

# Loss of imprinting mutations define both distinct and overlapping roles for misexpression of IGF2 and of H19 lncRNA

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## ABSTRACT

Imprinted genes occur in discrete clusters that are coordinately regulated by shared DNA elements called Imprinting Control Regions. *H19* and *Igf2* are linked imprinted genes that play critical roles in development. Loss of imprinting (LOI) at the *IGF2/H19* locus on the maternal chromosome is associated with the developmental disorder Beckwith Wiedemann Syndrome (BWS) and with several cancers. Here we use comprehensive genetic and genomic analyses to follow muscle development in a mouse model of BWS to dissect the separate and shared roles for misexpression of *Igf2* and *H19* in the disease phenotype. We show that LOI results in defects in muscle differentiation and hypertrophy and identify primary downstream targets: *Igf2* overexpression results in over-activation of MAPK signaling while loss of *H19* lncRNA prevents normal down regulation of p53 activity and therefore results in reduced AKT/mTOR signaling. Moreover, we demonstrate instances where *H19* and *Igf2* misexpression work separately, cooperatively, and antagonistically to establish the developmental phenotype. This study thus identifies new biochemical roles for the *H19* lncRNA and underscores that LOI phenotypes are multigenic so that complex interactions will contribute to disease outcomes.

## INTRODUCTION

Imprinting is a form of gene regulation where expression of an allele is dependent upon its parental origin. There are ~100–200 imprinted genes in the human genome and imprinting is conserved across mammalian species. Imprinted genes are not randomly scattered but are organized into discrete clusters where monoallelic expression is dependent

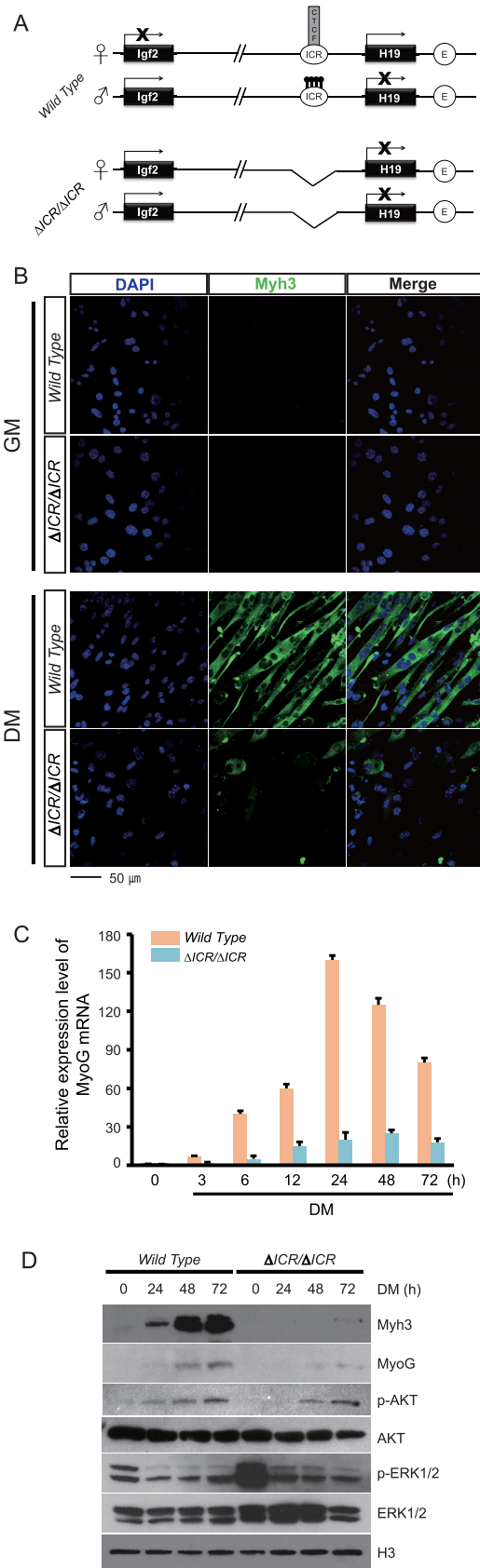
upon a shared DNA regulatory element called the Imprinting Control Region or ICR (1).

One imprinted gene cluster is the *IGF2/H19* locus on human chromosome 11p15.5 or mouse distal chromosome 7. Imprinting in this 110 kb region is determined by the *H19ICR* which is located just upstream of the *H19* promoter (2,3). As described in Figure 1A, the *H19ICR* organizes the locus so that transcription of the *Igf2* and *H19* genes is restricted to the paternal and maternal chromosomes, respectively.

*IGF2* (*Insulin-like growth factor 2*) encodes a peptide hormone with a wide array of functions promoting cell growth and proliferation. Its function in the context of muscle development has been studied extensively using both *in vitro* differentiation and *in vivo* loss of function mouse models (4–7). IGF2 peptide plays an important role in prenatal skeletal muscle growth and in muscle regeneration after injury in the adult. It has also been shown that IGF2 stimulates phosphoinositol-3 kinase and AKT signaling through activation of the InsR and Igf1R receptor kinases (7,8). The biochemical defects associated with IGF2 overdose, as caused by loss of imprinting mutations, have been less well characterized.

*H19* does not encode any known peptide. Instead the gene's functional product is a 2.3 kb long non-coding RNA (lncRNA) whose biochemical activities have only recently begun to be elucidated (9). One role for the lncRNA is that it is the substrate used to generate two microRNAs (miRNAs), *miR-675-3p* and *miR-675-5p* (10). Genetic studies support a role for these miRNAs in placenta development (11) and in skeletal muscle differentiation and regeneration (12). The *H19* lncRNA can also bind miRNAs. Gao and colleagues showed that *H19* binding to *let-7* miRNA can reduce *let-7* bioavailability and thus regulate glucose metabolism in C2C12 cells (13). A third proposed biochemical function is that *H19* lncRNA interacts directly with transcription factor proteins, including p53, to reduce their bioactivity (14–16). Mutant *H19* alleles that specifically impair a single biochemical function would be of high value in

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**Figure 1.** Differentiation defects in LOI myoblasts. (A) Cartoon depiction of the gene architecture and expression patterns in *wild type* and in

sorting out the relative importance of these distinct mechanisms.

In different cancer models, *H19* can have tumor suppressor or oncogenic properties (17–19). For example, restoration of *H19* expression by plasmid transfection blocks tumorigenicity in rhabdosarcoma (20) but other studies support *H19* oncogenic function in breast cancer (21). These apparent contradictions have led to proposals that *H19* has fundamentally distinct roles dependent upon developmental stage (22).

The critical importance of precise regulation of *IGF2* and *H19* gene expression is underscored by disease phenotypes associated with loss of imprinting at the locus (23). Russell-Silver syndrome is associated with mutations that inhibit methylation of the *ICR* and thus promote binding of the CTCF protein to the paternal *H19ICR*. This results in decreased *IGF2* and increased *H19* from the paternal chromosome. Beckwith-Wiedemann syndrome (BWS) is associated with mutations that prevent CTCF binding to the maternal chromosome and that therefore result in biallelic or 2× dosage of *IGF2* and decreased *H19* RNA. Several mouse models have been developed that mimic parts of the BWS phenotype by altering the expression of *H19* or of *Igf2* (24–26). However, the combined effect of the lack of *H19* and the overexpression of *Igf2* has not been well characterized. Especially, the genetic interactions and interplay between *H19* and *Igf2* remain underexplored.

To address this question, we have modeled BWS by generating mice that carry a deletion of the *H19ICR* on the maternally inherited chromosome (27). These mice demonstrate molecular symptoms characteristic of BWS: low expression of *H19* and biallelic *Igf2* expression. Thus, it is a useful model system to study the molecular mechanisms of development in the context of BWS. In this study we use molecular, cellular, pharmacological, and transcriptome analyses to characterize differentiation of primary myoblast cell lines

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*ΔICR/ΔICR* cells. *Igf2* and *H19* are about 80 kb apart on distal mouse chromosome 7. Parent-of-origin transcription depends upon the 2.4 kb *H19ICR* located just upstream of the *H19* promoter. On the maternal chromosome, the *H19ICR* binds the CTCF genome organizing protein which positions the region into loop structures that prevent interaction of the *Igf2* promoter with the shared muscle specific enhancer (E, unfilled circle) located 26 kb upstream of the *H19* transcriptional start site. At the same time, these loop structures facilitate *H19* promoter-enhancer interactions. Upon paternal inheritance, methylation of *ICR* CpGs prevents CTCF binding, thus enabling alternative loop structures that promote interactions between the paternal *Igf2* promoter and the shared enhancers (60,61). In addition, developmentally programmed ‘spread’ of heterochromatin from the *H19ICR* to the adjacent *H19* promoter prevents *H19* transcription (62). (B) Primary myoblasts derived from *wild type* or *ΔICR/ΔICR* neonates were cultured in growth medium (GM) or in serum-depleted differentiation medium (DM) for 72 h. DAPI staining (blue) identifies nuclei and staining for Myh3 (green) identifies differentiating cells. The *ΔICR/ΔICR* cells in DM show highly aberrant morphology, indicating a severe differentiation defect. (C) Quantitation of Myogenin RNA by qRT-PCR ( $n = 3$ ). Expression relative to GAPDH is reported. (D) Immunoblot analyses of cell extracts prepared from myoblasts (0 timepoint) and from cells grown in differentiating media for 24, 48 or 72 h. Differentiation markers, Myh3 and Myogenin, are significantly downregulated in LOI cells. Phosphorylated forms of Erk1/Erk2 peptides (also commonly referred to as MAPK3/1 or p44/p42) are also reduced in these cells, although total protein levels are unchanged. H3 is the loading control.

derived from *wild type* and from a panel of mutant and transgenic mice to study the relative significance of extra *Igf2*, of decreased *H19*, and the synergistic effects of the two changes. We chose this model system because of the powerful tools available to follow differentiation and development *in vitro* and to therefore identify downstream targets affected by *Igf2/H19* misexpression. Also, our results might be directly relevant for understanding the link between LOI and rhabdomyosarcoma. We see that some key effects of the two genes are largely independent in regard to cell differentiation. Extra *Igf2* prevents normal differentiation by over activation of the Erk1/2 kinases in the MAPK pathway. Decreased *H19* expression prevents the downregulation of p53 activity that normally occurs during muscle cell differentiation. The persistent high levels of p53 in turn result in decreased pAKT/mTOR activation so that *H19*-deficient myotubes do not undergo normal hypertrophy. However, we also demonstrate situations where the simultaneous loss of *H19*/increased *Igf2* increases phenotype severity and other cases where the two gene expression changes interact to ameliorate the mutant phenotype. Thus the final LOI phenotype is a complex and interesting interplay of the two genes.

