

# Changes in histone H3 lysine 4 trimethylation in Hashimoto's thyroiditis

Xixuan Lu<sup>1</sup>, Jing Sun<sup>1</sup>, Tingting Liu<sup>1</sup>, Hao Zhang<sup>2</sup>, Zhongyan Shan<sup>1</sup>, Weiping Teng<sup>1</sup>

<sup>1</sup>Department of Endocrinology and Metabolism, Institute of Endocrinology, Liaoning Provincial Key Laboratory of Endocrine Diseases, First Affiliated Hospital of China Medical University, Shenyang, Liaoning Province, China

<sup>2</sup>Department of Thyroid Surgery, First Affiliated Hospital of China Medical University, Shenyang, Liaoning Province, China

**Submitted:** 19 February 2019; **Accepted:** 22 April 2019

**Online publication:** 17 May 2019

Arch Med Sci 2022; 18 (1): 153–163

DOI: <https://doi.org/10.5114/aoms.2019.85225>

Copyright © 2019 Termedia & Banach

**Corresponding author:**

Weiping Teng MD  
Department of  
Endocrinology  
and Metabolism  
Institute  
of Endocrinology  
Liaoning Provincial  
Key Laboratory  
of Endocrine Diseases  
First Affiliated Hospital  
of China Medical  
University  
155 Nanjing North St  
Shenyang  
Liaoning Province, China  
E-mail: [twp@vip.163.com](mailto:twp@vip.163.com)

## Abstract

**Introduction:** The precise pathogenesis of Hashimoto's thyroiditis (HT) is yet to be fully elucidated. The role of epigenetics in the pathogenesis of HT has scarcely been addressed. Tri-methylated histone H3 lysine 4 (H3K4me3) is generally regarded as a marker of gene activation. The aim of this study was to explore genome-wide H3K4me3 patterns and global protein levels in primary thyrocytes and thyroids from HT patients.

**Material and methods:** Chromatin immunoprecipitation sequencing (ChIP-seq) was used to analyze genome-wide H3K4me3 patterns in primary cultured thyrocytes from three HT females and three age-matched female control subjects. Western blotting was used to analyze global H3K4me3 levels in thyrocytes and thyroid tissues. Gene expression was determined using RT-PCR. Mixed-lineage leukemia 1 (MLL1) protein levels were measured by western blotting and immunohistochemistry.

**Results:** Nine genes – TG, CXCL8, CCL2, CXCL10, FASLG, ICAM1, ITGA4, IL18 and TRAIL – showed increased H3K4me3 enrichment in promoter regions around the transcriptional start sites, and gene expression of ICAM1, CCL2 and CXCL8 was consistently increased ( $p < 0.05$ ). KEGG pathway analysis suggested that differential peak-related genes were markedly associated with autoimmune thyroid disease ( $p < 0.05$ ).

**Conclusions:** This first investigation of genome-wide H3K4me3 distribution in thyroid follicular cells suggested that genes associated with autoimmune thyroiditis showed differential H3K4me3 enrichment, which was partly related to gene expression. Global H3K4me3 changes and increased MLL1 expression were found in thyroid tissues from HT patients.

**Key words:** Hashimoto's thyroiditis, H3K4me3, ChIP-seq, chemokine, epigenetics, histone methylation.

## Introduction

Hashimoto's thyroiditis (HT) is a common endocrine disease characterized by infiltration of the thyroid gland by large numbers of immune cells, which produce autoantibodies targeting thyroid-specific antigens, including thyroglobulin (TG) and thyroperoxidase (TPO) [1]. The precise pathogenesis of HT is not fully understood but it is currently believed that, under certain genetic backgrounds, environmental factors (e.g., iodine, virus) and epigenetic modifications together lead to thyroid auto-

immune intolerance [2]. The contribution of genetics to the etiology of HT has been demonstrated by several linkage and association studies and at least five specific loci, i.e. HLA-DR, TG, CTLA-4, PTPN22 and ARID5B, have been suggested to be associated with HT [3]. The risk of disease is not, however, significantly associated with genetic susceptibility, suggesting that other factors, such as epigenetic modification, may be involved in the development of the disease.

Epigenetic changes, defined as stably heritable alterations in gene expression without changes in nucleotide sequence, have been associated with many diseases. Mechanisms involved in epigenetic regulation of gene expression include DNA methylation, histone modification (acetylation, methylation, phosphorylation and ubiquitination) and non-coding RNAs. Histone methylation is a dynamic process that is mainly achieved by methyltransferases and demethyltransferases. In mammals, there are at least 10 known or predicted methyltransferases that methylate histone H3 on lysine 4 (H3K4). The best characterized of these are the mixed lineage leukemia (MLL) family (MLL1-4, SETD1A and SETD1B), which are homologues of the first methyltransferase to be identified, SET1 [4].

Trimethylated H3K4 (H3K4me3) is currently attracting much interest because it is specifically enriched at the 5' end of the open reading frame (ORF) of genes and the degree of H3K4 trimethylation at the transcriptional start sites (TSSs) is closely associated with gene transcription [5]. At TSSs, marked H3K4me3 enrichment was detected immediately downstream from the DNase I hypersensitive sites in promoter regions following DNase I cleavage, and this precise relationship can even be used for annotation of TSSs [6].

Thyocytes, the target cells in HT, express the thyroid-specific antigens, TG and TPO, as well as many cytokines and adhesion molecules under

stimulation by iodine and proinflammatory factors [7]. Although there has been extensive research into the involvement of thyroid cells in autoimmune thyroid disease (AITD) over the past years, the extent of genome-wide H3K4me3 has not yet been elucidated in thyroid follicular cells (TFCs) of HT patients. Here, we aimed to identify differences in H3K4me3 distribution on a genome-wide scale as well as global H3K4me3 levels in primary thyrocytes and thyroid tissues from HT patients.

## Material and methods

### Subjects

This study was approved by the Ethics Committee of the First Affiliated Hospital of China Medical University. Thyroid specimens were obtained from the non-affected lobes of patients who underwent thyroidectomy. Serum samples were also obtained to detect thyroid antibodies and measure thyroid function using an electrochemiluminescence method. All subjects were female and were euthyroid at the moment of surgery, with no thyroid hormone replacement therapy or anti-thyroid drugs and with no history of systemic autoimmune disease or any severe illnesses. Patients in the HT group were positive for at least one thyroid antibody (TG-Ab, TPO-Ab) and had pathologically confirmed HT during surgery. Subjects in the control group were age-matched and were both negative for thyroid antibody and pathological diagnosis of HT. Signed informed consent was obtained from all donors before surgery. The clinical characteristics of patients and controls are listed in Table I.

