

Hypersensitivity to pollen of four different species of *Brassica*: a clinico-immunologic evaluation in patients of respiratory allergy in India

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Background: Rapeseed-mustard is the second most important source of edible oil in India. Several species of *Brassica* are grown in different parts of country for its oilseeds.

Objective: The objective was to investigate allergenicity to antigenic extracts of pollen of 4 species of *Brassica*.

Methods: *Brassica campestris*, *Brassica juncea*, *Brassica nigra*, and *Brassica napus* were selected for the detailed investigation. Pollen samples from each of the four species were collected from the polliniferous materials. The antigenic and allergenic profiles of these extracts were evaluated by means of sodium dodecyl sulfate-polyacrylamide gel electrophoresis, Skin prick test, enzyme linked immuno sorbent assay and Western blot on atopic individuals.

Results: Out of the 159 atopic subjects tested, 21.38% were positive to at least one or other species of *Brassica* pollen, with highest skin positivity (13.20%) to *B. campestris* extract. Raised IgE with significant linear correlation with intensity of skin reactions was obtained. Protein fractions of 20, 25, 32, 37, 56, and 90 kDa were recognized by *B. campestris* and *B. juncea* whereas 56, 76, 87, and 90 kDa were recognized by *B. nigra* and *B. napus* as major IgE binding protein fractions. The patients also showed positivity to other inhalant pollen allergens tested.

Conclusion: IgE mediated hypersensitivity varied from 4.40% to 13.20% in Indian atopic subjects to pollen of one or the other species of *Brassica*. Protein fractions of 47, 56, 76, 87, and 90 kDa were identified as IgE binding by all the four species, however individual heterogeneity exists. Thus a local species may be more pertinent for immunotherapy. The major allergen needs to be further characterized.

Key words: Brassica; Pollen; Allergenicity; Immunoglobulin E; India

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INTRODUCTION

As early as in 1954, Colldahl [1] ascribed a case of conjunctivitis, rhinitis and asthma by rape pollen. Aerobiological surveys in India have quantitated its aerial pollen incidence of *Brassica* spp to be 1.5–6.5% of the total annual pollen catch and as high pollen producer [2–4]. Several workers from United Kingdom (UK) and Europe have examined the potential role of oilseed rape during the last two decades as evident by spurt of publications on the subject [5–10]. Bugur and Arner [11] reported sensitization in 23% of atopic cases from Scandinavia whereas in Austria, 7.1% of pollen-allergic patients showed sensitization to rape pollen [6]. However from UK, a prevalence of less than 0.2% allergy to oilseed rape pollen has been reported [5]. Due to differences in the degree of sensitization as reported by different groups, it was considered important to get to the bottom of this problem in India.

Backed by the legacy of India's 5,000-year-old civilization, rapeseed-mustard is the second most important source of edible oil in India grown for vegetable, essential oil and condiment. It occupies a sizable share (15.2%) of country's gross cropped area [12]. Of the several species on the Indian subcontinent, *Brassica campestris*, *Brassica juncea*, *Brassica nigra*, and *Brassica napus* are the most extensively cultivated. In spite of such extensive cultivation, there has been no systematic evaluation of the relative sensitization pattern of the various species of *Brassica* in India. Therefore, the present work was aimed at assessing sensitization to pollen of commonly cultivated species in atopic population.

MATERIALS AND METHODS

Collection of pollen of *Brassica* spp from fields

Polliniferous materials from *B. campestris*, *B. juncea*, *B. nigra*, and *B. napus* were collected during three months of flowering from agricultural plots specifically cultivated for these species at Indian Agricultural Research Institute, Delhi, during December 2004 to May 2005. After drying at 37°C for few days, pollen were procured by gently crushing heads and passing through different grades of sieves. Pollen purity as per the method of Cour and Loublier [13] was checked and samples with more than 90% purity were used for antigen extraction.

