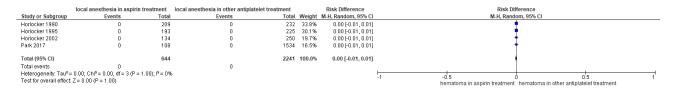
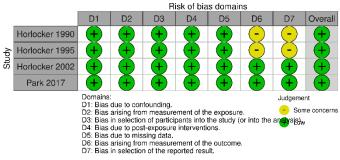
Supplementary Digital Content 1 : Forest Plots and Risk of bias analysis

PICO 1 - Is it safe to perform a central neuraxial block in patients on cardioaspirin therapy?

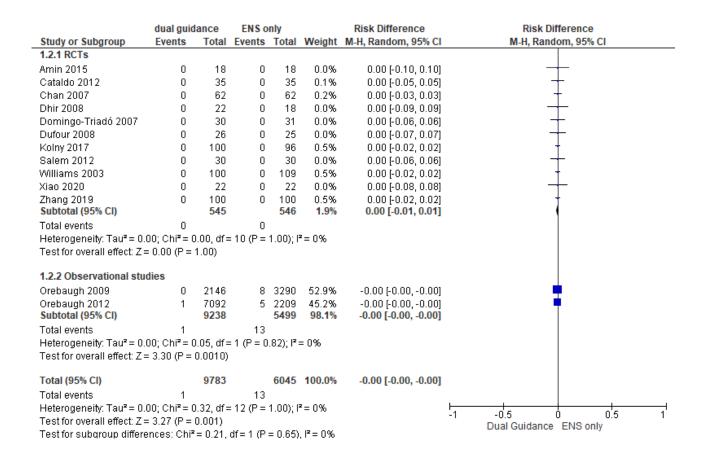
Forest plot PICO 1

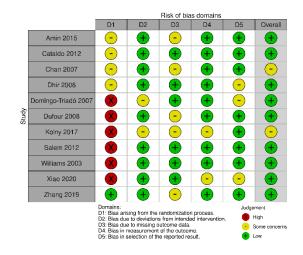


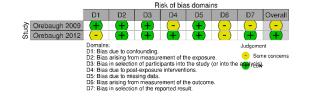


PICO 2 - Does the combined use of ultrasound and nerve stimulation (ENS) in peripheral nerve blocks with a motor component in adult patients increase the efficacy and safety of surgical blocks, reducing neurological and nerve damage?

Forest plot PICO 2







PICO 3 - Is the use of ultrasound-guided peripheral block techniques safe in adult patients taking Direct Oral Anticoagulants (DOAC) ?

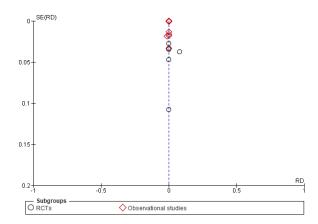


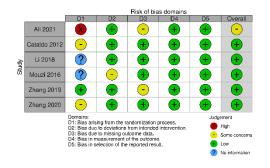
PICO 4 - Can the use of ultrasound-guided techniques increase safety in nerve block procedures on adult patients?

