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# Molecular epidemiology of *Escherichia coli* in bloodstream infections from a general hospital in Ningxia, China, 2022–2023

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## Abstract

**Objective** To analyse the antibiotic resistance, resistance genes and clonal relationship of *Escherichia coli* in bloodstream infections in Ningxia from 2022 to 2023.

**Methods** We retrospectively analyzed the antibiotic susceptibilities of 257 isolates. PCR was used to detect *bla*<sub>TEM</sub>, *bla*<sub>SHV</sub>, *bla*<sub>CTX-M</sub>, *qnrS*, *qnrA*, *qnrB*, *oqxA*, *qepA*, *gyrA*, *gyrB*, *parC*, and *parE*, and the clonal relationship through multilocus sequence typing (MLST).

**Results** One hundred and twenty-nine of 257 patients were male (50.2%). The 257 *E. coli* isolates were mainly obtained from the Emergency, Hepatobiliary Surgery, and Haematology Departments, accounting for 56.6%, 7.3%, and 6.2%, respectively. There is no significant difference in sex and genes between the two groups over and under 60 years old ( $P > 0.05$ ), but there is a significant difference in ST between them ( $P < 0.05$ ). The antimicrobial susceptibility testing showed that the 257 isolates had the highest rates of resistance to ampicillin (82.8%), followed by cefazolin (71.6%), and all isolates were susceptible to tigecycline. Based on the antibiotic susceptibility results for ceftriaxone, we tested 126 isolates of *E. coli* for extended-spectrum beta-lactamase (ESBL) resistance genes. As a result, *bla*<sub>CTX-M</sub> was detected in 76 isolates (60.32%), *bla*<sub>SHV</sub> in 26 isolates (20.63%), and *bla*<sub>TEM</sub> in 38 isolates (30.16%). Based on the ciprofloxacin and levofloxacin antibiotic susceptibility results, we tested for quinolone resistance genes in 148 isolates, revealing 66 isolates of *aac(6)-Ib-cr* (44.60%), 3 isolates of *oqxA* (2.02%), 32 isolates of *qnrS* (21.62%), and 2 isolates of *qepA* (1.35%). We did not detect *qnrA* or *qnrB*. The detection rates of *gyrA*, *gyrB*, *parC*, and *parE* were 98%, 42.6%, 91.2%, and 87.8%, respectively and the main amino acid mutations were Ser83 to Leu, Asp87 to Asn (75.2%), Leu417 to Ser, Ser418 to Leu (6.3%), Ser80 to Ile (65.2%), and Ser458 to Ala (21.5%), respectively. MLST revealed that the most common sequence types (STs) were ST69 (12.5%), ST131 (8.2%), and ST1193 (7.8%).

**Conclusion** In our hospital, *E. coli* was resistant to most commonly used antibiotics, and cefoperazone/sulbactam, cefotetan, amikacin, and tigecycline were empirically selected for the treatment of bloodstream infections. The

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predominant ESBL genotype in our hospital was *bla*<sub>CTX-M</sub> and the major quinolone resistance gene was *aac*(6)-Ib-cr. Clonal relationship analysis revealed genetic diversity among the isolates.

**Keywords** *Escherichia coli*, Bloodstream infection, Resistance genes, Antimicrobial susceptibility, Sequence type.

## Introduction

Bloodstream infections are systemic illnesses caused by pathogenic microorganisms entering the bloodstream that threaten human life and health [1]. Bloodstream infections affect between 113 and 204 people for every 100,000 people worldwide. It can be caused by a variety of bacteria, including *Salmonella*, *Streptococcus*, *Enterococcus*, *Escherichia coli*, *Staphylococcus aureus*, *Klebsiella*, *Pseudomonas aeruginosa*, and coagulase-negative staphylococci (CoNS). Among these, *E. coli* is the most frequently detected bacterium, followed by *S. aureus* and *P. aeruginosa* [2–6]. With the widespread use of antibiotics, the resistance of *E. coli* was gradually increasing and clinical treatment has become more challenging. Studies in China [7] and abroad [8] have shown that the bloodstream-infecting *E. coli* exhibit high resistance to ampicillin, ampicillin/sulbactam, and ciprofloxacin.  $\beta$ -lactams and fluoroquinolones are the primary antibiotics used to treat *E. coli* infections [9]. However, the resistance of *E. coli* to these antibiotics has increased in recent years.

The production of  $\beta$ -lactamase is the main mechanism by which *E. coli* develops resistance to  $\beta$ -lactams antibiotics and broad-spectrum  $\beta$ -lactamase is the most important for *E. coli* [10].  $\beta$ -lactams antibiotics employ their unique quaternary amide molecules to act on the cell wall of bacteria, inhibiting the production of bacterial enzymes, reducing the binding ability of antibiotics, and lowering resistance. By acting on sites such as penicillin-binding protein 1 (PBP1) or PBP3, the target sites of bacterial and antibiotic interactions can be altered [11].

Quinolones are important broad-spectrum antibiotics used against gram-negative aerobic bacteria. Quinolones inhibit bacterial growth by suppressing DNA helicases and topoisomerases, thereby preventing bacterial protein synthesis [12]. Their resistance mechanism includes gene mutations in the quinolone resistance-determining region (QRDR) and plasmid-mediated quinolone resistance (PMQR) [13]. *E. coli* mainly develops resistance through amino acid mutations encoded by the *gyrA* and *parC* genes in the QRDR region [14], especially at positions 67–106 encoded by *gyrA*, and positions 71–110 encoded by *parC* [15–17]. Moreover, PMQR can undergo horizontal transfer between bacteria, leading to the spread of bacterial resistance [18, 19].

