

Contents lists available at ScienceDirect

Veterinary and Animal Science



journal homepage: www.elsevier.com/locate/vas

Effects of water restriction on feed intake, digestion, and energy utilization by mature female St. Croix sheep



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ARTICLEINFO	A B S T R A C T				
<i>Keywords:</i> Digestion;Feed intake;Sheep;Water	Eleven St. Croix ewes (46.9 \pm 1.59 kg BW and 3.6 \pm 0.67 yr age) were used in a crossover design to evaluate effects of restricted drinking water availability on intake of a 50% concentrate diet, digestion, and energy utilization. After 2 wk to determine <i>ad libitum</i> water consumption, there were two 4-wk periods, with measures in metabolism cages during wk 4. One treatment was water offered at the <i>ad libitum</i> level (CONT) and the other entailed a 25% reduction in wk 1 and 50% thereafter (REST). Although, some water was refused in wk 4, with intake of 2556 and 1707 g/day for CONT and REST, respectively (SEM = 170.9). Digestibility of gross energy was greater ($P = 0.034$) for REST than for CONT (66.5 vs. 62.4%; SEM = 1.16); however, because of a numerical difference ($P = 0.448$) in energy intake (15.79 and 14.66 MJ/day for CONT and REST, respectively; SEM = 1.426 MJ/day), digested energy intake was similar between treatments ($P = 0.870$). Urinary energy was greater ($P = 0.213$) between treatments (0.76 and 0.89 MJ/day; SEM = 0.038) and methane energy did not differ ($P = 0.213$) between treatments (0.76 and 0.89 MJ/day; SEM = 0.855). Both heat (8.60 and 8.33 MJ/day; SEM = 0.437) and recovered energy (-0.10 and -0.30 MJ/day for CONT and REST, respectively; SEM = 0.623) were similar between treatments ($P \ge 0.880$). In conclusion, increased digestibility appears an important adaptive response to limited availability of drinking water.				

1. Introduction

Ruminant livestock are exposed to many environmental stress factors. Ones associated with climatic conditions are expected to increase in importance with climate change (Devendra, 2012; Naqvi, Kumar, De & Sejian, 2015; Silanikove & Koluman, 2015). Effects of stresses depend on their magnitude, variability over time, and length of exposure. One stress factor associated with climatic conditions is limited availability of drinking water. Climate change is expected to increase areas where supplies of water suitable for consumption by livestock are restrictive and the availability where supplies are already low. However, for this stress factor and others, different species and breeds of ruminant livestock have evolved physiological processes to cope with and minimize adverse effects (Silanikove, 2000).

Tadesse et al. (2019c) conducted a study with hair sheep to determine effects of restricted feed intake on digestibility and energy utilization to help explain effects on variables such as BW observed in a companion study with a relatively large number of hair sheep of different breeds from regions of the USA with varying climatic conditions. Similarly, Hussein et al. (2020) evaluated resilience of the same hair sheep to availability of drinking water limited to 50% of prior *ad libitum* consumption. A somewhat unexpected result was that in many instances BW was actually slightly greater in the latter segment of the restriction period than earlier when water was available free-choice. Based on some studies in the literature, it was speculated that an increase in digestibility when water availability was limited could have contributed to this finding. Therefore, the objective of this experiment was to determine effects of a moderate to severe restriction of drinking water availability on feed intake, digestion, and energy utilization by mature female St. Croix sheep.

2. Materials and methods

2.1. Animals, experimental design, and treatments

The protocol for the experiment was approved by the Langston

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https://doi.org/10.1016/j.vas.2020.100132

Received 4 December 2019; Received in revised form 24 June 2020; Accepted 24 June 2020 Available online 28 June 2020

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Table 1

Ingredient and chemical composition of the diet consumed by mature female St. Croix sheep.

Item	Concentration
Ingredient (%, as fed basis)	
Dehydrated alfalfa	19.98
Cottonseed hulls	29.07
Cottonseed meal	8.99
Ground corn	19.98
Wheat middlings	12.98
Pelletizing agent	4.99
Salt	1.00
Calcium carbonate	0.95
Ammonium chloride	1.00
Yeast ¹	1.00
Vitamin-mineral mixture ²	0.05
Rumensin 90 premix ³	0.01
Chemical composition, DM basis ⁴	
Ash (%)	8.9 ± 0.07
CP (%)	19.4 ± 0.13
NDF (%)	33.6 ± 0.26
Gross energy (MJ/kg)	17.0 ± 0.11

¹ Original XP[™]; Diamond V, Cedar Rapids, IA, USA.

 2 1.28% Zn, 0.96% Fe, 0.704% Mn, 0.16% Cu, 0.048% I, 0.032% Co, 26,460,000 IU/kg of vitamin A, 6615,000 IU/kg of vitamin D₃, and 11,025 IU/kg of vitamin E (as fed basis).

³ 20% monensin (Elanco, Greenfield, IN, USA).

⁴ Based on weekly composite samples; SEM follow means.

