Neth Heart J (2021) 29:643–653 https://doi.org/10.1007/s12471-021-01565-8



## Aortic valve implantation-induced conduction block as a framework towards a uniform electrocardiographic definition of left bundle branch block

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Accepted: 17 March 2021 / Published online: 30 April 2021 © The Author(s) 2021

#### Abstract

*Introduction* New-onset left bundle branch block (LBBB) following transcatheter or surgical aortic valve replacement (LBBB<sub>AVI</sub>) implies a proximal pathogenesis of LBBB. This study compares electrocardiographic characteristics and concordance with LBBB definitions between LBBB<sub>AVI</sub> and non-procedure-induced LBBB controls (LBBB<sub>control</sub>).

*Methods* All LBBB<sub>AVI</sub> patients at Ghent University Hospital between 2013 and 2019 were enrolled in the study. LBBB<sub>AVI</sub> patients were matched for age, sex, ischaemic heart disease and ejection fraction to LBBB<sub>control</sub> patients in a 1:2 ratio. For inclusion, a non-strict LBBB definition was used (QRS duration  $\geq$  120 ms, QS or rS in V1, absence of Q waves in V5-6). Electrocardiograms were digitally analysed and classified according to three LBBB definitions: European Society of Cardiology (ESC), Strauss and American Heart Association (AHA).

*Results* A total of 177 patients (59 LBBB<sub>AVI</sub> and 118 LBBB<sub>control</sub>) were enrolled in the study. LBBB<sub>AVI</sub> patients had more lateral QRS notching/slurring (100% vs 85%, p=0.001), included a higher percentage with a QRS duration  $\geq$  130 ms (98% vs 86%, p=0.007) and had a less leftward oriented QRS axis (-15° vs -30°,

**Supplementary Information** The online version of this article (https://doi.org/10.1007/s12471-021-01565-8) contains supplementary material, which is available to authorized users.

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p=0.013) compared to the LBBB<sub>control</sub> group. ESC and Strauss criteria were fulfilled in 100% and 95% of LBBB<sub>AVI</sub> patients, respectively, but only 18% met the AHA criteria. In LBBB<sub>control</sub> patients, concordance with LBBB definitions was lower than in the LBBB<sub>AVI</sub> group: ESC 85% (p=0.001), Strauss 68% (p<0.001) and AHA 7% (p=0.035). No differences in electrocardiographic characterisation or concordance with LBBB definitions were observed between LBBB<sub>AVI</sub> and LBBB<sub>control</sub> patients with lateral QRS notching/slurring. *Conclusion* Non-uniformity exists among current LBBB definitions concerning the detection of proximal LBBB. LBBB<sub>AVI</sub> may provide a framework for more

**Keywords** Left bundle branch block · Transcatheter aortic valve replacement · Surgical aortic valve replacement · QRS notching

consensus on defining proximal LBBB.

#### What's new?

- Lateral QRS notching/slurring is an essential criterion for diagnosing proximal left bundle branch block (LBBB).
- The use of different LBBB definitions results in discordance when scoring LBBB.
- Aortic valve implantation (AVI)-induced LBBB showed the highest concordance with the 2013 European Society of Cardiology and Strauss definitions.
- AVI-induced LBBB provides a framework for uniform criteria for true proximal LBBB.

