Postsurgical treatment landscape and economic burden of locoregional and distant recurrence in patients with operable nonmetastatic melanoma

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Surgery is the mainstay treatment for operable nonmetastatic melanoma, but recurrences are common and limit patients' survival. This study aimed to describe realworld patterns of treatment and recurrence in patients with melanoma and to quantify healthcare resource utilization (HRU) and costs associated with episodes of locoregional/ distant recurrences. Adults with nonmetastatic melanoma who underwent melanoma lymph node surgery were identified from the Truven Health MarketScan database (1 January 2008 to 31 July 2017). Locoregional and distant recurrence(s) were identified on the basis of postsurgery recurrence indicators (i.e. initiation of new melanoma pharmacotherapy, new radiotherapy, or new surgery; secondary malignancy diagnoses). Of 6400 eligible patients. 219 (3.4%) initiated adjuvant therapy within 3 months of surgery, mostly with interferon α -2b (n = 206/219, 94.1%). A total of 1191/6400 (18.6%) patients developed recurrence (s) over a median follow-up of 23.1 months (102/6400, 1.6% distant recurrences). Among the 219 patients initiated on adjuvant therapy, 73 (33.3%) experienced recurrences (distant recurrences: 13/219, 5.9%). The mean total allcause healthcare cost was \$2645 per patient per month (PPPM) during locoregional recurrence episodes and \$12 940 PPPM during distant recurrence episodes. In the

year after recurrence, HRU was particularly higher in patients with distant recurrence versus recurrence-free matched controls: by 9.2 inpatient admissions, 54.4 inpatient days, 8.8 emergency department admissions, and 185.9 outpatient visits (per 100 person-months), whereas all-cause healthcare costs were higher by \$14 953 PPPM. It remains to be determined whether the new generation of adjuvant therapies, such as immune checkpoint inhibitors and targeted agents, will increase the use of adjuvant therapies, and reduce the risk of recurrences and associated HRU/cost. *Melanoma Res* 28:618–628 Copyright © 2018 The Author(s). Published by Wolters Kluwer Health, Inc.

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Most patients with cutaneous melanoma are diagnosed at early stages, with mainly localized/regional (i.e. nonmetastatic) disease [3]. For patients with cutaneous nonmetastatic melanoma, the mainstay of treatment is local excision of the tumor with wide margins, and lymphadenectomy if regional lymph nodes (LNs) are involved [4]. However, up to half of these patients will develop a recurrence, with ~50% recurrence in regional LNs, 20% local recurrences, and 30% distant recurrences [5,6]. In patients with known LN metastasis, the recurrence rates are even higher [7]. Postrecurrence survival has historically been poor, with a 3-year survival postdistant recurrence of ~16% [8], although odds are improving with recent advances in systemic therapy [9].

The treatment landscape for the advanced stages of melanoma has recently changed at a global level. For patients with stage III melanoma, v1.2018 National

Cutaneous melanoma is responsible for the majority of skin cancer morbidity and mortality [1]. Melanoma represents a global burden, with Australia/New-Zealand, North America, and Europe presenting the highest incidence and mortality rate [2]. In the USA, the incidence of melanoma has increased over the past decades, with 91 270 estimated new cases and 9320 related deaths in 2018 [1].

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Comprehensive Cancer Network (NCCN) guidelines added recommendations for adjuvant therapy with nivolumab and dabrafenib/trametinib (for patients with the BRAF V600 mutation), in addition to the older recommendation for adjuvant therapy with high-dose ipilimumab/interferon α [10]. The European Medicines Agency has also approved the use of nivolumab (either alone or in combination with ipilimumab) as well as the use of dabrafenib/trametinib (for patients with BRAF V600 mutation) for the treatment of advanced melanoma [11,12].

Although the treatment landscape will likely change with the introduction of adjuvant nivolumab and dabrafenib/ trametinib, information on current use of ipilimumab or interferon α in nonmetastatic high-risk melanoma remains scarce. A 2011 study noted a decreasing trend in the use of adjuvant interferon α in melanoma patients with regional diseases [from 26% (1995) to 21% (2001)], suggesting a lack of consensus for adjuvant therapy use in community settings in the interferon adjuvant treatment era [13].

The annual costs of melanoma reportedly range from \$45 million among prevalent cases to \$933 million among newly diagnosed USA patients [14]. However, there is a paucity of recent data on recurrence-related healthcare resource utilization (HRU) and costs among patients with operable nonmetastatic melanoma undergoing melanoma surgery [15]. No study to date has assessed HRU and costs associated with episodes of locoregional recurrences in this population. Furthermore, although several studies have assessed HRU and costs among patients with metastatic melanoma [16-21], many are outdated because of major treatment advances for metastatic melanoma since 2011. This represents an important knowledge gap because recurrence is a key outcome for assessing burden of disease and informing decisions about the cost-effectiveness of therapies. Given that most cancer patients are treated in community centers, realworld data on cancer outcomes and costs are crucial [22].

The study aimed to: (a) describe real-world patterns of treatment and recurrence in patients with nonmetastatic melanoma who underwent melanoma surgery; (b) quantify all-cause and melanoma-specific HRU and costs associated with episodes of locoregional and distant recurrence following the initial melanoma surgery; and (c) compare all-cause HRU and costs between recurrence and recurrence-free cohorts in the year following the start of the first locoregional or distant recurrence.

Patients and methods Data source

This study relied on the Truven Health MarketScan Commercial and Medicare Supplemental database (Truven Health Analytics LLC, an IBM Company, Ann Arbor, Michigan, USA), which contains provider and institutional health services claims for medical and pharmacy services for more than 240 million individuals from ~100 employers since 1995 (period included: 1 January 2008 to 31 July 2017). Data are representative of all census regions, predominantly the South and North Central (Midwest). Truven is fully compliant with the Health Insurance Portability and Accountability Act of 1996 and its implementing regulations; thus, no ethics board review was required [23].