University Animal Care Committee. Eleven mature female St. Croix sheep (initial BW of 46.9 \pm 1.59 [SEM] and age of 3.6 \pm 0.67 yr) were used in a study that occurred in the late spring and summer of 2017. An additional animal started the experiment but was removed because of a health issue unrelated to treatments and procedures of the study. Except as indicated below, animals were maintained individually in 0.7 \times 1.2 m elevated pens with plastic-coated expanded metal floors. A 50% concentrate (DM basis) pelleted diet (Table 1) was fed twice daily at 08:00 and 15:00 h at up to 71 g/kg BW^{0.75}, approximately 160% of an assumed metabolizable energy (ME) requirement for maintenance. If refusals were present, an amount approximately 120% of consumption on the preceding few days was offered.

The study consisted of a 2-wk preliminary or baseline period when water was available free-choice and *ad libitum* consumption was determined for each animal. Thereafter, the experiment was a crossover with two 4-wk periods. Five or six of the animals were subjected to each treatment in the two periods. One treatment was offering drinking water at the level of previous *ad libitum* intake (CONT) and the other entailed restricted levels (REST), a 25% reduction in wk 1 and then 50% in wk 2, 3, and 4. Equal portions of water were offered at the same time as feed was given. For 1 wk after each period, the amount of water offered to animals on the REST treatment was increased gradually to the CONT level. Also, for 1 wk before period 2 started, animals were placed in a small pasture with drinking water freely available.

2.2. Measures

In wk 4 of the periods animals were moved to metabolism cages $(1.05 \times 0.55 \text{ m})$ for total collection of feces and urine and energy utilization measures. Eight cages were in the same room as the elevated pens and four were in an adjacent room where gas fluxes were measured over a 2-day period with a calorimetry system. The animals were in three animal groups (four, four, and three animals in groups 1, 2, and 3, respectively). Animals spent 2–3 days (*i.e.*, 3 days for group 1 and 2 days for groups 2 and 3) in the calorimetry room and 4–5 days in the other area (4 days for group 1 and 5 days for groups 2 and 3). Feces and urine were collected on days 2–7, with the first day of the week for adaptation to the conditions. Animals were weighed at the beginning and end of each week and days of calorimetry measurements.

Feed was sampled daily to form weekly composites. Feed refusals were sampled when present in wk 4 and used to form a composite for each animal. Urine was collected in containers with 20% (vol/vol) of sulfuric acid. Approximately 10% of feces and urine excreted was sampled daily to form composites that were stored at -20 °C. Feed and fecal samples were dried in a forced-air oven at 55 °C for 48 h, ground to pass through a 1-mm screen, and analyzed for DM, ash (AOAC, 2006), nitrogen (N; Leco TruMac CN, St. Joseph, MO, USA), gross energy (GE) using a bomb calorimeter (Parr 6300; Parr Instrument Co., Inc., Moline, IL, USA), and NDF following procedures of Van Soest, Robertson and Lewis (1991) and using an ANKOM200 Fiber Analyzer (filter bag technique; ANKOM Technology Corp., Fairport, NY, USA). Urine samples were lyophilized (Stellar Freeze Dryer, Millrock Technology, Kingston, NY, USA) to determine DM and then analyzed for N and GE.

The metabolism cages in the calorimetry room were fitted with a Lexan® (General Electric, New York, NY, USA) head box (41-cm width, 27-cm depth, and 92-cm height) to measure consumption of O2 and production of CO₂ and CH₄ in an open-circuit respiration calorimetry system (Sable Systems International, North Las Vegas, NV, USA). The boxes included a removable drawer (23-cm height in the front, 15-cm height in the back closest to the animal, 40-cm width, and 28-cm depth) for providing feed and water with a head opening (30.5 cm wide and 55 cm high beginning at the top of the drawer). A 'sock' of Cordura® nylon (DuPont, Wilmington, DE, USA) attached to the opening of the head box fitted with a 25-cm long zipper was held snug to the neck with Velcro[®] (Velcro USA Inc., Manchester, NH, USA) and Elastikon[™] ties (Johnson and Johnson, New Brunswick, NJ, USA). Operating procedures of the calorimetry system were similar to those of Puchala et al. (2007), 2009). Oxygen concentration was determined using a fuel cell FC-1B O₂ analyzer and CH₄ and CO₂ concentrations were measured with infrared analyzers (CA-1B and MA-1, respectively; Sable Systems International). Prior to gas exchange measurements, analyzers were calibrated with gases of known concentrations and ethanol burn tests were performed to verify complete recovery of O2 and CO₂ produced with similar flow rates as during measurements.

