

Clinical outcomes of *KRAS*-mutant non-small cell lung cancer under untargeted therapeutic regimes in the real world: a retrospective observational study

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Background: Kirsten rat sarcoma viral oncogene homolog (*KRAS*) mutation seemingly suffered less effective therapeutic regimens in the absence of widely-accepted targeted drugs compared with other mutation types in non-small cell lung cancer (NSCLC). However, whether these non-selective therapy schedules for *KRAS* mutation matters is still under debate. Correspondingly, we aimed to compare the long term expectancy of indicated therapeutic regimes and further explore the optimal schemes of *KRAS* mutated NSCLC in the absence of targeted drugs in this retrospective study cohort.

Methods: We conducted a single-center retrospective analysis among 66 patients diagnosed with *KRAS*mutant advanced NSCLC from November 2018 to December 2020. These enrolled cases were divided into different subgroups in light of mutant isotypes, pathological characteristics, and therapeutic regimes to uncover indicated long-term survival benefits. Additionally, clinical outcomes of treatment schedules and interventional lines to *KRAS*-mutant NSCLC were described in detail.

Results: This cohort enrolled 8 patients with stage IIIB (12.1%) and 58 patients with stage IV (87.9%) with the median age 62 years, ranging from 32 to 91 years old. Genetically, G12C conducted as the most common *KRAS* mutation type, accounting for 30.3%. Pemetrexed combined with platinum chemotherapy seemed to be a priority (72.7%), and chemotherapy combined with immunotherapy became an alternative (15.2%) in clinic. Performing further analysis of long-term survival of patients receiving different treatment methods indicated that the median overall survival (mOS) in first-line therapy with antiangiogenesis or untreated was 13 and 12 months, respectively (P=0.79). In the first-line regimen, median survival was 17 months for patients who received combined immune checkpoint inhibitors and 12 months for those who had used immune checkpoint inhibitors and 12 months for those who had not (P=0.11). Survival analysis results of NSCLC patients with different *KRAS* mutation types showed the median survival time of patients with G12C mutation type and patients without with nonG12C mutation type was 19 and 12 months, respectively (P=0.37).

Conclusions: In the absence of *KRAS* targeted drugs, available treatment plans failed to benefit *KRAS* mutant sufferers regardless of isotypes, making the *KRAS*-targeted drugs urgent.

Keywords: Non-small cell lung cancer (NSCLC); Kirsten rat sarcoma viral oncogene homolog (*KRAS*); realworld study; therapeutic regimes; long-term outcomes

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Introduction

Lung cancer is the second most common cancer worldwide and carries the highest mortality rate (1). Accounting for 85% of lung cancer, the majority of non-small cell lung cancer (NSCLC) patients feature local or advanced stage at the time of diagnosis, especially a subset named adenocarcinoma. Genetically, about 25% of lung adenocarcinoma patients carry Kirsten rat sarcoma viral oncogene homolog (KRAS) gene mutation, and present shorter survival than those with KRAS wildtype, which is related to the poor prognosis (2). Isotypes of KRAS mutations varies with the most common a single guanineto-thymine substitution resulting in a glycine-to-cysteine substitution (KRAS G12C), which occurs in approximately 13% of NSCLC (3). Fortunately, tyrosine-kinase inhibitors (TKI), including sotorasib (4) and adagrasib (5) have been developed for this type of mutation. However, personal financial burden and lack of sufficient evidences in KRAS isotypes weakened their clinical utilization, which still needed further attention to alternatives for KRAS-mutant advanced NSCLC besides targeted drugs instead.

Of note, optimal strategies for *KRAS* mutant NSCLC seemingly failed to reach a consensus before the emergency of specific targeted therapy. It has been highly appreciated that chemotherapy performs as a fundamental strategy

Highlight box

Key findings

- G12C performed as the primary isotype of Kirsten rat sarcoma viral oncogene homolog (*KRAS*)-mutant non-small-cell lung cancers (NSCLCs).
- Immune checkpoint inhibitors performed seemingly beneficial to chemotherapy and anti-angiogenesis as the first-line intervention in this restricted population.
- Therapeutic drugs and lines barely correlated to long-term outcomes in *KRAS*-mutant isotypes of NSCLC patients.