## MATERIALS AND METHODS

### Animal studies

All mice were bred and housed in accordance with National Institutes of Health and United States Public Health Service policy. Animal research was approved through the Eunice Kennedy Shriver National Institute of Child Health and Human Development Animal Care and Use Committee. *H19 $\Delta$ ICR* (27), *H19 $\Delta$ Ex1* (28), *H19 $\Delta$ I3* (29), *Igf2*-(30) and *H19* BAC transgenic (2) strains were generated as described.

### Cell culture

Hind limb skeletal muscle was isolated from p2 to p3 pups. Myoblasts were isolated as described (31) and grown at 37°C in 10% CO<sub>2</sub> in either F10 supplemented with 10% calf serum and 2.5  $\mu$ g/ml fibroblast growth factor (GM, or Growth Media) or in DMEM supplemented with 1% horse serum (DM, or Differentiation Medium). The following supplements were used as described in the text: recombinant IGF2 (Peprotech, 100-12), BMS-754807 (Active Biochemicals, A-1013), PD 98059 (Cell Signaling, 9900), cAMP (Sigma, A6885). Cell fusion index was quantitated as described (32) ( $n = 100$  for each of three independent cultures) and statistical significance was analyzed using the Student's *t*-test. Results are reported as mean  $\pm$  standard error.

### Immunofluorescence

At least three independent cultures were analyzed for each experiment. After growth times indicated in the text, cells were fixed with 4% paraformaldehyde (10 min at room temperature, RT), permeabilized with 0.5% Triton (10 min at RT), and blocked with 10% goat serum for 30 min at RT

before incubation with antibodies. For MYH3 staining, primary antibodies were purchased from Santa Cruz Biotechnology, Inc., diluted 1:100 in blocking buffer, incubated at 4°C for 24 h, and visualized with Alexa-488 secondary antibody from Invitrogen diluted 1:500. For Myogenin staining, primary antibodies were purchased from Thermo Fisher, Inc., diluted 1:1000, incubated at 4°C for 24 h, and visualized with Alexa-594 secondary antibody, diluted 1:1000. Nuclear staining was with DAPI (Molecular Probe) diluted 1:1000 and incubated at RT for 30 min. Cells were imaged with Carl Zeiss 510 using 40 $\times$  oil immersion objective. Images were composed and edited in LSM image software or Photoshop 7.0 (Adobe).

### ELISA

IGF2 secreted peptide was measured with the Mouse IGF2 ELISA kit (Abcam, ab100696) on at least three independent cultures. Statistical significance was analyzed using the Student's *t*-test.

### Quantitative RT-PCR

For each experiment, we used at least three independent cell cultures for RNA preparation using the RNeasy Plus Mini kit (Qiagen). RNAs were analyzed using ThermoFisher NANODROP 2000c to evaluate purity and yield and then stored at -70°C. cDNA samples were prepared with and without reverse transcriptase according to the manufacturer's instructions (Transcriptor First Strand cDNA Synthesis Kit, Roche 04 897 030 001) using oligo-dT primers. cDNAs were analyzed using SYBR Green (Roche 04 887 352 001) on the Roche Cyclor 480 (45 cycles with annealing at 60°C) using primers described in Supplemental Table S3. For microRNA analyses we used mirVana™ miRNA Isolation Kit and TaqMan MicroRNA Assays (ThermoFisher Scientific 4427975, Assay ID 001973 (U6), 001940 (miR-675-5p), 001941 (miR-675-3p), 002406 (let-7e), 002282 (let-7g) and 002221 (let-7i)). For each primer pair, we established standard curves to evaluate slope, y-intercepts, and PCR efficiency and to determine the dynamic range of the assay. Specificity of the reactions was confirmed by melting point analyses and by gel electrophoresis. The number of biological replicates is described in the relevant figures and each assay was run at least twice. Statistical significance was evaluated using a two-tailed, type 2 Student's *t*-test (Microsoft Excel). Results in all figures show mean  $\pm$  standard error.

### Immunoblotting

Cells were washed with ice-cold PBS, scraped, and pelleted by centrifugation. Whole-cell extracts were prepared using M-PER protein extraction reagents (Thermo Fisher). Protein concentrations of the lysates were assayed using a BCA protein assay kit (Pierce). Protein samples were fractionated by electrophoresis on 12% or 4–20% SDS-PAGE gels and then transferred to nitrocellulose. All antibodies were diluted in antibody enhancer buffer (HIKARI) and are described in Supplementary Table S2.



## RNA sequencing

RNA was isolated from *XX* primary myoblast and 24-h-differentiated myotube cells using Tripure (Roche) followed by the RNeasy Micro kit (Qiagen). Samples with RNA Integrity numbers of  $\geq 9$  were used for sequencing. RNA-Seq was performed in two batches: (A) two *wild type* myoblasts, three *wild type* myotubes and two  $\Delta ICR/\Delta ICR$  myotube samples were sequenced at the NIH Intramural Sequencing Center using Illumina HiSeq2000 sequencers; and (B) two *wild type* myoblasts, two *wild type* myotubes and two  $\Delta ICR/\Delta ICR$  myoblasts were sequenced at the NICHD Molecular Genomics Core using an ABI SOLiD 5500xl sequencer. Ribosomal RNA was depleted from 1 to 5  $\mu\text{g}$  total RNA using the RiboZero Gold kit (Illumina). Library preparation for the Illumina HiSeq2000 was performed using the TruSeq RNA Sample Prep V2 kit (Illumina). Pooled barcoded libraries were sequenced to generate paired-end 101 bp reads and raw data was aligned to mouse genome version mm9 using Tophat2 (33). For the ABI SOLiD sequencing, libraries were prepared using the SOLiD Whole Transcriptome Analysis kit (Thermo Fisher Scientific). Pooled barcoded libraries were sequenced to generate paired-end  $35 \times 75$  bp reads and colorspace XSQ data was aligned to mouse genome version mm9 using Lifescape software (Thermo Fisher Scientific).

## RNA-Seq analysis

Gene-wise read counts were analyzed for differential expression using DESeq2 (34). When comparing *wild type* myoblasts and myotubes, we used a linear model with a blocking factor to account for possible batch effects from sequencing. Contrasts were used to calculate the effects of genotype and sequencing block. We used a false discovery rate of 0.01 and a minimum of 2-fold difference to define differential expression. Finally, genes that were differentially expressed only due to the genotype effect (2268 genes) were used for subsequent analysis (Supplementary File 1). Since, a complete randomized design was not possible for  $\Delta ICR/\Delta ICR$  samples, we assumed that the same genes were affected by the sequencing block as in *wild type*. These 1003 genes were then removed from the analysis to yield 1193 differentially expressed genes in the LOI cells (Supplementary File 1).

When directly comparing *wild type* and  $\Delta ICR/\Delta ICR$  cells at each developmental stage, we avoided effects of sequencing block by conducting comparisons between samples sequenced in the same batch. However, since there were relatively few genes differentially expressed in myotubes using the above criteria, we used a less stringent FDR threshold of 0.1 for this comparison. For myoblasts, we used an FDR threshold of 0.01. Also, we did not enforce a minimum fold-change requirement for both myoblast and myotube cells. Differentially expressed genes were analyzed for functional enrichment with DAVID using default settings (35,36). Since many genes were differentially expressed in the LOI myoblasts compared to the *wild type*, we separately analyzed upregulated (1558) and downregulated (1403) genes for functional enrichment (Supplementary File 1). The  $\log_2$  fold-changes calculated by DESeq2 for differentially expressed genes associated with the MAP kinase

signaling pathway were plotted as a heatmap using the ggplot2 package in R.

## Data access

RNA sequencing data were deposited in the NCBI Gene Expression Omnibus (GEO) under Series accession number GSE89136.