Heat energy (HE) was based on the Brouwer (1965) equation without considering urinary N. Methane energy was estimated assuming 39.5388 kJ/l (Brouwer, 1965). Recovered energy (RE) was the difference between ME intake and HE. Heart rate (HR) was monitored as described by Puchala, Tovar-Luna, Sahlu, Freetly and Goetsch (2009). Animals were fitted with 10×10 cm electrodes prepared from stretch conductive fabric (Less EMF, Albany, NY, USA), glued to ECG electrodes (VermedPerformancePlus, Bellows Falls, VT, USA), and attached to the chest slightly below the left elbow and behind the shoulder blade on the right side of the body. Electrodes were connected by ECG snap leads (Bioconnect, San Diego, CA, USA) to T61 coded transmitters (Polar, Lake Success, NY, USA). Human S610 HR (Polar) monitors with wireless connection to the transmitters were used to collect HR data at 1-min intervals, and HR data were analyzed using Polar Precision Performance SW software.

2.3. Statistical analyses

For the baseline period with *ad libitum* intake of water by all animals, means, SEM, and minimum and maximum values are presented in Table 2. Although these animals had been used in a number of trials with similar conditions since the fall of 2015, feed and water intakes were lower when in metabolism cages in wk 4 than earlier. Hence, an analysis to compare intakes in wk 3 and 4 was conducted with a mixed effects model (Littell, Henry & Ammerman, 1998; SAS, 2013). Fixed effects were treatment, period, week, and treatment × week, with period × week as the repeated measure and animal as random and the subject. A similar analysis also was conducted with inclusion of all interactions involving period in the model. The model for data collected in wk 4 included treatment and period as fixed effects, with animal

Table 2

BW and intake of water and DM in the 2-wk preliminary period by mature female St. Croix sheep.

Item	Mean	SEM	Minimum	Maximum
BW (kg)				
Initial	46.9	1.59	39.7	55.8
After 1 wk	48.8	1.78	40.8	59.6
Final	48.4	1.63	40.2	58.2
Water intake				
g/day	3784	196.3	2488	4672
% BW	7.88	0.325	5.91	9.39
g/kg BW ^{0.75}	207	8.7	150	248
g/g DM intake	3.43	0.140	2.48	4.02
DM intake				
g/day	1102	29.5	914	1248
% BW	2.30	0.022	2.16	2.38
g/kg BW ^{0.75}	60.4	0.34	57.2	61.5

random and the subject for the repeated measure of period. Intake of DM in g/day in wk 3 was analyzed with the same model as well. Different covariance structures were compared via Akaike's Information Criterion, but values were lower for variance components or differences were not marked. Means were separated by least significant difference with a protected F test.

3. Results and discussion

3.1. Diet composition

The chemical composition of the diet (Table 1) was fairly similar to that of the same diet used by Hussein et al. (2020) and Tadesse et al., (2019a,Tadesse et al., 2019b,Tadesse et al., 2019c) in studies of the same project, but the CP concentration was slightly greater (19.4 vs. 17.3–18.2%). The NDF concentration of 33.6% was similar to that noted by Tadesse et al. (2019b); 34.2%) though lower than reported in other experiments (36.9, 37.7, and 42.4% in Hussein et al. (2020), Tadesse et al. (2019a)), and Tadesse et al. (2019b)), respectively).

3.2. Preliminary period data

There was appreciable variation in some measures of the 2-wk preliminary period (Table 2), an example being initial BW that ranged from 39.7 to 55.8 kg. A possible reason for relatively high variability is that the animals were derived from four areas of the USA with different climatic conditions. As described by Hussein et al. (2020), regions were the Midwest (portions of Iowa, Minnesota, Wisconsin, and Illinois), Northwest (primarily Oregon with one farm in southern Washington), Southeast (Florida), and central/eastern Texas.

3.3. Water and feed intake in wk 3 and 4

As noted earlier, the animals had been previously used in trials conducted in the same building under similar conditions; however, they had not been situated in metabolism cages. Though values in Table 3 suggest that animals could have been better adapted to the experimental conditions, this did not seem to influence treatment differences. For example, the magnitude of difference between treatments in DM intake was similar in wk 3 (1146 and 1087 g/day for CONT and REST, respectively; SEM = 45.4; P = 0.138) and in wk 4 (P = 0.447; Table 4).

For the analysis addressing data of both wk 3 and 4, the treatment × week interaction was significant for water intake in g/day (P = 0.017), with a smaller difference in wk 4 vs. 3, but the interaction in DM intake was not significant (P = 0.924; Table 3). Furthermore, with the model that included interactions involving period, the treatment × period × week interaction was not significant (P = 0.772). There was a period × week interaction (P = 0.004) in intake of water,

Table 3

Differences in intake of water and DM by mature female St. Croix sheep in wk 3
and 4 of the periods.

Item	Ad libitum water intake		Restricted water intake		SEM	Week		SEM
	Week 3	Week 4	Week 3	Week 4		3	4	
Water intake (g/day) ¹ DM intake (g/day) ²	3472 ^c	2565 ^b	2255 ^b	1699 ^a	179.3	1116 ^b	853 ^a	47.0

 $^{\rm a,b,c}$ Means within grouping without a common superscript letter differ (P < 0.05).

¹ *P* of < 0.001, 0.841, <0.001, and 0.017 for treatment, period, week, and treatment \times week, respectively.