What is known and what is new?

- *KRAS* mutation seemingly suffered less effective therapeutic schedules in the absence of widely-accepted targeted drugs compared with other mutation types in NSCLC.
- Existing therapeutic regimes drive no long-term benefits for *KRAS*-mutant NSCLCs regardless of isotypes, which needed to be targeted as a priority.

What is the implication, and what should change now?

• *KRAS*-mutant NSCLC may benefit from accurate genetic identification and targeted strategies in an extending population, setting other potential regimes as the secondary alternatives.

in combination with other interventional approaches or just as a single agent. Another study has reported that immunotherapy seems to be beneficial to *KRAS* patients (6), while the results of increasing real-world clinical observation studies showed no difference between immune combined chemotherapy and chemotherapy alone (7,8), leading to an uncertainty whether this benefit was different from the overall population of NSCLC patients without gene mutation.

Considering these confusions, we enrolled *KRAS*mutant advanced NSCLC patients in our own center, and retrospectively analyzed their corresponding therapeutic regimes and long-term outcomes, in order to explicit the alternatives to extend their life expectancy in the absence of targeted options. We present this article in accordance with the STROBE reporting checklist (available at https://tlcr. amegroups.com/article/view/10.21037/tlcr-23-449/rc).

Methods

Study cobort enrollment

We retrospectively screened out advanced lung cancer inpatients who visited at the Department of Pulmonary and Critical Care Medicine, Xijing Hospital from November 2018 and December 2020. All selected patients have undergone pathological and genetic examinations to confirm the presence of KRAS mutation after the suspected malignant lesions according to computer tomographic scanning. Exclusive criterion was shown in *Figure 1*. The clinical data of the biological features of participants were collected, including age, sex, smoking status, clinical stage, Eastern Cooperative Oncology Group (ECOG) performance status at diagnosis, histology and molecular status, programmed death ligand 1 (PD-L1) TPS score (<1%, 1–49%, \geq 50%), presence of brain metastases (BMS) at diagnosis and at any time following initial diagnosis, systemic therapy including start and stop dates, date of diagnosis of metastatic or recurrent disease, date of death, and date of last follow-up. The first line of therapy was defined as the initiation of systemic therapy drug. Several treatment-related characteristics were also collected, including the starting time of each first-line treatment, the time of each systemic evaluation of progress, the specific organ of progress, and the drug combination of different treatment regimens. End points were confirmed at the time of death. This study was approved by the Medical Ethics Committee of the First Affiliated Hospital of the Fourth



Figure 1 Flow-process diagram. KRAS, Kirsten rat sarcoma viral oncogene homolog.

Military Medical University (No. KY20232309-C-1) and conformed to the provisions of the Declaration of Helsinki (as revised in 2013). Individual consent for this retrospective analysis was waived.

Detection of KRAS mutations

All patients were routinely undergoing lung cancer tissue gene detection by real-time quantitative PCR using the AmoyDx Multi-Gene Mutations Detection Kit. For this analysis, NSCLC patients who had available *KRAS* mutation test results and did not have an *EGFR*, *ALK*, or *ROS1* gene aberration were included.

Procedures

At the time of each patient's initial diagnosis and treatment, we analyzed the initial diagnosis, the stage of the tumor, the site of metastasis, and each first-line treatment regimen. At each point of systemic progression, the time of progression in tissues and organs were assessed. Changes in treatment were also assessed, until the time of last follow up or the patient died.

Statistical analyses

Data are presented as means ± standard deviation (SD) for normally distributed data and as medians with interquartile ranges in parentheses for skewed data. Kaplan-Meier curves were used for univariate survival analyses. The Cox proportional hazards model was used to complete univariate and multivariate survival analyses with the hazard ratio (HR) and corresponding 95% confidence internal. Progressionfree survival (PFS) was defined as the time from the date of initial diagnosis or treatment to the date of systemic progression or censored at the date of the last follow-up. Statistical analysis of the data was performed using SPSS version 21.0 (SPSS Inc., IBM Corp., Chicago, IL, USA), and two-sided P values <0.05 were statistically significant.

