

# Exogenous nerve growth factor protects the hypoglossal nerve against crush injury

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## Abstract

Studies have shown that sensory nerve damage can activate the p38 mitogen-activated protein kinase (MAPK) pathway, but whether the same type of nerve injury after exercise activates the p38MAPK pathway remains unclear. Several studies have demonstrated that nerve growth factor may play a role in the repair process after peripheral nerve injury, but there has been little research focusing on the hypoglossal nerve injury and repair. In this study, we designed and established rat models of hypoglossal nerve crush injury and gave intraperitoneal injections of exogenous nerve growth factor to rats for 14 days. p38MAPK activity in the damaged neurons was increased following hypoglossal nerve crush injury; exogenous nerve growth factor inhibited this increase in activity and increased the survival rate of motor neurons within the hypoglossal nucleus. Under transmission electron microscopy, we found that the injection of nerve growth factor contributed to the restoration of the morphology of hypoglossal nerve after crush injury. Our experimental findings indicate that exogenous nerve growth factor can protect damaged neurons and promote hypoglossal nerve regeneration following hypoglossal nerve crush injury.

**Key Words:** nerve regeneration; p38MAPK; mitogen-activated protein kinase; nerve growth factor; hypoglossal nerve; crush injury; nerve injury; neural regeneration

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## Introduction

The p38MAPK pathway is one of the mitogen-activated protein kinase (MAPK) cascade signal transduction pathways. The p38MAPK pathway can be activated by a variety of stressors, and phosphorylated p38MAPK (p-p38MAPK) is the activated form of p38MAPK (Bu et al., 2007; Chaparro-Huerta et al., 2008; de Rivero Vaccari et al., 2009; Gwak et al., 2009). Growing evidence has demonstrated that central or peripheral sensory nerve injury can activate the p38MAPK pathway (Lee et al., 2010; Jeon et al., 2011; Mizukoshi et al., 2013; Katome, 2014; Zhou et al., 2014b). However, whether the same type of nerve injury after exercise can activate the p38MAPK pathway remains unclear. In addition, the activation of p38MAPK in the repair process after nerve injury is poorly understood. Nerve growth factor (NGF) is a member of neurotrophic factor family, and can protect sympathetic nerves, sensory nerves and cholinergic nerves, as well as promote nerve cell differentiation and development (Liu et al., 2014). In the peripheral nervous system, NGF has been shown to increase the numbers of sympathetic and sensory ganglia, and to promote nerve fiber growth (Kemp et al., 2008; Fortun et al., 2009; Hood et al., 2009; Delaviz et al., 2011; Liu et al., 2013; Ma et al., 2013; Wang et al., 2015). However, the NGF-mediated repair process after nerve injury is very complex and multifac-

etial, and whether the p38MAPK signal transduction pathway is involved in this process remains unclear.

The hypoglossal nerve is a cranial nerve that innervates the muscles of the tongue and is an important motor nerve in the maxillofacial region. When the internal jugular vein is ligated or the submandibular triangle is involved during lymphadenectomy, surgery in the hypoglossal area causes damage to the hypoglossal nerve, causing tongue movement disorders. In addition, the goal when repairing tongue defects is to ensure that the regenerated hypoglossal nerve can control the remaining tongue muscle and the transplanted muscle (Zhang and Tu, 2005). Therefore, nerve restoration after hypoglossal nerve injury is important. In this study, we established rat models of hypoglossal nerve crush injury and observed the activation of p38MAPK and the survival of neurons within the hypoglossal nucleus, before and after injury, and before and after intervention with exogenous NGF. We also explored the effects of motor nerve injury and NGF intervention on the p38MAPK pathway, as well as the protective effect and regeneration effect of NGF after hypoglossal nerve injury.