### Primary cultures of human thyroid cells

Thyroid tissue was cut into small pieces, washed with Hanks' balanced salt solution, and then incubated with collagenase type IV (1.25 mg/ml) (Sig-

**Table I.** Clinical characteristics of patients with Hashimoto's thyroiditis and controls

Variable	HT	Control	Reference range <sup>d</sup>	P-value
Number	40	40	–	–
Age <sup>a</sup>	49.23 ± 2.25	53.45 ± 1.94	–	0.15
TSH [mIU/l] <sup>b</sup>	2.66 (1.89–3.78)	2.14 (1.40–3.86)	0.35–4.94	0.229
FT4 [pmol/l]	12.96 ± 1.74	14.44 ± 2.33	9.01–19.05	0.069
FT3 [pmol/l]	3.88 ± 0.62	4.55 ± 1.02	2.63–5.70	0.200
TPOAb [IU/ml]	124 (55.15–552.98)	0.37 (0.26–0.84)	0–5.61	< 0.001
TgAb [IU/ml]	99.6 (25.46–558)	1.22 (0.88–1.66)	0–4.11	< 0.001

<sup>a</sup>Age, FT4 and FT3 were normal distributed and were expressed as mean ± SD. Mean comparison between the two groups was performed with the independent sample T test. <sup>b</sup>TSH, TPOAb and TgAb were non-normally distributed and were expressed as median (interquartile range). Mann-Whitney U test was used to detect data differences between the two groups. Electrochemiluminescence detection was used for detection. The instruments and kits were from Abbott Corporation (Architect i2000SR, Abbott Laboratories, Chicago, IL, USA). HT – Hashimoto thyroiditis.

ma Aldrich, St. Louis, MO, USA) in RPMI 1640 medium for 2 h at 37°C. The cells were then filtered and centrifuged at 1,000 rpm for 5 min. The cells were finally resuspended in a complete medium consisting of RPMI 1640 medium, supplemented with 10% fetal calf serum (FCS) (Gibco, Grand Island, NY, USA), bovine insulin (1 µg/ml), transferrin (5 µg/ml), hydrocortisone (10<sup>-8</sup> mM), thyroid stimulating hormone (30 µU/ml, non-essential amino acids (1 mM) and 1% penicillin-streptomycin (Sigma).

#### Chromatin immunoprecipitation sequencing (ChIP-seq) using deepTools

Chromatin immunoprecipitation was performed using a ChIP-IT High Sensitivity Kit (Active Motif, Carlsbad, CA, USA). After fixation with formaldehyde, the cells were collected by scraping into a 15 ml centrifuge tube, incubated with micrococci nuclease (Active Motif) at 37°C for 20 min. The nuclei were resuspended and sonicated to obtain the appropriate chromatin. Each chromatin sample was incubated overnight at 4°C with H3K4me3 antibody (CST, Beverly, MA, USA), and then incubated with protein G beads in a shaker for 2 h at 4°C and separated using a magnetic stand. After de-crosslinking and purification, the qualified DNA was used for second-generation sequencing.

#### Bioinformatics analyses

We sequenced 12 samples (including 6 inputs) for hg19 species using Chip-seq technology, on average generating 32272581 raw reads and 32109156 clean reads, which were mapped to the human hg19 reference genome using SOAPaligner/soap2 [8]. Only alignments within two mis-

matches were considered in peak calling, based on a defined analysis using Model-based Analysis of ChIP-Seq (MACS), and MAnorm was used to identify differential peaks between the HT and control groups [9]. For one of the ChIP-ed control samples, the mapping rate was much lower than for the others and this sample did not qualify for further analysis.

#### Western blotting

The total protein extraction was performed using Protein Extraction Kit (KeyGEN, Jiangsu, China). Immunoblotting was performed according to the standard protocol and the proteins were transferred to PVDF membranes (Millipore, Burlington, MA, USA), blocked with TBST + 5% skimmed milk, incubated overnight at 4°C with the antibodies anti-H3K4me3 (Abcam, Cambridge, MA, USA), anti-β-actin (Abcam) and anti-MLL1 (CST), then washed three times with TBST and incubated with HRP-conjugated IgG antibody. Immunoblot bands were quantified relative to β-actin using Image Pro Plus software (Media Cybernetics, Inc.) [10].

#### Real-time RT-PCR

Total RNA was extracted using TRIzol (Gibco). Reverse transcription was carried out using a PrimeScript RT Reagent Kit with gDNA Eraser (Takara, Bio Inc., Shiga, Japan). cDNA amplification was then performed using SYBR Premix Ex Taq (Takara) with a Light Cycler 480 instrument (Roche, Basel Switzerland). mRNA expression for each sample was analyzed using glyceraldehyde 3-phosphate dehydrogenase (GAPDH) as an internal control. Primer sequences are listed in Table II.

Table II. Primer sequences used for RT-PCR

Gene	Forward	Reverse
CCL2	ACTCTCGCCTCCAGCATGAA	TTGATTGCATCTGGCTGAGC
CXCL8	GAAACCACCGGAAGGAACCA	ATTTGCTTGAAGTTTCACTGGCA
ICAM1	TATAAAGGATCACGCGCCCC	AACAACCTGGGCTGGTCACA
IL18	ATGGCTGCTGAA CCACTA G	TCTACA GTCAGA ATCAGTCAT
ITGA4	CAGGTTTAAAGCATGGCCACA	CTGTTGGGAATGCTGTGTTTGT
CXCL10	GCTTCCAAGGATGGACCACA	GCAGGGTCAGAACATCCACT
FASLG	GAGAGTCTACCAGCCAGATGC	TGCAAGATTGACCCCGGAAG
TRAIL	CCC AATGACGAAGAGAGTATG	GGA ATA GATGTAGTA AAACCC
MLL 1	GAGGACCCCGGATTAACAT	GGAGCAAGAGGTTTCACTGATC
MLL 2	AACCATATCGGCCTGGCATT	CAGGCAGGTCAGCAGGTATC
MLL 3	TGGTACTGACACTTACAGGC	ACCCGGTAGACAATACTGG
MLL4	AACCATATCGGCCTGGCATT	CAGGCAGGTCAGCAGGTATC
SET7/9	GGCCGGTCCATTAGCTCTCC	GCAGGGCCAGGGCGTTTACA
ASH1L	AGTTTGCCCCCTTGAACCTT	CGATGAGAGTGCAGGGAAGT
GAPDH	TGACAACCTTGGTATCGTGAAGG	AGGCAGGGATGATGTTCTGGAGAG

### Immunohistochemistry

After dewaxing and hydration, paraffin sections were incubated with 3% H<sub>2</sub>O<sub>2</sub> for 15 min, placed in a microwave oven for 10 min for antigen retrieval, blocked with goat serum for 20 min, and then incubated overnight with MLL1 antibody (CST). The sections were then dehydrated in gradient alcohol, sealed and observed using a microscope (Olympus BX51, Tokyo, Japan).

### Statistical analysis

Statistical analyses were performed using SPSS Software 20.0 (SPSS, Inc., Chicago, IL, USA). Results are shown as means ± standard deviation and an independent sample *t*-test was used to determine whether differences between the patient group and the control group were statistically significant. *P*-values < 0.05 are viewed as statistically significant.

