

# Gut Microbiota Promote Angiotensin II–Induced Arterial Hypertension and Vascular Dysfunction

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**Background**—The gut microbiome is essential for physiological host responses and development of immune functions. The impact of gut microbiota on blood pressure and systemic vascular function, processes that are determined by immune cell function, is unknown.

*Methods and Results*—Unchallenged germ-free mice (GF) had a dampened systemic T helper cell type 1 skewing compared to conventionally raised (CONV-R) mice. Colonization of GF mice with regular gut microbiota induced lymphoid mRNA transcription of T-box expression in T cells and resulted in mild endothelial dysfunction. Compared to CONV-R mice, angiotensin II (AngII; 1 mg/kg per day for 7 days) infused GF mice showed reduced reactive oxygen species formation in the vasculature, attenuated vascular mRNA expression of monocyte chemoattractant protein 1 (MCP-1), inducible nitric oxide synthase (iNOS) and NADPH oxidase subunit Nox2, as well as a reduced upregulation of retinoic-acid receptor-related orphan receptor gamma t (Rorγt), the signature transcription factor for interleukin (IL)-17 synthesis. This resulted in an attenuated vascular leukocyte adhesion, less infiltration of Ly6G<sup>+</sup> neutrophils and Ly6C<sup>+</sup> monocytes into the aortic vessel wall, protection from kidney inflammation, as well as endothelial dysfunction and attenuated in GF mice, indicating systemic protection from cardiovascular inflammatory stress induced by AngII.

*Conclusion*—Gut microbiota facilitate AnglI-induced vascular dysfunction and hypertension, at least in part, by supporting an MCP-1/ IL-17 driven vascular immune cell infiltration and inflammation. (*J Am Heart Assoc.* 2016;5:e003698 doi: 10.1161/ JAHA.116.003698)

Key Words: angiotensin II • arterial hypertension • gut microbiota • inflammation • monocytes • vascular dysfunction

The absence of microbiota in germ-free (GF) mice, that are born and raised in sterile flexible film isolators, demonstrated that the presence of commensal bacteria is essential for normal immune development.<sup>1,2</sup> The immune profile in GF mice is characterized by a default T helper cell type 2 (Th2) bias, a significant reduction in proinflammatory interleukin (IL)-17-producing CD4<sup>+</sup> T cells<sup>3</sup> as well as T regulatory cells<sup>4</sup> and less IL-12 formation<sup>5</sup> compared to mice with an intact commensal gut bacterial profile. GF mice are characterized by reduced white adipose tissue inflammation and presence of gut microbiota increases macrophage content of that tissue with a polarization toward the M1 phenotype.<sup>6</sup> Furthermore, mucosal immunity and gut microbiota have been shown to activate myelomonocytic cells, drive their development toward an inflammatory phenotype,<sup>6,7</sup> promote their major histocompatibility class II expression<sup>8</sup> and to be essential for a proper systemic inflammatory response after lipopolysaccharide challenge<sup>9</sup> or ischemia/reperfusion injury.<sup>10</sup> Regarding the potential of the spleen to act as a reservoir for inflammatory monocytes,<sup>11</sup> it is noteworthy that the spleen of GF mice forms significantly less macrophage colony-stimulating factor-dependent colonies than the spleen of conventionally raised (CONV-R) mice.8

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Accompanying Figures S1 and S2 are available at http://jaha.ahajournals.org/content/5/9/e003698/DC1/embed/inline-supplementary-material-1.pdf

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Inflammatory monocytes and macrophages have been identified as powerful mediators of inflammation and oxidative stress in arterial hypertension and are crucial prerequisites in the pathogenesis of high blood pressure and vascular dysfunction.<sup>12-17</sup> Ablation of lysozyme-M-positive cells led to reduced angiotensin II (AngII)-induced accumulation of myelomonocytic cells in the vessel wall and attenuated the blood pressure increase in response to Angll. We have recently identified interferon gamma (IFN-y), a cytokine connected to Th1 immune response, as a decisive cytokine to skew monocytes toward a proinflammatory phenotype in Angll-induced vascular dysfunction and inflammation: Mice lacking the transcription factor, T-box, expressed in T cells (encoded by the *Tbx21* gene), which directs IFN- $\gamma$  formation in immune cells, were protected from Angll-induced vascular injury.<sup>18</sup> Additionally, IL-17A can act as a mediator of Angll-induced arterial hypertension<sup>19</sup> and of inflammationassociated vascular dysfunction<sup>20</sup>—at least in part, by recruiting neutrophil granulocytes to the aortic vessel wall. Besides, it has been shown that the development of IL-17-producing CD4<sup>+</sup> T cells (Th17 cells) in the intestine is dependent on gut microbiota.<sup>21</sup> In a mouse model of portal vein ligation, GF mice were partially protected from portal hypertension compared to colonized controls.<sup>22</sup>

It has been reported, that Angll can induce gut dysbiosis in rats; when treated with antibiotics reducing Firmicutes species, blood pressure was attenuated.<sup>23</sup> To date, it is unknown whether the presence of gut microbiota contributes to regulation of basal vascular tone and of Angll-induced arterial hypertension in vivo. We hypothesized that enteric microbiota might potentially play a role in facilitating myelomonocytic cells, such as monocytes, to respond to the blood pressure hormone, Angll. To address this issue, we investigated the role of gut microbiota in the pathogenesis of Angll-induced vascular dysfunction and hypertension using the GF mouse technology. Here, we demonstrate that GF mice are protected from Angll-induced systemic vascular inflammation, supporting a decisive role of gut microbiota for the regulation of vascular tone in arterial hypertension.

