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Research article

Green synthesis of copper & copper oxide nanoparticles using the extract of seedless dates

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In the last few years, copper and copper oxide nanoparticles were involved in many applications; this encouraged many researchers worldwide to develop more facile synthesis methods. Unprecedentedly, the current study reports a green method for synthesizing *copper/copper oxide nanoparticles* (Cu/Cu₂O NPs) using the extract of seedless dates. Cu/Cu₂O NPs were synthesized according to the chemical reduction method using seedless dates' extract as a reducing agent due to its high content of phenolics and flavonoids. Transmission Electron Microscopy (TEM) revealed that roughly spherical particles were synthesized. Dynamic Light Scattering (DLS) showed that the synthesized Cu/Cu₂O NPs have an average particle size of 78 nm and zeta potential of +41 mV, indicating a good stability of the particles. Successful synthesis of Cu/Cu₂O NPs was affirmed through both X-Ray Diffraction (XRD), which revealed the presence of the characteristic peaks of copper at $2\theta = 43.2745$, 50.4083 and 74.1706°, and UV-Vis. Spectroscopy, which revealed the surface plasmonic resonance peak characterizes Cu/Cu₂O NPs at 576 nm. In addition, Fourier Transform Infrared Spectroscopy (FTIR) revealed the presence of phenolic compounds, which were responsible for reducing copper ions into copper nanoparticles through their carbonyl and hydroxyl linkages, adsorbed from the extract on Cu/Cu₂O NPs. Conclusively, the current work provides, for the first time, a simple, cost-effective and environmentally friendly method for synthesizing Cu/Cu₂O NPs using useless seedless dates.

1. Introduction

Since Richard Feynman's inspiring talk on December 29, 1959 titled "*There's Plenty of Room at the Bottom*" at the annual American Physical Society meeting at California Institute of Technology (Caltech) [1], thousands of researchers all over the world began to explore and exploit the versatile chances offered by nanotechnology generally and unique properties of nanoparticles specifically in different fields. Among various types of nanoparticles, copper and copper oxide nanoparticles attract much attention because of their distinguished catalytic, mechanical, magnetic, electric and thermal properties; in addition to their versatile applicability in many fields including agricultural, industrial, environmental and medical applications [2]. Furthermore, copper and copper oxide nanoparticles can be used in catalysis [3], sensors [4], degradation of dyes [5], fungicidal [6, 7] and nematicidal [8] applications.

Synthesis methodologies are considered of utmost importance in the field of nanotechnology. In this regard, the methodologies which have adopted to synthesize Cu/Cu₂O NPs vary among three main categories;

physical, biological and chemical methods [9]. The core idea beyond synthesis of metallic nanoparticles generally, and copper nanoparticles particularly, depends in its simplest forms on providing three main components; a precursor to provide copper ions, a reducing agent to provide electrons required to reduce the copper ions into copper atoms which then aggregated into copper nanoparticles with a limited size under the control of the third component, the surfactant; under the optimal pH and temperature conditions.

When the source of electrons, i.e. the reducing agent, is a chemical compound, the method is chemical [10, 11]; while when the source of electrons is a physical source such as the electric current, the method is physical [12], and when the source of electrons is an organism then the method is biological [13].

Chemical methods can be categorized into two fundamental classes, traditional and green chemical methods. Traditional chemical methods usually use toxic synthetic chemicals as a reducing agent, such as sodium borohydride [10], hypophosphite [14] and Hydrazine [11] ... etc. while green chemical methods usually use natural chemicals as a reducing agent, such as citric acid [15] and ascorbic acid [16]. Green chemical

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methods surplus over traditional methods; because they are usually nontoxic, ecofriendly and more cost-effective.

Currently, many methodologies usually use toxic reducing agents or complex procedures, which consume high amounts of energy [17]. Thus many researchers were encouraged to develop simpler procedures using less toxic or even non-toxic chemicals [18].

In this regard, many papers have reported the usage of different plant extracts to prepare copper and copper oxide nanoparticles such as *Nerium oleander* Leaf aqueous extract [19], peel extract of *Punica granatum* [20], fruit extract of *Ziziphus spina-christi* L. [21], *Rosa canina* fruit extract [22], fruit extract of *Syzygium alternifolium* (Wt.) Walp [23] and *Asparagus adscendens* Roxb. root and leaf extract [24], some of which might be not cost effective or not easily available.

