



# DNA methylation markers that correlate with occult lymph node metastases of non-small cell lung cancer and a preliminary prediction model

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**Background:** Lymph node (LN) metastasis status is the most important prognostic factor and determines treatment strategy. Methylation alteration is an optimal candidate to trace the signal from early stage tumors due to its early existence, multiple loci and stability in blood. We built a diagnostic tool to screen and identify a set of plasma methylation markers in early stage occult LN metastasis.

**Methods:** High-throughput targeted methylation sequencing was performed on tissue and matched plasma samples from a cohort of 119 non-small cell lung cancer (NSCLC) patients with a primary lesion of less than 3.0 cm in diameter. The methylation profiles were compared between patients with and without occult LN metastases. We carried out a set of machine-learning analyses on our discovery cohort to evaluate the utility of cell free DNA methylation profiles in early detection of LN metastasis. Two preliminary prognostic models predictive of LN metastasis were built by random forest with differentially methylated markers shared by plasma and tissue samples and markers present either in plasma or tissue samples respectively. The performance of these models was then evaluated using receiver operating characteristic (ROC) statistics derived from ten-fold cross validation repeated ten times.

**Results:** Within this cohort, 27 cases (27/119, 22.7%) were found to have occult LN metastases found by pathological examination. Compared with those without metastases, 878 and 52 genes were differentially methylated in terms of tissue (*MTA3*, *MIR548H4*, *HIST3H2A*, etc.) and plasma (*CIRBP*, *CHGB*, *FCHO1*, etc.) respectively. 19 of these genes (*ICAM1*, *EPH4*, *COCH*, etc.) were overlapped. We selected 22 pairs of cases with or without occult LN metastasis by matching gender, age, smoking history and tumor histology to build and test the plasma model. The AUC of the preliminary prediction model using markers shared by plasma and tissue samples and markers present either in plasma or tissue samples is 88.6% (95% CI, 87.8–89.4%) and 74.9% (95% CI, 72.2–77.6%) respectively.

**Conclusions:** We identified a set of specific plasma methylation markers for early occult LN metastasis of NSCLC and established a preliminary non-invasive blood diagnostic tool.

**Keywords:** Occult lymph node metastasis; non-small cell lung cancer (NSCLC); methylation; plasma cell-free DNA

Submitted Mar 01, 2020. Accepted for publication Mar 27, 2020.

doi: 10.21037/tlcr.2020.03.13

View this article at: <http://dx.doi.org/10.21037/tlcr.2020.03.13>

## Introduction

The TNM classification is an essential foundation of staging and treatment strategies in non-small cell lung cancer (NSCLC) patients. Lymph node (LN) metastasis is a significant factor compromising prognosis; 5-year overall survival with LNM is only 26–53% (1). Occult LN metastasis accounts for 22.4% of the total occult metastases in resectable NSCLC, and LN metastasis is associated with significantly worse disease-free survival and overall survival (2). The current imaging approaches are not sufficiently precise to diagnose occult LN metastasis before surgery, and invasive biopsy is not widely used due to its technical complexity and high probability of a false negative result. Therefore, more precise and non-invasive methods are warranted to determine the LN status preoperatively and lead to improved treatment strategy.

DNA methylation is an important epigenetic modification that involves differentiation and development, aging, and tumorigenesis. Abnormal DNA methylation is considered to be a hallmark of cancer development, causing instability of chromatin by inactivating gene transcription or suppressing gene transcription (3). Promoter hypermethylation and global DNA hypomethylation are rather common in cancer, and methylation alterations are often the first choice for tracing the signals from early stage tumors due to their early existence in cancer development. Previous studies have demonstrated specific DNA methylation signals for early NSCLC and early recurrence of the curative stage I NSCLC (4–7).

To our knowledge, there is currently no related research exploring the association between DNA methylation and occult LN metastasis in NSCLC. Herein, we aimed to screen and identify methylation biomarkers that could be used for occult LN metastasis diagnosis.

