



# Influence Factors for Decision-Making Performance of Suicide Attempters and Suicide Ideators: The Roles of Somatic Markers and Explicit Knowledge

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Wang L, Li J, Liu H, Wang Z, Yang L and An L (2021) Influence Factors for Decision-Making Performance of Suicide Attempters and Suicide Ideators: The Roles of Somatic Markers and Explicit Knowledge. Front. Psychol. 12:693879. doi: 10.3389/fpsyg.2021.693879 Impaired decision-making has been observed in suicide attempters during the Iowa Gambling Task (IGT). Decision-making performance is influenced by somatic markers and explicit knowledge, but it is still unclear of the influencing role on decision-making performance in suicidal individuals. We aimed to investigate whether there is a decision-making deficit in suicide attempters, suicide ideators, as well as the distinct roles of somatic markers and explicit knowledge wherein. Thirteen suicide attempters, 23 suicide ideators, and 19 healthy controls performed the IGT. Both somatic markers (by the skin conductance responses, SCRs) and explicit knowledge (by the subjective experience rating and a list of questions) were recorded. No significant differences were found among the three groups on IGT performance, explicit knowledge, and anticipatory SCRs. IGT Performance of suicide attempters was positively correlated with explicit knowledge index while behavior performance was positively associated with the SCRs in healthy controls. These results indicate that the suicide attempters seem to apply a compensatory strategy by mostly utilizing explicit knowledge to perform normally as healthy controls in the IGT.

Keywords: decision-making, suicide attempter, suicide ideator, somatic marker, explicit knowledge

# INTRODUCTION

Suicide is a serious public health issue. It is the second leading cause of death among 15–29-year-olds (World Health Organization, 2017). According to the stress-diathesis model of suicidal behavior, suicide is regarded as the result of an interaction between environmental stressors and trait-like diatheses or susceptibilities to suicidal behavior, independent of psychiatric disorders (Mann et al., 1999; van Heeringen and Mann, 2014; Mann and Rizk, 2020). In recent years, many researchers have focused on the underlying neuropsychological and neurobiological mechanisms of suicide to better understand the behavior and predict who is at risk and who is not (Desmyter et al., 2011; Falcone et al., 2018). In addition, a large number of studies have revealed neurocognitive deficits in suicide attempters (Jollant et al., 2011; Richard-Devantoy et al., 2013; Giner et al., 2016).

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As suicide may be considered as an outcome of an altered decision, decision making deficit may be a causal cognitive factor in suicidal behaviours (Dombrovski et al., 2010).

Jollant et al. (2005) first used the Iowa Gambling Task (IGT) to explore the performance of decision-making in affective suicidal patients and found that violent suicide attempters performed significantly worse than affective control subjects indicating the possible relationship between impaired decision-making and suicide. In a large comorbid psychiatric population, it has been found that the history of suicide attempts was significantly and independently associated with impaired decision-making (Jollant et al., 2007). Moreover, it seems to be reliable and stable that the decision-making impairment is associated with the vulnerability to suicidal behavior because it has been replicated in adolescents (Bridge et al., 2012; Ackerman et al., 2015), oldaged (Clark et al., 2011), wide-range aged (from youth to old age) suicide attempters with affective diagnosis (Jollant et al., 2005, 2007, 2010), and in those from non-clinical samples (Chamberlain et al., 2013). The meta-analysis notably confirmed a significant association between disadvantageous decisionmaking and suicidal behavior especially with violent means revealed that decision-making deficit may be an important factor of suicide vulnerability (Richard-Devantoy et al., 2014; Perrain et al., 2021). However, the number of studies to explore the decision-making performance of suicide ideators was rare, and the results were inconsistent (Westheide et al., 2008; Sheftall et al., 2015).