# Materials and Methods

#### Mice

All procedures performed on mice were approved by the Institutional Animal Care and Use Committee (Landesuntersuchungsamt Rheinland-Pfalz, Koblenz, Germany; animal experimental approval 23-177-07/G 12-1-002), following the German Law on the Protection of Animals. All mice were housed in a barrier facility (Translational Animal Research Center, University Medical Center Mainz, Mainz, Germany) with a 12-hour light-dark cycle and kept in EU Type II IVC cages with 2 to 5 mice per cage under specific pathogen-free or GF conditions with standard autoclaved lab diet (PMI, St. Louis, MO) and water ad libitum and a  $22\pm2^{\circ}$ C room temperature. GF status of mice was tested on a weekly basis by polymerase chain reaction (PCR) for detection of 16S rDNA and by culture-based methods. Male 10- to 16-week-old GF mice that were born and raised in sterile, flexible film isolators versus CONV-R mice on a Swiss Webster and C57BL/6J background were used. GF mice were colonized for 14 days with normal gut microbiota to obtain conventionally derived (CONV-D) mice. Colonization was achieved by oral gavage of ex-GF mice with a suspension of the cecal content of a CONV-R mice in 5 mL of PBS.

In vivo treatment of CONV-R versus GF mice with AnglI (1 mg/kg per day for 7 days) versus sham was achieved by osmotic minipumps in the case of GF mice with a specific sterile implantation technique. In brief, Alzet miniosmotic pumps (model 1007D; Alzet, Cupertino, CA) were filled and prepared according to the manufacturer's instruction under a sterile hood, then transported in a sterile 15ml Falcon tube filled with 0.9% NaCl solution to the GF mouse isolator, where it was sterilized by spraying with a chlorine dioxide-based desinfectant in the isolator port. Isoflurane, together with analgetics and sedation, was also transferred into the prepared experimental isolator. Implantation of the pumps was performed with heat-sterilized surgical instruments; for anesthesia and analgesia, mice received intraperitoneal injections of midazolam (5 mg/kg; Ratiopharm GmbH, Ulm, Germany), medetomidine (0.5 mg/kg body weight; Pfizer Deutschland GmbH, Berlin, Germany), and fentanyl (0.05 mg/ kg body weight; Janssen-Cilag GmbH, Neuss, Germany). After the surgical procedure, animals were administered atipamezole (0.05 mg/kg), flumazenil (0.01 mg/kg), and naloxone (0.024 mg/kg) subcutaneously to antagonize anesthesia.

Measurement of blood pressure was performed using the noninvasive blood pressure system for mice (tail-cuff method; Kent Scientific CODA-STD, Torrington, CT), as well as the assessment of vascular function (vascular relaxations studies ex vivo), was performed as described previously.<sup>12</sup> Assessment of blood pressure in the GF mice was performed within 120 minutes after export of mice out of their sterile environment.

As experimental groups, CONV-R mice with (n=15) and without AngII treatment (n=17) and GF mice with (n=32) and without AngII (n=27) treatment as well as CONV-R (n=5), CONV-D (n=5), and GF mice (n=9) on Swiss Webster background were the analyzed.

#### Vascular Tone Experiments

We studied the vascular responsiveness to vasconstrictors and vasodilators (increasing doses of phenylephrine, prostaglandin F2 alpha, acetylcholine, and nitroglycerin in a range form  $10^{-9}$ – $10^{-4}$  mol/L) of isolated aortic rings of GF mice versus CONV-R and CONV-D mice. Isolated aortas were cut into 4 mm segments and mounted on force transducers (Kent Scientific Corporation; Powerlab; ADInstruments, Spechbach, Germany) in organ chambers filled with Krebs-Henseleit solution (37°C, pH 7.35, containing 98.93 mmol/L of NaCl, 4.69 mmol/L of KCl, 2.49 mmol/L of CaCl<sub>2</sub>, 1.2 mmol/L of MgSO<sub>4</sub>, 0.613 mmol/L of K<sub>2</sub>HPO<sub>4</sub>, 25 mmol/L of NaHCO<sub>3</sub>, and 11.1 mmol/L of D-glucose) bubbled with carbogen gas  $(95\% O_2/5\% CO_2)$  and containing 10  $\mu$ mol/L of indomethacin to prevent endogenous synthesis of prostaglandins. To test for vasorelaxation in response to acetylcholine (ACh) and nitroglycerin (glycerol trinitrate; GTN), aortic segments were stretched gradually over 30 minutes to reach a resting tension of 1.0 g. Following preconstriction with prostglandin  $F_2\alpha$  (3.3 µmol/L) and phenylephrine (cumulative concentration-constriction-curves,  $10^{-8}$ – $10^{-5.5}$  mol/L) to reach 50% to 80% of maximal tone induced by KCl, cumulative concentration-relaxation curves were recorded in response to increasing concentrations of ACh and GTN  $(10^{-9}-10^{-4.5} \text{ mol/L})$ .