Preparation of pollen extracts

The extraction was carried out at Antigen Production Laboratory of the Institute of Genomics & Integrative Biology as per standard protocol [14]. Briefly, the defatted pollen were suspended (1:20 weight/volume [w/v]) in Ammonium Bi-Carbonate Buffer (pH 7.4), containing 2mM ethylenediaminetetraacetic acid and 1mM phenyl methyl sulfonyl fluoride for overnight at 4°C. The extracts were centrifuged for 20 minutes at 12,000 rpm at 4°C, lyophilized and stored. Protein content was estimated as per Lowry's method with slight modification [14].

Study population

Patients from in and around Delhi having respiratory symptoms attending allergy Clinic from January 2005 to September 2006 were included. The inclusion criterion for selection was those patients suffering with either bronchial asthma (BA) or allergic rhinitis (AR) or both as assessed by clinical and hematological parameters at allergy clinics. The Institutional Ethics Committee had approved the study and written informed consent was obtained from each participant. In case of minors, consent was taken from parents. During the first visit, detailed medical questionnaire of the participating subjects were filled, instructions for disuse of antihistamines were given under clinical supervision. Altogether, 194 patients were recruited for investigation but 35 did not participate due to different reasons such as distance from Delhi, illness, lack of interest. Thus, only 159 atopic patients were found eligible for assessment of allergy due to *Brassica* pollen.

Skin prick test

Skin prick test (SPT) were performed on 159 atopic cases according to standard protocol by trained personnel with extracts of pollen of *B. campestris*, *B. juncea*, *B. nigra*, *B. napus*. and with panel of inhalant allergens comprising of *Artemisia scoparia*, *Amaranthus spinosus*, *Cannabis sativa*, *Chenopodium album*, *Cyanodon dactylon*, *Holoptelia integrifolia*, *Imperata cylindrica*, *Morus alba*, *Prosopis juliflora*, *Xanthium strumarium* and house dust mite (*Dermatophagoides farinae*) to find out sensitization in the atopic patients.

Briefly, a drop of the glycerinated extract (50%) was placed on the volar aspect of the forearm, pricked with a 23 G sterile needle and skin was slightly raised to allow antigen to enter. The wheal and flare reactions were graded after 20 minutes. Histamine

dihydrochloride (1 mg/mL) was used as positive control and 50% glycerinated buffer as negative control. Skin reactions were graded as per the criteria outlined by Singh et al. [15] and cases showing positivity of 2+ and above were considered as markedly positive. Sera were collected from SPT positive patients and normal healthy volunteers (n = 50) for immunoassays of pollen extracts.

Quantification of IgE antibodies to Brassica (ELISA)

Total serum IgE

Total serum IgE was estimated with the help of the sandwich enzyme-linked immunosorbent assay (ELISA) technique. Monoclonal antihuman IgE antibody (Bethyl Laboratories Inc., Montgomery, TX, USA) was coated (1µg/well) onto ELISA plate (Nunc Maxisorp, A/S Roskilde, Denmark) and incubated overnight at 4°C. Washing with phosphate buffered saline (PBS) was carried after each step. IgE calibrators and serum samples diluted (1:10 volume/volume [v/v]) were added to the wells and incubated overnight at 4°C. After repeated washings, detection antibody anti human IgE conjugated to horse radish peroxidase (diluted 1: 10,000 v/v) was added to the plates and incubated at room temperature for 3 hours. The colour reaction was developed with ABTS (2'2' azino bis tetra sulphonic acid), and optical density (OD) was measured at 405 nm using an ELISA reader Spectra Max (Molecular Devices, Sunny Bell, CA, USA). A standard curve was generated using IgE calibrators and was plotted on a Lin-Log graph. All values are expressed in IU/mL (1 IU/mL= 2.4 ng/mL).