Many studies have explored the influencing factors of decision-making performance. The somatic marker hypothesis proposes that emotions play an important role in decisionmaking and emotion-related signals (somatic markers) measured by the skin conductance responses (SCRs), which are necessary to guide choices in an advantageous direction, especially under conditions of uncertainty (Bechara et al., 1997; Bechara and Damasio, 2005). Anticipatory SCRs for bad decks were higher compared to good decks during the IGT (Wagar and Dixon, 2006). In the article, Bechara et al. (1997) reported that overt reasoning on declarative knowledge was required for advantageous decisions, and normal subjects had consciously available knowledge to guide their decision-making. Verbal reports also reflect explicit knowledge that would instruct their decision-making performance when people behave advantageously (Maia and McClelland, 2004). Some researchers even found that only explicit knowledge was sufficient to guide IGT behaviors before differential somatic activity, and the somatic markers were not critical to succeed in the IGT (Gutbrod et al., 2006; Fernie and Tunney, 2013). The level of explicit knowledge gradually improved through the IGT, and both explicit knowledge and somatic markers are shown to be involved in decision-making in healthy subjects, which implicated that advantageous decision-making seems to be associated with two systems, namely, implicit and explicit systems (Guillaume et al., 2009). It has been found that suicide attempters exhibited the decision-making impairment with a disconnection between what they "know" and what they "do", i.e., suicidal people could not make the correct choices even if they had some level of explicit knowledge (Jollant et al., 2013). Besides, it has been found that the decision-making impairment of suicide attempters was correlated with affective lability measured as the trait, which may provide some piece of evidence for the somatic marker hypothesis in suicidal context (Jollant et al., 2005, 2010). To date, no studies have investigated the influence of both implicit and explicit systems on decision-making performance in suicide.

In the current study, we aimed to examine whether there was a decision-making deficit in non-clinical college students with suicidal thoughts or suicide attempts. We assessed both somatic markers (by the SCRs) and explicit knowledge (by the subjective experience rating and a list of questions) to explore the roles of implicit and explicit systems in the decision-making performance of suicide. Suicide attempters were hypothesized to perform worse than healthy controls and suicide ideators in a decisionmaking task and both explicit (explicit knowledge) and implicit systems (somatic markers) contributed to the decision-making deficit of suicide attempters (Hypothesis 1). Furthermore, no significant difference in decision-making performance was found between suicide ideators and healthy controls (Hypothesis 2).

# MATERIALS AND METHODS

# **Subjects and Experimental Design**

Participants comprised college students aged 16-24 years, recruited from a university in Tianjin, China, as a part of a large questionnaire study exploring the influencing factors of suicide. According to the characteristics of suicide, they were divided into suicide attempt (SA) group (n = 13), suicide ideation (SI) group (n = 23), and healthy control (HC) group (n = 19). According to the Colombia Suicide Assessment Classification (C-CASA) and the Colombia Suicide Severity Rating Scale (C-SSRS) (Posner et al., 2007, 2011), suicide ideation was defined as passive thoughts about wanting to be dead or active thoughts about killing oneself, not accompanied by preparatory behavior. A suicide attempt was defined as potentially self-injurious behavior, associated with at least some intent to die, as a result of the act, including an interrupted attempt and aborted suicide (Posner et al., 2007). All participants were interviewed by an experienced psychiatrist with the Mini International Neuropsychiatric Inventory (MINI 5.00) to confirm the psychiatric diagnosis and suicidal history. The control subjects had no personal suicidal history and any psychiatric diagnosis. This study was approved by the ethical committee of Tianjin University, and all participants signed informed consent before the experiments.

# Assessments

### The IGT

We tested decision-making performance using the computerized version of IGT (Overman and Pierce, 2013). It consists of four decks of cards, each labeled as decks A, B, C, and D (Bechara et al., 1994, 1999). Turning any card from deck A or deck B yields 100, and turning any card from deck C or deck D yields 50. However, some cards also carry penalties, generating a large loss of 1,250 for every 10 cards of decks A and B and a small loss of 250 for every 10 cards for decks C and D. Therefore, decks A

and B are risky (bad) cards with large immediate gains but longterm losses. In contrast, decks C and D are safe (good) cards with small immediate gains, but a net gain in the long run.

