp O mention)	Yes	Capillary or venous whole blood, serum or plasma	50 µL	IC	ND (migration)	10 min	20 min
INSTI	bioLytical / Nephrotek	Yes	Yes	Yes	RST/ST	Ab	HIV-1 gp41 & HIV-2 gp36	No	Capillary or venous whole blood, serum or plasma	50 µL	IF	protein A	immediatly	NA
STAT-VIEW HIV 1/2	Chembio Diagnostic systems/AAZ ^b	Yes	Yes	Yes	RST/ST	Ab	ND	No	Capillary or venous whole blood, serum or plasma	2,5 µL	IC	protein A	< (if positive) or = 15 min	20 min
VIKIA HIV 1/2	bioMérieux / id	Yes	No	Yes	RST	Ab	HIV-1 (gps M & O) gp41 & HIV-2 gp36	No	Capillary or venous whole blood, serum or plasma	75 µL	IC	ND (migration)	< (if positive) or = 30 min	30 min
HIV Combo	Alere / Abbott	Yes	No	Yes	RST	Ag/Ab	ND (gp O mention)	No	Capillary or venous whole blood, serum or plasma	50 µL	IC	ND (migration)	20 min	40 min
EZ- TRUST HIV 1 & 2 Rapid Screen Test	CS Innovation Ltd. / Web	No	No	No	ST	Ab	ND	No	Capillary whole blood, serum or plasma	1 drop (with micropipette)	IC	ND (migration)	< (if positive) or = 10 min	10 min
BioTechMed HIV1/2 Rapid-4	BioTechMed / Web	No	No	No	ST	Ag/Ab	ND	Yes	Capillary whole blood	1 drop (with micropipette)	IC	ND	< (if positive) or = 15 min	20 min

RST: rapid screening test; ST: self-test; Ag: antigen; Ab: antibody; ND: not defined; NA: not applicable; □: IC = immunochromatography; IF = immunofiltration.

* CE-marking in March 2017; only the version of the test before CE-marking was evaluated.

** CE-marking in revision.

^a From the instruction for use.

^b Manufactured and distributed as Autotest[®] VIH by AAZ in France.

or self-testing, were provided by regional manufacturers or distributors. The 3G assays were the: EXACTO PRO TEST HIV (Biosynex), Genie Fast HIV1/2 (Bio-Rad), HIVTOP (Biosynex), INSTI (bioLytical), STAT-VIEW HIV 1/2 (Chembio diagnostic systems), and VIKIA HIV 1/2 (bioMérieux). The 4G RST was the HIV Combo (Alere, now Abbott); for the latter, the detection of the p24Ag is performed with a specific line, distinct from the antibody line.

Two supplementary STs were randomly bought from web-based vendors; we searched for websites that directly sell self-tests using the terms “HIV home test”, “HIV self-test”, or “HIV rapid test” with Google or Bing tools. The EZ-TRUST HIV 1 & 2 Rapid Screen Test (CS Innovation Ltd) was sold as a 3G test, whereas the BioTechMed HIV1/2 Rapid-4 (BioTechMed) was sold as a 4G test. No antigen-specific line is present in this 4G test, in contrast to the 4G Alere HIV Combo. No information concerning the CE-marking/FDA-approved/WHO prequalification of these tests was found on the packaging, nor were the tests found on established lists [25–33].

Among these nine tests, two (HIVTOP and HIV1/2 Rapid-4) are designed to discriminate HIV-1 from HIV-2 infections; three lines are present in the test: one for the control, one for the detection of HIV-1 antibodies, and one for the detection of HIV-2 antibodies.

All tests were used following the manufacturers' instructions or indications present on the packaging for the two STs bought on websites. A detailed description of the tests is presented in Table 1.

2.2. Ethics

Fresh samples were collected from patients after they received written and oral information about the study; no additional blood sample

was collected for the study as we used left-over or remnant specimens from our routine analyses or our activities as National Reference Centre on HIV. Reconstituted samples were prepared from samples belonging to registered collections (DC 2015–2533) of our routine and National Reference Centre on HIV activities.

2.3. Whole blood reconstitution

To be close to real-life usage, we reconstituted artificial whole blood by mixing plasma/sera and a globular concentrate of human group O blood cells collected from blood donors. Fifty millilitres globular concentrate was diluted in 50 mL sterile PBS. After centrifugation (3000 rpm, 10 min), the supernatant was removed and the pellet washed once more with an equal volume of sterile PBS. After another round of centrifugation, the red blood cells were suspended in sterile PBS to reach a 45% haematocrit level and then aliquoted into 1.5 mL Eppendorf tubes. Reconstituted whole blood was then obtained by mixing equal volumes of plasma/serum and blood cells. We ensured there were no false results due to the nature of the matrix, by testing 20 paired samples (fresh venous whole blood and reconstituted blood), according to the quality procedure in our laboratory, which conforms to quality regulation norm NF EN ISO 15189. Ten HIV-negative and 10 HIV-positive samples were tested by first performing the test on fresh venous whole blood and then after reconstitution.

The same protocol was performed on the viral supernatants used for the specific detection of p24Ag; supernatants were first mixed with HIV-negative plasma samples, to mimic HIV-positive plasma samples, and then reconstituted as whole blood, as described above. Dilutions of HIV-1 supernatants were performed to obtain a

Table 2
Patient characteristics.