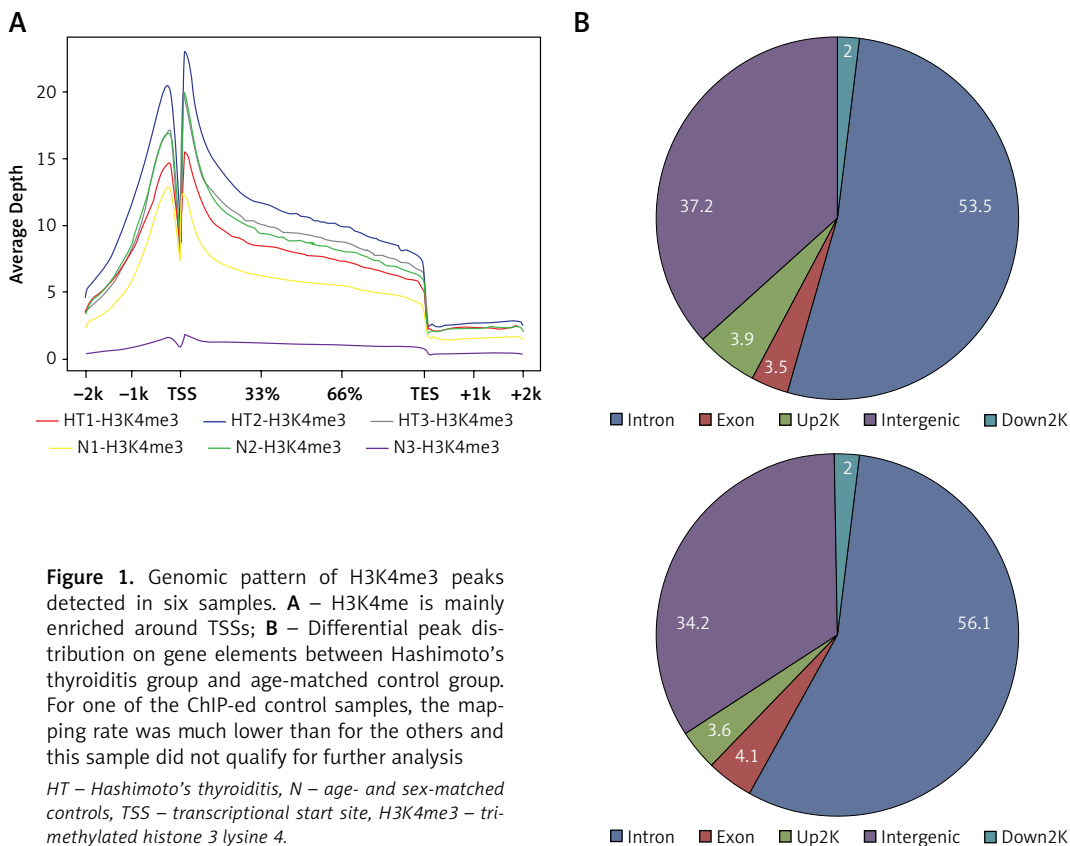
### Results

#### Differences in H3K4me3 patterns between HT patients and control subjects

Based on their location (UCSC annotation data), peaks were classified and assigned to the following genomic regions: intergenic, introns, downstream, upstream and exons. In agreement with the previously described canonical H3K4me3

pattern [11], all of our samples showed clear enrichment of H3K4me3 at the TSSs, suggesting that the genomic profiles were highly reproducible and that the average depth of H3K4me3 showed a bimodal distribution, from 1,000 bp upstream to 1,000 bp downstream, of the TSSs. The profiles of H3K4me3 identified in this study varied between the HT and control groups. Most of the sites with differential enrichment were located in intergenic and intron regions (Figure 1).

Gene ontology (GO) annotation and KEGG pathway analysis were used to further explore the function of the genes. The GO analysis showed that the differential peak-related genes were mainly involved in biological processes such as responses to stimuli and regulation of cell adhesion. KEGG pathway analysis suggested that these genes were remarkably enriched in cell adhesion molecules, AITD, pathways in cancer and the Ras signaling pathway (Table III). The most important differential genes with higher signals for H3K4me3 peaks in the HT group were those enriched in the AITD pathway, including TG, TSHR, MHCII, CTLA, CD80/86 and Fas/FasL. It is noteworthy that the TG promoter of TFCs from HT patients had, on average, a much greater enrichment signal for H3K4me3 compared with the control group. The Integrative Genomics Viewer (IGV) was used to visualize H3K4me peaks in the TG promoter (Figure 2). Chemokines, includ-



**Figure 1.** Genomic pattern of H3K4me3 peaks detected in six samples. **A** – H3K4me is mainly enriched around TSSs; **B** – Differential peak distribution on gene elements between Hashimoto’s thyroiditis group and age-matched control group. For one of the ChIP-ed control samples, the mapping rate was much lower than for the others and this sample did not qualify for further analysis

*HT* – Hashimoto’s thyroiditis, *N* – age- and sex-matched controls, *TSS* – transcriptional start site, *H3K4me3* – tri-methylated histone 3 lysine 4.

**Table III.** KEGG pathway terms (Top 10) and Gene Ontology terms (Top 5) related to the genes that are associated with differential H3K4me3 peaks

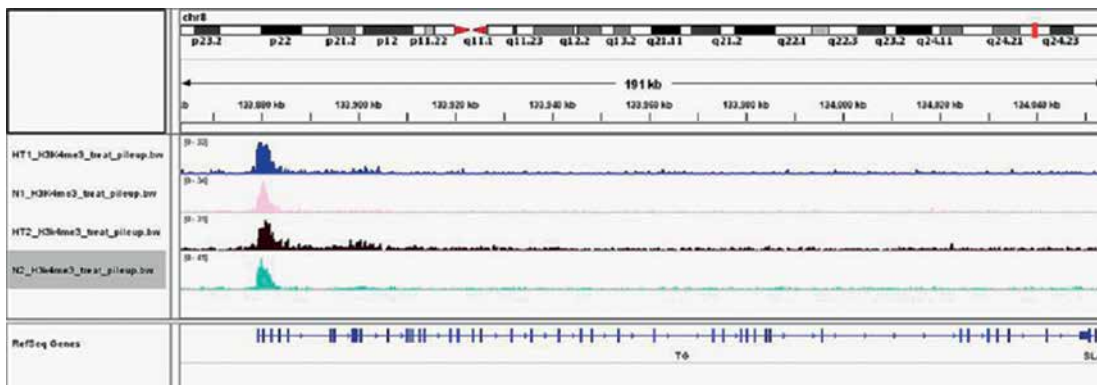
KEGG pathway			
Pathway	Peak related genes with pathway annotation (748)	All genes with pathway annotation (16502)	P-value
Cell adhesion molecules (CAMs)	26 (3.48%)	230 (1.39%)	$1.707336 \times 10^{-5}$
Type I diabetes mellitus	12 (1.6%)	63 (0.38%)	$2.184417 \times 10^{-5}$
Autoimmune thyroid disease	12 (1.6%)	73 (0.44%)	$9.939389 \times 10^{-5}$
Tuberculosis	31 (4.14%)	342 (2.07%)	0.0001988209
Pathways in cancer	50 (6.68%)	663 (4.02%)	0.0002909319
Graft-versus-host disease	11 (1.47%)	73 (0.44%)	0.0004209292
Allograft rejection	9 (1.2%)	54 (0.33%)	0.0006546433
Ras signaling pathway	31 (4.14%)	367 (2.22%)	0.0006691596
Chronic myeloid leukemia	15 (2.01%)	136 (0.82%)	0.001286104
Amyotrophic lateral sclerosis (ALS)	14 (1.87%)	123 (0.75%)	0.001360506
Biological process			
Gene Ontology term	Cluster frequency	Genome frequency of use	Corrected p-value
Immune system process	83 out of 620 genes, 13.4%	824 out of 13525 genes, 6.1%	$8.51 \times 10^{-9}$
Immune response	62 out of 620 genes, 10.0%	581 out of 13525 genes, 4.3%	$5.28 \times 10^{-7}$
Response to stimulus	283 out of 620 genes, 45.6%	4666 out of 13525 genes, 34.5%	$4.08 \times 10^{-6}$
Regulation of cell adhesion	24 out of 620 genes, 3.9%	152 out of 13525 genes, 1.1%	0.00014
Positive regulation of leukocyte activation	15 out of 620 genes, 2.4%	71 out of 13525 genes, 0.5%	0.00084

