

OPEN The viscosity-radius relationship for concentrated polymer solutions

Dave E. Dunstan

Received: 20 August 2018 Accepted: 25 November 2018 Published online: 24 January 2019

A key assumption of polymer physics is that the random chain polymers extend in flow. Recent experimental evidence has shown that polymer chains compress in Couette flow in a manner counter to expectation. Here, scaling arguments and experimental evidence from the literature are used to determine the relationship between the viscosity, η_{r} and chain radius of gyration, R_{G} . The viscosityradius of gyration relationship is found to be $\eta \sim R_G^{m(\dot{\gamma})}$ where m($\dot{\gamma}$) is the power law exponent of the viscosity-temperature relationship that depends on the specific polymer-solvent system and the shear rate, $\dot{\gamma}$. The viscosity is shown to be a power law function of the radius, and to decrease with decreasing radius under conditions where the chains are ideal random walks in concentrated solution. Furthermore, this relationship is consistent with both the widely observed viscosity-temperature and viscosity-shear rate behavior observed in polymer rheology. The assumption of extension is not consistent with these observations as it would require that the chains increase in size with increasing temperature. Shear thinning is thus a result of a decreasing radius with increasing shear rate as $R_6 \sim \dot{y}^{-n/m(\dot{y})}$ where n is the power law exponent. Furthermore, the thermal expansion coefficients determine the variation in the power law exponents that are measured for different polymer systems. Typical values of n enable the measured reduction in coils size behavior to be fitted. Furthermore, the notion that polymer chains extend to reduce the viscosity implies that an increasing chain size results in a reduced viscosity is addressed. This assumption would require that the viscosity increases with reducing coil radius which is simply unphysical.

Polymers are of interest for reasons spanning wide practical application, through to the elegant theories of polymer dynamics introduced by Kuhn, Flory and de Gennes¹⁻³. The theories show universal applicability through scaling arguments, suggesting a reductionist truth that is the aspiration of many other branches of physics³. A key focus of the area has been to understand the molecular basis of rubber elasticity and polymer rheology⁴⁻⁶. Considerable effort has been devoted to developing models to predict the visco-elastic flow behavior of polymer solutions and melts^{7,8}. A general behavior of the type shown in Fig. 1 is observed for these systems where the viscosity is seen to decrease with increasing shear rate in classical visco-elastic behavior^{4,6,9,10}. Prediction of this behavior has been undertaken using a number of molecularly based models with varying degrees of success. A simple empirical model, the Power Law model, has been used to model the shear thinning behavior with a power law exponent^{4,9,11}. Typical power law exponents have been observed for polymer solutions that are in the range of 0.5-1.0 suggesting a key universal physics underlies this behavior 4,9,12 .

A key assumption used in the models of polymer dynamics and rheology is that the chains extend in the flow to reduce the viscosity and imbue the solution with elasticity¹⁰. Here we present a brief history of the developments in polymer experiments and modelling in order to explain why the assumption that the chains extend in flow has become universally accepted and that there is little evidence for extension in simple Couette flow other than that observed for DNA and indeed recent experimental evidence shows chain contraction in flow for random chain polymers^{13–25}.

Here we review the chronology of the developments in experimental and theoretical developments in polymer physics. Gough (1805) and later Joule (1859) were the first to report on the contraction of rubber materials with increasing temperature^{26,27}. Considerably later in 1920, Staudinger reported on the connected, polymeric, nature of rubber like materials that leads to their rather fascinating properties^{28,29}. Kuhn was the first to postulate the dumbbell model of polymers in flow in his seminal 1933 Kolloid Z. paper¹. He was the first to recognize that the macroscopic properties could be predicted from understanding single chain behavour¹. The dumbbell model first posed by Kuhn, in which the polymers behave as two beads on an elastic (Hookean) spring, is still used currently in modified forms⁵. The beads experience a Stokes drag that causes extension and compression as the

Department of Chemical Engineering, University of Melbourne, VIC, 3010, Australia. Correspondence and requests for materials should be addressed to D.E.D. (email: davided@unimelb.edu.au)

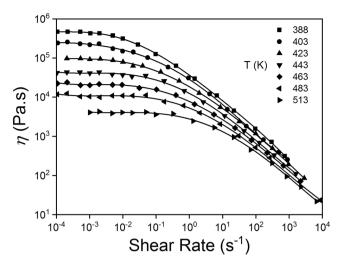


Figure 1. The viscosity versus shear rate behavior for a range of temperature for low density polyethylene melts at a range of temperatures. Original data source, J. Meissner, *Kunststoffe*, 61, 576–582, 1971. The data is replotted from *Dynamics of Polymeric Liquids I: Fluid Mechanics* by Bird *et al.*⁶.

dumbbell precesses in Jeffery orbits³⁰. In a later paper, Kuhn developed a statistical mechanical model to predict the Hookean force law for the chains that acts as a restoring force to counter the hydrodynamic forces³¹. Kuhn also predicted that the dumbbell could either extend or compress in flow as it rotates around the vorticity axis.

Several papers by Mooney^{32,33}, James and Guth³⁴ and Flory^{35,36} then developed the Rubber Theory from statistical mechanics. The rubber theory accounts for both compression and extension and predicts the modulus over a reasonable range of strains³⁷.

In 1942 Kuhn and Grun published the first paper to assume that the chains extend in simple flow. They calculated the relationship between the reduced shear rate and the end-to-end vector of the chains³⁸. In this paper the predicted reduced extension is plotted versus the reduced shear rate to show a limiting extension at high shear rates.

The 1950's then saw two key papers published by Rouse and Zimm^{39,40}. The paper by Rouse presents the so called free draining model for the polymer coils where both hydrodynamic interactions and excluded volume are neglected. Zimm included hydrodynamic interactions for the theta condition (no excluded volume) in his 1956 paper⁴⁰. Following the work of Rouse and Zimm, Peterlin published two papers that modelled the chains as an "ellipsoid whose axial ratio increases with shear"^{41–44}.

