

Systemic pharmacokinetics following intravitreal injections of ranibizumab, bevacizumab or aflibercept in patients with neovascular AMD

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ABSTRACT

Background Data comparing systemic exposure and systemic vascular endothelial growth factor (VEGF) suppression of ranibizumab, bevacizumab and aflibercept following intravitreal injection are lacking.

Methods Fifty-six patients with wet age-related macular degeneration received intravitreal ranibizumab (0.5 mg), bevacizumab (1.25 mg), or aflibercept (2.0 mg). Serum pharmacokinetics and plasma free VEGF were evaluated after the first and third injections.

Results Following the first dose, systemic exposure to aflibercept was 5-, 37-, and 9-fold higher than ranibizumab, whereas, bevacizumab was 9-, 310-, and 35-fold higher than ranibizumab, based on geometric mean ratio of peak and trough concentrations and area under the curve, respectively. The third dose showed accumulation of bevacizumab and aflibercept but not ranibizumab. Aflibercept substantially suppressed plasma free VEGF, with mean levels below lower limit of quantitation (10 pg/mL) as early as 3 h postdose until ≥7 days postdose. Mean free (unbound) VEGF levels with ranibizumab were largely unchanged, with mean trough level of 14.4 pg/mL compared with baseline of 17 pg/mL.

Conclusions There are notable differences in systemic pharmacokinetics and pharmacodynamics among anti-VEGF treatments after intravitreal administration. All three agents rapidly moved into the bloodstream, but ranibizumab very quickly cleared, whereas bevacizumab and aflibercept demonstrated greater systemic exposure and produced a marked reduction in plasma free VEGF. **Trial registration number** NCTO2118831.





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INTRODUCTION

The discovery that anti-vascular endothelial growth factor (VEGF) agents injected intravitreally can reverse the anatomic and visual symptoms of neovascular (wet) age-related macular degeneration (AMD) revolutionised the treatment of wet AMD and other neovascular diseases of the retina. The safety and efficacy profiles of these drugs have been recognised in their adoption as first-line treatment for wet AMD.

Three drugs—ranibizumab, bevacizumab and aflibercept—account for the vast majority of anti-VEGF injections, of which two, ranibizumab and aflibercept, were specifically developed for intravitreal administration and approved by the US Food and Drug Administration (FDA) for treatment of wet AMD. Ranibizumab is also approved in the

USA for treatment of macular oedema following retinal vein occlusion and diabetic macular oedema, and aflibercept is also approved in the USA for macular oedema following central retinal vein occlusion.

Ranibizumab, bevacizumab and aflibercept differ in their molecular weight, structure and pharmacokinetics. Bevacizumab, designed and developed to starve solid tumours of their blood supply by systemically inhibiting angiogenesis, is a 149 KDa fulllength, bivalent monoclonal antibody against VEGF-A.² It is salvaged from proteolytic catabolism and recycled via binding to FcRn in endothelial cells, resulting in a long systemic half-life of approximately 20 days following intravenous infusion.² Ranibizumab is a 48 KDa monovalent monoclonal antibody fragment, the antigen-binding Fab without the Fc domain.³ This structure was designed to prevent FcRn binding and, therefore, to dramatically shorten its systemic half-life to approximately 2 h after entering systemic circulation from the eye⁴ and to facilitate distribution across all retinal layers to the choroidal vasculature. Aflibercept, by contrast, is a 115 KDa Fc fusion protein combining the binding domains of VEGF receptors 1 and 2 with an Fc antibody fragment, and was developed for intraocular injection and a systemic infusion.6 Because it has an intact Fc region, it is likely to be subject to FcRn recycling, which is supported by a serum half-life of approximately 5-6 days following intravenous administration.7

Off-label use of bevacizumab is driven by cost-to-patient considerations and similar efficacy in several comparative clinical trials in wet AMD. 8-13 Although visual outcome was non-inferior to ranibizumab in the Comparison of AMD Treatment Trials (CATT) trial, bevacizumab patients had a higher incidence of systemic serious adverse events (SAEs) at 1 and 2 years (OR 1.3), which was statistically significant at both time points. 12 13 A meta-analysis of 2-year CATT and Inhibition of VEGF in Age-related Choroidal Neovascularisation (IVAN) studies showed a similar result (OR 1.32; 95% CI, 1.08 to 1.59).8 While a comprehensive understanding of these findings is lacking as some of the SAEs are not typically associated with VEGF inhibition, the clinical experience with systemic VEGF inhibition in oncology has established that systemic VEGF inhibition is associated with several 'class' adverse effects, including hypertension, proteinuria, arterial thromboembolic events,