## RESULTS

### Loss of imprinting at the *Igf2/H19* locus disrupts *in vitro* differentiation of primary myoblasts.

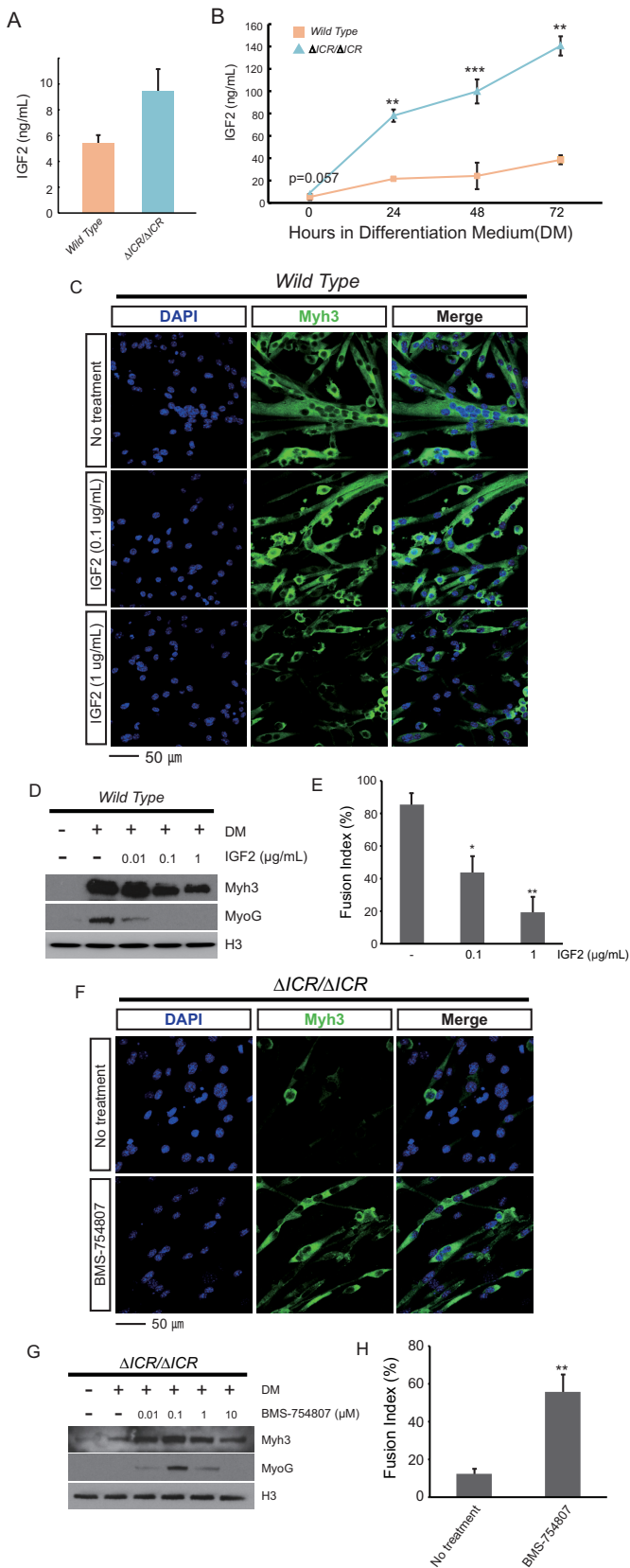
The *H19* $\Delta ICR$  mutation is a deletion that removes the entire 2.4 kb *H19ICR* (Figure 1A). In skeletal muscle tissue and in isolated primary myoblasts, maternal inheritance of this deletion results in expression of the normally repressed maternal *Igf2* allele and dramatically reduces expression of maternal *H19* (27,37). Thus maternal inheritance of the deletion recapitulates the loss of imprinting (LOI) associated with BWS. Paternal inheritance does not alter *H19* or *Igf2* gene expression patterns. Thus  $\Delta ICR/\Delta ICR$  and  $\Delta ICR/+$  muscle tissue and primary cells have equivalent phenotypes in regards to expression of *H19* and *Igf2*. Accordingly, LOI phenotypes described below are likewise equivalent in  $\Delta ICR/\Delta ICR$  and  $\Delta ICR/+$  cell lines.

To understand the downstream cellular consequences of LOI, we characterized primary myoblast cells isolated from *wild type* and mutant neonatal littermates. Upon replacement with serum-depleted media, *wild type* myoblasts efficiently differentiate into myotubes so that within 72 h, >90% of cells elongate, fuse, and express myotube-specific markers such as *Myh3* and *MyoG* (Myogenin).  $\Delta ICR/\Delta ICR$  myoblasts look and behave much like *wild type* cells when cultured in serum replete medium (Figure 1B, see 'GM' panels); however, upon serum depletion, they show dramatic defects in their ability to differentiate into myotubes. In addition to their aberrant morphology (Figure 1B, see 'DM' panels), these deficiencies can be quantitated as 6-fold reductions in cell fusion (*wild type* =  $90 \pm 4\%$ , *LOI* =  $15 \pm 2\%$ ,  $n = 3$ ,  $P < 0.001$ ) and in limited expression of myotube specific RNA (Figure 1C, Supplemental Figure S1) and proteins (*Myh3* and *MyoG*) (Figure 1D).

We note here that our western blots (Figure 1D) show that LOI cells have significantly higher levels of phosphorylated Erk1/2 peptides but this will be discussed in detail below.

### Extra IGF2 peptide accounts for many of the differentiation defects in LOI cells

Western blot analyses of myoblast cell extracts and ELISA-based quantitation of secreted IGF2 show a 1.8-fold increase in IGF2 peptide in  $\Delta ICR/\Delta ICR$  cells (Figure 2A) ( $n = 5$ ,  $P = 0.057$ ), consistent with the  $\Delta ICR$  mutation's effect on *Igf2* imprinting. However, quantitation of secreted peptide after initiation of *in vitro* differentiation showed that the differences between *wild type* and mutant myotubes increase to 3.5-fold (to about 140 ng/ml) suggesting that impairment in the differentiation process induces additional



**Figure 2.** High levels of IGF2 are responsible for the differentiation defects in LOI myoblasts. (A) ELISA analysis of secreted IGF2 in myoblast cell cultures show an increase of 1.8-fold relative to *wild type* cells ( $n = 5$ ,  $P =$

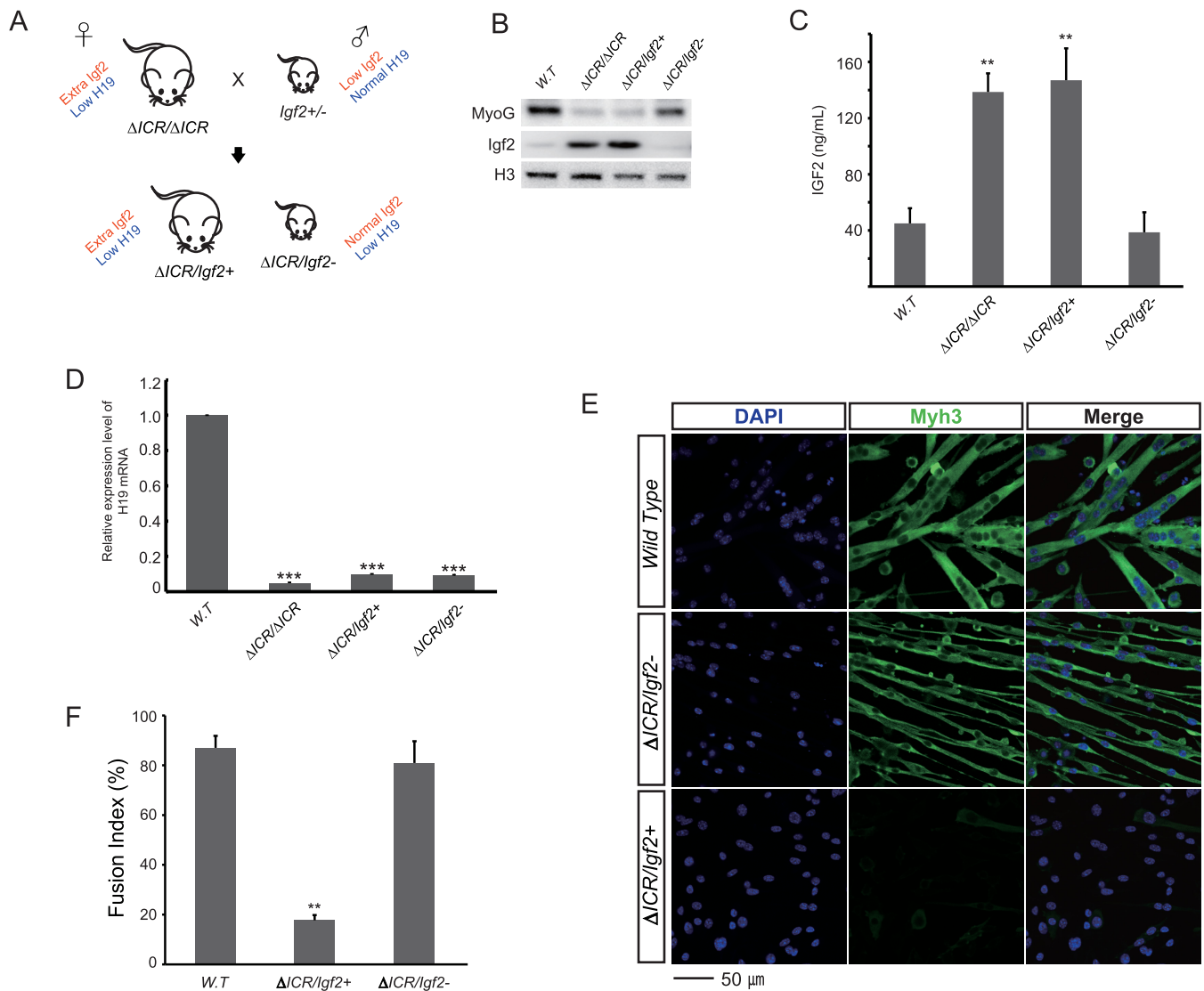
0.057). (B) ELISA analyses of secreted IGF2 in cells grown in Differentiation Medium (DM) for 24, 48 and 72 h show progressive accumulation of IGF2 in  $\Delta ICR/\Delta ICR$  cells at significantly higher levels compared to *wild type*.

(C–E) Added IGF2 peptide prevents normal differentiation in *wild type* cells. The normal myotube morphology is disrupted in a dose-dependent manner with added IGF2, recapitulating the LOI differentiation phenotype. Myh3 and Myogenin are also downregulated and cell fusion is significantly reduced. (F–H) IGF2 inhibition rescues differentiation in  $\Delta ICR/\Delta ICR$  cells. BMS-754807 inhibits IGF1 and InsR receptor kinase activity. When treated with BMS-754807,  $\Delta ICR/\Delta ICR$  cells show improved myotube morphology, increased Myh3 and Myogenin expression and significantly higher fusion rates. (C, F) DAPI (blue) and Myh3 (green) staining (D, G) Immunoblot analyses of cell extracts quantitates expression of differentiation markers, Myh3 and Myogenin (MyoG). H3 is a loading control. (E, H) Quantitation of cell fusion ( $n = 3$ ). For C–H, cells were grown 72 h in DM. \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ .

To understand the functional importance of this extra IGF2 in the differentiation defect of LOI myotubes, we added IGF2 peptide to *wild type* primary cell cultures and recapitulated the mutant phenotype. Exogenous IGF2 peptide prevents efficient differentiation of *wild type* myoblasts into elongated, fused myotubes (Figure 2C–E). Moreover, we rescued much of the mutant cell phenotype by culturing differentiating cells with BMS-754807, a small molecule inhibitor of IGF1R and InsR receptor kinases (38). That is, in the presence of the antagonist, LOI myoblasts obtain an elongated morphology (Figure 2F), express myotube markers (Figure 2F and G), and fuse with almost normal efficiency (Figure 2H). To address concerns that inappropriate doses or non-specific effects resulted in mis-interpretation of these drug studies, we used a genetic approach to rescue IGF2 levels in our LOI model by comparing primary cells from  $\Delta ICR/Igf2+$  and  $\Delta ICR/Igf2-$  littermates (Figure 3A). *Igf2-* is an allele that removes all *Igf2* peptide coding sequences while leaving imprinting of the locus intact (30). In  $\Delta ICR/Igf2-$  pups, the *ICR* deletion on the maternal chromosome results in the expected LOI phenotype (activation of maternal *Igf2* concomitant with reduced expression of *H19*), however, the mutation of the paternal *Igf2* allele prevents synthesis of functional *Igf2* mRNA from that chromosome. Thus the net effect of the combined mutations is to return the animals to 1 $\times$  dosage levels of IGF2 peptide (Figure 3B and C) without restoring *H19* RNA to *wild type* levels (Figure 3D). In  $\Delta ICR/Igf2-$  cells, key aspects of myotube differentiation are restored toward *wild type* including an elongated morphology (Figure 3E), expression of myotube markers (Figure 3B and E), and normal cell fusion (Figure 3F). Thus altogether, we conclude that key differentiation defects in LOI myoblasts depend on the 2-fold increase in *Igf2* expression associated with LOI.

Next we wanted to determine if *H19*-deficiency is a necessary pre-requisite for observing the effects of increased IGF2. Therefore we generated primary cell lines where *Igf2* and *H19* expression from the endogenous locus were altered by the *ICR* deletion but where *H19* mRNA levels were restored by expression from an unlinked single copy Bacterial Artificial Chromosome (BAC) transgene (Figure 4A and B). In these experiments, LOI was achieved with a deletion

0.057). (B) ELISA analyses of secreted IGF2 in cells grown in Differentiation Medium (DM) for 24, 48 and 72 h show progressive accumulation of IGF2 in  $\Delta ICR/\Delta ICR$  cells at significantly higher levels compared to *wild type*. (C–E) Added IGF2 peptide prevents normal differentiation in *wild type* cells. The normal myotube morphology is disrupted in a dose-dependent manner with added IGF2, recapitulating the LOI differentiation phenotype. Myh3 and Myogenin are also downregulated and cell fusion is significantly reduced. (F–H) IGF2 inhibition rescues differentiation in  $\Delta ICR/\Delta ICR$  cells. BMS-754807 inhibits IGF1 and InsR receptor kinase activity. When treated with BMS-754807,  $\Delta ICR/\Delta ICR$  cells show improved myotube morphology, increased Myh3 and Myogenin expression and significantly higher fusion rates. (C, F) DAPI (blue) and Myh3 (green) staining (D, G) Immunoblot analyses of cell extracts quantitates expression of differentiation markers, Myh3 and Myogenin (MyoG). H3 is a loading control. (E, H) Quantitation of cell fusion ( $n = 3$ ). For C–H, cells were grown 72 h in DM. \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ .



**Figure 3.** Restoring monoallelic expression of *Igf2* in LOI cells rescues their differentiation defects. (A) Genetic scheme to restore monoallelic expression of *Igf2* in LOI cells. In mouse genetic nomenclature, maternal alleles are indicated first. For example,  $\Delta ICR/Igf2^-$  means that the maternal chromosome carries the *ICR* deletion and the paternal chromosome carries the *Igf2* deletion described in the text. Here we crossed  $\Delta ICR/\Delta ICR$  mice with *Igf2*<sup>+/-</sup> mice to obtain two genotypes of interest:  $\Delta ICR/Igf2^+$ , which phenocopies  $\Delta ICR/\Delta ICR$  (extra *Igf2*, low *H19*) and  $\Delta ICR/Igf2^-$  which genetically rescues *Igf2* expression while maintaining LOI levels of *H19*. (B, C) Ablation of the paternal *Igf2* allele in LOI cells restores expression of IGF2 to wild type levels. (B) Immunoblot analyses. (C) ELISA analyses. (D) *H19* expression relative to *GAPDH* was determined by qRT-PCR. Expression in wild type cells is set at 1. The  $\Delta ICR/Igf2^-$  and  $\Delta ICR/Igf2^+$  cells have significantly downregulated *H19* levels, similar to  $\Delta ICR/\Delta ICR$ . (E, F) Ablation of paternal *Igf2* in LOI cells rescues differentiation defects.  $\Delta ICR/Igf2^-$  myotubes have improved morphology with near-normal fusion, while  $\Delta ICR/Igf2^+$  cells have aberrant myotube morphology similar to LOI cells. (E) DAPI (blue) and Myh3 (green) staining. (F) Quantitation of cell fusion. In all experiments, cells were grown for 72 h in differentiation media and at least 3 independent cultures were analyzed. Statistical significance was evaluated by t-test, comparing to wild type controls. \*\**P* < 0.01; \*\*\**P* < 0.001.

mutation called *H19* $\Delta 13$  (29). Like  $\Delta ICR$ , the  $\Delta 13$  allele deletes the entire *ICR* but it also deletes the *H19* promoter and RNA coding sequences. Maternal inheritance results in activation of maternal *Igf2* allele while the paternal inheritance has no detectable effect on transcription. Thus maternal inheritance of either  $\Delta ICR$  or  $\Delta 13$  deletions phenocopies molecular LOI defects associated with BWS.

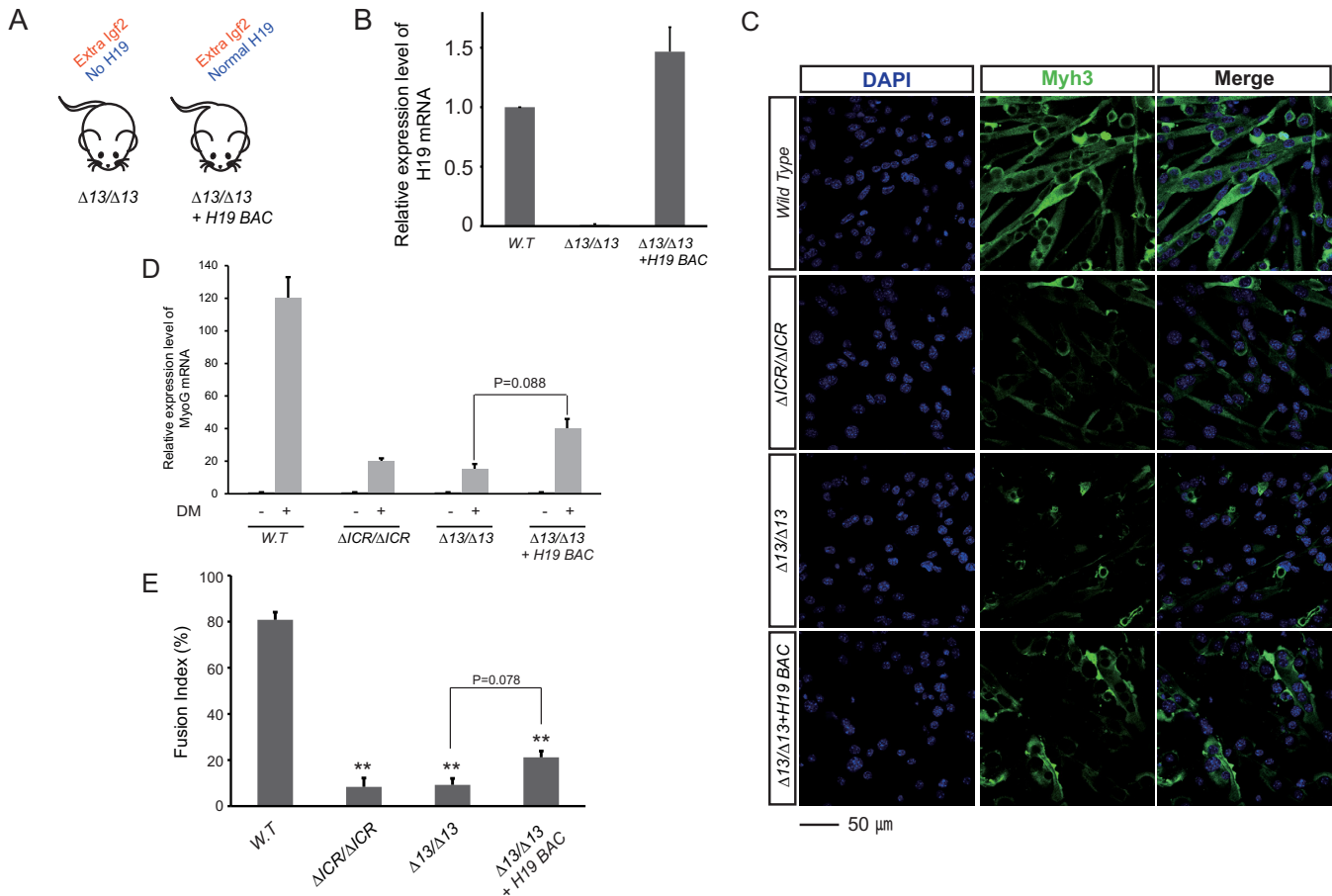
In these cell lines, the fundamental problems with differentiation are still apparent (Figure 4C–E). Altogether, we conclude that biallelic *Igf2* is enough to prevent normal differentiation even when *H19* is expressed at wild type levels.