Estimation of Brassica specific IgE

Allergen-specific IgE antibodies against pollen of *Brassica* extracts were measured by ELISA [16]. Briefly, microtitre plates (Maxisorp; Nunc TM Immunomodule, Roskilde, Denmark) were coated with 20-µg protein in 100 µL per well in carbonate buffer (pH 9.6). Nonspecific sites were blocked by 2% bovine serum albumin (BSA), washed and incubated with sera of the individual patients (1:10 v/v). The serum from healthy volunteers was tested as negative controls. After washing, the plates were incubated for 2 hours with antihuman IgE-HRP (1:1000 v/v; Sigma Chemical Co., St Louis, MO, USA) in PBS. Colour was developed and the absorbance was read at 492 nm. Percent binding was calculated for each sample relative to control sera as follows:

$$\text{Percentage binding} = \frac{\text{OD value of individual patient sera} - \text{OD value of control sera}}{\text{Mean OD value of highly positive sera} - \text{OD value of control sera}} \times 100$$

Sera showing more than 30% binding were considered to have significantly raised specific IgE against respective pollen antigen.

Immunoblot

Pollen proteins of *B. campestris*, *B. juncea*, *B. nigra*, and *B. napus* proteins were resolved onto 12 % sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). Resolved proteins were electrophoretically transferred on to nitrocellulose membrane, blocked with BSA and incubated with individual patients' sera (1:5 v/v) positive to pollen of *Brassica* extract. As a control, a strip blotted with respective protein extract was incubated with pooled sera of 5 healthy volunteers (1:5 v/v). After washing, horseradish peroxidase labeled antihuman IgE (1:1000 v/v) was added and further developed [17]

Statistical analysis

Depending on the result, variables showing normal distribution were analyzed by Pearson product moment correlation coefficient and Student *t*-test. The *p*<0.05 level was considered significant.

RESULTS

Participant characteristics

The mean age of the 159 patients was 28.5 years (2–65 years) with 80:79 female vs. male ratio as in Table 1. The ratio of smokers to nonsmokers was 47:112. Of the symptomatic group, 77 patients (48.4%) suffered from BA with AR, 38 (23.9%) showed only AR, 44 had BA (27.7%) alone. The mean age of the AR patients 25.45 years, mean age of BA was 22.20 years, mean age of BA + AR is 26.91 years. The mean age of 50 healthy volunteers was 25.63 years (22–35 years) with 24:26 female and male ratio.

Protein profile of Brassica extracts

The protein content varied from 0.1 mg/mL (1:20 w/v) (*B. juncea* var. Kranti) to 1.2 mg/mL (*B. napus* var. Early napus) however *B. campestris* var. Rajendra sarson and *B. nigra* var. Tall recorded 1.0 mg/mL and 0.9 mg/mL of protein content. Since protein is recognized as the allergenic substance, we analyzed the protein profile of different species of *Brassica* pollen as reported earlier [18]. The SDS-PAGE protein profile of four *Brassica* pollen species

Table 1. Demographic profile of 159 atopic subjects enrolled for skin test to *Brassica* antigen

Parameter	Patient group (n = 159)						Healthy volunteers (Control, n = 50)	
	AR (n = 38)		Asthma (n = 44)		Asthma with AR (n = 77)			
Sex,								
Male/female	18 (47.37)	20 (52.63)	24 (54.56)	20 (45.45)	37 (48.05)	40 (51.95)	26 (52.0)	24 (48.0)
Age (yr)	23.63 ± 10.87	27.12 ± 10.14	21.32 ± 15.77	23.29 ± 9.46	29.61 ± 15.14	25.07 ± 10.07	25.77 ± 3.31	25.43 ± 2.75

Values are presented as number (%) or mean ± standard deviation.

AR, allergic rhinitis.