cardiomyopathy, haemorrhage, wound healing complications, gastrointestinal perforation, and reversible posterior leukoence-phalopathy syndrome. ¹⁴ Even though only small amounts of the anti-VEGF drugs are released from the eye into the systemic circulation compared with doses used in oncology, these agents are very potent, with IC50 values in the subnanomolar range, and systemic levels that appear sufficient to suppress circulating VEGF. ^{15–18} In the IVAN study, the decrease in serum free VEGF from baseline at 12 months and 24 months was significantly greater with bevacizumab compared with ranibizumab. ⁹ ¹⁹

The vitreous half-life of ranibizumab in patients with neovascular AMD estimated from the serum data following intravitreal injection in patients with neovascular AMD was 9 days in a population pharmacokinetic (PK) model.⁴ On reaching the systemic circulation, ranibizumab is cleared with an elimination half-life of approximately 2 h.⁴ By directly measuring aqueous half-lives, the vitreous half-lives of ranibizumab and bevacizumab have been estimated to be 7.2 and 9.8 days.²⁰ ²¹ Comparable data for bevacizumab and aflibercept are lacking, as are studies comparing the systemic levels of ranibizumab, bevacizumab and aflibercept, and their relative effects on circulating VEGF. In the present prospective study, we evaluated serum drug levels and plasma free VEGF levels in patients with neovascular AMD following intravitreal injections of ranibizumab, bevacizumab, or aflibercept.

METHODS Study design

This prospective study enrolled patients with neovascular AMD who were naive to anti-VEGF therapy or had not received intravitreal anti-VEGF therapy for the previous 4 months. Patients were excluded if they were unwilling to receive three monthly injections of anti-VEGF as initial therapy, had received systemic anti-VEGF for cancer treatment in the past year, were on dialysis, or had undergone vitrectomy. Consecutive eligible patients seen in a single private practice, California Retinal Consultants (CRC), were sequentially offered enrolment into the study. Fifteen AMD patients were allocated to the bevacizumab group, 20 to the ranibizumab group, and 21 to the aflibercept group (N=56). Each study participant received 3 monthly intravitreal injections of ranibizumab 0.5 mg, bevacizumab 1.25 mg, or aflibercept 2.0 mg (all sourced commercially, with Avastin provided by a single compounding pharmacy) as part of the normal course of their retinal care. All patients provided written informed consent for study participation. This study received Institutional Review Board approval and was conducted in accordance with current US FDA Good Clinical Practices (GCP) and local ethical and legal requirements. Blood samples were collected at screening, 3 h postinjection, and days 1, 3, 7 and 28, following doses 1 and 3 for PK and systemic VEGF analysis.

The primary study objective was to assess systemic drug PK and free (unbound) VEGF for anti-VEGF-treated patients after the first and third doses of therapy. A secondary objective was to evaluate differences in PK and free VEGF between molecules. Outcome measures included serum PK and plasma free VEGF levels for ranibizumab, bevacizumab and aflibercept, following dose 1 and dose 3 at baseline, 3 h postinjection, and days 1, 3, 7 and 28.

Sample collection and analysis

Plasma samples for free VEGF analysis were collected using CTAD (citrate, theophylline, adenosine, dipyridamole) tubes, which contain a combination of anticoagulant agents shown to prevent platelet activation, minimising the release of platelet-

derived growth factors and cytokines, including VEGF.²² Serum samples were obtained for drug PK analysis. Blood (6 mL) was drawn on-site at CRC, centrifuged, and frozen at -70°C, on-site within 2 h of collection, and kept frozen until shipping. Blood samples for plasma free VEGF were collected and shipped to Covance (Princeton, New Jersey, USA), where samples were banked and shipped in bulk to Pharmaceutical Product Development, LLC (PPD; Wilmington, North Carolina, USA) for analysis. Sample analysis was performed by PPD staff blinded to study information other than treatment allocation. PK analyses were performed by Genentech.