			LBBB <sub>AVI</sub> ( <i>n</i> = 59)	LBBB <sub>control</sub> (n = 118)	<i>p</i> -value
Clinical charact	eristics				
	Median age (years)		82 (75;85)	81 (75;84)	Matched
	Male		25 (42)	50 (42)	Matched
	BMI (kg/m <sup>2</sup> ) BSA (m <sup>2</sup> ) Coronary artery disease		$26 \pm 4.5$	$26 \pm 4.1$	0.592
			$1.80 \pm 0.207$	$1.80 \pm 0.207$	0.920
			23 (39)	46 (39)	Matched
	Acute coronary syndro	ome	6 (10)	12 (10)	Matched
Echocardiograp	hic measurements				
	End-diastolic diamete	er (mm)	$47 \pm 6.0$	$48 \pm 7.7$	0.506
	Left ventricular mass/	/BSA (g/m <sup>2</sup> )	$102 \pm 28.9$	$103 \pm 36.4$	0.562
	Left ventricular systolic function				Matched
		Normal (≥ 55%)	41 (70)	82 (70)	
		Mildly reduced (45–54%)	9 (15)	18 (15)	
		Moderately reduced (30-44%)	7 (12)	14 (12)	
		Severely reduced (< 30%)	2 (3)	4 (3)	
ECG measurem	ents				
	PR interval (ms)		191 (168;208)	174 (158;204)	0.072
	QRS duration (ms)		148 (140;160)	145 (136;154)	0.074
	Frontal QRS axis (°)		–15 (–37;11)	-30 (-45;-3)	0.013
	R wave peak time (lead I) (µV)		58 (50;70)	62 (56;72)	0.065
	Notching/slurring lateral leads		59 (100)	100 (85)	0.001
	Notching/slurring inferior leads		49 (83)	83 (70)	0.067
	Notching/slurring V1-	2	12 (20)	6 (5)	0.002

 Table 1
 Clinical, echo- and electrocardiographic characteristics of aortic valve implantation (AVI)-induced left bundle branch block (LBBB<sub>AVI</sub>) and matched control LBBB (LBBB<sub>control</sub>) patients

BMI body mass index, BSA body surface area

#### Introduction

Left bundle branch block (LBBB) in humans was first recorded electrocardiographically in 1914 [1]. Multiple criteria for LBBB have been proposed since, based on experimental canine studies [1, 2], human case studies [3], electrophysiological data [4] and observations in cardiac resynchronisation therapy (CRT) responders [1, 5–7]. However, the electrocardiographic pattern of LBBB has not been fully clarified and various LBBB definitions are currently used [1, 8–10], resulting in significant discordance when scoring LBBB in clinical practice [7, 11].

Although conduction block may theoretically occur at any level in the His-Purkinje network, growing evidence suggests that only proximal left bundle branch (LBB) lesions cause 'true' LBBB [12] and that only 'true' LBBB is considered a strong predictor of CRT response in heart failure patients [6, 13]. Notching or slurring of the QRS complex during LBBB has been linked to a proximal origin of the LBB conduction block and might be considered a key feature of proximal LBBB [14, 15]. A limitation of current LBBB definitions is that they are not exclusively based on electrocardiographic observations in patients with proximal LBBB, which may contribute to the heterogeneity in LBBB definitions. New-onset LBBB after transcatheter (TAVR) or surgical aortic valve replacement (SAVR) implies a proximal pathogenesis of LBBB and may provide a 'framework' towards uniform criteria for proximal LBBB. In this study, we compare the electrocardiographic characteristics and LBBB definitions in aortic valve implantation (AVI)-induced LBBB to a non-procedureinduced LBBB control group.

#### **Methods**

#### Study populations

Enrolled in the study were all patients with AVI-induced LBBB (LBBB<sub>AVI</sub>), including both patients with TAVR- and SAVR-induced LBBB, at Ghent University Hospital between January 2013 and June 2019. All patients with a primary TAVR and SAVR procedure and without pre-existing LBBB were screened. Exclusion criteria were pre-procedural ventricular pacing and peri-procedural permanent pacemaker implant. Presence of acute LBBB was scored within 24h following TAVR/SAVR.

A control group of LBBB patients (LBBB<sub>control</sub>) consisted of randomly selected LBBB patients at Ghent University Hospital. LBBB<sub>control</sub> patients were matched for age, sex, left ventricular ejection fraction (LVEF),