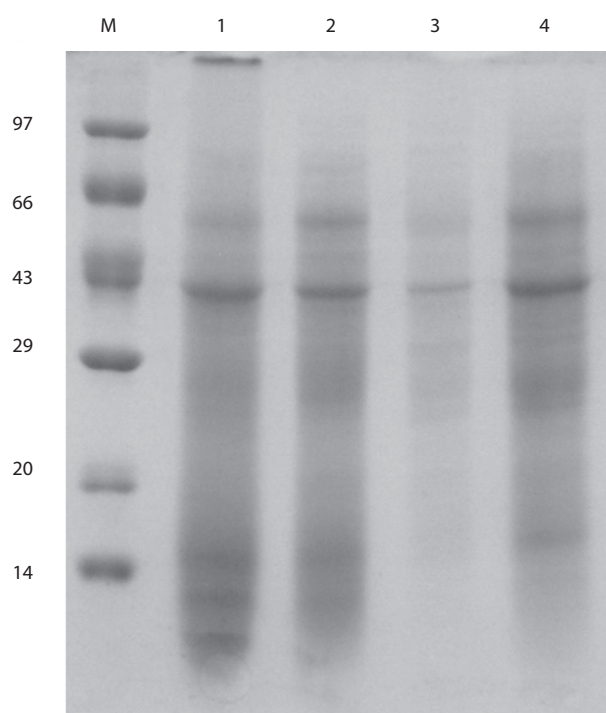


Fig. 1. Comparative protein profile of water soluble extracts of four different species of *Brassica* pollen. M, Marker; Lane 1, *Brassica campestris* var. Rajendra sarson; 2, *Brassica juncea* var. Kranti; 3, *Brassica nigra* var. Tall; 4, *Brassica napus* var. Early napus.

is provided in Fig. 1. The extracts fractionated in to 14–17 bands in the molecular weight (mol wt) range of 14–110 kilo Dalton (kDa). Low mol wt protein of below 15 kDa and high mol wt protein of 110 kDa were separated in all the four species.

SPT reactivity

Among 4 species of *Brassica* pollen, *B. campestris* showed highest (2+ and above) skin prick response in 13.2% cases tested, followed by *B. juncea* with 11.9% and *B. nigra* showing positivity in 5.0% cases. The lowest skin reactivity was recorded with *B. napus*

pollen in 4.4% cases only. When the mild positive skin reaction of 1+ was also included, 23.9% showed positivity to *B. campestris*, 26% to *B. juncea*, 16.9% to *B. nigra* and 12.5% to *B. napus* pollen extract (Table 2).

Out of the 30 subjects showing skin positivity (2+ and above) to at least one species of *Brassica* pollen, 17 (56.6%) cases reacted to at least 2 species of *Brassica* pollen or more. A total of 12 cases showed positivity to *B. campestris* and *B. juncea* simultaneously. However, if the clinically mild positive skin test positive reaction (1+) is also included, then out of 70 cases, 46 (65.7%) showed positivity to 2 or more species of *Brassica* pollen.

The skin test results with other common inhalant allergens on the above participants showed 22.6% positivity (2+ and above) from as high as in 27.6 % cases to *Cyanodon* followed by 24.11% to *Amaranthus* and 21.4% to dust mite and least to 7.09% to *Morus* extract.

Total serum IgE

The total serum IgE values in the patient group as compared with control group (i.e., healthy volunteers) is significantly high ($p = 0.0008$) (Fig. 2A).

Total IgE in atopic patients tested varied from 12 IU/mL to 2,208 IU/mL with a mean of 200.84 IU/mL. The mean total IgE of female vs. male is 197.76 IU/mL vs. 204 IU/mL. A positive correlation was observed between total serum IgE and skin test reactivity against different species of *Brassica* pollen ($r = 0.2716$) (Fig. 2B).

Brassica pollen specific IgE in the sera of skin test positive cases

The mean optical density value in cases with raised specific IgE to pollen are 0.28 ± 0.08 to *B. campestris*, 0.32 ± 0.11 to *B. juncea*, 0.33 ± 0.1 to *B. nigra*, and 0.34 ± 0.15 to *B. napus* pollen. While analyzing the percentage binding in the positive cases tested (1+ and above) as compared to healthy controls, 17 cases showed

>30% binding to *B. campestris*, 14 against *B. juncea*, 11 cases against *B. nigra*, and 10 cases against *B. napus* as in Table 3. A positive correlation as in Fig. 2C was observed between the specific IgE titers in different groups of patients with intensity of skin positivity ($r = 0.70$) against pollen of different species of *Brassica*.

