## Original Article Urology

Check for updates

## Microbiological Features and Clinical Factors Associated with Empirical Antibiotic Resistance in Febrile Patients with Upper Urinary Tract Calculi

IKMS

Seok Cho <sup>(b)</sup>,<sup>1</sup> Min Gu Park <sup>(b)</sup>,<sup>2</sup> Keon-Cheol Lee <sup>(b)</sup>,<sup>1</sup> Sung Yong Cho <sup>(b)</sup>,<sup>1</sup> and Jeong Woo Lee <sup>(b)</sup> <sup>3</sup>

<sup>1</sup>Department of Urology, Inje University Ilsan Paik Hospital, Inje University College of Medicine, Goyang, Korea

<sup>2</sup>Department of Urology, Inje University Seoul Paik Hospital, Inje University College of Medicine, Seoul, Korea

<sup>3</sup>Department of Urology, Dongguk University Ilsan Hospital, Dongguk University College of Medicine, Goyang, Korea

## ABSTRACT

**Background:** To investigate the clinical and microbiological features of febrile patients with upper urinary tract calculi and factors that affect empirical antibiotic resistance. **Methods:** A retrospective analysis was performed on 203 febrile patients hospitalized between

January 2011 and December 2016 with antibiotic treatment for urinary tract infections and upper urinary tract calculi at three institutions. We collected and analyzed data, including patients' age, sex, body mass index, underlying diseases, stone-related factors, and the results of urine and blood culture examinations and antibiotic sensitivity tests.

**Results:** The male-to-female ratio was 1:2.3. Bacteria were identified in 152 of the 203 patients (74.9%). The most commonly cultured microorganisms included *Escherichia coli* (44.1%), followed by *Enterococci* spp. (11.8%), *Proteus* spp. (8.6%), *Streptococcus agalactiae* (6.6%), *Klebsiella* spp. (5.3%), *Pseudomonas* spp. (4.6%), coagulase-negative *Staphylococcus* (4.0%), *Staphylococcus epidermidis* (4.0%), *Serratia* spp. (2.6%), *Enterobacter* spp. (0.7%), *Acinetobacter* spp. (0.7%), and mixed infections (7.2%). Cultured bacterial species showed sex-specific differences. Multivariate analysis revealed that calculi's multiplicity was an independent predictive factor for quinolone resistance (P = 0.008). Recurrent infections were a significant predictor of cefotaxime resistance during multivariable analysis (P = 0.041). **Conclusion:** Based on the present study results, quinolone was not recommended as the empirical treatment in febrile patients with upper urinary tract calculi. Combination antibiotic therapy is recommended in cases of recurrent infections due to the possible occurrence of cefotaxime resistance.

Keywords: Antibiotics; Antibiotics Resistance; Urinary Tract Infection; Urolithiasis

## **INTRODUCTION**

Urinary tract infection (UTI) is typically one of the most common human infections.<sup>1,2</sup> When patients with UTIs visit the hospital through an outpatient clinic or emergency

**1** OPEN ACCESS

Received: Jul 30, 2020 Accepted: Oct 20, 2020

#### Address for Correspondence: Jeong Woo Lee, MD, PhD

Department of Urology, Dongguk University Ilsan Hospital, Dongguk University College of Medicine, 27 Dongguk-ro, Ilsandong-gu, Goyang 10326, Republic of Korea. E-mail: jwleemed@hanmail.net

#### Sung Yong Cho, MD, PhD

Department of Urology, Inje University Ilsan Paik Hospital, Inje University College of Medicine, 170 Juhwa-ro, Ilsanseo-gu, Goyang 10380, Republic of Korea. E-mail: csy1204@paik.ac.kr

© 2021 The Korean Academy of Medical Sciences.

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (https:// creativecommons.org/licenses/by-nc/4.0/) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

## ORCID iDs

Seok Cho D https://orcid.org/0000-0001-9404-0502 Min Gu Park D https://orcid.org/0000-0001-5704-5320 Keon-Cheol Lee D https://orcid.org/0000-0002-2759-9274

#### **Bacterial Features in Urolithiasis Patients**

# JKMS

Sung Yong Cho 厄

https://orcid.org/0000-0002-4870-829X Jeong Woo Lee 10 https://orcid.org/0000-0002-4508-8240

#### Disclosure

The authors have no potential conflicts of interest to disclose.