Flory published two seminal texts in 1953 & 1969 that examined polymers from a largely theoretical perspective and established the idea of excluded volume effects and "ideal chains" at high concentrations^{2,45}.

The French physicists then followed by publishing a number of key papers that culminated in De Gennes' book *Scaling Concepts in Polymer Physics* in 1978 that introduced the reptation concept and further developed the scaling arguments first postulated by Flory³. Shortly after de Gennes book, Doi and Edwards authored *The Theory of Polymer Dynamics* in 1986⁴⁶. The connection to the rheological behaviour was further advanced by Ferry in 1980¹¹ and then Bird *et al.* in their classic two volume text of 1987^{5,6}. An elegant and comprehensive review by Larson¹⁰ from 2005 outlines the development of the field in a chronological manner.

The experimental developments in the field, as reviewed below, have generally been coincident with advances in experimental methods that have enabled measurement of the key the parameters. Two of these are the chain deformation and orientation in flow. The advent of lasers and the development of light scattering with high resolution enabled the first light scattering measurements in flow to be undertaken. The pioneering work of Cottrell, Merrill and Smith in 1969 was the first measurement of light scattering from polymer solutions in shear ⁴⁷. More recently, Link and Springer 1993 and then Lee, Solomon and Muller 1997 furthered this work of Generally, the interpreted deformation is much less than the models predict. Much of the observed behaviour can be interpreted as orientation of the random ensemble of prolate chains in the flow field ^{49,51,52}. The orientation of the prolate chains, in Jeffery orbits, increases the scattering cross section in the direction perpendicular to the vorticity direction resulting in the appearance of extension. The quiescent solution is isotropic and becomes anisotropic through flow induced orientation of the prolate chains. Rheo-optic measurements on dilute solutions of polydiacetylenes in Couette flow show increased projection of the chains in the flow direction, with no deformation of the backbone ⁴⁹.

A significant body of work has been generated measuring the flow induced birefringence of polymer solutions. This field is rather neatly summarised by Meissner and Janeschitz-Kriegl⁵³. Much of the work has focused on measuring the stress optic coefficients and validating the so called stress-optic law. It should also be noted that the stress optic coefficients are found to be both positive and negative for differing polymer systems, suggesting that the flow induced behaviour is very different for the different systems measured⁵³. The variation in the stress-optic coefficients arises from the inherent refractive index difference between the backbone and the solvent, the flow induced orientation of the prolate chains and the spatial orientation of the chains⁴⁶.

More recently a number of very elegant works on fluorescently labelled DNA in flow have been undertaken. Two of the key papers are by Smith, Babcock and Chu, Science 1999¹⁶ and Le Duc, Haber, Bao and Wirtz, Nature 199920. In both works the DNA was visualised using fluorescence microscopy with sliding plates to generate Couette flow and maintain the DNA molecules in the field of view. The problem with these works is that the DNA is claimed to be representative of random chain polymers in solution. The images show that this is not the case. The DNA images are not of a random chain of 440 segments whose conformation is determined by entropy^{16,20}. The observed unfolding shows a blob like structure that unfolds in a manner that does not appear to be a random coil like structure. Furthermore, the resolution of the microscopy method determines that compression is difficult to observe¹⁶. Larson has written a comprehensive review of the rheology of dilute solutions of flexible polymers focusing on the progress and problems¹⁰. A considerable component of the review is focused on simulations and modelling the data obtained from DNA. A key conclusion is that the measured deformation is less than expected. Given the importance of understanding polymer deformation in flow, the body of experimental data is not perhaps as comprehensive as would be expected with considerable weight being given to DNA. It should be noted that DNA does not show the same rheological behaviour as that observed for typical random coil polymers. Typical random coil polymers have conformation that is determined by their entropy, show decreasing viscosity with increasing shear rate and increasing temperature^{54,55}. Calf thymus DNA shows decreasing viscosity with shear rate and an increasing viscosity with temperature⁵⁵. A recent study by Bravo-Anaya et al. has shown that the rheological behaviour is a result of interacting aggregates of the DNA molecules in flow⁵⁴. The interaction between segments of the DNA molecules is suggested to be driven by H-bonding.

Rheo-optical measurements on synthetic polymers have shown chain orientation in dilute solution and compression at concentrations above critical overlap in the semi-dilute region^{23,49,56}. The semi-dilute region is defined as where the chain interact with excluded volume effects present. The concentrated region is such that the chains behave as ideal random walks and their size scales as the square root of the molecular weight. Compression in flow has been observed for semi-dilute polymers in Couette flow^{21,23,57}. These experimental results have prompted a revision of the idea of extension being a universal assumption for polymers in simple planar flow. An alternative approach that assumes compression, allows the measured radius-shear rate behaviour to be predicted, and the power law behaviour observed for polymers in flow to be modelled²⁵. Furthermore, using a force balance argument that predicts the shear thinning rheological behaviour, also enables the viscosity-radius relationship to be predicted. The predicted power law behaviour of the viscosity-radius is in close agreement with the experimentally observed behaviour²⁵. Interestingly, this shows that the viscosity decreases as the radius decreases in a manner that is physically consistent with the observed behaviour for concentrated random chain polymers²⁵.

Since Kuhn's original paper, the possibility of compression in Couette flow has not been considered and extension is assumed in the field^{3-6,46,58}. The compression component has been ignored for chains in flow, however, recent experimental evidence has shown chain compression in Couette flow at semi-dilute concentrations^{22,23,25}.

