JAK2-STAT5B pathway and osteoblast differentiation

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Osteoblast differentiation is a critical step in the maintenance of bone homeostasis. Osteoblast differentiation is generally maintained by growth hormone (GH) and various other endocrine and autocrine/paracrine factors. JAK2-STAT5B pathway is a central axis in the mechanism of GH signaling. Similarly, the autocrine/paracrine signaling factor IGF-1 also mediates its effects through this pathway. Analysis on JAK2-STAT5B pathway showed its importance in the IGF-1/IGF-1R mediated regulation of gene expression and osteoblast differentiation. Persistent activation of STAT5B and inhibition of STAT5B degradation showed increased osteoblastic differentiation and STAT5B/Runx-2 activities. Conditional gene silencing studies showed the importance of the JAK2-STAT5B pathway in stimulation of other transcription factors and expression of various differentiation markers.

Introduction

Signal transducer and activator of transcription (STAT) was first identified two decades ago. From there the development happened in the field of STAT family of proteins, and its upstream regulator Janus activated kinases (JAKs) shows the importance of STATs in biological systems. Recent evidence suggests that STAT family of protein, especially STAT5B plays a pivotal role in growth hormone (GH) signaling, osteoblast differentiation and bone homeostasis.¹ Indeed, our in vitro studies showed that the enhancement of GH signaling using methylsulfone (MSM), a low molecular weight natural compound induced the osteoblast differentiation through persistent activation of JAK2-STAT5B pathways.² Different osteogenic markers were expressed in osteoblast like cells in response to JAK2-STAT5B signaling. Even then the exact role of JAK2-STAT5B signaling axis in osteoblast differentiation remains unclear. This paper focuses on the role of JAK2-STAT5B pathway in GH-dependent osteoblast differentiation.

Biological Functions of Osteoblast in Bone

Bone is a specialized connective tissue which supports the body, housing for vital organs, maintains blood calcium levels, support hematopoiesis and have several metabolic functions. Bone contains distinctive layers like outer shell called the cortex, and a hollow cavity filled with bone marrow. Different degrees of mineralization are observed in bone, which makes it harder and stronger. Even though bone is a living tissue containing blood vessels and various cell type (Fig. 1). Bone is continuously maintained and renewed by four different kinds of cells:

1) Osteoclasts: Osteoclasts are giant multinucleated cells located at the surface of bone. They degrade (resorb) bone tissue via local acidification and secretion of various proteases. Acidification is crucial to dissolve the mineral in bone, whereas the proteases degrade the proteins of the extracellular matrix.

2) Osteoblasts: Osteoblasts are derived from hematopoietic cells. They synthesize the organic matrix of bone by secretion of a wide variety of extracellular matrix proteins. This group of cells plays a critical role in the maintenance of bone health by increasing the bone mineralization process and controlling the resorption role of osteoclasts. Osteoblast at its terminal stage of life, either undergo a differentiation or an apoptotic death.

3) Osteocytes: Osteocytes are the terminal differentiation products of osteoblasts. These cells occur entrapped in the bone matrix produced by the cell itself. They have a morphology with long thin cytoplasmic processes. This morphology helps them to form a fine network of connections with other osteocytes, and with the osteoblasts located at the surface of the bone. Osteocytes are the most abundant cells in the bone and are believed to maintain the bone by sensing mechanical strains and bone damage.³⁻⁵

4) Lining cells: These are another group of bone cells derived from osteoblasts. Lining cells cover the bone surfaces and separate the bone surface from the bone marrow. However, the exact function of bone lining cells remains unclear.⁶

This indicates that differentiation of osteoblasts is very much important for the maintenance of bone from mechanical strain and from other damages. Furthermore, increase the mineralization of bone and minimize the bone resorption.

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Janus Kinases and Signal Transduction

JAKs are the family to PTKs with a molecular weight of 120-130 kDa, and consisting ~1150 amino acids.⁷⁻⁹ Four distinct members



Figure 1. Different cells of bone maintenance and homeostasis. Osteoblasts are differentiated from mesenchymal cell precursors. The mature osteoblast then differentiated into osteocytes and lining cells. These constitutes most of bones cells and protect bone from mechanical damages.

of the JAK family have been identified, namely, JAK1, JAK2, JAK3, and Tyk2. This family of proteins contains a tandem kinase and a pseudokinase domain. JAKs are expressed ubiquitous with an exemption of JAK3, which is expressed in hematopoietic cells, and vascular smooth muscles and endothelium.¹⁰⁻¹⁴

The individual role of JAK2 is too wide as it can regulate a broad range of signaling molecules and transcription factors. Upon different external signal, JAK2 acts on various substrates. Limited knowledge is available about JAK substrates until now. Even then the major substrate of JAK is the STAT family of transcription factors. Apart from this, Shc, Grb2, Vav, STAM, and SHP2 have been reported to interact with JAKs.¹⁵⁻¹⁸