#### **Author Contributions**

Conceptualization: Park MG, Cho SY, Lee JW. Data curation: Cho S, Park MG, Lee KC, Cho SY. Formal analysis: Cho S. Investigation: Cho SY. Methodology: Cho SY, Lee JW. Software: Cho S. Supervision: Lee JW. Validation: Cho SY. Writing - original draft: Cho S, Lee JW. Writing - review & editing: Cho S, Lee JW. room, only blood or urine cultures can be used to identify bacterial pathogens. However, these cultures require several days to verify the results. The most common UTI bacterial pathogen is *Escherichia coli*.<sup>3</sup> In most clinical situations, empirical antibiotics to treat *E. coli* for patients with UTIs are prescribed even before cultures verify the results. Trimethoprim-sulfamethoxazole, previously used empirically for UTI, is currently not recommended because of its high resistance rates.<sup>4</sup> Similarly, ciprofloxacin is also not recommended for simple UTIs since the rate of resistance in the United States is reported to be 32.4%.<sup>5</sup>

The detection rate of upper urinary tract stones is rapidly increasing due to recent advances in technology such as computed tomography, and an increase in health awareness among people leading to regular medical check-ups.<sup>6</sup> Obstruction, due to urinary stones, inhibits the normal flow of urine and the resulting stasis compromises the bladder and renal defense mechanisms. Stasis also contributes to the growth of bacteria in the urinary tract and their ability to adhere to urothelial cells.<sup>7</sup> Furthermore, UTI accompanied by urinary obstruction is detrimental as it can lead to sepsis.<sup>8</sup> However, in order to begin empirical antibiotic therapy before the culture test results, clinicians need to know the regional distribution of the pathogens that cause UTIs and the resistance of those microorganisms to antibiotics. This is especially important when urinary stones are found in febrile patients with UTIs, although no research has been performed to confirm this. The aim of this series was to characterize the local antimicrobial resistance pattern in febrile patients with urinary stones and guide recommendations regarding empiric antibiotic regimens based on these data.

## **METHODS**

### **Patients and setting**

This study was conducted at three institutions in the Republic of Korea. We retrospectively collected medical data of febrile patients between January 2011 and December 2016 who visited outpatient departments or emergency rooms for antibiotic treatment of UTIs with upper urinary tract calculi. Among these patients, those whose medical information identified the following were excluded: urine culture results unidentifiable, another cause of UTI (elevated prostate-specific antigens, ureteral stent indwelling state, a severe neurogenic bladder, history of urologic neoplasm, or anatomical abnormality of the urologic system) identified, and the impact of fever found in other organs (e.g., pneumonia, tonsillitis, cellulitis). We investigated demographic characteristics, underlying diseases, stone-related factors, and results of urine and blood culture examinations and antibiotic sensitivity tests. This study was approved by the institutional review board of each hospital.

### Definitions

A febrile condition was defined as the presence of fever (body temperature  $\ge$  38.0°C).<sup>9</sup> UTIs were defined as the presence of  $\ge$  5 leukocytes per high-power field from a centrifuged specimen. Chronic kidney disease was defined as creatinine clearance < 60 mL/min/1.73 m<sup>2</sup>.10 A recurrent UTI was defined as three or more UTIs in the preceding 12 months, or two or more UTIs in the preceding 6 months.<sup>11</sup> Prior antibiotic treatment was defined as antibiotic usage during the preceding 90 days. A healthcare-associated UTI was defined according to the modified criteria of Friedman et al.,<sup>12</sup> as follows: 1) the patient received intravenous therapy, wound care, or specialized nursing care at home during the 30 days prior to the UTI; 2) the patient attended a hemodialysis clinic or received intravenous chemotherapy within 30 days before the infection; 3) the patient had been hospitalized for acute care for 2

or more days in an acute-care hospital in the 90 days preceding the infection; 4) the patient resided in a nursing home or long-term care facility; or 5) the patient received an invasive urinary procedure, urological surgery, or urethral catheterization within the 30 days prior to the UTI.<sup>12</sup> For determining quinolone resistance, if either ciprofloxacin or levofloxacin had microorganism resistance, it was considered resistant. To simplify the classification according to the location of stones, the kidney and upper ureter stones were classified as proximal and the mid and lower ureter as distal.

## Antibiotic susceptibility testing

Antibiotic susceptibility testing was performed using either the semi-automated VITEK II system (bioMérieux, Hazelwood, MO, USA) or the MicroScan (Dade Behring, West Sacramento, CA, USA) system at each hospital. The antimicrobial susceptibility of pathogens was based on the standards of the Clinical and Laboratory Standards Institute. Isolates showing intermediate antimicrobial susceptibility were considered to be resistant.

## **Statistical analysis**

Statistical analysis was performed using SPSS version 20 (SPSS Inc., Chicago, IL, USA), and all reported *P* values were two-sided, with *P* < 0.05 considered statistically significant. Student's *t*-test was applied to assess the differences in continuous variables among groups. Categorical data were analyzed using  $\chi^2$  or Fisher's exact tests, as appropriate. Any variable with a *P* value < 0.05 in the univariate analysis was included in the binary logistic regression as a dependent variable.