This paper reports, for the first time, the synthesis of copper and copper oxide nanoparticles using the extract of seedless dates, which are dates without seeds due to incomplete fertilization, as a reducing agent. Since the unfertilized dates are considered of relatively low or even no economic value and are easily available [25], the usage of seedless dates has the advantages of being cost effective and environment-friendly.

2. Materials and methods

2.1. Chemicals

All the utilized chemicals were of analytical purity standard and were used as provided.

For synthesizing Cu/Cu₂O NPs, Cetyl trimethylammonium bromide (CTAB) (Sigma-Aldrich, Egypt), Copper sulfate pentahydrate (Elnasr Pharmacuticals Co., Egypt) and Ethanol (Sigma-Aldrich, Egypt) were used.

2.2. Instrumentation

The used instruments include Electric Blender (Monolex), Centrifugation Machine (Hettich centrifuge), pH Meter (Jenway 3510), Hotplate Stirrer (Stuart), Vortex (IKA), X-Ray Diffractometer, (Philips PW1840 X-Ray Diffractometer, USA), FTIR Spectrophotometer (Jasco 4100, Japan; 400–4000 cm⁻¹), UV-Vis. Spectrophotometer (Helios Gamma Spectrophotometer), Transmission Electron Microscope (Tecnai G20, Super twin, double tilt, FEI, Netherland), and Dynamic Light Scattering Machine (Zetasizer nano series (Nano ZS), Malvern, UK).

2.3. Preparation of the extract from seedless dates

1 kg of freshly excised seedless dates, Samany cultivar, was washed and homogenized well with 1 L of deionized water in an electric blender. After that, the resulted mixture was filtered through centrifugation at 4000 rpm for 10 min, the pellet was discarded and the supernatant was used as it is without any further purification as a reducing agent. The supernatant was a pale yellow liquid.

2.4. Synthesis of Cu/Cu₂O NPs

Synthesis of Cu/Cu₂O NPs was done according to the chemical reduction method [16] with a modification in which the ascorbic acid was replaced with the seedless dates extract. To 100 mL of the seedless dates extract, 1 gm of Cetyl trimethylammonium bromide (CTAB) was added under stirring, then the pH of the mixture was adjusted at 6.8 and the mixture's temperature was elevated to 80 °C; after that, 0.1 g of copper sulfate pentahydrate was dissolved in 10 mL deionized water and was added drop by drop under stirring to the mixture of the extract and CTAB. The reaction was continued under stirring until a reddish brown color was developed indicating the successful preparation of Cu/Cu₂O NPs.

The synthesized Cu/Cu₂O NPs were collected centrifugally at 4000 rpm for 5 min, supernatant (reaction medium) was discarded and the pellet (Cu/Cu₂O NPs) was resuspended in deionized water using vortex for washing. Then, Cu/Cu₂O NPs were collected again centrifugally at 4000 rpm for 5 min. Washing with deionized water was repeated three times through consecutive precipitation and resuspension in deionized water, and then washing with absolute ethanol was repeated three times through consecutive precipitation and resuspension in absolute ethanol. Finally, Cu/Cu₂O NPs were air-dried and collected for further characterization.

2.5. Characterization of Cu/Cu₂O NPs

To confirm successful synthesis of Cu/Cu₂O NPs, X-Ray Diffraction (XRD) was performed on powder Cu/Cu₂O NPs using X-Ray diffractometer.

In addition, to investigate the interaction of the extract with copper sulfate pentahydrate, Fourier Transform Infrared Spectroscopy (FTIR) was performed also on powder Cu/Cu₂O NPs using FTIR spectrophotometer ($400-4000 \text{ cm}^{-1}$).

Furthermore, the characteristic surface plasmon resonance of Cu/Cu₂O NPs was detected using UV-Vis. Spectrophotometer; and Transmission Electron Microscopy was used to figure out the shape of the synthesized Cu/Cu₂O NPs.

Also, Dynamic light scattering (DLS) was used to determine both the Particles Size Distribution (PSD) and Zeta Potential (ZP) of the synthesized Cu/Cu₂O NPs, with the Standard Operating Procedure of the DLS instrument.