# Detection of Reactive Oxygen Species Formation Using L012-Enhanced Chemiluminescence and Fluorescence Oxidative Microtopography

We analyzed oxidative burst of white blood cells in whole blood by L012 enhanced chemiluminescence (CL) and oxidative stress in the vasculature by dihydroxyethidium staining of aortic cryosections. First, 200 IU of heparine was injected into the beating heart of the mouse and venous blood then drawn from the right ventricle. Heparinized blood was kept at room temperature and CL was measured immediately. L012 enhanced chemiluminescence (ECL) signals were counted in 10µL samples with 100 µmol/L of L012 in the presence of PdBU (10 µmol/L) at intervals of 1 minute using a Lumat LB9507 from Berthold Technologies (Bad Wildbad, Germany). CL was expressed as counts per minute after incubation for 10 minutes. Thoracic cryosections of aortas were stained with the superoxide-sensitive dye, dihydroethidium (DHE;  $1 \mu mol/L$ ) for fluorescence oxidative microtopography<sup>12</sup>: Aortas were rinsed and cleaned and then cut into 4-mm sections to then be incubated in Krebs-Henseleit solution containing 0.1 mg/mL of aprotinin, 0.2 mg/mL of pepstatin, and 0.5 mg/mL of leupeptin for 10 minutes at 37°C and then embedded in Tissue-Tek and frozen in liquid nitrogen. We cut aortic cryosection of 8 µm, stained with DHE, and incubated them for 30 minutes at 37°C. Green autofluorescence from aortic lamina and red ethidium fluorescence inside the reactive oxygen species (ROS)-producing cells was detected by fluorescence light microscopy (Zeiss Axiovert 40 CFL microscope, Zeiss lenses and Axiocam MRm camera; Zeiss, Oberkochen, Germany) and analyzed with the AxioVision data acquisition software (Zeiss).

#### mRNA Expression Analysis

Total RNA was isolated from aortic tissue or splenic CD4<sup>+</sup> lymphocytes (stimulated on anti-CD3-coated plates in RPMI containing 5% FCS and 1% penicilin/streptomycin and anti-CD28 [1:500] overnight) using guanidinium thiocyanate after controlled crushing with TissueLyser (Qiagen, Hilden, Germany).

Real-time quantitative reverse-transcriptase PCR (qRT-PCR) was performed using one-step qRT-PCR: 0.05  $\mu$ g/ $\mu$ L of total RNA was used for analysis with the QuantiTect Probe RT-PCR kit (Qiagen). A Taq-Man Gene Expression assay for the denoted primers was used as probe-and-primer set (Applied Biosystems, Foster City, CA).

Analysis was performed for mRNA expression of the corresponding transcription factors, (T-bet; Mm0045090-m1), forkhead box protein p3 (Foxp3 marks regulatory T-cell development; Mm01351178\_g1), GATA binding protein 3 (GATA-3; marks Th2 cells; Mm00484683\_m1), (retinoic-acid receptor-related orphan receptor gamma t (ROR $\gamma$ t) directs IL-17 formation; Mm01261022\_m1) as well as inducible nitric oxide synthase (iNOS; Mm00440485\_m1), NADPH oxidase 2 (Nox2; Mm00514478\_m1), chemokine (C-C motif) ligand 2 (*Ccl-2*; Mm00441242\_m1), angiotensin type 1 receptor (Agtr1a; Mm01957722\_s1), and vascular cell adhesion molecule 1 (VCAM-1; (Mm00449197\_m1). The relative expression levels of the respective samples to TATA-box binding protein as endogenous control (housekeeping gene) were calculated with the delta-delta threshold cycle method.<sup>24</sup>

# **Cytokine Formation**

The polarization pattern of the systemic immune profile was assessed by analyzing spleen-derived lymphocytes. We measured cytokine formation of these cells after antiCD3 and antiCD28 stimulation eliciting a T-cell response by ELISA and by the bead-based Bio-Plex assay (96-well plate, Luminex 200; Life Technologies, Carlsbad, CA) (IFN- $\gamma$ , IL-4, and IL-10) according to a published protocol.<sup>18</sup>