However, as we will address in the Discussion, LOI cells with the *H19* transgene do not behave identically to cells without: restoration of *H19* does result in some improvements in myogenin expression (*P* = 0.088) and in cell fusion (*P* = 0.078) (Figure 4D and E).

#### The MAPK pathway is dysregulated in LOI cells

To understand how the process of differentiation is altered in LOI cells, we performed RNA-sequencing to determine the transcriptional status of  $\Delta ICR/\Delta ICR$  and wild type my-





**Figure 4.** Restoration of H19 RNA in LOI cells does not rescue differentiation defects. (A) Genetic scheme to restore *H19* in LOI cells. The  $\Delta 13$  allele carries a deletion of the *ICR* and the *H19* promoter and coding region and therefore causes LOI equivalent to the effect of  $\Delta ICR$ . (B) A Bacterial Artificial Chromosome (BAC) transgene provides *wild type* levels of *H19* RNA, rescuing it from near-zero in the  $\Delta 13/\Delta 13$  cells. *H19* expression relative to GAPDH was determined by qRT-PCR and normalized to expression in *wild type* cells. (C–E) Analysis of differentiation defects after restoration of *H19*. (C) DAPI (blue) and Myh3 (green) staining. (D) Myh3 RNA was quantitated as described in B and normalized to *H19* expression in *wild type* myoblasts. (E) Quantitation of cell fusion. All analyses were on cells grown in DM for 72 h,  $n = 3$ . Note that  $\Delta 13/\Delta 13 + H19 BAC$  cells show major differentiation defects relative to *wild type* cells for myogenin expression ( $P < 0.01$ ) and cell fusion ( $P < 0.01$ ). However, compared to  $\Delta 13/\Delta 13$  cells without the BAC transgene, we also see modest improvements in myogenin expression ( $P = 0.088$ ) and cell fusion ( $P = 0.078$ ). \*\* $P < 0.01$ .

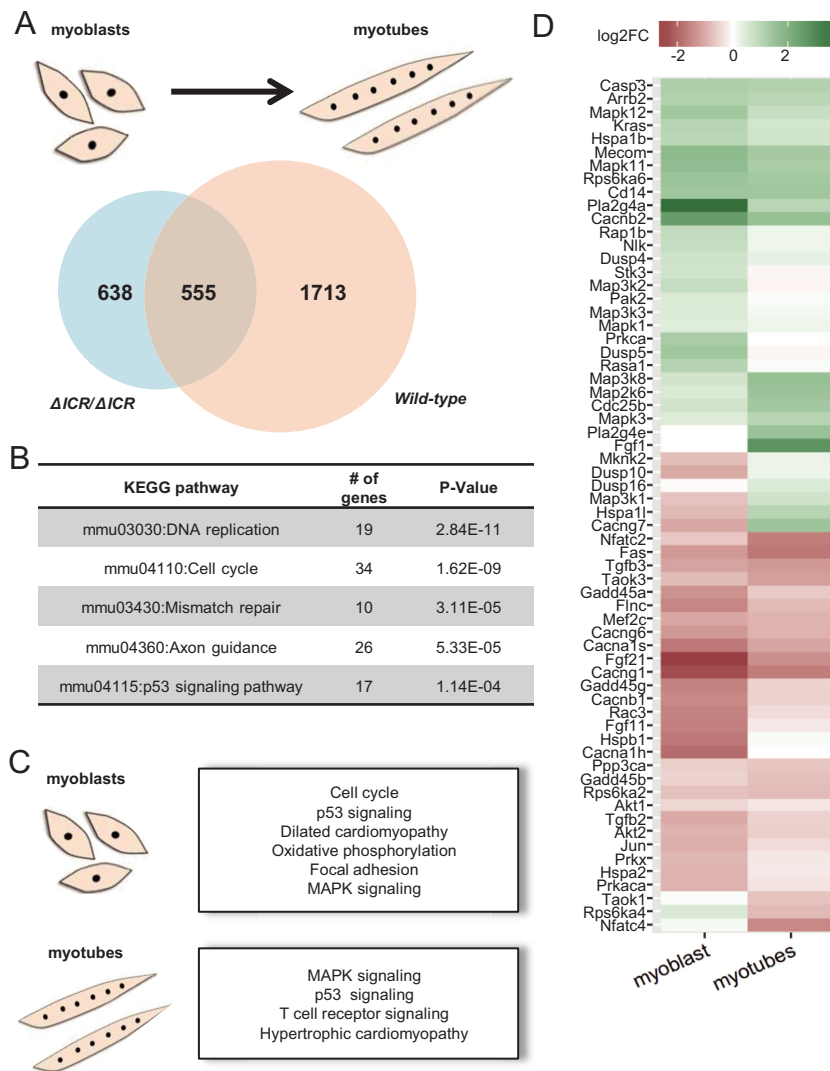
oblasts and of myotubes early in the differentiation process (24 h after serum removal).

First, we compared myoblasts to differentiating myotubes to identify genes whose expression changes during the 24 h in differentiation medium. At a false discovery rate (FDR) of 1% we found that the expression of 2268 genes was changed at least two-fold during the myoblast-myotube transition in *wild type* cells (Supplementary File 1). However, only 555 of these genes (24.4%) changed in expression in  $\Delta ICR/\Delta ICR$  cells upon removal of serum. That is, >75% of the genes that are changed during normal myoblast differentiation are misregulated in LOI cells suggesting global defects in establishing the new gene expression patterns necessary for myotube formation (Figure 5A).

Pathway analyses showed that these 1713 mis-regulated genes were highly enriched for cell cycle and other pathways associated with the cell cycle, such as DNA replication and p53 signaling (Figure 5B). Looking at the cell cycle pathway in detail, we noted that a large proportion of associated genes were aberrantly expressed in LOI cells: most af-

ected genes are down regulated during normal differentiation in *wild type*, but remain unchanged during differentiation of LOI cells (Supplemental Figure S2). The p53 signaling pathway also shows similar patterns (Supplemental Figure S3): during normal differentiation expression of cyclin genes is turned down but in  $\Delta ICR/\Delta ICR$  cells these changes do not occur. Thus, our RNA-Seq data confirms that the LOI cells have global problems and suggests that these defects likely stem from an aberrant cell cycle. In fact, the differences in cell cycle are so widespread in mutant cells that it suggested that upstream pathways might be altered.

To pinpoint these fundamental upstream defects we compared *wild type* cells to  $\Delta ICR/\Delta ICR$  cells at each stage of development. That is, we directly compared *wild type* myoblasts to  $\Delta ICR/\Delta ICR$  myoblasts to examine the differences caused by the LOI mutation at this pre-differentiation stage (Supplementary File 1). Then we repeated this analysis in the differentiating cells. As before, we found that the cell cycle pathway was highly enriched among genes that were up regulated in LOI cells with respect to *wild*



**Figure 5.** MAP kinase signaling is altered in  $\Delta ICR/\Delta ICR$  myoblasts and myotubes. (A and B) Comparison of gene expression changes that occur during myoblast differentiation in *wild type* and in  $\Delta ICR/\Delta ICR$  cells. We used RNA sequencing to identify genes where expression changed by  $>2$ -fold (FDR  $< 0.01$ ) after 24 h in differentiation medium. (A) Venn diagram shows that more than 75% (1713 out of 2268) genes changed during normal myoblast differentiation are misregulated in *LOI* cells. (B) Top five pathways altered in *wild type*, but not  $\Delta ICR/\Delta ICR$  cells, during differentiation. Cell cycle and DNA replication pathways are highly over-represented among these genes. (C and D) Direct comparison of *wild type* and *LOI* cells at each developmental stage. (C) Selected pathways enriched in genes differentially expressed in *LOI* cells compared to *wild type* at the myoblast and myotube stages. Cell cycle, p53 signaling and the upstream MAP kinase signaling pathways are affected in both myoblast and myotube cells. (D) Heatmap of genes in the MAP kinase signaling pathway that are differentially expressed in *LOI* vs. *wild type* cells at the myoblast or myotube stage. Differentially expressed genes in this pathway show the same effect of the *LOI* mutation in both cell types, indicating early developmental defects.

*type*. But through this analysis we also identified genes in Mitogen-activated protein kinase (MAPK) signaling pathways as aberrantly expressed in *LOI* myoblasts and in early myotubes (Figure 5C, Supplemental Figure S4A). Detailed examination of individual genes of the MAPK pathway showed that most of the associated genes had similar fold-differences in both myoblasts and myotubes (Figure 5D), suggesting the presence of intrinsic defects in this pathway even before differentiation began. Key results were validated by qRT-PCR using RNAs generated from independently derived cell lines (Supplemental Figure S4B).

MAPKs are protein Ser/Thr kinases that convert extracellular stimuli into a plethora of cellular responses (39).

At least 14 MAPKs have been characterized in mammals and the three most extensively characterized subgroups include ERK1/ERK2, p38, and JNK kinases. p38 and JNK are most often activated by environmental stresses. During myotube differentiation, both pathways are activated and this activation is already known to be essential for muscle development (40,41). In contrast, ERK1/2 kinase activity is activated by several growth factor receptors including the insulin receptors that mediate IGF2 stimulation (42). Furthermore, ERK1/2 kinases are known to play essential roles in promoting cell proliferation in many kinds of cells. Finally, consistent with a role in muscle cells, during normal myotube differentiation, ERK1/2 activity is downregu-



lated as myoblasts differentiate into myotubes (43,44). Altogether, these facts suggested that hyperactivation of Erk1/2 might explain the LOI phenotype. (Note that Erk1/2 are also widely known as MAPK3/1 or peptides 44/42.)

