## Does sex modify an association of electrophysiological substrate with sudden cardiac death? The Atherosclerosis Risk in Communities (ARIC) study

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**BACKGROUND** Sex is a well-recognized risk factor for sudden cardiac death (SCD). We hypothesized that sex modifies the association of electrophysiological (EP) substrate with SCD.

**OBJECTIVE** The purpose of this study was to determine whether there are sex differences in electrocardiographic (ECG) measures and whether sex modifies the association of ECG measures of EP substrate with SCD.

**METHODS** Participants from the Atherosclerosis Risk in Communities study with analyzable ECGs (n = 14,725; age 54.2  $\pm$  5.8 years; 55% female; 74% white) were included. EP substrate was characterized by heart rate, QRS, QTc, Cornell voltage, spatial ventricular gradient (SVG), and sum absolute QRST integral (SAI QRST) ECG metrics. Two competing outcomes were adjudicated: SCD and non-SCD. Interaction of ECG metrics with sex was studied in Cox proportional hazards and Fine-Gray competing risk models. Model 1 was adjusted for prevalent cardiovascular disease (CVD) and risk factors. Time-updated model 2 was additionally adjusted for incident nonfatal CVD. Relative hazard ratio (RHR) and relative subhazard ratio with 95% confidence interval (CI) for SCD and non-SCD risk for women relative to men were calculated. Model 1

Introduction

Sex is a well-recognized risk factor for sudden cardiac death (SCD), which is a leading cause of death in the United States.<sup>1</sup> SCD more commonly occurs in men compared to women. Women have a lower prevalence of obstructive coronary heart disease (CHD) and systolic dysfunction preceding SCD.<sup>2</sup> Women also are less likely than men to receive an implantable cardioverter–defibrillator (ICD) for primary and secondary prevention of SCD.<sup>3</sup> Moreover, regardless

was adjusted for prevalent CVD and risk factors. Time-updated model 2 was additionally adjusted for incident nonfatal CVD.

**RESULTS** Over median follow-up of 24.4 years, there were 530 SCDs (incidence 1.72; 95% CI 1.58–1.88 per 1000 person-years). Women compared to men experienced a greater risk of SCD associated with Cornell voltage (RHR 1.18; 95% CI 1.06–1.32; P = .003), SAI QRST (RHR 1.16; 95% CI 1.04–1.30; P = .007), and SVG magnitude (RHR 1.24; 95% CI 1.05–1.45; P = .009), independently from incident CVD.

**CONCLUSION** In women, the global EP substrate is associated with up to 24% greater risk of SCD than in men, suggesting differences in underlying mechanisms and the need for sex-specific SCD risk stratification.

**KEYWORDS** Electrocardiography; Global electrical heterogeneity; Sex; Sudden cardiac death; Women

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of the underlying etiology of heart disease,<sup>4</sup> women with an ICD are less likely to receive appropriate ICD therapies.<sup>5</sup> Therefore, a better understanding of the relationship between sex and SCD is warranted and is especially important for women.

Electrophysiological (EP) substrate of SCD can be characterized by a widely available routine surface 12-lead electrocardiogram (ECG).<sup>6</sup> Sex differences in EP substrate have been recognized: women have a faster heart rate, narrower QRS, and longer QT interval than men.<sup>7</sup> In addition to these traditional ECG metrics, we expanded the armamentarium for global ECG measures of EP substrate with global electrical heterogeneity (GEH).<sup>1</sup> GEH is quantified by spatial

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## **KEY FINDINGS**

- Sex modifies the association of electrophysiological substrate with sudden cardiac death (SCD). In women, global electrocardiographic (ECG) metrics (QRS duration, Cornell voltage, sum absolute QRST integral, spatial ventricular gradient magnitude, heart rate, and QTc) are associated with up to 24% greater risk of SCD than in men.
- Women compared to men experience a higher risk of SCD associated with Cornell voltage, sum absolute QRST integral, and spatial ventricular gradient magnitude independent of incident cardiovascular disease. Thus, further studies of the mechanisms behind the sex differences in a global electrophysiological substrate are needed.
- In women, the global ECG metrics were associated with up to 24% greater risk of SCD than in men. Therefore, the development of sex-specific risk scores of SCD may be necessary, and improvement in SCD risk prediction for women can be made.