Study design

In this retrospective cohort study, patients had to undergo lymph node surgery (LNS; e.g. sentinel LN biopsy, dissection, lymphadenectomy) as part of their surgical treatment for nonmetastatic melanoma, except for less than 0.2% of patients with a diagnosis of secondary malignancy in the LNs who had skin excision without LNS. Given that some patients had several consecutive surgeries of increasing complexity after the nonmetastatic melanoma diagnosis (e.g. a simpler surgery such as excision, followed within 3 months by a more complex surgery such as LNS), the index surgery was defined as the most complex procedure among surgeries started within 3 months of the first melanoma diagnosis. It is noteworthy that the surgery outcome (i.e. presence or not of LN metastasis) was not available in the Truven data.

Baseline characteristics were measured in the 6 months before the index surgery (baseline period). Treatment patterns were identified from the index surgery until the earliest date between the end of eligibility (due to disenrollment or death) or the end of data availability (31 July 2017; study period). Locoregional and distant recurrence(s) during the study period were identified on the basis of recurrence indicators derived from patterns of therapy for melanoma (initiation of new pharmacotherapy, radiotherapy, or new skin excision/LNS) and secondary malignancy diagnoses after index surgery. Recurrence episodes were defined from 30 days before the first indicator of a locoregional/distant recurrence to 30 days after the last indicator for recurrence (locoregional recurrences) or the end of the study period (distant recurrences). HRU and healthcare cost were reported separately during episodes of locoregional and distant recurrence. Moreover, patients in the recurrence cohorts were matched to recurrence-free controls by propensity score and other covariates. For the matched cohorts, HRU and healthcare costs were also measured in the year following an index date defined as follows: recurrence cohorts - the date of the first recurrence; recurrence-free cohorts - a random date selected from a distribution matching the distribution of time from index surgery to the date of first recurrence.

Sample selection

Patients were included if they (a) had at least one diagnosis of melanoma during a hospitalization or at least two diagnoses of melanoma during outpatient (OP) visits on at least two distinct days; (b) were at least 18 years old at the first melanoma diagnosis; (c) had the first melanoma surgery within 3 months of the first melanoma diagnosis: and (d) had at least 15 months of continuous healthcare coverage, including at least 12 months before the first melanoma diagnosis, and at least 3 months after index surgery (see Study Design section). Also, for the matched cohort comparison, patients in both the recurrence and recurrence-free cohorts needed at least 3 months of continuous healthcare coverage after the index date (see Study Design section). Patients were excluded if they had indicators of (a) other primary cancers in the 5 years before first melanoma diagnosis (i.e. diagnosis or antineoplastic treatment); (b) metastatic melanoma at the index surgery (i.e. diagnosis of secondary malignancy excluding LNs, antineoplastic pharmacotherapy indicated for metastatic melanoma, or stereotactic radiotherapy from first melanoma diagnosis to 3 months after the index surgery); and (c) participation in a clinical trial after the first melanoma diagnosis.

Measurements and outcomes

Patient baseline characteristics: patient baseline characteristics included demographics, melanoma tumor site, HRU, and costs during the baseline period, the Quan–Charlson comorbidity index [24] (excluding cancer diagnosis), and a cancer-specific index [25] (excluding melanoma diagnosis).

Treatment patterns: antineoplastic pharmacotherapies identified during the study period included agents and regimens recommended for melanoma in adjuvant and metastatic setting according to the NCCN guidelines [10]. Pharmacotherapies initiated within 3 months of the index surgery were labeled as adjuvant first line (adjuvant 1L; because patients with metastatic melanoma at index surgery were excluded, 1L could only consist of adjuvant therapy). Lines of pharmacological therapy initiated more than 3 months after index surgery were labeled as the second and subsequent line of therapy (2L +), irrespective of whether the treatment received was adjuvant or systemic. Identification of start/end dates for 2L + and regimens used in 2L + was adapted from previously published algorithms [26-28]. Specifically, the first prescription fill/administration of a therapeutic agent after index surgery (for patients not receiving adjuvant) or after the adjuvant 1L ended was defined as 2L start date, whereas all agents received during the first 28 days of 2L therapy constituted the 2L regimen (irrespective of whether they were administered as single agents or combination therapy). The duration of 2L was based on the days of supply for agents with oral administration or 21 days for agents with intravenous administration. The end of 2L was determined by either discontinuation of all agents in the 2L regimen [i.e. a gap of > 60 consecutive days (90 days for ipilimumab) without pharmacotherapy] or switch to a new regimen (i.e. initiation of a new agent not included within the 2L regimen). The start date, end date, and regimens for subsequent lines of therapy (3L +) were identified similar to 2L. The last observed line of pharmacotherapy was censored if the patient remained on treatment at the end of the study period. Other treatments (radiotherapy, new surgery), use of biopsy, use of BRAF tests, and diagnosis of secondary malignancy were reported both during lines of pharmacotherapy (e.g. during 1L, during 2L) and during the gaps between lines of pharmacotherapies (e.g. between 2L end and 3L start).