Participants were with a loan of 2,000 facsimile renminbi (RMB) at the beginning and were asked to win as much money as possible. They are not told how many card selections must be made (the task is stopped after a series of 200 card selections). The net score of each subject is calculated as the difference between the number of safe and risky choices, i.e., net score = (C + D) - (A + B), for the 200 choices (total score). The scores of five blocks consisting of 40 choices are also calculated for each subject, indicating changes in the pattern of choices during the game. Positive net and block scores indicate advantageous decision-making.

Instructions on the screen during the choice period were "please consider which cards to choose", and the time was fixed to 5,000 ms. After the end of the time, the guide was "please choose", so the subjects can choose one card by clicking the mouse. Outcomes were given as "you win \$X" or "you lose \$Y".

#### **Experimental Instrument**

The skin electric response was measured by the MP150WS system (BIOPAC System, Inc.) at a rate of 1,000 samples per second. With two computers, one is equipped with E-Prime software to control and present experimental materials, and the other is equipped with Acqknowledge 4.3 (HongKong HTR Co., Limited, China) to record and collect data. Different keystrokes will be marked with different markers. During the whole experiment, two computers realized data communication through COM port (HongKong HTR Co., Limited).

### SCRs Recording

Electrodes were attached to the distal phalange of the first and second digits of the non-dominant hand. SCRs were recorded continuously throughout the task. Anticipatory SCRs were defined as SCRs generated during the period of the 5,000 ms interval of the selection of a deck. We analyzed the median maximal anticipatory amplitudes before the advantageous or disadvantageous choices using Matlab R2011b software. We introduced a variable, named autonomic response, defined as the median maximal anticipatory SCRs for the disadvantageous decks (A and B) minus the median maximal anticipatory SCRs scores for the advantageous decks (C and D), i.e., the difference between anticipatory SCRs before advantageous and disadvantageous choices (Guillaume et al., 2009).

#### Assessment of Explicit Knowledge

The explicit knowledge was assessed by the subjective experience rating and general conscious knowledge. After every block of 40 card selection, the participants were asked to provide subjective ratings about each deck of cards, in terms of how "good" or "bad" they felt each deck was on a 1–9 Likert-type scale. The specific instructions were "So far, according to your choice, I would like you to give each deck of cards a score, based on how good or bad you feel they are. That is, one indicates that you think the deck is very poor, and nine indicates that you think the deck is very good". The questions and choices were presented on screen, and participants typed their responses to each of the questions. In addition, the subjective experience scores were analyzed by subtracting ratings of bad decks from ratings of good decks (Bowman et al., 2005).

At the end of the game, each participant was asked a list of questions. The questions were (1) tell me all you know about this game; (2) did you find any difference between the decks?; (3) suppose you select 10 new cards from the deck A/B/C/D, will you on average win or lose money? (The question is repeated for each deck.); and (4) retrospectively, if you have to choose only one deck, which one will you choose to earn as much money as possible? (Maia and McClelland, 2004; Guillaume et al., 2009). According to the answers, we assessed the level of general conscious knowledge of subjects, which was carried out as described by Maia and McClelland (2004). There are three levels of conscious knowledge: (1) level 0: the participants do not have any conscious knowledge specifying a preference for one of the two best decks; (2) level 1: the participant has conscious knowledge specifying a preference for one of the two best decks but does not have conscious knowledge about the outcomes of the decks that could provide a basis for that preference; and (3) level 2: the participant has conscious knowledge specifying a preference for one of the two best decks and has conscious knowledge about the outcomes of the decks that could provide a basis for that preference.