 2 P of 0.473, 0.303, < 0.001, and 0.924 for treatment, period, week, and treatment \times week, respectively.

Table 4

Effects of level of water availability on intake and digestion and energy utilization by mature female St. Croix sheep.

Ad libitum Restricted BW (kg) 50.5 49.1 2.05 0.001 Water intake 2556 1707 170.9 0.001 g/day 2556 1707 170.9 0.001 g/kgW ^{0.75} 134 92 <0.001 g/kgW ^{0.75} 134 92 <0.001 DM 2.25 0.218 <0.001 DM 1.02 2.25 0.218 <0.001 DM 1.76 1.67 0.141 0.564 g/day 885 821 80.1 0.447 % BW 1.76 1.67 0.141 0.564 g/kg BW ^{0.75} 46.8 44.1 3.78 0.535 Digestion (%) 63.7 67.6 1.13 0.037 Digestion (%) 64.6 68.5 1.13 0.038 Digestion (%) 62.4 66.5 1.16 0.34 Digestion (%) 62.4 66.5 1.6 0.34 <td< th=""><th>Item</th><th colspan="2">Treatment</th><th>SEM</th><th>P value</th></td<>	Item	Treatment		SEM	P value
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g/kgBW ^{0.75} 134 92 7.5 <0.011	g/day	2556	1707	170.9	0.001
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Intake(MJ/day)15.7914.661.4260.448Digestion (%)62.466.51.160.034Digested (MJ/day)9.899.720.9320.870CP	Digested (g/day)	523	511	48.9	0.834
Digestion (%)62.466.51.160.034Digested (MJ/day)9.899.720.9320.870CPIntake (g/day)16715515.10.448Digestion (%)68.571.51.040.078Digested (g/day)11511111.00.725NDFIntake (g/day)30228027.30.443Digested (g/day)3022802.180.021Digested (g/day)36.845.02.180.021Digested (g/day)11112212.30.493Urine excretionN(g/day)0.620.520.0380.023N balance (g/day)3.84.41.510.793Methane energyMJ/day0.760.890.0840.213% gross energy intake5.146.170.4650.151MJ/day8.508.010.8550.665kJ/kg BW ^{0.75} 44943641.60.829% gross energy intake52.856.31.650.170% digested energy intake84.584.91.430.890Heat energyMJ/day8.608.330.4370.580kJ/kg BW ^{0.75} 45744817.50.720Recovered energy (MJ/day)-0.10-0.300.6230.824Heart rate (beats/min)71.770.62.500.706	Energy				
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CPIntake (g/day)16715515.10.448Digestion (%)68.571.51.040.078Digested (g/day)11511111.00.725NDF </td <td>Digestion (%)</td> <td>62.4</td> <td>66.5</td> <td>1.16</td> <td>0.034</td>	Digestion (%)	62.4	66.5	1.16	0.034
Intake (g/day)16715515.10.448Digestion (%)68.571.51.040.078Digested (g/day)11511111.00.725NDF </td <td>Digested (MJ/day)</td> <td>9.89</td> <td>9.72</td> <td>0.932</td> <td>0.870</td>	Digested (MJ/day)	9.89	9.72	0.932	0.870
Digestion (%) 68.5 71.5 1.04 0.078 Digested (g/day) 115 111 11.0 0.725 NDF	CP				
Digested (g/day)11511111.00.725NDF11511111.00.725Intake (g/day)30228027.30.443Digestion (%)36.845.02.180.021Digested (g/day)11112212.30.493Urine excretion V V V V N (g/day)14.612.60.730.066Energy (MJ/day)0.620.520.0380.023N balance (g/day)3.84.41.510.793Methane energy W V 0.760.890.084MJ/day0.760.890.0840.213% gross energy intake5.146.170.4650.151ME intake W V V V MJ/day8.508.010.8550.665kJ/kg BW ^{0.75} 44943641.60.829% gross energy intake52.856.31.650.170% digested energy intake84.584.91.430.890Heat energy W $W^{.75}$ 44817.50.720Recovered energy (MJ/day) -0.10 -0.30 0.6230.824Heart rate (beats/min)71.770.62.500.706	Intake (g/day)	167	155	15.1	0.448
NDFIntake (g/day) 302 280 27.3 0.443 Digestion (%) 36.8 45.0 2.18 0.021 Digested (g/day) 111 122 12.3 0.493 Urine excretion V V V V N (g/day) 14.6 12.6 0.73 0.066 Energy (MJ/day) 0.62 0.52 0.038 0.023 N balance (g/day) 3.8 4.4 1.51 0.793 Methane energy W W W 0.76 0.89 0.084 0.213 % gross energy intake 5.14 6.17 0.465 0.151 ME intake W W W 0.75 0.665 kJ/kg BW ^{0.75} 449 436 41.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy W $W^{7.5}$ 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	Digestion (%)	68.5	71.5	1.04	0.078