ing CCL2 (C-C motif chemokine ligand 2), CXCL8 (C-X-C motif chemokine ligand 8), CXCL10 (C-X-C motif chemokine ligand 10) and IL-18 (interleukin-18), adhesion molecules, including ICAM1 (intercellular adhesion molecule 1) and ITGA4 (integrin subunit  $\alpha$ 4), and apoptosis factors, including FASLG (Fas ligand) and TRAIL (TNF superfamily member 10), also showed increased

H3K4me3 enrichment in the promoter region around the TSSs (Figure 3).

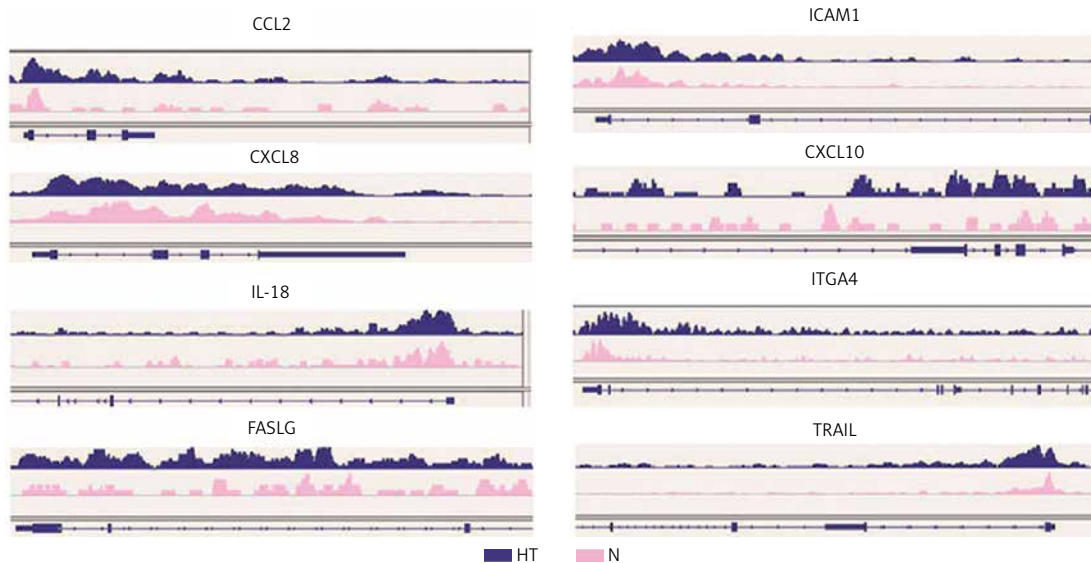
### Gene expression

It is accepted that H3K4me3 is broadly associated with RNA polymerase II occupancy at the TSSs of active gene expression [12] and H3K4me3



**Figure 2.** H3K4me3 profiles of thyroglobulin gene in HT and control group indicated by integrative genomics viewer. Regulation of H3K4me3 around thyroglobulin gene transcriptional start sites are shown in the tracks with significant differential peaks





**Figure 3.** Distribution of H3K4me3 enrichment around gene transcriptional start sites of eight genes  
 HT – Hashimoto's thyroiditis, N – age- and sex-matched controls.

was thought to regulate gene transcription [13]. Here, RT-PCR was used to determine the expression of eight HT-associated genes from our gene list (CCL2, ICAM1, CXCL8, CXCL10, IL-18, TRAIL, ITGA4 and FASLG), all of which showed H3K4me3 enrichment in the promoter. The mRNA expression of three genes (ICAM1, CCL2 and CXCL8) was elevated in primary thyrocytes from HT patients ( $n = 16, p < 0.05$ ). No significant difference of mRNA expression was seen for the remaining five genes ( $p > 0.05$ ) (Figure 4).

#### Global H3K4me3 expression in thyrocytes and thyroid tissues

We next investigated global H3K4me3 levels of TFCs ( $n = 8$ ) and thyroid tissues ( $n = 12$ ). Global H3K4me3 protein levels were slightly, but not significantly ( $p > 0.05$ ), higher in primary cultured thyrocytes from HT patients (Figure 5). The difference in H3K4 trimethylation of TFCs was focused mainly on certain genes, whereas overall methylation was unchanged. Compared with the control group, however, global H3K4me3 protein levels were significantly elevated in thyroid tissues from HT patients ( $p < 0.05$ ).