ventricular gradient (SVG) magnitude and direction (elevation and azimuth), its scalar value sum absolute QRST integral (SAI QRST), and spatial QRS-T angle. The addition of GEH to demographic and risk factors improves reclassification of SCD.<sup>1</sup> However, sex is not routinely considered a potential effect modifier of the association between EP substrate and SCD. As women develop CHD approximately 10 years later than men, women are commonly viewed as "younger men."

We sought to determine whether sex can modify the association of ECG measures with SCD. We hypothesized that (1) there are sex differences in ECG measures; and (2) sex modifies the association of ECG measures of EP substrate with SCD.

## Methods

Informed consent was obtained from all study participants. The study was approved by the Oregon Health & Science University institutional review board. The ARIC (Atherosclerosis Risk in Communities) study data are available through BioLINCC (Biologic Specimen and Data Repository Information Coordinating Center; https://biolincc.nhlbi.nih. gov).

## Study population

The ARIC study is a prospective cohort that recruited 15,792 men and women (age 45–64 years) selected as a probability sample from 4 US communities. Participants were recruited in 1987–1989. Standardized examinations were conducted as previously described.<sup>8</sup> Included in the analysis were ARIC cohort participants with recorded resting 12-lead ECG and measured GEH (n = 15,777). Excluded were

participants who self-identified as nonwhite or nonblack race (n = 48), or as black at the Washington County and Minneapolis field centers (n = 55); those with missing covariates (n = 903); and those with nonsinus median beat (n = 46). The final sample of participants with normal sinus median beat included 14,725 participants. Definitions of clinical characteristics are provided in the Supplementary Methods.

#### Exposures of sex and ECG GEH

Resting 12-lead ECGs of the first 5 study visits were analyzed. Visit 1 was conducted in 1987–1989, visit 2 in 1990–1992, visit 3 in 1993–1995, visit 4 in 1996–1998, and visit 5 in 2011–2013. Traditional ECG amplitudes and intervals were measured by the 12 SL algorithm (GE Marquette Electronics, Milwaukee, WI). Sex-specific Cornell product was calculated to define ECG left ventricular hypertrophy (LVH).

GEH was measured as previously described,<sup>9</sup> by spatial QRS-T angle, SVG magnitude, azimuth, and elevation, and SAI QRST. The MATLAB (MathWorks, Natick, MA) software code for GEH measurement is provided at https://physionet.org/physiotools/geh. Both area and peak SVG vectors<sup>9</sup> and QRS-T angles were included in the analysis. Previously reported area-based GEH metrics were used in this study.<sup>1</sup> To measure peak vector–based GEH metrics, we constructed a time-coherent median beat and defined isoelectric heart vector origin point.<sup>10</sup> The MATLAB (MathWorks) software code for the heart vector origin definition is provided at https://github.com/Tereshchenkolab/Origin. In this study, we included only participants with a normal sinus median beat.<sup>10</sup>

#### Incident nonfatal cardiovascular events

Incident atrial fibrillation was defined as detected on either follow-up 12-lead ECG or hospital discharge records (*International Classification of Diseases, Ninth Revision* [*ICD-9*] code 427.3).<sup>11</sup> Incident stroke was physician-adjudicated, as previously described.<sup>12</sup> Definite or probable incident strokes are included in this study. Expert-adjudicated incident CHD was defined as a definite or probable myocardial infarction, angina, or coronary revas-cularization procedure.<sup>13,14</sup> Incident heart failure (HF) was defined based on the HF codes on a death certificate or an *ICD-9* discharge code, in any position, as previously described.<sup>15</sup>

### Primary outcome: SCD

Follow-up of ARIC participants<sup>14</sup> and adjudication of SCD were previously described.<sup>16</sup> Physician-adjudicated SCD was defined as a sudden pulseless condition in a previously stable individual without evidence of a noncardiac cause of cardiac arrest if the cardiac arrest occurred out of the hospital or in the emergency room. Definite, probable, or possible SCD was included in this study as a primary outcome.