# Fluorescence-Activated Cell Sorting Analysis of Immune Cells

The immunological phenotype of mice was examined by flow cytometric analysis of B220<sup>+</sup> and TCRB<sup>+</sup> lymphoid cells (representing B cells and T cells), as well as CD11b<sup>+</sup>, Gr-1<sup>+</sup> (Ly6G<sup>+</sup>, Ly6C<sup>+</sup>), and F4/80<sup>+</sup> myeloid cells (representing neutrophils and monocytes/macrophages) in the whole blood, spleen, aorta, and kidney. Blood erythrocytes were hemolyzed

by BD (BD Biosciences, San Jose, CA) fluorescence-activated cell sorting (FACS) lysing solution. For the analysis of cells in the mouse aorta, the total aorta was digested by using collagenase II (1 mg/mL) and DNase I (50  $\mu$ g/mL) or Liberase (1 mg/mL) for 30 minutes at 37°C. For flow cytometric analysis of kidney cells, the kidney was flushed blood free and digested with collagenase D (2 mg/mL) and DNase (100  $\mu$ g/mL) for 30 minutes at 37°C and further homogenized with gentleMACS C tubes (Miltenyi Biotenc, Cambridge, MA). To block nonspecific Fc-receptor-mediated binding sites, cells were preincubated with unlabeled antibody against CD16/CD32 for 10 minutes (Fc-block). We also phenotyped vascular immune cells in GF versus CONV-R mice.

#### **Intravital Fluorescence Microscopy**

Mice were anesthetized with midazolam (5 mg/kg; Ratiopharm GmbH), medetomidine (0.5 mg/kg body weight; Pfizer Deutschland GmbH), and fentanyl (0.05 mg/kg body weight; Janssen-Cilag GmbH) given as an intraperitoneal injection. The right and the left common carotid artery of each mouse were dissected free. First, 100  $\mu$ L of acridine orange (0.5 mg/mL; Sigma-Aldrich, St. Louis, MO) was injected by a jugular vein catheter (0.28 mm ID, 0.61 mm OD; Smiths Medical Deutschland GmbH, Grasbrunn, Germany) to stain circulating leukocytes in vivo. A high-speed wide-field Olympus BX51WI fluorescence microscope using a long-distance condenser and a  $10 \times$  (NA 0.3) water immersion objective with a monochromator (MT 20E; Olympus Deutschland GmbH, Hamburg, Germany) and a charge-coupled device camera (ORCA-R<sup>2</sup>; Hamamatsu Photonics, Hamamatsu City, Japan) was used for microscopical analysis. Image acquisition and analysis was performed with Realtime Imaging System eXcellence RT (Olympus Deutschland GmbH) software. Leukocytes were quantified in 4 fields of view ( $150 \times 100 \mu m$ ) per carotid artery and could be graduated in adhering and rolling leukocytes.<sup>25</sup>

#### Histology and Immunohistology

Cardiac fibrosis was determined on paraffin-embedded crosssections through the left ventricle using Masson's trichrome (MTC) stain. Macrophages were visualized using monoclonal antibodies against mouse Mac2 (clone M3/38; BIOZOL Diagnostic, Munich, Germany). Neutrophils were detected using polyclonal antibodies against mouse neutrophil elastase (ELANE; abcam, Cambridge, MA). Results were quantified by automatically determining the positive area (blue signal for MTC, red-brown signal for Mac2) using image analysis software (Image ProPlus, version 7.0; Media Cybernetics, Inc., Bethesda, MD) or by manually counting the number of positive cells (ELANE). In each case, 2 or more 200× microscope fields were evaluated and results averaged per mouse. Cardiomyocyte membranes were visualized on acetonefixed cardiac cryosections using FITC-labeled wheat germ agglutinin (WGA; Molecular Probes, Eugene, OR) followed by determination of the single cardiomyocyte cross-sectional area. Per cross-section, 100 randomly selected cardiomyocytes were evaluated and results averaged.

#### **Cardiac Ultrasound Measurements**

Anesthesia of mice was induced in a chamber (2-4% isoflurane mixed with 0.2 L/min 100% O<sub>2</sub>) and maintained with a face mask (1-2% isoflurane with 0.2 L/min 100% O<sub>2</sub>). Animals were kept on a heated table mounted on a rail system (VisualSonics, Toronto, Ontario, Canada). Ultrasound was performed with the Vevo 770 System and a 40 MHz mouse transducer (VisualSonics). Heart rate was determined and body temperature was monitored using a rectal probe and maintained at 37°C. Left ventricular wall thickness, intraventricular septum thickness, left ventricular end-diastolic, end-systolic volumes, and left ventricular shortening fraction were determined. Assessment of cardiac function in GF mice was performed within 120 minutes after bringing mice out of their sterile environment.

#### **Statistical Analysis**

Statistical analysis was performed with GraphPad Prism software (version 5; GraphPad Software, Inc., La Jolla, CA). Data were analyzed for normal distribution with the Kolmogorow–Smirnow test.

When normal distribution was given, the 2-tailed unpaired Student's t-test, 1-way ANOVA test with Bonferroni post-hoc test or 2-way-ANOVA were applied. If there was no normal distribution, Wilcoxon–Mann–Whitney or the Kruskal–Wallis test with Dunn's multiple comparison or comparison of selected columns were used as appropriate and indicated in the figure legends.