3. Results and discussion

3.1. X-ray diffraction (XRD)

X-Ray Diffraction pattern, as shown in Figure 1, confirmed the successful synthesis of copper nanoparticles with a shell of copper oxide; wherein the main diffraction peaks characterize the elemental copper were detected at $2\theta = 43.2745$, 50.4083 and 74.1706° which correspond to the (1 1 1), (2 0 0), and (2 2 0) crystal faces of copper [26]. It is also noteworthy that there are other peaks at $2\theta = 36.3967$ and 61.4835°, that are characteristic for Cu₂O; both peaks were attributed to the presence of a Cu₂O shell covering the copper core [27].

Noteworthy, the XRD pattern of the prepared nanoparticles contains the characteristic peaks of both copper and copper oxide. This mixed phase structure is not attributed to the air-drying of the prepared nanoparticles, since Mustafa Biçer & İlkay Şişman reported that the XRD pattern of the freshly prepared copper nanoparticles contains the same peaks as those exhibited by the XRD pattern of the same copper nanoparticles sample after being exposed to the air for 24 h. At the same time, Mustafa Bicer & İlkay Şişman reported that the characteristic peak of copper oxide was emerged only through decreasing the reaction temperature from 85 °C to 60 °C; since at 60 °C the reducing agent (ascorbic acid in that case) could not completely reduce Cu²⁺ into Cu⁰ atoms, thus the characteristic peaks of copper oxide were emerged; Unlike at 85 $^\circ$ C, the reducing agent could completely reduce Cu²⁺ into Cu⁰ atoms, thus the characteristic peaks of copper oxide were not emerged [16]. It is reasonable that each reducing agent has its own temperature at which it can completely reduce Cu²⁺ into Cu⁰ atoms. In the current work, the reaction temperature of 80 °C was chosen so as not to enable the reducing agent (the seedless dates extract in this case) to completely reduce Cu²⁺ into Cu⁰ atoms, hence producing the mixture of both copper and copper oxide in the same particle (i.e. Cu/Cu_2O NPs).

List of peaks and their respective positions [°2 θ] for the synthesized Cu/Cu₂O NPs as obtained from the X-Ray Diffractometer are shown in Table 1.

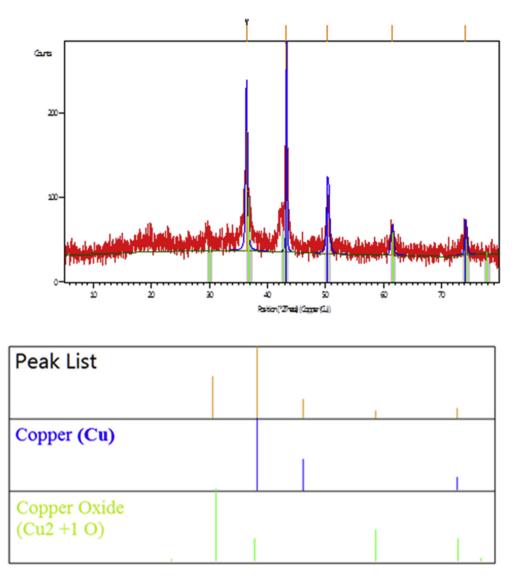


Figure 1. X-Ray Diffraction (XRD) pattern of the synthesized Cu/Cu₂O NPs, as obtained from the X-Ray Diffractometer, showing the main diffraction peaks characterize the elemental copper at $2\theta = 43.2745$, 50.4083 and 74.1706°, in addition to those characterize Cu₂O at $2\theta = 36.3967$ and 61.4835°.

3.2. Fourier transform infrared spectroscopy (FTIR)

FTIR spectrum, as shown in Figure 2, of the synthesized Cu/Cu₂O NPs revealed the presence of eight main peaks at 3337.25; 2921.72; 1656.45; 1606.70; 1452.55; 1398.69; 1163.39 and 1097.44 cm⁻¹, which represent O–H stretching vibrations (alcoholic or phenolic), C–H asymmetric stretching, C=C stretching, C=C stretching, C=C aromatic ring stretching, C–OH stretching vibrations, C–OH bending and C–OH bending, respectively; as shown in Table 2. These peaks affirmed the adsorption of phenolic compounds from the seedless dates extract on the surface of the

Table 1. List of peaks and their respective positions [°2 θ] for the synthesized Cu/
Cu ₂ O NPs as obtained from the X-Ray Diffractometer.