Locoregional and distant recurrences: melanoma recurrences during the study period were identified on the basis of the following indicators: (a) skin excision within 3 months of index surgery, if index surgery was LNS; (b) new skin excision (excluding shaving of epidermal or dermal lesion, and Moh's surgery) or LNS at least 3 months after index surgery; (c) antineoplastic pharmacotherapy (except adjuvant therapy initiated within 3 months of the index surgery) after index surgery; (d) radiotherapy at least 3 months after index surgery; and (e) new diagnosis code for secondary malignancy at least 3 months on two distinct dates after index surgery. The sequence of indicators/treatments occurring within 3 months of each other were aggregated in a single recurrence episode. Indicators specific to distant recurrences, used to distinguish episodes of distant recurrence from episodes of locoregional recurrence, included the following: (a) regimens not listed as adjuvant therapies in the NCCN melanoma guidelines (i.e. systemic therapies, including ipilimumab before 2015) [10]; (b) stereotactic radiotherapy; and (c) new diagnosis code for secondary malignancy excluding LNs at least 3 months after index surgery on two distinct dates. Patients could have several locoregional recurrence episodes during the study period, but only one distant recurrence episode. Additional details on the duration of recurrence episodes are provided in the Study Design section.

HRU and costs: HRU, reported per 100 person-months, included number of inpatient (IP) admissions, number of IP days, number of emergency department (ED) admissions, and number of OP visits (including OP visits for medication administration). All-cause healthcare costs, reported per patient per month (PPPM), included medical costs [IP, ED, OP (including medication administration), other (e.g. durable medical equipment)], and pharmacy prescription costs. Depending on the objective, HRU and costs were measured either during episodes of recurrence or in the year following the first recurrence (randomly selected index date for the matched controls). Melanoma-specific costs were those associated with medical services for melanoma, including

treatments (pharmacological, surgery, radiotherapy) and disease monitoring. Healthcare costs were adjusted for inflation at the claim level to 2017 USA dollars using the medical component of the USA Consumer Price Index. Given that HRU/costs are reported per person-month, all matched patients were included in the comparative HRU/cost analyses, whether they had a full year of observation post-index date or not.

Statistical analyses

Descriptive analyses of patient baseline characteristics and outcomes (i.e. treatment patterns, recurrence rates, and HRU/cost during episodes of locoregional and distant recurrence) relied on frequencies (proportions) for categorical variables and means (SD) for continuous variables. For the comparative HRU/cost analyses, patients in the locoregional and distant recurrence cohorts were matched 1:1 to recurrence-free patients on propensity score percentiles [29], insurance coverage with Medicare supplemental, and time between index surgery and index date. The matching enabled balancing baseline covariates between cohorts. Covariate balance before and after matching was assessed with standardized differences [30]. Although no consensus exists as to what value of a standardized difference indicates the presence of meaningful confounding, guidelines suggest that differences below | 10% and 20% represent reasonable cut-offs [31-34]. The 95% confidence interval (CI) and the P-value for HRU/ cost differences between the matched recurrence and recurrence-free cohorts (i.e. the incremental HRU/cost associated with recurrence) were derived from nonparametric bootstrap resampling (B = 549 resamples).

Results

The study sample included 6400 eligible patients. The mean age was 53.8 years; $\sim 46\%$ were women. The mean study period duration was 29.8 months (Table 1).

Treatment patterns and recurrences

Of 6400 patients with nonmetastatic melanoma undergoing melanoma surgery from 1 January 2008 to 31 July 2017, 219 (3.4%) initiated adjuvant pharmacotherapy within 3 months of index surgery (mean therapy duration = 6.4 months). Interferon α -2b was the most common adjuvant regimen (N=206/219, 94.1%). In total, 257/6400 (4.0%) received adjuvant therapy anytime during the study period. Radiotherapy use was rare, but increased with the line of treatment (i.e. 1.8% users concurrently with 1L of pharmacological therapy vs. 13.3% users concurrently with 3L). BRAF testing was uncommon in this patient population (3.1% over the study period; Table 2).

Of 6400 patients, 1191 (18.6%) had recurrence(s) over a median follow-up of 23.1 months: 1116 (17.4%) patients had locoregional recurrence(s), and 102 (1.6%) had a distant recurrence [27 (0.4%) patients had both]. Of 6181 patients who did not initiate adjuvant 1L, 1118 (18.1%)

experienced recurrences during the study period, with 89 cases of distant recurrence (1.4%). Of 219 patients who initiated adjuvant 1L, 73 (33.3%) experienced recurrences, with 13 cases of distant recurrence (5.9%; Table 3). The first recurrence occurred within a year of the index surgery for 51/73 (69.9%), within 2 years for 54/73 (74.0%), and within 3 years for 66/73 (90.4%).

Healthcare resource utilization and costs during episodes of recurrence

The mean duration of locoregional recurrence episodes was 2.4 months (Table 3). During these episodes, patients had on average 2.9 all-cause IP admissions, 13.5 all-cause IP days, 4.4 all-cause ED admissions, and 216.6 all-cause OP visits per 100 person-months. The mean total all-cause healthcare cost PPPM during locoregional recurrence episodes was \$2645, of which 88.4% (\$2340/\$2645) was attributed to medical costs (Table 4). In terms of melanoma-specific HRU and cost, skin surgery and monitoring (laboratory) were the most important components of melanoma-specific HRU during episodes of locoregional recurrences [used by 944/1116 (84.6%) and 446/1116 (40.0%) of the patients, respectively; Supplementary Fig. (Supplemental digital content 1, http://links.lww.com/MR/ A64)], which shows HRU during episodes]; the mean melanoma-specific cost was \$1537 PPPM during locoregional recurrence episodes, mostly attributable to surgery [\$730/ \$1537 (47.5%); Fig. 1].