		LBBB <sub>AVI</sub> $(n = 59)$	LBBB <sub>control</sub> (n=118)	<i>p</i> -value
LBBB definition features	s	(11-00)	(1-110)	
Q	RS duration $\geq$ 120 ms	59 (100)	118 (100)	NP
Q	RS duration $\geq$ 130 ms	58 (98)	101 (86)	0.007
Q	RS duration $\ge$ 130 ms in females and $\ge$ 140 ms in males	56 (95)	95 (81)	0.012
Q	S or rS in V1	59 (100)	118 (100)	NP
A	bsence of Q waves in V5-6	59 (100)	118 (100)	NP
A	bsence of Q waves in V5-6 and I	57 (97)	111 (94)	0.720
A	bsence of Q waves in V5-6, I and aVL	50 (85)	92 (78)	0.286
Pi	resence of Q waves in aVL	9 (15)	26 (22)	0.286
R	wave peak time $> 60  \text{ms}$ in V5-6	16 (27)	20 (17)	0.113
R	wave peak time $> 60 \text{ ms}$ in V6 only	30 (51)	60 (51)	1.000
N	otching/slurring in V5-6, I or aVL	59 (100)	100 (85)	0.001
N	otching/slurring in V5-6, I and aVL	32 (54)	37 (31)	0.003
N	otching/slurring in $\geq$ 2 leads (I, aVL, V1-2, V5-6)	59 (100)	93 (79)	< 0.001
LBBB definitions				
E	SC 2013 definition	59 (100)	100 (85)	0.001
Si	trauss definition	56 (95)	80 (68)	<0.001
A	HA 2009 definition	10 (17)	8 (7)	0.035
AHA 2009 definition var	riations			
A	bsence of Q waves in V5-V6-I and R wave peak time $>$ 60 ms in V5-6	10 (17)	8 (7)	0.035
A	bsence of Q waves in V5-V6-I-aVL and R wave peak time $>$ 60 ms in V5-6	10 (17)	8 (7)	0.035
A	bsence of Q waves in V5-V6-I and no R wave peak time criterion	31 (53)	37 (31)	0.006
A	bsence of Q waves in V5-V6-I-aVL and no R wave peak time criterion	28 (48)	35 (30)	0.020
Values are number (%)				

 Table 2
 Agreement with various left bundle branch block (*LBBB*) definitions among aortic valve implantation (*AVI*)-induced

 LBBB (*LBBB<sub>AVI</sub>*) and matched control LBBB patients (*LBBB<sub>control</sub>*)

Values are number (%)

AHA American Heart Association, ESC European Society of Cardiology, NP not possible

history of coronary artery disease (CAD) and acute coronary syndrome to the LBBB<sub>AVI</sub> group in a 2:1 ratio. In both the AVI and control groups, LBBB was defined according to broad conventional criteria (QRS duration (QRSD)  $\geq$  120 ms, QS or rS in lead V1 and absence of Q waves in leads V5 and V6) [16]. The study was approved by the ethics committee of Ghent University Hospital.

#### Electrocardiographic analysis and LBBB definitions

Electrocardiograms (ECGs) were recorded at a sweep speed of 25 mm/s and a calibration of 10 mm/mV, and digitally stored in the MUSE ECG database (GE Healthcare, Chicago, IL, USA). All ECGs were independently reviewed by two investigators and classified according to three currently used LBBB definitions: European Society of Cardiology 2013 (ESC 2013) [9], Strauss et al. [1] and American Heart Association 2009 (AHA 2009) [10] (see Electronic Supplementary Material, Fig. S1). Continuous electrocardiographic characteristics (QRSD, QRS axis, R wave peak time (RWPT)) were digitally analysed by the Marquette 12SL algorithm (GE Healthcare) [17]. RWPT was defined according to the Minnesota Code [18].

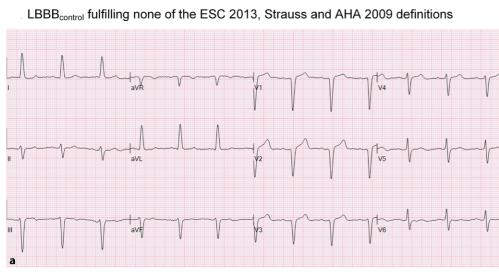
#### Validation of proposed criteria for proximal LBBB

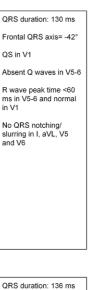
Based on our observations in LBBB<sub>AVI</sub>, we adapted currently used LBBB criteria and propose a revised definition of LBBB. The revised definition was validated in consecutive LBBB patients (broad criteria) who underwent implantation of a CRT device at Ghent University Hospital according to current guidelines (LVEF <35%) [9] and who were categorised as CRT super-responders (LBBB<sub>CRT</sub>) based on improvement in LVEF to >45% after at least 6 months of CRT therapy at a prospective echocardiographic examination between October 2018 and August 2020. All pre-implant ECGs were reviewed by an investigator blinded to the revised LBBB criteria.