Here, scaling arguments and experimental evidence are used to show that chains are predicted to compress in flow, and that variations in the observed power law exponents for shear thinning can be explained by the non-ideality embodied in the thermal compressibility of differing polymers^{59,60}. Here the term non-ideality is used to indicate that the chains deviate from random objects and have a degree of chemical interaction resulting in enthalpic effects as observed in their contraction with increasing temperature.

Theory

Adam and Delsanti first used scaling arguments to derive the viscosity-temperature relationship for semi-dilute polymer solutions⁶¹:

$$\eta \sim T \frac{-9(2-3\nu)}{3\nu-1} \sim T^{-m(\gamma)}$$
(1)

Here, an exponent of m = -9 is obtained using the scaling exponent $\nu = \frac{1}{2}$ as is found for the concentrated polymers in good solvents^{3,45}. Equation 1 is assumed valid for concentrated polymer solutions as the derivation by Adam and Delsanti is of a general nature and not restricted to the semi-dilute region providing $C > C^*$. Furthermore, the viscosity of concentrated solutions is generally observed to decreases with increasing temperature (see Fig. 1) with a power law behavior that is consistent with the T^{-m} behavior. However, the power law of −16 obtained for the low shear data is not predicted by Equation 1. Cheng et al. and Daoud et al. have shown that the scaling exponent varies from 3/5 to 1/2 in the semi-dilute regime 59,62,63 . Here the value of $\nu = \frac{1}{2}$ is used as the accepted value for chains in concentrated solution where excluded volume effects may be ignored. The justification for this assumption is that in concentrated solutions the chains are interacting and the excluded volume interactions become isotropic such that they can effectively be ignored. Experimental data obtained for a number of polymer systems all show a decreasing viscosity with increasing temperature with a range of power law exponents being measured. The range of values vary between -1 and $-16^{6,11,64-66}$. As such we have used the general equation with a power law of $-m(\dot{\gamma})$. The range of m values determined experimentally is thought to be due to variation in the interchain frictional interactions. The important fact is that the generally observed behavior is for a power law of decreasing viscosity with increasing temperature. Bird et al. discuss the time temperature superposition in detail in the Dynamics of Polymeric Liquids and state that " ... varying the temperature at a fixed shear rate is equivalent to varying shear rate at a fixed temperature" (p142).

The region where the scaling law applies is also important to consider the range of validity of the interpretation. Equation 1 has no shear rate dependence, however analysis of the data of Fig. 1 shows that the power law exponents of the viscosity-temperature relationship depend on the shear rate. For the data presented, m varies from -16 to -4 with increasing shear rate (See Fig. 2). The physical reason for m($\dot{\gamma}$) is not immediately obvious. The work of Adam and Delsanti is based on the assumption that the segment lengths decrease with increasing

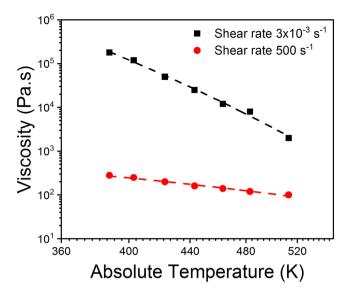


Figure 2. logarithm of the viscosity versus logarithm of the temperature data taken from Fig. 1. Data are for the two shear rates of low shear $(3 \times 10^{-3} \, \text{s}^{-1})$ and high shear $(500 \, \text{s}^{-1})$. The data is fitted to a power law curve with power laws of -16 and -4 found for the low shear and high shear data respectively. The R^2 values are 0.99 in both cases.

temperature⁶¹. We postulate that the frictional interaction between the chains is of chemical origin and therefore changes as a function of temperature and is then also a function of shear rate.

Assuming that the chains are ideal, and that the entropic force determines the chain response to an external force, yields the usual Hookean force law:

$$f_s = 3k_B Tr/R_0^2 \tag{2}$$

where f_s is the entropic force, k_B Boltzmann's constant, T the absolute temperature, r the average end to end distance of the chain, and R_0 the end-to-end distance of the unperturbed chain. Here, it is noted that the mean square of end-to-end distance of the chain is related to the radius of gyration such that $\langle r^2 \rangle = 6 R_G^2$ where R_G is the radius of gyration⁵⁸. Debye first derived the relationship between the end-to end vector and the radius of gyration⁶⁷. Flory presents the complete argument for random chains of large molecular weight in *Statistical Mechanics of Chain Molecules* (p5 Eq. 6)². The end-to-end vector is the sum over all the segments. The radius of gyration is the root mean square distance of the collection of masses from their centre of gravity. Lagrange (appendix A in Flory)² related the centre of gravity for a system of masses to the distances between their centres taken pairwise. Providing the number of segments is large, the relationship between the end-to-end vector and the radius of gyration given above is valid².

It is assumed herein that in the scaling relationships, the end-to-end distance and the radius of gyration are equivalent.

Equation 2 shows that for a given force, an increase in temperature results in a decreasing end-to-end distance of the chain, and therefore radius. This is true for polymeric materials (rubbers) under tension, where contraction with increasing temperature is observed $^{26,27,37,68-70}$. Remarkably, the contraction of rubber materials with temperature is predicted by the theory and has been observed experimentally. This effect was a key finding of the early work of Gough and Joule that was at the time not explained 26,27 . Experimentally measured polymer radii in dilute solution using light scattering where the chains are not under traction have also been measured 71,72 . A number of reports have suggested that the chains in solution increase with increasing temperature, however, a number of these studies have observed aggregation of the chains with increasing temperature as reviewed by Xingyuan *et al.* and Wang *et al.* Other studies have used intrinsic viscosity measurements to show that the chains decrease in size with increasing temperature in solution $^{64-66,73}$.