For distant recurrence, the mean duration of an episode was 13.4 months (Table 3). During these episodes, patients had on average 11.4 all-cause IP admissions, 63.7 all-cause IP days, 11.5 all-cause ED admissions, and 254.1 all-cause OP visits per 100 person-months. The mean total all-cause healthcare cost PPPM during distant recurrence episodes was \$12 940, of which 89.3% (\$11 549/\$12 940) was attributed to medical costs (Table 4). In terms of melanomaspecific HRU and cost, monitoring (e.g. imaging) and pharmacological treatments were the most important components of melanoma-specific HRU/cost during episodes of distant recurrences [used by 95/102 (93.1%) and 75/102 (73.5%) of the patients, respectively; Supplementary Fig. (Supplemental digital content 1, http://links.lww.com/ MR/A64); the mean melanoma-specific cost was \$7845 PPPM during distant recurrence episodes, mostly attributable to pharmacotherapy [\$5195/\$7845 (66.2%); Fig. 1].

HRU and costs were numerically higher during episodes of recurrence, especially distant episodes, compared with the recurrence-free period between the index surgery and first recurrence (for patients with recurrence) or end of the study period (for patients without recurrence). For example, the total all-cause healthcare cost was \$1076 PPPM in the recurrence-free study period (i.e. 12 times lower than the total all-cause healthcare costs during a distant episode), whereas the number of IP admissions was 0.8 per 100 person-months (14 times lower than the number of IP admissions during a distant episode; Table 4).

Table 1	Baseline characteristics: stud	y sample, and after matching	ng for the locoregional and distant recurrence cohort
		,	

	Study sample	Locoregion Matcheo	al recurrence d ^a cohorts	Distant recurrence Matched ^a cohort		
Variables	N=6400	Locoregional recurrence cohort (<i>N</i> =950)	Matched recurrence- free cohort ^a (<i>N</i> =950)	Distant recurrence cohort (N=87)	Matched recurrence- free cohort ^a (N=87)	
Age (mean±SD) (years)	53.8±13.5	59.6±13.2	59.6±12.7	62.1±12.9	61.0±13.6	
Females [N (%)]	2924 (45.7)	370 (38.9)	377 (39.7)	32 (36.8)	29 (33.3)	
Insurance plan type [N (%)]	(,			(,		
Commercial insurance only	5354 (83.7)	689 (72.5)	689 (72.5)	55 (63.2)	55 (63.2)	
Commercial insurance + medicare supplemental	1046 (16.3)	261 (27.5)	261 (27.5)	32 (36.8)	32 (36.8)	
All-cause HRU (per 100 patient per month) (mean	+ SD)					
Number of inpatient admissions	0.7±3.8	1.2±4.7	1.0±4.3	1.7 ± 5.7	1.5±4.8	
Number of inpatient days	3.2 + 22.5	4.4+21.9	3.5+17.4	6.7+24.8	7.3+24.6	
Number of emergency department admissions	3.0±10.9	2.8±9.3	3.1±9.4	3.4±10.2	3.1±9.0	
Number of outpatient visits	146.9+111.1	158.2+156.4	160.5+155.9	185.4+151.9	140.0 ± 123.2^{e}	
All-cause healthcare costs. \$US 2017 PPPM (mea	an + SD	10012 - 10011				
Total healthcare cost	\$1225+2636	\$1989+4202	\$1720+2779	\$2210+2740	\$2357+6439	
Total medical	\$1103+2547	\$1768+4035	\$1513+2612	\$1979+2624	\$2087+6250	
Inpatient admission	\$193+1731	\$244+1354	\$225+1385	\$369+1316	\$239+894 ^f	
Emergency department	\$39+272	\$37+304	\$44+231	\$71+265	\$55+248	
Outpatient visits including drug	\$864+1668	\$1479+3699	\$1233+2073	\$1506+1941	\$1781 + 6105	
administration	400 1000	<i>\</i>	\$1200 <u>-</u> 2010	\$1000 <u></u> 1011	QO .	
Other	\$7+78	\$8+65	\$11+67	\$34+211	\$12+96 ^f	
Pharmacy prescriptions	\$122+540	\$221+676	\$207 + 734	\$230+848	\$270+613	
Melanoma tumor site ^b [N (%)]	<i>Q</i> . 22 _0.0	<i>vz</i><i>z</i> <i>v z v v</i>	<i>q</i> 207 <u>-</u> 701	<i>\</i> 200_0.0	42 <i>1</i> 021010	
Face	473 (74)	78 (8.2)	89 (9.4)	8 (9.2)	10 (11.5)	
Neck	346 (5.4)	48 (5.1)	51 (5.4)	11 (12.6)	4 (4.6) ^e	
Trunk	2 232 (34 9)	338 (35.6)	329 (34.6)	27 (31.0)	33 (379) ^f	
Limb	2,202 (01.0)	414 (43.6)	403 (42.4)	33 (37.9)	38 (43.7) ^f	
Other	133 (2 1)	19 (20)	19 (2 0)	2 (2.3)	0 (0 0) ^e	
Unspecified	774 (12.1)	115 (12.1)	124 (13.1)	18 (20.7)	5 (5.7) ^e	
Quan–Charlson comorbidity index ^c	02+06	02+06	02+06	04+08	04+07	
(mean + SD)	0.2 _ 0.0	012 - 010	0.2 - 0.0	011 - 010	0.1201	
Cancer-specific comorbidity index ^d	1.2 ± 1.5	1.0±1.3	1.0 ± 1.3	1.2 ± 1.4	1.0 ± 1.0^{f}	
Comorbidities affecting $> 10\%$ of the study sample	<u>م</u>					
Hypertension	2405 (376)	344 (36 2)	365 (384)	31 (35.6)	31 (35.6)	
Actinic keratosis	960 (15)	238 (25.1)	245 (25.8)	16 (18.4)	12 (13.8) ^f	
Diabetes uncomplicated	745 (11.6)	194 (13.1)	127 (134)	5 (5 7)	19 (21 8) ^e	
Cardiac arrhythmias	615 (9.6)	69 (73)	76 (8.0)	13 (14 9)	11 (12.6)	
Months from index surgery to the end of the	29.8+23.1	-	70 (8.0)	-	-	
study period (mean±SD)	29.0 ± 20.1					
(recurrence cohorts)/randomly selected index date (recurrence-free cohorts) (mean ± SD)	-	10.3±10.0	16.U±16.6	19.3±14.4	18.6±15.3	