## **Ethics statement**

This study's protocol was approved by each Institutional Review Board (IRB) on human research: Dongguk University Ilsan Hospital, Dongguk University College of Medicine (2018-10-028); Ilsanpaik hospital, Inje University College of Medicine (2018-08-001). No informed consent was needed because it was a retrospective study.

## RESULTS

Table 1 shows the patients' demographic characteristics. The mean age of patients was 61.97 years (standard deviation [SD], 20.38). One hundred and forty-one (69.5%) were female and 62 (30.5%) were male. The mean height of patients was 158.62 cm (SD, 10.34), and the mean weight of patients was 59.09 kg (SD, 12.74). The underlying diseases in the patients were cardiovascular disease (n = 106, 52.2%), diabetes mellitus (n = 72, 35.5%), neurological disease (n = 59, 29.1%), chronic kidney disease (n = 7, 3.4%), solid tumors (n = 15, 7.4%), hematological disease (n = 2, 1.0%), chronic liver disease (n = 8, 3.9%), chronic pulmonary disease (n = 16, 7.9%), and connective tissue disease (n = 3, 1.5%). Patient history included bed-ridden state (n = 46, 22.7%), prior antibiotic treatments within 3 months (n = 60, 29.6%), healthcare-associated UTIs (n = 37, 18.2%), and recurrent UTIs (n = 47, 23.2%). The mean size of the upper urinary tract stones was 12.68 mm (SD, 11.41). One hundred and twenty patients (59.1%) had proximal ureter stones, and 83 patients (40.9%) had distal ureter stones. Single urinary stones occurred in 160 patients (78.8%), and multiple urinary stones occurred in 43 patients (21.2%). Hydronephrosis was found in 176 (86.7%) patients. Of the 120 patients with a proximal ureter stone, 93 (77.5%) had hydronephrosis. All 83 patients with distal ureter stones were identified with hydronephrosis on the ipsilateral side.



Characteristics	Values
Age, yr	61.97 ± 20.38
Sex	
Male	62 (30.5)
Female	141 (69.5)
Height, cm	$158.62 \pm 10.34$
Weight, kg	59.09 ± 12.74
BMI, kg/m²	23.41 ± 4.12
Underlying disease	
Cardiovascular disease	106 (52.2)
Diabetes mellitus	72 (35.5)
Neurologic disease	59 (29.1)
Chronic kidney disease	7 (3.4)
Solid Tumor	15 (7.4)
Hematologic disease	2 (1.0)
Chronic liver disease	8 (3.9)
Chronic pulmonary disease	16 (7.9)
Connective tissue disease	3 (1.5)
Bed-ridden state	46 (22.7)
Prior antibiotic treatment	60 (29.6)
Healthcare-associated UTI	37 (18.2)
Recurrent UTI	47 (23.2)
Stone associated factors	
Size, mm	12.68 ± 11.41
Location	
Proximal	120 (59.1)
Distal	83 (40.9)
Multiplicity	
Single	160 (78.8)
Multiple	43 (21.2)
Hydronephrosis	176 (86.7)
In proximal	93 (77.5)
In distal	83 (100)
Urine culture	
Positive	152 (74.9)
Negative	51 (25.1)
Blood culture	
Positive	54 (26.6)
Negative	149 (73.4)

Table 1. Patients' demographic characteristics

Values are presented as mean ± standard deviation or number (%).

BMI = body mass index, UTI = urinary tract infection.

Bacteria were identified in 152 of the 203 patients (74.9%). The bacterial pathogens are described in **Table 2**. The most commonly cultured bacteria included *E. coli* (44.1%), followed by *Enterococci* spp. (11.8%), *Proteus* spp. (8.6%), *Streptococcus agalactiae* (6.6%), *Klebsiella* spp. (5.3%), *Pseudomonas* spp. (4.6%), coagulase-negative *Staphylococcus* (4.0%), *Staphylococcus epidermidis* (4.0%), *Serratia* spp. (2.6%), *Acinetobacter* spp. (0.7%), *Enterobacter* spp. (0.7%), and mixed infections (7.2%). Cultured bacterial species showed sex-specific differences. The differences in cultures, according to sex, are shown in **Fig. 1**. In males, the most commonly cultured bacteria were *Enterococci* spp. (19.5%), followed by *E. coli* (14.6%), *Pseudomonas* spp. (14.6%), *S. agalactiae* (12.2%), *Proteus* (9.8%), coagulase-negative *Staphylococcus* (7.3%), *S. epidermidis* (7.3%), *Klebsiella* spp. (4.9%), *Serratia* spp. (2.4%), *Acinetobacter* (2.4%), and mixed infections (4.9%).