#### **Psychometric Measures**

We used the Beck Scale for Suicide Ideation-Chinese Version (BSI-CV) to the assessment of suicidal ideation (Li et al., 2010b). The Beck Depression Inventory (BDI) and State Anxiety Inventory (S-AI) were used to evaluate the levels of depression and anxiety (Wang, 1999). Personality traits were assessed by the Difficulties in Emotion Regulation Scale (DERS) and Trait Anxiety Inventory (T-AI) (Wang et al., 2007).

# **Statistical Analysis**

Statistical analyses were conducted with SPSS 20.0 (IBM SPSS Statistics). The characteristics of the sample were described using mean and SD for quantitative variables and proportions for categorical variables. The general conscious knowledge and gender distribution differences were compared by using Chi-square tests. The ANOVA was conducted to test for group differences in IGT net scores, subjective experience, anticipatory SCRs, psychological variables, and other demographic continuous variables. The Bonferroni *post-hoc* comparison test was used when significant the main effects were present. Pearson's correlation coefficients were calculated to test for the associations between clinical variables and IGT performance. All statistical tests were two-tailed, and p < 0.05 were considered statistically significant.

# RESULTS

## **General Variables**

Clinical, demographic, and personality characteristics of subjects are shown in Table 1. No differences were found

	SA group ( <i>n</i> = 13)		SI group ( <i>n</i> = 23)		HC group ( <i>n</i> = 19)		F	р
	М	SD	М	SD	М	SD		
Age (years)	18.84	1.14	20.13	2.20	20.84	2.01	4.12	0.02*
Depression	9.92	8.63	8.91	7.29	5.37	4.73	2.07	0.13
Suicide ideation	16.08	7.11	11.84	9.38	4.28	1.90	11.73	0.00**
State anxiety	36.69	7.31	35.65	7.32	35.79	8.00	0.09	0.92
Trait anxiety	42.92	6.36	43.87	9.08	42.74	6.82	0.13	0.88
Dysregulation:								
Emotional perception	12.69	3.53	13.48	4.29	15.79	3.84	2.82	0.07
Emotional acceptance	11.77	4.04	11.77	5.27	12.32	4.00	0.08	0.92
Emotional understanding	10.92	2.66	10.13	4.10	10.12	1.91	0.32	0.73
Target behavior	14.00	5.49	14.74	4.85	12.42	3.59	1.33	0.27
Impulse control	11.77	4.27	12.43	5.71	10.47	2.80	0.98	0.38
Strategy use	16.64	6.35	18.57	7.92	16.74	4.19	0.56	0.58
	п	%	N	%	n	%	χ²	Р
Sex (male)	6	46.15	16	69.57	9	47.37	2.81	0.25
MINI diagnosis								
Major depressive episode	1	7.69	-	-	-	-		
Social phobia	3	23.08	-	-	-	-		
Generalized anxiety disorder	1	7.69	-	-	-	-		
**n < 0.01								

TABLE 1 | Demographic variables, clinical variables, personality variables, and MINI diagnosis among three groups.

\*p < 0.05.

TABLE 2 | Overall performance of different groups of subjects on the IGT.

	п	М	SD	F	p	
SA group	13	26.08	56.36	0.02	0.98	
SI group	23	30.00	69.73			
HC group	19	29.57	61.03			



between groups in terms of gender, depression, state anxiety, and personality traits. There were significant differences in age between SA and HC groups (p <0.05). SA and SI groups had significantly higher scores of suicide ideation compared with the HC group (p < 0.01; p < 0.05), with no difference between the two suicidal groups (p > 0.05).

## **IGT Performance**

There was no significant difference among the three groups on the total net score in the IGT (p > 0.05), and the result was unchanged after controlling the age (p > 0.05; Table 2).

We used 3 (group)  $\times$  5 (block) repeated measures ANOVA to explore the difference in decision-making performance in three groups over time. The results showed that the main effect of the block was significant (F = 9.75, p< 0.01,  $\eta_p^2 = 0.16$ ), with a continuous increase in IGT net scores from block 1 to block 5 (see Figure 1). The interaction effect between group and block was not significant (p > 0.05), and the main effect of the group was not significant (p > 0.05). After controlling the age as the covariate, the main effect of the block was no longer significant (p > 0.05).