Data are presented as box plots with median and interquartile range; P values of <0.001, <0.01, and <0.05 were considered statistically significant and marked by 3, 2, and 1 asterisks, respectively.

## Results

# Angll-Induced Vascular Inflammation Is Attenuated in GF Mice

To address the impact of gut microbiota on vascular tone in unchallenged animals, we studied GF and CONV-R mice on a Swiss Webster background. Vascular constriction in response to phenylephrine as well as endothelium-dependent (ACh) and endothelium-independent (GTN) vascular relaxation was not statistically different between GF and CONV-R Swiss Webster mice (Figure S1A through S1C). Interestingly, T-box 21 (*Tbx21*) mRNA expression in isolated splenocytes was reduced in GF, compared to CONV-R, mice. GF mice that were recolonized with gut microbiota to derive the status of CONV-R mice (CONV-D mice) had splenocytic *Tbx21* mRNA expression levels comparable to CONV-R mice (Figure S1D). Accordingly, IFN- $\gamma$ , the signature cytokine of a type 1 immune response, was significantly reduced in supernatants of antiCD3- and antiCD28-stimulated splenocytes isolated from GF mice compared with CONV-R counterparts and partially recovered in CONV-D. The same tendency was observed for IL-4 and IL-10 (Figure S1E). The proinflammatory role of IFN- $\gamma$  negatively impacts on vascular relaxation. Consequently, we observed an augmented vascular constriction and a mild endothelial dysfunction in CONV-D, compared to CONV-R and



**Figure 1.** Germ-free (GF) mice are protected from Angll-induced vascular oxidative stress and inflammatory gene expression. CONV-R versus GF mice on C57BL/6 background $\pm$ Angll (1 mg/kg per day) were studied after 7 days of in vivo treatment. A, Aortic superoxide formation. Left: Representative dihydoethidium photomicrotopographs of aortic cryosections; superoxide formation appears in red. Right: Quantification, n=3 to 6 mice per group, Kruskal–Wallis test with Dunn's multiple comparison. B, Respiratory burst in whole blood in the presence of the phorbolester, PDBu (100 nmol/L), measured by L012 (100  $\mu$ mol/L) ECL. 1-way ANOVA with Bonferroni post-hoc test, n=5 to 13 mice per group. C, Aortic Ror- $\gamma$ t and GATA-3 mRNA expression. Kruskal–Wallis test with Dunn's multiple comparison of selected columns (Ror $\gamma$ t: n=3 to 10 mice per group, CONV-R vs CONV-R+Angll and GF vs GF+Angll were compared. GATA-3: n=3 to 8 mice per group, CONV-R+Angll and GF+Angll were compared). D, Aortic iNOS and Nox2 mRNA expression. Kruskal–Wallis test with Dunn's multiple comparison, iNOS: n=4 to 12 mice per group, Nox2: n=4 to 12 mice per group. Angll indicates angiotensin II; CONV-R, conventionally raised; ECL, enhanced chemiluminescence; GATA-3, GATA binding protein 3; iNOS, inducible nitric oxide synthase; Nox2, NADPH oxidase 2; Ror $\gamma$ t, retinoic acid-related orphan nuclear receptor gamma t.

GF mice (Figure S1A and S1B). These results indicate a microbiota-induced augmentation of vascular type 1 immune response and a role of the microbiota for endothelial function.

Based on the concept that a type 1 immune response could favor Angll-induced vascular injury,<sup>18,26,27</sup> we further investigated the impact of microbiota on vascular dysfunction. For this purpose, we used C57BL/6 mice because this mouse strain is known to be the most suitable inbred strain to study arterial disease attributed to default Th<sub>1</sub> cell skewing, as observed, for instance, in a more-rapid development of atherosclerosis.<sup>28,29</sup> Angll-infused (1 mg/kg per day for 7 days) GF C57BL/6 mice were protected from ROS formation in the vessel wall as well as in whole blood compared to CONV-R mice (Figure 1A and 1B). Angll-infused CONV-R mice had increased aortic mRNA expression of the retinoic-acid receptor-related orphan receptor gamma t ( $Ror\gamma t$ ) directing IL-17A formation and of the Th2 cell transcription factor, GATA-3, which were not changed in the GF mouse model (Figure 1C). Vascular mRNA levels of the phagocyte type NADPH oxidase, *nox2*, and of inducible nitric oxide synthase (*inos*)—both indicating invasion of inflammatory cells as well as the generation of ROS/reactive nitrogen species—were reduced in Angll-infused GF mice compared to CONV-R mice (Figure 1D). These results suggest that conductance vessels of GF mice are less prone to vascular inflammation and production of vascular ROS upon Angll challenge and that this could be attributed to changed T-cell skewing.