Patient characteristics	Negative samples	HIV-1/M ART naive	HIV-1/M ART experienced	HIV-1/O	HIV-2	PHI
Number	200	100	125 ^a	10	15 ^b	50
Mean Age (±SD)	28.3 (12.3)	36.1 (11.9)	40.5 (11.3)	42.4 (7.2)	52.0 (12.8)	ND
Sex Ratio (M/F)	1.0	1.7	1.3	0.1	0.4	49.0
Mean pVL (log ₁₀ cp/mL) (±SD) ^c	NA	4.8 (1.06)	3.7 ^d (0.80)	<1.8	3.2 ^e (0.57)	5.65 (1.17)
Min pVL (log ₁₀ cp/mL) ^c	NA	2.8	1.6	<1.8	2.4	2.0
Max pVL (log ₁₀ cp/mL) ^c	NA	6.5	6.7	<1.8	3.9	7.0
Mean treatment duration (month) (±SD)	NA	NA	82.7 ^f (66.97)	72.2 (48.02)	113.5 (85.98)	NA
Mean duration of undetectability (month) (±SD)	NA	NA	28.2 ^g (29.52)	ND	ND	NA
CDC stage						
A1	NA	11 (11%)	10 (80%)	ND	0 (0%)	50 (100%)
A2	NA	36 (36%)	35 (28%)	ND	5 (33.3%)	0 (0%)
A3	NA	19 (19%)	17 (13.6%)	ND	0 (0%)	0 (0%)
B1	NA	0 (0%)	2 (1.6%)	ND	0 (0%)	0 (0%)
B2	NA	8 (8%)	8 (6.4%)	ND	2 (13.3%)	0 (0%)
B3	NA	3 (3%)	8 (6.4%)	ND	0 (0%)	0 (0%)
C1	NA	0 (0%)	1 (0.8%)	ND	0 (0%)	0 (0%)
C2	NA	2 (2%)	6 (4.8%)	ND	0 (0%)	0 (0%)
C3	NA	21 (21%)	30 (24%)	ND	4 (26.7%)	0 (0%)
ND	NA	0 (0%)	8 (6.4%)	ND	4 (26.7%)	0 (0%)
Total	200	100	125	10	15	50
Risk factor						
Heterosexual	ND	56 (56%)	75 (60%)	10 (100%)	14 (93.3%)	ND
MSM [*]	ND	36 (36%)	35 (28%)	0 (0%)	0 (0%)	ND
IDU ^{**}	ND	2 (2%)	9 (7.2%)	0 (0%)	1 (6.7%)	ND
MTC ^{***}	ND	0 (0%)	2 (1.6%)	0 (0%)	0 (0%)	ND
ND	ND	6 (6%)	4 (3.2%)	0 (0%)	0 (0%)	ND
Total	200	100	125	10	15	50

ND: not determined; NA: not applicable.

^a pVL < 1.6 log₁₀ cp/mL (n = 55).

^b two patients were co-infected with HIV-1/M.

^c Monitoring pVL: for HIV-1/M, RealTime HIV-1 Abbott Molecular (Rungis, France); for HIV-1/O, group O specific RNA quantification (National Reference Centre on HIV, Rouen, France) [52]; for HIV-2, type 2 specific RNA quantification (National Reference Centre on HIV, Paris, France) [53].

^d pVL > 1.6 log₁₀ cp/mL (n = 70).

^e pVL > 1.7 log₁₀ cp/mL (n = 4).

^f Data available for 108 patients.

^g Mean calculated from follow-up of 38 patients.

* Men who have sex with men.

** Intravenous drug user.

*** Mother-to-child infection.

final concentration of approximately 150 pg/mL p24 in whole blood (corresponding to 36.3 UI/mL), measured with the VIDAS® HIV P24 II (P24) (bioMérieux; France) assay, following the manufacturer's instructions.

2.4. Plasma/sera samples

Negative samples ($n = 200$) were collected from patients attending our hospital-based STI clinic and used as fresh whole blood ($n = 39$) or reconstituted whole blood ($n = 161$). The positive samples ($n = 300$) corresponded to plasma/sera, and all were used as reconstituted whole blood. They were representative of ART-naïve ($n = 100$) or ART-experienced ($n = 125$) patients, infected by various subtypes and CRFs of the pandemic group M (HIV-1/M) (characteristics detailed in Table 2 and Fig. 1). Samples representative of divergent variants - HIV-1/O ($n = 10$) and HIV-2 ($n = 15$); two were molecularly confirmed to be dually-infected with HIV-1 and HIV-2 - were also tested (Table 2 and Fig. 1). Fifty samples collected during the primary HIV infection (PHI) phase were added to evaluate the sensitivity of detection of early infections; PHI was defined by an incomplete western blot (WB) profile, with the absence of reactivity to Pol proteins, or quantifiable plasma HIV RNA with a negative or weakly reactive EIA, or an interval of less than six months between a negative and positive EIA result, as previously described [34] (viral load, WB, and EIAs results at diagnosis are presented in Table 3).