Physical measurements on polymeric materials show that the chains contract with increasing temperature, as predicted by the entropic models of polymer chains developed from statistical mechanics^{2,3,31,74,75}. The book by Mark and Erman, *Rubberlike Elasticity*, gives a comprehensive review of the measurement and interpretation of the mechanical measurements on rubbers⁷⁵. Several key papers on the measurement and interpretation are by Shen *et al.* and Anthony *et al.*^{76,77}. The viscosity of concentrated polymer solutions is seen to decrease with increasing temperature suggesting that the chains contract with temperature^{6,11}. Equation 2 can then be used to derive the temperature radius relationship that is in accord with the experimental data^{37,68}. It is assumed that the form of Equation 2 is correct for a concentrated ensemble of chains. The form of the equation describing rubber elasticity relates the shear modulus of the material to the temperature:

$$G = NkT (3)$$

where N is the density of entanglements. The definition of the modulus indicates that a concentrated polymer will contract as the temperature increases, as is experimentally observed ^{37,68,71,75}. Maintaining the system under constant stress while varying the temperature requires that the entangled system will show an inverse strain relationship with temperature. Assuming that the entangled system will deform affinely, the strain will be proportional to the change in end-to-end distance.

In steady state flow the compressive and entropic forces on the chain will be equal and constant so that it is assumed Equation 2 is valid as the chains in flow are under traction. Assuming that the force is approximately constant in steady state flow, Equation 2 then yields the relationship:

$$T \sim 1/r \tag{4}$$

And as $r \sim R_G$ it follows that;

$$T \sim 1/R_G \tag{5}$$

Combining (1) and (5) using the transitive property of equality yields:

$$\eta \sim R_G^{m(\dot{\gamma})} \tag{6}$$

Equation 6 shows that the viscosity decreases with decreasing radius of gyration when the entropic contribution to the chain restoring force is considered. Several approximations have been made in deriving this equation. Equation 5 is for a constant force and is valid at a given shear rate at steady state where the forces on the chain are constant. Chain contraction is usually measured at an apparent equilibrium⁷⁵ and the viscosity is measured under steady state conditions. The chains in flow will tumble in Jeffery orbits and therefore experience an average force as they tumble. It is assumed that they experience an averaged and effectively constant force in steady state flow. The power of the radius shown in Equation 6 suggests a viscosity dependence on the volume fraction that goes as $\frac{m(\gamma)}{3}$. The value of $m(\gamma) = 0$ determined using the model of Adam and Delsanti suggests that the three-body interactions are important. Einstein proposed a volume fraction squared dependence of the viscosity at high concentrations for hard spheres that has also been used for polymers⁵⁸. Given that the concentration is high, the Batchelor expansion to higher orders of volume fraction would also be possible such that cubic and higher order dependence on volume fraction is not unreasonable⁷⁸. The decreasing viscosity observed in typical shear thinning then results from a decreasing coil size in solution^{5,11}. Furthermore, by assuming that the polymeric solutions show power law behaviour^{4,9}:

$$\eta \sim \dot{\gamma}^{-n} \tag{7}$$

where $\dot{\gamma}$ is the shear rate. Experimentally measured values for n typically lie between 0.5 and 1^{9,12}. Combining (6) and (7) yields:

$$R_G \sim \dot{\gamma}^{-n/m(\gamma)} \tag{8}$$

Equation 8 determines that as the shear rate increases, the radius decreases as the observed shear thinning occurs. This has been experimentally observed as is shown in Fig. 3 below. The data of Fig. 3 yields measured power law behavior for the decrease in radius with shear rate. For the two systems measured, the exponents are 0.07 (PMMA) and 0.0042 (BCMU) yielding power law exponents of $n\!=\!0.63$ and 0.038 respectively. The power law exponent, $n\!=\!0.63$ for PMMA is well within the range of values found for these polymer systems. Remarkably, the Power Law index for PMMA is found to be 0.62^{79} . All measurements were performed in laminar flow as confirmed by direct visual observation of $0.3~\mu m$ tracer particles in the polymer solutions up to $2500~s^{-1}$. Secondary flows or Taylor vortices are predicted to occur at shear rates of $\sim 1.3 \times 10^4~s^{-1}$ with water in the Couette cell with the given radius and gap ratio 80,81 . Given the significantly higher viscosities of the polymer solutions, the onset of secondary flows is expected to occur at significantly higher shear rates than those used in the reported studies.

A considerable body of work exists in the literature relating to the thermo-elasticity of polymeric materials 37,59,69,74,75. Variations in the value of n, the power law exponent, is determined by the thermal expansion coefficient of the materials, that is attributed to the energetic interactions and therefore deviations from ideality and the universal physics described above.

Mark, Price *et al.* and Flory present a thermodynamic argument relating the equilibrium force required to maintain a rubber strip at constant elongation as^{2,45,69,75}:

$$f = \left(\frac{\partial U}{\partial L}\right)_{T,V} - T\left(\frac{\partial S}{\partial L}\right)_{T,V} \tag{9}$$

where $\partial U/\partial L$ is the derivative of the internal energy of the chains with respect to length and $\partial S/\partial L$ is the derivative of the entropy. The two terms in equation [9] are then the energetic and entropic contributions to the total force. The total force is then simply written as:

$$f = f_e + f_s \tag{10}$$

where f_e and f_s are the energetic and entropic contributions to the restoring force.