#### Detection of H3K4 methyltransferases

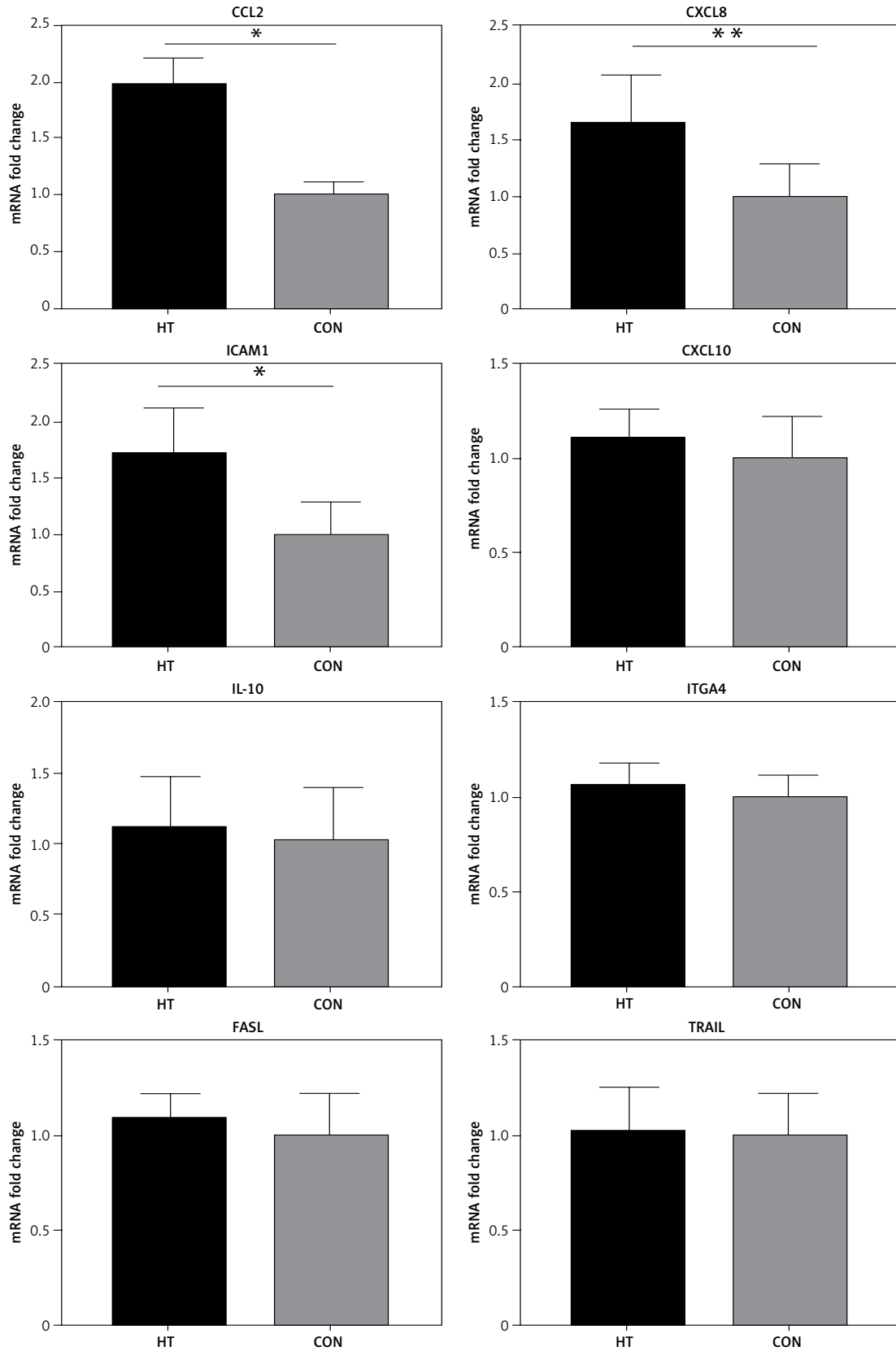
Because the MLL family of methyltransferases is known to be mainly responsible for methylation of H3K4 to influence genome transcription, we next investigated whether family members, including MLL1, LL2, MLL3, MLL4 and other methylation state-modifying enzymes, including SET7/9 (SET domain containing 7) and ASH1L (ASH1-like histone lysine methyltransferase), are associated

with H3K4 trimethylation in thyroid tissues. We found that mRNA expression of MLL1 was markedly increased ( $n = 60, p < 0.05$ ) (Figure 6). Immunoblotting and immunohistochemistry were then used to examine protein levels of MLL1 from a small number of samples ( $n = 16$ ). Consistent with mRNA expression levels, protein expression of MLL1 was significantly increased in thyroid tissues from HT patients ( $p < 0.05$ ) (Figure 7).

#### Discussion

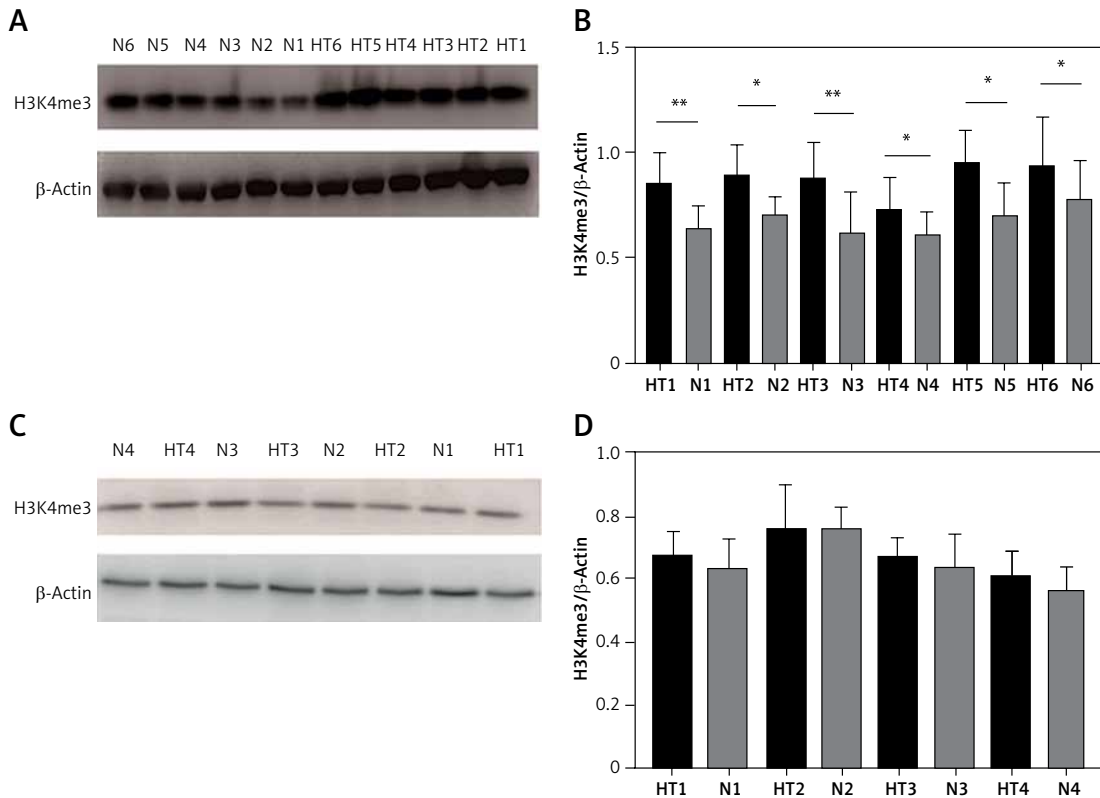
To the best of our knowledge, this is the first study to explore the role of H3K4me3 in primary cultured thyrocytes and thyroid tissues from HT patients, from a genomic and overall perspective. H3K4me3 is specifically located at the 5' end of the ORF and is considered to be a marker of gene activation [14]. We found that genes with increased H3K4me3 in primary thyrocytes from HT patients were mainly focused on the adhesion molecule pathway and the autoimmune thyroiditis pathway. We identified six genes, i.e. TG, TSHR, CTLA4, MHCII, FASLG and CD80/86, in the pathway of autoimmune thyroiditis, four of which were already confirmed to be closely related to AITD [3].