Cardiovascular disease, diabetes mellitus, neurological disease, a bed-ridden state, prior antibiotic treatment within 3 months, healthcare-associated UTIs, and multiple urinary

Table 2. Kinds of bacteria and resistance rate in urine culture

Bacteria species	Values
Escherichia coli	67 (44.08)
Enterococcus spp.	18 (11.84)
Proteus spp.	13 (8.55)
Streptococcus agalactiae	10 (6.58)
Klebsiella spp.	8 (5.26)
Pseudomonas spp.	7 (4.61)
Staphylococcus spp.	6 (3.95)
Staphylococcus epidermidis	6 (3.95)
Serratia spp.	4 (2.63)
Acinetobacter spp.	1 (0.66)
Enterobacter spp.	1 (0.66)
Mixed	11 (7.24)
Total	152 (100)

Values are presented as number (%).



Fig. 1. The difference in the types of cultured bacteria between males and females.

stones were found to be risk factors for quinolone resistance in univariate analysis (P = 0.034, P = 0.009, P = 0.031, P = 0.018, P = 0.021, P = 0.003, P = 0.002, and P = 0.005, respectively). Multivariate analysis revealed that the multiplicity of calculi was an independent predictive factor for quinolone resistance (P = 0.008).

Advanced age, neurological disease, chronic pulmonary disease, healthcare-associated UTIs, recurrent UTIs, and multiple urinary stones were risk factors for cefotaxime resistance in univariate analysis (P = 0.018, P = 0.024, P = 0.008, P = 0.020, P = 0.005, and P = 0.025, respectively). Recurrent infection was a significant predictor of cefotaxime resistance in multivariable analysis (P = 0.041). **Table 3** summarizes the factors associated with the resistance to common antibiotics.

Among patients, 19.6% were infected with extended-spectrum beta-lactamase (ESBL)producing bacteria. Advanced age was a factor associated with an ESBL-positive result in the single variant analysis (P = 0.029); however, it was not a significant factor in multivariate analysis. **Table 4** summarizes the factors associated with ESBL-positive patients.

#### **Bacterial Features in Urolithiasis Patients**

Table 3. Analysis of febrile patients with UTIs regarding ciprofloxacin and cefotaxime resistance (n = 203)

Parameters	Quinolone				Cefotaxime					
	Susceptible (n =123)	Resistant (n = 80)	P value	OR	P value	Susceptible (n =173)	Resistant (n = 30)	P value	OR	P value
Age, yr	60.4 ± 17.5	64.6 ± 17.0	0.091ª			61.2 ± 18.0	67.3 ± 11.5	0.018 <sup>a</sup>	1.021	0.154 <sup>d</sup>
BMI, kg/m <sup>2</sup>	$23.4 \pm 3.55$	$23.5 \pm 4.90$	0.851ª			$23.43 \pm 4.2$	$23.28\pm3.9$	0.856ª		
Underlying disease										
Cardiovascular disease	57 (46.7)	49 (62.0)	0.034 <sup>b</sup>	1.451	0.266 <sup>d</sup>	90 (52.6)	16 (53.3)	0.943 <sup>b</sup>		
Diabetes mellitus	35 (28.7)	37 (46.8)	0.009 <sup>b</sup>	1.756	0.111 <sup>d</sup>	58 (33.9)	14 (46.7)	0.179 <sup>b</sup>		
Neurologic disease	29 (23.8)	30 (38.0)	0.031 <sup>b</sup>	0.888	0.789 <sup>d</sup>	45 (26.3)	14 (46.7)	0.024 <sup>b</sup>	1.411	0.514 <sup>d</sup>
Chronic kidney disease	2 (1.6)	5 (6.3)	0.114°			5 (2.9)	2 (6.7)	0.281°		
Solid tumor	13 (10.7)	2 (2.5)	0.051°			14 (8.2)	1 (3.3)	0.704°		
Hematologic disease	0 (0)	2 (2.5)	0.153°			2 (1.2)	0 (0)	1.000°		
Chronic liver disease	5 (4.1)	3 (3.8)	1.000°			7 (4.1)	1 (3.3)	1.000°		
Chronic pulmonary disease	7 (5.7)	9 (11.4)	0.148 <sup>b</sup>			10 (5.8)	6 (20.0)	0.008 <sup>b</sup>	2.897	0.073 <sup>d</sup>
Connective tissue disease	1 (0.8)	2 (2.5)	0.563°			3 (1.8)	0 (0)	1.000°		
Bed-ridden state	21 (17.1)	25 (31.3)	0.018 <sup>b</sup>	1.107	0.851 <sup>d</sup>	37 (21.4)	9 (30.0)	0.298 <sup>b</sup>		
Prior antibiotic treatment	29 (23.6)	31 (38.8)	0.021 <sup>b</sup>	1.148	0.738 <sup>d</sup>	48 (27.7)	12 (40.0)	0.174 <sup>b</sup>		
Healthcare-associated UTI	23 (18.7)	30 (37.5)	0.003 <sup>b</sup>	1.701	0.299 <sup>d</sup>	40 (23.1)	13 (43.3)	0.020 <sup>b</sup>	0.975	0.965 <sup>d</sup>
Recurrent UTI	19 (15.7)	28 (35.0)	0.002 <sup>b</sup>	2.165	0.067 <sup>d</sup>	34 (19.9)	13 (43.3)	0.005 <sup>b</sup>	2.676	0.041 <sup>d</sup>
Stone associated factors										
Size	12.0 ± 11.1	13.8 ± 11.92	0.267ª			$12.2 \pm 11.0$	$15.3 \pm 13.5$	0.179 <sup>a</sup>		
Location (proximal vs. distal)	79 (64.2)	41 (51.3)	0.066 <sup>b</sup>			101 (58.4)	19 (63.3)	0.611 <sup>b</sup>		
Multiplicity	18 (14.6)	25 (31.3)	0.005 <sup>b</sup>	2.813	0.008 <sup>d</sup>	32 (18.5)	11 (36.7)	0.025 <sup>b</sup>	1.153	0.740 <sup>d</sup>
Hydronephrosis	108 (87.8)	68 (85.0)	0.565 <sup>b</sup>			153 (88.4)	23 (76.7)	0.080 <sup>b</sup>		