Xiao et al. [20] reported that, among 80 randomly selected isolates, 47 produced ESBLs; Sequencing of resistance genes identified *bla*<sub>CTX-M-14</sub>, *bla*<sub>CTX-M-15</sub>, and *bla*<sub>CTX-M-27</sub> as the most prevalent genotypes of ESBLs; ST131 was the most prevalent STs, followed by ST1193

and ST648. The characteristics of bacterial strains, antibiotic resistance, and resistance mechanisms vary in different regions, and these differences have not been recorded in Ningxia, China. To provide a reference for the treatment of clinical bloodstream infections and the control of antibiotic resistance, we conducted a retrospective study on the antibiotic resistance of *E. coli* in bloodstream infections in Ningxia, China from 2022 to 2023 and also conducted molecular epidemiological and studied the ESBL and quinolone resistance genes, sequence types, and antibiotic resistance rates.

## Materials and methods

### Bacterial strains and clinical data collection

Between February 2022 and July 2023, 257 *E. coli* isolates from blood cultures were collected from Ningxia Medical University. The clinical data of 257 patients were obtained from electronic medical records, including demographic information (sex, age, and department) and signs of infection (white blood cell count and percentage, c-reactive protein, and procalcitonin). Sex, resistance genes and ST were compared between patients over and under 60 years of age to analyze factors associated with bloodstream infections.

### Strain identification and antibiotic susceptibility test

Matrix-assisted laser desorption ionization time-of-flight mass spectrometry (MALDI-TOF-MS) was used for species identification. The VITEK® 2 automatic system was used for the antimicrobial susceptibility test. Two cards, ZN09 and N335, were used for *Escherichia coli*. The quality control strain was *Escherichia coli* ATCC 25,922. The antibiotics include ampicillin, cefoperazone/sulbactam, sulbactam/ampicillin, tazobactam/piperacillin, cefazolin, cefuroxime, ceftazidime, ceftriaxone, cefepime, cefotetan, aztreonam, imipenem, meropenem, amikacin, gentamicin, ciprofloxacin, levofloxacin, sulfamethoxazole, minocycline, and tigecycline.

### Resistance genes detection and MLST

DNA was extracted by boiling method. Xi'an Sheng Gong Biological Company (Shanxi Province, China) synthesized the resistance gene primers according to pertinent literatures [21, 22] (Supplementary Table S1). The amplification system of the gene was set up as follows (total volume, 50  $\mu$ L): 25  $\mu$ L of 2 $\times$  HieffTM PCR Master Mix, 21  $\mu$ L of dd H<sub>2</sub>O, 1  $\mu$ L of forward primer and 1  $\mu$ L of reverse primer, 2  $\mu$ L of DNA template. Based on the antibiotic susceptibility results of ceftriaxone,  $\beta$ -lactam

antibiotic resistance genes, such as *bla*<sub>TEM</sub>, *bla*<sub>CTX-M</sub>, and *bla*<sub>SHV</sub>, were examined in 126 *E. coli* isolates. Similarly, based on the ciprofloxacin and levofloxacin antibiotic susceptibility results, the quinolone resistance genes of 148 isolates of *E. coli*, including *aac(6)-Ib-cr*, *oqx*A, *qep*A, *qnr*S, *qnr*A, *qnr*B, *gyr*A, *gyr*B, *par*C, and *par*E were examined. The positive amplification products were sent to Xian BGI Technology Co. for Sanger sequencing. Nucleotide sequences (*bla*<sub>TEM</sub>, *bla*<sub>CTX-M</sub>, *bla*<sub>SHV</sub>, *aac(6)-Ib-cr*, *oqx*A, *qep*A, *qnr*S, *qnr*A, *qnr*B) were compared by BLAST (<http://blast.ncbi.nlm.nih.gov/Blast.cgi>). To detect the mutations, we compared *gyr*A, *gyr*B, *par*C, and *par*E sequences with those of the wild-type *E. coli* K-12 (NCBI serial number NC-000913.3) sequence.

MLST was used to determine the STs of the isolates and seven *E. coli* housekeeping genes were amplified by standard PCR protocol (<https://enterobase.readthedocs.io/en/latest/mlst/mlst-legacy-info-ecoli.html>) (Supplementary Table S2). The MLST results were compared with the ST results using [https://pubmlst.org/bigdb?db=pubmlst\\_mlst\\_seqdef](https://pubmlst.org/bigdb?db=pubmlst_mlst_seqdef) and an evolutionary tree was created using GrapeTree.