Results

Patient enrollment and clinical characteristics

Between November 2018 and December 2020, a total of 638 patients with advanced NSCLC searched for medical consultation in our department. After rigorous screening based on genetic test, 69 (10.8%) of them were diagnosed bearing *KRAS* mutation, 66 of which were enrolled into this study eventually (*Figure 1*). Detailed information of NSCLC patients with *KRAS* mutation was shown in *Table 1*. Of the 66 NSCLC with *KRAS* mutation patients, 18 were female (27.3%) and 48 were male (72.7%). The median age of all patients was 62 years old, with 40.9% <60 years old and 59.1% \geq 60 years old. As for clinical characteristics, 87.9% of patients were classified as stage IV, and 58 cases were

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 Table 1 Demographic characteristics of patients with KRAS mutation (N=66)

| Factors | Number (%) or median [range] |
|--------------------|------------------------------|
| Gender | |
| Female | 18 (27.3) |
| Male | 48 (72.7) |
| Age, years | 62 [32–91] |
| <60 | 27 (40.9) |
| ≥60 | 39 (59.1) |
| Smoking history | |
| Yes | 45 (68.2) |
| No | 21 (31.8) |
| Stage | |
| IIIB | 8 (12.1) |
| IV | 58 (87.9) |
| Performance score | |
| 1 | 57 (86.4) |
| 2 | 5 (7.6) |
| Unknown | 4 (6.1) |
| Histology | |
| Adenocarcinoma | 58 (87.9) |
| Non-adenocarcinoma | 8 (12.1) |
| PD-L1 expression | |
| <1% | 8 (12.1) |
| 1–49% | 6 (9.1) |
| ≥50% | 8 (12.1) |
| Unknown | 44 (66.7) |
| Brain metastasis | |
| Yes | 12 (18.2) |
| No | 54 (81.8) |

KRAS, Kirsten rat sarcoma viral oncogene homolog; PD-L1, programmed death ligand 1.

categorized into adenocarcinoma according to histological examinations, accounting for 87.9%. The expression level of PD-L1 was detected in 22 of 66 patients, excluding 44 unknowns, of which 8 cases (36.4%) were <1%, 6 cases (27.3%) were 1–49%, and 8 cases (36.4%) were \geq 50%. BMS were seen in 12 cases, accounting for 18.2%.



Figure 2 *KRAS* mutation types among NSCLC in bar chart. *KRAS*, Kirsten rat sarcoma viral oncogene homolog; NSCLC, non-small cell lung cancer.

G12C performed as the primary isotype of KRAS mutation in NSCLC

Previous study (9) reported that diverse isotypes of KRASmutation exist, which may contribute to various molecular biological characteristics, and in turn, distinctive clinical outcomes to the same treatment. Thus, we analyzed the detectable isotypes of KRAS-mutation at different sites among enrolled group, and further compared their corresponding incidence proportionally. Consequently, we found that the most common KRAS mutation type was G12C (30.3%), followed by G12D (15.2%), and the remainder comprising other mutation types including G12A (12.1%), G12V (7.6%), G12G (6.1%), G12X (3%), G12S (3%), and Q61H (3%) (Figure 2). These findings were in line with that from other studies, illustrating that G12C performed as the primary isotype and there was also a necessity to execute precise molecular diagnosis in KRASmutant NSCLC before initial treatment.

Therapeutic drugs and lines barely correlated to long-term outcomes in KRAS-mutant isotypes of NSCLC patients

Due to the lack of targeted therapy, it seemed a priority to select appropriate plans to *KRAS*-mutant NSCLC, aiming to improve curable efficacy and in turn extend life expectancy to some extent. Thus, we collected the existing therapeutic schemes to *KRAS* mutation without specific targeted agents, and further illustrated several optimal approaches to this special mutation in NSCLC. Generally speaking (*Table 2*), in first-line chemotherapy, 8 patients