#### Statistical analysis

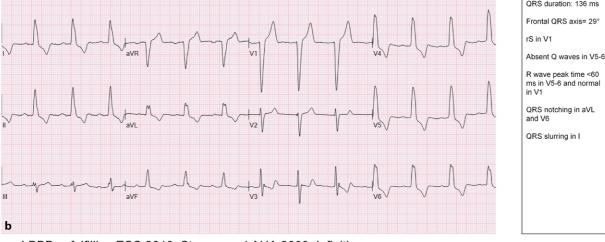
Categorical variables are expressed as absolute number (percentage). Continuous variables are expressed as mean (±standard deviation) in the case of Gaussian distribution or median (1st quartile; 3rd quartile) if data are non-Gaussian distributed. Normality was tested using the Shapiro-Wilk test. To compare means/medians of two variables, Student's *t*-test and the Mann-Whitney U test were used. Comparison of categorical variables among groups was performed by

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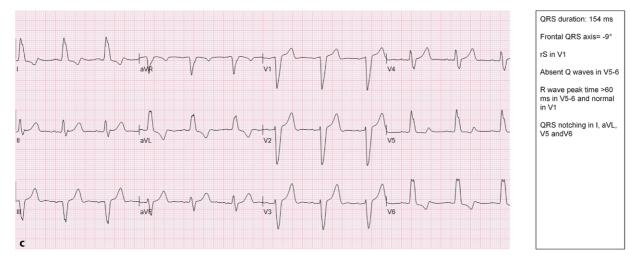




LBBBAVI fulfilling ESC 2013 and Strauss definition



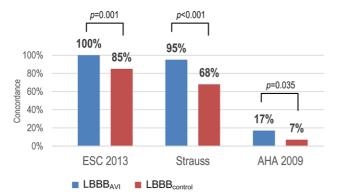
LBBB<sub>AVI</sub> fulfilling ESC 2013, Strauss and AHA 2009 definition



**Fig. 1 a** Electrocardiogram of an 85-year-old control patient with non-procedure-induced left bundle branch block (*LBBB<sub>control</sub>*) fulfilling none of the European Society of Cardiology (*ESC*) 2013, Strauss and American Heart Association (*AHA*) 2009 definitions. **b** Electrocardiogram of a 72-year-old

patient with left bundle branch block following aortic valve implantation (*LBBB<sub>AVI</sub>*) fulfilling the ESC 2013 and Strauss definitions. **c** Electrocardiogram of a 86-year-old LBBB<sub>AVI</sub> patient fulfilling the ESC 2013, Strauss and AHA 2009 definitions





**Fig. 2** Classification according to currently used left bundle branch block (LBBB) definitions among aortic valve implantation-induced LBBB (*LBBB*<sub>AVI</sub>) patients and a non-procedure-induced LBBB control group (*LBBB*<sub>control</sub>)

Fisher's exact test and chi-square test. Linear regression analysis was used to assess the effects of clinical, echo- and electrocardiographic parameters on QRSD. Statistical significance was set at a two-tailed probability level of <0.05. All statistical analyses were performed using SPSS software (version 26.0, IBM, Armonk, NY, USA).

#### Results

#### Characteristics of patients with new-onset LBBB<sub>AVI</sub>

A total of 59 LBBB<sub>AVI</sub> patients (34 TAVR and 25 SAVR patients, median age 82 years, 42% male) were enrolled in the study. The characteristics of the TAVR and SAVR patients are shown in the Electronic Supplementary Material (Table S1). All patients had severe aortic valve stenosis with an aortic valve area <  $1.0 \text{ cm}^2$  as the indication for TAVR/SAVR. Pre-procedural conduction disease (left anterior/posterior hemiblock or intraventricular conduction delay) was observed in 8 (15%) patients. All patients developed LBBB immediately during implantation or within 24h post-procedure. Except for age, no significant differences were observed between TAVR and SAVR patients.