# Conscious Knowledge

#### Subjective Experience

The subjective experience scores of three groups were analyzed with 3 (group) × 5 (block) repeated measurement ANOVA. The main effect of the block was significant (F = 7.23, p < 0.01,  $\eta_p^2 = 0.12$ ), which showed that the score of subjective experience was higher as time goes on (see **Figure 2**). The main effect of the group was not significant (p > 0.05), and the interaction effect between group and module was not significant (p > 0.05). Finally, the main effect of the block was no longer significant when taking age as the covariate.

The relationships between subjective experience and net scores of five blocks are shown in **Table 3** in the whole subjects. There were significant correlations between IGT net scores of five blocks and the subjective experience scores.

#### General Conscious Knowledge

To improve the power of the statistical test, the subjects with levels 0 and 1 were integrated into one group. Therefore, we tested the net score differences between 0–1 and 2 levels of overall explicit understanding. The Chi-square test showed that there was no significant difference among the groups at different levels of conscious knowledge (p > 0.05; **Table 4**).

We analyzed the relationship between the levels of general explicit understanding and net scores of the IGT in all participants. The results of *t*-test showed that the difference between the IGT net scores of subjects with level 2 (n = 38, M = 38.32, SD = 56.39) and those of subjects with level 0–1 (n = 16, M = 6.56, SD = 69.34) was close to significant (p = 0.08). There was no significant difference in IGT net scores between different levels of general explicit understanding in any of the three groups (p > 0.05).

We used the score of the fifth subjective experience (SE5) as another index of explicit understanding. No significant differences were found in SE5 among the three groups (p > 0.05; **Table 5**). The correlation analysis showed that SE5 was positively correlated with IGT net scores in all subjects (r = 0.19, p < 0.05; **Figure 3**). In addition, group analysis showed that there was a significant correlation in the SA group between SE5 and IGT net

scores (r = 0.70, p < 0.05; **Figure 4**), but no such correlation was found in the other two groups.

# **Psychophysiological Measure**

The result of 3 (group) × 2 (type) repeated measurement ANOVA indicated that the main effect of card type was significant (F = 15.10, p < 0.01,  $\eta_p^2 = 0.23$ ), i.e., the anticipatory SCRs of the disadvantageous decks were significantly higher than that of advantageous decks (**Figure 5**). However, the main effect of the group was not significant (p > 0.05), and the interaction was not found (p > 0.05). The main effect of card type was no more significant after including the age as a covariate in the analysis (p > 0.05).

The results of ANOVA showed that there was no significant difference in the autonomic response among the three groups (see **Table 6**). There was a significant positive correlation between the autonomic response and IGT net scores in all subjects (r = 0.27, p < 0.05; **Figure 6**). Group analysis showed that there were significant positive correlations between IGT net scores and the autonomic response (r = 0.55, p < 0.05; **Figure 7**), and between the anticipatory SCRs of disadvantageous decks and IGT net scores (r = 0.45, p = 0.05) in the HC group.

# The Relationship of Explicit and Implicit Systems

There were no significant correlations between the SE5 and SCRs, such as, autonomic response (p > 0.05), anticipatory SCRs for the disadvantageous decks (p > 0.05), and the advantageous decks (p > 0.05).

# **Relationships Between Decision-Making Performance and Clinical and Personality Variables**

There were no significant correlations between IGT net scores and the score of depression (p > 0.05), suicide ideation (p > 0.05), state anxiety (p > 0.05), trait anxiety (p > 0.05), and six dimensions of emotional dysregulation (p > 0.05).