TG is thought to be a crucial antigen and apparent target gene in thyroid autoimmunity. Recently, single nucleotide polymorphism of A/G present in the TG promoter region was found to be associated with the transcription factor IRF-1 binding with enrichment in histone H3 acetylation and H3K4 mono-methylation at the same site [15]. Our ChIP-seq found increased H3K4me3 enrichment in the TG promoter region, providing a possible connection between epigenetic modification and genetic background. Furthermore, we found



**Figure 4.** RT-PCR validation for transcriptional expression of eight genes with increased H3K4me3 enrichment. mRNA level normalized to control group ( $n = 16$ ). Statistically significant differences are shown as  $*p < 0.05$ ,  $**p < 0.01$ . Fold-changes for CCL2, CXCL8 and ICAM1 were 1.81, 1.67 and 1.71, respectively. No differences in expression were found for the other five genes ( $p > 0.05$ )

HT – Hashimoto's thyroiditis, CON – age- and sex-matched controls.



**Figure 5.** Detection of global H3K4me3 protein expression by immunoblotting. **A** – Global H3K4me3 protein expression was markedly enhanced in HT thyroid tissues ( $n = 12$ ). **B** – Bar graphs depicting global H3K4me3 protein expression from tissues. **C** – Global H3K4me3 protein expression of primary cultured thyrocytes in HT was slightly, but not significantly, higher ( $n = 8$ ). **D** – Bar graphs depicting global H3K4me3 protein expression in thyrocytes ( $p > 0.05$ )

Statistically significant differences are shown as \* $p < 0.05$ , \*\* $p < 0.01$ . HT – Hashimoto’s thyroiditis, N – age- and sex-matched controls.

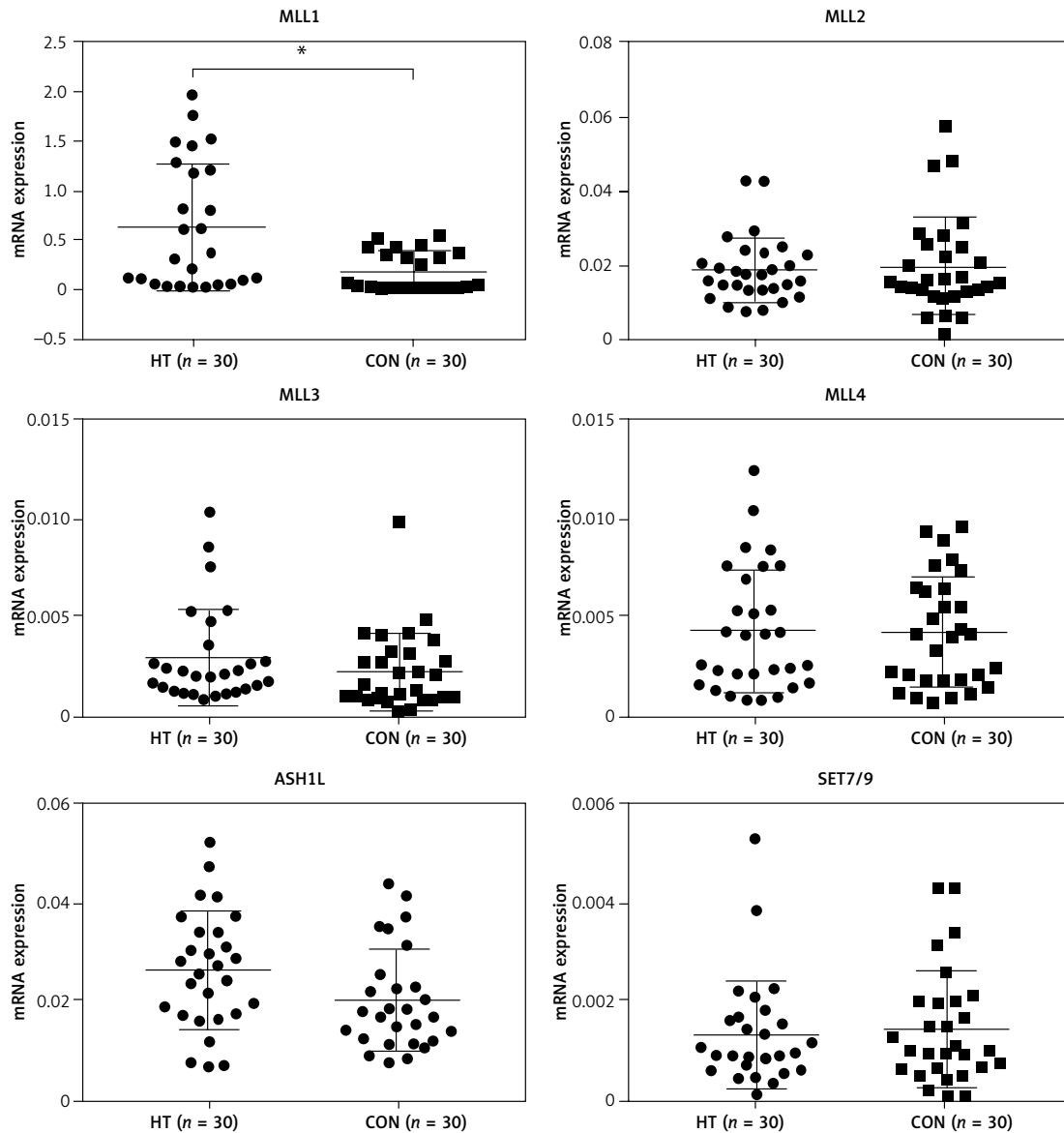
enhanced H3K4me3 enrichment in the promoter regions of genes encoding inflammation-associated molecules, including ICAM1, CCL2 (MCP-1), CXCL8, IL-8, CXCL10 (IP10), IL-18 and ITGA4, together with genes involved in apoptosis, including the apoptosis-related genes TRAIL and FASLG. mRNAs of CCL2, ICAM1 and CXCL8 were also highly expressed in thyroid cells of HT patients.