With the occurrence of LBBBAVI, QRSD increased from 94 (86;100) ms to 148 (140;160) ms  $(p\!<\!0.001)$ (Tab. 1). An LBBB QRSD of  $\geq$  130 ms was observed in 98% of patients and, with regard to the Strauss definition, 95% of patients met the sex-specific QRSD cut-off (Tab. 2). Notably, 100% of females had a QRSD  $\geq$ 130 ms and 88% of males had a QRSD  $\geq$ 140 ms. QRSD in LBBB<sub>AVI</sub> males was longer than in females  $(154 \ [145;162] \text{ ms vs } 145 \ [138;153] \text{ ms, } p=0.006).$  No other electrocardiographic differences were observed between the sexes. In a multivariate linear regression model including age, height, weight, sex, CAD and end-diastolic diameter, only male sex was independently associated with increased QRSD ( $\beta$  = 11.49; p=0.039). The baseline frontal QRS axis shifted from 9  $(-15;45)^{\circ}$  to -15  $(-37;11)^{\circ}$  post-AVI (p=0.001). In 72% of LBBB<sub>AVI</sub> patients with a normal QRS axis (90%), a leftward shift was observed.

## Electrocardiographic analysis of LBBB<sub>AVI</sub> and LBBB<sub>control</sub>

The 59 LBBB<sub>AVI</sub> patients were matched to 118  $LBBB_{control}$  patients. The characteristics of  $LBBB_{AVI}$  and  $LBBB_{control}$  patients are shown in Tab. 1. Representative ECGs are shown in Fig. 1. No clinical or echocardiographic differences were observed between the two groups.

All LBBB<sub>AVI</sub> patients presented with QRS notching/ slurring in the lateral leads (I, aVL, V5 or V6), whereas this was present in only 85% (100) of the LBBB<sub>control</sub> group (p=0.001). Inferior (lead II, III or aVF) and septal (lead V1 or V2) QRS notching/slurring was also more prevalent in the LBBB<sub>AVI</sub> group (83% vs 70%, p=0.067 and 20% vs 5%, p=0.002, respectively).

Overall, QRSD was not significantly different between the two groups, neither was RWPT. However, patients with LBBB QRSD  $\geq$  130 ms (98% vs 86%, p=0.007) and patients meeting the Strauss sex-specific QRSD cut-off (95% vs 81%, p=0.012) were more frequently observed in the LBBB<sub>AVI</sub> group.

#### Classification according to current LBBB definitions

Of all LBBB<sub>AVI</sub> patients, 100% met the ESC 2013 and 95% the Strauss LBBB definition, whereas only 17% of patients met the AHA 2009 definition (Tab. 2, Fig. 2). Low concordance with the AHA definition is explained by the low prevalence of QRS notching/slurring combined in all four lateral leads (54%, Tab. 2). Interestingly, except for one patient, all LBBB<sub>AVI</sub> patients had QRS notching in at least two lateral leads (I, aVL, V5 or V6). Furthermore, only 27% of patients had an RWPT  $>60\,\mathrm{ms}$  in both leads V5 and V6, contributing to the low agreement with the AHA 2009 definition. When the analysis was restricted to the first three AHA 2009 criteria only, 48-53% of LBBB<sub>AVI</sub> patients fulfilled the AHA 2009 definition. The presence of a Q wave in lead aVL minimally reduced adherence to the AHA 2009 definition (Tab. 2).

In the LBBB<sub>control</sub> group, concordance with the different definitions was significantly lower than in the LBBB<sub>AVI</sub> group: ESC 2013 85% (p=0.001) and Strauss 68% (p<0.001) (Tab. 2, Fig. 2). The lower agreement with the different LBBB definitions is explained by: (1) lower prevalence of lateral notching/slurring (85% vs 100%, p=0.001) and (2) the higher number of patients with a shorter QRSD (QRSD ≥130 ms, 86% vs 98%, p=0.007) in the LBBB<sub>control</sub> group. Only 7% of patients fulfilled the AHA 2009 definition (p=0.035, compared to LBBB<sub>AVI</sub>). As in the LBBB<sub>AVI</sub> group, low concordance with the AHA 2009 criteria is caused by a low combined prevalence of QRS notching/slurring in all four lateral leads (31%) and most patients not meeting the RWPT criterion (83%).