## Materials and Methods

### Establishing the hypoglossal nerve crush injury model

Sixty healthy adult Sprague-Dawley rats, aged 8 weeks, half

male and half female, weighing 200–250 g, were provided by the Experimental Animal Laboratory, Xiangya School of Medicine, Central South University (China, license No. SCXK (Xiang) 2009-0004). Animals were housed in a room at 19–26°C with 40–70% humidity. Animal experiments were approved by the Animal Ethics Committee of Central South University, China. The 60 rats were randomly divided into a control group ( $n = 20$ ), a model group ( $n = 20$ ) and an NGF group ( $n = 20$ ).

Rats in the model and NGF groups were anesthetized with 10% chloral hydrate through intraperitoneal injection. A vertical incision was made in the submaxillary region, the left hypoglossal nerve stem was exposed below the left digastric tendon, and the nerve was clamped with a serrated microsurgical forceps 2 mm lateral to the hypoglossal nerve bifurcation below the left digastric tendon. After the nerve was clamped for 30 seconds, the forceps were rotated through 90° and the nerve was clamped for an additional 30 seconds. During the operations, the left hypoglossal nerve was clamped but not severed in all rats, the clamping force on the left hypoglossal nerve was the same in all rats, and the wounds were sutured (Armstrong et al., 1991; Bussmann and Sofroniew, 1999; Zhang et al., 2009). Control animals were operated on to expose the hypoglossal nerve only.

#### NGF intervention

After injury, rats in the NGF group were intraperitoneally injected with 200 U NGF (R & D, Minneapolis, MN, USA), once per day, until death. Rats in the control and model groups were given 1 mL of saline, once per day, until death.

#### Harvesting specimens

At 1, 3, 5, 7 and 14 days after injury, four rats selected from each group were anesthetized and the whole animals were fixed with paraformaldehyde; then, a 1-cm brain stem segment containing the hypoglossal motor nucleus was cut (Paxinos and Watson, 2005). Specimens were labeled on the right ventral side and cut into frozen transverse slices at a thickness of 30  $\mu\text{m}$ .

#### Immunohistochemical staining

Rat brain tissue slices were prepared, blocked with serum, and incubated with rabbit anti-rat p-p38MAPK monoclonal antibody (1:100; Cell Signaling Technology, Inc., Danvers, MA, USA) at 4°C for 24 hours, then with biotinylated goat anti-rabbit IgG (ready-to-use; Beijing Zhongshan Golden Bridge Biotechnology Co., Ltd., Beijing, China) at 37°C for 10–15 minutes, and finally with horseradish peroxidase-conjugated streptavidin. Subsequently, slices were developed with DAB, cleared with xylene, and mounted and observed under a light microscope (Olympus, Tokyo, Japan). Negative control slices were treated with phosphate-buffered saline rather than primary and secondary antibodies. The number of p-p38MAPK-positive cells was counted in each of two fields of vision for each slice, in five slices from each animal, under 200 $\times$  magnification. The average value was obtained and grayscale analysis was performed using the Advance3.2

system (Motic Medical Laboratory, Xiamen, Fujian Province, China).

#### Nissl staining

At 7 and 14 days after injury, hypoglossal nucleus tissue from rats in the model and NGF groups was prepared for Nissl staining. Tissue was stained with 1% toluidine blue at room temperature for 3 minutes, rinsed with distilled water, treated with ethanol, cleared with xylene, and mounted. Five slices from each animal were randomly selected for counting the number of neurons within the hypoglossal nucleus on the normal and injury sides. The survival rate of neurons = the number of neurons within the hypoglossal nucleus on the injury side/the number of neurons within the hypoglossal nucleus on the normal side  $\times$  100% (Schmalbruch, 1984).

#### Transmission electron microscopy

At 7 and 14 days after injury, five rats randomly selected from the model and NGF groups were anesthetized, and underwent thoracotomy, intubation and perfusion. The skin in the submandibular area was cut, the muscle and the left hypoglossal nerve stem were bluntly dissected, and the hypoglossal nerve 0.5 cm lateral to the left hypoglossal nerve crush site was harvested and prepared into ultrathin slices. Then, slices were observed under a transmission electron microscope (Hitachi, Tokyo, Japan).