Characteristics	Men (n = 6601)	Women (n = 8124)	P value
Age (y)	54.6 ± 5.8	53.8 ± 5.7	<.0001
White	5229 (78.1)	5886 (71.4)	<.0001
Postmenopausal		4834 (59.5)	
Heart failure	204 (3.1)	475 (5.9)	<.0001
Coronary heart disease	528 (8.0)	169 (2.1)́	<.0001
Stroke	142 (2.2)́	107 (1.3)	<.0001
Body mass index (kg/m <sup>2</sup> )	27.5 ± 4.2	27.8 ± 6.1	.0002
Diabetes	784 (12.0)	948 (11.7)	.697
Hypertension	2227 (33.7)	2811 (34.6)	.272
Antihypertensive drugs	1782 (27.0)	2664 (32.8)	<.0001
Current tobacco smoker	1809 (27.4)	2020 (24.9)	<.0002
Current alcohol drinker	4282 (̀64.9)́	4010 (̀49.4)́	<.0001
Leisure physical activity score	2.34 <sup>±</sup> 0.56	2.38 <sup>±</sup> 0.59	.000
Education less than high school	1543 (23.4)	1863 (22.9)	.526
Total cholesterol (mmol/L)	$5.46 \pm 1.03$	$5.64 \pm 1.12$	<.0001
HDL cholesterol (mg/dL)	44.3 ± 13.8	57.6 ± 17.3	<.0001
Triglycerides (mmol/L)	$1.60 \pm 1.13$	$1.39 \pm 0.92$	<.0001
Blood urea nitrogen (mg/dL)	$16.1 \pm 4.3$	$14.5\pm4.3$	<.0001
Chronic kidney disease stage >2	2310 (35.0)	2247 (27.7)	<.0001
Use of antiarrhythmic drugs	1006 (15.2)	1043 (12.8)	<.0001
Heart rate (bpm)	64.6 ± 10.2	$67.5 \pm 10.0$	<.0001
QRS duration (ms)	$96.9 \pm 12.5$	$88.4 \pm 10.7$	<.0001
QTc (ms)	$411.6 \pm 17.0$	$420.0 \pm 20.0$	<.0001
Cornell voltage (mV)	$1.40 \pm 0.6$	$1.10 \pm 0.5$	<.0001
Sex-specific ECG LVH	423 (6.4)	419 (5.2)	.001
QRST (°)	69.9 ± 28.7	$54.4 \pm 26.0$	<.0002
SVG magnitude (mV)	$1.75 \pm 0.5$	$1.68 \pm 0.5$	<.0002
SVG elevation (°)	$70.3 \pm 18.6$	65.4 ± 15.9	<.0002
SVG azimuth (°)	$21.6 \pm 27.6$	$26.2 \pm 22.6$	<.0002
SAI QRST (mV·ms)	$161 \pm 55$	$129 \pm 41$	<.0002

**Table 1**Comparison of baseline clinical and ECG characteristics in<br/>men and women

Values are given as mean  $\pm$  SD or n (%) unless otherwise indicated. ECG = electrocardiography; HDL = high-density lipoprotein; LVH = left ventricular hypertrophy; SAI QRST = sum absolute QRST integral; SVG = spatial ventricular gradient.

#### Competing mortality outcome: Non-SCD

Non-SCD was defined as an SCD exclusion, composite of fatal CHD, HF death, death in a participant with baseline HF, or incident hospitalized HF. Cases of fatal CHD were adjudicated by the ARIC Morbidity and Mortality Classification Committee.<sup>13,14</sup>

## Statistical analyses

A detailed description of the statistical methods is provided in the Supplemental Methods. To determine differences in GEH between men and women, we constructed 2 linear regression models with sex as a predictor and normally distributed GEH variables (one-by-one) as an outcome. Model 1 was adjusted for age, race, and study center. To determine whether sex differences in GEH can be explained by sex differences in clinical and traditional ECG characteristics, model 2 was additionally adjusted for prevalent cardiovascular disease (CVD) and known cardiovascular risk factors. Circular variables were analyzed using circular statistics.