# DISCUSSION

To our knowledge, this is the first study to explore the influence of explicit knowledge and somatic markers on the decision-making performance of suicidal subjects. No significant differences were found among the three groups on IGT performance, explicit knowledge, and anticipatory SCRs. IGT performance was positively correlated with an index of explicit knowledge (SE5) in suicide attempters and all the subjects, while it was positively correlated with the index of anticipatory SCRs (the difference between the disadvantageous and advantageous decks) in healthy controls and all the subjects.

Behavior results showed that there was no significant difference among the three groups in IGT net scores, and the result was still the same after controlling for age, which was contrary to Hypothesis 1. This result was consistent with the findings of Gorlyn et al. (2013) and Deisenhammer et al. (2018). Gorlyn et al. (2013) found no significant difference between

TABLE 3   Correlations between subjective experience scores and IGT net scores of five blocks in the whole sub	ojects.
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	SE1	SE2	SE3	SE4	SE5
Block 1	0.38**	_	_	_	
Block 2	0.41**	0.51**	-	-	-
Block 3	0.10	0.38**	0.47**	-	-
Block 4	0.18	0.28*	0.49**	0.39**	-
Block 5	0.14	0.22	0.36**	0.39**	0.40**

 $^{**}p < 0.01. \ ^*p < 0.05.$ 

TABLE 4 | Distribution of subjects in overall explicit understanding level.

	Levels 0 and 1	Level 2	χ²	p	
SA group	6	6	3.20	0.20	
SI group	6	17			
HC group	4	15			

One subject in the SA group had an absence of explicit understanding data.

TABLE 5   The score of SE5 in three groups.							
	N	М	SD	F	р		
SA group	13	3.78	3.49	1.24	0.30		
SI group	23	4.65	3.64				
HC group	19	5.68	3.13				



the suicide attempters with depression and control subjects, but violent suicide attempters performed worse in the IGT. Moreover, IGT net scores did not differ significantly among currently depressed suicide attempters, depressed in-patients without suicide behaviors, and healthy controls (Deisenhammer et al., 2018). However, more studies revealed that suicide attempters with mood disorders performed worse than affective and healthy control groups in decision-making tasks (Westheide et al., 2008; Malloy-Diniz et al., 2009; Jollant et al., 2010, 2013; Martino et al., 2011; Bridge et al., 2012). The possible



explanations for the inconsistent results could be different sample sources and definitions of suicide attempts (Jollant et al., 2005; Gilbert et al., 2011). Most previous studies were conducted in clinical samples with mood disorders and other psychiatric diagnoses. However, the subjects of our study were recruited from a college students sample and only five subjects in the SA group had psychiatric diagnoses, which may result in a lower pathological level of the subjects. Decision-making deficit was also shown to be associated with major psychiatric disorders, such as normothymic bipolar disorder and depression (Jollant et al., 2007; Caceda et al., 2014). In most previous work, suicide attempts were defined as actual self-injury acts with some



intent to die (Jollant et al., 2005, 2010; Gilbert et al., 2011; Bridge et al., 2012). For example, in the study of Jollant et al. (2005), the definition of suicide attempts indicated that patients who exhibited only suicidal ideation or who threatened to commit suicide without actually taking action were not included. However, suicide attempts in our study, according to C-CASA, were defined as potential self-injurious behaviors with certain death intentions, which incorporated aborted (n/N = 5/13) and interrupted (n/N = 1/13). Moreover, decision-making deficit was found in suicide attempters with violent means rather than nonviolent means (Jollant et al., 2005; Gorlyn et al., 2013). Suicide methods of the SA group in this study were all non-violent, such as drug overdose, wrist cutting, and so on, which may contribute to the non-significant result on decision-making performance between suicide attempters and other subjects.