Finally, we tested the sensitivity of the 4G RSTs to detect the p24Ag of distinct variants using HIV-culture supernatants ($n = 12$), representative of HIV-1/M subtypes A/CRF02, B, C, D, H, CRF01_AE, CRF02_AG, and Unique Recombinant Form ($n = 1$ each) and HIV-1/O ($n = 1$), HIV-1/N ($n = 1$), HIV-1/P ($n = 1$), and HIV-2 ($n = 1$).

2.5. Data analysis

For each session, one operator blindly prepared the blood samples, performed the tests, and read the results. Another operator performed a second blind read to maintain objectivity. A third operator was solicited for consensus if the results were discordant [35]. Readings were performed according to the time defined by the manufacturer, which generally called for an early and late reading. Specificity, sensitivity, and their corresponding exact binomial 95% confidence interval were estimated using standard methods. Data analysis was performed using Excel and Vassarstats (www.vassarstats.net; 2018).

2.6. Role of the funding source

The study was funded by Santé Publique France, COREVIH Normandie (Regional Coordination against HIV infection), and Rouen University Hospital. None of the funders had any role in the study design; collection, analysis, or interpretation of data; writing of the manuscript; or the decision to submit the paper for publication.

3. Results

3.1. Validation of the reconstitution protocol

There was no difference between the results obtained with the fresh and reconstituted samples from the 20 paired-whole blood samples. No negative sample from the panel was falsely reactive, despite reconstitution, and no positive sample was negative or showed a weaker intensity of the lines after reconstitution.

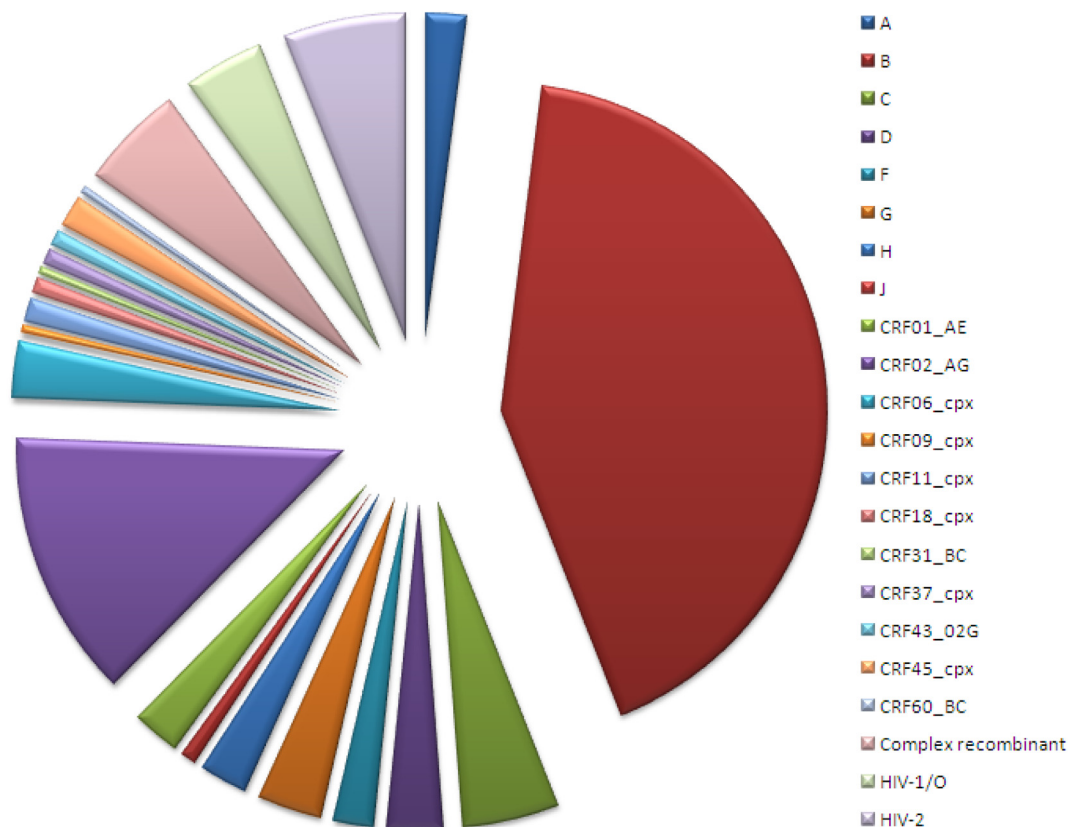


Fig. 1. Sample genetic diversity. Diagram representing the genetic diversity of the HIV samples of the clinical sensitivity panel ($n = 250$). The viruses were characterized for group and subtype by molecular analysis as described previously [54–56].

3.2. Specificity of the results

Results for the specificity obtained for the 200 negative samples are presented in Table 4. For two samples, only one of the three operators observed a very weak signal (with HIVTOP) that was therefore concluded to be negative. The overall specificity ranged from 98.5 to 100%. EXACTO PRO TEST HIV, HIVTOP, and VIKIA HIV 1/2 had the lowest specificities (98.5%, 99.0%, and 99.5%, respectively), as well as Alere HIV Combo (99.5%), due to reactivity on the antigen line for one sample. Complementary analyses - plasma viral load (Abbott) and p24Ag (Vidas, bioMerieux) - were all negative, excluding a true positive p24Ag result for the latter sample (data not shown). All false reactivities were verified and the samples were still reactive upon two retests.