Serum ranibizumab, bevacizumab and aflibercept concentrations were determined using ELISA in which samples were preincubated with molar excess of recombinant-human VEGF-A, followed by capture and detection using specific monoclonal antibody reagents that bind quantitatively to VEGF-drug complexes. The ranibizumab assay was validated, while the bevacizumab and aflibercept assays were fully qualified. The three assays were shown to accurately and reproducibly VEGF-bound and unbound species of each anti-VEGF agent (ie, total drug present in the samples). The lower limit of quantitation (LLOQ) of the ranibizumab, bevacizumab and aflibercept assays were 15.0, 313, and 1000 pg/mL, respectively. Plasma concentrations of free VEGF were determined using Quantikine ELISA kit (R&D Systems, Minneapolis, Minnesota, USA). The kit was used as described by the manufacturer, except that an additional point was added to the calibration curve at 7.8 pg/mL (a twofold dilution of the last standard in the kit) in order to enable the assay to accurately quantify VEGF concentrations at approximately 10 pg/mL; phosphate buffered saline containing 0.05% Tween-20 was used to wash plates between incubation steps, replacing 'Wash Buffer 1' due to the large number of samples; and 3,3',5,5'-tetramethylbenzidine (TMB) substrate incubation time was evaluated between 25 and 30 min compared with the kit instructions of 25 min. With these minor modifications, the resulting assay procedure passed qualification per manufacturer specifications and performed well during sample testing.

Plasma VEGF was measured rather than serum VEGF, in order to exclude measurement of the VEGF sequestered in platelets, and to better approximate the VEGF concentrations to which the endothelial cells are exposed.

Statistical and PK analyses

No formal sample size calculation was performed, and the sample size was chosen to ensure study completion within 1 year. Plasma/serum were collected at predetermined time points at baseline, 3 h postinjection, and days 1, 3, 7 and 28 following dose 1 and dose 3. Concentration data were analysed using non-compartmental PK to determine area under the curve (AUC), peak concentration (C_{max}), and trough concentration (C_{min}). Descriptive statistics were used to summarise the results with no formal hypothesis testing. Serum anti-VEGF drug concentrations and plasma VEGF levels that were below the LLOQ were imputed to one-half the LLOQ value.

RESULTS

Patients

Fifty-six patients (29 male, 27 female) with neovascular AMD were enrolled. The mean age of the patients in the bevacizumab and aflibercept arms was 75 years, and 77 years in the ranibizumab arm.

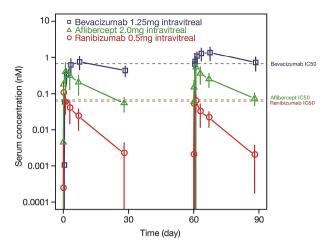


Figure 1 Serum concentration—time curves for ranibizumab, bevacizumab, or aflibercept following intravitreal injection in patients with age-related macular degeneration.

Systemic exposure of ranibizumab, bevacizumab and aflibercept

Systemic exposure to intravitreal administration of ranibizumab, aflibercept and bevacizumab was assessed by $C_{\rm max}$, AUC over 28 days (AUC₀₋₂₈, AUC₆₀₋₈₈), and $C_{\rm min}$ at 1 month after dosing. Mean (SD) serum concentration–time profiles after intravitreal injection of 0.5 mg ranibizumab, 2.0 mg aflibercept and 1.25 mg bevacizumab are presented in figure 1. Systemic exposure data are summarised in table 1.

Following the first intravitreal injection on day 0, C_{max} was reached at median time to C_{max} (t_{max}) of 0.9, 1.1 and 7.0 days for ranibizumab, aflibercept and bevacizumab, respectively. Among the three drugs, systemic exposure to bevacizumab was highest, whereas that of ranibizumab was lowest. Based on the geometric mean ratio of C_{max} , C_{min} , and AUC, respectively, following first dose, systemic exposure to aflibercept was 5-fold, 37-fold and 9-fold higher than ranibizumab, whereas that of bevacizumab was 9-fold, 310-fold and 35-fold higher than ranibizumab. Following the third dose, the differences between

aflibercept versus ranibizumab and bevacizumab versus ranibizumab increased further; based on the geometric mean ratio of C_{max} , C_{min} and AUC, respectively, systemic exposure to aflibercept was 7-fold, 53-fold and 14-fold higher than ranibizumab, whereas, that of bevacizumab was 23-fold, 500-fold and 72-fold higher than ranibizumab.