### Statistical methods

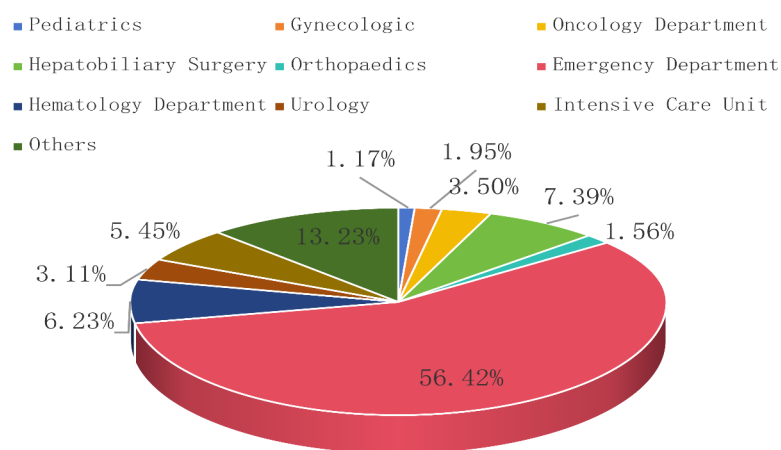
WHONET 5.6 software was used to analyze the patient's age, sex, departmental distribution, and antibiotic susceptibility. Statistical software SPSS 26.0 was used for data processing. Sex, resistance genes and ST were compared between patients over and under 60 years of age to analyze the related factors of bloodstream infections. The chi-square test was used to analyze the counting data. Continuous correction is applied when the theoretical frequency is less than five. When the frequency

of each cell is less than 1, Fisher's exact probability method is used. The statistically significant difference was defined as  $P < 0.05$ . The mean  $\pm$  standard deviation is used for measurement data that have a normal distribution, and the two independent samples t-test is used for representation if analysis of variance shows that the variances are homogeneous. The corrected t-test is employed for representation in cases where the variances are not homogeneous.

## Results

### Strain clinical information

A total of 257 *E. coli* isolates were collected from patients with bloodstream infections. Among the 257 patients, 129 were male (50.2%), ranging in age from 4 months to 97 years old (mean: 61 years old). The included patients in this study were mainly from the Emergency Department (145, 56.6%), the Hepatobiliary Surgery department (19, 7.3%), and the Hematology department (16, 6.2%) (Fig. 1). Statistical analysis of the test results of the 257 patients revealed that 31.1% had elevated C-reactive protein levels, 91% had elevated procalcitonin levels, 54.5% had elevated white blood cells and neutrophil counts, and 4.7% had normal white blood cells and elevated neutrophil counts. Additionally, 32% of patients presented with other infections, such as abdominal infections. The statistical results show that there is no significant difference in sex and genes between the two groups over and under 60 years old ( $P > 0.05$ ), but there is a significant difference in ST between them ( $P < 0.05$ ). There is a significant difference between the two age groups ( $45.84 \pm 13.23$  VS  $73.17 \pm 8.08$   $t = -20.35$   $P = 0.00$ ), as detailed in Supplementary Table S3.



**Fig. 1** Distribution of 257 *Escherichia coli* isolates according to their departments

**Table 1** Antimicrobial susceptibility of 257 *Escherichia coli* isolates

Antibiotics	Number	Resistance rate(%)
AMP	256	82.8
CSL	256	2
SAM	257	36.2
TZP	257	2.3
CZO	257	71.6
CXM	257	51.8
CAZ	257	27.6
CRO	257	52.5
FEP	257	7.8
CTT	257	0.8
ATM	257	32.7
IPM	257	0.4
MEM	257	0.4
AMK	257	1.2
GEN	257	32.3
CIP	257	48.2
LVX	257	47.5
SMZ-TMP	257	49
MNO	256	16
TGC	256	0

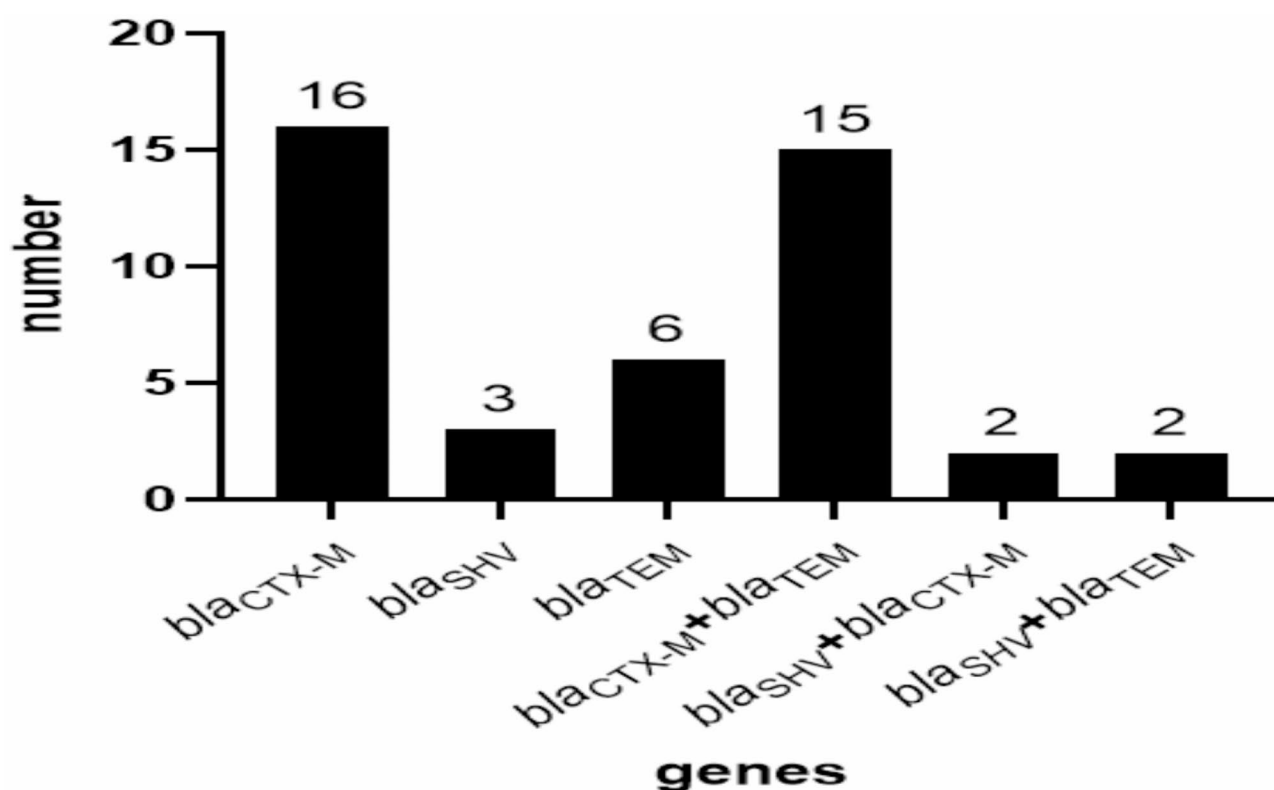
AMP: ampicillin, CSL: cefoperazone/sulbactam, SAM: sulbactam/ampicillin, TZP: tazobactam/piperacillin, CZO: cefazolin, CXM: cefuroxime, CAZ: ceftazidime, CRO: ceftriaxone, FEP: cefepime, CTT: cefotetan, ATM: aztreonam, IPM: imipenem, MEM: meropenem, AMK: amikacin, GEN: gentamicin, CIP: ciprofloxacin, LVX: levofloxacin, SMZ-TMP: sulfamethoxazole-trimethoprim, MNO: minocycline, TGC: tigecycline