^aExact matching on categories of time between index surgery and first recurrence, insurance coverage with Medicare supplemental, and percentiles of propensity scores (5%). The propensity score model included the following baseline covariates for the locoregional cohort: age at index date, sex, use of adjuvant therapy, use of BRAF test, diagnosis of actinic keratosis, Quan-Charlson comorbidity index, total inpatient costs, total outpatient cost, total emergency department cost, total pharmacy costs, and number of emergency department visits; for the distant cohort: age at index date, sex, first diagnosis of melanoma before or after 2015, use of adjuvant therapy, use of BRAF test, diagnosis of cardiac arrhythmias, diagnosis of actinic keratosis, C3 cancer-specific index, total inpatient costs, total pharmacy costs, and number of outpatient visits.

^bEvaluated on the earliest date of a recorded diagnosis of melanoma (ICD-9: 172.x, ICD-10: C43.x). More than one site per patient possible.

"The index excluded cancer diagnoses and thus ranged from 0 to 20, with higher values indicating higher risk of death [24].

^dThe index excluded melanoma diagnosis and thus ranged from 0 to 32, with higher values indicating higher risk of death [25].

*Standardized difference more than |20%| between the recurrence group within cohort after matching.

^fStandardized difference more than |10%| between the recurrence group within cohort after matching.

Healthcare resource utilization and costs in the year following first recurrence

Of 977 patients with locoregional recurrence(s) and 90 patients with distant recurrence with more than 3 months of continuous healthcare coverage after the beginning of the first recurrence, 950 and 87, respectively, were matched 1:1 to recurrence-free patients on the basis of the criteria described in the Statistical Analysis section. Most baseline covariates were balanced after matching (i.e. standardized

differences < |20%|), with a few exceptions for the distant recurrence versus recurrence-free cohorts, where the number of OP visits, some melanoma sites, and diabetes presented a standardized difference more than |20%|, and the IP admission costs and some comorbidities showed a standardized difference more than |10%| (Table 1).

In the year after recurrence, HRU and costs were significantly higher in the locoregional recurrence cohort compared with the recurrence-free matched cohort.

Table 2 Treatment patterns

		First 3 month surg	First 3 months after index surgery ^a >3 Months after index s		ndex surger	rgery			
	Full study period study sample	Adjuvant 1L	No 1L ^{a,b}	Gap 1	2L	Gap 2	3L	Gap 3	4L
N (%)	6400 (100.0)	219 (3.4)	6181 (96.6)	6351 (99.2)	97 (1.5)	82 (1.3)	15 (0.2)	11 (0.2)	2 (0.03)
Surgery [N (%)]									
LNS ± biopsy/excision	125 (2.0)	3 (1.4)	0 (0.0)	119 (1.9)	1 (1.0)	3 (3.7)	0 (0.0)	1 (9.1)	0 (0.0)
Skin excision ± biopsy	1643 (25.7)	29 (13.2)	282 (4.6)	1430 (22.5)	6 (6.2)	9 (11.0)	0 (0.0)	0 (0.0)	0 (0.0)
Surgery indicator of recurrence ^c	1014 (15.8)	16 (7.3)	143 (2.3)	781 (12.3)	3 (3.1)	7 (8.5)	0 (0.0)	0 (0.0)	0 (0.0)
Skin biopsy only	2828 (44.2)	55 (25.1)	646 (10.5)	2474 (39.0)	13 (13.4)	20 (24.4)	0 (0.0)	0 (0.0)	1 (50.0)
Five most frequent pharmacothe	erapy during the study per	iod [N (%)]							
Interferon α-2b	233 (3.6)	206 (94.1)	-	-	36 (37.1)	-	3 (20.0)	-	0 (0.0)
lpilimumab	29 (0.5)	11 (5.0)	-	-	19 (19.6)	_	1 (6.7)	-	0 (0.0)
Pembrolizumab	10 (0.2)	0 (0.0)	-	-	9 (9.3)	-	1 (6.7)	-	0 (0.0)
Dabrafenib + trametinib	9 (0.1)	0 (0.0)	-	-	7 (7.2)	_	2 (13.3)	-	0 (0.0)
Interleukin-2	6 (0.1)	0 (0.0)	-	-	5 (5.2)	-	1 (6.7)	-	0 (0.0)
BRAF testing	196 (3.1)	3 (1.4)	65 (1.1)	145 (2.3)	2 (2.1)	2 (2.4)	3 (20.0)	0 (0.0)	0 (0.0)
Radiotherapy	186 (2.9)	4 (1.8)	36 (0.6)	114 (1.8)	5 (5.2)	6 (7.3)	2 (13.3)	1 (9.1)	0 (0.0)
Secondary malignancy	651 (10.2)	50 (22.8) ^d	200 (3.2) ^d	294 (4.6)	41 (42.3)	32 (39.0)	9 (60.0)	7 (63.6)	1 (50.0)

1L, first-line of pharmacological therapy (by design, always adjuvant therapy); 2L, second line; 3L, third line; 4L, fourth line; LNS, lymph node surgery.

^aDay of index surgery excluded. 1L lasted until the end of adjuvant therapy or the beginning of the first recurrence.

^bExcluding patients for whom the end of the study period occurred during 1L.

^cExcluded biopsies, and some excisions (i.e. shaving of epidermal or dermal lesion, and Moh's surgery).