Intake (g/day) 302 280 27.3 0.443 Digestion (%) 36.8 45.0 2.18 0.021 Digested (g/day) 111 122 12.3 0.493 Urine excretion 111 122 12.3 0.493 Urine excretion 0.62 0.52 0.038 0.023 N (g/day) 0.62 0.52 0.038 0.023 N balance (g/day) 3.8 4.4 1.51 0.793 Methane energy 0.76 0.89 0.084 0.213 % gross energy intake 5.14 6.17 0.465 0.151 MJ/day 8.50 8.01 0.855 0.665 KJ/kg BW ^{0.75} 449 436 41.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy $W^{1/25}$ 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	Digested (g/day)	115	111	11.0	0.725
Digestion (%) 36.8 45.0 2.18 0.021 Digested (g/day)11112212.3 0.493 Urine excretionN (g/day)14.612.6 0.73 0.066 Energy (MJ/day)0.62 0.52 0.038 0.023 N balance (g/day)3.84.4 1.51 0.793 Methane energy 0.76 0.89 0.084 0.213 % gross energy intake 5.14 6.17 0.465 0.151 MJ/day8.50 8.01 0.855 0.665 KJ/kg BW ^{0.75} 44943641.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy 8.60 8.33 0.437 0.580 KJ/kg BW ^{0.75} 457448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	NDF				
$\begin{array}{c ccccc} Digested (g/day) & 111 & 122 & 12.3 & 0.493 \\ Urine excretion & & & & \\ N (g/day) & 14.6 & 12.6 & 0.73 & 0.066 \\ Energy (MJ/day) & 0.62 & 0.52 & 0.038 & 0.023 \\ N balance (g/day) & 3.8 & 4.4 & 1.51 & 0.793 \\ Methane energy & & & \\ MJ/day & 0.76 & 0.89 & 0.084 & 0.213 \\ \% \ gross energy intake & 5.14 & 6.17 & 0.465 & 0.151 \\ ME \ intake & & & \\ MJ/day & 8.50 & 8.01 & 0.855 & 0.665 \\ kJ/kg \ BW^{0.75} & 449 & 436 & 41.6 & 0.829 \\ \% \ gross energy intake & 52.8 & 56.3 & 1.65 & 0.170 \\ \% \ digested energy intake & 84.5 & 84.9 & 1.43 & 0.890 \\ Heat \ energy & & \\ MJ/day & 8.60 & 8.33 & 0.437 & 0.580 \\ kJ/kg \ BW^{0.75} & 457 & 448 & 17.5 & 0.720 \\ Recovered \ energy (MJ/day) & -0.10 & -0.30 & 0.623 \\ Heart \ rate (beats/min) & 71.7 & 70.6 & 2.50 & 0.706 \\ \end{array}$	Intake (g/day)	302	280	27.3	0.443
Urine excretion N (g/day) 14.6 12.6 0.73 0.066 Energy (MJ/day) 0.62 0.52 0.038 0.023 N balance (g/day) 3.8 4.4 1.51 0.793 Methane energy 0.76 0.89 0.084 0.213 % gross energy intake 5.16 6.17 0.465 0.151 ME intake 0.765 0.93 0.665 kJ/kg BW ^{0.75} 449 436 41.6 0.829 0.170 % digested energy intake 52.8 56.3 1.65 0.170 0.890 Heat energy MJ/day 8.60 8.33 0.437 0.580	Digestion (%)	36.8	45.0	2.18	0.021
$\begin{array}{cccccccc} {\rm N} \ ({\rm g}/{\rm day}) & 14.6 & 12.6 & 0.73 & 0.066 \\ {\rm Energy} \ ({\rm MJ}/{\rm day}) & 0.62 & 0.52 & 0.038 & 0.023 \\ {\rm N} \ {\rm balance} \ ({\rm g}/{\rm day}) & 3.8 & 4.4 & 1.51 & 0.793 \\ {\rm Methane \ energy} & & & & & & & & \\ {\rm MJ}/{\rm day} & 0.76 & 0.89 & 0.084 & 0.213 \\ {\rm \% \ gross \ energy \ intake} & 5.14 & 6.17 & 0.465 & 0.151 \\ {\rm ME \ intake} & & & & & & \\ {\rm MJ}/{\rm day} & 8.50 & 8.01 & 0.855 & 0.665 \\ {\rm kJ}/{\rm kg \ BW^{0.75}} & 449 & 436 & 41.6 & 0.829 \\ {\rm \% \ gross \ energy \ intake} & 52.8 & 56.3 & 1.65 & 0.170 \\ {\rm \% \ digested \ energy \ intake} & 84.5 & 84.9 & 1.43 & 0.890 \\ {\rm Heat \ energy} & & & \\ {\rm MJ}/{\rm day} & 8.60 & 8.33 & 0.437 & 0.580 \\ {\rm kJ}/{\rm kg \ BW^{0.75}} & 457 & 448 & 17.5 & 0.720 \\ {\rm Recovered\ energy \ ({\rm MJ}/{\rm day})} & -0.10 & -0.30 & 0.623 & 0.824 \\ {\rm Heart\ rate \ (beats/min)} & 71.7 & 70.6 & 2.50 & 0.706 \\ \end{array}$	Digested (g/day)	111	122	12.3	0.493
