

Scleral buckling for primary rhegmatogenous retinal detachment using noncontact wide-angle viewing system with a cannula-based 25 G chandelier endoilluminator

Hisanori Imai^{1,2}

Mizuki Tagami¹

Atsushi Azumi^{1,2}

¹Department of Ophthalmology, Kobe Kaisei Hospital, ²Division of Ophthalmology, Department of Organ Therapeutics, Kobe University Graduate School of Medicine, Kobe, Japan

Purpose: The aim of this study is to report the result of scleral buckling (SB) using a combination of a noncontact wide-angle viewing system and a cannula-based 25 G chandelier endoilluminator.

Methods: Retrospective analyses of the medical records of 79 eyes of 79 patients with primary uncomplicated rhegmatogenous retinal detachments who had underwent SB using a combination of a noncontact wide-angle viewing system and a chandelier endoilluminator were performed.

Results: There were 50 men and 29 women. The mean \pm standard deviation age was 43.7 ± 16.0 years. Their preoperative best-corrected visual acuity (BCVA) was 0.31 ± 0.65 logMAR units. The final BCVA was 0.10 ± 0.31 logMAR units, which was significantly better than the preoperative BCVA ($P < 0.01$). The initial and final anatomical success rates were 92.4% and 100%, respectively. Backward logistic multiple regression analysis revealed no relationship between explanatory variables and the primary anatomic success ($P = 0.104$).

Conclusion: SB using a combination of a noncontact wide-angle viewing system and a chandelier endoilluminator is a modified new technique and may be a valid option for the management of rhegmatogenous retinal detachments.

Keywords: scleral buckling, wide-angle viewing system, chandelier endoilluminator, retinal detachment

Introduction

Rhegmatogenous retinal detachment (RRD) is one of the sight-threatening diseases. Scleral buckling (SB) and pars plana vitrectomy (PPV) are the major surgical procedures for the treatment of RRD because of their high anatomical success rates,^{1,2} but still it is not fully elucidated which procedure is associated with a better functional and anatomical outcome.

Recently, there is a clear trend toward primary PPV as the first choice for the treatment of any type of RRD,³⁻⁵ despite the superiority of SB against PPV in uncomplicated retinal situations.⁶ In the traditional SB, the inverted small fundus image, the difficulty to identify tiny retinal breaks, and the inability to share the fundus information with medical staff are recognized as disadvantages.⁷⁻¹⁰ We speculate that these disadvantages may be one of the reasons that many surgeons prefer PPV over SB for the treatment of RRD.

In this study, we report the result of the modified SB using a combination of a noncontact wide-angle viewing system (Resight[®]; Carl Zeiss Meditec AG, Jena, Germany)

Correspondence: Hisanori Imai
Division of Ophthalmology, Department of Organ Therapeutics, Kobe University Graduate School of Medicine, 7-5-2 Kusunoki-cho, Chūō-ku, Kobe 650-0017, Japan
Tel +81 78 382 6048
Fax +81 78 382 6059
Email hisimai@med.kobe-u.ac.jp

and a cannula-based 25 G chandelier endoilluminator (Chandelier Lighting System; Alcon Laboratories, Inc., Fort Worth, TX, USA) as a fundus visualization system for the treatment of primary RRD.

Subjects and methods

We performed retrospective analyses of the medical records of 79 eyes of 79 patients with primary uncomplicated RRD who had undergone SB using a combination of a noncontact wide-angle viewing system and a cannula-based 25 G chandelier endoilluminator for fundus visualization during surgery. Our study was carried out based on the written informed consent from each patient, the approval of the institutional review board of Kobe Kaisei Hospital, and the tenets of the Declaration of Helsinki. Patients' criteria included surgeries performed at Kobe Kaisei Hospital from April 2012 to May 2014. All surgeries were performed by two surgeons, HI and MT. Three ophthalmic residents in our hospital assisted all surgeries. HI is thought to be an experienced doctor who had experienced more than 1,000 vitreoretinal surgeries and more than 250 SB, and MT is thought to be an inexperienced doctor who had experienced less than 100 vitreoretinal surgeries and less than ten conventional SB. Patients were followed-up at least for 3 months after the surgery. The following variables were analyzed: sex, age, preoperative visual acuity, final visual acuity, follow-up period, primary surgeon, primary anatomical success rate, final anatomical success rate, lens status, number of retinal breaks, location of retinal breaks, number of quadrants involved, the presence or absence of the macular detachment, whether the external subretinal fluid drainage was performed or not, SB procedure, buckling material, and operative time.