In survival analysis, we constructed 3 models, performed a statistical test for interaction with sex in each model, and constructed sex-stratified Cox models for men and women. Relative hazard ratio (RHR) with a 95% confidence interval (CI) of SCD risk for women relative to men was reported, assuming hazard ratio (HR) for men is a reference (= 1). Model 1 was extensively adjusted for demographic and clinical characteristics. Associations of continuous ECG variables with SCD were also evaluated using adjusted Cox regression models incorporating cubic splines with 4 knots. The positions of the 4 knots in the cubic spline models are reported in Supplemental Table 1. To determine whether global ECG measures associated with SCD independently from the substrate of structural heart disease over time, time-updated model 2 included time-updated ECG predictors (one-byone), all baseline covariates included in model 1, and timeupdated incident nonfatal CVD (atrial fibrillation, HF, CHD, and stroke). To determine whether GEH is associated with SCD independently from traditional ECG measures, time-updated model 3 also included time-updated traditional ECG measurements.

To study competing risks of SCD and non-SCD, we constructed Fine-Gray competing risk models for SCD and non-SCD outcomes, using the same covariates as for Cox models. Relative sub-HR with 95% CI of SCD risk for women relative to men was reported, assuming the sub-HR for men is a reference.

Statistical analyses were performed using STATA MP 15.1 (StataCorp LP, College Station, TX); code is provided at https://github.com/Tereshchenkolab/statistics. Statistical significance P < .05 level should be interpreted with caution.

## Results

## Study population

Women comprised more than one-half the study population (Table 1). Greater than half of the women were postmenopausal. At baseline, women had a lower prevalence of CVD compared to men. Men had less favorable lipid profiles, were more likely current smokers and alcohol users, and were less physically active.

# Differences in ECG parameters between men and women

Women had a faster heart rate, longer QTc, and a narrower QRS (Table 1). QRS-T angle and SAI QRST were significantly larger in men compared to women (Figure 1, Supplemental Table 2, and Supplemental Figure 1). Sex differences in SVG magnitude were explained by covariates. SVG vector pointed more upward and forward in men. There were statistically significant 2-way interactions of all GEH variables with sex and heart rate and hypertension (Supplemental Figure 2).

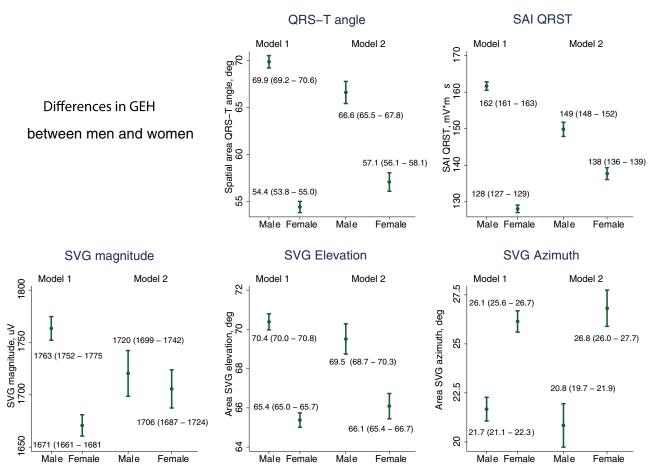


Figure 1 Global electrical heterogeneity (GEH) comparison in men and women. Estimated adjusted marginal (least squares) means and 95% confidence interval of GEH variables for men and women. SAI QRST = sum absolute QRST integral; SVG = spatial ventricular gradient.