Immunoblot

The IgE binding proteins in different *Brassica* extracts as identified by immunoblot is presented. Pooled sera of ELISA positive patients against *B. campestris* pollen antigen showed 10 IgE binding protein fractions as in Fig. 3. They had mol wt of 15, 20, 25, 32, 37, 47, 56, 76, 87, and 90 kDa. In 17 cases positive to *B. campestris*, protein fraction of mol wt 20, 25, 32, 37, 56, 76, 87, and

90 kDa were detected as IgE binding in more than 70% of cases (Table 4).

Sera of ELISA positive patients against *B. juncea* pollen antigen showed 10 IgE binding protein fractions as in Fig. 4. They had mol wt of 15, 20, 25, 32, 37, 47, 56, 76, 87, and 90 kDa. Protein fraction of mol wt 56, 47, and 37 kDa are of high intensity. Protein fraction of mol wt 15, 20, 25, 32, 37, 56, and 90 kDa were detected as IgE binding in more than 70% of cases (Table 4)

Sera of ELISA positive patients against *B. nigra* pollen antigen showed 7 IgE binding protein fractions as in Fig. 5. They had mol wt of 15, 47, 56, 76, 87, and 90 kDa, protein fraction of 67 kDa was also detected as IgE binding. Protein fractions of 15, 56, 67, 76, 87, and 90 kDa were detected in more than 70% of cases (Table 4)

Sera of ELISA positive patients against *B. napus* pollen antigen showed 8 IgE binding protein fractions as in Fig. 6. In *B. napus*, protein fraction of 32, 37, 47, 56, 67, 76, 87, and 90 kDa were identified as IgE binding. Protein fraction of mol wt 87, 76, and 67 kDa are of high intensity. Protein fraction of mol wt 56, 76, 87, and 90 kDa was detected in more than 70% of cases (Table 4).

The IgE binding protein fractions identified in different species of *Brassica* pollen is analyzed in Table 5. Protein fraction of 90, 87,

Table 2. Skin prick test results with pollen extracts from four different species of *Brassica* conducted on 159 patients with respiratory symptoms

<i>Brassica</i> pollen	Positivity (1+ to 4+)	Positivity (2+ to 4+)
<i>Brassica campestris</i>	38 (23.9)	21 (13.2)
<i>Brassica juncea</i>	42 (26.0)	19 (11.9)
<i>Brassica nigra</i>	27 (16.9)	8 (5.0)
<i>Brassica napus</i>	20 (12.5)	7 (4.4)

Values are presented as number (%).