		LBBB <sub>CRT</sub> (n=33)	<i>p</i> -value compared to LBBB <sub>AVI</sub>
Clinical character	istics	(	
	Median age (years)	61 (48;71)	
	Male	17 (52)	
	Coronary artery disease	6 (18)	
	Acute coronary syndrome	1 (3)	
Echocardiograph	ic measurements		
	End-diastolic diameter (mm)	$61 \pm 7.7$	
	End-systolic diameter (mm)	$52 \pm 9.1$	
	End-diastolic volume (ml)	$185 \pm 48.0$	
	End-systolic volume (ml)	$135 \pm 37.0$	
	Left ventricular ejection fraction (%)	$27 \pm 5.9$	
ECG measuremei	nts		
	PR interval (ms)	180 (156;194)	0.103
	QRS duration (ms)	160 (155;173)	<0.001
	Frontal QRS axis (°)	-12 (-38;6)	0.937
LBBB definition fe	eatures		
	QRS duration $\ge$ 120 ms	33 (100)	NP
	QRS duration $\ge$ 130 ms	32 (97)	0.149
	QRS duration $\ge$ 130 ms in females and $\ge$ 140 ms in males	31 (94)	0.369
	QS or rS in V1	33 (100)	NP
	Absence of Q waves in V5-6	33 (100)	NP
	Notching/slurring in V5-6, I or aVL	33 (100)	NP
	Notching/slurring in V5-6, I and aVL	25 (76)	0.047
	Notching/slurring in $\geq$ 2 leads (I, aVL, V1-2, V5-6)	32 (97)	0.359
LBBB definitions			
	ESC 2013 definition	33 (100)	NP
	Strauss definition	32 (97)	1.000
	AHA 2009 definition	11 (33)	0.119
	AHA 2009 definition without R wave peak time criterion	23 (70)	0.127

 
 Table 3
 Baseline clinical, echo- and electrocardiographic characteristics of cardiac resynchronisation therapy (CRT) superresponders with left bundle branch block (LBBB) before CRT implantation

Values are mean ± standard deviation, median (first quartile; third quartile) or number (%) AHA American Heart Association, ESC European Society of Cardiology, NP not possible

## Subanalysis of LBBB<sub>AVI</sub> versus LBBB<sub>control</sub> with presence of lateral QRS notching

Comparison of LBBB<sub>AVI</sub> patients and LBBB<sub>control</sub> patients with lateral QRS notching/slurring is shown in the Electronic Supplementary Material (Table S2).

No differences in frontal QRS axis, nor in QRSD and number of patients with QRSD  $\geq$  130 ms were observed between the LBBB<sub>AVI</sub> group and the LBBB<sub>control</sub> group with lateral notching. Furthermore, concordance with the different LBBB definitions was comparable between LBBB<sub>AVI</sub> patients and LBBB<sub>control</sub> patients with lateral notching, but not when comparing LBBB<sub>AVI</sub> versus LBBB<sub>control</sub> without lateral notching.

#### Extrapolation of LBBB<sub>AVI</sub> features to LBBB<sub>CRT</sub>

Clinical, echo- and electrocardiographic characteristics of the 33 CRT responders (median age 61 (48;71) years, 52% male) are summarised in Tab. 3. During a median follow-up of 53 (20;77) months, as per definition, LVEF increased from  $27\pm5.9\%$  to  $54\pm7.5\%$  (p<0.001). Except for an increased QRSD (160 [155;173] ms vs 148 [140;160] ms, p<0.001) and a higher prevalence of QRS notching/slurring in all four lateral leads (76% vs 54%, p=0.047) in the LBBB<sub>CRT</sub> group, no differences in electrocardiographic features or agreement with the LBBB definitions were observed between LBBB<sub>AVI</sub> and LBBB<sub>CRT</sub>.