It can be shown for Gaussian chains that^{69,82}:

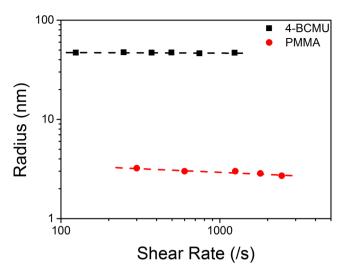


Figure 3. Measured end-to-end distance plotted as log r versus log shear rate. Data for 800kD 4-BCMU²³ has the fitted equation: $\log r = -0.0046\log(\gamma) + 1.7$ with the coefficient of determination: $R^2 = 0.23$. Data for 49kD FRET tagged PMMA in Couette flow shows the fitted equation: $\log r = -0.072\log(\gamma) + 0.69$ with $R^2 = 0.88$. The lines of best fit yield an inverse 0.07 + / -0.02 power of the radius with shear rate for the PMMA and 0.0042 + / -0.002 for the 4-BCMU. The error bars are approximately the size of the symbols. The error associated with each point is: ~5% in the shear rate due to the radius/gap ratio of the Couette cell. For the 4-BCMU the un-sheared size of the chain is 49 + / -1 nm and for PMMA the size is 4 + / -0.1 nm. Taken from ref. ²⁵, Fig. 1.

$$\frac{f_e}{f} = T \frac{d \ln \langle R_0^2 \rangle}{dT} \tag{11}$$

where the thermal expansion coefficient κ is defined;

$$\kappa = d\ln r^2/dT \tag{12}$$

A number of studies have reported experimental values of κ for a range of different polymer and solvent systems. The recent literature is summarized by Graessley and Fetters^{59,60}. The κ values reported for the different polymer systems can be either positive or negative indicating that the enthalpic intramolecular thermal expansion deviates from Equation 5 both positively and negatively⁷⁵.

Integrating (12) and ignoring the constant terms yields:

$$lnR_G^2 \sim \kappa T \tag{13}$$

Combining equations (1) and (13) yields:

$$\eta^{-m(\gamma)} \sim \ln R_G^{2/\kappa} \tag{14}$$

Equation (13) shows that the energy contribution to the change in chain size with viscosity depends on the sign of κ . The energy contribution adds to the entropic contribution so that:

$$\eta \sim R_G^{m(\gamma)} + \left(\frac{1}{\frac{2}{\kappa} ln R_G}\right)^{m(\gamma)} \tag{15}$$

where the sign of κ determines whether the second term is added or subtracted from the first term in equation (15).

Using the first term of the Taylor expansion yields:

$$\eta \sim R_G^{m(\gamma)} + \left(\frac{\kappa}{2(R_G - 1)}\right)^{m(\gamma)} \tag{16}$$

Equation 16 shows that the sign of the energy contribution to the thermal expansion coefficient determines the rate at which the viscosity changes with radius.

This equation then demonstrates in physical terms why the values of n vary for different polymers. The values of κ vary for different polymers in both sign and magnitude, and this variation yields differing power law exponents (n) and behavior^{59,60}. There has been some discussion in the literature as to the meaning of κ , however

it is assumed to be intramolecular in nature and a result of the conformational energies of the network chains. Essentially it is the ability of the chemical bonds in the chain to absorb energy. Thus, it is independent of the concentration or swelling of the network, the polymer molecular weight, or degree of cross linking^{74,75}. It is a measure of the degree of non-ideality of the chains and as shown above, has implications for the power law behavior of the viscosity^{9,12}.

The model presented here is consistent with experimental observations of chain contraction with increasing temperature and the viscosity of semi-dilute polymer solutions decreasing with increasing temperature and increasing (Couette) shear rate^{22,23,56}. Furthermore, in extensional strain where polymer extension has been measured, the extensional viscosity increases^{6,11}. While the measured extensional viscosity of concentrated polymer solutions are observed to increase with increasing extensional strain rate, there is currently no consensus on the power law behavior. This is due to the apparent lack of reliability of the data for the instruments used, however, the general observation is that the extensional viscosity increases with increasing extensional strain rate⁸³. However, the extensional viscosity measurements suggest that the chains are increasing in size in extensional flow. Extension of chains in extensional flow has been measured using neutron scattering^{84–86}. Equation 6 suggests that the measured increasing extensional viscosity with increasing strain rate is due to an increasing chain size through extension⁸⁷. Given the observed behavior, both equations 7 and 8 may be written as having positive powers of the shear rate. In purely extensional flows, the chains are then predicted to extend, while in Couette flow the chains contract. In Couette flow the tumbling of the chains averages the hydrodynamic forces on the chain to result in an overall compressive force.

The equations derived from scaling arguments describe the temperature dependence of the chain size and viscosity. The extension of DNA in flow may also be rationalized where the temperature dependence of the viscosity is the opposite of that observed for typical random chain polymers. As such, the behavior of DNA may not be representative of "polymers" as is generally claimed ^{16,88}. Nonetheless, the increasing viscosity with temperature found for DNA is consistent with the model developed herein.

Conclusions

Scaling arguments, developed previously, are used to determine the dependence of the viscosity, η , on the radius R_G for polymer chains in concentrated solutions as; $\eta \sim R_G^{m(\gamma)}$ where $m(\dot{\gamma})$ is the observed power law exponent of the viscosity-temperature behaviour. The relationship derived is consistent with recent experimental observations and is also physically consistent with the shear thinning and temperature dependence observed for typical polymer solutions and melts. Shear thinning is thus a result of a decreasing radius with increasing shear rate as $R_G \sim \dot{\gamma}^{-n/m(\gamma)}$ where n is the power law exponent. The thermal expansion coefficient determines the variation observed in the shear thinning power law exponents for different polymer systems. Recent experimental evidence on DNA extension in flow is also consistent with the model developed where the viscosity of the DNA solutions increases with temperature in a manner that is not typical of random chain polymers. This suggests that DNA is not a universal model of random chain polymers as purported in the literature.