### Antibiotic susceptibility testing

According to the breakpoint criteria mentioned in the Clinical and Laboratory Standards Institute 2022 guideline [23]. The resistance rates to cephalosporin antibiotics such as cefazolin, ceftriaxone, and cefuroxime were high, accounting for 71.6%, 52.5%, and 51.8%, respectively; the resistance rate to ampicillin was 82.8%, and most isolates (>99%) were susceptible to meropenem, imipenem and cefotetan. The resistance rate to aminoglycoside antibiotics, such as amikacin, was relatively low (1.2%), whereas that to gentamicin was relatively high (32.3%). The resistance rates to quinolones, such as ciprofloxacin and levofloxacin, were relatively high at 48.2% and 47.5%, respectively. All isolates were susceptible to tigecycline (Table 1).

### Resistance genes

One hundred and twenty-six *E. coli* isolates were screened for extended-spectrum  $\beta$ -lactamase resistance genes, including *bla*<sub>SHV</sub>, *bla*<sub>TEM</sub>, and *bla*<sub>CTX-M</sub>, in accordance with the antibiotic susceptibility results of ceftriaxone. The detection rates of *bla*<sub>SHV</sub>, *bla*<sub>TEM</sub>, and *bla*<sub>CTX-M</sub> were 20.6%, 30.2%, and 60.3%, respectively (Fig. 2). Based on the ciprofloxacin and levofloxacin antibiotic susceptibility results, 148 isolates were tested for quinolone resistance genes including *aac(6')-Ib-cr* (*n*=66), *oqxA* (*n*=3), *qepA* (*n*=2), and *qnrS* (*n*=32), but no *qnrA* nor

**Fig. 2** Detection of extended-spectrum  $\beta$ -lactamase genes in 120 isolates of *Escherichia coli*

*qnrB* were found (Fig. 3). We identified many combinations of ESBL and quinolone resistance genes, of which *bla*<sub>CTX-M</sub>+*aac*(6)-*Ib-cr* (11 isolates) was the most common. Further details are provided in Supplementary Table S4. The detection rates of *gyrA*, *gyrB*, *parC*, and *parE* were 98%, 42.6%, 91.2%, and 87.8%, respectively and the main amino acid mutations were Ser83 to Leu and Asp87 to Asn(75.2%), Leu417 to Ser and Ser418 to Leu(6.3%), Ser80 to Ile (65.2%), and Ser458 to Ala(21.5%) (Supplementary Table S5). Based on the different combinations of amino acid mutations, we identified 27 types of mutations, among which Ser83 to Leu, Asp87 to Asn in *gyrA*, Ser80 to Ile in *parC* (45 isolates) were the main mutation types, followed by Ser83 to Leu, Asp87 to Asn in *gyrA*, Ser80 to Ile, Glu84 to Val in *parC*, (26 isolates). The proportion of other combinations was relatively small, as shown in Supplementary Table S6. Of the 157 isolates that were resistant to ciprofloxacin, 75.8% had mutations in *gyrA* and *parC* and 68.8% of the isolates had MIC  $\geq 4$   $\mu$ g/ml.

### MLST analysis

According to the MLST results, 257 isolates of *E. coli* were divided into 68 STs, of which the top ten were ST69 (32/257, 12.5%), ST131 (21/257, 8.2%), ST1193 (20/257, 7.8%), ST73 (10/257, 3.9%), ST95 (10/257, 3.9%), ST13381 (8/257, 3.1%), ST10 (9/257, 3.5%), ST38 (6/257, 2.3%), ST648 (4/257, 1.6%), and ST44 (5/257, 2%). The other STs accounted for a smaller percentage of the total population (Supplementary Table S7). We constructed a phylogenetic tree based on the ST using GrapeTree (Fig. 4) and summarized STs, resistance genes, and antibiotic resistance profiles. We found that different STs (except ST5295, and ST127) carried ESBL and quinolone resistance genes and had varying degrees of resistance to  $\beta$ -lactams, quinolones, aminoglycosides, and other antibiotics, as shown in Supplementary Table S7.