3.3. Antibody detection performance

Results for the clinical sensitivity of the tests are presented according to the category of samples (Tables 5 and 6). The sensitivity was excellent (100%) for all tests with the 225 samples from patients infected with HIV-1/M, irrespective of subtype or therapeutic status (Table 5). Concerning therapeutic status, there was a weak positive signal in 8/850 tests (0.94%) for ART-naïve patients and 17/1010 tests (1.68%) for ART-experienced patients ($p = 0.17$). The discrimination between HIV-1 and HIV-2 infection was poor with HIVTOP, as 52% of the HIV-1 samples were falsely reactive for HIV-2; it was more difficult to draw a conclusion for BioTechMed, as only 60 samples could be tested.

The sensitivity for samples from patients infected with the major variant HIV-1/O ($n = 10$) was variable and generally poor; only VIKIA

Table 3
Virological characteristics of the PHI samples.

Patient	pVL (log cp/mL)	Western blot										Architect index ^a	BioPlex Ag index ^b	BioPlex HIV-1 Ab index ^b
		gp160	gp120	p68	p55	gp41	p40	p34	p24	p18				
1	2.0	-	-	-	-	-	-	-	-	-	0.14	0.14	0.04	
2	6.1	-	-	-	-	-	-	-	-	-	0.11	0.12	0.06	
3	5.1	-	-	-	-	-	-	-	-	-	2.68	0.26	0.06	
4	5.1	-	-	-	-	-	-	-	-	-	1.08	0.59	0.06	
5	6.2	-	-	-	-	-	-	-	-	-	1.25	0.43	0.08	
6	6.7	-	-	-	-	-	-	-	-	-	16.12	4.47	0.06	
7	6.3	-	-	-	-	-	-	-	-	-	16.41	ND	ND	
8	6.9	-	-	-	-	-	-	-	-	-	107.02	24.46	0.03	
9	6.6	-	-	-	-	-	-	-	-	-	19.95	ND	ND	
10	7.0	-	-	-	-	-	-	-	-	-	235.33	ND	ND	
11	6.7	-	-	-	-	-	-	-	-	-	52.21	22.80	0.11	
12	6.8	-	-	-	-	-	-	-	-	-	1079.21	200.0	0.29	
13	7.0	-	-	-	-	-	-	-	-	-	144.03	19.80	5.47	
14	6.5	-	-	-	-	-	-	-	-	-	17.30	ND	ND	
15	7.5	-	-	-	-	-	-	-	-	-	177.63	55.13	0.67	
16	6.2	-	-	-	-	-	-	-	-	-	23.12	ND	ND	
17	6.7	-	-	-	-	-	-	-	-	-	35.77	ND	ND	
18	7.0	-	-	-	-	-	-	-	-	-	154.18	ND	ND	
19	7.0	-	-	-	-	-	-	-	-	-	55.92	19.79	0.17	
20	5.6	-	-	-	-	-	-	-	+	-	1.69	ND	ND	
21	5.7	-	-	-	-	-	-	-	+	-	2.40	ND	ND	
22	7.0	-	-	-	-	-	-	-	+	-	49.15	ND	ND	
23	3.7	-	-	-	-	-	-	-	+	-	8.41	0.26	4.23	
24	5.8	-	-	-	-	-	-	-	+	-	18.65	ND	ND	
25	7.0	-	-	-	+	-	-	-	+	-	146.73	ND	ND	
26	3.7	-	-	-	+	-	-	-	+	-	85.05	ND	ND	
27	6.7	+	-	-	-	-	-	-	+	-	109.74	ND	ND	
28	4.3	+	-	-	+	-	-	-	+	-	4.72	0.34	6.90	
29	4.3	+	-	-	+	-	-	-	+	-	9.44	ND	ND	
30	5.4	+	-	-	+	-	-	-	+	-	90.64	ND	ND	
31	6.1	+	-	-	+	-	-	-	+	-	191.64	ND	ND	
32	4.1	+	-	-	+	-	+	-	+	-	20.39	ND	ND	
33	4.9	+	-	-	+	-	-	-	+	+	29.49	ND	ND	
34	5.0	+	-	+	+	-	-	-	+	-	92.84	ND	ND	
35	5.8	+	+	-	+	-	-	-	+	-	215.68	ND	ND	
36	6.7	+	-	-	+	-	+	-	+	-	39.93	ND	ND	
37	3.6	+	+	-	+	-	+	-	+	-	4.68	0.15	11.09	
38	4.4	+	+	-	+	-	-	-	+	+	23.24	ND	ND	
39	5.1	+	+	-	+	-	+	-	+	-	90.64	ND	ND	
40	5.8	+	-	-	+	-	+	-	+	+	8.30	ND	ND	
41	6.4	+	-	+	+	-	+	-	+	-	11.11	1.68	36.10	
42	4.0	+	+	+	+	-	-	+	+	-	19.33	0.14	66.90	
43	5.5	+	+	-	+	+	-	-	+	+	26.08	0.74	34.48	
44	5.5	+	+	+	+	-	+	-	+	-	36.23	ND	ND	
45	6.0	+	+	+	+	-	+	-	+	-	NA	ND	ND	
46	4.6	+	+	+	+	+	+	+	+	-	38.68	ND	ND	
47	4.7	+	+	+	+	+	+	+	+	-	100.39	ND	ND	
48	4.8	+	+	+	+	-	+	+	+	+	8.84	ND	ND	
49	4.8	+	+	+	+	+	-	+	+	+	910.66	ND	ND	
50	6.1	+	+	+	+	+	+	+	+	+	75.71	ND	ND	

pVL: plasma HIV RNA viral load; NA: not available; ND: not done.