Values are presented as mean ± standard deviation or number (%). P values below 0.05 are shown in bold.

OR = odds ratio, BMI = body mass index, UTI = urinary tract infection.

<sup>a</sup>Using Student's *t*-test; <sup>b</sup>Using  $\chi^2$  test; <sup>c</sup>Using Fisher's exact test; <sup>d</sup>Using binary logistic regression test.

Table 4. Analysis of febrile patients with ESBL and UTIs

Parameters	Negative (n = 86)	Positive (n = 21)	P value	Multivariate P value	
Age, yr	61.7 ± 17.96	70.95 ± 13.68	0.029ª	0.056	
BMI, kg/m <sup>2</sup>	23.58 ± 4.81	$22.68 \pm 4.03$	0.488 <sup>a</sup>		
Underlying disease					
Cardiovascular disease	50 (58.8)	13 (61.8)	1.000 <sup>b</sup>		
Diabetes mellitus	32 (37.6)	10 (47.6)	0.459 <sup>b</sup>		
Neurologic disease	26 (30.6)	9 (42.9)	0.308 <sup>b</sup>		
Chronic kidney disease	1 (1.2)	2 (9.5)	0.099°	0.189	
Solid tumor	2 (2.4)	0 (0.0)	1.000°		
Hematologic disease	0 (0)	2 (2.5)	0.153°		
Chronic liver disease	3 (3.5)	1 (4.8)	1.000°		
Chronic pulmonary disease	6 (7.1)	4 (19.0)	0.107 <sup>c</sup>		
Connective tissue disease	3 (3.5)	0 (0.0)	1.000°		
Bed-ridden state	23 (26.7)	9 (42.9)	0.185 <sup>b</sup>		
Prior antibiotic treatment	23 (26.7)	10 (47.6)	0.072 <sup>b</sup>	0.139	
Healthcare-associated UTI	24 (27.9)	9 (42.9)	0.197 <sup>b</sup>		
Recurrent UTI	20 (23.5)	9 (42.9)	0.101 <sup>b</sup>		
Stone associated factors					
Size	13.79 ± 12.27	$15.42 \pm 3.28$	0.202 <sup>a</sup>		
Location, proximal vs. distal	52 (60.5)	11 (52.4)	0.622 <sup>b</sup>		
Multiplicity	18 (20.9)	7 (33.3)	0.255 <sup>b</sup>		
Hydronephrosis	78 (90.7)	17 (81.0)	0.246 <sup>b</sup>		

Values are presented as mean ± standard deviation or number (%). *P* values below 0.05 are shown in bold. ESBL = extended-spectrum beta-lactamase, BMI = body mass index, UTI = urinary tract infection.

<sup>a</sup>Using Student's *t*-test; <sup>b</sup>Using  $\chi^2$  test; <sup>c</sup>Using Fisher's exact test; <sup>d</sup>Using binary logistic regression test.

## DISCUSSION

Clinicians routinely examine febrile UTI patients in emergency rooms or clinics, and many of these patients also have upper urinary tract calculi. This series aimed to characterize the local antimicrobial resistance patterns in febrile patients with upper urinary stones and make recommendations regarding empiric antibiotic regimens. Our purpose was not to classify these patients using different types of UTIs.