*Erk2* itself is one of the RNAs in the MAPK pathway that are increased in abundance in  $\Delta ICR/\Delta ICR$  myoblasts (30% increase, FDR = 0.005) and consistent with this observation, mutant myoblasts show a modest increase in total Erk2 peptide (Figure 1D). Much more strikingly, LOI myoblasts show a large increase in the phosphorylated or activated forms of Erk2 and of Erk1 (Figure 1D). Just as in *wild type* cells, phosphorylated Erk1/2 levels decrease as LOI myoblasts differentiate into myotubes but since LOI myoblasts begin with elevated levels of active enzyme, they are slower in returning to the low levels typical of myotubes so that early stages of differentiation are also marked with hyperactivation of these kinases.

To test directly for functional importance of ERK1/2 kinase activation in the LOI phenotype, we treated  $\Delta ICR/\Delta ICR$  cells with PD98059, an inhibitor of the MEK1/2 kinases that activate ERK1/2 (45,46). At our doses, this treatment did not prevent differentiation of *wild type* myoblasts but did restore normal differentiation into myotubes in LOI cells. That is, treated  $\Delta ICR/\Delta ICR$  myoblasts differentiate into myotubes with normal morphology (Figure 6A), express myotube markers (Figure 6B), and show near *wild type* levels of fusion (Figure 6C). Altogether these data indicate that the extra *Igf2* RNA/*H19* lncRNA depletion associated with LOI results in hyperactivation of ERK1 and ERK2 which in turn prevents myotube differentiation.

Consistent with the idea that disruption of ERK1/2 pathways through the insulin receptor is singularly important in the LOI phenotype, we did not detect any differences in levels of either total or activated p38 between *wild type* and LOI cells (Supplemental Figure S5A). We were also unable to rescue myotube differentiation of  $\Delta ICR/\Delta ICR$  myoblasts with SB202190, a direct inhibitor of p38 kinase activity, or with inhibitors to Epidermal Growth Factor, Tumor Growth Factor- $\beta$ , or Bone Morphogenic Protein pathways (Supplemental Figure S5B, C and data not shown).

### **H19 lncRNA regulates p53 levels and is required for normal myotube hypertrophy**

In Figure 3E and F, we noted that reduction of *Igf2* to a 1 $\times$  gene dosage was highly successful in rescuing the differentiation defects in LOI myoblasts even while *H19* RNA levels remained low and we therefore concluded that differentiation defects were primarily associated with extra *Igf2*. However, even a cursory examination of the morphology of  $\Delta ICR/Igf2$ - myotubes indicates that it is not equivalent to that of *wild type* cells:  $\Delta ICR/Igf2$ - cells are significantly smaller in diameter (Figure 3E) ( $WT = 12.2 \pm 5.4 \mu\text{m}$ ,  $\Delta ICR/Igf2$ - =  $6.2 \pm 5.0 \mu\text{m}$ ,  $n = 300$ ,  $P < 0.001$ ). These results indicate that *H19* RNA is essential for normal muscle cell hypertrophy.

Muscle hypertrophy is an essential process that occurs during normal development and in response to muscle injury or stress. It is now established that hypertrophy is di-

rectly dependent upon activation of the AKT/mTOR pathway (47–50).

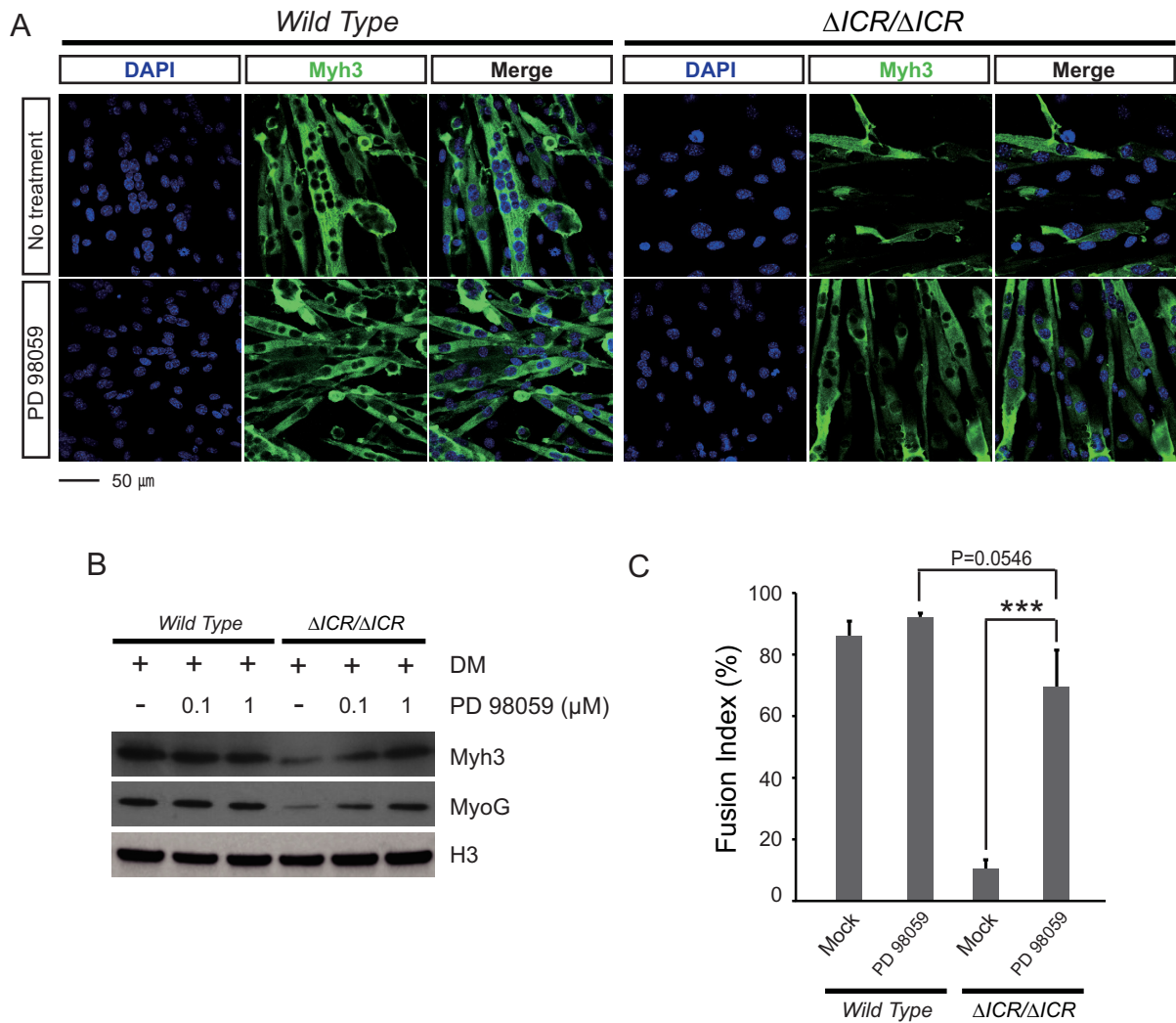
To elucidate the role of the *H19* gene in hypertrophy, we analyzed myotube formation in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> primary cells. *H19* $\Delta Ex1$  is an allele of *H19* that carries a 1 kb internal deletion within *H19* exon 1. This allele is transcribed at high levels but the truncated RNA is of such decreased stability its steady state levels are reduced >200-fold (28). Most relevant to this study, DNA sequences encoding *H19* derived miRNA-675 isoforms are not deleted and mi675-3p and mi675-5p remain expressed (Figure 7A). Thus the persistence of hypertrophy defects in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> myotubes (Figure 7B, top panels) (cell diameters:  $WT = 12.2 \pm 5.0 \mu\text{m}$ ,  $H19\Delta Ex1/H19^+ = 5.8 \pm 3.1 \mu\text{m}$ ,  $P < 0.001$ ) indicates it is the *H19* lncRNA that is critical.

Recent studies using a C2C12 model showed that *H19* lncRNA can function as a molecular sponge to reduce *let7* miRNA bioavailability and thereby affect AKT/mTOR signaling (13). To test if this mechanism applied to our primary cell lines, we analyzed expression of *let-7* miRNAs and more importantly, of genes known to be readouts of *let7* repression. Although *Igf1R* and *InsR* expression are reduced about 2-fold in *H19*-deficient cells, other well established targets, such as *LPL* and *HMG2*, are unaffected (Figure 7C). Because *let7* target genes are not consistently misregulated and because alternative mechanisms can readily explain misregulation of *Igf1R* and *InsR* (see below), we concluded that reduced *let7* bioactivity was not a good explanation for the hypertrophy defects in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> cells.

As a sidebar, we note that *H19* lncRNA levels are >1400-fold reduced in C2C12 myotubes relative to *H19* lncRNA levels in primary cells (Supplemental Table S3). Given this difference, it is not surprising that *H19* lncRNA is playing a distinct biochemical role in the two cell types.

Two recent studies using tumor cell models suggested that *H19* lncRNA can regulate cell physiology by interacting directly with p53 protein to reduce its function (14–16). According to this mechanism, the lack of *H19* lncRNA in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> myotubes would prevent normal modulation of p53 function. Consistent with this potential mechanism, our RNA sequencing analyses showed that p53 pathway genes were not appropriately regulated when LOI myoblasts differentiated into myotubes (Supplemental Figure S2). As already described above, *Igf1R* and *InsR*, two known targets of p53 repression (51,52) show reduced expression in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> myotubes (Figure 7C). *Bax* is a gene often used as a reporter to monitor p53 function and its expression is increased as predicted by p53 hyperactivity (Figure 7C). To directly address the effect of *H19*, we performed immunoblotting assays that confirmed that p53 peptide levels are not appropriately downregulated in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> myotubes (Figure 7D, top panel). Since p53 RNA levels are unaffected in mutant cells (Figure 7C), these results demonstrate that *H19* regulates p53 protein and thereby regulates p53 target genes.

