

# Cost-effectiveness analysis of oral versus intravenous drip infusion of levofloxacin in the treatment of acute lower respiratory tract infection in Chinese elderly patients

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**Aim:** Pharmacoeconomic cost-effectiveness analysis of two different dosage regimens of levofloxacin in the treatment of acute lower respiratory tract infection in elderly patients.

**Methods:** A total of 108 elderly patients with acute lower respiratory tract infection who visited by our hospital between September 2013 and September 2014 were randomly divided into Group A and Group B, with 54 patients in each group. In Group A, levofloxacin injection was given for continuous intravenous infusion treatment, whereas in Group B, levofloxacin injection and levofloxacin capsule were given as sequential therapy (ST). The period of treatment for both the groups was 10 days, and minimum cost analysis was used to analyze the treatment.

**Results:** Groups A and B had cure rates of 61.1% and 59.3% ( $P>0.05$ ), effective rates of 88.9% and 83.3% ( $P>0.05$ ), bacterial clearance rates of 96.3% and 92.6% ( $P>0.05$ ), and incidence rates of adverse reactions of 7.4% and 3.7% ( $P>0.05$ ), respectively. Treatment costs of Groups A and B were 1,588 RMB and 1,150 RMB, respectively, whereas the cost-effectiveness of the two groups was at 17.86 and 13.81, respectively ( $P<0.05$ ).

**Conclusion:** Levofloxacin ST had relatively higher cost-effectiveness ratio for the treatment of acute lower respiratory tract infection in elderly patients, especially Chinese.

**Keywords:** Pharmacoeconomic, cost-effectiveness, dosage, elderly patient, treatment cost, Chinese

## Introduction

Respiratory tract infection includes upper respiratory tract infection and lower respiratory tract infection. The former, one of the most common infectious diseases, was referred to acute inflammation from nasal cavity to the throat, and the latter, also a commonly seen infectious disease, could be cured only in the condition that an effective antibiotic is selected based on the identification of the pathogen that has caused the infection. Acute lower respiratory infections (ALRIs) continue to be an important cause of acute illnesses and mortality worldwide (especially in elderly people).<sup>1,2</sup> The main reasons that cause acute lower respiratory tract infection in the elderly include<sup>3</sup>: 1) decreased immunity due to aging of the body, 2) weakened natural ventilation function and airway scavenging ability due to lower central cough reflex, 3) aspiration pneumonia, 4) mental factors, 5) changes in the climatic environment, and 6) bacterial infections.

The *Global Burden of Diseases, Injuries, and Risk Factors Study 2010 (GBD 2010)* estimates that there were 2.8 million deaths because of lower respiratory infections

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globally in 2010 (5.3% of the total deaths).<sup>2</sup> The main etiological agents responsible for ALRI include bacteria (*Streptococcus pneumoniae*, *Haemophilus influenzae* type b, *Staphylococcus aureus*, etc), viruses, and fungi. Respiratory syncytial virus, human influenza viruses, human parainfluenza viruses type 1, 2, and 3 (PIV-1, PIV2, and PIV-3), human rhinoviruses, adenoviruses, human metapneumovirus, human coronavirus, and human bocavirus have been identified among patients with ALRI.<sup>4-7</sup>

Over the past decade, the development of successive generations of fluoroquinolones such as levofloxacin, grepafloxacin, sitafloxacin, sparfloxacin, trovafloxacin, moxifloxacin, gatifloxacin, and gemifloxacin has been prompted primarily by the lesser in vitro potency of the original second-generation agents, such as ciprofloxacin, against *S. pneumoniae*.<sup>8-11</sup>

However, in China, levofloxacin is still the classical drug for ALRI treatment. With the development of pharmacoeconomics and continuously enhanced self-care awareness, antimicrobial therapy – sequential therapy (ST) has started to be applied for clinical use.<sup>12,13</sup> This study used levofloxacin injection and levofloxacin capsule as the treatment method, analyzed the clinical and economic effects of “intravenous to oral” ST for the treatment of lower respiratory tract bacterial infection.<sup>14-16</sup> This treatment method was compared with continuous intravenous infusion treatment to provide statistical reference for clinical use.