Nevertheless, febrile patients with upper urinary tract calculi in this study had some unique epidemiological characteristics different from those with UTIs without calculi. The incidence of urinary tract calculi was affected by numerous factors. In population-based studies, the diagnosis of urinary tract stones increased faster in female than in male,<sup>13</sup> although in Asia, the prevalence was still slightly greater in male than in female.<sup>14</sup> According to Tae et al.,<sup>15</sup> the incidence of urinary tract calculi was similar in Korea. However, there were approximately twice as many females in this study. These incidence differences between male and female were also observed in a study conducted in Japan by Hamasuna et al.,<sup>16</sup> who reported that the male to female ratio was 1:2.2 for patients with obstructive pyelonephritis and urolithiasis. Considering reports that approximately more than half of the female experience UTIs during their lifetime, this difference may be acceptable.<sup>2</sup>

Another characteristic was the type of bacteria isolated. Traditionally, E. coli is the most common causative UTI strain,<sup>3,17</sup> and accounts for 75% to 90% of the non-complex cystitis and nephritis-causing bacteria in female.<sup>9</sup> This percentage was reported to be lower in complicated UTIs. In a study on the clinical features of complicated pyelonephritis, Buonaiuto et al.,<sup>18</sup> reported that E. coli was cultured in 67% of patients. However, in a study of investigating obstructive uropathy with urinary tract calculi, Hamasuna et al.<sup>16</sup> reported that E. coli represented 48.9% of the bacteria cultured. Marien et al.8 reported that E. coli represented 66% of the bacteria cultured. In our study, E. coli was only cultured 44.1% of the time. Differences in sex can explain this decrease in *E. coli* cultured from the urine in complicated UTIs with obstructive uropathy. While female patients in our study had a very high rate of cultured E. coli, similar to other studies, this was not true for males where E. coli was only cultured 14.6% of the time. Notably, the ratio of *Proteus* spp. (9.8%) and *Pseudomonas* spp. (14.6%) in male patients was higher than those in females (8.1% and 0.9%, respectively). These species can create alkaline urine, which can result in the formation of calcium phosphate stones.<sup>19</sup> These results suggest that even with similar symptoms and clinical situations, the differences may be sex-related. Our study found it difficult to determine whether calculi were the cause of the infection or the result of the infection, but the existence of urinary tract calculi was an effect of the type of bacteria in febrile patients with UTIs. This difference is also very important since the initial treatment using empirical antibiotics is determined by the most prevalent bacteria cultured from patients with UTIs. Additional studies investigating sex differences are imperative.

Since very few studies have investigated the antibiotic resistance of bacteria in patients with UTIs and urinary stones, an accurate comparison between this study and others is challenging. The resistance rate to quinolone was found to be very high, at 39.41% in this study. A previous study showed that in complicated UTIs, the quinolone resistance ratio was higher than in non-complicated UTIs.<sup>20</sup> Another study involving healthcare-related UTIs showed that improper use of antibiotics increased the resistance to quinolones. However, in this study, a bed-ridden state, prior antibiotic treatment, and healthcare-associated UTIs were significant factors in the single variable analyses, but not in the multivariate analyses.<sup>21</sup> According to guidelines from

the Infectious Diseases Society of America and the European Society for Microbiology and Infectious Diseases, if local resistance prevalence exceeds 20%, it is recommended not to be used in empirical treatment.<sup>22</sup> Since it was known that quinolone resistance was high and there was an increase in quinolone-resistant bacteria, the use of quinolone as a primary antibiotic in simple UTIs was not recommended in Korea.<sup>4</sup> The cephalosporin family of antibiotics is often used as primary antibiotics to replace quinolone. Even in the three institutions involved in the study, the most common antibiotic used as an initial treatment for febrile UTI patients was the cephalosporin family. In this study, the resistance rate of cefotaxime was 14.78%, with multivariate analysis indicating that the risk factor for this resistance was recurrent UTIs. These findings are in accordance with those reported in previous UTI studies.<sup>23,24</sup> At the study planning stage, recurrent UTI was also expected to be a cause of ESBL-producing bacteria. However, old age alone was significant in the single-variable analyses, and there was no significant factor identified in the multivariate analyses for ESBL-producing bacteria. If primary antibiotic resistance is suspected, a combination of aminoglycosides may be considered. 25,26 However, complicated UTIs are often accompanied by decreased renal function; thus, attention should be paid to the side effects of nephrotoxicity. In recent studies,  $\beta$ -lactam/ $\beta$ -lactamase inhibitors have reported non-inferior results in UTI by multidrug-resistant bacteria compared to carbapenem; therefore,  $\beta$ -lactam/ $\beta$ -lactamase inhibitor is one of the empiric treatment options for complicated UTI.<sup>27,28</sup> Considering the distribution of bacterial strains, a similar effect can be expected in patients with febrile UTI and upper urinary tract calculi.

