

Carrying the baton

“Let us tenderly and kindly cherish, therefore, the means of knowledge. Let us dare to read, think, speak, and write”.

-John Adams

When an organization decides to launch a journal, it intends to pass on its ideology and heritage to its members and society at large. The Journal of Midlife Health, a dream of many of us, was started 3 years ago during the tenure of Dr. Sunila Khandelwal, our Founder Editor, with similar thoughts in the minds of the founders of the Indian Menopause Society.

We were fortunate to have our founder president Dr. Rama Vaidya as the Founder Editor-in-Chief with Dr. Rashmi Shah, a keen researcher and founder member of the society to assist her.

The journal has been beautifully put together and brought to its present position by this meticulous and hardworking team. We are proud yet a little apprehensive as we take over the daunting task of taking this journal forward from them. We have added a bibliometric analysis of the great work done by our predecessors to let the reader know how they have created his journal out of nothing, at the same time maintaining the flavor of society’s multidisciplinary image.

Contemporary thinking and current medical practice are moving at a very fast pace. Although technology has reduced distance both in time and in space, it has also made us aware of differences in demography, clinical methods, and medical practices across the world. We are now gradually realizing in modern medicine that “individualizing therapy” is the key to successful patient management. One mode of treatment may be suitable to a particular community but it may not be so for another group. It is therefore imperative for every community/society to collate information and transmit it to all those in clinical practice. This helps create evidence and develop local practice guidelines. It may also reveal differences and similarities in various communities.

It is only through publication in journals and deliberations in scientific conferences that new ideas and research can be disseminated and incorporated into clinical practice. Knowledge is not useful until it is passed on and research is not complete until it is validated by peers and fellows. Medical writing in peer-reviewed indexed journals is a means to advance medical knowledge, promote critical thinking, and stimulate scientific debate. Currently, there is dearth of material on the subject of midlife health in the country although a substantial amount of good work is being carried out. It is an earnest request to the readers to submit more research work and medical articles to the journal to make it more useful. At our end, it would be our endeavor to make the journal even more interactive, readable, and clinically useful to all our readers who are practicing menopause medicine.

We hope to bring out four issues per year, of which two would be special issues targeting specific problems.

The journal invites readers from all over the world to send in original papers so that more knowledge and information can be shared.

The journal today moves forward from the position of strength we have inherited and we hope to take it ahead successfully so that it becomes a much-awaited piece of information and knowledge not only for the members of the Indian Menopause Society but also for all those who are associated with it.

We take this opportunity to welcome our editorial team, new members of the editorial board, and our esteemed national and international advisory board.

We would also like to thank our publishers Wolters Kluwer | Medknow for helping us settle down.

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