^a Architect HIV Ag/Ab Combo Abbott C/O = 1.

^b BioPlex 2200HIV Ag-Ab Bio-Rad C/O = 1.

Table 4
Specificity results with the negative samples (N = 200).

HST/HT	EXACTO PRO TEST HIV	EZ-TRUST HIV 1 & 2 rapid screen Test	Genie fast HIV1/2	HIVTOP		INSTI	STAT-VIEW HIV 1/2	VIKIA HIV 1/2	BioTechMed HIV1/2 Rapid-4 ^a		HIV combo	
				T1	T2				T1	T2	Ag	Ac
Nbr of positive samples	3	0	0	2	0	0	0	1	0	0	1	0
Specificity	98,50%	100%	100%	99%	100%	100%	100%	99,50%	100%	100%	99,50%	100%
95% CI (%)	95·3–99·6	97·6–100	97·6–100	96·0–99·8	97·6–100	97·6–100	97·6–100	96·8–99·9	85·9–100	85·9–100	96·8–99·9	97·6–100

Specificity was evaluated on 200 HIV-negative whole blood samples with seven 3G RSTs/STs (left part of the table) and two 4G RSTs/STs (right part of the table). The table reports the false-positive results. For the HIV Combo (Alere) test, the detection of p24Ag is performed with a specific line, distinct from the antibody line. No antigen-specific line was present in the BioTechMed HIV1/2 Rapid-4 test. HIVTOP and BioTechMed HIV1/2 Rapid-4 are designed to discriminate HIV-1 from HIV-2 infections; results for both HIV-1 and HIV-2 are reported.

^a N = 30 samples.

HIV 1/2 and Alere HIV Combo detected 100%, with the others detecting the presence of HIV in 20 to 90% of the samples, the worst being the BioTechMed test (Table 6). Moreover, we only observed positivity at the late recommended reading time, which was very weak, for 5/90 assays (corresponding to five patients). The sensitivity was excellent (100%) for the patients infected with HIV-2 or co-infected with HIV-1 and HIV-2 ($n = 15$), except for the BioTechMed test, which detected only 54% of the mono-infected HIV-2 patients and one co-infected patient. However, we observed numerous cross-reactivities for the HIV-1 line with HIVTOP (4/13) and BioTechMed (1/13), leading to false HIV-1 + HIV-2 results.

3.4. Performance for samples from primary HIV infection and specific p24Ag detection

Results for samples collected from patients during PHI were classified according to the WB profiles (Figs. 2–3). The first six samples for which no test was reactive corresponded to patients at a very early stage of infection, as confirmed by the absence of or weak reactivity of the 4G EIAs used at screening (Table 3). The number of reactive samples varied from 26 to 43 among the tests (Fig. 2); the 4G test Alere HIV Combo was the test that detected the earliest phase, detecting seven more samples [samples n° 7–10,12,21,22] than the earliest detecting 3G test, EXACTO PRO. The second 4G test, BioTechMed, detected only 29 samples, similar to the results of the other 3G tests. Of note, five samples [samples n° 20–23,25] presenting at least one reactive line by WB (corresponding to three subtype B, one CRF02_AG, and one subtype F), were non-reactive with at least one test. Analysis of the specific data obtained with Alere HIV Combo, which allows independent detection of Ag and Ab reactivities, showed overall detection of 43 (86%) of 50 samples, with nine only reactive on the Ag line (Fig. 3).

The results of specific p24Ag detection by the two 4G tests in reconstituted whole blood containing viral supernatants showed that

all but three strains (HIV-1/M URF, HIV-1/P and HIV-2) were detected with Alere test and none with BioTechMed test (Table 7). Among the three samples non-reactive with Alere, the HIV-1/M URF and HIV-1/P strains gave a positive signal at higher concentrations (894 and 5992 pg/mL, respectively), but the HIV-2 sample remained non-reactive even at the highest concentration. The results with BioTechMed remained negative, even at the highest concentration.

3.5. Retesting rate

Finally, among the >4000 assays performed, only eight retests (0·19%) were required, because the result could not be read/interpreted (two with STAT-VIEW, three with HIVTOP, two with VIKIA, and one with Genie Fast).

4. Discussion

HIV RSTs and STs are useful, easy-to-use devices to scale-up HIV testing in a large number of contexts. The WHO has urged more HIV testing outside clinical settings and now promotes HIV rapid tests to more accurately target those who need it the most [36]. This further favours the growing use of RSTs/STs, thus requiring that they be of high quality and perform well.

Currently, evaluations of such tests are mainly performed on plasma or sera, owing to their use in laboratory settings where whole blood is decanted. This is also because it is almost impossible to obtain fresh whole blood from hundreds of patients corresponding to various clinical situations (such as PHI or those who are ART-naïve or ART-experienced) or infection with strains representative of pandemic and divergent viruses, such as HIV-2 or HIV-1/O. Thus, prospective studies with finger-stick blood were mainly conducted to evaluate feasibility, acceptability, and effectiveness [36–38]. Here, we used a reconstituted whole blood panel, which is a good substitute for fresh whole blood, allowing extensive evaluation of the performance of rapid tests under close to real-life

Table 5
Sensitivity results with the positive HIV-1/M samples (N = 225).