As predicted by decreased p53 function (53,54) and the consequent decrease in *Igf1R*/*InsR* functions (51,52), mTOR/AKT pathway activation is decreased in *H19*-deficient myotubes. That is, phosphorylated but not total peptide levels for AKT, p70, and p-rpS6 are all reduced in *H19* $\Delta Ex1$ /*H19*<sup>+</sup> myotubes (Figure 7D). It is well estab-



**Figure 6.** Inhibition of MAPK activity in LOI cells rescues defective differentiation. *Wild type* and  $\Delta ICR/\Delta ICR$  cells were grown in differentiation media with PD 98059 (0.1  $\mu$ M) to inhibit activation of the Erk1/2 kinases.  $\Delta ICR/\Delta ICR$  myotubes show normal morphology upon treatment with PD 98059. This rescue is reflected in Myh3 and Myogenin expression and increased fusion levels. (A) DAPI (blue) and Myh3 (green) staining. (B) Immunoblot analysis of Myh3 and Myogenin proteins. H3 is a loading control. (C) Quantitation of cell fusion. \*\*\* $P < 0.001$ .

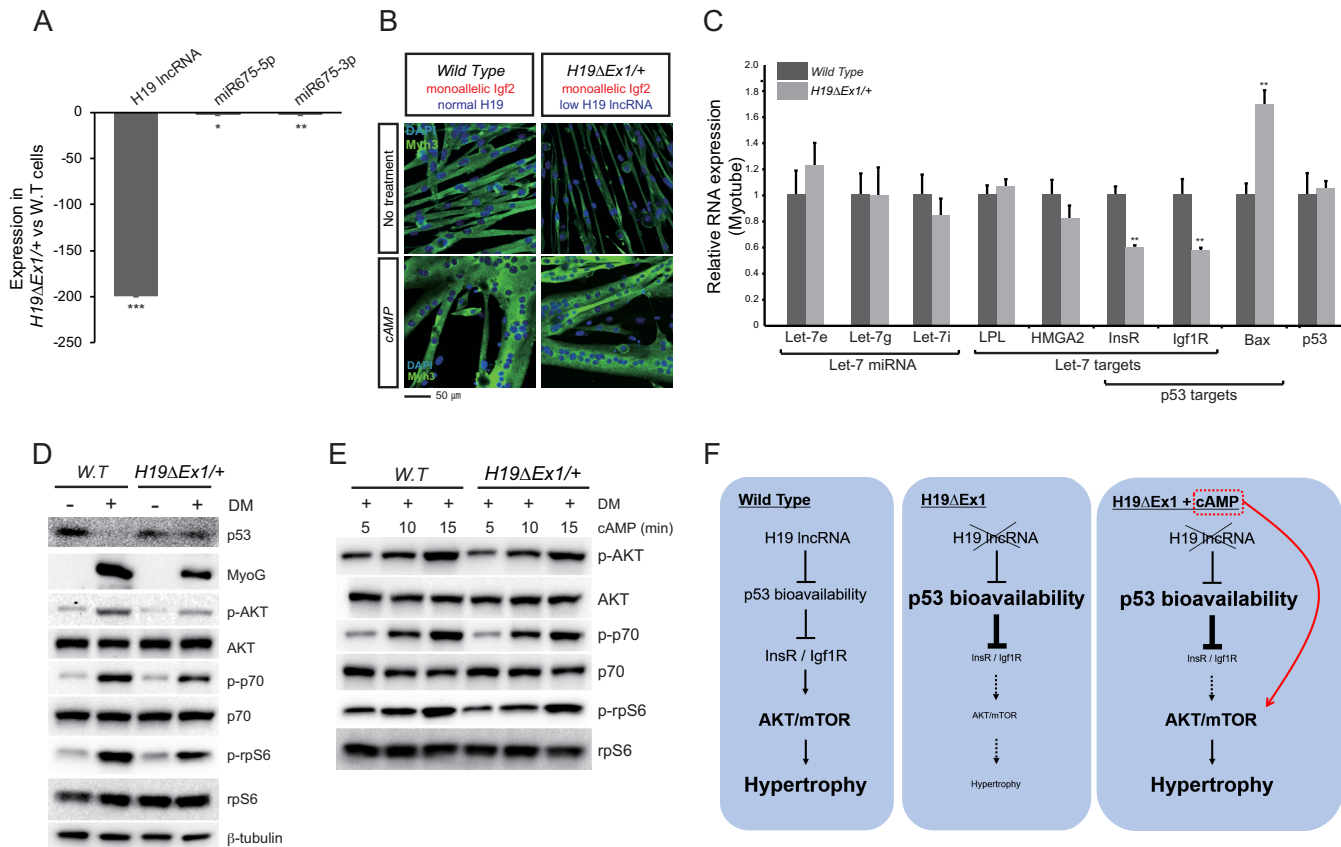
lished that cAMP treatment can circumvent Igf1R/InsR receptor kinases to directly stimulate mTOR/pAKT (55). Here we confirm that this applies to our primary cell models: cAMP rapidly activates mTOR/pAKT signaling pathways in both wild type and *H19*-deficient cells (Figure 7E). Most importantly, cAMP treatment restores normal hypertrophy in *H19 $\Delta$ Ex1/H19+* myotubes (Figure 7B, bottom panels). Altogether, these results indicate that *H19* lncRNA works through p53 to activate AKT/mTOR and thereby promote hypertrophy (Figure 7F).

## DISCUSSION

Imprinted genes are not randomly scattered throughout the genome but are organized into discrete clusters where monoallelic expression is dependent upon shared regulatory regions called Imprinting Control Regions (ICRs). Disruptions in imprinting by genetic or epigenetic mutations at ICRs will therefore almost invariably result in dis-

ruption of normal expression patterns in multiple genes. Thus LOI diseases are likely to be multigenic and complex in etiology and defined model systems such as those described here that allow single gene effects to be evaluated in isolation and in combination will be required to elucidate the separate and the synergistic effects of gene misexpression.

LOI at the *IGF2/H19* locus is associated with two distinct syndromes based on parental origin of the defects. Defects on the maternal chromosome can lead to ectopic expression of maternal *IGF2* and reduced *H19* mRNA and are associated with BWS and with several pediatric cancers including rhabdosarcoma and Wilms' tumor (20,56). In this study, we analyze *in vitro* differentiation of *wild type* and LOI primary myoblasts to identify the downstream molecular effects of maternal LOI. We identify phenotypes that are distinct effects of *Igf2* overexpression and of *H19* depletion but also identify genetic interactions including both synergy and suppression (Figure 8).



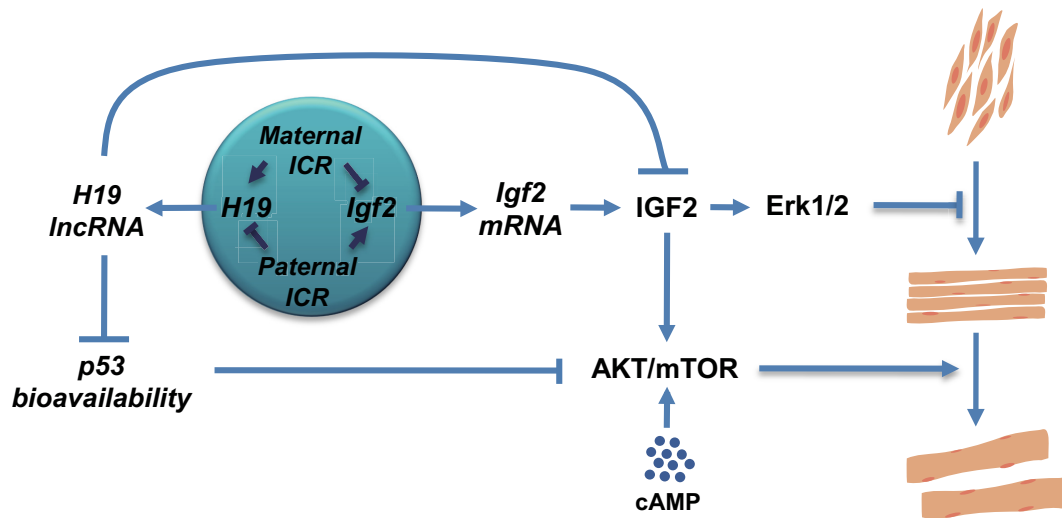
**Figure 7.** *H19* regulates p53 peptide levels and activity and is required for activation of the AKT/mTOR pathway. (A) Expression of *H19* lncRNA and of miRNAs 675-3p and 675-5p in *H19ΔEx1/H19+* myoblasts. RNAs were assayed as described in Methods and are reported relative to their expression in wild type cells. The >200-fold change in *H19lncRNA* expression in LOI cells dwarfs the change in *miR-675-3p* and *-5p* expression.  $N = 3$ . (B) Maternal inheritance of *H19ΔEx1* results in reduced hypertrophy that can be rescued by treatment with cAMP. Cells were cultured for 72 h in differentiation medium with 0 or with 50  $\mu$ M cAMP and costained for DAPI (blue) and Myh3 (Green). Upon cAMP treatment, the *H19ΔEx1/+* cells display hypertrophy similar to wild type cells. (C) Expression of *let-7* miRNAs and of *let7* and of p53 mRNA biomarkers in *H19*-deficient myotubes. Cells were cultured 48 h in Differentiation Medium (DM) and analyzed as described in A.  $N = 3$ . (D) Immunoblot analyses of wild type (W.T.) and of *H19ΔEx1/H19+* myoblasts (DM-) and myotubes (DM+). AKT/p-AKT, p70/p-p70, and rpS6/p-rpS6 were analyzed to monitor activation of AKT/mTOR pathways.  $\beta$ -tubulin is included as a loading control. p53 expression stays high in *H19ΔEx1/+* cells in DM, while Myogenin is downregulated. p-AKT, p-p70 and p-rpS6 are also reduced, indicating reduced activation of AKT/mTOR pathways. (E) cAMP treatment causes rapid activation of pAKT/mTOR pathways in both wild type and *H19ΔEx1/H19+* myotubes. 50  $\mu$ M cAMP was added for the times indicated when cells were moved to differentiation medium. (F) Cartoon summary of *H19* lncRNA function in myotube hypertrophy in wild type and *H19*-deficient cells. p53 controls *InsR/Igf1R* expression, which in turn activates AKT/mTOR signaling and induces muscle hypertrophy. *H19* lncRNA adds another layer of control in wild type cells, negatively regulating p53 bioavailability. In *H19ΔEx1/+* cells, the lack of *H19* expression results in increased p53 and lower *InsR/Igf1R* levels, causing reduced AKT/mTOR signaling and less hypertrophy. The addition of cAMP to these cells bypasses the *H19*-p53-*InsR/Igf1R* control, directly activating AKT/mTOR signaling and inducing hypertrophy. \* $P \leq 0.05$ ; \*\* $P \leq 0.01$ ; \*\*\* $P \leq 0.001$ .