## Methods

### *Patient selection*

The research protocol was approved by the Ethics Committee of the First Affiliated Hospital of Guangzhou

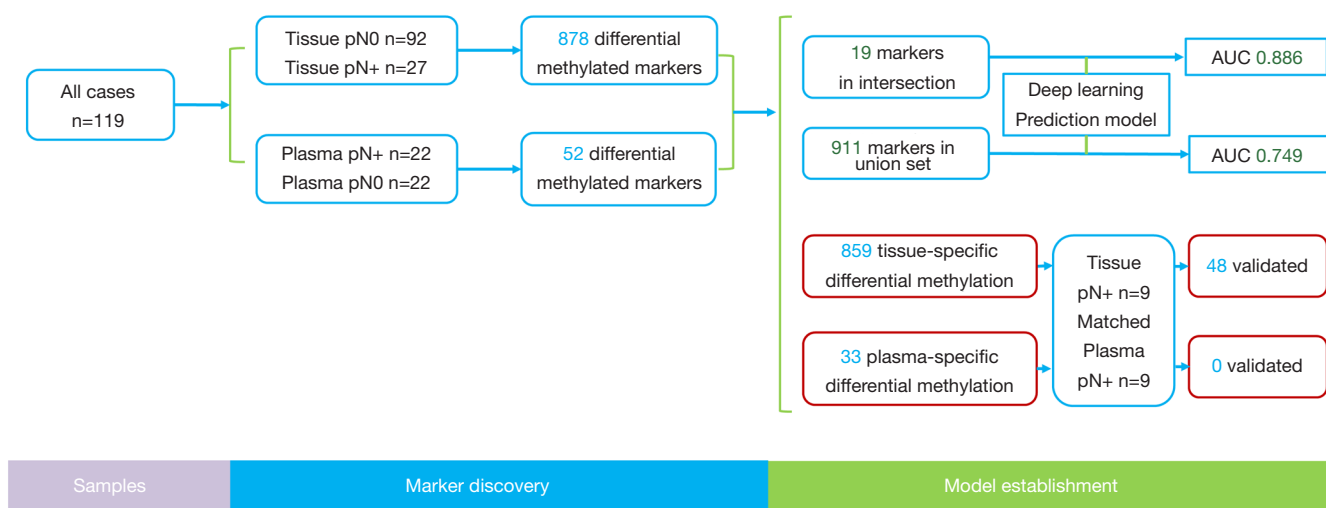
Medical University, and written informed consent was obtained from all patients before the operation using cancer tissue and blood samples. From October 2015 to January 2016, a total of 119 NSCLC patients with primary lesions less than 3.0 cm in diameter undergoing radical resection with or without adjuvant chemotherapy were performed in the Department of Thoracic Surgery of the First Affiliated Hospital of Guangzhou Medical University, of which 44 plasma samples matched. We retrospectively investigated these patients. The inclusion criteria were as follows: complete surgical resection; systemic LN dissection or sampling (at least three N2 stations or complete LN dissection); negative resection margins observed under a microscope; pathologically proven stages of pT1-3N1-2M0 NSCLC (according to the TNM classification of the 8th edition of AJCC); and the follow-up period was more than 4 months. Factors assessed included age, gender, smoking status, and pathological data (histology, primary tumor stage, and LN stage)

### *High throughput targeted methylation sequencing*

A cohort of 119 age-matched malignant lung nodule tissue samples (27 pN+ and 92 pN0) were used for screening and identifying methylation markers specific for LN metastasis. High throughput targeted methylation sequencing was performed on plasma and tissue samples from patients with malignant lung nodules. We previously described the methods in detail (6), mainly including the isolation of tissue genomic DNA and plasma cell-free DNA (cfDNA), Bisulfite conversion and the AnchorIRIS<sup>TM</sup> targeted methylation sequencing.