## Methods

### Patient selection and clinical evaluation

The inclusion criteria were 1) hospitalized patients at the age of  $\geq 60$  years, 2) patients diagnosed with lower respiratory tract bacterial infection according to clinical symptoms and through chest X-ray examination, 3) phlegm bacteriological culture for pathogen growth, and 4) patients who underwent no other antibiotic treatment recently. Exclusion criteria were 1) sensitivity to levofloxacin, 2) functional abnormality in liver and kidney, 3) mental or neurological diseases history, and 4) patients with complex infection treated by combination therapy.

Between September 2013 and September 2014, a total of 108 hospitalized patients satisfied the aforementioned criteria and agreed to participate in clinical trials. The patients included 52 male and 56 female patients aged between 58 and 76 years; 15 had bronchiectasis with infection, 16 had bacterial pneumonia, 8 had tuberculosis with infection, and 69 had acute attack of chronic obstructive pulmonary disease. The patients were randomly divided into Group A and Group B, each

containing 54 patients. No significant difference was found in the two groups through  $\chi^2$  examination ( $P > 0.05$ ). As seen in Table 1, comparability of the data existed.

### Treatment method

Group A had 200 g intravenous infusion of levofloxacin, bid. Upon the improvement of patients' condition, intravenous infusion was continued. The total treatment period was 10 days. Group B had ST, which first involved 200 g intravenous infusion of levofloxacin, bid, for 5 days until patients' condition improved and then oral intake of 200 mg levofloxacin capsule, bid, for 5 days.<sup>17-19</sup> The total treatment period for both the groups was 10 days.

### Clinical observation and auxiliary examination

Sputum bacteria culture and sensitivity test<sup>20</sup> were performed before and after the treatment, so did the hematuria routine, liver and kidney function test, and chest X-ray examination. Patients' clinical symptoms, signs and adverse reactions, hemogram and other parameters were recorded daily after treatment.

### Efficacy evaluation criteria

“Guideline for clinical use of antimicrobial drugs” published by the Ministry of Health was applied for efficacy evaluation by 4 levels: recovery, significantly improved, improved, and no effect. “Recovery” and “significantly improved” were used for the calculation of efficacy rate. Bacteriological efficacy was evaluated by the clearance or nonclearance of bacterial strain after the treatment period.

### Calculation of cost

Treatment costs of lower respiratory tract bacterial infection included both direct and indirect costs. Direct costs were divided into direct medical expenses and direct nonmedical expenses. Direct medical expense included the medicine cost

**Table 1** Clinical information of the two groups (n=54 in each group)

Clinical information	Group A	Group B
Sex (male/female)	27/27	25/29
Age (years)	68.5±6.1	67.9±5.9
BMI (kg/m <sup>2</sup> )	24.3±3.2	23.9±2.7
Bronchiectasis with infection	7	8
Bacterial pneumonia	9	7
Tuberculosis with infection	4	4
Chronic obstructive pulmonary disease acute attack	34	35

**Note:** Data presented as mean  $\pm$  standard deviation or n.

**Abbreviation:** BMI, body mass index.

**Table 2** Expenses for the two groups of patients (n=54 in each group)

Expenses	Group A	Group B
Medicine expenses	538	284
Hospitalization expenses	450	326
Examination expenses	480	480
Administration expenses	120	60
Total	1,588	1,150

(mainly the cost of medicine, intravenous infusion, and other materials), administration costs (including intravenous infusion and nursing cost), examination cost, and hospitalization cost. Nonmedical expenses, which included transportation and accommodation costs, were not included in this article. Indirect costs mainly included patients' salary loss because of hospitalization or medical treatment. Since the period of hospitalization for patients with lower respiratory tract bacterial infection was relatively short, this article only included direct costs. The calculation of total medicine costs was based on the medicine price in our hospital in September 2013. Among them, the cost of 100 mg/piece levofloxacin injection was 26.9 RMB per piece and 100 mg/piece Levofloxacin capsule, which had 12 pieces in each box, was 18.0 RMB-per box. Therefore, the medicine costs of each group were:  $C_A = 26.9 \times 2 \times 10 = 538$  RMB;  $C_B = 26.9 \times 2 \times 5 + 1.5 \times 2 \times 5 = 284$  RMB.