No.	Pos. [°2θ]	Height [cts]	d-spacing [Å]	Rel. Int. [%]	Crystallite Size only [Å]	Micro Strain only [%]
1.	36.3967	142.23	2.46852	57.65	270.475500	0.456329
2.	43.2745	246.71	2.09080	100.00	968.194900	0.107974
3.	50.4083	64.06	1.81037	25.97	211.491000	0.428002
4.	61.4835	26.61	1.50818	10.79	222.752100	0.338534
4.	74.1706	35.04	1.27850	14.20	323.138300	0.197825

prepared nanoparticles via the interaction of π electrons [28]. Furthermore, the reduction of copper ions into copper nanoparticles was achieved under the effect of hydroxyl and carbonyl linkages in the extract's constituents [29]. In addition, since phenolic compounds were adsorbed on the surface of the nanoparticles, then the phenolic compounds may act as a capping agent, thus provide the nanoparticles with more stability. The prepared nanoparticles were stable over 24 h.

In addition, the presence of the characteristic vibrational peak of Cu_2O is observed at 624.57 cm⁻¹ [30,31], which agree with the XRD results.

3.3. UV-vis. Spectroscopy

UV-Vis. Spectrogram, as shown in Figure 3, depicted that Cu/Cu_2O NPs were synthesized successfully and exhibited their characteristic surface plasmonic resonance peak at 576 nm.

In this regard, copper nanoparticles usually exhibit a characteristic surface plasmonic resonance (SPR) peak in the range 560–570 nm; larger particles may cause this resonance peak to be shifted toward longer wavelengths [32]. The exact position of SRP peak may be shifted based on the individual particles properties including the shape, size, capping agent, and the exact chemical composition [33]. Furthermore, the

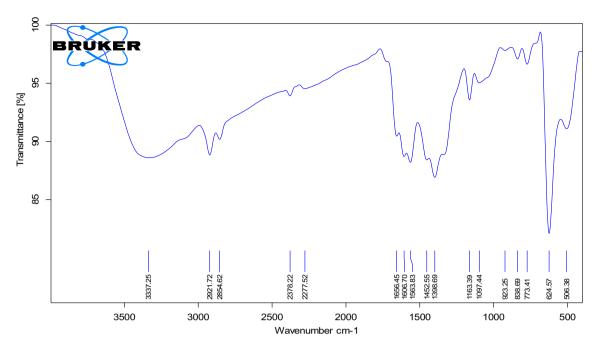


Figure 2. FTIR spectrum of the synthesized Cu/Cu_2O NPs showing the absorption peaks of the functional groups adsorbed on the synthesized Cu/Cu_2O NPs at 3337.25; 2921.72; 1656.45; 1606.70; 1452.55; 1398.69; 1163.39 and 1097.44 cm⁻¹, which represent O–H stretching vibrations (alcoholic or phenolic), C–H asymmetric stretching, C=C stretching, C=C aromatic ring stretching, C–OH stretching vibrations, C–OH bending and C–OH bending, respectively.

Table 2. The absorption peaks of the prepared Cu/Cu_2O nanoparticles as obtained from FTIR-spectrophotometer and their corresponding functional groups.

No.	Absorption Peak Position (Wavenumber) (Cm^{-1})	Functional Group
1.	3337.25	O–H stretching vibrations (alcoholic or phenolic)
2.	2921.72	C–H asymmetric stretching
3.	1656.45	C=C stretching
4.	1606.70	C=C stretching
5.	1452.55	C=C aromatic ring stretching
6.	1398.69	C-OH stretching vibrations
7.	1163.39	C–OH bending
8.	1097.44	C–OH bending

characteristic SPR peak of copper appears also in the presence of small portions of copper oxide at 580 nm [34]. This interprets to a great extent the emergence of the characteristic surface plasmonic resonance peak of the synthesized Cu/Cu₂O NPs at 576 nm.

3.4. Transmission electron microscopy (TEM)

From transmission electron microscopy, it is clear that the synthesized Cu/Cu₂O NPs were largely uniform and have a spherical shape, as shown in Figure 4; this result is consistent with the shape and uniformity of Copper/copper oxide nanoparticles [35] and copper nanoparticles [36] synthesized through the green approaches using other plant extracts.