Statistical methods

Univariate analysis was performed to establish the relationships between explanatory variables and the primary anatomic success rate, using Mann–Whitney *U*-test and chi-square test. The level of statistical significance was set at $P < 0.20$. The variables found to be significant in univariate analysis were analyzed with backward logistic multiple regression analysis, using the MedCalc (MedCalc Version 12.7.5.0; MedCalc Software, Mariakerke, Belgium). Statistical significance was inferred for $P < 0.05$.

Surgical procedures

All surgeries were performed under general anesthesia to eliminate patient's pain during the surgery. After the induction of anesthesia, all procedures were performed using a surgical microscope (OPMI Lumera 700®; Carl Zeiss Meditec AG).

After the sclera was exposed with a perilimbal conjunctival peritomy, extraocular rectus muscles were isolated. Traction sutures were placed with 3-0 Nurodon black underneath the isolated muscles. Mattress suture using 4-0 Mersilene was placed on the sclera. A 25 G trocar cannula with closure bulb (Chandelier lighting system; Alcon Laboratories, Inc.) was placed 4.0 mm behind the limbus. The position of the trocar cannula was chosen according to the localization of the break. When the break was at the inferior quadrant, the trocar cannula was positioned at 12 o'clock or vice versa.⁸ Subretinal fluid drainage through the external sclerotomy was performed under the surgical microscope. Resight® was activated. The chandelier endoilluminator was placed into the cannula and turned on. Observations and cryoretinopexies of original retinal breaks by dynamic scleral compression with a cryoprobe were performed. For buckling procedure, silicone band (#240; MIRA Inc, Waltham, MA, USA) with silicone sleeve (#270; MIRA Inc) combined with a silicone sponge (#506G; MIRA Inc) or a silicone tire (#287; MIRA Inc) was placed on the eye for 360° circumferential buckling, and silicone sponge (#506 or #503; MIRA Inc) or silicone tire (#287) was placed for the segmental buckling. The cannula with closure bulb did not make it difficult to rotate the eye during the buckling procedure. After the confirmation of the buckle position and whether or not unexpected complication is present on the fundus under Resight® with the endoilluminator, the cannula was removed and the vitreous herniation from the sclerotomy site was checked and cut if necessary. Surgery was completed by closing the conjunctiva.

Results

Table 1 summarizes the perioperative demographic data for the patients. There were 50 men and 29 women. The mean \pm standard deviation (SD) age was 43.7 ± 16.0 years. Their preoperative best-corrected visual acuity (BCVA) was 0.31 ± 0.65 logMAR units. The final BCVA was 0.10 ± 0.31 logMAR units, which was significantly better than the preoperative BCVA ($P = 0.0007$, paired *t*-test). The mean \pm SD follow-up period was 11.8 ± 6.9 months. HI performed surgeries for 60 eyes and MT for 19 eyes. The initial and final anatomical success rates were 92.4% and 100%, respectively. Seventy-five eyes were phakic, three pseudophakic, and one aphakic. The mean \pm SD number of retinal breaks was 1.5 ± 0.8 . Fifty eyes had original breaks at the superior quadrant and 27 had at the inferior quadrant. We could not find original breaks in two eyes. Twenty-eight eyes had RRD involving one or two quadrants. Fifty-one eyes had more extensive RRD with three or four quadrants of involvement. The macular was attached preoperatively in 43 (54.4%) eyes. Fifty-three eyes