### Discussion

Bloodstream infection is an infectious illness with a high morbidity and death rate, an abrupt start, and a fast disease course advancement. *E. coli* was the most common cause of bloodstream infections (BSI) in China, accounting for 22.2% of BSI pathogens, according to data from the China Antimicrobial Surveillance Programme. Given the limited studies on bloodstream infections in this area, we sought to examine the clonal analysis, antibiotic susceptibility, and resistance genes of bloodstream-infecting *E. coli* strains in the Ningxia region between February 2022 and July 2023 to guide and establish a foundation for bloodstream infection treatment.

Due to weakened immunity, poor nutrition, and the prevalence of basic diseases like diabetes and hypertension, the incidence of bloodstream infection is higher in

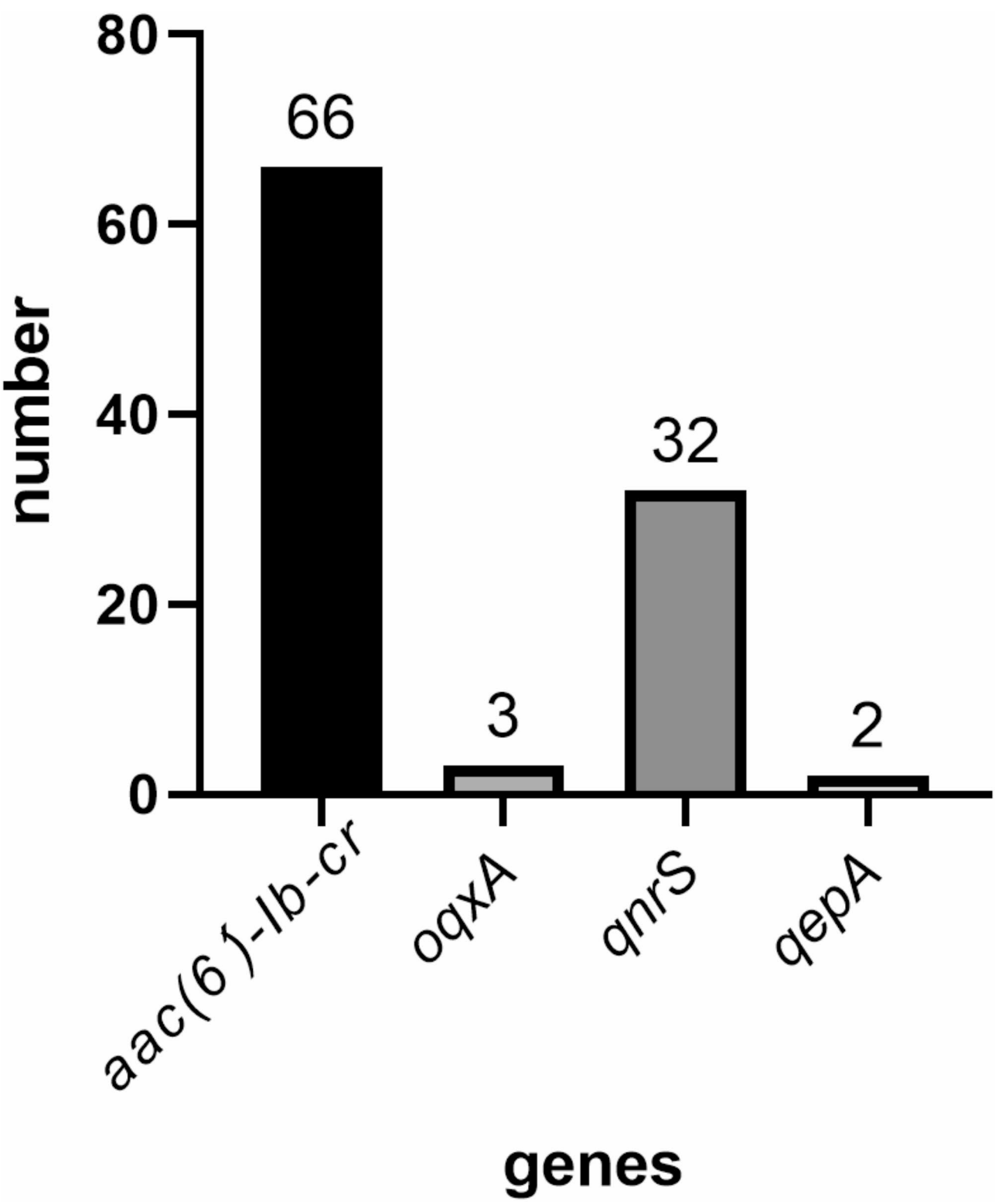
the elderly than in young adults [24]. In this study, we defined people over 60 years old as elderly, with 141 people being elderly, accounting for 54.9%. Statistical analysis revealed that the age difference between the two groups was statistically significant. Research [25] has indicated that the incidence and severity of bloodstream infections vary by sex. There is currently little population-based research, and comparing two groups is pointless. There was no statistical difference in the detection of resistance genes among different age groups in this study. The two groups' differences in ST are statistically significant, suggesting that ST is a risk factor for bloodstream infections.