The present study had a few limitations. First, this retrospective study could not assess certain types of information such as whether antibiotics were used, the types of antibiotics, or antibiotic resistance. Furthermore, if there was a lack of information regarding other causes of UTIs in the medical records, patients with other causes of UTIs besides urinary stones may have been included in the results of this study. Second, all patients did not undergo surgery; therefore, the relationship between infection and urinary tract calculi was unclear as the components of the calculi were not identified. In addition, it was difficult to verify the postoperative urine culture test to determine the relationship between the causative bacterial species and urinary tract calculi. Third, most urine samples were collected through natural urination in emergency rooms or outpatient visits. If the catheter was inserted due to voiding symptoms, the culture results were collected after implantation. Therefore, the possibility of sample contamination cannot be ruled out. Further, it was not possible to verify the uniformity of the culture test, as a central test was not conducted. Finally, patients with secondary visits from other hospitals may have had false-negative results in urine culture as a result of previous treatment with antibiotics. This may have affected the resistance rate outcome.

In conclusion, based on the results of this study, cultured bacterial species showed sexspecific differences. If multiple urinary stones were identified in febrile patients with UTIs, quinolone was not recommended as an empirical antibiotic treatment. Although combination antibiotic therapy is recommended for patients with recurrent UTIs, cefotaxime resistance can occur. In older, febrile patients with UTIs and urinary tract calculi, multi-drug resistant bacteria should be considered when choosing antibiotics for the initial treatment.

## REFERENCES

 Patton JP, Nash DB, Abrutyn E. Urinary tract infection: economic considerations. *Med Clin North Am* 1991;75(2):495-513.
 PUBMED | CROSSREF

- Foxman B. Epidemiology of urinary tract infections: incidence, morbidity, and economic costs. *Am J Med* 2002;113 Suppl 1A:5S-13S.
  PUBMED | CROSSREF
- Kennedy RP, Plorde JJ, Petersdorf RG. Studies on the epidemiology of *Escherichia coli* infections. IV. Evidence for a nosocomial flora. *J Clin Invest* 1965;44(2):193-201.
- Kang CI, Kim J, Park DW, Kim BN, Ha US, Lee SJ, et al. Clinical practice guidelines for the antibiotic treatment of community-acquired urinary tract infections. *Infect Chemother* 2018;50(1):67-100.
   PUBMED | CROSSREF
- Bouchillon SK, Badal RE, Hoban DJ, Hawser SP. Antimicrobial susceptibility of inpatient urinary tract isolates of gram-negative bacilli in the United States: results from the study for monitoring antimicrobial resistance trends (SMART) program: 2009-2011. *Clin Ther* 2013;35(6):872-7.
- Edvardsson VO, Indridason OS, Haraldsson G, Kjartansson O, Palsson R. Temporal trends in the incidence of kidney stone disease. *Kidney Int* 2013;83(1):146-52.
   PUBMED | CROSSREF
- Beeson PB, Guze LB. Experimental pyelonephritis. I. Effect of ureteral ligation on the course of bacterial infection in the kidney of the rat. *J Exp Med* 1956;104(6):803-15.
   PUBMED | CROSSREF
- Marien T, Mass AY, Shah O. Antimicrobial resistance patterns in cases of obstructive pyelonephritis secondary to stones. *Urology* 2015;85(1):64-8.
   PUBMED | CROSSREF
- 9. Hooton TM. Clinical practice. Uncomplicated urinary tract infection. *N Engl J Med* 2012;366(11):1028-37. PUBMED | CROSSREF
- Levey AS, de Jong PE, Coresh J, El Nahas M, Astor BC, Matsushita K, et al. The definition, classification, and prognosis of chronic kidney disease: a KDIGO Controversies Conference report. *Kidney Int* 2011;80(1):17-28.
   PUBMED | CROSSREF
- 11. Foxman B. Recurring urinary tract infection: incidence and risk factors. *Am J Public Health* 1990;80(3):331-3. PUBMED | CROSSREF
- Friedman ND, Kaye KS, Stout JE, McGarry SA, Trivette SL, Briggs JP, et al. Health care--associated bloodstream infections in adults: a reason to change the accepted definition of community-acquired infections. *Ann Intern Med* 2002;137(10):791-7.
   PUBMED | CROSSREF
- Kittanamongkolchai W, Vaughan LE, Enders FT, Dhondup T, Mehta RA, Krambeck AE, et al. The changing incidence and presentation of urinary stones over 3 decades. *Mayo Clin Proc* 2018;93(3):291-9.
   PUBMED | CROSSREF
- Liu Y, Chen Y, Liao B, Luo D, Wang K, Li H, et al. Epidemiology of urolithiasis in Asia. Asian J Urol 2018;5(4):205-14.
  PUBMED | CROSSREF
- Tae BS, Balpukov U, Cho SY, Jeong CW. Eleven-year cumulative incidence and estimated lifetime prevalence of urolithiasis in Korea: a National Health Insurance Service-national sample cohort based study. *J Korean Med Sci* 2018;33(2):e13.
   PUBMED | CROSSREF
- Hamasuna R, Takahashi S, Nagae H, Kubo T, Yamamoto S, Arakawa S, et al. Obstructive pyelonephritis as a result of urolithiasis in Japan: diagnosis, treatment and prognosis. *Int J Urol* 2015;22(3):294-300.
   PUBMED | CROSSREF
- 17. Ronald A. The etiology of urinary tract infection: traditional and emerging pathogens. *Am J Med* 2002;113 Suppl 1A:14S-19S.
  - PUBMED | CROSSREF
- Buonaiuto VA, Marquez I, De Toro I, Joya C, Ruiz-Mesa JD, Seara R, et al. Clinical and epidemiological features and prognosis of complicated pyelonephritis: a prospective observational single hospital-based study. *BMC Infect Dis* 2014;14(1):639.
- Pricop C, Dorobăt C, Puia D, Orsolya M. Antibiotic prophylaxis in retrograde ureteroscopy: what strategy should we adopt? *Germs* 2013;3(4):115-21.
  PUBMED | CROSSREF
- Talan DA, Krishnadasan A, Abrahamian FM, Stamm WE, Moran GJ; EMERGEncy ID NET Study Group. Prevalence and risk factor analysis of trimethoprim-sulfamethoxazole- and fluoroquinolone-resistant *Escherichia coli* infection among emergency department patients with pyelonephritis. *Clin Infect Dis* 2008;47(9):1150-8.
   PUBMED | CROSSREF