Energy (MJ/day) 0.62 0.52 0.038 0.023 N balance (g/day) 3.8 4.4 1.51 0.793 Methane energy MJ/day 0.76 0.89 0.084 0.213 M gross energy intake 5.14 6.17 0.465 0.151 ME intake MJ/day 8.50 8.01 0.855 0.665 kJ/kg BW ^{0.75} 44943641.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy MJ/day 8.60 8.33 0.437 0.580 kJ/kg BW ^{0.75} 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	Urine excretion				
N balance (g/day) 3.8 4.4 1.51 0.793 Methane energy MJ/day 0.76 0.89 0.084 0.213 % gross energy intake 5.14 6.17 0.465 0.151 ME intake 0.765 0.084 0.213 ME intake 0.765 0.665 0.170 MJ/day 8.50 8.01 0.855 0.665 kJ/kg BW ^{0.75} 449 436 41.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy 8.60 8.33 0.437 0.580 kJ/kg BW ^{0.75} 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	N (g/day)	14.6	12.6	0.73	0.066
Methane energyMJ/day0.760.890.0840.213% gross energy intake 5.14 6.17 0.465 0.151 ME intake </td <td>Energy (MJ/day)</td> <td>0.62</td> <td>0.52</td> <td>0.038</td> <td>0.023</td>	Energy (MJ/day)	0.62	0.52	0.038	0.023
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	N balance (g/day)	3.8	4.4	1.51	0.793
% gross energy intake 5.14 6.17 0.465 0.151 ME intake MJ/day 8.50 8.01 0.855 0.665 MJ/day 8.50 8.01 0.855 0.665 kJ/kg BW ^{0.75} 449 436 41.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy MJ/day 8.60 8.33 0.437 0.580 kJ/kg BW ^{0.75} 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	Methane energy				
ME intake MJ/day 8.50 8.01 0.855 0.665 kJ/kg BW ^{0.75} 449 436 41.6 0.829 % gross energy intake 52.8 56.3 1.65 0.170 % digested energy intake 84.5 84.9 1.43 0.890 Heat energy	MJ/day	0.76	0.89	0.084	0.213
$\begin{array}{cccccc} MJ/day & 8.50 & 8.01 & 0.855 & 0.665 \\ kJ/kg \ BW^{0.75} & 449 & 436 & 41.6 & 0.829 \\ \% \ gross \ energy \ intake & 52.8 & 56.3 & 1.65 & 0.170 \\ \% \ digested \ energy \ intake & 84.5 & 84.9 & 1.43 & 0.890 \\ Heat \ energy & & & & & & & & \\ MJ/day & 8.60 & 8.33 & 0.437 & 0.580 \\ kJ/kg \ BW^{0.75} & 457 & 448 & 17.5 & 0.720 \\ Recovered \ energy \ (MJ/day) & -0.10 & -0.30 & 0.623 & 0.824 \\ Heart \ rate \ (beats/min) & 71.7 & 70.6 & 2.50 & 0.706 \\ \end{array}$	% gross energy intake	5.14	6.17	0.465	0.151
kJ/kg $W^{0.75}$ 44943641.60.829% gross energy intake52.856.31.650.170% digested energy intake84.584.91.430.890Heat energy </td <td>ME intake</td> <td></td> <td></td> <td></td> <td></td>	ME intake				
	MJ/day	8.50	8.01	0.855	0.665
% digested energy intake 84.5 84.9 1.43 0.890 Heat energy	kJ/kg BW ^{0.75}	449	436	41.6	0.829
Heat energy 8.60 8.33 0.437 0.580 MJ/day 8.60 8.33 0.437 0.580 kJ/kg BW ^{0.75} 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	% gross energy intake	52.8	56.3	1.65	0.170
MJ/day 8.60 8.33 0.437 0.580 kJ/kg BW ^{0.75} 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	% digested energy intake	84.5	84.9	1.43	0.890
kJ/kg BW ^{0.75} 457 448 17.5 0.720 Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	Heat energy				
Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	MJ/day	8.60	8.33	0.437	0.580
Recovered energy (MJ/day) -0.10 -0.30 0.623 0.824 Heart rate (beats/min) 71.7 70.6 2.50 0.706	kJ/kg BW ^{0.75}	457	448	17.5	0.720
		-0.10	-0.30	0.623	0.824
HE:HR ¹ (kJ/kg BW ^{0.75} per heart beat) 6.37 6.34 0.133 0.906		71.7	70.6	2.50	0.706
	HE:HR ¹ (kJ/kg BW ^{0.75} per heart beat)	6.37	6.34	0.133	0.906