## Ethical considerations

Ethical approval was obtained from the Clinical Research Ethics Committee of the Shanghai Pulmonary Hospital. Permission to conduct the study in the selected center was also obtained. The subjects participated voluntarily in the study and were informed of its purposes. A written informed consent was obtained from every eligible subject.

## Results

### Comparison of costs

In this research, apart from medicine expenses for the 2 groups of patients, other costs included hospitalization

cost, examination cost, administration cost, and so on. Thus, this study calculated the total expenses for the 2 groups of patients as shown in Table 2.

According to Table 2, the average cost of Group A and B was 1,588 RMB and 1,150 RMB, respectively, with statistical differences ( $P < 0.05$ ). As for medicine costs only, Group A had 254 RMB more than Group B.

### Clinical efficacy ratio

According to Table 3, most patients in Group A could benefit from the treatment, with a cure rate of up to 61.1% and an effective rate of 88.9% effective rate = (Number of recovered patients + significant patients)/(total number of patients  $\times 100$ ). In Group B, the cure rate and effective rate were 59.3% and 83.3%, respectively, with no statistically significant differences between the 2 results ( $P > 0.05$ ). However, compared to the group treated with continuous intravenous infusion, clinical results show that Group B had more patients with "improved" and "no effect" results but no statistically significant differences (9.3% vs 13.0%, 1.9% vs 3.7%,  $P > 0.05$ ).

### Bacteriological efficacy

According to Table 4, the positive rates of 2 bacteriological cultures were both 100%. After 1 treatment period, most of the bacteria could be removed from the 2 groups. Group A had a bacterial strain clearance rate of 96.3%. Apart from several *S. aureus* and *Pseudomonas aeruginosa*, all others could be cleared. Group B had similar clearance situation with that of Group A. The difference was that in Group B, 1 *Serratia* patient was not cleared. The overall bacterial strain clearance rate was 92.6% with no statistically significant differences ( $P > 0.05$ ).

### Minimum cost evaluation

The purpose of cost-effectiveness analysis was to determine the treatment plan with the least cost for certain treatment effect, which was represented by the cost per unit of

**Table 3** Clinical efficacy for the two groups

Type of disease	Initial condition		Recovery		Significant		Improved		No effect	
	Group A	Group B	Group A	Group B	Group A	Group B	Group A	Group B	Group A	Group B
Bronchiectasis with infection	7	8	4	5	2	2	1	1		
Bacterial pneumonia	9	7	4	3	3	2	2	2		
Tuberculosis with infection	4	4	2	2	2	1	0	1		
Chronic obstructive pulmonary disease acute attack	34	35	23	22	8	8	2	3	1	2
Total	54	54	33	32	15	13	5	7	1	2
Percentage			61.1	59.3	27.8	24.0	9.3	13.0	1.9	3.7

**Table 4** Results of bacteriological examination of the two groups after treatment

Bacterial strain types	Group A			Group B		
	No of bacterial strain	No of clearance	No of non-clearance	No of bacterial strain	No of clearance	No of non-clearance
<i>Staphylococcus aureus</i>	5	4	1	5	3	2
<i>Serratia</i>	4	4	0	5	4	1
<i>Staphylococcus epidermidis</i>	5	5	0	5	5	0
<i>Escherichia coli</i>	6	6	0	6	6	0
<i>Pseudomonas aeruginosa</i>	8	7	1	8	7	1
<i>Klebsiella pneumoniae</i>	11	11	0	12	12	0
$\alpha$ -Hemolytic streptococcus	15	15	0	13	13	0
Total	54	52	2	54	50	4
Percentage		96.3	3.7		92.6	7.4

performance. Since the 2 groups had no significant difference in results, incremental cost-effectiveness analysis was not conducted. Cost-effectiveness analysis was carried out as shown in Table 5.