- 21. Aguilar-Duran S, Horcajada JP, Sorlí L, Montero M, Salvadó M, Grau S, et al. Community-onset healthcare-related urinary tract infections: comparison with community and hospital-acquired urinary tract infections. [ Infect 2012;64(5):478-83. PUBMED | CROSSREF
- 22. Gupta K, Hooton TM, Naber KG, Wullt B, Colgan R, Miller LG, et al. International clinical practice guidelines for the treatment of acute uncomplicated cystitis and pyelonephritis in women: a 2010 update by the Infectious Diseases Society of America and the European Society for Microbiology and Infectious Diseases. Clin Infect Dis 2011;52(5):e103-20. PUBMED | CROSSREF
- 23. Rodríguez-Baño J, Alcalá JC, Cisneros JM, Grill F, Oliver A, Horcajada JP, et al. Community infections caused by extended-spectrum beta-lactamase-producing Escherichia coli. Arch Intern Med 2008;168(17):1897-902. PUBMED | CROSSREF
- 24. Azap OK, Arslan H, Serefhanoğlu K, Colakoğlu S, Erdoğan H, Timurkaynak F, et al. Risk factors for extended-spectrum beta-lactamase positivity in uropathogenic Escherichia coli isolated from communityacquired urinary tract infections. Clin Microbiol Infect 2010;16(2):147-51. PUBMED | CROSSREF
- 25. Bader MS, Loeb M, Brooks AA. An update on the management of urinary tract infections in the era of antimicrobial resistance. Postgrad Med 2017;129(2):242-58. PUBMED | CROSSREF
- 26. Geerlings S, van Nieuwkoop C, van Haarst E, van Buren M, Knotterus BJ, Stobberingh EE, et al. SWAB Guidelines for Antimicrobial Therapy of Complicated Urinary Tract Infections in Adults. [place unknown]: Stichting Werkgroep AntibioticaBeleid (SWAB); 2013.
- 27. Buehrle DJ, Shields RK, Chen L, Hao B, Press EG, Alkrouk A, et al. Evaluation of the in vitro activity of ceftazidime-avibactam and ceftolozane-tazobactam against meropenem-resistant pseudomonas aeruginosa isolates. Antimicrob Agents Chemother 2016;60(5):3227-31. PUBMED | CROSSREF
- 28. Pfaller MA, Bassetti M, Duncan LR, Castanheira M. Ceftolozane/tazobactam activity against drugresistant Enterobacteriaceae and Pseudomonas aeruginosa causing urinary tract and intraabdominal infections in Europe: report from an antimicrobial surveillance programme (2012-15). J Antimicrob Chemother 2017;72(5):1386-95.

PUBMED | CROSSREF