Table 1 Perioperative demographic data for the patients

Characteristics	
No of eyes	79
Sex (n), men/women	50/29
Age (years), mean \pm SD	43.7 \pm 16.0
Preoperative visual acuity (logMAR), mean \pm SD	0.31 \pm 0.65
Visual acuity at the last visit (logMAR), mean \pm SD	0.10 \pm 0.31
Follow-up period (months), mean \pm SD	11.8 \pm 6.9
No of surgeries, HI/MT	60/19
Initial anatomical success, n (%)	73 (92.4)
Final anatomical success, n (%)	79 (100)
Lens status, phakic/pseudophakic/aphakic (n)	75/3/1
No of breaks, mean \pm SD	1.5 \pm 0.8
Location of breaks, superior/inferior/undetectable (n)	50/27/2
Quadrant of retinal detachment, 1/2/3/4 (n)	7/21/32/19
Macular detachment, macular on/macular off (n)	43/36
External subretinal fluid drainage, performed/not performed (n)	53/26
Scleral buckling procedure, segmental/360° circumferential (n)	21/58
Buckling material, #503/#506/#506G/#287 (n)	1/13/9/56
Mean operative time (minutes), mean \pm SD	100.3 \pm 31.3

Note: Numbers in parentheses are percentages.

Abbreviations: n, number; SD, standard deviation.

performed external subretinal fluid drainage and 26 did not. Twenty-one patients had undergone segmental buckling and 58 patients had 360° circumferential buckling. For SB, 56 eyes used silicone tire (#287), nine #506G, 13 #506, and one #503. For 360° circumferential buckling, silicone band (#240) with silicone sleeve (#270) was combined with a silicone sponge (#506G) or a silicone tire (#287). The mean \pm SD operative time was 100.3 \pm 31.3 minutes.

We experienced intraoperative complications in seven eyes (Table 2). In five eyes, limited choroidal hemorrhage occurred during puncturing of the choroid for drainage of subretinal fluid through the external sclerotomy. We experienced two complications, which are thought to be related to the manipulation of the cannula-based chandelier endoilluminator. A new retinal break occurred at the

Table 2 Details on patients with surgical complications

Complication	No of eyes	Second treatment
Details on patients with intraoperative complications		
Limited choroidal hemorrhage at the drainage site	5	Additional cryoretinopexy
Retinal break	1	Additional cryoretinopexy and adjustment of buckling position
Lens touch	1	Observation
Details on patients with postoperative complications		
Retinal redetachment	6	25GPPV + SF6 tamponade
Secondary glaucoma	1	TLE and ablation of silicone band
Cataract progression	1	PEA + IOL

Abbreviations: 25GPPV, 25 G pars plana vitrectomy; SF6, sulfur hexafluoride; TLE, trabeculectomy; PEA, phacoemulsification aspiration; IOL, intraocular lens.

diagonal part of the cannula just after the endoilluminator was removed from the cannula in one eye. Lens touch by the top of the chandelier endoilluminator happened during cryoretinopexy in another eye. Cataract progression had not been observed during the follow-up period. For limited choroidal hemorrhages and new retinal breaks, we performed additional cryoretinopexy and adjusted the buckling material to cover the lesion at the same session, if necessary. We experienced postoperative complications in seven eyes. Six eyes had retinal redetachments. We performed additional PPV with 20% sulfur hexafluoride gas tamponade for these eyes. Finally, all eyes had retinal attachment. One eye developed secondary glaucoma. Intraocular pressure decreased as a result of both trabeculectomy and the ablation of the #240 silicone band. Cataract progression was observed in one eye. We performed phacoemulsion and aspiration, and intraocular lens implantation for this eye.

As a result of univariate analysis (Table 3), the following variables were selected to perform backward logistic multiple regression analysis: sex, primary surgeon, number of quadrants involved, and operative time. The logistic multiple regression analysis revealed that all variables were not associated with the primary anatomic success ($P=0.104$; Table 3).