Our results revealed that *E. coli* causing bloodstream infection is susceptible to carbapenem antibiotics, such as imipenem (0.4% resistant) and meropenem (0.4% resistant), but resistant to ampicillin (82.8%), cefazolin (71.6%), ceftriaxone (52.5%), and other  $\beta$ -lactam antibiotics. The resistance rates of *E. coli* to quinolone antibiotics, such as ciprofloxacin and levofloxacin, were 48.2% and 47.5%, respectively. The resistance rate to aminoglycoside antibiotics, such as amikacin, was relatively low (1.2%), but slightly higher than that of gentamicin (32.3%). These data are consistent with the antibacterial antibiotic monitoring data in China for 2022 and 2023 (<https://www.chinets.com/Data/AntibioticDrugFast>).

ESBLs are  $\beta$ -lactamase that can hydrolyze penicillin, cephalosporin, and monocyclic antibiotics, causing bacteria to develop resistance to various  $\beta$ -lactam antibiotics [26]. ESBL-positive *E. coli* uses plasmid conjugation, transfer, and transmission to spread resistance genes and can accumulate a series of resistance gene clusters through these pathways. This phenomenon is called "polygenic resistance aggregation," and can result in species exhibiting multiple resistance phenotypes [27].

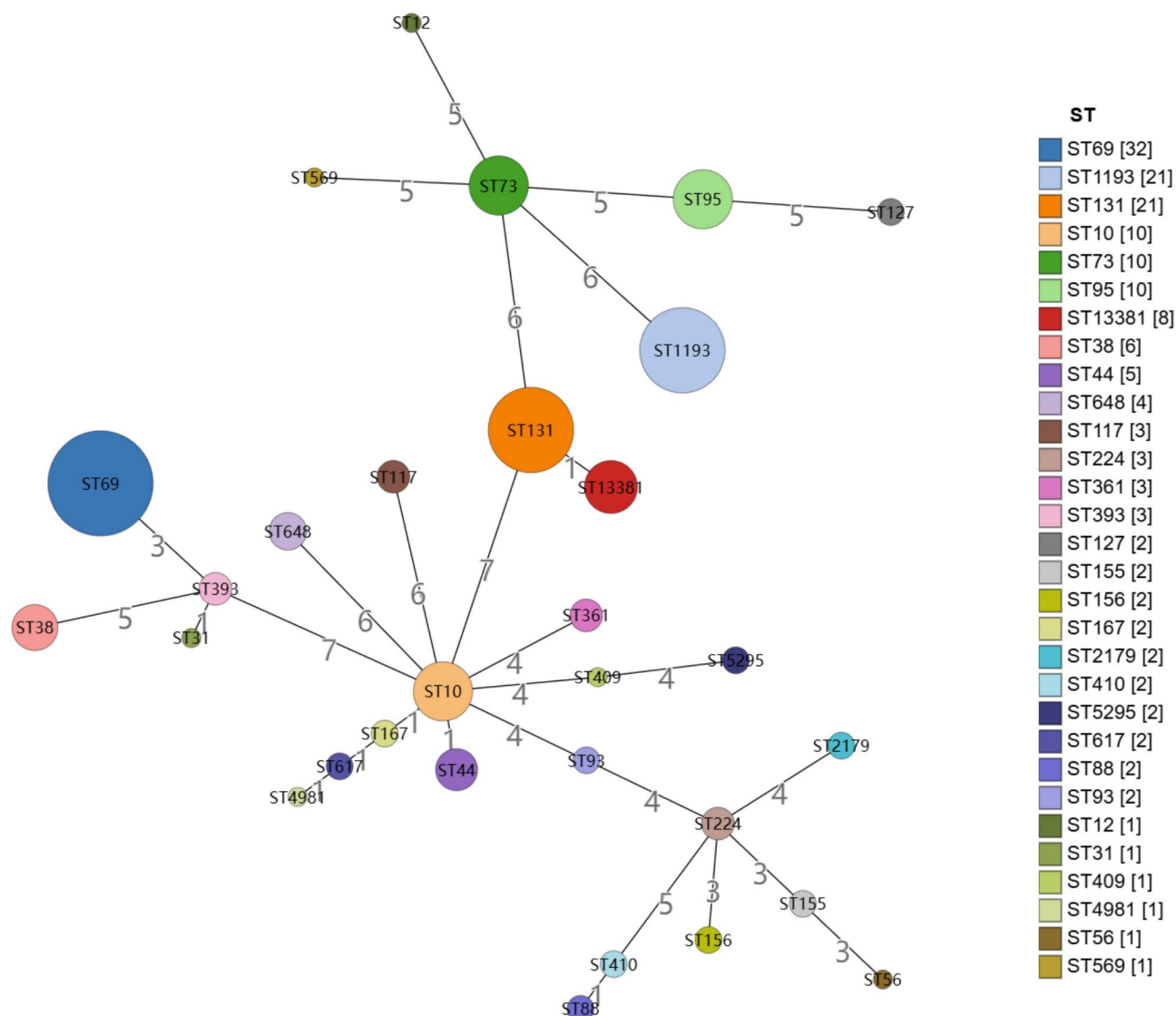
Currently, *bla*<sub>TEM</sub>, *bla*<sub>SHV</sub>, *bla*<sub>CTX-M</sub>, and *bla*<sub>OXA</sub> are the most prevalent genotypes of ESBLs [28], among which the *bla*<sub>CTX-M</sub> is the most common in China [29–31]. Among the three ESBL genotypes identified in this study, 76 isolates of *bla*<sub>CTX-M</sub> were detected. More than half of the isolates carried the ESBL gene, which may be one of the reasons for the high resistance of our bacteria to  $\beta$ -lactam antibiotics such as cefazolin and ampicillin.