Signal Transducers and Activators of Transcription (STATs) in Signal Transduction

The signal transducer and activator of transcription (STAT), first discovered in 1993 by James Darnell^{19,20} is a group of seven members denoted STAT1, STAT2, STAT3, STAT4, STAT5A, STAT5B, and STAT6, plays a central role in growth factors, prolactin and various other cytokine signaling.^{20,21} STAT signaling axis controls a remarkable variety of biological responses, including development, differentiation, cell proliferation and survival.²² STAT5 originally found in mammary gland and was called as a mammary gland factor.²³ Later in 1995, STAT5B was discovered and STAT5 renamed to STAT5A.²⁴ Recent studies found that STAT5B is expressed in many cell types, including osteoblasts. The recognition of JAK2-STAT5B-IGF-1 signaling axis helped the scientific community to understand the signaling of growth hormones and other endocrine and paracrine/ autocrine hormones, which use IGF-1 for signaling. It has been clear that, extracellular ligandbinding receptor-associated cytoplasmic tyrosine kinases belonging to the JAK family are activated upon cytokine or growth hormone binding. Upon activation, the JAKs cross phosphorylate each other and their associated membrane receptors. Additionally, the intimate relationship between JAK2 and STAT5B has made it difficult to attribute discrete actions to each molecule in osteoblast differentiation.

Growth Hormone and Osteoblast Differentiation

GH promotes longitudinal bone growth and regulates multiple cellular functions in humans and animals.²⁵ GH signals by binding to GH receptor (GHR) to activate the tyrosine kinase, JAK2, which in turn tyrosine phosphorylates GHR and downstream STAT5 pathways, thereby regulating expression of genes, including IGF-1. Orlando et al., reported that GH signaling via the JAK2-STAT5 pathway can be prolonged by $1,25(OH)_2D_3$ in UMR-106 osteoblast like cells.²⁶

Prolonged activation of JAK2-STAT5B leads to the DNA binding and transcriptional functions of STAT5B. Recently, we found that methylsulfone induced expression and phosphorylation of STAT5B can modulate the expression of GHR in osteoblastic MC3T3-E1 and in UMR-106 cells.²

JAK2-STAT5B Pathway in IGF-1/IGF-1R Signaling Axis

GH signals both directly and via IGF-1, which signals by activating the IGF-1 receptor (IGF-1R). IGF-1 is reported as the critical mediator of bone growth.²⁷ Systemic IGF-1 are synthesized primarily in the liver, where its synthesis is GH-dependent; IGF-1 is also produced in osteoblasts, where it acts locally as an autocrine/paracrine growth factor under the control of multiple hormones.^{28,29} Recently, we reported that, methylsulfone, a natural organic sulfur containing compound can stimulate JAK2-STAT5B signaling and can mimic the GH signaling through JAK2-STAT5B pathway. In our study, we detected that STAT5B has transcriptional promoter activity in IGF-1 as well as in IGF-1R genes in UMR-106 cells. Similar DNA binding activities were seen in UMR-106 cells treated with 1,25(OH),D₄.²⁶

IGF-1R is a cell surface receptor that contains intrinsic tyrosine kinase activity within its intracellular domain. Recent studies in our lab reported that silencing STAT5B using specific *si*RNA showed a decline in the expression of IGF-1R in osteoblastic MC3T3-E1³⁰ and in C3H10T1/2 cells.² Studies also proved that STAT5B has a DNA binding domain in IGF-1R and this binding is stimulated by the phosphorylation of STAT5B by JAK2. The binding of STAT5B to the GAS-DNA binding domain of IGF-1R increases the relative expression of IGF-1R in UMR-106 cells.² When these cells treated with a JAK2 inhibitor AG490, STAT5B induced expression of IGF-1R seems inhibited. Similarly, the deletion of IGF-1R from primary osteoblast showed a reduction in the tyrosine phosphorylation of STAT5, and STAT5-mediated GH signaling.³¹ This gives an idea about the positive feedback loop of control between STAT5 and IGF-1R. However IGF-1R tyrosine kinase inhibitor did not prevent the GH induced STAT5 activation whereas it inhibited the IGF-1 induced IGF-1R signaling.

GH signaling in osteoblast can be explained in two phases. In the first phase, GH binds to the GHR leading to the receptor autophosphorylation and JAK2 phosphorylation. This JAK2 phosphorylation in turn activates the STAT5B signaling pathway and trigger the expression of genes regulated by STAT5B. IGF-1 and IGF-1R are the prominent downstream targets of STAT5B. The synthesized IGF-1 is secreated out from the cell, and it will start operating the autocrine loop of signaling. Meanwhile, the synthesized IGF-1R translocate to the membrane and transmits the signals from IGF-1, which constitutes the second phase of GH signaling (Fig. 2).