**Figure 2.** Absence of gut microbiota attenuates Angll-induced vascular infiltration of myelomonocytic cells into the aortic vessel wall. CONV-R versus GF mice on C57BL/6 background±Angll (1 mg/kg per day) were studied after 7 days of in vivo treatment. A, Aortic Ccl-2 mRNA expression. Kruskal–Wallis test with Dunn's multiple comparison test, n=4 to 12 mice per group. B, Intravital videomicroscopy imaging of rolling leukocyte in carotid arteries of Angll-infused GF and CONV-R mice. Left panel, representative pictures; right panel, quantification. Kruskal–Wallis test with Dunn's multiple comparison test, n=3 to 5 mice per group. C, Flow cytometric analysis of total CD45.2<sup>+</sup> cells per aorta. Kruskal–Wallis test with Dunn's multiple comparison test, n=10 to 11 mice per group. D, Flow cytometric analysis of CD11b<sup>+</sup> cells as well as CD11b<sup>+</sup>Ly6G<sup>+</sup> and CD11b<sup>+</sup>Ly6G<sup>-</sup>Ly6C<sup>+</sup> cells per aorta. Pregating on living CD45<sup>+</sup> cells. Total cell numbers are shown in bar graphs. Kruskal–Wallis test with Dunn's multiple comparison test, n=10 to 12 mice per group. Below, representative fluorescence-activated cell sorting plots are given. AnglI indicates angiotensin II; Ccl-2, chemokine (C-C motif) ligand 2; CONV-R, conventionally raised; GF, germ-free.



**Figure 3.** Germ-free (GF) mice are protected from Angll-induced vascular dysfunction and blood pressure increase. CONV-R versus GF mice on C57BL/6 background $\pm$ Angll (1 mg/kg per day) were studied after 7 days of in vivo treatment. A and B, Cumulative concentration relaxation curves of isolated aortic rings in response to endothelium-dependent (ACh) and endothelium-independent vasodilatators (GTN). Two-way ANOVA, both n=6 to 15 mice per group. \**P*<0.05 versus CONV-R; <sup>†</sup>*P*<0.05 versus GF; <sup>‡</sup>*P*<0.05 versus GF+Angll. C, Blood pressure of CONV-R and GF mice with and without Angll challenge, measured by tail-cuff method. Kruskal–Wallis test with Dunn's multiple comparison, n=4 to 5 mice per group. D, Flow cytometric analysis of kidneys of CONV-R control mice and GF mice with and without Angll treatment. CD45<sup>+</sup> as well as CD11b<sup>+</sup> cells (pregated on living CD45<sup>+</sup> cells) per kidney in CONV-R control mice and GF mice  $\pm$ Angll treatment are shown in bar graphs. Statistical analysis was performed with 1-way ANOVA with Bonferroni post-hoc test, n=5 to 8 mice per group. Below, representative fluorescence-activated cell sorting plots are given. ACh indicates acetylcholine; Angll, angiotensin II; CONV-R, conventionally raised; GTN, glyceryl trinitrate.

# Angll-Induced Aortic Recruitment of Myelomonocytic Cells Is Reduced in Germfree Mice

The interplay and mutual activation of pro-inflammatory T cells with myelomonocytic cells is of great importance in the development of arterial hypertension.<sup>30–32</sup> Aortic mRNA expression of *Ccl-2* encoding for monocyte chemoattractant protein 1 (MCP-1), the most relevant chemokine for monocyte attraction in hypertension,<sup>15</sup> increased in response to Angll and was attenuated in GF mice. In contrast, neither aortic mRNA expression levels of *Agtr* nor of *VCAM-1*, both important for the direct action of Angll on the vasculature and for leukocyte adhesion, were influenced by the absence

of microbiota (Figure 2A and Figure S2A). We observed attenuated rolling and adhesion of leukocytes when analyzing the carotid arteries in AnglI-treated CONV-R and GF mice by intravital videomicroscopy (IVM; Figure 2B and Figure S2B). These results indicate a role for *Ccl-2* in leukocyte recruitment to the arterial vessel wall and for vascular dysfunction in colonized mice. In line with the reduced recruitment of myelomonocytic cells in GF mice, we detected a significant accumulation of CD45<sup>+</sup> inflammatory cells in aortas of AnglI-treated CONV-R mice that was blunted in GF mice (Figure 2C). More specifically, flow cytometric analysis of isolated aortic tissue revealed an increase of CD11b<sup>+</sup> myelomonocytic cells and of CD11b<sup>+</sup>Ly6G<sup>+</sup> neutrophils as well as inflammatory CD11b<sup>+</sup>Ly6G<sup>-</sup>Ly6C<sup>hi</sup> monocytes (Figure 2D) in response to



**Figure 4.** Angll-triggered cardiac fibrosis, as well as accumulation of myelomonocytic cells, is attenuated in GF mice. CONV-R versus GF mice $\pm$ Angll (1 mg/kg per day) were studied after 7 days of in vivo treatment. A, Cardiac sections were stained with Masson's trichrome (MTC) staining to assess fibrosis and analyzed by immunohistochemistry staining for MAC-2<sup>+</sup> as well as ELANE<sup>+</sup> cells to assess macrophage as well as neutrophil accumulation, respectively. B, Representative images of cardiomyocyte cross-sectional areas of cardiac sections. FITC-labeled wheat germ agglutinine probed cardiac membranes appear in green. C, Quantification. MAC-2, ELANE, and MTC: Kruskal–Wallis test with Dunn's multiple comparison of selected columns (CONV-R vs CONV-R Angll, GF vs GF Angll), n=3 to 4 mice per group. Cardiomyocyte (CM) area: Kruskal–Wallis test with Dunn's multiple comparison of selected columns (GF vs GF Angll, CONV-R Angll vs GF Angll), n=3 to 4 mice per group. Angll indicates angiotensin II; CONV-R, conventionally raised; GF, germ-free.