### *LN status-related feature selection and model establishment*

The methylation profiles were compared between patients with and without occult LN metastases. We used beta binomial distribution base tool DSS package to detect differentially methylated markers from tissue samples. We obtained 878 differential methylation markers that passed FDR cutoff of 0.2 from tissue samples. Two preliminary



**Figure 1** Study design. The study consists of two phases: (I) marker discovery with tissue samples; (II) assay development and model-building and evaluation with plasma samples.

prediction models were built by random forest with differentially methylated markers shared by plasma and tissue samples and markers present either in plasma or tissue samples respectively. The performance of these models was then evaluated using receiver operating characteristic (ROC) statistics derived from ten folds cross validation repeated ten times. Bootstraps resample methods with 100 repetitions were used for these activities.

### Statistical analyses

Categorical data were analyzed by Pearson's chi-squared test (SPSS, version 22.0, Chicago, IL, USA), a two-sided P value of less than 0.05 was considered statistically significant. We used the LASSO logistic regression model with penalty parameter tuning that had been conducted using 10-fold cross-validation based on minimum criteria. The likelihood ratio test with backward stepdown selection was applied to the multivariate logistic regression model. Detailed descriptions of the LASSO algorithm and DCA are provided in the supplementary data. R statistical software (v3.4, Bell Laboratories, Murray Hill, NJ, USA) was used for all statistical tests. We used the "glmnet" package to perform the LASSO logistic regression model analysis. Random forest implemented in Random Forest R package was used to build the predictive model.

The VIFs were calculated using the "car" package. The

ROC curves were plotted using the "pROC" package.

## Results

### Patient baseline characteristics and study design

The study flowchart and AnchorMonarch-based deep learning system is shown in *Figure 1*. Retrospective study was performed on a total of 119 cases with NSCLC at pathological stages I–III. The 119 cases included 13 patients with squamous cell carcinoma (SCC), 101 patients with adenocarcinoma, and 5 patients with all other cancer types. Of the total cases, 85.7% were under 70 years old and 52.1% were female. The distribution of adenocarcinoma subtypes was as follows: AIS, 7 (6.9%); MIA, 20 (19.8%); and IA, 74 (73.3%). The distribution of pN stage was as follows: pN0, 91 (76.5%); pN1, 8 (6.7%); pN2, 19 (16.0%); and others, 1 (0.8%). The baseline characteristics of the patients in this study are shown in *Table 1*.

### General characteristics of pN0 group and pN+ group in 119 cases

The 119 cases with pN0 consisted of 29% males and 48% females (pN+ in males: 18% *vs.* pN+ in females: 4%;  $P=0.000$ ). The pathology in pN0 and pN+ with AIS, MIA, IA, SCC and other were as follows: 6%, 17%, 47%, 6% and

**Table 1** General characteristics of study population

Characteristic	N=119 (%)
Age, years	
<70	102 (85.7)
≥70	17 (14.3)
Gender	
Male	57 (47.9)
Female	62 (52.1)
Histological type	
SCC	13 (10.9)
ADC	101 (84.9)
Others	5 (4.2)
ADC subtypes	
AIS	7 (6.9)
MIA	20 (19.8)
IA	74 (73.3)
pN stage	
pN0	91 (76.5)
pN1	8 (6.7)
pN2	19 (16.0)
Others	1 (0.8)

SCC, squamous cell carcinoma; ADC, adenocarcinoma; AIS, adenocarcinoma *in situ*; MIA, minimally invasive adenocarcinoma; IA, invasive adenocarcinoma.

2% vs. 0%, 0%, 15%, 5% and 3%, respectively, P=0.003. General characteristics of the pN0 group and pN+ group are shown in Table 2.