Nbr of positive samples	EXACTO PRO TEST HIV	EZ-TRUST HIV 1 & 2 rapid screen test	Genie fast HIV1/2	HIVTOP		INSTI	STAT-VIEW HIV 1/2	VIKIA HIV 1/2	BioTechMed HIV1/2 Rapid-4 ^b		HIV combo	
				T1	T2				T1	T2	Ag	Ac
N = 100 ^s	100	100	100	100	54	100	100	100	50	0	6 ^c	100
N = 125 ^e	125	125	125	125	62	125	125	125	10	0	0	125
Sensitivity	100%	100%	100%	100%	NA	100%	100%	100%	100%	NA	NA	100%
95% CI (%)	97·9–100	97·9–100	97·9–100	97·9–100	NA	97·9–100	97·9–100	97·9–100	92·5–100	NA	NA	97·9–100

NA: not applicable.

Sensitivity was evaluated on 225 HIV-positive whole blood samples with seven 3G RSTs/STs (left part of the table) and two 4G RSTs/STs (right part of the table). For the HIV Combo (Alere) test, the detection of p24Ag is performed with a specific line, distinct from the antibody line. No antigen-specific line was present in the BioTechMed HIV1/2 Rapid-4 test. HIVTOP and BioTechMed HIV1/2 Rapid-4 are designed to discriminate HIV-1 from HIV-2 infections; results for both HIV-1 and HIV-2 are reported.

^s Corresponding to ART naïve patients.

^e Corresponding to ART experienced patients.

^b N = 60.

^c Only 2/6 positive at 20 min.

Table 6
Sensitivity results with the positive HIV-1/O and HIV-2 samples.

Nbr of positive samples	EXACTO PRO TEST HIV	EZ-TRUST HIV 1 & 2 Rapid Screen Test	Genie fast HIV1/2	HIVTOP		INSTI	STAT-VIEW HIV 1/2	VIKIA HIV 1/2	BioTechMed HIV1/2 Rapid-4		HIV combo	
				T1	T2				T1	T2	Ag	Ac
HIV-1/O												
N = 10	8 (7)	6	6 (4)	8* [7]	0	6	9	10**	2 (1)	0	0	10
Sensitivity	80%	60%	60%	80%	NA	60%	90%	100%	20%	NA	NA	100%
95% CI (%)	44.2–96.5%	27.4–86.3%	27.4–86.3%	44.2–96.5%	NA	27.4–86.3%	54.1–99.5%	65.5–100%	3.5–55.8%	NA	NA	65.5–100%
HIV-2												
N = 13	13	13	13(12)	4(3)	13	13	13	13	1	7	0	13
Sensitivity	100%	100%	100%	NA	100%	100%	100%	100%	NA	54%	NA	100%
95% CI (%)	71.7–100%	71.7–100%	71.7–100%	NA	71.7–100%	71.7–100%	71.7–100%	71.7–100%	NA	26.1–79.6%	NA	71.7–100%
HIV-1 + 2												
N = 2	2	2	2	2	2	2	2	2	2	1	0	2
Sensitivity	NC	NC	NC	NC	NC	NC	NC	NC	NC	NC	NC	NC
95% CI (%)	NC	NC	NC	NC	NC	NC	NC	NC	NC	NC	NC	NC

(): early reading time; *6/8 weakly positive; **one sample was retested twice and considered to be a weak positive result; NA: not applicable; NC: not calculable. Sensitivity towards divergent viruses was evaluated on 10 HIV-1/O, 13 HIV-2, and two HIV-1 + 2 coinfecting positive whole blood samples with seven 3G RSTs/STs (left part of the table) and two 4G RSTs/STs (right part of the table). For the HIV Combo (Alere) test, the detection of p24Ag is performed with a specific line, distinct from the antibody line. No antigen-specific line was present in the BioTechMed HIV1/2 Rapid-4 test. HIVTOP and BioTechMed HIV1/2 Rapid-4 are designed to discriminate HIV-1 from HIV-2 infections; results for both HIV-1 and HIV-2 are reported.

usage. This should be useful for testing other RSTs for the screening of HCV, HBV, or syphilis infection, even if fresh whole blood (especially finger-stick) is suitable for studies.

This method allowed us to test an extensive panel of 512 samples representative of most situations encountered, such as a negative status in at-risk populations, primary HIV infection, and infection with pandemic strains (HIV-1 group M), as well as infections with divergent HIV-2 and HIV-1/O strains, which challenge HIV diagnosis in regions where they circulate. Specificity ranged from 98.5 to 100%, comparable to that of most of EIAs [39], and sensitivity for the detection of various HIV-1/M infections was excellent, irrespective of the subtype. Although our panel contained various pandemic strains, further evaluations are needed in specific regional contexts, especially in sub-Saharan countries, in which numerous HIV variants circulate. Previous reports have highlighted failures to detect HIV-positive patients effectively treated for years or those treated at the primary infection stage; this may be explained by a low titre of circulating antibodies, especially for tests based on oral fluids [15,40]. Here, there was no difference in the results between the 100 naïve patients and the 125 ART-experienced HIV-1/M infected patients (of whom 44% had undetectable viral loads), highlighting no major impact of ART. We cannot exclude that failures in antibody detection may occur on rare occasions in patients with undetectable plasma viral load for years; however, this may not represent an important public health issue, because such individuals do not correspond to those targeted by these tests.