JAK2-STAT5B and BMPs

The bone morphogenic proteins (BMPs) are the crucial intermediates of osteoblast differentiation through paracrine signaling. JAK2-STAT5B pathway can modulate the morphology of the bone growth by altering the bone morphogenic proteins in the osteoblastic and pre-osteoblastic cell lines. Recently, we found that, inhibiting the JAK2 using AG490 and silencing of STAT5B using specific *si*RNA inhibits the expression of BMP-7 in MC3T3-E1 cells.³⁰ This clearly tells the role of JAK2-STAT5B in the expression of BMP-7. The role of BMP-7 in osteoblast cells is well studied.³² One of the most important targets of BMPs is Runx-2.³³ Hypothetically, JAK2-STAT5B pathway can impart a direct or indirect role in this crucial transcription factor for osteoblastogenesis. However, this mechanism has to be clarified with sufficient experiments.

JAK2-STAT5B Pathway and Runx-2

Runx-2 is a crucial transcription factor in the osteoblast differentiation. There are studies showing that the STAT5 can modulate the activities of Runx-2. Panos et al. showed that GH stimulates JAK2-STAT5 in Saos-2 human osteoblastic cells.²⁵ In this Saos-2 GH induced a transient tyrosine phosphorylation in STAT3 as well as in STAT5. They also found that, GH can regulate the role of Runx in Saos-2 cell lines. STAT5B *si*RNA transfected C3H10T1/2 showed a statistically significant decrease in expression of Runx-2.² In the same study, chemically induced increase in the expression of STAT5B showed elevated level of Runx-2 and increased osteoblast differentiation. Another study conducted on the role of Runx proteins in osteoblast differentiation, it is found that Runx-2 alone cannot induce osteoblastic differentiation. They suggest that smad complexes and some other proteins together with Runx-2 induces the osteoblast differentiation.³⁴ Degradation studies conducted by François-Xavier et al. on STAT5 using c-Cbl showed that silencing of c-Cbl can increase the interaction of STAT5-Runx-2 in mesenchymal stem cells. STAT5 forms a functional complex with Runx-2 leading to the increase in transcriptional activity of Runx-2 and expression of genes involved in osteoblast differentiation.³⁵ This work shows the ability to STAT5B in regulating the activity of Runx-2 for osteoblast differentiation process (**Fig. 3**).

Other Targets of JAK2-STAT5B in Osteoblasts

Tbx3 (T-box3) is a transcription factor known for its transcription regulation. Tbx is known to express in bone, and its expression is regulated via GH. Osteoblast proliferation is regulated by Tbx3 and during osteoblast differentiation, its expression increases.^{36,37} Blocking Tbx3 resulted in inhibition of stromal cell differentiation into osteoblasts showing the crucial role of Tbx3 in osteoblast differentiation.³⁸ Govoni et al. also showed that, pretreatment of MC3T3-E1 cells with STAT5B inhibitor TNF- α abolished the GH-mediated Tbx3 expression. This suggests that, JAK2-STAT5B pathway is involved in the expression of Tbx3 in MC3T3-E1 osteoblastic cells. Even though overexpression of Tbx3 suppresses the osteoblastic differentiation and maintains the homeostasis through suppressing osterix and Runx2.

Additionally, this study showed STAT5B can directly or indirectly affect various osteogenic markers like, ALP, BSP, OCN, OPN, and Osterix. More studies need to elucidate the role of the JAK2-STAT5B pathway in the regulation of all these osteogenic markers.

Conclusion

The importance of the JAK2-STAT5B pathway in the microenvironment of osteoblastic cells contributes to the increasing knowledge of osteoblast differentiation. Osteoblast is highly affected by the GH, which signals through JAK2-STAT5B pathway. The secrets in the regulation of different signaling pathways and their interrelationships with JAK2-STAT5B pathway should be unraveled in osteoblasts. We expect the new information may help in developing drugs targeted to JAK2-STAT5B modulation, and it will help patients with various bone disorders, deformities, and growth disorders.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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Figure 2. GH transmits the signal in two phases. In the first phase (represented as dark arrow), GH binds to the GHR and triggers the JAK2-STAT5B signaling axis. This leads to the transcription of IGF-1 and IGF-1R. These then mediates the second phase (represented by dotted arrows) of signal transduction. Here IGF-1 binds to IGF-1R and triggers the MAPK pathway or PI3K/Akt pathway and induces osteoblast proliferation and differentiation.

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Figure 3. Regulation of Runx-2 activity by combined effect of STAT5B and Smad complexes. Induction of STAT5B from GH signaling leads to the formation of STAT5B/Runx-2 complex. Similarly, the Smad complexes induced by the action of BMP will bind with the Runx-2 and form Smad/STAT5B/Runx-2 complex and induce the transcription of genes responsible for osteoblast differentiation.

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