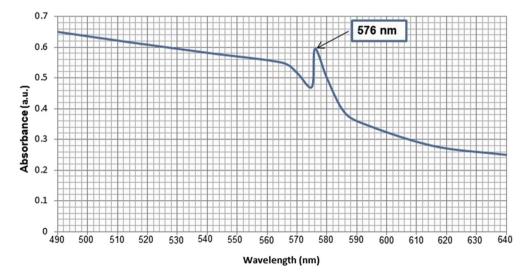


Figure 3. UV-Vis. Spectrogram of the synthesized Cu/Cu₂O NPs showing their characteristic surface plasmonic resonance (SPR) at 576 nm.

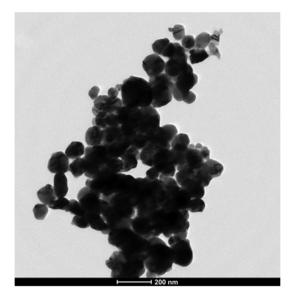


Figure 4. Transmission electron micrograph showing the spherical shape of the synthesized Cu/Cu₂O NPs.

3.5. Determining particle size distribution and zeta potential of Cu/Cu_2O NPs

Dynamic light scattering (DLS) was used to determine both the Particle Size Distribution (PSD) and Zeta Potential (ZP) of the synthesized Cu/Cu₂O NPs. The results were displayed as an intensity-based Particle Size Distribution and Zeta Potential distribution, as shown in Figures 5 and 6, respectively.

As shown in Figure 5, the average particle size was about 78 nm. This size falls within the specified range for identifying a nanomaterial according to the *American Society for Testing and Materials* (ASTM) and the *International Organization for Standardization* (ISO), which is from 1 nm to 100 nm.

As shown in Figure 6, zeta potential of the synthesized Cu/Cu₂O NPs was +41 mV. In this regard, zeta potential is considered an important indicator for the stability of a colloid, since the magnitude of the zeta potential expresses the extent of the electrostatic repulsion between the same species constituting that colloid. The value of +41 mV indicates that the prepared nanoparticles exhibit a good stability [37]. This good stability of the nanoparticles reported here may be attributed to the collaborative capping effect of both CTAB and the phenolic compounds adsorbed on the surface of the synthesized nanoparticles.

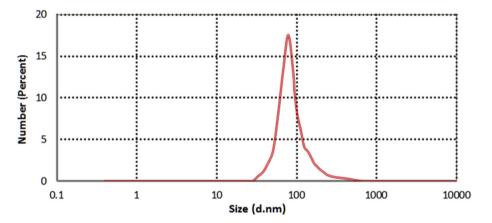


Figure 5. Particle Size Distribution (PSD) of the synthesized Cu/Cu₂O NPs, showing the mean diameter at 78 nm.

Zeta Potential Distribution

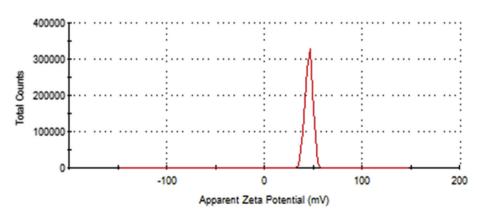


Figure 6. Zeta potential of the synthesized Cu/Cu₂O NPs at +41 mV.

4. Conclusion

The increased applicability of copper and copper oxide nanoparticles among different fields, including but not limited to medical, industrial, biological and electronic ones, has encouraged the research for alternative preparation methods, which offer more facile preparation and being more cost-effective. On the other hand, green methods are still attracting more attention and interest due to its simplicity, cost efficiency, nontoxicity and being environment-friendly. In this context, the present paper provides, for the first time, a green chemical reduction method for synthesizing Cu/Cu2O NPs using an abundant useless material, the seedless dates, thereby significantly lower the cost of preparation and increase the economic value of the seedless dates through an ecofriendly method. In addition, the current method includes moderate reaction conditions and requires no complex setups, which makes it more costeffective and increases its feasibility to be applied in a larger scale. Further research is encouraged to assess the efficiency of the proposed method for preparing other metallic nanoparticles.

Declarations

Author contribution statement

Elwy A. Mohamed: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper.

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Competing interest statement

The author declare no conflict of interest.

Additional information

No additional information is available for this paper.

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