^dIn the 3 months after the index surgery, secondary malignancy is always in the lymph nodes as patients with indicators of metastatic disease in this period were excluded from the study.

Table 3 Recurrences during the study period^a

	Recurrence-free	Any recurrences ^a	Locoregional recurrences ^a	Distant recurrences ^a
All patients (N=6400)				
Number of patients [N (%)]	5209 (81.4)	1191 (18.6)	1116 (17.4)	102 (1.6)
Months from index surgery to end of study period (mean \pm SD)	27.6 ± 21.6	38.4 ± 24.0	39.6 ± 24.0	32.4 ± 19.2
Duration of the recurrence episodes (mean \pm SD) (months)	-	3.2 ± 4.4	2.4±1.3	13.4 ± 11.5
Patients not initiated on adjuvant therapy within 3 months of index surg	ery (N=6181)			
Number of patients	5063 (81.9)	1118 (18.1)	1053 (17.0)	89 (1.4)
Months from index surgery to the end of the study period (mean±SD)	27.8 ± 22.2	$39.5\!\pm\!24.5$	$\textbf{39.9} \pm \textbf{24.7}$	33.8 ± 24.7
Duration of the recurrence episodes (mean \pm SD) (months)	-	3.1 ± 4.4	2.4 ± 1.3	13.8 ± 11.9
Patients initiated on adjuvant therapy within 3 months of index surgery	(N=219)			
Number of patients [N (%)]	146 (66.7)	73 (33.3)	63 (28.8)	13 (5.9)
Months from index surgery to the end of the study period (mean±SD)	22.8±19.2	33.6±24.0	34.8±24.0	26.4 ± 14.4
Duration of the recurrence episodes (mean $\pm\text{SD})$ (months)	-	3.5 ± 4.1	2.4 ± 1.0	10.5 ± 8.0

^aA patient may have both locoregional and distant recurrences.

Notably, the mean number of OP visits was 154 per 100 person-months during the year after recurrence versus 120 (difference = 34 OP visits, 95% CI = 23-44, P < 0.001), whereas total all-cause healthcare costs PPPM during the year after recurrence were \$1647 versus \$805 (difference = \$841, 95% CI = 515-1226, P < 0.001; Table 5).

The same pattern was observed when HRU and costs in the year after recurrence were compared between the distant recurrence cohort and the recurrence-free matched cohort, but with larger differences. Notably, the mean number of OP visits was 297 per 100 person-months during the year postrecurrence versus 111 (difference = 186 OP visits, 95% CI = 145–225, P < 0.001). The total allcause healthcare costs were \$15 937 PPPM during the year after recurrence versus \$984 (difference = \$14 953, 95% CI = 11 314–19 573, P < 0.001; Table 5).

Discussion

This study documents real-world patterns of treatment and recurrence, and quantifies the economic burden of recurrences among patients with nonmetastatic melanoma following surgery (mostly LNS). Nearly one-fifth of these patients developed recurrences, mostly locoregional. Few patients initiated adjuvant therapy after surgery, with one-third of these patients developing recurrences during follow-up. The most common adjuvant regimen was interferon α -2b. Melanoma-specific costs were markedly higher during episodes of distant recurrence than during episodes of locoregional recurrences. Patients with recurrences, particularly distant recurrences, incurred significantly higher HRU and costs compared with recurrence-free matched controls in the first year after recurrence.

Table 4	All-cause healthcare resour	ce utilization and h	ealthcare costs du	rina episodes of	recurrence and during	the recurrence-fre	e period'

	During episodes of locoregional recurrence ^b (N = 1116 patients) (N = 1524 episodes)	During episodes of distant recurrence ^b $(N=102 \text{ patients})$ ($N=102 \text{ episodes})$	During the recurrence-free period ^c ($N = 6400$ patients)
Duration recurrence episodes/ recurrence-free period (mean±SD) (months)	2.4±1.3	13.4±11.5	25.4 ± 21.8
All-cause HRU (per 100 person-months) (mea	an \pm SD)		
Number of IP admissions	2.9 ± 14.7	11.4 ± 19.9	0.8 ± 4.3
Number of IP days	13.5 ± 85.7	63.7 ± 125.7	4.2 ± 28.3
Number of ED admissions	4.4 ± 18.6	11.5 ± 24.4	3.2 ± 11.0
Number of OP visits	216.6 ± 182.3	254.1 ± 186.8	123.6 ± 135.6
All-cause healthcare costs, \$US 2017 (PPPN	1) (mean \pm SD)		
Total	2645 ± 6638	12940 ± 16341	\$1076±3661
Medical ^d	2340 ± 6538	11549 ± 16118	893 ± 3502
IP	\$341±2021	\$3446±8902	177 ± 1126
ED	\$70 ±447	492 ± 2553	\$40±198
OP, including drug administration	\$1942±5914	7603 ± 12621	665 ± 3163
Other	\$11±101	\$7±28	\$11±81
Pharmacy prescriptions	$\$306 \pm 1047$	\$1392±3519	$\$183\pm659$

ED, emergency department; HRU, health resource utilization; IP, inpatient; OP, outpatient; PPPM, per patient per month.

^aAll recurrences considered: a patient could have more than one episode of locoregional recurrence, and contribute to both the locoregional and distant recurrence

cohorts. ^bAn episode of locoregional recurrence lasted until 30 days after the last indicator of recurrence; an episode of distant recurrence lasted until the end data of data availability or end of insurance coverage/death.

"The recurrence-free period included the time between the index date and the first recurrence for patients with a recurrence, or the time between the index date and the end of the study period for those patients with no recurrence.