#### Statistical analysis

Data are represented as the mean  $\pm$  SD, and the mean values were compared between groups by one-way analysis of variance using SPSS 13.0 software (SPSS, Chicago, IL, USA).  $P < 0.05$  was considered to represent a statistically significant difference.

## Results

### Effects of exogenous NGF on the expression of p-p38MAPK in the brains of rats with hypoglossal nerve crush injury

Immunohistochemical staining showed that no p-p38MAPK was expressed within the hypoglossal nucleus in the control group of rats. Compared with the control group, p-p38MAPK expression within the hypoglossal nucleus was obviously increased in the model and NGF groups. The expression levels in the two groups increased with time post-injury, reaching a peak at 3 days, and then decreased ( $P < 0.05$ ). The level of p-p38MAPK expression within the hypoglossal nucleus in the NGF group was lower than that in the model group ( $P < 0.05$ ; **Figure 1**).

### Exogenous NGF increased the number of motor neurons within the hypoglossal nucleus in rats with hypoglossal nerve crush injury

Nissl staining showed that at 7 and 14 days after injury, the number of motor neurons within the hypoglossal nucleus on the injury side was lower than that on the normal side in the model and NGF groups ( $P < 0.05$ ). The survival rate of motor neurons within the hypoglossal nucleus at 14 days

was lower than that at 7 days in the model group ( $P < 0.05$ ), while the survival rate was similar in the NGF group at 7 and 14 days ( $P > 0.05$ ). The survival rate of motor neurons within hypoglossal nucleus in the NGF group was decreased compared with the model group ( $P < 0.05$ ; **Figure 2**).

#### **Exogenous NGF improved the ultrastructure of motor neurons within hypoglossal nucleus in rats with hypoglossal nerve crush injury**

Under transmission electron microscopy, tissue edema and myelinated fiber layer loosening and degeneration were found in the model and NGF groups at 7 and 14 days post-injury. In the NGF group, myelinated nerve fiber morphology and lamellar structure were dense and clearly visible at the distal end of the hypoglossal nerve, while the organelle structure within the axon and Schwann cell morphology were better than in the model group.

At 7 days post-injury, myelinated nerve fibers showed swelling and the lamellar structure showed loosening, even becoming isolated, in the model group. Swelling of mitochondria was found within axons and Schwann cells, and the structure of microfilaments and microtubules was not clear. In the NGF group, myelinated nerve fibers were porous and twisted, but no lamellar structure was isolated, and although partial mitochondrial swelling was found within axons, it was within acceptable limits within Schwann cells. At 14 days post-injury, all of the myelinated nerve fibers degenerated, the axonal cavity disappeared, normal structure was lost, the myelin lamellar structure showed loosening, axons disappeared, and pyknotic Schwann cells were found in the model group. While the morphology of myelinated nerve fibers was normal, the lamellar structure showed thickening, and a small amount of mitochondrial swelling was found within the axons of rats in the NGF group. Microtubules and microfilaments showed a clear structure, and organelles within Schwann cells were clearly visible (**Figure 3**).

## **Discussion**

#### **p38MAPK activity in damaged neurons is enhanced after hypoglossal nerve crush injury**

In a variety of nerve injury models, p38MAPK is activated in the early stages after central and sensory nerve injuries; its expression levels are increased at the central injury area in a time-dependent fashion (Suter et al., 2009; Dapper et al., 2013; Semba et al., 2014; Zhou et al., 2014a; Lee et al., 2015a). Chiang et al. (2013) found that 1 day after chronic constriction injury in the median nerve of rats, p-p38MAPK expression was significantly increased and reached a peak at 7 days, indicating that median nerve injury can activate the p38MAPK pathway. Agthong et al. (2012) found that at 2 weeks after sciatic nerve transection injury, the expression of p-p38MAPK at the L<sub>4/5</sub> dorsal root ganglia was increased, highlighting the contribution of p38MAPK to the loss of neurons after nerve transection. Terayama et al. (2008) demonstrated that 3–21 days after peripheral nerve injury, p-p38MAPK expression was increased in glial cells in the ipsilateral dorsal horn and gracile nucleus. Kwon et al. (2014)

demonstrated increased p-p38MAPK expression in rats with neuropathic pain caused by spinal nerve ligation. Terayama et al. (2011) found that p-MAPK expression was gradually increased within the trigeminal sensory nuclear complex following lingual nerve injury.