#### **Differential methylation of pN0 group and pN+ group based on tissue samples**

A cohort of 119 age-matched malignant lung nodule tissue samples, pN+ 27 cases vs. pN0 92 cases, respectively. Analysis of significantly different signals after AnchorIRISTM targeted methylation sequencing, we obtained a total of 878 differential methylation markers. Two hundred twenty nine genes, such as (*ALDH7A1*, *ALG10*, *ALOX5*, etc.) were hypermethylated and 649 genes, such as (*ABCB1*, *ABCB4*, *ABCG1*, etc.) were

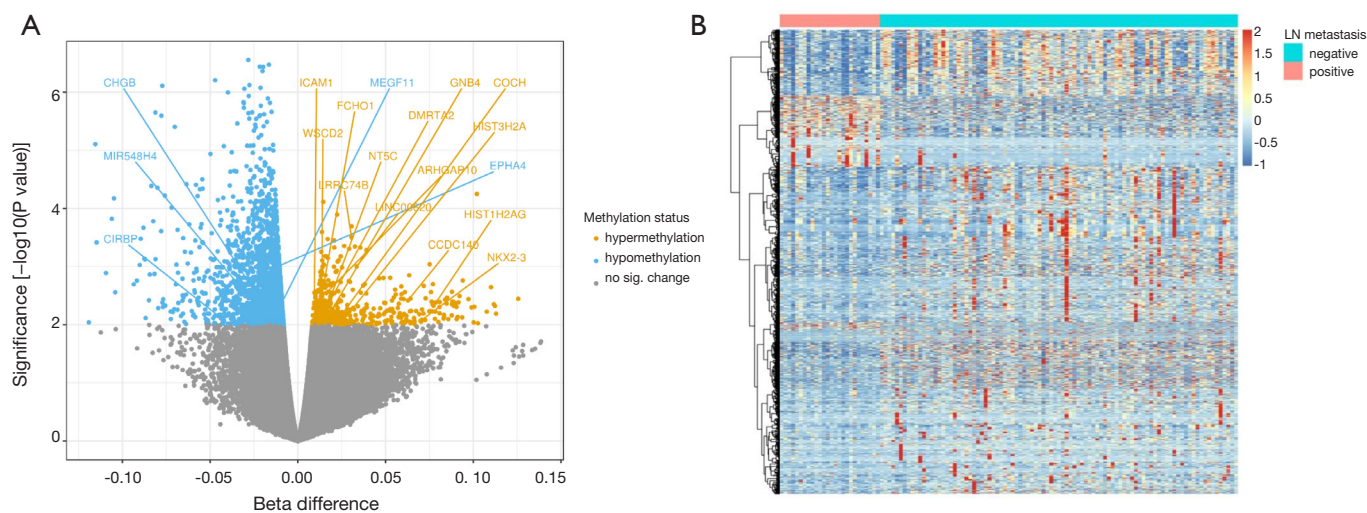
**Table 2** Characteristics of pN+ and pN0 patients

Variable	pN0 [92]	pN+ [27]	Total [119]	P value
Age				0.720
40–55	32 [27]	11 [9]	43 [36]	
56–70	49 [41]	12 [10]	61 [51]	
≥71	11 [9]	4 [3]	15 [12]	
Gender				0.000
Male	35 [29]	22 [18]	57 [48]	
Female	57 [48]	5 [4]	62 [52]	
Smoking history				0.325
Current smoker	16 [13]	9 [8]	25 [21]	
Former smoker	9 [8]	3 [3]	12 [10]	
Never smoker	54 [45]	12 [10]	66 [56]	
Unknown	13 [11]	3 [3]	16 [13]	
Pathology				0.003
AIS	7 [6]	0 [0]	7 [6]	
MIA	20 [17]	0 [0]	20 [17]	
IA	56 [47]	18 [15]	74 [62]	
SCC	7 [6]	6 [5]	13 [11]	
Other	2 [2]	3 [3]	5 [4]	

hypomethylated (Figure 2A,B).