^dFor the costs during episodes of locoregional recurrence, the components of the 'medical' may not add up to the 'medical' row as only the episodes pertaining to the component were used to derive the component PPPM. For instance, if a patient had two episodes of locoregional recurrence, but only one of the two episodes led to an ED visit, then only that episode was used to calculate that component mean. However, the 'medical' costs included both episodes.

Fig. 1



Melanoma specific costs during episodes of recurrence [melanoma specific costs included costs related to treatment (pharmacological, surgery, radiotherapy) and disease monitoring].

Although this study's recurrence rate of 19% among patients with nonmetastatic melanoma coincides with some previous community-based studies [8], other studies,

including those based on clinical trial data, have reported higher recurrence rates [35,36]. In the placebo arm of the recent COMBI-AD phase 3 trial, the recurrence rate was

	Locoregional recurrence matched ^a cohorts				Distant recurrence matched ^a cohorts				
	Locoregional recurrence cohort (<i>N</i> = 950)	Matched recurrence-free cohorts ^a (<i>N</i> = 950)	Difference (95% CI) ^b	<i>P</i> value ^b	Distant recurrence cohort (N=87)	Matched recurrence-free cohorts ^a (N=87)	Difference (95% CI) ^b	<i>P</i> value ^b	
Mean HRU (per 100 pe	rson-months)								
Number of IPA	1.00	0.57	0.44 (0.12-0.81)	0.004*	10.25	1.05	9.20 (5.62-12.90)	< 0.001*	
Number of IP days	5.48	2.88	2.60 (0.39-5.18)	0.008*	59.45	5.10	54.35 (34.14-79.93)	< 0.001*	
Number of EDA	3.35	2.30	1.05 (0.15-2.08)	0.012*	11.25	2.46	8.79 (4.63-14.15)	< 0.001*	
Number of OP visits	154.00	120.44	33.56 (22.98-44.04)	< 0.001*	297.07	111.22	185.85 (144.96-224.51)	< 0.001*	
Mean healthcare costs,	\$US 2017 (PPP	M)							
Total healthcare cost	\$1647	\$805	\$841 (515–1226)	< 0.001*	\$15 937	\$984	\$14 953 (11 314–19 573)	< 0.001*	
Total medical	\$1345	\$620	\$725 (419–1091)	< 0.001*	\$14 379	\$667	\$13712 (10169-18282)	< 0.001*	
IPA	\$210	\$141	\$68 (–18 to 159)	0.144	\$3662	\$194	\$3469 (1779–5820)	< 0.001*	
EDA	\$44	\$30	\$14 (-1 to 29)	0.072	\$643	\$35	\$608 (109–1452)	< 0.001*	
OP visits ^c	\$1083	\$441	\$642 (372–982)	< 0.001*	\$10 063	\$435	\$9628 (6631–13 180)	< 0.001*	
Other	\$8	\$7	\$1 (-5 to 5)	0.685	\$11	\$4	\$7 (-4 to 20)	0.236	
Pharmacy	\$302	\$186	\$116 (42–192)	< 0.001*	\$1558	\$317	\$1241 (409–2138)	< 0.001*	

Table 5 All-cause healthcare resource utilization and healthcare costs in the year following recurrence

CI, confidence intervals; EDA, emergency department admissions; HRU, health resource utilization; IPA, inpatient admission; OP, outpatient; PPPM, per patient per month ^aA patient with recurrence was matched to a patient without recurrence by combining exact matching on categories of time between index surgery and first recurrence, insurance coverage with Medicare supplemental, and percentiles of propensity scores (5%).

^b95% CI and *P*-value for cost differences were obtained using nonparametric bootstrap procedure methods with 549 replications.

^cIncluding drug administration.

*Significant at a type I error rate of 0.05.

57% among patients with BRAF-mutated melanoma [35]. In Europe, a systematic literature review reported that the recurrence rate, on the basis of recurrence-free survival in clinical trials, was 56–72% for stage III patients [37–39]. In Brazil, a similar value was 44% for patients in different stages in a retrospective registry study [40].

Several factors could explain the lower recurrence rates in the current study, notably in comparison with recent clinical trials. First, COMBI-AD only included patients with stage III melanoma, whereas this study may have included patients with earlier stages of melanoma since for instance the outcome of sentinel LN biopsy (LN metastasis) was unknown. Second, patients are monitored more closely in clinical trial settings than in real-world practice, perhaps accelerating the diagnosis of some recurrences in COMBI-AD. Finally, patients with recurrences who did not receive treatment and did not have a secondary malignancy diagnosis recorded were not captured by the claims-based algorithm used in this study.

The recurrence rate was higher among patients who initiated adjuvant 1L after index surgery than those who did not (33 vs. 18%). This could be partly explained by a potential indication bias if high-risk patients were more likely to receive adjuvant therapy than low-risk patients.

Only 3.4% of patients in this study received adjuvant therapy following melanoma surgery. The rare use of adjuvant therapy has also been reported by a previous USA population-based study using data from 1995, 1996, and 2001, in which more than 98% of patients with localized melanoma and more than two-thirds of patients with regional disease received surgery as their only treatment [13]. Similar to the present study, interferon α was the most frequent adjuvant agent used for the

treatment of regional melanoma [13]. Low rates of adjuvant therapy in the interferon era that overlap considerably with the period in the present study are unsurprising, given interferon's controversial efficacy and poor tolerability [41,42]. Nevertheless, somewhat higher rates of adjuvant interferon use were reported by two USA claims-based studies. In one (years 2004-2008), 8.4% of patients were treated with interferon α -2b and 6.6% with other chemotherapies following melanoma surgery [15]. In another (years 2007–2011), 9% of patients with melanoma surgery were treated with adjuvant interferon α -2b [43]. Differences in study samples may explain the differences in adjuvant therapy rates between different claims-based studies. In the current study, patients had at least 12 months of insurance coverage before the first melanoma diagnosis, without any indicator of metastatic melanoma and/or other primary cancer in the 5 years before melanoma diagnosis. The two other claims studies had different requirements and may have selected patients already in a recurrence stage, perhaps explaining their higher rate of adjuvant use. Moreover, use of adjuvant therapy was recorded up to 120 days after surgery [43] versus 90 days in this study.