Compared with the HC group, the decision-making performance of suicide ideators was not impaired, which was consistent with Hypothesis 2. There was no significant correlation between suicide ideation and decision-making performance in suicide ideators and all the subjects. There were only three previous studies that explored the decision-making performance of suicide ideators. Moreover, our findings were compatible with the results of Bridge et al. (2012) and Sheftall et al. (2015). For example, Sheftall et al. (2015) did not find group differences between the youths who had suicide ideation in the past 6 months and comparison subjects. However, the study from Westheide et al. (2008) found suicide attempters with current suicide ideation showed impaired decision-making, and suicide ideation was significantly associated with decision-making performance. Therefore, we still cannot conclude that whether there was a decision-making deficit in suicide ideators because of the small number of relative studies and the inconsistent results, which should be resolved in future studies.

In our study, conscious knowledge was indexed by subjective experience and general conscious knowledge. The score of subjective experience was gradually improved in all subjects. This result was replicated with previous studies, which showed that the level of explicit knowledge improved gradually as the decision-making task proceeded in the normal sample (Guillaume et al., 2009; Fernie and Tunney, 2013). There were

no significant differences in both measures of explicit knowledge among the three groups. This appeared to show that the explicit system of suicide subjects was not damaged. The study by Jollant et al. (2013) is the first and the only previous study to explore the relationship of the explicit system and decisionmaking performance in suicide attempters with mood disorders. Their results showed no difference in the level of an explicit understanding of the IGT between suicide attempters with mood disorders and affective controls. It was compatible with our result, which showed that there was no difference in the explicit understanding level between healthy college controls and college suicide attempters with high cognitive levels. The electrophysiological results showed that anticipatory SCRs for disadvantageous decks (A and B) exceeded advantageous decks (C and D) in all subjects. This was in agreement with previous studies in healthy subjects (Wagar and Dixon, 2006; Guillaume et al., 2009; Mardaga and Hansenne, 2012; Yen et al., 2012). Disadvantageous decks induced greater anticipatory SCRs to help participants away from the unfavorable choices (Bechara et al., 1994; Bechara and Damasio, 2005; Sarchiapone et al., 2018). Unfortunately, this result was absent after the control of age. We did not find a significant difference among the three groups in the autonomic response, which might suggest no implicit system impairment in suicide attempters and suicide ideators. In addition, so far there was no previous study that explored whether there is somatic markers deficit in suicidal subjects.

Our correlation results showed that decision-making performance in all the subjects was correlated with explicit knowledge and somatic markers, and there was no correlation between them. Decision-making, therefore, seemed to be associated with the explicit and implicit systems, which is proved by studies conducted in healthy controls (Guillaume et al., 2009; Fernie and Tunney, 2013) and amnesic patients (Gutbrod et al., 2006). Furthermore, IGT net scores were associated with an index of explicit knowledge in suicide attempters and were correlated with the autonomic response of anticipatory SCRs in healthy controls, which implied that distinct strategies were applied in two groups to maintain a similar level of decision-making performance.

The correlations between decision-making performance and somatic markers in healthy controls were consistent with previous research (Carter and Pasqualini, 2004; Wagar and Dixon, 2006; Guillaume et al., 2009; Miu et al., 2012). Success on the IGT was positively correlated with the anticipatory SCRs within a healthy population (Carter and Pasqualini, 2004). Similar SCRs studies also found that overall anticipatory SCRs positively predicted IGT performance of healthy subjects (Wagar and Dixon, 2006; Guillaume et al., 2009; Mardaga and Hansenne, 2012). A meta-analysis by Simonovic et al. (2019) revealed a small-to-medium significant relationship between anticipatory SCRs and IGT performance, which supported the somatic marker hypothesis. Several EEG studies in healthy controls have demonstrated that there was a more negative potential (i.e., Decision Preceding Negativity, DPN) for disadvantageous deck anticipation in the right frontal region (Bianchin and Angrilli, 2011; Giustiniani et al., 2015). Moreover, some functional MRI (fMRI) studies in normal subjects also showed that

	Disadvantageous decks		Advantageous decks		Autonomic response		F	p
	М	SD	М	SD	М	SD		
SA group	0.37	0.33	0.33	0.30	0.04	0.08	0.30	0.74
SI group	0.45	0.28	0.38	0.27	0.06	0.05		
HC group	0.39	0.47	0.32	0.34	0.07	0.15		

TABLE 6 | The anticipatory SCRs of disadvantageous and advantageous decks and the autonomic response in three groups.