#### Discussion

#### Main findings

This study assesses and reviews electrocardiographic features of LBBB in a population with proximal LBBB, i.e. patients with AVI-induced LBBB. As all LBBB<sub>AVI</sub> patients had lateral QRS notching/slurring, QRS notching/slurring in the lateral leads is fundamental in the diagnosis of proximal LBBB. The LBBB<sub>AVI</sub> group



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### **Original Article**

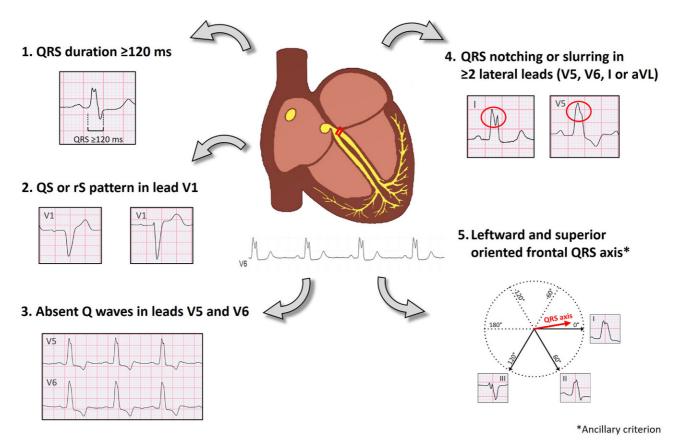


Fig. 3 Proposed criteria for proximal left bundle branch block

showed high concordance with ESC 2013 and Strauss definitions, but low agreement with the AHA 2009 definition. Our observations in LBBB<sub>AVI</sub> were compared to matched LBBB patients from a general population, showing a higher number of patients with QRSD  $\geq$  130 ms, a higher prevalence of lateral QRS notching/slurring and a higher concordance with LBBB definitions in the LBBB<sub>AVI</sub> group.

#### Obstacles in defining LBBB

Current controversy in defining LBBB is primarily related to the difficulty in identifying patients with 'true' electrocardiographic LBBB. As studies over the past century have included patients with various types of conduction delay (proximal vs distal, focal vs diffuse), this obviously resulted in heterogeneous LBBB electrocardiographic patterns and criteria. Furthermore, most current LBBB definitions are derived from the same 1985 consensus criteria [19], but with different adaptations and interpretations (Electronic Supplementary Material, Fig. S1).

#### True LBBB and proximal LBBB: two of a kind?

Although the importance of QRS notching/slurring was acknowledged even in early LBBB definitions [1, 20, 21], CRT was fundamental to the understanding of the relationship between electro-mechanical

dyssynchrony in LBBB and a subset of LBBB electrocardiographic patterns with lateral QRS notching/ slurring ('true' LBBB) [1, 13]. Patients without 'true' LBBB morphology were shown to demonstrate less electromechanical dyssynchrony [22], and absence of QRS notching/slurring resulted in less clinical and echocardiographic improvement than in true LBBB patients [6]. Experimental animal studies [14], His bundle pacing [23] and recent mapping studies [15] were able to link these 'true' LBBB electrocardiographic patterns with QRS notching to a proximal block in the LBB.

In our procedure-induced LBBB population, QRS notching/slurring was the most distinctive electrocardiographic characteristic of proximal LBBB. Our findings are in line with observational TAVR studies [24, 25] and a recent mapping study by Upadhyay et al., showing that QRS notching had the highest sensitivity and best negative predictive value to diagnose proximal LBBB [15]. Moreover, most proximal LBBBs were correctable by His bundle pacing in their study, indicating that in these patients no distal conduction disease was present. In contrast, LBBB patients without lateral notching demonstrated an intact proximal left conduction system and their LBBB was not correctable by His bundle pacing [15]. These findings suggest that an LBBB pattern without notching/ slurring most likely reflects 'distal block' [1].

The question remains whether the presence of lateral QRS notching/slurring in a non-AVI-induced LBBB population also corresponds to proximal conduction disease of the left bundle. However, as uniformity was observed among LBBB<sub>AVI</sub> patients and LBBB<sub>control</sub> patients with lateral notching, these findings suggest pathophysiological similarities between the two groups and corroborate the evidence of a proximal block in all LBBB patients when notching/slurring is present.

