



MEETING ABSTRACT

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P03-013-B - Inaugural palate nodule of a systemic sarcoidosis

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Introduction

Oral manifestations of the sarcoidosis are rare. We report a case of a systematic sarcoidosis revealed by a nodule of the palate.

Objectives

To emphasize on mucosa localization of sarcoidosis when addressing nodular lesion of the palate in order to allow an appropriate treatment.

Methods

Mrs M. L a 29-year-old woman, presented an isolated nodule of the soft palate. The nasofibroscopy was normal, the histology showed a non specific inflammatory infiltrate. Two years later, the patient presented papulo-nodular lesions of the face associated with anosmia and a second stage dyspnea of NYHA.

Results

Oral sarcoidosis is rare. Labial and lingual effects are at the forefront; effects of the palate remain exceptional. The lesions may take the form of a nodule, ulceration or perforation. Treatment based on systemic corticosteroids, sometimes with the addition of immunosuppressives or synthetic antimalarials.

Conclusion

Sarcoidosis of the soft palate is rare and probably under-diagnosed. The risk of perforation or occurrence of systemic localization requires a careful examination of the oral mucosa in all patients with sarcoidosis.

Competing interests

None Declared.

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