Angll, which was attenuated in the absence of gut microbiota. These findings suggest that MCP-1-dependent chemotaxis of myelomonocytic cells is mitigated in GF mice, leading to attenuated vascular inflammation.

# Angll-Induced Vascular Dysfunction, Arterial Hypertension, and Endorgan Damage Are Blunted in the Absence of Gut Microbiota

In contrast to CONV-R mice, GF mice were protected from Angll-induced vascular endothelial and smooth muscle dysfunction (assessed by concentration-relaxation curves of isolated aortic rings in response to ACh and GTN, respectively; Figure 3A and 3B). Importantly, the blunted immune phenotype of GF mice was not only linked to improved vascular function, but also prevented Angll-induced blood pressure increase in GF, compared to CONV-R, mice (Figure 3C). In parallel, levels of infiltrating CD45.2<sup>+</sup> and CD11b<sup>+</sup> cells were reduced in kidneys of Angll-treated GF mice in comparison to Angll-treated CONV-R mice (Figure 3D and 3E).

Clinical outcomes of patients with arterial hypertension are largely driven by end-organ damage, such as hypertensive heart or kidney disease. Angll infusion increased cardiac fibrosis and caused an accumulation of MAC-2<sup>+</sup> as well as ELANE<sup>+</sup> myelomonocytic cells in the heart of CONV-R mice, which was attenuated in GF controls (Figure 4A). Cardiomyocytes were hypertrophic in AnglI-infused CONV-R, but not in GF mice (Figure 4B). Accordingly, cardiac AnglIinduced hypertrophy and -contractility was reduced in GF, compared to CONV-R, mice, indicating that hypertensioninduced end-organ damage was attenuated by the absence of gut microbiota (Figure 5).

# Discussion

We demonstrate here that the absence of gut microbiota protects mice from Angll-induced arterial hypertension, vascular dysfunction, and hypertension-induced end-organ damage. This protection appears to be mediated by inhibition of accumulation of inflammatory myelomonocytic cells in the vasculature. It was discovered recently that a T-bet gradient determines development of innate lymphoid cells (ILCs) characterized by expression of ROR $\gamma$ t in gut lymphoid tissue. These ILCs are capable of forming IFN- $\gamma$  (controlled by T-bet) and IL-17 (controlled by RORyt) and share features of natural killer cells and cytotoxic T cells.<sup>33</sup> GF mice are characterized by altered IL-12 formation, T-bet/IFN- $\gamma$  signaling,<sup>33</sup> and ROR $\gamma$ t/IL-17 signaling.<sup>3,21</sup> In accord with that, mice that had been depleted of their enteric microbiota were partially protected from experimental encephalomyelitis attributed to an attenuated proinflammatory response.<sup>34</sup> Vice versa, GF mice develop an exaggerated Th<sub>2</sub> immune response in an allergic airway inflammation model with less pulmonary



**Figure 5.** End-organ damage in AnglI-induced hypertension is attenuated in GF mice. CONV-R versus GF mice $\pm$ AnglI (1 mg/kg per day) were studied after 7 days of in vivo treatment. A through C, Left ventricular (LV) ejection fraction (LVEF; %), LV mass (g), as well as intraventricular septum (IVS) thickness at diastole (mm) were measured and delineated by high-frequency ultrasound. Kruskal–Wallis test with Dunn's multiple comparison. n=4 mice per group; \**P*<0.05. D, Representative ultrasound pictures including IVS, left-ventricular internal diameter (LVID), as well as the left-ventricular posterior wall (LVPW) at diastole (over 500 ms). AnglI indicates angiotensin II; CONV-R, conventionally raised; GF, germ-free.

infiltration of CD11b<sup>+</sup> cells and less alveolar macrophages as compared to CONV-R mice.  $^{35}$ 

Importantly, all of the cytokine signaling outlined above has been shown to be causally involved in Angll-induced vascular dysfunction and arterial hypertension.<sup>18,19,36</sup> Our data indicate that this signaling is mechanistically involved in Angllinduced vascular dysfunction and is attenuated in the absence of gut microbiota.