Table 3 Analysis for the establishment of the relationships between explanatory variables and the primary anatomic success

Explanatory variables	Univariate analysis	Multiple regression analysis	
	P-value	P-value	OR (95% CI)
Sex	0.19	0.13	3.97 (0.66–23.92)
Age	0.86	NE	
Preoperative visual acuity	0.83	NE	
Visual acuity at the last visit	0.87	NE	
Follow-up period	0.69	NE	
Primary surgeon	0.15	Not included in the model	
Lens status	0.23	NE	
No of breaks	0.60	NE	
Location of breaks	0.23	NE	
Quadrant of retinal detachment	0.08	Not included in the model	
Macular status	1	NE	
External subretinal fluid drainage	0.66	NE	
Scleral buckling procedure	0.33	NE	
Buckling material	0.41	NE	
Operative time	0.15	0.16	0.98 (0.95–1.01)

Abbreviations: OR, odds ratio; CI, confidence interval; NE, not entered into multiple regression analysis.

Discussion

Recently, several reports suggested the usefulness of SB using the wide-angle viewing system.^{7–10} Mutual advantages of wide-angle viewing system for SB are as follows: First, surgeons can easily visualize the fundus up to peripheral retina. Second, it is relatively easy to find small breaks that may be difficult to identify with an indirect ophthalmoscope. Finally, it is possible to share the fundus information with medical staff. Although both contact and noncontact types are available as the wide-angle viewing system and both slit lamp and chandelier endoilluminator are available for the fundus illumination, a combination of noncontact wide-angle viewing system and cannula-based chandelier endoilluminator may be the best choice to visualize the fundus more stably and wider and to avoid the development of unneeded vitreous traction at the sclerotomy site for now.^{7–10}

The primary anatomic success rate was 92.4% in this study. This rate was comparable with the previous reports, in which SB was performed both in the traditional manner^{3,11} and with a wide-angle viewing system.^{7,8} This result may support the positive use of this modified SB procedure in conjunction with the usefulness of this procedure listed earlier.

We performed logistic multiple regression analysis to establish the relationships between explanatory variables and the primary anatomic success. Although we could not find any association between these variables, the result that the primary anatomic success rate was not different between experienced and inexperienced surgeons is interesting. Many evidences about the correlation of the surgeon's experience and better result for a variety of surgical procedures have been published. Regarding vitreoretinal surgery, Mazinani et al suggested that experience is a factor influencing the outcome of retinal detachment surgery in the beginning of the training period.¹² Moreover, Kita et al, suggested the usefulness of SB with a wide-angle viewing system in surgical education.¹⁰ We consider that better fundus visualization and the ease of manipulation made it easier to identify retinal breaks and to determine the adequacy of the height and position of the buckling material and that these positive effects resulted in the better outcome.

However, we experienced two complications related to the manipulation of the cannula-based chandelier endoilluminator. Previous reports concerned about complications such as endophthalmitis due to possible vitreous wick from sclerotomy sites and lens damage by the endoilluminator.^{8–10} We actually experienced the development of a retinal break probably due to the vitreoretinal traction by the herniated

vitreous from the sclerotomy site and lens touch by the endoilluminator. As mentioned in the previous reports, we should take caution to the manipulation of the chandelier endoilluminator and make it certain to remove the vitreous herniation from the sclerotomy site.

The major limitation of our study is that it is not prospective and does not have any control group. Therefore, it is difficult to address the advantage of this modified SB procedure compared to the traditional procedure. A large randomized comparative study will need to be undertaken to definitively determine whether this new SB procedure is superior to the traditional SB.

Conclusion

In conclusion, SB using a combination of a noncontact wide-angle viewing system combined and a cannula-based chandelier endoilluminator is a modified new technique and is promising for the management of RRDs. This procedure may be acceptable to both experienced and inexperienced surgeons who are in the beginning of the training period, but we should perform this procedure with the greatest care because there is a possibility of complication that we have never experienced in the traditional procedure.

Disclosure

The authors report no conflicts of interest in this work.

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