## EP substrate of SCD in men and women in Cox regression analysis

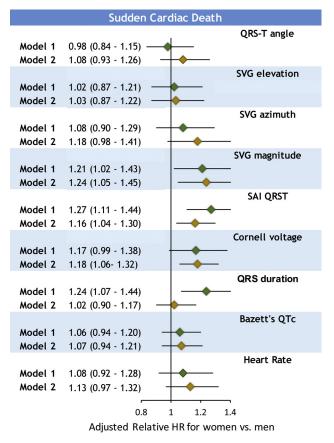
Over median follow-up of 24.4 years, there were 530 SCDs (incidence 1.72; 95% CI 1.58–1.88 per 1000 person-years); 2178 non-SCD (incidence 7.09; 95% CI 6.80–7.39 per 1000 person-years); and 2535 noncardiac deaths (incidence 8.25; 95% CI 7.93–8.58 per 1000 person-years). Incidence of SCD was higher in men (2.56; 95% CI 2.30–2.84 per 1000 person-years) than in women (1.10; 95% CI 0.95–1.26 per 1000 person-years). Incidence of non-SCD also was higher in men (8.51; 95% CI 8.03–9.03 per 1000 person-years) than in women (6.01; 95% CI 5.66–6.38 per 1000 person-years).

We observed a statistically significant interaction of sex with SAI QRST, SVG magnitude, and QRS duration (Figure 2 and Supplemental Table 3A). In women, 1 SD of SVG magnitude (0.5 mV), SAI QRST (51 mV·ms), and QRS duration (12 ms) carried a higher risk of SCD than in men, by 21%–27% (model 1). Importantly, we observed opposite trends in HR change across the distribution of SVG magnitude and SAI QRST in men and women (Figure 3 and Supplemental Figure 3). Adjustment for incident nonfatal CVD in model 2 strengthened the interaction of sex with SVG magnitude and revealed significant interaction with Cornell voltage, but attenuated the interaction with SAI QRST and wiped out the interaction with QRS duration.

Sex-stratified Cox models confirmed a significant association of traditional and novel global ECG metrics with SCD (Figure 4 and Supplemental Table 3B). After full adjustment for nonfatal incident CVD, there was a 24% increase in SCD risk in women vs 10% in men with 1 SD (0.6 mV) increase in Cornell voltage. Similarly, there was a 19% increase in SCD risk in women vs 9% in men with 1 SD (51 mV·ms) of SAI QRST. Interaction of SVG magnitude and SAI QRST with sex remained significant in model 3 (Supplemental Tables 3A and 3B).

## Relative competing risk of SCD and non-SCD in women compared to men

In competing risk model 1, a statistically significant interaction of sex with competing risk of SCD was observed for QTc, QRS duration, and SAI QRST (Figure 5 and Supplemental Table 3A). Adjustment in model 2 eliminated the interaction with QTc and QRS duration, suggesting that sex differences in SCD risk conveyed by QTc and QRS duration were explained by sex differences in structural heart disease substrate. However, model 2 revealed significant interaction of sex with SVG magnitude and Cornell voltage, in addition to interaction with SAI QRST. After full



**Figure 2** Relative risk of sudden cardiac death for women compared to men. Forest plot shows relative hazard ratio (HR) with 95% confidence interval (CI) for women compared to men, with HR = 1 for men, in model 1 (*green diamonds*) and model 2 (*gold diamonds*). *Black lines* correspond to 95% CI bounds. Abbreviations as in Figure 1.

adjustment for incident CVD, SVG magnitude, SAI QRST, and Cornell voltage were associated with a 16%–23% increase in odds of SCD occurrence in women compared to men (Figure 5 and Supplemental Table 4A).

A few interactions were observed for competing risk of non-SCD in model 1 but not in model 2. This suggests that sex differences in the risk of non-SCD were explained by nonfatal incident CVD.