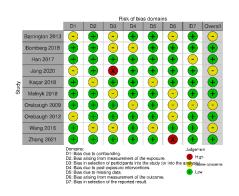
Forest plot PICO 4

	Ultrasound-guided block(s)		Not ultrasound-guided block(s)		Risk Difference		Risk Difference
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% CI
1.1.1 RCTs							
Ali 2021	0	20	0	20	0.0%	0.00 [-0.09, 0.09]	_
Cataldo 2012	0	35	0	35	0.0%	0.00 [-0.05, 0.05]	+
Li 2018	0	47	0	22	0.0%	0.00 [-0.07, 0.07]	+
Mouzi 2016	0	8	0	8	0.0%	0.00 [-0.21, 0.21]	
Zhang 2019	12	100	4	100	0.0%	0.08 [0.01, 0.15]	
Zhang 2020	0	30	0	26	0.0%	0.00 [-0.07, 0.07]	+
Subtotal (95% CI)		240		211	0.0%	0.01 [-0.02, 0.05]	♦
Total events	12		4				
Heterogeneity: Tau2:	= 0.00; Chi2 = 6.02, df	= 5 (P = 0.3)	0); I ² = 17%				
Test for overall effect	t: Z = 0.79 (P = 0.43)						
1.1.2 Observational	studies						
Barrington 2013	12	20401	10	4745	8.3%	-0.00 [-0.00, -0.00]	
Bomberg 2018	0	10380	0	8180	33.5%	0.00 [-0.00, 0.00]	•
Han 2017	0	68	0	78	0.0%	0.00 [-0.03, 0.03]	+
Jang 2020	0	44	0	78	0.0%	0.00 [-0.04, 0.04]	+
Kaçar 2018	0	118	1	68	0.0%	-0.01 [-0.05, 0.02]	+
Melnyk 2018	0	47	0	22	0.0%	0.00 [-0.07, 0.07]	+
Orebaugh 2009	0	3290	0	2146	17.3%	0.00 [-0.00, 0.00]	•
Orebaugh 2012	0	2209	0	7092	20.2%	0.00 [-0.00, 0.00]	•
Wang 2016	0	60	0	60	0.0%	0.00 [-0.03, 0.03]	+
Zhang 2021	0	8118	6	8118	20.7%	-0.00 [-0.00, -0.00]	•
Subtotal (95% CI)		44735		30587	100.0%	-0.00 [-0.00, 0.00]	
Total events	12		17				
Heterogeneity: Tau2:	= 0.00; Chi² = 38.62, d	f = 9 (P < 0)	0001); I²= 77%				
Test for overall effect	t: Z = 0.94 (P = 0.34)						
Total (95% CI)		44975		30798	100.0%	-0.00 [-0.00, 0.00]	
Total events	24		21				
Heterogeneity: Tau ² :	= 0.00; Chi ² = 21.33, d	f= 15 (P = 1	0.13); P= 30%			-1	-0.5
	t: Z = 1.23 (P = 0.22)					-1	
	fferences: Chi ² = 0.66.	df = 1 (P =	0.42) P = 0%				Ultrasound-guided block(s) Not ultrasound-guided block(s)

	Ultrasound-guided block(s)		Fluoroscopy-guided block(s)		Risk Difference			Risk Difference			
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI		M-H, Random, 95% CI			
Han 2017	0	68	0	78	63.8%	0.00 [-0.03, 0.03]					
Jang 2020	0	44	0	78	36.2%	0.00 [-0.04, 0.04]		-	+		
Total (95% CI)	112			156	100.0%	0.00 [-0.02, 0.02]			+		
Total events	0		0								
Heterogeneity: Tau² = Test for overall effect:	0.00; Chi² = 0.00, df = Z = 0.00 (P = 1.00)	1 (P = 1.0	0); I² = 0%				-1	-0.5 Ultrasound-guided block(s)	0 0. Not ultrasound-gu		1

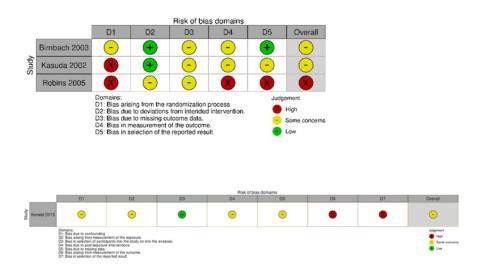




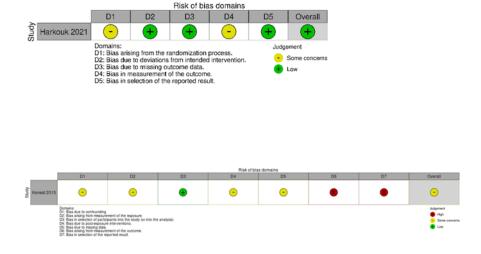


PICO 5- Can a sterile surgical field (using disinfectants, covers, gloves, and sterile drapes) setup for the execution of neuraxial techniques, help reduce the occurrence of infections related to the technique itself?

Risk of bias - PICO 5



PICO 6 - In adult patients (≥18 years) undergoing continuous peripheral loco-regional techniques, the preparation of a sterile surgical field (using disinfectant, covers, gloves, drapes, and mask) for the procedure is suggested to reduce the occurrence of infections and ensure patient and procedural safety.



PICO 7 - Is the use of antiplatelet drugs safe for patients undergoing an ultrasound + ENS guided (dual guidance) peripheral nerve block?

PICO 8 - Is it safe to perform peripheral nerve block techniques with ultrasound guidance and nerve stimulation (dual guidance) in adult patients on anticoagulant therapy?

PICO 9 - Can the use of infusion pressure monitoring techniques, during the performance of peripheral blocks, reduce the onset of neurological complications in adult patients undergoing regional anesthesia techniques?

PICO 10 - Can the preparation of a sterile surgical field (disinfectant, probe covers, gloves, and drapes) for the performance of single-shot peripheral loco-regional techniques help reduce the incidence of infections related to the technique itself?

PICO 11 - Which are the post-procedural monitoring tools for patients undergoing loco-regional techniques?