No accumulation was observed between the first and third doses of ranibizumab, whereas systemic accumulation was observed for aflibercept and bevacizumab. Accumulation ratio between the third and first doses were 1.37 (95% CI 1.03 to 1.83), 1.19 (90% CI 0.77 to 1.84), and 1.27 (95% CI 1.01 to 1.59) for aflibercept and 1.56 (95% CI 1.15 to 2.12), 1.95 (95% CI 1.43 to 2.68), and 1.84 (95% CI 1.37 to 2.48) for bevacizumab, based on the dose 3/dose 1 geometric mean ratio of C_{\min} , C_{\max} , and AUC_{28} , respectively.

When comparing the in vitro IC_{50} values for VEGF based on bovine retinal microvascular endothelial cell proliferation assay, mean serum bevacizumab concentrations were higher than its IC_{50} (0.668 nM²³) at day 3 and day 7 after the first injection, and at all observed time points after the third injection through day 88. Mean aflibercept serum concentrations exceeded its IC_{50} value (0.068 nM²³) at 3 h postdose, and remained above $IC_{50} \ge 7$ days postdose. By contrast, mean ranibizumab serum concentrations exceeded its IC_{50} (0.060 nM²³) transiently at IC_{max} and returned below the IC_{50} by 1–2 days postinjection.

Free systemic VEGF levels

The mean baseline free VEGF levels were 22.5 pg/mL (95% CI 17.3 to 27.6 pg/mL), 19.2 pg/mL (95% CI 15.3 to 23.1 pg/mL) and 17.0 pg/mL (95% CI 11.6 to 22.5 pg/mL) for the bevacizumab, aflibercept and ranibizumab arms, respectively. There is considerable variability at the individual patient level as demonstrated by the box plots in figure 3. In general, these baseline VEGF levels are somewhat lower than those reported in similar studies. This is likely due to the fact that the current study used CTAD tubes and other best practices for plasma collection, thereby minimising platelet activation and/or rupture, which would be expected to result in higher levels of measured VEGF. The appearance of VEGF inhibitors in the systemic circulation was paralleled by differential reduction in the levels of free (unbound) plasma VEGF. Intravitreal bevacizumab appeared to

	Bevacizumab	Ranibizumab	Aflibercept	Geometric mean ratio	
				Bevacizumab/ ranibizumab (95% CI)	Aflibercept/ ranibizumab (95% CI)
First dose					
C _{max} , nM	0.76 (0.31) n=15	0.11 (0.13) n=20	0.45 (0.29) n=21	8.80 (5.59 to 13.8)	4.65 (3.07 to 7.05
C _{min} , nM	0.44 (0.14) n=14	0.002 (0.002) n=19	0.05 (0.02) n=20	310 (188 to 511)	37.3 (23.7 to 58.7
AUC ₀₋₂₈ , nM*h	15.73 (5.76) n=14	0.46 (0.24) n=19	4.32 (1.77) n=20	34.9 (26.4 to 46.1)	9.49 (7.4 to 12.2)
Third dose					
C _{max} , nM	1.47 (0.55) n=15	0.07 (0.05) n=18	0.58 (0.52) n=21	22.7 (14.8 to 34.8)	7.28 (4.91 to 10.8
C _{min} , nM	0.70 (0.29) n=14	0.002 (0.002) n=18	0.07 (0.03) n=21	500 (304 to 822)	52.9 (33.8 to 82.8
AUC _{60–88} , nM*h	29.12 (10.35) n=14	0.41 (0.17) n=18	5.38 (1.77) n=21	72.4 (55.4 to 94.8)	13.5 (10.6 to 17.3

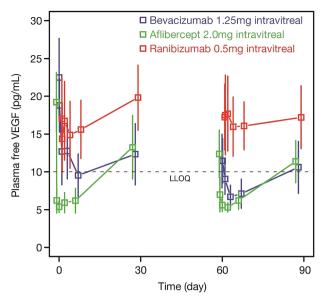


Figure 2 Mean (95% CI) plasma free VEGF concentration following intravitreal injection of ranibizumab, bevacizumab, or aflibercept in patients with age-related macular degeneration. VEGF, vascular endothelial growth factor.

produce significant suppression of free plasma VEGF to a mean $C_{\rm min}$ of $\sim \! 10$ pg/mL following the first dose, and to below the LLOQ between 1 and 7 days following the third dose (figure 2). This increased suppression of free VEGF levels was associated with higher measured serum concentrations of bevacizumab following the third dose.