We report a frequent failure to diagnose patients infected with divergent variants. For HIV-2, the BioTechMed web test detected only 54% of mono-infections. Another challenge for rapid tests is to discriminate between HIV-1 and HIV-2 infections, as confirmed here using HIVTOP and BioTechMed. Although this point has been previously reported [24,41], such tests are still largely used in diagnosis and typing algorithms [42,43]. Previous data and those here highlight the need of manufacturers to improve these tests and that type-specific molecular tools are the only way to accurately diagnose a mono- or dual infection. The problem was more acute for HIV-1/O, as among the nine tests, only VIKIA HIV 1/2 and HIV Combo were able to detect all positive samples, with BioTechMed detecting only two. These samples, mainly from treated patients, revealed clear differences between the tests. These results may reflect a validation step of the tests in which a limited number of HIV-1/O samples, not representative of the high intra-group genetic diversity, is probably used [44]. Even if the global prevalence of HIV-1 group O and HIV-2 infections is relatively low, such poor clinical sensitivity is still problematic, as up to two million patients are infected by these major variants and live in countries where rapid tests are already extensively used. It is therefore essential to have tools that can distinguish between true HIV-2 mono-infection and dual HIV-1 + 2 infections, as well as correctly detect group O infections, owing to their specific management [45,46].

Results from samples collected during primary infection showed that 3G tests can be highly sensitive, despite the absence of p24Ag

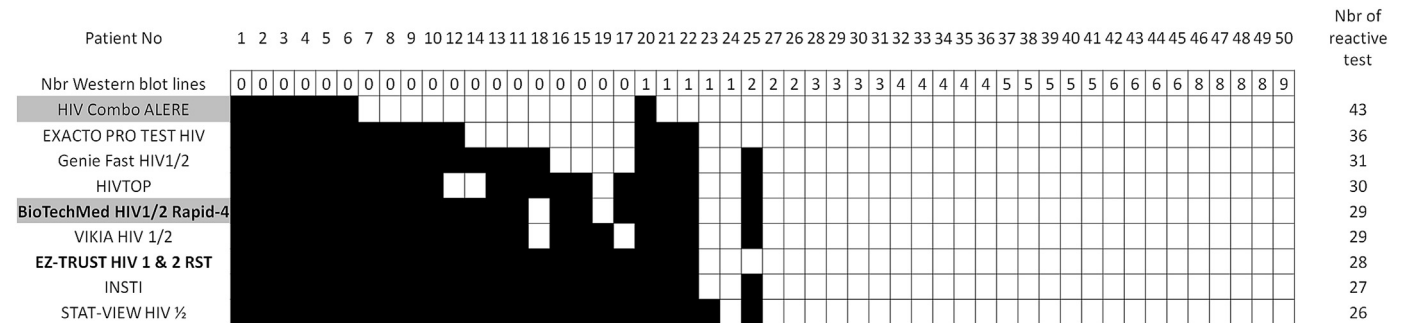


Fig. 2. Performance of the nine RSTs/STs on the panel of PHI samples, classified according to the WB profiles. The performance of seven 3G RSTs/STs and two 4G RSTs/STs (underlined in grey) was evaluated on a panel of 50 reconstituted whole blood samples from 50 patients during the PHI stage. The number of western blot lines are reported. The tests bought on websites are shown in bold. For the HIV Combo (Alere) test, the detection of p24Ag is performed with a specific line, distinct from the antibody line; we report the combined (Ag + Ab) result. A positive result was assigned to the sample if either the HIV-1 or HIV-2 line was positive for the HIVTOP and BioTechMed HIV1/2 Rapid-4 tests. The positive (in white) or negative result (in black) is represented for each sample.

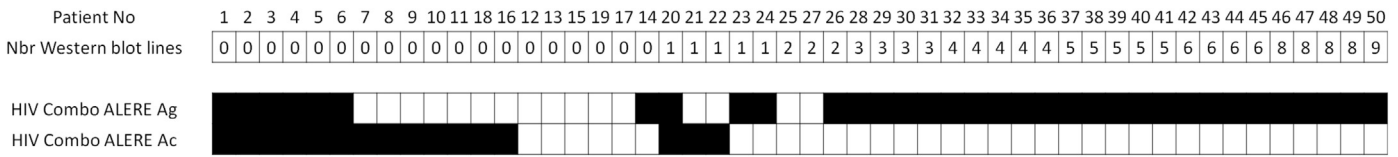


Fig. 3. Difference in the detection of antigens and antibodies with the HIV Combo (ALERE) test on the panel of PHI samples, classified according to the WB profiles. The positive (in white) or negative result (in black) is represented for each sample. An HIV-positive result is given if at least either Ag or Ab detection is reactive.