Quinolones are a type of synthetic antimicrobial medication that is frequently used to treat and prevent infections caused by mycoplasma as well as gram-positive and gram-negative bacteria. The main reason for *E. coli* resistance to quinolone antibiotics is mutations in the QRDR gene, especially in the amino acid positions 67–106 encoded by the *gyrA* gene and the amino acid positions 71–110 encoded by the *parC* gene. The PMQR genes induce low quinolone resistance in *E. coli* [32]. In our study, among 157 isolates resistant to ciprofloxacin, 68 isolates had mutations in *gyrA* (Ser83 to Leu, Asp87



**Fig. 3** Detection of quinolone resistance genes in 150 isolates of *Escherichia coli*





**Fig. 4** GrapeTree software to construct a phylogenetic tree for *Escherichia coli*

to Asn) and *parC* (Ser80 to Ile) and 98.5% (67/68) isolates had a minimum inhibitory concentration  $\geq 4$   $\mu$ g/ml.

The aminoglycoside acetyltransferase gene, *aac(6')-Ib-cr*, which produces a protein capable of altering quinolones to generate resistance, is basically a variation of the common plasmid-mediated aminoglycoside resistance gene, *aac(6')-Ib* [33]. In our study, 44.6% of *E. coli* carried *aac(6')-Ib-cr*, representing the highest detection rate. *aac(6')-Ib-cr* can also modify ciprofloxacin and norfloxacin and is frequently carried by *bla*<sub>CTX-M</sub> isolates, conferring low-level resistance to amikacin with MICs that do not exceed resistance breakpoints [34]. In this study, 21 out of 66 *aac(6')-Ib-cr* genes simultaneously carried the *bla*<sub>CTX-M</sub> gene. All 66 isolates were susceptible to amikacin and had MICs < 16 µg/ml.

Other quinolone resistance genes are the *qnr* genes, which spread horizontally among bacteria, cause widespread outbreaks, and can co-integrate with other resistance genes, such as *bla*<sub>SHV</sub>, *bla*<sub>CTX-M</sub>, *bla*<sub>VEB-1</sub>, *bla*<sub>FOX-5</sub>, and *bla*<sub>DHA-1</sub> making clinical treatment more difficult [35, 36]. According to reports [37], one-third to two-thirds of Enterobacteriaceae bacteria that produce ESBL are also resistant to fluoroquinolones. A total of 32 *qnrS*-positive isolates were detected in this study, of which 34.4% carried both ESBLs and *qnrS* resistance genes; however, we did not detect *qnrA* or *qnrB*. Thirty-two *qnrS*-positive isolates showed resistance to ciprofloxacin, with a resistance rate of 90.6% to levofloxacin.

Carbapenem antibiotics are atypical  $\beta$ -lactam antibiotics with the widest spectrum and strongest antibacterial activity [38, 39]. Due to their stability against  $\beta$ -lactamase

and low toxicity, they emerged as the most important antibiotics for treating severe bacterial infections. Meropenem and imipenem are carbapenem antibiotics that inhibit the cross-linking of peptidoglycans during cell wall synthesis by inactivating penicillin-binding proteins, ultimately leading to the osmotic lysis of bacterial cells [40, 41]. In this study, only one isolate was resistant to meropenem and imipenem, while all other isolates were susceptible. The main mechanisms of Enterobacteriaceae to be resistant to carbapenem antibiotics include the production of carbapenemases, hyper-production of AmpC enzymes, or ESBLs combined with loss of outer membrane porins and/or high expression of efflux pumps [42–44]. Of these, carbapenemases are the most important because their coding genes are mostly located on transferable elements such as plasmids or transposons, which can spread between different bacterial genera [45]. We will conduct more in-depth research on this isolate in the future.

As a chemically modified product of minocycline, tigecycline is a semi-synthetic antibiotic of glycylcyclines used for injection. Tigecycline belongs to the third generation of new tetracycline antibiotics and has ultra broad-spectrum antibacterial activity, with a similar structure and mechanism of action to tetracycline. Tigecycline is used to treat infectious diseases caused by multi-antibiotic-resistant pathogens [46]. It inhibits bacterial protein synthesis by binding to the ribosomal 30S subunit and prevents aminoacylated tRNA molecules from entering the ribosomal A site [47]. In our study, all isolates were susceptible to tigecycline.

MLST typing and phylogenetic analyses revealed genetic diversity among *E. coli* causing bloodstream infections. We identified 68 STs that were relatively dispersed. This could be attributed to the fact that more than half of our blood culture specimens were from the Emergency Department and patients were from different regions. ST69 was the most prevalent in our study (12.5%), followed by ST131 (8.2%), and ST1193 (7.8%). Lipworth et al. reported [48] that, over a 10-year period, the STs of bloodstream infections of *E. coli* were mainly stable by ST73, ST131, ST95, and ST69. Paramita et al. showed [49] that from total of 22 *E. coli* isolates, 12 different STs were identified, of which ST131, ST69, ST38, and ST405 accounted for 63.6%. There were 19 isolates carrying  $\beta$ -lactamase resistance genes, among which 27.3% isolates carried *bla*<sub>CTX-M-15</sub>, and 22.7% carried *bla*<sub>CTX-M-27</sub>. *aac* (6)-*Ib-cr* was detected in 3 isolates (13.6%). There were certain common STs of *E. coli* with bloodstream infections in different regions, especially ST131 with varying degrees of prevalence worldwide.