#### **Differential methylation of pN0 group and pN+ group based on plasma samples**

With plasma samples, we detected 52 differentially methylated markers associated with LN metastasis. Hypermethylation on 32 genes, such as *TNFRSF1B*, *DMRTA2*, *VAV3-AS1*, *HIST3H2A*, *PALD1*, *NKX2-3*, *FAM24B-CUZD1*, *LRRC32*, *MAP3K12* and *WSCD2*, etc. were identified between the two groups. Hypomethylation on 20 genes, such as *RAB42*, *KCNN3*, *UBE2L6*, *RARG*, *CRY1*, *MTUS2*, *TMEM179*, *MEGF11*, *MIR548H4* and *NAGS*, etc. were also detected (Figure 3A). 19 out of 52 markers discovered in plasma samples were also detected in tissue samples. The overlapped cluster of 19 genes in occult LN metastasis included *CIRBP*, *CHGB*, *MEGF11*,



**Figure 2** Differential methylation markers in pN0/pN+ malignant tissue and plasma samples. (A) Volcano map of 878 significantly differential methylation markers that distinguish pN0/pN+ malignant tissue samples. Annotated genes are markers shared with pN+ plasma; (B) Heatmap of 878 differential methylation markers that distinguish pN0/pN+ malignant tissue samples. Samples are in columns and markers are in rows. The Manhattan distances were calculated between markers. The ward.D2 method was used for Hierarchical clustering of markers.

*MIR548H4, EPHA4, DMRTA2, CCDC140, NKX2-3, HIST1H2AG, NT5C, LINC00620, WSCD2, COCH, ARHGAP10, LRR74B, ICAM1, GNB4, HIST3H2A and FCHO1 (Figures 2A,3B).*

#### ***LN metastasis ROC categorized by plasma samples***

Random Forest established two preliminary prediction models with differential methylation markers shared by plasma and tissue samples and markers present separately in plasma or tissue samples. The performance of these models was then assessed by ROC statistics stemmed from ten folds cross validation repeated ten times. ROC of the model built with a cluster of the 19 overlapped genes differentially methylated markers shared by tissue and plasma samples (Figure 4), the AUC of the preliminary prediction model is 88.6% (95% CI, 87.8–89.4%). ROC of the model built with 911 genes differentially methylated markers present in either tissue or plasma samples, and the preliminary prediction model is 74.9% (95% CI, 72.2–77.6%).

#### ***Tissue and plasma specific methylation differential markers in 9 matched occult LN metastasis of NSCLC patients***

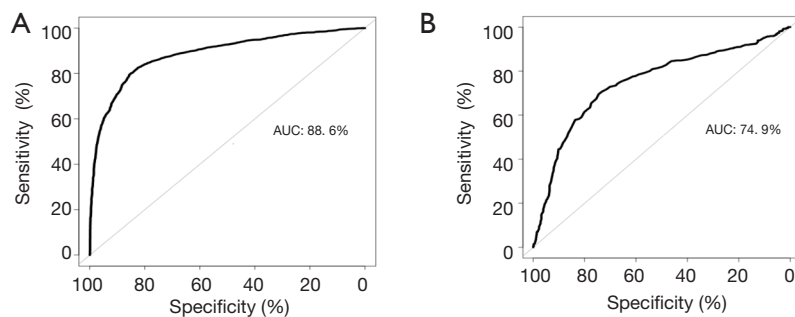
We sought to find out the differential methylated markers

specifically in plasma samples and in tissue samples. In the whole dataset, we discovered 33 markers specifically methylated in plasma samples and 859 markers specifically methylated in tissue samples. In this cohort, there were 9 cases of occult LN metastasis with matching plasma samples. Significantly different methylation signals (Figure S1) were extracted and matched with the differential panel for occult LN metastases. 48 tissue-specific differential methylation markers were identified, included *ALDH7A1, ALG10, BACH2, BCAS4, BCL11A, BCL6B, C14orf37* (Table S1). However, none of the 33 plasma-specific differential methylation markers were validated by matching the plasma 52 differentially methylated markers.