LOI myoblasts already have significantly altered transcriptomes which results in an inability to differentiate into myotubes (Figure 1). This differentiation defect is primarily associated with overexpression of *Igf2* and can be reversed by a second-site genetic mutation to restore monoallelic expression of *Igf2* or by pharmacologic inhibition of IGF2 receptor kinases but not by restoring *H19* expression (Figures 2-4). Analyses of transcriptomes in wild type and mutant cells suggested a critical role for cell cycle regulation and specifically for the MAPK pathway (Figure 5). In fact, Erk1/2 kinases are hyperactivated in LOI myoblasts and differentiation is restored in mutant cells by inhibiting activity of the MEK1/2 kinases that phosphorylate the Erk1/2 peptides (Figure 6).

While restoration of *H19* cannot restore normal differentiation to LOI myoblasts, our data indicate that *H19* does

contribute to differentiation. In Figure 4, we see that restoring *H19* to LOI cells improves both expression of myotube markers and cell fusion efficiency. Likewise, we see a reduction in expression of myotube markers when *H19* is mutated in cells with undisturbed imprinting of *Igf2* (See MyoG blot in Figure 7D). These results are consistent with other studies on *H19* function in muscle *in vivo* (4,12,57). However, it is important to note that in all these models, it is difficult to ascertain a function for *H19* that is truly distinct from that of *Igf2* because it is well established that *H19* lncRNA directly represses *Igf2* (9). In agreement with this previous report, in our models we also saw that both *Igf2* RNA levels and IGF2 peptide levels are increased ~20% upon mutation of *H19* (data not shown). Since the 1.8-fold increase in *Igf2* due to LOI completely blocks myoblast differentiation, it is reasonable to postulate that the 20% increase might result in





**Figure 8.** Interactions between H19 and Igf2 regulate muscle cell development. Imprinted expression of *H19* and *Igf2* genes is determined by the *H19ICR*. Disruptions in *ICR* function on the maternal chromosome result in biallelic expression of *Igf2* and reduced expression of *H19* while disruptions on the paternal chromosome result in reduced expression of *Igf2* and biallelic expression of *H19*. *H19* lncRNA directly represses *Igf2* RNA levels (63). In addition, *H19* is required for normal activation of the AKT/mTOR signaling pathways because *H19* lncRNA modulates p53 levels and activity and therefore reduces p53-mediated repression of *InsR* and *Igf1R*. *Igf2* mRNA encodes IGF2 peptide which activates MAPK signaling through the *InsR* and *Igf1R* receptor kinases. MAPK (or *Erk1/2*) signaling is normally downregulated as myoblasts differentiate into myotubes but excessive IGF2 in LOI cells results in hyperactivation of *Erk1/2* and prevents normal differentiation. In addition, IGF2 activates AKT/mTOR signaling. In LOI myoblasts, the loss of *H19* and the extra IGF seem to cancel out so that AKT signaling is relatively normal.

partial blocks. Thus the differentiation defect is best viewed as a synergistic one where loss of imprinting at the *Igf2* gene is the primary problem but one that is exacerbated by loss of *H19* and the consequent further increase in cellular *Igf2*.

Although *H19* plays some role in differentiation, in our model system its primary role is to promote myotube hypertrophy. This finding is consistent with and helps explain results in recent publications describing a critical role for *H19* in muscle regeneration *in vivo* (12,57). Our results indicate that *H19* lncRNA works to reduce p53 peptide. In wild type cells, differentiation into myotubes is associated with a 60-fold increase in *H19* lncRNA (Supplemental Table S1). Our data show that this increased *H19* lncRNA results in reduced p53 peptide (Figure 7D) and p53 function (Figure 7C). In *H19*-deficient myotubes, p53 levels and activity remain aberrantly high. The consequent reduction in AKT/mTOR signaling is likely caused by reduced activation of *Igf1R* and *InsR* since these are directly repressed by p53 (51,52). Addition of cAMP to mutant cells rescues AKT/mTOR activation (55) (Figure 7E) and hypertrophy (Figure 7B) demonstrating that insufficient activation of AKT is the direct cause of abnormal hypertrophy in *H19*-deficient cells described in Figure 7F.

This novel mechanism for *H19* lncRNA function in regulating AKT activation is different than one proposed based on a very powerful analysis of C2C12 cell differentiation performed by Gao and colleagues (13). That study showed that *H19* lncRNA regulates muscle cell physiology by reducing *let7* bioavailability. However, in primary cells, *let7* biomarkers are not altered in a way that is consistent with a major role for *let7* miRNA (Figure 7C). In accord with the idea that *H19* lncRNA biochemical function in C2C12 and in primary cell is very different, total *H19* lncRNA levels are reduced >1400-fold in C2C12 myotubes while p53

levels are 8-fold higher (Supplemental Table S1). The high levels of *H19* (and *Igf2*) in primary cells might suggest that they are a more appropriate model for understanding the role of this locus in fetal and neonatal development while C2C12 might better model adult muscle cell development and differentiation. See Raveh *et al.* for a review of data suggesting that *H19* functions in adult and embryonic cells are very different (22).

We used the  $\Delta Ex1$  deletion mutation to rule out a significant role for *H19*-derived miRNAs 675-3p and -5p in promoting the hypertrophy phenotype of interest in this study (Figure 8). The minimal effect of the deletion on miRNA levels was initially a surprise but made sense upon reflection. Transcription studies show that transcription of *H19* lncRNA remains high in this mutation even though steady state levels are drastically reduced (28). If the miRNA processing occurs using nascent transcripts, there is no expectation that miRNA levels should be reduced by the  $\Delta Ex1$  mutation. In addition, it should be noted that miRNA 675 levels are very, very low relative to *H19* lncRNA levels. Thus the overwhelming portion of *H19* lncRNA is not processed. Furthermore, the levels of miRNA 675 in a cell type do not correlate well with levels of *H19* lncRNA. Thus *H19* lncRNA does not appear to be the limiting factor in determining miRNA 675 levels in many circumstances.

Our results do not contradict other studies that have suggested an important role of mi675. In fact, this allele should prove very useful to many investigators seeking to distinguish the separate roles of *H19* miRNA and lncRNA.

The regulation of AKT/mTOR pathways is an example of mutual suppression by the two transcriptional defects associated with the LOI mutation. As described above, activation of AKT can occur through the *Igf1R* and *InsR* receptors and is therefore responsive to IGF2 peptide so that

high levels of IGF2 lead to super activation of AKT (7,58). However, as just discussed above, loss of *H19* results in decreased activation of AKT. In LOI cells, these two effects seem to balance out since phosphorylated AKT, rpS6, and p70 are all present at *wild type* levels (data not shown). Thus by affecting both genes in opposite ways, LOI eliminates the AKT/mTOR activation phenotypes associated with misexpression of *Igf2* or of *H19* alone (Figure 8).

LOI diseases are complicated in several ways and it has often been difficult to understand their broad phenotypes that can vary significantly from patient to patient. Recent work from the Bartolomei and Raj labs showed that within a single patient, LOI can be stochastic from cell to cell and this variability likely contributes to the wide spectrum of these disorders (59). Here, we highlight a second complexity, that LOI diseases are invariably multigenic and that altered expression of the affected genes will have individual and interactive effects that are likely to vary in importance from cell type to cell type. It is now clear that *Igf2* and *H19* each play important roles in muscle development and in muscle regeneration in response to injury. In this study, we use a loss of imprinting model to further elucidate the molecular mechanisms for function of these two genes and especially to understand unique defects associated with misregulation of these genes that play both opposing and supporting roles in regulating key signaling pathways including MAPK and AKT/mTOR (Figure 8). We specifically analyzed the implications of these disruptions in muscle cell development and differentiation but note that these pathways are of importance in key developmental events in other cell types. Finally, we characterize a novel allele of *H19* that will be invaluable in distinguishing the phenotypes associated with the *mi675* and with the 2.3 kb *H19* lncRNA.

## DATA AVAILABILITY

RNA sequencing data were deposited in the NCBI Gene Expression Omnibus (GEO) under Series accession number GSE89136.

## SUPPLEMENTARY DATA

Supplementary Data are available at NAR Online.

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*Conflict of interest statement.* None declared.

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