Table 2 Treatment of patients with KRAS mutation (N=66)

| Factors | Number (%) |
|---|------------|
| 1 st -line chemotherapy | |
| Taxanes-based | 8 (12.1) |
| Pemetrexed-based | 48 (72.7) |
| Gemcitabine-based | 3 (4.5) |
| No | 7 (10.6) |
| 1 st -line angiogenesis inhibitors | |
| Yes | 28 (42.4) |
| No | 38 (57.6) |
| 1 st -line immune therapy | |
| Yes | 10 (15.2) |
| No | 56 (84.8) |
| 2 nd -line therapy | |
| Yes | 37 (56.1) |
| No | 27 (40.9) |
| Unknown | 2 (3.0) |
| 2 nd -line therapy | |
| Taxanes-based | 20 (30.3) |
| Pemetrexed-based | 8 (12.1) |
| Gemcitabine-based | 3 (4.5) |
| Other | 6 (9.1) |
| No | 29 (43.9) |
| 2 nd -line angiogenesis inhibitors | |
| Yes | 9 (13.6) |
| No | 28 (42.4) |
| 2 nd -line immune therapy | |
| Yes | 9 (13.6) |
| No | 28 (42.4) |
| 3 rd -line therapy | |
| Yes | 17 (25.8) |
| No | 49 (74.2) |
| 4 th -line therapy | |
| Yes | 8 (12.1) |
| No | 58 (87.9) |
| 5 th -line therapy | |
| Yes | 3 (4.5) |
| No | 63 (95.5) |

 Table 2 (continued)

Table 2 (continued)

| Factors | Number (%) |
|--|------------|
| Posterior line therapy | 28 (100.0) |
| Chemotherapy | 8 (28.6) |
| Angiogenesis inhibitors | 5 (17.9) |
| Chemotherapy + angiogenesis inhibitors | 5 (17.9) |
| Chemotherapy + immune therapy | 2 (7.1) |
| Angiogenesis inhibitors + immune therapy | 5 (17.9) |
| ткі | 2 (7.1) |
| Chemotherapy + TKI | 1 (3.6) |

Posterior line therapy: 3rd-line, 4th-line and 5th-line therapy. *KRAS*, Kirsten rat sarcoma viral oncogene homolog; TKI, tyrosine-kinase inhibitor.

(12.1%) received paclitaxel, 48 patients (72.7%) received pemetrexed, 3 patients (4.5%) received gemcitabine, and 7 patients (10.6%) received no treatment. In firstline treatment, 28 patients (42.4%) received combined antiangiogenic therapy (bevacizumab or anlotinib) and 10 patients (15.2%) received combined immune checkpoint inhibitor (pembrolizumab, nivolumab, tislelizumab, camrelizumab or sintilimab), while 37 patients received second-line treatment, and 9 received second-line treatment combined with anti-angiogenic drugs and immune checkpoint inhibitors. Third-line treatment was received by 17 patients, while 8 patients received fourth-line treatment and three patients received fifth-line treatment. Among the 28 patients with posterior line therapy, 8 (28.6%) had chemotherapy alone, 5 (17.9%) had anti-angiogenic therapy alone, 5 (17.9%) had chemotherapy combined with antiangiogenic therapy, 2 (7.1%) had chemotherapy combined with immunotherapy, and 2 (7.1%) received anti-angiogenic intervention combined with immunotherapy. TKI was used in 2 cases (7.1%), and 1 patient (3.6%) had chemotherapy combined with TKI. These results partially indicated that it failed to reach a consensus to KRAS-mutant NSCLC with the absence of targeted drugs.

Another, we further explored the clinical outcomes of *KRAS*-mutant NSCLC with different therapeutic regimes. Consequently, the median PFS (mPFS) reached 4.8 months for first-line treatment and 3 months for second-line treatment, respectively (*Figure 3A*). The mPFS of first-line combined immunotherapy was 7.1 months and that of first-line combined antiangiogenesis therapy was 4.8 months (*Figure 3B*, *3C*). Additionally, the first-line mPFS was



Figure 3 PFS of NSCLC patients with *KRAS* mutation. (A) mPFS in different lines; (B) mPFS in 1st-line angiogenesis inhibitors; (C) mPFS in 1st-line ICIs; (D) mPFS in age-dependent subgroups. P values are listed under the annotation on the right. PFS, progression-free survival; NSCLC, non-small cell lung cancer; *KRAS*, Kirsten rat sarcoma viral oncogene homolog; mPFS, median PFS; ICI, immune checkpoint inhibitor.