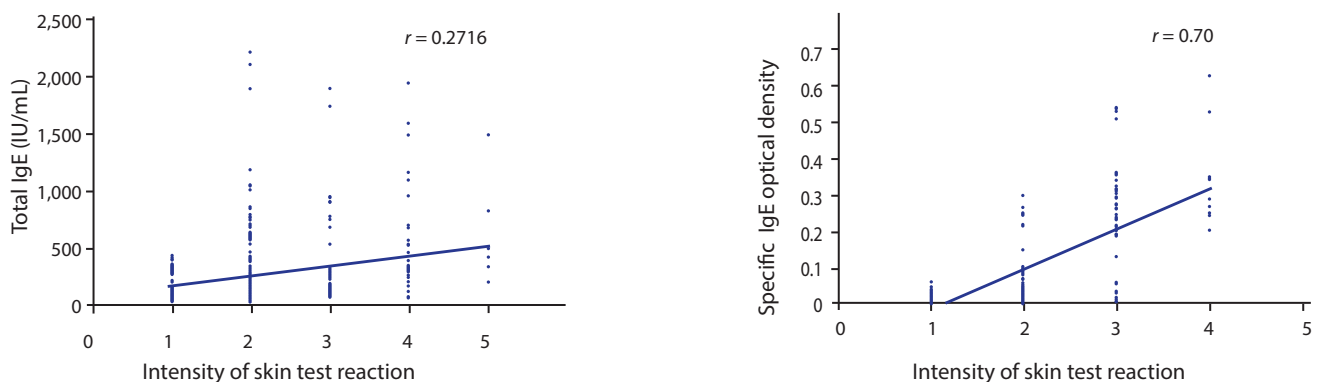


Fig. 2. (A) Comparison of total IgE with intensity of skin test reactions against pollen of *Brassica* in atopic cases. 1, healthy volunteer; 2, negative skin test; 3, 1+ skin test response; 4, 2+ skin test response; 5, 3+ and above skin test response. (B) Comparison of specific IgE with intensity of skin test reactions against pollen of *Brassica* in atopic cases. 1, negative skin test; 2, 1+ skin test response; 3, 2+ skin test response; 4, 3+ and above skin test response.

Table 3. Specific IgE (optical density) of patients showing increased percent (%) binding to different species of *Brassica* pollen

<i>Brassica</i> pollen species	No. of cases tested (1+ to 3+)	<15%	15–30%	30–60%	>60%
<i>Brassica campestris</i>	38	19	2	9	8
<i>Brassica juncea</i>	42	26	2	8	6
<i>Brassica nigra</i>	27	15	1	8	3
<i>Brassica napus</i>	20	10	0	7	3

76, 56, 47 kDa were recognized by all the 4 species. *B. campestris* and *B. juncea* showed similar IgE binding protein fractions. Protein fraction of 67 kDa is recognized as IgE binding in *B. nigra* and *B. napus* only (Fig. 6).

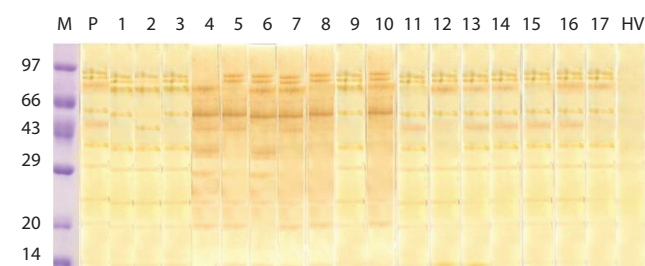


Fig. 3. Immunoblot of pollen of *Brassica campestris* carried out with individual sera positive to it. M, molecular weight standards; P, pooled sera of positive sera; Lane 1–17, individual sera positive to pollen of *B. campestris*; HV, pooled sera of healthy volunteers.



Fig. 4. Immunoblot of pollen of *Brassica juncea* carried out with individual sera positive to it. M, molecular weight standards; P, pooled sera of positive sera; Lane 1–14, individual sera positive to pollen of *B. juncea*; HV, pooled sera of healthy volunteers.

DISCUSSION

Allergic diseases such as BA, AR, and atopic dermatitis are

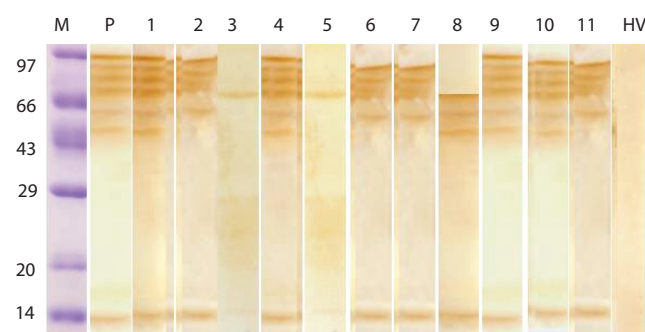


Fig. 5. Immunoblot of pollen of *Brassica nigra* carried out with individual sera positive to it. M, molecular weight standards; P, pooled sera of positive sera; Lane 1–11, individual sera positive to pollen of *B. nigra*; HV, pooled sera of healthy volunteers.