Intravitreal aflibercept showed the greatest suppression of free plasma VEGF, with the vast majority of samples below the LLOQ after the first and third doses (figure 2). Mean free VEGF levels dropped below LLOQ as early as 3 h postdose and remained below LLOQ until ≥7 days postdose.

Mean free (unbound) VEGF levels following ranibizumab injections were largely unchanged, with only a minimal drop compared with baseline level. Mean trough levels of free VEGF were ~14.4 pg/mL, compared with a baseline of 17 pg/mL.

Individual patient values (figure 3) for aflibercept showed dramatic suppression of free VEGF through day 7, with most samples showing suppression to the LLOQ. Patient values for bevacizumab showed large suppression of free VEGF as well, somewhat less than aflibercept, which was more pronounced after the third dose. Patient values for ranibizumab showed no obvious trend after the first or third dose.

DISCUSSION

The introduction of intravitreal anti-VEGF agents has provided improved outcomes producing a paradigm shift in the treatment of many retinal diseases. Despite the similar visual outcome in many of the head-to-head comparative trials of bevacizumab, ranibizumab and aflibercept in wet AMD, there are significant differences in the molecular structure of these agents, resulting in very different PK profiles, such as systemic exposure after intravitreal injection.

In the bloodstream, Fc-containing molecules are recycled by binding endothelial cell FcRn receptors to protect them from the default degradative pathway within endosomes.²⁴ This recycling decreases the rate of systemic clearance of Fc-containing molecules, such as bevacizumab and aflibercept. Ranibizumab, by contrast, was designed without the Fc domain

to allow for rapid systemic clearance. The serum PK profiles of ranibizumab, bevacizumab and aflibercept observed in the present study are consistent with these differences. Ranibizumab appeared transiently in systemic circulation and was rapidly cleared, with the lowest total systemic exposure as measured by AUC. Bevacizumab, by contrast, was cleared relatively slowly from systemic circulation and appeared to accumulate with repeated dosing. Aflibercept accumulated in systemic circulation less than bevacizumab, but had a systemic exposure (AUC) an order of magnitude greater than ranibizumab.

Ranibizumab had little effect on plasma free VEGF concentrations, whereas bevacizumab significantly reduced free VEGF in plasma, and did so to a greater extent after the third injection, presumably as a result of the observed systemic accumulation of bevacizumab. These findings are consistent with those reported by Carneiro et al¹⁵ and Zehetner et al¹⁸ in which bevacizumab, but not ranibizumab, was associated with significantly reduced plasma free VEGF concentrations 28 days postintravitreal injection in patients with wet AMD. Measurement of plasma free VEGF can be challenging, as platelet rupture and/or activation can lead to release of intracellular VEGF, resulting in increased VEGF levels. The use of CTAD collection tubes ensured that this artefact was minimised. Consequently, our baseline VEGF levels are less than in many similar studies. Another concern with measurements of free VEGF in the presence of anti-VEGF agents (with different dissociation rates) is that VEGF bound to these agents may dissociate differentially during the assay, and thus, affect the measurements. However, the net effect of such process would be an overestimation of free VEGF levels, and furthermore, published data on dissociation rates would not explain the marked difference in reduction of free VEGF levels we observed between ranibizumab and aflibercept patients.²⁵ Furthermore, the IVAN study, which measured serum free VEGF, also found a significant reduction in free VEGF levels among patients treated with bevacizumab, more so than in those treated with ranibizumab. 9 19 Despite its serum concentrations intermediate between ranibizumab and bevacizumab, aflibercept showed the greatest reduction in plasma free VEGF, most likely because of the higher affinity of aflibercept for VEGF compared with bevacizumab.²⁵ In this study, which is limited by its small sample size and lack of formal statistical analysis, it is nevertheless noteworthy that the marked reductions in plasma VEGF correlate with the elevation of mean systemic drug levels above their IC₅₀ for VEGF. The reduction in free VEGF parallels the changes in the serum concentrations of the different inhibitor molecules, and this consistency makes it unlikely that the changes and patterns seen are artefacts for events such as random release of VEGF from platelets.

The movement of aflibercept and bevacizumab into the bloodstream, and the associated reduction in plasma free VEGF was very rapid, seen at 3 h post-treatment. Although this may seem unexpected given the large size of these molecules, Kim $et\ al^{26}$ described a mechanism by which the neonatal Fc receptor facilitates the transport of Fc-containing molecules from the vitreous into the retinal bloodstream.