References

- 1. Kuhn, W. Über quantitative Deutung der Viskosität und Strömungsdoppelbrechung von Suspensionen. Kolloid Zeitschrift 62, 269–285 (1933).
- 2. Flory, P. J. Statistical Mechanics of Chain Molecules. (Hanser Publications: New York, 1988).
- 3. deGennes, P. G. Scaling Concepts in Polymer Physics. (Cornell University Press: Ithaca, 1979).
- 4. Bird, B. B., Stewart, W. E. & Lightfoot, E. N. Transport Phenomena. (John Wiley, 2002).
- 5. Bird, R. B., Curtiss, C. F., Armstrong, R. C. & O. Hassager. Dynamics of Polymeric Liquids, Volume II, Kinetic Theory. (Wiley-Interscience: New York, 1987).
- Bird, R. B., Armstrong, R. C. & Hassager, O. Dynamics of Polymeric Liquids, Volume I, Fluid Mechanics. (Wiley-Interscience: New York, 1987).
- 7. Doyle, P. S., Shaqfeh, E. S. G. & Gast, A. P. Dynamic simulation of freely draining flexible polymers in steady linear flows. *Journal of Fluid Mechanics* 334, 251–291, https://doi.org/10.1017/S0022112096004302 (1997).
- 8. Petera, D. & Muthukumar, M. Brownian dynamics simulation of bead-rod chains under shear with hydrodynamic interaction. Journal of Chemical Physics 111, 7614–7623 (1999).
- 9. Barnes, H. A., Hutton, J. F. & Walters, K. An Introduction to Rheology. (Elsevier, Amsterdam, 1989).
- Larson, R. G. The rheology of dilute solutions of flexible polymers: Progress and problems. *Journal of Rheology* 49, 1–70, https://doi. org/10.1122/1.1835336 (2005).
- 11. Ferry, J. D. Viscoelastic Properties of Polymers. (John Wiley, 1980).
- 12. Stratton, R. A. The dependence of non-Newtonian viscosity on molecular weight for "Monodisperse" polystyrene. *Journal of Colloid and Interface Science* 22, 517–530 (1966).
- 13. Babcock, H. P., Smith, D. E., Hur, J. S., Shaqfeh, E. S. G. & Chu, S. Relating the Microscopic and Macroscopic Response of a Polymeric Fluid in a Shearing Flow. *Physical Review Letters* 85, 2018–2021 (2000).
- Perkins, T., Smith, D., Larson, R. & Chu, S. Stretching of a single tethered polymer in a uniform flow. Science 268, 83–87, https://doi. org/10.1126/science.7701345 (1995).
- 15. Perkins, T. T., Smith, D. E. & Chu, S. Single Polymer Dnamics in an Elongational Flow. Science 276, 2016-2021 (1997).
- Smith, D. E., Babcock, H. P. & Chu, S. Single-Polymer Dynamics in Steady Shear Flow. Science 283, 1724–1727, https://doi. org/10.1126/science.283.5408.1724 (1999).
- 17. Smith, D. E. & Chu, S. Response of Flexible Polymers to a Sudden Elongational Flow. Science 281, 1335–1340, https://doi.org/10.1126/science.281.5381.1335 (1998).
- 18. Teixeira, R. E., Babcock, H. P., Shaqfeh, E. S. G. & Chu, S. Shear Thinning and Tumbling Dynamics of Single Polymers in the Flow-Gradient Plane. *Macromolecules* 38, 581–592, https://doi.org/10.1021/ma048077l (2004).
- 19. Teixeira, R. E., Dambal, A. K., Richter, D. H., Shaqfeh, E. S. G. & Chu, S. The Individualistic Dynamics of Entangled DNA in Solution. *Macromolecules* 40, 2461–2476 (2007).
- 20. LeDuc, P., Haber, C., Bao, G. & Wirtz, D. Dynamics of Individual Flexible Polymers in a Shear Flow. Nature 399, 564–566 (1999).
- 21. Chan, N. Y., Chen, M. & Dunstan, D. E. Elasticity of Polymer Solutions in Couette Flow measured by Fluorescence Resonance Energy Transfer (FRET). *European Physical Journal E* **30**, 37–41 (2009).