In sex-stratified analyses, model 1 demonstrated that QTc, QRS, and SAI QRST were associated with an increased rate of SCD occurrence by 18%–26% in women but not in men (Figure 6 and Supplemental Table 4B). In men, but not in women, QTc prolongation and smaller peak SVG magnitude were associated with an increased incidence of non-SCD. When adjusted for time-updated CVD substrate in model 2, in women, larger SAI QRST, QRS duration, SVG magnitude, and Cornell voltage were associated with higher probabilities of SCD.

Across all comparisons and models, peak-based and areabased GEH metrics displayed consistent results, reassuring robustness of analyses.

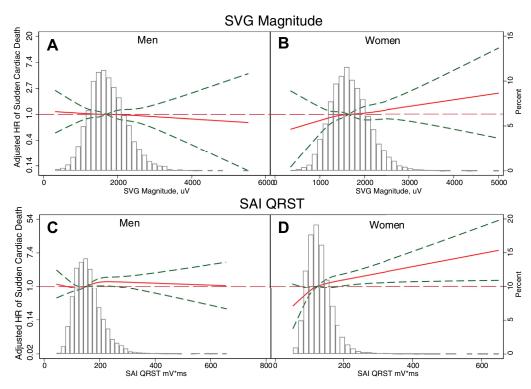
#### Discussion

Our study of a large, community-based prospective cohort of over 14,000 participants with >24 years of median follow-up showed that sex is a significant modifier with respect to the association of EP substrate with SCD. In women, global EP substrate (QRS duration, Cornell voltage, SAI QRST, SVG magnitude, heart rate, QTc) was associated with up to 24% greater risk of SCD than in men. Our findings have important clinical implications. The findings support the inclusion of these ECG metrics in risk scores of SCD and suggest the need for sex-specific risk scores. Our results indicate that significant improvement in SCD risk prediction for women can be made. Further studies of mechanisms behind global ECG metrics in men and women, as well as validation of our findings in a separate cohort, are needed for the development of sex-specific prevention of SCD. Theoretically, there are 2 major groups of mechanisms behind the observed effect modification: (1) differences in the cardiac EP substrate between men and women; and (2) differences in structural heart disease substrate.

Our study showed that after rigorous adjustment for baseline demographic and clinical risk factors of SCD, several traditional ECG metrics (QRS duration, heart rate, and QTc), Cornell voltage, and voltage-based GEH metrics (SAI QRST and SVG magnitude) were associated with greater SCD risk in women than in men.

The most remarkable difference in the risk of SCD between men and women was conveyed by amplitude-based ECG metrics: Cornell voltage, SAI QRST, and SVG magnitude. Importantly, the interaction of sex with amplitudebased ECG metrics was independent not only from baseline CVD and its risk factors but also from incident CVD, and it was consistently observed in both Cox regression analysis and competing risk models. A 1 SD (0.6 mV) increase in Cornell voltage was associated with >20% higher risk of SCD in women compared to men. Our finding is consistent with a recent autopsy SCD study in a Finnish population, which observed ECG LVH more commonly in female than male SCD victims.<sup>17</sup>

We observed that a 1 SD increase in the magnitude of SVG was associated with approximately 20% higher risk of SCD in women compared to men. A Finnish study demonstrated results consistent with our findings of sex differences in SAI QRST and its association with fatal CVD,<sup>18</sup> although it did not specifically include SCD. The magnitudes of SVG and SAI QRST are global measures of the dispersion of total recovery time in the heart, encompassing dispersion of activation and refractoriness.<sup>19-21</sup> We speculate that SVG magnitude and SAI QRST reflect differences in cardiac electrophysiology between men and women, which are responsible for the stronger association of SAI QRST and SVG magnitude with SCD in women than in men. Consistent with this hypothesis, a recent study of healthy volunteers showed that quinidine caused a significantly larger drop in SVG magnitude and SAI QRST in men than



**Figure 3** Adjusted (model 2) risk of sudden cardiac death associated with spatial ventricular gradient (SVG) magnitude (**A**, **B**) and sum absolute QRST integral (SAI QRST) (**C**, **D**) in men and women. Restricted cubic spline with 95% confidence interval shows a change in HR (hazard ratio) (Y-axis) in response to GEH variable change (X-axis). The 50th percentile of the GEH variable is selected as a reference.

in women.<sup>22</sup> As quinidine affects multiple ion channels, further studies are needed to discern responsible mechanisms.