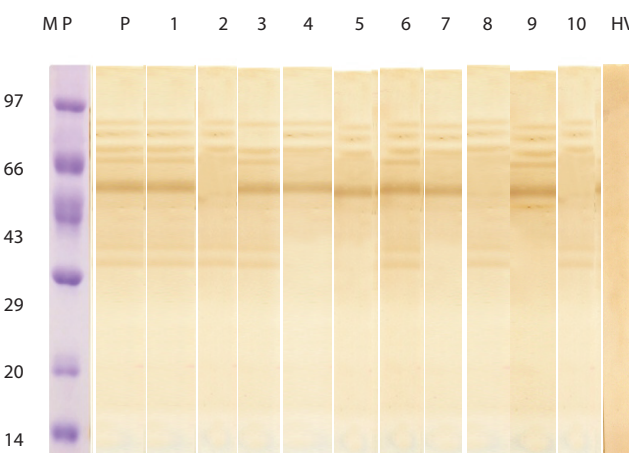


Fig. 6. Immunoblot of pollen of *Brassica napus* carried out with individual sera positive to it. M, molecular weight standards, P, pooled sera of positive sera; Lane 1–10, individual sera positive to pollen of *B. napus*; HV, pooled sera of healthy volunteers.

Table 4. Frequency of IgE antibodies against different oilseed rape pollen allergens in patients positive to Immunoblot

<i>Brassica</i> pollen species	Mol wt (kD)										
	15	20	25	32	37	47	56	67	76	87	90
<i>Brassica campestris</i>	52.9	70.6	76.4	76.4	70.6	58.8	94.1	-	76.4	94.1	94.1
<i>Brassica juncea</i>	78.5	85.7	85.7	85.7	92.8	64.3	92.8	-	57.1	57.1	85.7
<i>Brassica nigra</i>	81.8	-	-	-	-	45.4	81.8	100	72.7	72.7	63.6
<i>Brassica napus</i>	-	-	-	60.0	50.0	20.0	70.0	40.0	100	90.0	100

Values are presented as %.
Mol wt, molecular weight.

dramatically increasing all over the world including developing countries like India. Skin reactivity in respiratory allergic patients against *Brassica* pollen suggests it as an important aeroallergen [19]. According to Food and Agricultural Organization (FAO) Statistical data 2004, India ranks third in rapeseed-mustard production, lead by China and Canada respectively. However, precise scientific information on allergenicity to *B. campestris*, *B. juncea*, *B. nigra*, and *B. napus* being commonly cultivated in India has been lacking. With the increase in the acreage of the crop, concern has grown with regard to human health particularly to allergens. We studied the IgE mediated sensitization pattern as well as heterogeneity in allergenicity to the four cultivated species of *Brassica* in patients of respiratory allergy from India.

Allergological data about OSR is scarce and controversial. In our study, we have analyzed the sensitization pattern to the four species of *Brassica* pollen on the same set of atopic cases

using SPT, ELISA, and Immunoblot analysis. Among atopic cases, 21.38% had positive SPT to at least one of the species of *Brassica*. Variability in skin reactivity was observed with 13.20% positivity against *B. campestris* as compared to 4.4% against *B. napus* pollen. Similar to this, Castro et al. [20] also observed significant variations in the average reactivity of allergic patients to SPT's to pollen from different olive tree cultivars. However, lower sensitization to *B. nigra* and *B. napus* as compared to *B. campestris* and *B. juncea* might also be attributed to the fact that the latter are the most extensively cultivated species in India. Thus greater the cultivation provides high exposure of pollen to population and thus higher sensitization according to Thommen's postulate [21]. Most of the cases (65.7%) showed sensitization to at least two species of *Brassica*. In the majority of cases, sensitization to rape was found together with multiple sensitizations to other inhalant allergens supporting the view that rape hypersensitivity typically is an

Table 5. IgE binding protein fractions in the sera of atopic cases showing raised IgE to different species of *Brassica* pollen