To our knowledge, the present study is the first to quantify HRU and costs during recurrence episodes and in the year after recurrence (allowing the estimation of savings associated with 1 year of recurrence-free survival) in patients with nonmetastatic melanoma undergoing melanoma surgery. The matched comparison between patients with and without recurrence suggested significantly higher HRU and costs associated with recurrence, particularly distant recurrence (with melanoma treatment the main contributor to costs in the first year after recurrence). Patients with distant recurrences had 186 more OP visits per 100 person-months in the year after recurrence compared with recurrence-free patients, whereas all-cause healthcare costs were higher by \$14 953 PPPM in the year after recurrence. Previous studies in real-world USA populations have reported a range of \$6773–62 859 PPPM for patients with metastatic melanoma [16,20,21,44]. Outside of the USA, including in developing countries, the cost per patient with melanoma was reported to range between \$9162 and \$86 875 [14,45–47].

The wide range may be explained by these studies' data sources, methodological differences, and various foci (notably, inclusion of patients using only certain treatments). Nevertheless, the estimate of \$12 940 PPPM during episodes of distant recurrence in the current study is within the range of past studies, especially when considering real-world USA population.

The infrequent use of adjuvant therapies and the relatively high rate of postsurgery recurrences observed in this study suggest an unmet treatment need in patients with nonmetastatic melanoma undergoing surgery. Furthermore, as melanoma recurrence is associated with increased HRU and costs, strategies to prevent or delay recurrences are highly desired. The results of this study suggest that preventing a single episode of distant recurrence would lead to savings of \sim \$180 000 in the year after recurrence (\$14953 PPPM); similarly, preventing a single episode of locoregional recurrence would lead to saving of \sim \$10 000 in the year after recurrence (\$841 per month PPPM). In the USA and Europe, adjuvant therapy for advanced melanoma is recommended or there are new indications [10-12], but the optimal treatment strategy for melanoma patients after melanoma surgery has remained elusive because of the difficult trade-off between long-term recurrence prevention and short-term toxicities with interferon and ipilimumab. However, the treatment landscape for melanoma in the adjuvant setting will soon change as results from phase 3 clinical trials of new-generation targeted agents and immune checkpoint inhibitors will offer melanoma patients additional adjuvant treatment options with demonstrated efficacy [35,48]. In the COMBI-AD trial, adjuvant use of combination dabrafenib and trametenib in patients with stage III BRAF-mutated melanoma was associated with a lower risk of recurrence (37 vs. 57% in the placebo group) [35]. In the CheckMate 238, a higher rate of recurrence free-survival was observed among patients treated with adjuvant nivolumab (70.5 vs. 60.8% in the placebo group) [48]. Whether these new treatment options lead to consensus on the use of adjuvant therapies in patients with stage III melanoma remains to be determined.

This study was subject to common limitations of studies on the basis of healthcare claims data, including occasional coding errors or inaccurate/missing data on prescriptions,

procedures, or diagnoses. Because information on recurrence is unavailable in claims databases, this study relied on an algorithm to infer recurrence and duration of recurrence episodes. Although previous studies have reported that claims-based algorithms can be used reliably to identify lines of treatment and cancer recurrences [26-28,49-51], potential misclassifications cannot be excluded. In particular, patients with recurrences who did not receive treatment or a diagnosis code for secondary malignancy were not detected. Also, despite the requirement of 12 months of insurance coverage before the first melanoma diagnosis, for some patients, the first melanoma diagnosis captured in the current study could have corresponded to a recurrence rather than the first melanoma diagnosis in the patient's lifetime. However, the mean age of patients at first melanoma diagnosis (53.8 years) was comparable to patient characteristics reported at diagnosis in retrospective studies (i.e. 48.6-53.4 years old) [36,52], suggesting that this limitation may have limited impact. Finally, the study was a retrospective comparative analysis and may be subject to residual confounding because of unmeasured confounders.

Notwithstanding these limitations, the current study shows that the use of adjuvant therapy among patients with nonmetastatic melanoma undergoing surgery was low during the period 1 January 2008 to 31 July 2017. The considerable economic burden associated with postsurgery recurrences, along with poor prognosis, underscores the need to prevent recurrences in these patients. New generations of adjuvant therapies such as immune-checkpoint inhibitors and targeted agents have the potential to change the treatment landscape at a global level. Future studies are needed to determine whether use of novel adjuvant therapies for nonmetastatic melanoma will reduce the risk of recurrences and whether this in turn translates to reduced HRU and costs.

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Conflicts of interest

This study was funded by Novartis Pharmaceuticals Corporation. The study sponsor was involved in all stages of the study research, including study design; collection, analysis, and interpretation of data; writing of the report; and the decision to submit the report for publication.

Analysis Group Inc. received consulting fees from Novartis Pharmaceuticals Corporation for the conduct of this study.

Ahmad Tarhini: consultant role with Novartis Pharmaceuticals Corporation. Sameer R. Ghate, Briana Ndife, and Antonio Nakasato are employees of Novartis Pharmaceuticals Corporation and may own stock/stock options. Raluca Ionescu-Ittu, Ameur M. Manceur, Philippe Jacques, François Laliberté, Rebecca Burne, and Mei Sheng Duh are employees of Analysis Group Inc., which has received consultancy fees from Novartis Pharmaceuticals Corporation

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