Cytokines play an important role in regulating immune cells and targeting the TFCs. Cytokine produced by TFCs can be augmented by proinflammatory factors *in vitro*, and this may be important in enhancing the activity of the infiltration *in vivo*, creating a vicious cycle that perpetuates the inflammatory reaction [16]. CCL2 (MCP-1), a cytokine that attracts monocytes as well as T-lymphocytes, is expressed in cultured human thyrocytes and can be upregulated by stimulation with inflammatory cytokines [17]. The expression of CCL2 in HT thyroid tissues has been confirmed by others [18]. CCL2 has also been reported to be regulated by H3K4me3 in the promoter region after stimulation by TNF- $\alpha$  [19], which is consistent with our own results. It has been suggested that ICAM1 is expressed on thyrocytes from patients

with AITD and from NOD.H2<sup>b4</sup> mice, and can be enhanced by iodine and IFN- $\gamma$  [20–22]. A recent study demonstrated decreased DNA methylation in the promoter of ICAM1 at three loci that were positively associated with ICAM1 mRNA expression. H3K4 methylation has been shown to play a role in blocking de novo DNA methylation at specific loci [23]. Our findings of increased H3K4me3 in the ICAM1 promoter suggest avenues for further investigation. CXCL8 (IL-8), a chemoattractant for lymphocytes, was found at higher levels in TFCs from patients with Graves’ disease (GD) [24]. Polymorphisms of MCP1, ICAM1 and IL8 have also been reported to have possible associations with the pathogenesis of AITD [25]. Our research confirmed the expression of these genes and suggested the possibility for transcriptional regulation from an epigenetic perspective.

We failed to find differential expression of the other remaining genes. There is a possibility that RT-PCR experiments with small samples ( $n = 16$  in this study) have weak statistical power to detect minor change in expression or the aberrant H3K4me3 enrichment detected here could not impact gene expression. Moreover, although there





**Figure 6.** mRNA levels of H3K4 methyltransferases in thyroid tissues from HT patients and controls. Transcriptional expression of MLL1 was elevated in thyroids from HT patients ( $n = 60$ ). GAPDH was used as an endogenous reference

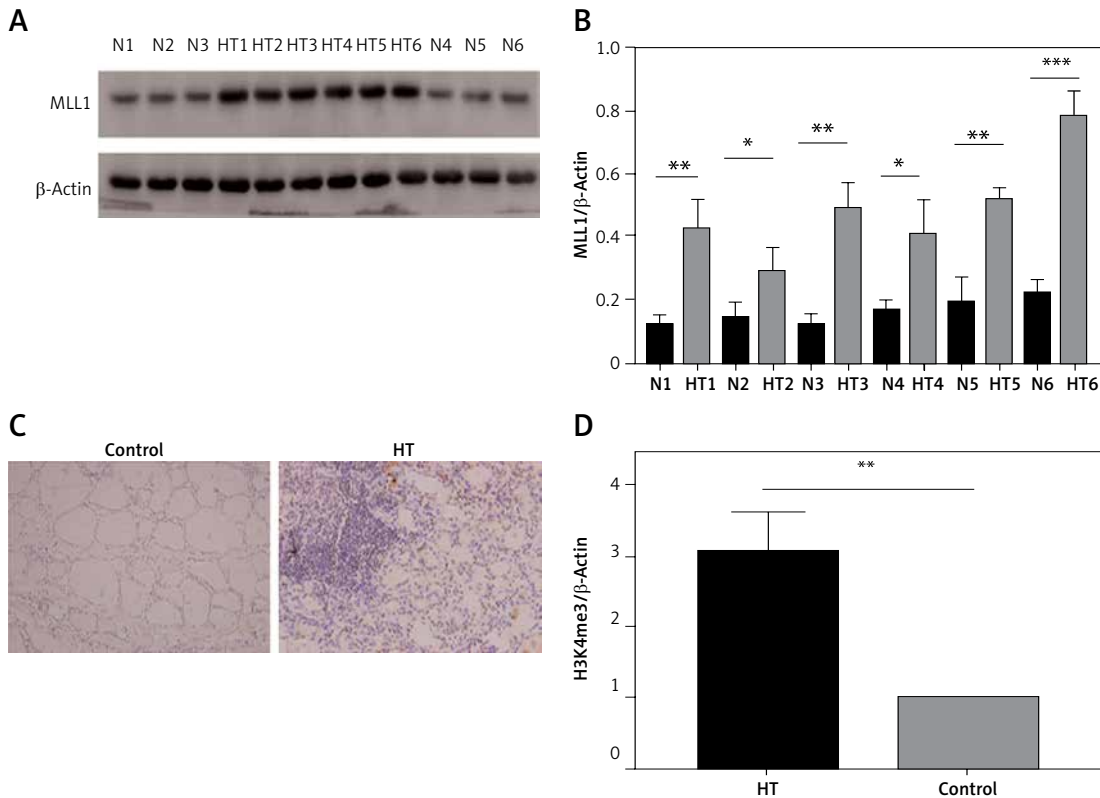
Statistically significant differences are shown as  $*p < 0.05$ . HT – Hashimoto's thyroiditis, CON – age- and sex-matched controls.

is generally a strong genome-wide correlation between H3K4me3 levels and gene expression, the same is not necessarily true for any specific gene, since gene regulation is a complex process regulated by many factors.

The overall protein level of H3K4me3 was significantly elevated in thyroid tissue from HT patients, but this phenomenon was not observed in primary cultured thyroid cells. One of the pathological manifestations of autoimmune disease is massive infiltration of lymphocytes and monocytes into the thyroid gland. The aberrant overall protein levels of H3K4me3 may be explained by changed H3K4 trimethylation in lymphocytes and monocytes from patients' thyroid tissues. One

study suggested that LPS stimulation resulted in enhanced H3K4me3 in macrophages [26]. Recently,  $H_2O_2$  has been found to cause a decrease in the activity of  $Fe^{2+}$  and  $\alpha$ -ketoglutarate-dependent histone lysine demethylases, resulting in an increase in global H3K4me3 levels [27]. The global changes in H3K4me3 could be indicative of some pathological process and further in-depth studies are needed to clarify this.

MLL1 was originally identified for its important role in leukemia and has been shown to have a role in innate immunity. MLL1 can be recruited by NF- $\kappa$ B to the promoters of TNF- $\alpha$  and MMP9, and can regulate genes downstream of NF- $\kappa$ B, including CCL2, by influencing the chromatin, suggest-



**Figure 7.** Protein expression of MLL detected in thyroid tissues from HT patient and controls. **A** – Protein expression of MLL1 in thyroid tissue from HT patients and controls ( $n = 12$ ); **B** – bar graphs depicting MLL1 protein expression by immunoblotting; **C** – protein expression of MLL1 in thyroid tissue from HT patients and controls ( $n = 16$ ); **D** – bar graphs depicting protein expression of MLL1 by immunohistochemistry. Statistically significant differences are shown as \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ . HT – Hashimoto’s thyroiditis, N – age- and sex-matched controls.

ing a role for MLL1 in NF- $\kappa$ B-mediated signaling [28, 29]. Recently, MLL1 was reported to regulate macrophage-mediated inflammation in diabetic wound repair [30]. In this study, we found that MLL1 is enhanced in thyroid tissue from patients with autoimmune thyroiditis, suggesting that it may have an effect on overall H3K4 tri-methylation and may be involved in the development of HT.

In conclusion, our results demonstrated, for the first time, the genome-wide pattern of H3K4me3 in primary thyrocytes from HT patients. Genes enriched in the autoimmune thyroiditis pathway, including the promoter of TG, showed differential H3K4me3 enrichment. ICAM1, CCL2 and CXCL8 also had increased enrichment of H3K4me3 around the TSSs, which was associated with increased gene expression. Protein levels of global H3K4me3 and the methyltransferase MLL1 were found to be elevated in thyroid tissues from HT patients. The present study thus provides a starting point to identify the epigenetic marks and associated genes involved in HT.