In this study, after rat models of hypoglossal nerve crush injury were produced, p-p38MAPK was not expressed in the cell body within the hypoglossal nucleus in the control group. Subsequently, p-p38MAPK expression within the hypoglossal nucleus was obviously increased at 1 day after crush injury on the ipsilateral (left) side, reaching a peak at 3 days and then gradually decreased, but the expression level at 14 days was still higher than that in the control group. Nissl staining showed that the number of neurons within the hypoglossal nucleus on the ipsilateral side was lower than that on the contralateral side, indicating the death of neurons. These results suggest that stimuli after hypoglossal nerve injury can activate the p38MAPK pathway, and that while the activated p38MAPK pathway is involved in the death of nerve cells after hypoglossal nerve injury, the activation is more obvious in the early state after injury.

#### **NGF inhibits p38MAPK activation induced by hypoglossal nerve injury**

NGF is a typical cell growth factor that can regulate neuronal differentiation, growth, death, and connection remodeling through binding to the surface receptor of neurons (Kernie and Parada, 2000; Namiki et al., 2000; Chen et al., 2014b). Recent studies have shown that NGF exerts biological effects through binding its receptors, and that the process is mediated by the intracellular MAPK signal transduction pathway (Diolaiti et al., 2007; Santos et al., 2007; Nguyen et al., 2009; Hong et al., 2012; Wuhanqimuge et al., 2013; Yuan et al., 2013). Muroi et al. (2004) found that shortening the duration of p38MAPK phosphorylation may increase axon growth effects induced by NGF. Marampon et al. (2008) proposed that NGF regulates the expression of cyclin D1 in PC12 cells through influencing the p38MAPK and other extracellular signaling pathways. Morill et al. (2012) found that NGF triggered the p38MAPK-mediated phosphorylation of the transcription factor E2F4, ultimately leading to a reboot of the cell cycle in newborn neurons. Holub et al. (2009) demonstrated that NGF plays a crucial role in the transfection of SK-N-SH neuroblastoma cells through regulating the activation of the p38MAPK apoptotic pathway. Together, these findings indicate that NGF may affect the p38MAPK pathway in some way. The results of the present study suggest that exogenous NGF reduced p-p38MAPK expression within the hypoglossal nucleus after hypoglossal nerve crush injury in rats, and that its expression levels decreased with time post-injury.

#### **NGF protects hypoglossal neurons and promotes neural regeneration**

Growing evidence has shown that NGF not only maintains the development and function of sensory, motor and sympathetic neurons, but is also involved in peripheral nerve



regeneration (Madduri et al., 2009; Scholz et al., 2010; Liu et al., 2011; Pan et al., 2011; de Boer et al., 2012; Ma et al., 2013, 2014; Tang et al., 2013; Asanome et al., 2014; Chen et al., 2014a; Kuihua et al., 2014; Leng et al., 2014; Wang et al., 2014a, b; Yu et al., 2014; da Silva et al., 2015; Lee et al., 2015b). The results of the present study showed that exogenous NGF increases the survival rate of neurons after hypoglossal nerve crush injury, and reduces the loss of normal neurons. This evidence supports a protective effect of exogenous NGF after hypoglossal nerve crush injury. Meanwhile, after hypoglossal nerve crush injury, exogenous NGF can slow ultrastructural changes at the distal end of the damaged nerve, suggesting that exogenous NGF can promote regeneration of the hypoglossal nerve after injury.

In summary, after hypoglossal nerve injury, p38MAPK activity is increased in damaged neurons, and the activated p38MAPK pathway may mediate the death of neurons within the hypoglossal nucleus. Administration of exogenous NGF can inhibit the activation of p38MAPK caused by hypoglossal nerve injury, while NGF functions to protect damaged neurons and promote nerve regeneration after hypoglossal nerve injury.