### Sensitivity analysis

Often, it was difficult to measure the variables in pharmacoeconomic research accurately, and many factors that were difficult to control also had influence on the analysis results. Therefore, assumed or estimated data would be applied. Sensitivity analysis was to verify the influence of different assumptions or estimations on the analysis of the results. It was assumed that the treatment cost would increase by 10% and the medicine cost would decrease by 10%. Sensitivity analysis produced almost the same results, which were shown in Table 6.

### Adverse drug reactions

During this research, no obvious adverse reaction was found in any of the 2 groups. Among them, Group A had 4 cases of adverse reactions, 1 with nausea, 1 with epigastric discomfort, and 2 with central nervous system symptoms including dizziness and insomnia. The adverse reaction incidence rate was at 7.4%, but all the reactions could be tolerated with no influence on clinical treatment. Group B had 2 patients with adverse reactions, both showed gastrointestinal symptoms including epigastric discomfort and nausea. The adverse reaction incidence rate was 3.7%. After examination, no

obvious adverse reactions in liver, kidney, and hematopoietic systems were found among the 2 groups.

### Discussion

ST<sup>21,22</sup> was a type of administration applied during antibiotic treatment of severe infectious diseases that involves parenteral administration (usually intravenous administration) at the early stage and then, after the patients' condition was improved (usually 3–5 days after administration), oral antibiotics were used. In general, it was changed among the same medicine with different formulations, from one level of antibacterial drugs to a lower level, or between the same level. The therapeutic and economic value of antibacterial drugs in ST was gaining more attention.

Levofloxacin has been established as one of the leading fluoroquinolone agents during the past 10 years. It was the levo form and active ingredient of ofloxacin. It has the doubled antibacterial activity of ofloxacin, less adverse reaction, and better pharmacokinetic characteristics, gradually replacing ofloxacin. It has shown clinical efficacy in ALRI similar to that of gatifloxacin and is at least as efficacious as the third-generation cephalosporins.<sup>23,24</sup> Extensive clinical data have confirmed good tolerability of levofloxacin without the phototoxicity or hepatic and cardiac AEs found with some other newer fluoroquinolone drugs. Therefore, levofloxacin

**Table 5** Results of cost-effectiveness analysis of the two groups

Group	C	E	C/E
	Total treatment cost (RMB)	Effectiveness rate (%)	
Group A	1,588	88.9	17.86
Group B	1,150	83.3	13.81

**Abbreviations:** C, cost; E, effectiveness.

**Table 6** Results of cost-effectiveness sensitivity analysis of the two groups

Assumptions	Groups	C	E	C/E
		Total treatment cost (RMB)	Effectiveness rate (%)	
Treatment cost increased by 10%	Group A	1,693	88.9	19.04
	Group B	1,236.6	83.3	14.85
Medicine cost decreased by 10%	Group A	1,534.2	88.9	17.26
	Group B	1,121.6	83.3	13.46

**Abbreviations:** C, cost; E, effectiveness.



offers a combination of documented efficacy and tolerability and has an established place in the routine treatment of bacterial infections, including ALRI.<sup>25,26</sup>

Findings of this research showed that either the levofloxacin intravenous infusion group or the levofloxacin “intravenous to oral” group had shown significant difference in clinical efficacy, incidence of adverse reactions, and bacterial clearance rate. However, the pharmaco-economic cost–benefit analysis showed that the total cost and antimicrobial costs of the ST group were significantly lower than that of the continuous intravenous infusion group. It was also the case with the sensitivity analysis. Patients treated with ST could go home and continue the oral treatment if his/her condition was stable after the change of administration method (oral capsules). This could not only reduce the treatment cost but also lower the probability of complications developed in hospitals. The purpose of ST was to minimize the utilization of resources with the same treatment effect and reduce adverse reactions of the medicine and intravenous medication. Levofloxacin was easy to be absorbed orally with wide distribution in vivo and bioavailability >90%.<sup>27,28</sup> Results of this research demonstrated that levofloxacin ST could be applied as an effective method for the treatment of lower respiratory tract infection in the elderly. This treatment method is particularly valuable in countries like China, which has a huge population and insufficient medical resources.

## Disclosure

The authors report no conflicts of interest in this work.

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