**Acknowledgments**

Xixuan Lu and Jing Sun contributed equally to this work.

Support for this work was provided by the National Natural and Science Foundation of China (grant number: 81430018). We are grateful to all the volunteers for their cooperation in the donation of samples.

**Conflict of interest**

The authors declare no conflict of interest.

**References**

- Tozzoli R, Barzilai O, Ram M, et al. Infections and autoimmune thyroid diseases: parallel detection of antibodies against pathogens with proteomic technology. *Autoimmun Rev* 2008; 8: 112-5.
- Hasham A, Tomer Y. Genetic and epigenetic mechanisms in thyroid autoimmunity. *Immunol Res* 2012; 54: 204-13.
- Tomer Y. Mechanisms of autoimmune thyroid diseases: from genetics to epigenetics. *Annu Rev Pathol* 2014; 9: 147-56.
- Ruthenburg AJ, Allis CD, Wysocka J. Methylation of lysine 4 on histone H3: intricacy of writing and reading a single epigenetic mark. *Mol Cell* 2007; 25: 15-30.
- Santos-Rosa H, Schneider R, Bannister AJ, et al. Active genes are tri-methylated at K4 of histone H3. *Nature* 2002; 419: 407-11.

6. Thurman RE, Rynes E, Humbert R, et al. The accessible chromatin landscape of the human genome. *Nature* 2012; 489: 75-82.
7. Liu C, Papewalis C, Domberg J, Scherbaum WA, Schott M. Chemokines and autoimmune thyroid diseases. *Horm Metab Res* 2008; 40: 361-8.
8. Li R, Yu C, Li Y, et al. SOAP2: an improved ultrafast tool for short read alignment. *Bioinformatics* 2009; 25: 1966-7.
9. Shao Z, Zhang Y, Yuan GC, Orkin SH, Waxman DJ. MAAnorm: a robust model for quantitative comparison of ChIP-Seq data sets. *Genome Biol* 2012; 13: R16.
10. Hu G, Heitmann JA, Rojas OJ, Pawlak JJ, Argyropoulos DS. Monitoring cellulase protein adsorption and recovery using SDS-PAGE. *Ind Eng Chem Res* 2010; 49: 8333-8.
11. Barski A, Cuddapah S, Cui K, et al. High-resolution profiling of histone methylations in the human genome. *Cell* 2007; 129: 823-37.
12. Guenther MG, Jenner RG, Chevalier B, et al. Global and Hox-specific roles for the MLL1 methyltransferase. *Proc Natl Acad Sci USA* 2005; 102: 8603-8.
13. Shilatifard A. Molecular implementation and physiological roles for histone H3 lysine 4 (H3K4) methylation. *Curr Opin Cell Biol* 2008; 20: 341-8.
14. Bernstein BE, Kamal M, Lindblad-Toh K, et al. Genomic maps and comparative analysis of histone modifications in human and mouse. *Cell* 2005; 120: 169-81.
15. Stefan M, Jacobson EM, Huber AK, et al. Novel variant of thyroglobulin promoter triggers thyroid autoimmunity through an epigenetic interferon alpha-modulated mechanism. *J Biol Chem* 2011; 286: 31168-79.
16. Ajjan RA, Weetman AP. Cytokines in thyroid autoimmunity. *Autoimmunity* 2003; 36: 351-9.
17. Kasai K, Banba N, Motohashi S, Hattori Y, Manaka K, Shimoda SI. Expression of monocyte chemoattractant protein-1 mRNA and protein in cultured human thyrocytes. *FEBS Lett* 1996; 394: 137-40.
18. Ferrer-Francesch X, Caro P, Alcalde L, et al. One-tube-PCR technique for CCL2, CCL3, CCL4 and CCL5 applied to fine needle aspiration biopsies shows different profiles in autoimmune and non-autoimmune thyroid disorders. *J Endocrinol Invest* 2006; 29: 342-9.
19. Zhao S, Zhong Y, Fu X, et al. H3K4 methylation regulates LPS-induced proinflammatory cytokine expression and release in macrophages. *Shock* 2019; 51: 401-6.
20. Sharma R, Traore K, Trush MA, Rose NR, Burek CL. Intracellular adhesion molecule-1 up-regulation on thyrocytes by iodine of non-obese diabetic. H2(h4) mice is reactive oxygen species-dependent. *Clin Exp Immunol* 2008; 152: 13-20.
21. Bagnasco M, Pesce GP, Caretto A, et al. Follicular thyroid cells of autoimmune thyroiditis may coexpress ICAM-1 (CD54) and its natural ligand LFA-1 (CD11a/CD18). *J Allergy Clin Immunol* 1995; 95: 1036-43.
22. Yamazaki K, Tanigawa K, Suzuki K, et al. Iodide-induced chemokines and genes related to immunological function in cultured human thyroid follicles in the presence of thyrotropin. *Thyroid* 2010; 20: 67-76.
23. Rose NR, Klose RJ. Understanding the relationship between DNA methylation and histone lysine methylation. *Biochim Biophys Acta* 2014; 1839: 1362-72.
24. Mikos H, Mikos M, Obara-Moszynska M, Niedziela M. The role of the immune system and cytokines involved in the pathogenesis of autoimmune thyroid disease (AITD). *Endokrynol Pol* 2014; 65: 150-5.
25. Akahane M, Watanabe M, Inoue N, et al. Association of the polymorphisms of chemokine genes (IL8, RANTES, MIG, IP10, MCP1 and IL16) with the pathogenesis of autoimmune thyroid diseases. *Autoimmunity* 2016; 49: 312-9.
26. Zhao S, Zhong Y, Fu X, et al. H3K4 methylation regulates LPS-induced proinflammatory cytokine expression and release in macrophages. *Shock* 2019; 51: 401-6.
27. Niu Y, DesMarais TL, Tong Z, Yao Y, Costa M. Oxidative stress alters global histone modification and DNA methylation. *Free Radic Biol Med* 2015; 82: 22-8.
28. Wang X, Zhu K, Li S, et al. MLL1, a H3K4 methyltransferase, regulates the TNFalpha-stimulated activation of genes downstream of NF-kappaB. *J Cell Sci* 2012; 125: 4058-66.
29. Robert I, Aussems M, Keutgens A, et al. Matrix metalloproteinase-9 gene induction by a truncated oncogenic NF-kappaB2 protein involves the recruitment of MLL1 and MLL2 H3K4 histone methyltransferase complexes. *Oncogene* 2009; 28: 1626-38.
30. Kimball AS, Joshi A, Carson WFT, et al. The histone methyltransferase MLL1 directs macrophage-mediated inflammation in wound healing and is altered in a murine model of obesity and type 2 Diabetes 2017; 66: 2459-71.