detection. The most sensitive RST, EXACTO PRO, could detect 36/50 samples versus the 26/50 detected with the less sensitive STAT-VIEW. The results were better with the new 4G Alere test, HIV Combo, which could detect 43/50 samples, allowing detection of seven additional samples (of which six were Ag reactive only) relative to the earliest-detecting 3G test. Specific analysis of p24Ag detection showed that this RST appears to be well adapted to various strains (except HIV-2, in accordance with the manufacturer’s instructions), although we did not evaluate analytical sensitivity. Our data are in accordance with recent results showing that this test can shorten serological windows [47–49]. Nonetheless, this needs to be confirmed on a larger scale and compared to other 4G RSTs, such as the WHO prequalified SD Bioline test, recently evaluated using a serum matrix [49,50]. Here, we performed a comparison with the BioTechMed non-CE-marked/FDA-approved/WHO prequalified test, sold as a 4G SF by a web-based vendor; finally, this test detected fewer PHI samples than three 3G tests (29 versus 30, 31, and 36) and none of the p24Ag samples reconstituted from viral supernatants.

This last observation highlights the concerns of STs available via commercial websites. As no scientific evaluation was provided by these websites or found in literature, we wished to determine the performance of such tests, which are not CE-marked, FDA-approved, or WHO prequalified, on our extensive panel. Our results showed varying performance depending on the test; indeed, if the EZ Trust HIV 1&2 Rapid Screen Test did not provide globally bad results, except for the detection of HIV-1/O, the second one, BioTechMed HIV1/2 Rapid-4, clearly performed poorly for the detection of HIV-1/O and HIV-2. Another point is the sales practices. First, although the sale of HIV STs on websites in France is forbidden, except on allowed pharmacy websites, these vendors were clearly able to override it, since there was no restriction nor information concerning a restriction when we ordered from France. Another concern is the discrepancy between ordered and received devices; indeed, data obtained with BioTechMed HIV1/2 Rapid-4 on the PHI panel, associated with the absence of a specific Ag reading line, clearly demonstrate that it was a 3G test sold as a 4G test. Thus, this did not correspond to the order, and is of concern for people who believe that they

Table 7
Detection of p24 antigen by the 4th generation RSTs/STs.

Group	Subtype	Final concentration (pg/mL) ^a	BioTechMed HIV1/2 Rapid-4		HIV combo	
			T1	T2	Ag	Ab
HIV-1/M	B	145	–	–	+	–
HIV-1/M	CRF01_AE	147	–	–	+	–
HIV-1/M	CRF02_AG	145.5	–	–	+	–
HIV-1/M	A	144	–	–	+	–
HIV-1/M	C	134.5	–	–	+	–
HIV-1/M	D	137.5	–	–	+	–
HIV-1/M	H	130	–	–	+	–
HIV-1/M	cpx	149	–	–	–	–
HIV-1/O	H	153.6	–	–	+	–
HIV-1/N	NA	100	–	–	+	–
HIV-1/P	NA	149.8	–	–	–	–
HIV-2	B	ND	–	–	–	–

The performance of the two 4G tests to detect p24Ag only was evaluated on a panel of 12 reconstituted whole blood samples loaded with HIV culture supernatant. The p24 concentrations mimic the physiopathological *in vivo* concentration during PHI.

^a After reconstitution of whole blood.

are buying a test that can detect the early stages of the HIV infection. The concern was different for the other test; during the evaluation, we received two tests with different packaging, the first entitled EZ Trust HIV 1&2 Rapid Screen Test and the second iCare HIV 1&2 Rapid Screen Test, without a reason for this switch provided by the vendor. These two tests are, in fact, the same device provided by twin companies [CS Innovation Ltd. and JAL Innovation Pte Ltd., respectively]. Altogether, these data show that buying STs through certain web-based vendors is clearly risky, consistent with a recent investigation in Switzerland, highlighting that buying such “susceptible” devices on such websites is not recommended [51].

In conclusion, our data, based on an extensive panel of samples representative of varying clinical status and HIV genetic diversity, show that care must still be taken for the detection of major HIV variants and that adding specific p24Ag detection allows identification during early stages of HIV infection. This study also shows, for the first time, that buying via web-based vendors can be risky, due to the varying performance of non-qualified tests and questionable sales practices; CE-marked, FDA-approved assays, or at least those prequalified by the WHO, provided by manufacturers or distributors that respect regional regulations, should therefore be favoured. Our results are of particular importance in the context of the increasing use of rapid tests in an “outside laboratory” setting.

Author’s contributions

TM, VL, MLC, and JCP conceived and designed the study. VD, CD, ME, and MLC contributed to the sampling. TM and VL performed the experiments. TM, VL, and JCP analysed the data. TM, VL, and JCP wrote the first draft of the manuscript. VD, CD, EAG, ME, FS, and MLC revised the manuscript. All authors read and approved the final version of the manuscript.

Declaration of interests

We declare no competing interests.

HIV Combo (Alere) and EXACTO PRO TEST HIV (Biosynex) were provided by the manufacturers. Genie Fast HIV1/2 (Bio-Rad), HIVTOP (Biosynex), INSTI (bioLytical), STAT-VIEW HIV 1/2 (Chembio diagnostic systems), and VIKIA HIV 1/2 (bioMérieux) were bought directly from French distributors or manufacturers. EZ-TRUST HIV 1 & 2 Rapid Screen Test (CS Innovation Ltd) and BioTechMed HIV1/2 Rapid-4 (BioTechMed) were bought directly from websites.

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