We demonstrated that QRS duration is associated with >20% higher SCD risk in women than in men. Sex differences in SCD risk conveyed by QRS duration were largely explained by sex differences in time-updated structural heart disease substrate. The collider effect can possibly explain the strengthening of the association of QRS with SCD in men after adjustment for incident nonfatal CVD.<sup>23</sup> More likely in men (than in women), unobserved true EP substrate (eg, distal nonspecific ventricular conduction abnormality manifested by measured ECG variables QRS and QTc) and an unobserved CHD substrate (manifested by SCD outcome) cause a collider (eg, incident HF). Existing literature on the association between QRS duration and SCD is inconsistent, likely due at least in part to the study populations having very few women (1%–16%).<sup>24</sup>

Our study showed that in women QTc is associated with greater odds of SCD, whereas in men QTc is associated with a greater incidence of non-SCD. The association of QT interval with SCD is controversial.<sup>25</sup> Consistent with our findings, both the Rotterdam and Oregon Sudden Unexpected Death studies showed an association of QT prolongation with SCD only in the absence of cardiac dysfunction and diabetes, respectively.<sup>26</sup> Women have a longer QT interval due to reduced expression of potassium channels.<sup>27</sup> Estrogens inhibit the rapid delayed rectifier current, ultimately leading to increased calcium release mediated by the ryanodine receptor, which can predispose to triggered activity.<sup>28</sup> Two-thirds of drug-induced torsades de pointes

cases occur in women.<sup>29</sup> Thus, in women QTc carries an additional risk of SCD due to sex-specific EP mechanisms, independent of CVD substrate.

In this study, resting heart rate was associated with greater odds of SCD in women but not in men. Women have a faster resting heart rate<sup>7</sup> mostly because of smaller left ventricular mass and volume, resulting in lesser exercise capacity in women than in men.<sup>30</sup> Exercise capacity is associated with cardiac arrhythmias.<sup>31</sup> Our results suggest that lesser exercise capacity in women, manifested as faster resting heart rate, translates into the stronger association of heart rate with SCD in women, which is independent of CVD development.

In this study, nonfatal incident CVD explained the stronger association of QTc and QRS duration with SCD in women compared to men. However, sex did not modify the association of studied ECG features with non-SCD. This finding is in accordance with known differences in structural heart disease and coronary microvasculature between men and women. Women have greater arteriolar wall thickness than men.<sup>32</sup> Despite less frequent obstructive CHD, women with angina or myocardial infarction have greater cardiac mortality than men.<sup>33</sup> Thus, in women QTc and QRS duration reflect an underlying structural heart disease with greater risk of proarrhythmia than in men, whereas in men QTc and QRS duration reflect an underlying structural heart disease leading to pump failure and eventually more likely to non-SCD.

Consistent with previous studies in healthy young individuals<sup>34</sup> and young athletes,<sup>9</sup> we observed wider QRS-T angle, larger SAI QRST, and SVG vector pointing more upward and

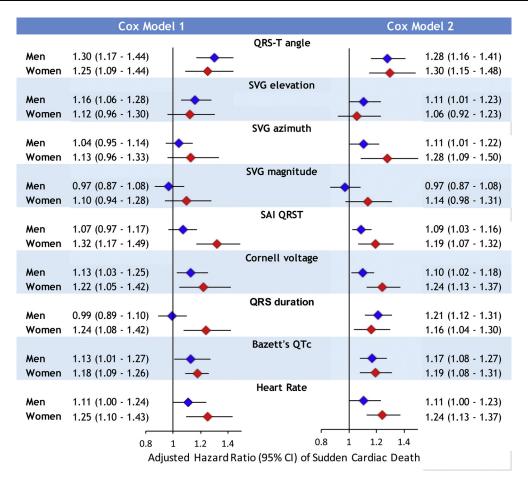


Figure 4 Sex-stratified risk of sudden cardiac death (SCD). Sex-stratified adjusted (models 1 and 2) Cox proportional hazard ratio and 95% confidence interval (CI) of SCD for electrocardiographic metrics in men (*blue diamonds*) and women (*red diamonds*). *Black lines* correspond to 95% CI bounds.

forward in middle-aged men than in middle-aged women. Therefore, sex-specific thresholds<sup>1</sup> of QRS-T angle, SVG direction, and SAI QRST should be recommended.