**Author contributions:** LYF was responsible for the study design, implementing the experiment and writing the paper. ZCW assisted in the experiment and performed statistical analysis. PW and YYL participated in the data analysis and revised the paper. LT supervised the study and provided technical support. All authors approved the final version of the paper.

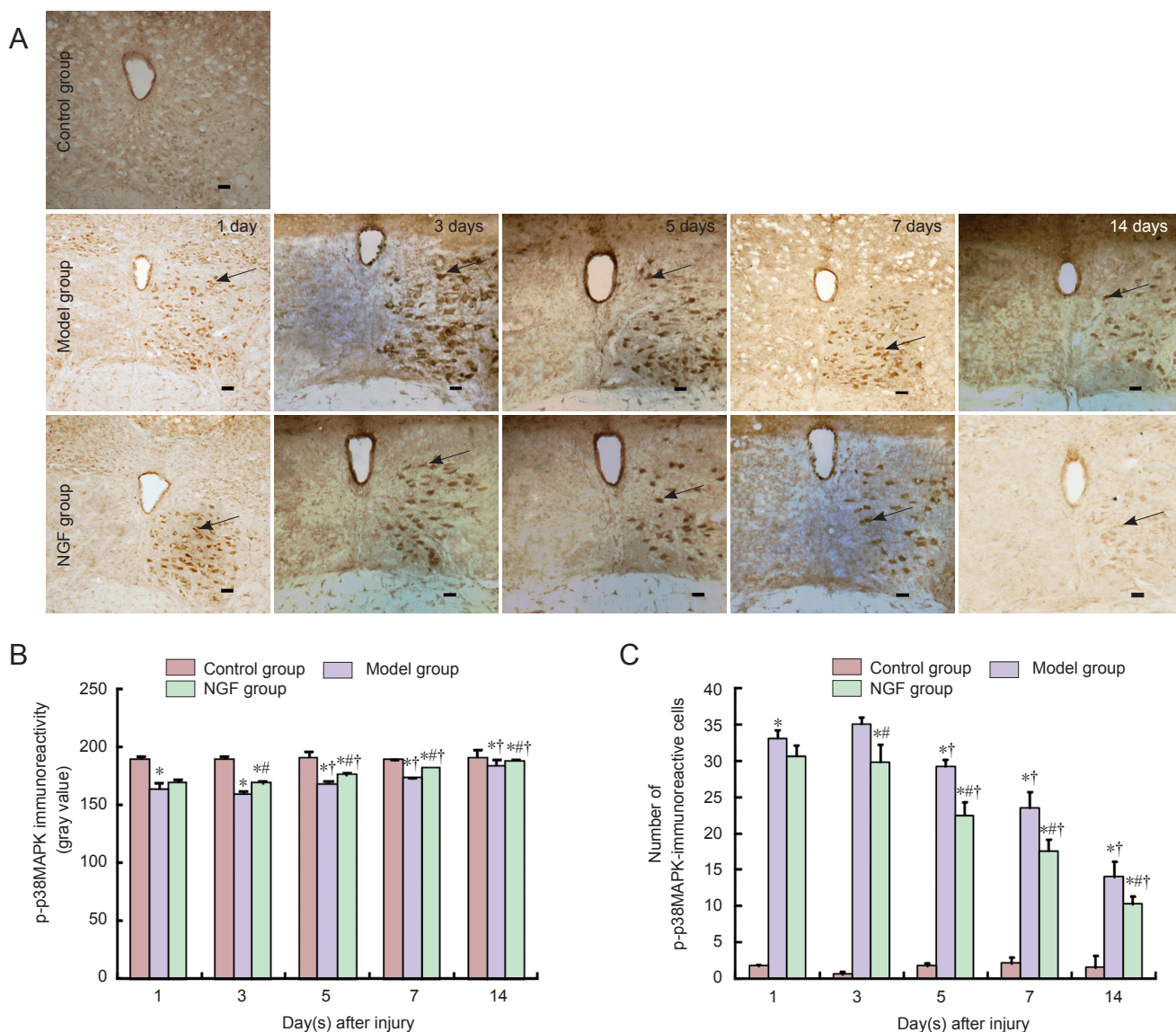
**Conflicts of interest:** None declared.