Blood pressure was not different between GF and CONV-R mice under baseline conditions. This is compatible with observations made in mice where the gut microbiota has been decimated by antibiotic treatment.<sup>37,38</sup> However, the absence of gut microbiota conferred protection from blood pressure increase in response to AnglI in vivo. The observation that both the IL-17 and the IFN- $\gamma$  pathways, triggering mobilization, activation, and vascular infiltration of Ly6G<sup>+</sup> and Ly6C<sup>hi</sup> myelomonocytic cells, were attenuated in AnglI-infused GF mice, at least in part explains the critical role of the gut microbiota for promoting systemic inflammatory responses. The dampened type 1 immune response phenotype in GF mice resulted in blunted vascular oxidative stress as well as reduced vascular *nox2* and *inos* expression, which is mainly driven by inflammatory cells accumulating in the vasculature.<sup>12,39</sup>

In addition, aortic mRNA expression of Ccl-2 encoding for MCP-1, the ligand of the chemokine receptor, CCR-2, which is most important for myelomonocytic cell recruitment in response to Angll,<sup>15,16</sup> was reduced in GF, compared to CONV-R, mice. In our study, vascular Agtr1 levels were not affected by the absence of gut microbiota, and infiltrating myelomocytic cells chemoattracted by MCP-1 as well as by IL-17A are known to be required to mediate blood pressure increase in response to Angll.<sup>12,19</sup> Interestingly, lack of T-bet in the myeloid department will result in reduced IL-12 formation as well as in attenuation of the MCP-1/CCR-2 axis in the vasculature, with implications for Angll-induced hypertension.<sup>18</sup> Conversely, we have recently shown that monocytes with increased CCR-2 expression adhere more to the vascular endothelium.<sup>25</sup> It is therefore very likely that systemic attenuation of T-bet/IFN- $\gamma^{33}$  and ROR $\gamma$ t/IL-17<sup>3,21</sup> as well as MCP-1/CCR-2 signaling in GF mice could contribute to attenuation of Angll-induced vascular injury.

There are preliminary data that GF ApoE<sup>-/-</sup> mice are protected from high-fat-diet–induced atherosclerosis, the classical animal model of a chronic inflammatory vascular disease.<sup>40</sup> ApoE<sup>-/-</sup> mice eradicated by broad-spectrum antibiotics and fed a choline-rich diet were partially protected from vascular lesion formation and aortic infiltration of F4/80<sup>+</sup> macrophages.<sup>41</sup> It has been demonstrated that depletion of gut microbiota attenuates cardiac damage in experimental myocardial infarction.<sup>42</sup> We show here that Angll-induced expansion of CD11b<sup>+</sup> myelomonocytic cells in kidneys was reduced in GF mice. This is important, given that the kidney is

damaged by MCP-1-,<sup>43</sup> IL-17A-, and IFN-γ-driven inflammation<sup>44</sup> implicated in hypertension. Likewise, GF mice were protected from Angll-induced cardiac inflammation and remodeling. Additionally, cardiac function, which is impaired by Angll-driven and IFN-y-dependent immune cell infiltration,<sup>26,45</sup> was partially preserved in GF mice. This further corroborates the concept that microbiota facilitate the systemic inflammatory alterations induced by Angll and thereby may promote development of high blood pressure in vivo. Formation of commensal microbiota, an ecosystem that is acquired directly after birth, could therefore represent an environmental factor promoting Angll-induced high blood pressure and supporting development of Angll-induced cardiac hypertrophy. In conclusion, targeting the molecular pathways of systemic inflammation that are triggered by the gut microbiome might add to the therapeutic options to treat hypertension in the future. Acknowledgments

both a site for blood pressure regulation as well as an organ

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#### **Disclosures**

None.

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Supplemental Material



**Figure S1: Vascular function in mice in the presence and absence of gut microbiota. A-C**, Force evoked by aortic rings of GF, CONV-R and CONV-D mice following incubation with phenylephrine (vascular constriction, A) and vascular relaxation curves of aortas of GF, CONV-R and CONV-D mice following incubation with acetylcholine, ACh (endothelium-dependent vasorelaxation, B) and glyceryl trinitrate, NO (endothelium-independent vasorelaxation, C) are shown. In contrast to vascular constriction and endothelial function, smooth muscle dependent relaxation was unaffected by recolonization (Fig. 1C). Cumulative curves were analyzed by 2way-ANOVA and the maximal aortic evoked force was analyzed by 1-way ANOVA with Bonferroni post-hoc test, n=8-15 aortic rings per group. \*, p<0.05 vs. GF; #, p<0.05 vs. CONV-R. **D**, Tbx21 mRNA expression in CD4<sup>+</sup> splenocytes of GF, CONV-

R and CONV-D mice given as percentage of CONV-R mice (left graph) and of GF mice (right graph). Student's t-test, n=5-8 per group (left) and Mann Whitney test, n=16 per group (right). **E**, ELISA of the serum for IFN- $\gamma$ , IL-4 and IL-10 detection, Kruskal-Wallis test with Dunn's multiple comparison, n=4-6 mice per group.



**Figure S2: A**, Aortic VCAM-1 and Agtr1 mRNA expression. Kruskal-Wallis test with Dunn's multiple comparison test, n=4-12 mice per group. **B**, Leukocyte rolling assessed by intravital videomicroscopy imaging of the carotid arteries. n=3-4 mice per group.