IGT performance was positively correlated with the activation difference of selecting the unfavorable and the favorable in the ventral media prefrontal lobe (VMPFC, BA10; Fukui et al., 2005) and the left orbital frontal cortex (OFC, BA47; Lawrence et al., 2009). The VMPFC, especially including the OFC region, played a critical role in the process and encoded the outcome-value associations (Rangel et al., 2008; Poppa and Bechara, 2018), which are both in the somatic marker neural circuitry (Li et al., 2010a). However, disrupted VMPFC and OFC value encoding in people with suicide behaviors had been confirmed (Richard-Devantoy et al., 2014; Dombrovski and Hallquist, 2017). Jollant et al. (2010) discovered decreased activation in OFC during risky vs. safe choices in suicide attempters when performing the IGT. Although no impairment of implicit system was found in suicidal subjects in our study, these biological findings could provide some evidence for the potential generation abnormalities of somatic markers in suicide attempters.

Jollant et al. (2013) noted that more explicit knowledge was linked to better IGT performance in healthy and affective controls, but not in suicide attempters. There was no significant IGT performance difference between those who reached or not reached an explicit understanding of suicide attempters. Suicide attempters showed a disconnection between what they know and what they do, and they had deficient use of explicit understanding with the possible impaired implicit system. Therefore, they speculated that the sufficient use of explicit knowledge may be insured when there is an efficient implicit system (Jollant et al., 2013). However, in another study, most post-graduate students had enough knowledge to guide IGT performance after 40 trials and no anticipatory SCRs difference between the bad and good decks in the period before acquiring the knowledge in the normal sample (Fernie and Tunney, 2013). This finding was inconsistent with Jollant et al. (2013) speculation, and the anticipatory SCRs did not show necessary to succeed in the IGT (Gutbrod et al., 2006). Therefore, our results seemed to indicate that, due to the possible difficulty of utilizing somatic markers, the college suicide attempters with high cognition depended more on their explicit knowledge and applied this compensatory strategy to decide as normally as healthy controls.

The limitations of this study should be noted. First, our sample of 36 suicidal individuals could be considered relatively small. It was ambiguous that the performance of suicide attempters in the IGT was on account of the suicide behaviors or the psychiatric symptoms. These results need to be further validated. Second, the influence process of the implicit and explicit systems on decisionmaking is still in dispute, and the somatic marker hypothesis has been questioned (Fernie and Tunney, 2013; Dong et al., 2016). More factors about the influence on the decision-making process should be discussed in the future. Finally, heart rate, event-related potentials, and other neuroimaging techniques with various strengths could measure the somatic state, which could provide more evidence to the neurophysiological mechanisms during decision-making (Xu and Huang, 2020).

In summary, this study sheds light on the different roles of somatic markers and explicit knowledge on the decisionmaking performance of healthy controls and suicide attempters. Decision-making in healthy controls was mainly affected by the somatic markers. While the suicide attempters seemed to apply a compensatory strategy by mostly utilizing explicit knowledge to perform as normally as healthy controls in the IGT.

## DATA AVAILABILITY STATEMENT

The original contributions presented the in study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.

## **ETHICS STATEMENT**

The studies involving human participants were reviewed and approved by the Ethics Committee of Tianjin University. The

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patients/participants provided their written informed consent to participate in this study.

# **AUTHOR CONTRIBUTIONS**

LLW and JML wrote the manuscript and finished the statistical analysis. JML, HLL, and ZPW collected the data and made a preliminary data analysis. LY and LA contributed to the conception and design of the study. LA revised the manuscript. All authors contributed to the article and approved the submitted version.

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