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**Figure 1** Effect of exogenous nerve growth factor (NGF) on the immunoreactivity of p-p38MAPK in rat brain tissue after hypoglossal nerve crush injury. (A) Immunoreactivity for p-p38MAPK in rat brain tissue (immunohistochemical staining). Arrows indicate immunoreactive cells. Scale bars: 100  $\mu$ m. (B) The immunoreactivity of p-p38MAPK in rat brain tissue. (C) The number of p-p38MAPK immunoreactive cells in rat brain tissue. Data are the mean  $\pm$  SD of four rats in each group. Differences between groups were compared using one-way analysis of variance. \* $P < 0.05$  vs. control group; # $P < 0.05$  vs. model group; † $P < 0.05$  vs. previous time point.

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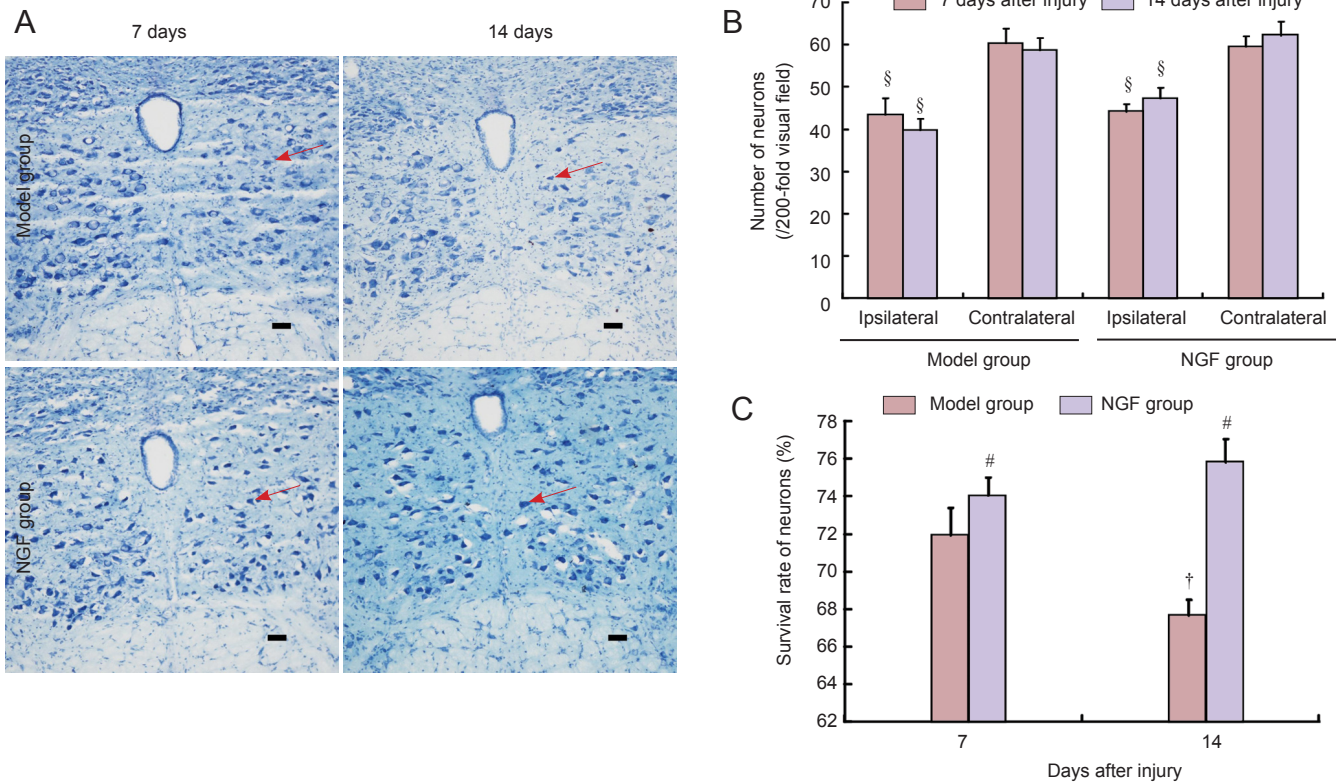
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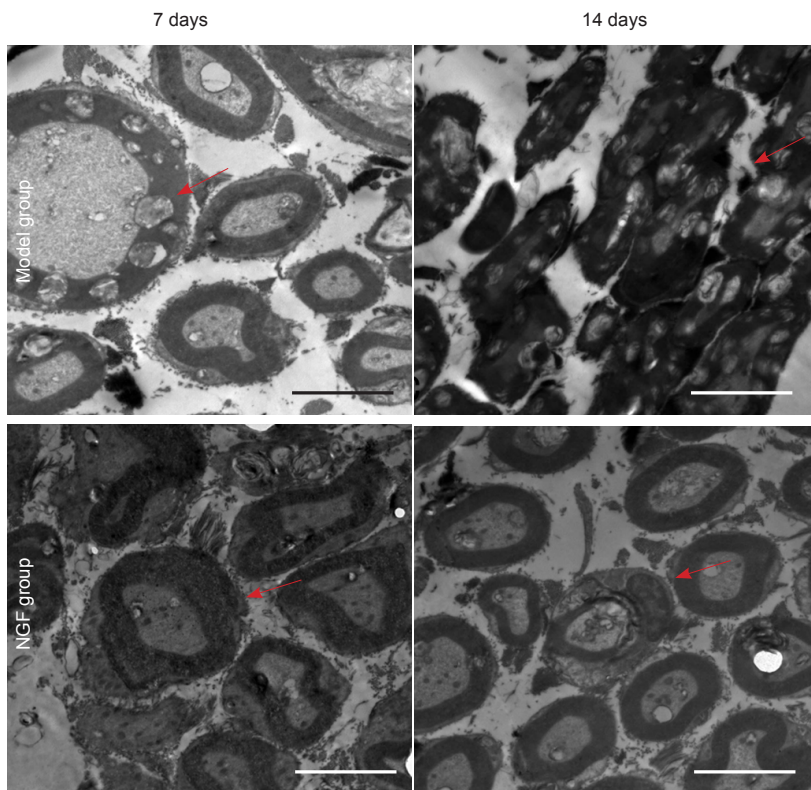
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**Figure 2** Effect of exogenous nerve growth factor (NGF) on the motor neurons within the hypoglossal nucleus in rats with hypoglossal nerve crush injury. (A) Motor neurons within the hypoglossal nucleus (Nissl staining,  $\times 200$ ). The survival rate of motor neurons within the hypoglossal nucleus was increased in the NGF group compared with the model group. Arrows indicate Nissl-stained neurons. Scale bars: 100  $\mu\text{m}$ . (B) The number of neurons within the hypoglossal nucleus. (C) The survival rate of neurons within the ipsilateral hypoglossal nucleus. Survival rate of neurons in the ipsilateral hypoglossal nucleus = the number of neurons within the hypoglossal nucleus on the ipsilateral side/the number of neurons within the hypoglossal nucleus on the contralateral side  $\times 100\%$ . Data are the mean  $\pm$  SD of four rats in each group. Differences between groups were compared using one-way analysis of variance. <sup>#</sup> $P < 0.05$ , vs. model group; <sup>†</sup> $P < 0.05$ , vs. previous time point; <sup>§</sup> $P < 0.05$ , vs. contralateral side.



**Figure 3** Effect of exogenous nerve growth factor (NGF) on the ultrastructure of the hypoglossal nucleus in rats after hypoglossal nerve crush injury (transmission electron microscope,  $\times 7,000$ ). Myelin sheath impairment in myelinated nerve fibers at the distal end of the hypoglossal nerve was obviously less in the NGF group than in the model group. Arrows indicate myelin. Scale bars: 5  $\mu\text{m}$ .

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