¹ Heat energy:heart rate.

with the difference in water intake between wk 3 and 4 greater in period 1 than in period 2 (916 vs. 543 g/day). Nonetheless, in addition to the substantial difference between treatments in water intake in wk 4, presumably there also was carryover impact of the greater magnitude of difference in wk 2 and 3.

3.4. BW

In one sense, greater BW for CONT than for REST does not seem surprising because of less water intake by REST, but the magnitude of difference was not substantial (*i.e.*, 1.4 kg, SED of 0.29). However, Hussein et al. (2020) noted greater BW in the fifth week of an experiment when drinking water availability was limited to 50% of earlier *ad libitum* intake of St. Croix from each of the four regions (differences of 1.7–2.1 kg), Dorper from two of the regions (differences of 2.2 and 2.5 kg), and Katahdin from one region (difference of 2.8 kg). Factors proposed as contributing to the differences include greater digestibility, greater digesta mass in the gastrointestinal tract, and a considerable ability to minimize water loss when availability was limited. These BW differences occurred despite lower DM intake for restricted than *ad libitum* water intake (average difference of 219, 258, and 101 g/day for Dorper, Katahdin, and St. Croix, respectively).

3.5. Intake

Water intake in g/day for REST averaged 33% less than for CONT in wk 4 (Table 4). There were no treatment effects on intake of DM or any of its constituents ($P \ge 0.443$). Conversely, there have been many studies with small ruminants in which DM intake was decreased by drinking water restriction. Limiting water availability to Aardi does at 75 and 50% of ad libitum intake for 6 days decreased DM intake by 14 and 22%, respectively (Alamer, 2009). Mengistu et al. (2016) reported reductions in DM intake of 31 and 44% by Katahdin sheep, 22 and 34% by Boer goats, and 19 and 35% by Spanish goats when intake of water was decreased gradually by 10% from 100% to 50 and 40% of ad libitum intake, respectively. Offering water to Lacaune ewes at 80 or 60% of ad libitum intake for 4 wk decreased DM intake by 16 and 36%, respectively (Casamassima et al., 2016). Restricting access of Baluchi lambs to water low or high in total dissolved solids at 50% of ad libitum intake for 6 wk decreased DM intake by 40 and 42%, respectively (Vosooghi-Postindoz et al., 2018). But, there are other studies in which water restriction did not influence feed intake or impact was not marked. When Comisana ewes were offered water ad libitum versus at 80 or 60%, DM intake did not differ (Casamassima et al., 2008). Similarly, DM intake by crossbred German Fawn does was not altered by restricting water availability to 87 or 73% of ad libitum intake but declined by 13% when the level was 56% of ad libitum intake (Kaliber, Koluman & Silanikove, 2016).

3.6. Digestion

Digestibilities of DM (P = 0.037), OM (P = 0.038), energy (P = 0.034), and NDF (P = 0.021) were greater for REST *vs.* CONT, and there was a tendency for a difference in CP digestibility (P = 0.078; Table 4). Magnitudes of difference were 3.9 (6.1%), 3.9 (6.0%), 4.1 (6.6%), 3.0 (4.4%), and 8.2 (22.3%) percentage units for DM, OM, GE, CP, and NDF, respectively. However, because levels of intake of all constituents were numerically greater for CONT than for REST, there were no differences in intake of digested DM, OM, energy, CP, or NDF ($P \ge 0.493$).

Greater digestibilities for REST than for CONT was most likely the result of a slower rate of digesta passage and longer retention time of digesta in the gastrointestinal tract (Chedid et al., 2014; Ghassemi Nejad et al., 2014; Silanikove, 2000). With similar DM intake between treatments in the present experiment, a slower passage rate may have been directly influenced by the quantity of water consumed

(Kaske & Groth, 1997). The passage rate of fluid through the gastrointestinal tract decreases as an adaptation mechanism when water availability is restricted for use of the rumen as a water reservoir and to increase retention in the body (Silanikove, 1994).

Similar to findings of the present experiment, Silanikove (1985) reported that restricting water availability to desert and non-desert goats from *ad libitum* access each day to every 3 days decreased intake of alfalfa hay DM by 12 and 40 g/kg BW^{0.75} and increased DM digestibility from 71.6 to 74.1% and 66.8 to 71.2%, respectively. Vosooghi-Postindoz et al. (2018) also found that a 50% restriction level decreased intake of a 40% alfalfa hay diet by Baluchi lambs and increased digestibilities of OM, NDF, acid detergent fiber (ADF), and CP. In contrast, Freudenberger & Hume (1993) showed that digestibilities of DM and ADF did not increase when mature goats having free access to alfalfa hay had water availability restricted to 57% of *ad libitum* consumption.

Similar to findings of the present experiment, Tadesse et al. (2019c) noted a much greater effect of restricted feed intake on digestibility of NDF than other DM constituents in Katahdin wethers. A number of studies were cited to explain this finding, most importantly no or low NDF in endogenous fecal DM and greater depressions in digestibility with diets containing concentrate compared with ones primarily of forage and diets small *vs.* large in particle size (ARC, 1990; Doreau et al., 2003; Freetly et al., 1995; Grimaud et al., 1998, 1999; Leite et al., 2015; SCA, 1990).