6.3 months in patients ≤ 60 years old and 4.2 months in patients >60 years old (P=0.02) (Figure 3D). As for overall survival (OS), the median OS (mOS) of all NSCLC patients with KRAS mutations was 14 months (Figure 4A). In subgroup analysis, gender-associated orientation was not the dominant factor in KRAS-mutant NSCLC (Figure 4B), but age under 60 seemed to an evaluation factor for poor prognosis in this cohort (Figure 4C). It still deserved attention that long-term outcomes of KRAS-mutant NSCLC barely correlated with pathological types with 14 months for adenocarcinoma and 7.5 months for nonadenocarcinoma (P=0.07) (Figure 4D), similar to that within BMS subgroup (mOS, with or without BMS for 12 and 14 months, respectively, P=0.8) (Figure 4E). Next, we further evaluated that whether the long-term survival of KRAS-mutant NSCLC could be affected by potential firstline therapies. What exceeded expectations was that the first-line utilization of anti-angiogenesis, chemotherapeutic drugs, and even immune checkpoint inhibitors failed to benefit sufferers totally (Figure 4F-4H), no matter which isotypes of KRAS were characterized or whether ICIs were performed (Figure 41,47). These results showed that taking chemotherapy as a priority in first-line treatment mattered

most in benefiting *KRAS*-mutant NSCLC to a great extent, while other regimes failed to be advantageous of angiogenesis and immune checkpoint inhibitors instead.

Discussion

The KRAS gene is an important driving gene in the occurrence and development of NSCLC, and its mutation rate is up to 20-30% in Western populations and 10-15% in Asian populations (10,11). Similar to the results of studies mentioned above, the incidence of KRAS gene mutation in NSCLC patients in this study was 10.8%, with a median age of 62 years, which mainly occurred in lung adenocarcinoma patients. Smokers accounted for a relatively high proportion, and 18.2% of patients had BMS. However, different from the results of individual studies, the proportion of male NSCLC patients with KRAS mutation in this study was higher than that of females (8). Mechanically, mutations at sites 12, 13, or 61 of the KRAS gene lead to amino acid substitution, mainly occurring at codon 12 and 13 of exon 2, among which G12C point mutations are the most common, followed by G12V, G12D, and G12A point mutations (12-14), being in accordance



Figure 4 The survival analysis of patients with NSCLC complicated with *KRAS* mutation. (A) OS in unclassified patients; (B) OS in genders; (C) OS in ages; (D) OS in subtypes of NSCLC; (E) OS in patients with or without brain metastasis; (F-H) OS in first line schemes with chemotherapy, angiogenesis inhibitor, and ICIs, respectively; (I) OS in isotypes of *KRAS*; (J) OS in the presence of ICIs. P values are listed under the annotation on the right. NSCLC, non-small cell lung cancer; *KRAS*, Kirsten rat sarcoma viral oncogene homolog; OS, overall survival; ICI, immune checkpoint inhibitor.

with that in this study. Consecutive activated *KRAS* and switched on the downstream RAS signaling cascade, which may further interact with multiple effectors including mitogen-activated protein kinase, phosphoinositol 3-kinase, signal transduction, and transcription cascade activators that lose their normal function of regulating the cell cycle, leading to the development of tumors (15). In practice, *KRAS*-mutant NSCLCs have shorter OS and PFS in firstline chemo- or immune-therapies than those with *KRAS* wild-type (13,16), which was in accordance with our results. Due the limitations of detective approaches and restricted enrolled population, the long-term benefiting impacts from *KRAS* co-mutation could not be discussed in this study, which still deserved additional attentions.

Immunotherapy, which was identified to get great achievements in multiple cancer types, may facilitate the long-term survival within KRAS-mutant NSCLC. To fill the gap in the application of ICI therapy in NSCLC patients with positive KRAS mutations, we retrospectively analyzed the OS rate within those diagnosed in this cohort, indicating that the positive expression rate of PD-L1 followed by KRAS mutation accounted for 63.6%, which may be attributed to KRAS mutants associated neoantigens that may trigger an anti-tumor immune response (17). Tumor cells inclined to compensate for high immune visibility through abnormal activation of immune checkpoints to offset the cytotoxic effect of an early immune response (18). Correspondingly, immune checkpoint inhibitors seemed more beneficial for NSCLS patients with KRAS mutations compared with those received platinumbased chemotherapy in clinic.