## Study strengths

This was a large community-based prospective cohort study with long-term follow-up, well-adjudicated SCD, and approximately equal representation of men and women, providing unique opportunity to study sex exposure as an effect modifier. The well-characterized population of the ARIC study allowed us to perform comprehensive adjustment for confounders accounting for important noncardiac differences between men and women.

### Study limitations

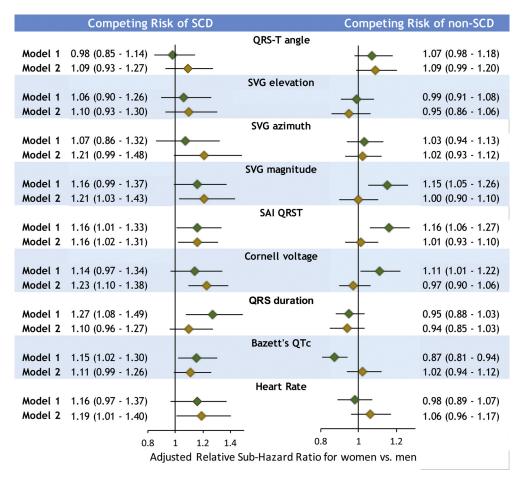
The study population was predominantly white; only 26% of the study participants were black. Nevertheless, our recent study showed that race does not modify an association of ECG metrics with SCD.<sup>35</sup> Due to the lack of information on baseline left ventricular ejection fraction for most of the study participants, we did not adjust our analyses for baseline left ventricular ejection fraction. Nevertheless, we adjusted our analyses for incident HF and conducted competing risk analyses, sufficiently accounting for competing risk of pump failure death.

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**Figure 5** Relative competing risk of sudden cardiac death (SCD). Forest plot shows relative sub-hazard ratio (SHR) with 95% confidence interval (CI) for women compared to men, with SHR = 1.0 for men, in model 1 (*green diamonds*) and model 2 (*gold diamonds*). *Black lines* correspond to 95% CI bounds.

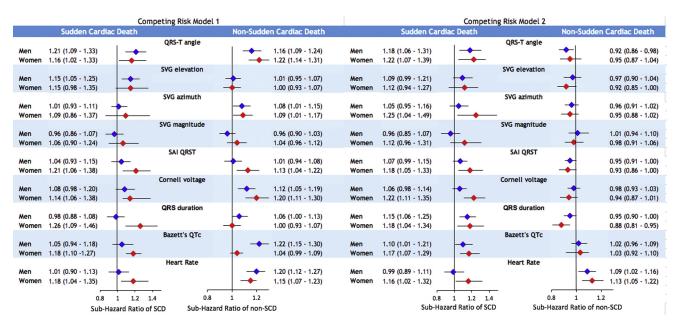


Figure 6 Sex-stratified competing risks of sudden cardiac death (SCD) and non-SCD. Sex-stratified adjusted (models 1 and 2) competing risk sub-hazard ratio and 95% confidence interval (CI) of SCD and non-SCD for electrocardiographic metrics in men (*blue diamonds*) and women (*red diamonds*). *Black lines* correspond to 95% CI bounds. Abbreviations as in Figure 1.

#### Disclosures

All authors have reported that they have no relationships relevant to the contents of this paper to disclose.

## Appendix

## Supplementary data

Supplementary data associated with this article can be found in the online version at https://doi.org/10.1016/j.cvdhj.2020. 08.003.

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