- 22. Chan, N. Y. C., Chen, M., Hao, X.-T., Smith, T. A. & Dunstan, D. E. Polymer Compression in Couette Flow. J. Phys. Chem. Lett. 1, 1912–1916 (2010).
- 23. Dunstan, D. E., Hill, E. K. & Wei, Y. Direct Measurement of Polydiacetylene segmental Orientation and Deformation in Flow: semi-dilute Behaviour. *Macromolecules* 37, 1663–1665 (2004).
- 24. Dunstan, D. E. & Wei, Y. Compressive elasticity in polymer Couette flow. European Physical Journal Applied Physics 38, 93–96 (2007).
- 25. Xie, D. & Dunstan, D. E. Modelling polymers as compressible elastic spheres in Couette flow. Substantia 1, 43-47 (2017).
- 26. Gough, J. A description of a property of caoutchouc. Memoirs of the Literary and Philosophical Society Manchester 1, 288-325 (1805).
- Joule, J. P. On Some Thermo-Dynamic Properties of Solids. Philosophical Transactions of the Royal Society of London 149, 91–131, https://doi.org/10.1098/rstl.1859.0005 (1859).
- 28. Staudinger, H. Über Polymerisation. Ber. Dtsch. Chem. Ges. 53, 1074-1083 (1920).
- 29. Staudinger, H. Die hochmolekularen organischen Verbindungen. Naturwiss 22, 65-72 (1934).
- 30. Jeffery, G. B. The motion of ellipsoid particles immersed in a viscous fluid. *Proceedings of the Royal Society of London Series A* **102**, 161–179 (1922).
- 31. Kuhn, W. Uber die gestalt fadenformiger molekule in losungen. Kolloid Z 68, 2-16 (1934).
- 32. Mooney, M. A Theory of Large Elastic Deformation. *Journal of Applied Physics* 11, 582–592, https://doi.org/10.1063/1.1712836 (1940).
- 33. Mooney, M. The Thermodynamics of a Strained Elastomer. I. General Analysis. *Journal of Applied Physics* 19, 434–444, https://doi.org/10.1063/1.1698152 (1948).
- 34. James, H. M. & Guth, E. Theory of the Elastic Properties of Rubber. Journal of Chemical Physics 11, 455-481 (1943).
- 35. Flory, P. J. & Rehner, J. Jr. Statistical Mechanics of Cross-Linked Polymer Networks II. Swelling. *The Journal of Chemical Physics* 11, 521–526, https://doi.org/10.1063/1.1723792 (1943).
- 36. Flory, P. J. & Jr., J. R. Statistical Mechanics of Cross-Linked Polymer Networks I. Rubberlike Elasticity. *The Journal of Chemical Physics* 11, 512–520, https://doi.org/10.1063/1.1723791 (1943).
- 37. Treloar, L. R. G. The Physics of Rubber Elasticity. (Oxford University Press, Oxford 1975).
- 38. Kuhn, W. & Grün, F. Beziehungen zwischen elastischen Konstanten und Dehnungsdoppelbrechung hochelastischer Stoffe. Kolloid-Zeitschrift 101, 248–271, https://doi.org/10.1007/bf01793684 (1942).
- 39. Rouse, P. E. A Theory of the Linear Viscoelastic Properties of Dilute Solutions of Coiling Polymers. J. Chem. Phys. 21, 1272–1280 (1953).
- Zimm, B. H. Dynamics of Polymer Molecules in Dilute Solution: Viscoelasticity, Flow Briefringence and Dielectric Loss. J. Chem. Phys. 24, 269–278 (1956).
- 41. Peterlin, A. Viscosity and streaming birefringence in the nonlinear concentration range of macromolecular solutions. *Journal of Polymer Science* 12, 45–51, https://doi.org/10.1002/pol.1954.120120105 (1954).
- 42. Peterlin, A. Mean Dimensions of Macromolecular Coil in Laminar Flow. *The Journal of Chemical Physics* 39, 224–229, https://doi.org/10.1063/1.1734006 (1963).
- Peterlin, A. Deformation von Fadenmolekülen in laminarer Strömung. Kolloid-Zeitschrift und Zeitschrift für Polymere 187, 58–59, https://doi.org/10.1007/bf01622720 (1963).
- 44. Peterlin, A., Heller, W. & Nakagaki, M. Light Scattering and Statistical Shape of Streaming Freely Flexible Linear Macromolecules. *The Journal of Chemical Physics* 28, 470–476, https://doi.org/10.1063/1.1744160 (1958).
- 45. Flory, P. J. Principles of Polymer Chemistry. (Cornell University Press, 1953).
- 46. Doi, M. & Edwards, S. F. The Theory of Polymer Dynamics. (Clarendon Press: Oxford, 1986).
- 47. Cottrell, F. R., Merrill, E. W. & Smith, K. A. Conformation of polyisobutylene in dilute solution subjected to a hydrodynamic shear field. *Journal of Polymer Science Part A-2: Polymer Physics* 7, 1415–1434, https://doi.org/10.1002/pol.1969.160070811 (1969).
- 48. Link, A. & Springer, J. Light scattering from dilute polymer solutions in shear flow. *Macromolecules* 26, 464–471, https://doi.org/10.1021/ma00055a010 (1993).
- 49. Gason, S. et al. Rheo-optical Studies of Polydiacetylene. J. Phys. Chem. B. 101, 7732-7735 (1997).
- Lee, E. C., Solomon, M. J. & Muller, S. J. Molecular Orientation and Deformation of Polymer Solutions under Shear: A Flow Light Scattering Study. Macromolecules 30, 7313–7321, https://doi.org/10.1021/ma9706945 (1997).
- 51. Bruns, W. Uber die Gestalt von Polymermolekulen. *Colloid Polym. Sci.* **254**, 325–328 (1976).
- 52. Solc, K. & Stockmayer, W. H. Shape of a Random Flight Chain. J. Chem. Phys. 54, 2756-2757 (1971).
- 53. Meissner, J. & Janeschitz-Kriegl, H. Polymer Melt Rheology and Flow Birefringence. (Springer Berlin Heidelberg, 2012).
- 54. Bravo-Anaya, L. M. et al. Supramolecular Organization in Calf-Thymus DNA Solutions under Flow in Dependence with DNA Concentration. Macromolecules 50, 8245–8257, https://doi.org/10.1021/acs.macromol.7b01174 (2017).
- 55. Bravo-Anaya, L. M., Rinaudo, M. & Soltero Martínez, F. A. Conformation and Rheological Properties of Calf-Thymus DNA in Solution. *Polymers* (20734360) **8**, 1–19, https://doi.org/10.3390/polym8020051 (2016).
- 56. Chan, N. Y., Chen, M. & Dunstan, D. E. Elasticity of polymer solutions in Coutte flow measured by fluorescence resonance energy transfer (FRET). *The European physical journal. E, Soft matter* **30**, 37–41 (2009).
- 57. Chan, N. Y., Chen, M., Hao, X.-T., Smith, T. A. & Dunstan, D. E. Polymer Compression in Shear Flow. *The Journal of Physical Chemistry Letters* 1, 1912–1916, https://doi.org/10.1021/jz100535b (2010).
- 58. Rubinstein, M. & Colby, R. H. Polymer Physics. (Oxford University Press, 2003).
- 59. Graessley, W. W. Polymeric Liquids & Networks: Structure and Properties. (Garland Science, 2004).
- Graessley, W. W. & Fetters, L. J. Thermoelasticity of Polymer Networks. Macromolecules 34, 7147–7151, https://doi.org/10.1021/ma010989p (2001).
- 61. Adam, M. & Delsanti, M. Viscosity of semi-dilute polymer solutions. J. Physique 43, 549–557 (1982).
- 62. Cheng, G., Graessley, W. W. & Melnichenko, Y. B. Polymer Dimension in Good Solvents: Crossover from Semidilute to Conentrated Solutions. *Phys. Rev. Lett.* **102**, 157801–157805 (2009).
- 63. Daoud, M. et al. Solutions of Flexible Polymers. Neutron Experiments and Interpretation. Macromolecules 8, 804-818 (1975).
- Johnson, M. F., Evans, W. W., Jordan, I. & Ferry, J. D. Viscosities of Concentrated Polymer Solutions. II Polyisobutylene. *Journal of Colloid Science* 7, 498–510 (1952).
- 65. Berry, G. C. & Fox, T. G. The Viscosity of Polymers and their Concentrated Solutions. *Advances in Polymer Science* 5, 261–357 (1968).
- Fujita, H. & Kishimoto, A. Interpretation of Viscosity Data for Concentrated Polymer Solutions. The Journal of Chemical Physics 34, 393–398 (1961).
- 67. Debye, P. The Intrinsic Viscosity of Polymer Solutions. The Journal of Chemical Physics 14, 636-639, https://doi.org/10.1063/1.1724075 (1946).
- 68. Mark, J. E. Rubber Elasticity. Journal of Chemical Education 58, 898-903 (1981).
- 69. Price, C. Thermodynamics of Rubber Elasticity [and Discussion]. Proceedings of the Royal Society of London. Series A, Mathematical and Physical Sciences 351, 331–350 (1976).
- 70. Mark, J. E. Some Recent Theory, Experiments, and Simulations on Rubberlike Elasticity. *The Journal of Physical Chemistry B* **107**, 903–913, https://doi.org/10.1021/jp020056a (2003).