#### **Discussion**

To the best of our knowledge, this is the first study to show a specific non-invasive blood diagnostic tool cfDNA methylation markers in occult LN metastasis of NSCLC and to observe its predictive value. Previously, it was assumed that adenocarcinoma, upper or middle lobe located lesions, tumor size >3.0 cm, and primary tumor FDG-PET/CT SUVmax >4.0 g/mL were significant risk factors for occult mediastinal LN metastasis, and 68% of these metastatic foci were smaller than 4.0 mm (8). Furthermore, papillary-predominant and solid-predominant subtypes were





**Figure 4** ROC of the LN metastasis classifier for malignant lung nodule plasma samples. (A) ROC of model built with 19 differentially methylated markers shared by tissue and plasma samples; (B) ROC of model built with 911 differentially methylated markers present in either tissue or plasma samples. ROC, receiver operating characteristic; LN, lymph node.

significantly higher in occult nodal metastasis rate (9). We previously performed a radiomics nomogram to predict LN metastasis in solid lung adenocarcinoma, and showed that fourteen radiomics features were significantly correlated with LNM. Excellent calibration and discrimination in the training cohort and validation cohort were achieved, with an AUC of 0.871 and 0.856, respectively (10). However, the radiomics model was based on relatively large tumors and none of the above has been found to direct occult metastasis of LNs. Considering the difficulty in obtaining occult LN metastasis tissue, we still need desirable diagnostic tools to judge preoperative occult LN metastasis and postoperative residual LN metastasis.

LN metastases are driven by high tumor burden and specific biology. Greater tumor size is associated with higher risk for LN metastases (11). On the other hand, highly motivated tumor cells and a promoting environment contribute to this process especially in the early phase of disease. Occult metastasis of LNs is featured by small primary tumor and small LN burden, where biology plays a key role. Aberrant methylation is common in NSCLC and represents a promising marker for the molecular staging of these patients (12).

In this study, high-throughput targeted methylation sequencing was performed on plasma and matched tissue samples from a cohort of 119 lung cancer patients with a primary lesion less than 3.0 cm in diameter. The methylation profiles were compared between cases with and without occult LN metastases. There were no significant differences in age, gender, and smoking status between the two groups, but there were significant differences in pathological types. Invasive adenocarcinoma and other tumors (carcinoid, large cell carcinoma, mucoepidermoid

carcinoma and lymphoepithelioma like carcinoma) significantly increased occult LN metastasis ( $P=0.003$ ).

We obtained 878 differential methylation markers that passed FDR cutoff of 0.2. The selected methylation markers were subsequently used in building a robust statistical model for predicting LN metastasis in 22 pN+ and 22 pN0 plasma samples of NSCLC patients. 37% (19 out of 52 genes) of these cluster markers could be found in the matched tissue samples. We built a random forest predictive model with 19 markers shared by tissue and plasma samples and achieved an AUC of 88.6% (95% CI, 87.8–89.4%). We also attempted to build another predictive model with 911 markers present in either tissue or plasma samples and achieved an AUC of 74.9% (95% CI, 72.2–77.6%).

In summary, we have identified some DNA methylation markers for occult LN metastasis of NSCLC and developed a model for predicting occult LN metastasis with cell free DNA. Future clinical studies with larger sample size are needed to confirm this promising result.

### Acknowledgments

*Funding:* This work was supported by the following funding: China National Science Foundation (Grant No. 81871893 & No. 81501996); Key Project of Guangzhou Scientific Research Project (Grant No. 201804020030); National Key Technology R&D Program (2018YFC1311900), Guangdong Science and Technology Foundation (2019B030316028).

### Footnote

*Conflicts of Interest:* All authors have completed the ICMJE

uniform disclosure form (available at <http://dx.doi.org/10.21037/tlcr.2020.03.13>). WL serves as an unpaid Associate Editor-in-Chief of *Translational Lung Cancer Research*. The other authors have no conflicts of interest to declare.

**Ethical Statement:** The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The protocol of this study was approved by the Ethics Committee of the First Affiliated Hospital of Guangzhou Medical University (No. Kls2015-25).

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**Cite this article as:** Chen Z, Xiong S, Li J, Ou L, Li C, Tao J, Jiang Z, Fan J, He J, Liang W. DNA methylation markers that correlate with occult lymph node metastases of non-small cell lung cancer and a preliminary prediction model. *Transl Lung Cancer Res* 2020;9(2):280-287. doi: 10.21037/tlcr.2020.03.13