*E. coli* ST131, the major extraintestinal pathogenic *E. coli* [50], is an important human pathogen that is prevalent worldwide. This strain typically carries resistance

genes for broad-spectrum cephalosporins and fluoroquinolones, and the ST131 strain exhibited higher virulence characteristics than other clinical fluoroquinolone-resistant/ESBL-producing strains [51]. The significant increase in the number of ESBL-producing *E. coli* may be associated with clonal amplification of ST131 [52]. While ST69 strains had minimal ESBLs and quinolone resistance genes, 62% of all ST131 strains in our study carried ESBL resistance genes, and 42.86% of these strains carried quinolone resistance genes. Additionally, in line with earlier findings, we discovered that ST131 had a high rate of resistance to cefuroxime, ceftazidime, ceftriaxone, amikacin, ciprofloxacin, and levofloxacin; however, ST69 had a low incidence of resistance to these antibiotics [53]. The resistance rate of ST131 isolates to cephalosporins, aminoglycosides, fluoroquinolones, and other antibiotics reported in the literature was significantly higher than that of other ST strains [54]. This may be attributed to the fact that ST131 carried a relatively large number of ESBL-resistance genes and that different STs exhibited differences in their susceptibility to antibiotics. In addition, analysis of the quinolone resistance-determining regions revealed point mutations leading to double mutations in *gyrA* (Ser83 to Leu and Asp87 to Asn) and *parC* (Ser80 to Ile and Glu84 to Val) or double mutations in *gyrA* (Ser83 to Leu) and *parC* (Ser80 to Ile), suggesting that *E. coli* ST131 has a high level of fluoroquinolone resistance.

ST1193 *E. coli* is a multiantibiotic-resistant bacterium that causes a wide range of infections [55], with resistance to quinolones being one of its main features [56]. In our study, 50% of the ST1193 isolates carried quinolone resistance genes, and the antibiotic susceptibility results showed that all ST1193 isolates were 100% resistant to ciprofloxacin and levofloxacin, whereas they were not resistant to cefuroxime, cefotetan, tigecycline, imipenem, or meropenem.

## Conclusion

In conclusion, the epidemic resistance gene for ESBL production in bloodstream-infecting *E. coli* in the Ningxia region from 2022 to 2023 was *bla*<sub>CTX-M</sub>. The *aac* (6)-*Ib-cr* gene was the dominant quinolone resistance gene, and some isolates carried multiple resistance genes simultaneously. The double mutations of *gyrA* (Ser83 to Leu and Asp87 to Asn) and *parC* (Ser80 to Ile) were the main cause of the resistance of *E. coli* to quinolones. There is no significant difference in sex and genes between the two groups over and under 60 years old ( $P > 0.05$ ), but there is a significant difference in ST between them ( $P < 0.05$ ). ST131 and ST69 were prevalent in Ningxia, with some differences in the resistance genes carried and resistance rates with different STs. By analyzing the antibiotic susceptibility, antibiotic-resistant genes, and clonal analysis of *E. coli* from bloodstream infections



in our hospital, we suggest that clinicians empirically use antibiotics such as tigecycline, amikacin, or second-generation or third-generation cephalosporins such as cefoperazone/sulbactam and cefotetan (cephamycin) to treat bloodstream infections caused by *E. coli* to prevent further spread of multidrug-resistant bacteria and improve prevention, control, and monitoring capabilities.

### Limitations of the study

We conducted a retrospective study on the molecular epidemiology of bloodstream infections caused by *E. coli* from 2022 to 2023. Some antibiotics, such as colistin, were not included in the antibiotic susceptibility testing. In this study, the number of *E. coli* isolates we investigated was relatively small. However, our research can improve the molecular epidemiological data of bloodstream infections caused by *E. coli* in the Ningxia region, provide medication guidance for clinical use, and provide theoretical basis for hospital infection prevention and control.

### Abbreviations

MLST	Multilocus sequence typing
ESBL	Extended spectrum Beta-Lactamase
ST	Sequence type
<i>E. coli</i>	<i>Escherichia coli</i>
<i>S. aureus</i>	<i>Staphylococcus aureus</i>
<i>P. aeruginosa</i>	<i>Pseudomonas aeruginosa</i>
CoNS	Coagulase-negative staphylococci
CLSI	Clinical and Laboratory Standards Institute
BSI	Bloodstream infections

### Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12879-025-10658-3>.

Supplementary Material 1

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### Author contributions

W J, G L, J T: study design. J T: Article writing. LR W, W W: data collation. XX H, LX Y, W H: statistical analysis. All authors read and approved the final manuscript.

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### Data availability

The data in this study are available from the corresponding author on reasonable request.

### Declarations

#### Ethics approval and consent to participate

In accordance with the Declaration of Helsinki, this retrospective study was permitted by the ethics committee of the General Hospital of Ningxia Medical University, and the requirement to obtain informed written consent was waived.

To protect patients' personal information and maintain the security of General Hospital of Ningxia Medical University's patient information, we are committed to fulfilling our obligation to keep patients' personal information confidential.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare no competing interests.

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