- 71. Shen, X., Viney, C., Johnson, E. R., Wang, C. & Lu, J. Q. Large negative thermal expansion of a polymer driven by a submolecular conformational change. *Nat Chem* 5, 1035–1041, https://doi.org/10.1038/nchem.1780, http://www.nature.com/nchem/journal/v5/n12/abs/nchem.1780.html#supplementary-information (2013).
- 72. Wang, X., Qiu, X. & Wu, C. Comparison of the Coil-to-Globule and the Globule-to-Coil Transitions of a Single Poly(N-isopropylacrylamide) Homopolymer Chain in Water. *Macromolecules* 31, 2972–2976 (1998).
- 73. Richards, W. D. & Prud'homme, R. K. The viscosity of concentrated polymer solutions containing low molecular weight solvents. *Journal of Applied Polymer Science* 31, 763–776, https://doi.org/10.1002/app.1986.070310302 (1986).
- Mark, J. E. Thermoelastic Results on Rubberlike Networks and Their Bearing on the Foundations of Elasticity Theory. *Journal of Polymer Science: Macromolecular Reviews* 11, 135–159 (1976).
- 75. Mark, J. E. & Erman, B. Rubberlike Elasticity: A molecular Primer. (Cambridge University Press, 2007).
- 76. Shen, M. C., McQuarrie, D. A. & Jackson, J. L. Thermoelastic Behavior of Natural Rubber. *Journal of Applied Physics* 38, 791–798, https://doi.org/10.1063/1.1709414 (1967).
- 77. Anthony, R. L., Caston, R. H. & Guth, E. Equations of state for natural and synthetic rubber-like materials. I. Unaccelerated natural soft rubber. *The Journal of Physical Chemistry* 46, 826–840, https://doi.org/10.1021/j150422a005 (1942).
- 78. Batchelor, G. K. An Introduction to Fluid Dynamics. (Cambridge University Press, 1967).
- 79. Freire, E., Bianchi, O., Monteiro, E. E. C., Reis Nunes, R. C. & Forte, M. C. Processability of PVDF/PMMA blends studied by torque rheometry. *Materials Science and Engineering*: C29, 657–661, https://doi.org/10.1016/j.msec.2008.12.025 (2009).
- 80. Davey, A. The growth of Taylor vortices in flow between rotating cylinders. Journal of Fluid Mechanics 14, 336-368 (1962).
- 81. Macosko, C. W. Rheology Principles, Measurements and Applications. (VCH, 1994).
- 82. Allen, G., Kirkham, M. J., Padget, J. & Price, C. Thermodynamics of Rubber Elasticity at Constant Volume. Faraday Transactions 67, 1278–1292 (1976).
- 83. Sridhar, T., Acharya, M., Nguyen, D. A. & Bhattacharjee, P. K. On the Extensional Rheology of Polymer Melts and Concentrated Solutions. *Macromolecules* 47, 379–386, https://doi.org/10.1021/ma401213r (2014).
- 84. Bent, J. et al. Neutron-Mapping Polymer Flow: Scattering, Flow Visualisation and Molecular Theory. Science 301, 1691-1695 (2003).
- 85. Heinrich, M. *et al.* Small-Angle Neutron Scattering Study of the Relaxation of a Melt of Polybutadiene H-Polymers Following a Large Step Strain. *Macromolecules* 37, 5054–5064, https://doi.org/10.1021/ma0304372 (2004).
- Lindner, P. & Oberthür, R. C. Shear-induced deformation of polystyrene coils in dilute solution from small angle neutron scattering
 Variation of shear gradient, molecular mass and solvent viscosity. Colloid & Polymer Science 266, 886–897, https://doi.org/10.1007/bf01410843 (1988).
- Laun, H. M. & Schuch, H. Transient Elongational Viscosities and Drawability of Polymer Melts. *Journal of Rheology* 33, 119–175, https://doi.org/10.1122/1.550058 (1989).
- 88. Schroeder, C. M., Teixeira, R. E., Shaqfeh, E. S. G. & Chu, S. Characteristic Periodic Motion of Polymers in Shear Flow. *Physical Review Letters* **95**, 018301 (2005).

Acknowledgements

I would like to thank Maja Dunstan and Greg Martin for proofing the manuscript. I would like to thank the reviewer for their important insight and constructive comments on the initial version of the manuscript.

Additional Information

Competing Interests: The author declares no competing interests.

Publisher's note: Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit https://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2019