Up to now, large prospective clinical trials have been rarely conducted to investigate the efficacy of PD-1/PD-L1 inhibitors in patients with advanced KRAS-mutant NSCLCs. In a retrospective study of immunotherapy for advanced NSCLC, patients with KRAS mutations who received PD-1 inhibitors showed significant benefits in OS and PFS compared with wild-type patients (6). A real-world study also showed that the clinical outcome of the first-line ICIs was similar with that in advanced NSCLC, regardless of KRAS alteration (19). Among the KRAS-mutated NSCLC patients, G12C-positive tumors showed increased immunogenicity and potential sensitivity to ICIs (20). In addition, a subgroup analysis of the KEYNOTE 042 study indicated that compared with KRAS wild-type patients, pembrolizumab not only resulted in a higher ORR in patients with KRAS mutations (56.6% vs. 26.1%), but also significantly reduced the risk of tumor-oriented death (21).

A meta-analysis of anti-PD-(L)1 for advanced *KRAS*mutant NSCLC showed that anti-PD-(L)1 combined with or without chemotherapy to advanced *KRAS*-mutant NSCLC appeared to obtain longer OS and PFS than chemotherapy alone, with greater OS benefit than that with wild-type ones (22). However, a real-world retrospective study analysis of first-line treatment of *KRAS* mutations with pembrolizumab monotherapy showed similar survival rates to those of patients with *KRAS* wild-type stage IV lung adenocarcinoma, suggesting *KRAS* had no prognostic value with respect to treatment with pembrolizumab (8).

Currently, it is unclear whether immunotherapy combined with chemotherapy can significantly benefit patients with KRAS-mutated NSCLC. A retrospective study involving 1,127 patients with advanced non-squamous NSCLC who were strongly positive for PD-L1 showed that in *KRAS* wild-type patients, the mOS of immunotherapy combined with chemotherapy tended to lengthen longterm outcomes compared with single immunotherapeutic agent. In KRAS-mutant patients, there was no significant difference in mOS between immunotherapy combined with chemotherapy and immunotherapy (23). Although most studies show patients with KRAS mutations may be an effective treatment group for PD-1/PD-L1 inhibitors, not all patients with KRAS mutations can benefit from them, and further discussion is needed to clarify the reasons. One study confirmed KRAS-G12D point mutation as a primary resistance factor to anti-PD-1/PD-L1 immunotherapy in patients with KRAS-mutated NSCLC. The KRAS-G12D mutation inhibited PD-L1 level through the P70S6K/ PI3K/AKT axis and decreased CXCL10/CXCL11 levels by down-regulating high mobility histone A2 levels (24). In addition, a clinical trial showed adagrasib had clinical efficacy in patients previously treated with KRAS-G12C mutant NSCLC in the absence of new safety signals (25). Therefore, the development of targeted drugs for KRAS mutation will bring new hope to patients with KRAS mutant NSCLC (26).

There still exist several unavoidable limitations in this study. Firstly, as a single center retrospective study, restricted number of enrollment was less sufficient to illustrate the long-term survival of *KRAS*-mutant NSCLC to diverse therapeutic plans, which no doubt may weaken the conclusions. In addition, due to the interferences from subjective judgement, the selection of treatment plans tended to be biased, inevitably leading to potential selectivity bias in light of implementations in detailed groupings. Finally, the prevalence of individual variances 2038

and tumor heterogeneity also made it susceptible to prognostic disparity, which still required additional largescale analysis and thorough subtype grouping.

Conclusions

In conclusion, this study analyzed the clinical outcomes of NSCLC patients with *KRAS* mutation under untargeted therapeutic regimes in the real world, indicating that there was no significant difference in the long-term survival of them, no matter which treatment schemes were performed. Additionally, a large group of people with *KRAS*-mutant NSCLC benefit from accurate genetic identification and organized treatment strategies, which underscores the need for *KRAS*-targeted medications.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://tlcr.amegroups. com/article/view/10.21037/tlcr-23-449/coif). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was approved by the Medical Ethics Committee of the First Affiliated Hospital of the Fourth Military Medical University (No. KY20232309-C-1) and was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Individual consent for this retrospective analysis was waived.

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