The registration and comparative trials of ranibizumab and aflibercept have demonstrated a good safety profile without any statistically significant systemic increased risk of arterial thrombolic embolism. However, there have been hints that a safety concern could potentially arise with larger numbers of patients studied or longer follow-up. A meta-analysis of five early AMD trials demonstrated an increased risk of cerebrovascular event if ranibizumab patients were stratified by baseline stroke risk.²⁷ Furthermore, in the second year of the RIDE (NCT00473382)

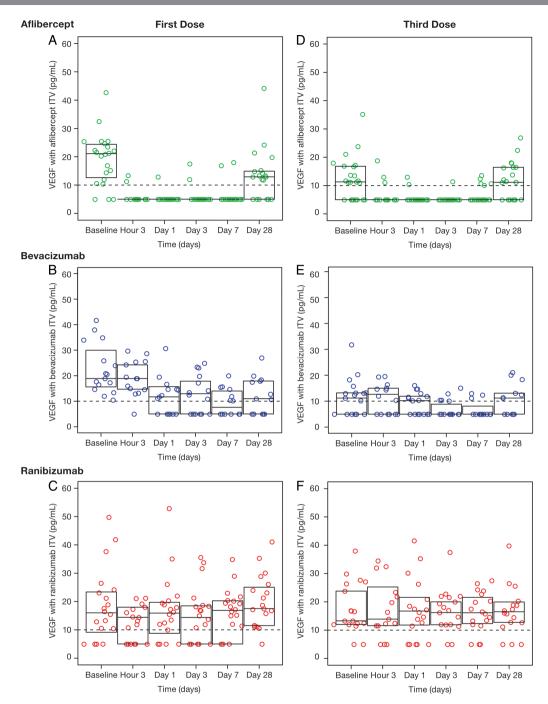


Figure 3 Individual observed plasma free VEGF concentrations following intravitreal injection of ranibizumab, bevacizumab, or aflibercept. ITV, intravitreal; VEGF, vascular endothelial growth factor.

and RISE (NCT00473330) trials of ranibizumab for diabetic macular oedema, an imbalance was noted with deaths and CVAs in the higher dose arms which prompted the approval of the lower, 0.3 mg, dose for diabetic macular oedema in the USA. Interestingly, in the second year of the VISTA trial of aflibercept for diabetic macular oedema, a similar increased incidence of death was reported in the monthly arm with the higher cumulative dose. As previously mentioned, the CATT trial identified an increased risk of systemic SAEs, albeit not always thought to be VEGF mediated, with bevacizumab over ranibizumab, and further meta-analyses have shown a similar increased risk. Although statistically significant in the large CATT trial, this difference has not been consistent in the smaller European

comparative trials. In addition, the European Medicines Agency European Public Assessment Report of aflibercept showed a potential signal for increased cerebrovascular events, many of which were transient ischaemic attacks, in elderly patients with aflibercept compared with ranibizumab, but a slightly lower rate of cardiovascular events. ²⁹ As useful as these head-to-head studies have been, none has the duration of follow-up or the statistical power to detect differences in infrequent systemic adverse events against the noise inherent in studies conducted in a predominantly elderly population. Other observations lending evidence for possible systemic effects of intravitreal anti-VEGF agents are the numerous fellow eye effects that have been reported, especially with bevacizumab. ³⁰ 31

VEGF inhibitors have a well-known systemic safety and tolerability profile due to their use in oncology that outlines a plausible biological explanation for potential systemic SAEs observed in some recent ophthalmology trials, potentially related to reduced systemic VEGF levels.³² The results we report here show differences among the three main intravitreal VEGF inhibitors in their systemic PK and pharmacodynamics that may provide biological plausibility for potential differences in systemic safety risk.

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Contributors RLA conceived and designed the study. AAC, NCS, DSD, DJP, RS, SC, and MAN contributed important intellectual content to the study design and manuscript, and treated study patients. MDR coordinated sample collection, contributed to data collection, and contributed to the manuscript. KL, MM, and JEV designed and validated the analysis methods, performed sample quantitation, analysed data, and contributed to manuscript writing. Ai Ping Lee and Xin Wang (acknowledged) contributed significantly to data reconciliation and analysis. William E Watkins of Envision Scientific Solutions (third party medical writer) drafted the manuscript under direction from Dr Averv.

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