#### Proposed criteria for proximal LBBB

AVI-induced LBBB implies an unequivocal proximal block and is therefore well suited for defining proximal LBBB. Based on our findings in LBBB<sub>AVI</sub>, we selected and adapted currently used criteria (Fig. 3).

#### QRS duration ≥120 ms

A minority of LBBB<sub>AVI</sub> patients might present with a QRS duration <130 ms. Of interest is that female LBBB<sub>AVI</sub> patients had a shorter QRSD than male LBBB<sub>AVI</sub> patients. This is in line with the findings of previous work by our group, showing that female patients show proximal LBBB morphology at shorter QRSD [26].

#### QS or rS in lead V1 and absent Q waves in leads V5-6

At inclusion, all our patients had a QS or rS in lead V1 and absent Q waves in leads V5-6. We observed a small Q wave in leads I and aVL in 15% of proximal LBBB patients and therefore recommend against an 'absent Q wave' criterion in leads I and aVL.

#### QRS notching or slurring in ≥2 lateral leads

Patients with proximal LBBB always presented QRS notching/slurring in at least two lateral leads. Only half of the LBBB<sub>AVI</sub> patients had QRS notching/slurring in all four lateral leads, indicating that AHA 2009 requirements may lead to significant underdiagnosis of LBBB [7, 11, 27]. Whether the variable degree of QRS notching/slurring relates to suboptimal detection and/or differences in underlying electro-anatomical myocardial substrate remains unclear [28].

#### Leftward and superior oriented frontal QRS axis

Our observations in LBBB<sub>AVI</sub> support those of previous studies [25, 29], which showed that the onset of LBBB causes a variable degree of QRS axis shift in a leftward and superior direction in most patients. A more leftward oriented QRS axis may support the diagnosis of proximal LBBB, but we recommend against absolute cut-off values because of the large range.

#### Advantages of the revised LBBB definition

The ESC 2013 and Strauss definitions identify most LBBB<sub>AVI</sub> patients. However, 5-14% of our proximal LBBB patients did not reach the computer-simula-

tion-based Strauss QRSD thresholds of 130 and 140 ms for females and males, respectively. As such, QRS prolongation with a lower limit of 120 ms is preferable to define proximal LBBB. Although the ESC 2013 definition provides excellent sensitivity (100% of LBBBAVI patients fulfilling the definition), the specificity might still be improved by adding the requirement of QRS notching/slurring in at least two lateral leads and the ancillary criterion of a leftward and superior oriented frontal QRS axis: 98% of LBBBAVI patients had QRS notching/slurring in at least two lateral leads and 85% of patients had a QRS axis  $\leq$  30°. As AVI-induced LBBB patients and CRT super-responders both represent a 'true' LBBB electromechanical substrate within the large spectrum of left ventricular dysfunction, excellent compliance (97%) with the proposed criteria among CRT super-responders corroborates our revised LBBB definition.

#### Limitations

A potential drawback in LBBB<sub>AVI</sub> patients for studying the characteristics and definition of LBBB may relate to the age and co-morbidity in this particular population. Studying LBBB in a population with an unaffected myocardial substrate could overcome these issues. However, the almost identical observations in LBBB<sub>AVI</sub>, matched LBBB<sub>control</sub> with lateral notching and LBBB<sub>CRT</sub> patients argue against important myocardial substrate differences between these populations. In acute LBBB, as in LBBB<sub>AVI</sub>, electrical remodelling might affect electrocardiographic characteristics and alter LBBB features over time. However, this mainly involves changes in repolarisation features rather than changes in QRS features [30].

#### Conclusion

In patients with proximal procedure-induced LBBB, the presence of QRS notching/slurring in the lateral leads seems a sine qua non for proximal LBBB. Nonuniformity exists among current recommendations for the diagnosis of proximal LBBB, with the ESC 2013 and Strauss definitions providing a higher sensitivity than the AHA 2009 definition. The LBBB<sub>AVI</sub> population may therefore provide a framework for uniform criteria for assessing proximal LBBB.

**Conflict of interest** S. Calle, M. Coeman, A. Demolder, T. Philipsen, P. Kayaert, M. De Buyzere, F. Timmermans and J. De Pooter declare that they have no competing interests.

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