Mol wt (kD)	<i>Brassica</i> pollen species							
	<i>B. campestris</i> var. Rajendra sarson		<i>B. juncea</i> var. Kranti		<i>B. nigra</i> var. Tall		<i>B. napus</i> var. Early napus	
	Protein profile	IgE binding protein fractions	Protein profile	IgE binding protein fractions	Protein profile	IgE binding protein fractions	Protein profile	IgE binding protein fractions
90	+	+	+	+	+	+	+	+
87	+	+	+	+	+	+	+	+
76	+	+	+	+	+	+	+	+
67	+	-	+	-	+	+	+	+
56	+	+	+	+	+	+	+	+
47	+	+	+	+	+	+	+	+
40	+	-	+	-	+	-	+	-
37	+	+	+	+	+	-	+	+
35	-	-	-	-	-	-	+	-
32	+	+	+	+	+	-	+	+
30	-	-	+	-	+	-	+	-
25	+	+	+	+	+	-	+	-
22	+	-	+	-	+	-	+	-
20	+	+	+	+	-	-	+	-
18	+	-	+	-	+	-	+	-
16	+	-	+	-	+	-	+	-
15	+	+	+	+	+	+	+	-
No. of IgE binding protein fractions	10		10		7		8	

B. campestris, *Brassica campestris*; *B. juncea*, *Brassica juncea*; *B. nigra*, *Brassica nigra*; *B. napus*, *Brassica napus*; Mol wt, molecular weight; var., variety.

additional phenomenon in atopics [5].

The total serum IgE concentration in the patient group as compared with control groups is highly significant. The IgE levels in Indian allergic patients is significantly related to atopy, but due to wide overlap of IgE levels in patients and healthy subjects, its diagnostic significance in Indian population seems to be limited [22]. Therefore, to establish sensitization, specific IgE to *Brassica* species was considered as diagnostic tool for allergenicity. Raised allergen specific IgE to respective *Brassica* pollen has been recorded in skin test positive cases. The difference in mean specific IgE values obtained against *B. campestris*, *B. juncea*, *B. nigra*, and *B. napus* is not statistically significant.

In an earlier study, Singh et al. [23] reported only 4 protein fractions as IgE binding as compared to 10 IgE binding fractions in our study with pollen of *B. campestris*. This difference might be caused by the use of very different protein extraction and by the use of pollen from commercial sources, corresponding to undetermined cultivars. Interestingly, protein fractions of mol wt 47, 56, 76, 87, 90 kDa are identified as IgE binding in all the four species of *Brassica* and provides good source of allergen standardization. Hemmer et al. [6] also identified IgE binding protein fractions of 12/14 and in the high molecular weight range at 33, 42, 51, 58/61, and 70 kDa in *B. napus*. Some workers also reported allergens of 14 kDa as well as high molecular weight cluster (27–69 kDa) comprising of six cross reactive allergenic protein in oilseed rape pollen [6, 19]. Protein fractions of mol wt 15, 20, and 25 kDa in *B. nigra* and 20, 25, 32, and 37 kDa in *B. napus* are not recognized as IgE binding. Lower cultivation leading to low airborne pollen suspected to cause lower sensitization might explain this variability. Focke et al. [19] also indicated that allergen profiles seem to be similar among pollen of *Brassica* species as comparable allergens were described by them in *B. napus* and by Singh et al. [23] in *B. campestris*. There is a need to rule out number of protein fractions showing IgE binding to all four species for the glycoprotein suspected to be cross reactive protein [24] in some cases.

In our study, the different species of *Brassica* were cultivated in experimental field especially for this study. Hence monitoring on each step has checked the intermingling of pollen on species level, which would not have been possible otherwise in Indian scenario where there is no clear demarcation in the growing areas on species level of *Brassica*. Our study confirms that patients display different SPT responses when tested with pollen extracts of the same genus but different species. The relative amount

of major allergen as well as a putative linkage between patient origin and the prevalence of allergy to local species deserve close attention. Our results further conclude that *Brassica* pollen does act as an allergen and hence should be considered as a potentially relevant factor in pollen allergy and OSR attributed adverse effects in particular along with other common inhalant allergens. For clinical safety and efficacy of the extracts, the present study will help in standardization of pollen extract of *Brassica* being commercially produced and also used for diagnosis and immunotherapy in India.

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