3.7. Urinary n and energy, methane, and me

Urinary N tended (P = 0.066) to be lower for REST than for CONT (2 g/day and 13.7%), and urinary energy was less for REST (P = 0.023; 0.10 MJ/day and 16.1%; Table 4). Although, again, because of numerically greater N intake for CONT, N balance did not differ between treatments (P = 0.793). But, N balance values suggest an underestimation of excretion. For example, with assumed protein concentrations in accreted tissue of 10, 15, and 20%, average predicted ADG values are unreasonably high, 256, 171, and 128 g, respectively). This may reflect some volatilization of ammonia from urine, since digestibilities of CP were not greatly different than expected based on true protein digestibility and metabolic fecal CP estimated by Moore et al. (2004) for goats (*i.e.*, 88% and 2.67% of DM intake, respectively; 74.2% CP) and summarized by Preston (2011) for sheep (*i.e.*, 90% and 3%, respectively; 74.5%).

Methane energy was numerically greater for REST than for CONT in MJ/day (0.13 MJ/day, P = 0.213) and as a percentage of gross energy intake (1.03 percentage units, P = 0.151; Table 4). These findings are in line with greater NDF digestibility for REST, which may have been accompanied by an increased acetate to propionate ratio.

Even though the magnitude of difference between treatments in ME intake as a percentage of gross energy intake (3.5 percentage units and 6.6%; Table 4) was similar to that for energy digestibility, the difference was not significant (P = 0.170) because of increased variability associated with the additional considerations of urinary and methane energy. Likewise, there were no treatment differences in ME intake in MJ/day or kJ/kg BW^{0.75} or as a percentage of intake of digested energy ($P \ge 0.665$).

3.8. HE, RE, and hr

Heat energy in MJ/day and kJ/kg BW^{0.75} was similar between treatments ($P \ge 0.580$), as was also true for RE and HR (P = 0.824 and 0.706, respectively; Table 4). Likewise, the ratio of HE to HR, often measured so that HR in free-moving settings can be used as an indirect estimate of HE (Goetsch et al., 2017; Keli et al., 2017; Silva, Puchala, Gipson & Sahlu & Goetsch, 2018), was similar between treatments (P = 0.906).

3.9. Companion studies

The study of Tadesse et al. (2019c) was similar to the present experiment in that a primary objective was relevant to a companion study in which similar measures were not possible. Tadesse et al. (2019c) determined that it was appropriate to assume a similar dietary ME concentration in the Tadesse et al. (2019b) trials in which feed intake was near an assumed requirement for BW maintenance or 55% of that level.

Results of the current study seem supportive of the postulate of Hussein et al. (2020) that increased digestibility with restricted drinking water availability contributed to greater BW than earlier when water was freely available. Moreover, one might speculate that if the treatment difference in water intake in wk 4 was 50% as in wk 3 rather than 33%, at least slightly greater differences in digestibility could have occurred that also may have caused a significant difference in the concentration of ME. Moreover, the effect of level of water restriction on DM intake in the present experiment was less than noted for St. Croix sheep by Hussein et al. (2020), with a significant main effect difference of 101 g/day *vs.* the numerical difference of 64 g/day in the present experiment. Hence, water restriction could have had greater effects on digestibilities in the Hussein et al. (2020) study.

Another factor to consider is use of St. Croix sheep in the present experiment relative to inclusion of Dorper and Katahdin as well in the Hussein et al. (2020) study. In this regard, as alluded to earlier, Hussein et al. (2020) observed an interaction between breed and period or level of water intake (*i.e., ad libitum vs.* 50% of *ad libitum* intake), with a much smaller difference for St. Croix than for the other two breeds of hair sheep. Therefore, it is possible that effects of water restriction on digestibilities could have been greater for Dorper and Katahdin than for St. Croix. But as noted in the current experiment, this might have been compensated for by treatment differences in feed intake.

4. Summary and conclusions

Restricting the availability of drinking water to mature female St. Croix sheep increased digestibilities of DM, OM, GE, and NDF, with the greatest difference for NDF (3.9, 4.1, 3.0, and 8.2 percentage units for DM, OM, GE, and NDF, respectively). However, because of numerical differences in the quantity of feed consumed, intake of digested constituents did not differ between treatments. Nonetheless, these findings display one important means by which hair sheep respond to a common stress factor to maintain BW or minimize BW loss. Furthermore, increased digestibility with restricted drinking water availability may have contributed to some observations in a companion study of slightly greater BW of hair sheep after a period of limited water availability than before with *ad libitum* intake.

Ethical statement

The protocol for the experiment was approved by the Langston University Animal Care Committee.

Declaration of Competing Interest

There are no conflicts of interest.

Acknowledgements

This project was supported by the USDA National Institute of Food and Agriculture (NIFA), 1890 Institution Capacity Building Grant Program Project OKLUGOETSCH2013 (Accession Number 1000926) and the USDA NIFA Evans-Allen Project OKLUSAHLU2017 (Accession Number 1012650).

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