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# Drug-Coformer Loaded-Mesoporous Silica Nanoparticles: A Review of the Preparation, Characterization, and Mechanism of Drug Release

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**Abstract:** Drug-coformer systems, such as coamorphous and cocrystal, are gaining recognition as highly effective strategies for enhancing the stability, solubility, and dissolution of drugs. These systems depend on the interactions between drug and coformer to prevent the conversion of amorphous drugs into the crystalline form and improve the solubility. Furthermore, mesoporous silica (MPS) is also a promising carrier commonly used for stabilization, leading to solubility improvement of poorly water-soluble drugs. The surface interaction of drug-MPS and the nanoconfinement effect prevent amorphous drugs from crystallizing. A novel method has been developed recently, which entails the loading of drug-coformer into MPS to improve the solubility, dissolution, and physical stability of the amorphous drug. This method uses the synergistic effects of drug-coformer into MPS, indicating the potential for significant improvement in dissolution characteristics and physical stability of the drug. Therefore, this study aimed to discuss the preparation and characterization of drug-coformer within MPS, particularly the interaction in the nanoconfinement, as well as the impact on drug release and physical stability.

Keywords: mesoporous silica nanoparticles, coamorphous, cocrystal, hydrogen bond, dissolution, physical stability

#### Introduction

The aqueous solubility of drugs is important in pharmaceutical formulation, influencing bioavailability, particularly in the creation of oral dosage forms. Drugs are subjected to adsorption from the intestinal sites after dissolving in the gastrointestinal fluid.<sup>1–3</sup> Over the last two decades, approximately 75% of new chemical entities (NCEs) in pharmaceutical study showed poor water solubility and have been successfully improved using traditional methods such as solubilizing, complexing, and salt formation. The limitations of these methods include their effectiveness in enhancing solubility, the permissible concentration of excipients, and the potential occurrence of different side effects associated with the excipients and co-solvents.<sup>4–6</sup> Consequently, there is a need to explore innovative strategies to address the formulation of poorly water-soluble drugs.<sup>7</sup>

Amorphization is a promising strategy for improving the aqueous solubility of drugs. Generally, amorphous drugs have disordered structures and higher free energies compared to their crystalline counterparts.<sup>8,9</sup> Due to this higher energy state, dissolution tends to occur more quickly, as their crystal structure is not disrupted. However, a pure amorphous API is thermodynamically unstable and easy to recrystallize during storage after being dispersed in dissolution medium. These properties contribute to the difficulty of using amorphous drugs alone in a solid formulation.<sup>10,11</sup>

#### **Graphical Abstract**



In the past decade, mixing specific low molecular weight compounds (coformer) with poorly water-soluble drugs at the molecular level has been developed as an alternative method to stabilize the amorphous drug and improve dissolution profiles. This coamorphous system is characterized as a single-phase amorphous solid system composed of binary or multi-components.<sup>12,13</sup> Based on the selection of coformers, coamorphous systems can be grouped into two categories, namely drug-excipient and drug-drug. In drug-excipient coamorphous systems, the excipients such as sugars, nicotina-mide, amino acids, and carboxylic acid, are extensively used as coformers to improve solubility and physical stability. Meanwhile, in drug-drug coamorphous systems, two drug components can effectively stabilize each other in the amorphous state to achieve the desired physical stability and dissolution profiles.<sup>14</sup> The use of two pharmacologically relevant drugs in these systems has potential benefits for synergistic effects. The formation of intermolecular interactions, such as hydrogen bonding as well as  $\pi$ - $\pi$  between drug and the excipient plays a role in preventing conversion of the amorphous drug into the crystalline form.<sup>15,16</sup>

Cocrystal is a neutral crystalline material formed by combining two or more distinct molecular compounds at different stoichiometry, distinguished from solvates or simple salts.<sup>17</sup> The crystal structure of cocrystal is different from the starting material (drug and coformer), leading to unique physicochemical properties that surpass pure materials. These properties make cocrystal a highly attractive system in the pharmaceuticals field, particularly for poorly water-soluble drugs.<sup>18</sup> The formation of cocrystal with a suitable coformer in the pharmaceutical field has the potential to improve solubility by modifying the crystal structure, thereby improving dissolution, stability, and bioavailability of poorly water-soluble drugs.<sup>19</sup>

The pharmaceutical industry has developed an interest in the use of mesoporous silica (MPS) in amorphous drug delivery systems due to their stabilization capacity.<sup>20</sup> MPS is characterized by small pores ranging from 2–50 nm, with large specific surface areas greater than 300 m<sup>2</sup>/g, and considerable extra surface-free energy. Consequently, drug adsorption on an MPS surface enables the system to develop into a lower free energy state, stabilizing the amorphous form.<sup>21</sup> MPS also prevents the crystallization of the amorphous form by spatial confinement when the pore width is less than the critical crystal nuclei. The encapsulated drug can also rapidly release and generate supersaturated solutions due

to the displacement of drug molecules from the silica surface by water.<sup>22–24</sup> This unique property improves dissolution and generates supersaturation, significantly increasing the use of the delivery systems.<sup>25</sup>

Recently, a novel method combining coamorphization/cocrystallization and encapsulation, known as the loading of drug-coformer into MPS has been introduced to improve the solubility, dissolution, and physical stability of poorly water-soluble drugs. Several studies have reported the successful incorporation of drug-coformer into MPS. Skerupska et al stated that cocrystal-loaded MPS showed higher molecular mobility compared to those outside the pores. The interaction mode between drug and coformer within MPS has also been investigated.<sup>7,26,27</sup> Bi et al reported that the molecular state of the cocrystal system changed into a coamorphous state after being loaded into MPS leading to variation in physical stability and dissolution characteristics.<sup>28</sup> Therefore, this study aims to summarize and discuss the characterization of drug-coformer within MPS, specifically the mechanism of drug-coformer interaction affecting pharmaceutical properties such as solubility, dissolution, and physical stability of drugs. The journals of drug-coformer loaded MPS used to compile this review were obtained from the Scopus, Pubmed, and Google Scholar databases that were released during the last ten years.

# **Drug-Coformer System**

#### Cocrystal

Cocrystal is a promising strategy for precisely adjusting solubility, dissolution, and bioavailability, without changing their molecular structure. These multicomponent solids contain two or more distinct molecular components in a single homogeneous crystalline phase, with well-defined stoichiometry, as shown in Figure 1.<sup>29–31</sup> Cocrystal is formed by hydrogen-bonded assemblies between the neutral molecules and coformer, leading to the change in the solubility characteristics.<sup>32</sup> In recent years, cocrystal has gained significant attention from the pharmaceutical industry. This leads to the development of a pharmaceutical cocrystal composed of an active pharmaceutical ingredient (API) or a small molecule as coformer commonly selected from substances appearing on the GRAS (generally regarded as safe) status.<sup>33,34</sup>

The coformer is often selected based on its functional groups capable of forming hydrogen bonds with the drug molecules. The general guidelines have been developed to predict hydrogen bond interactions resulting in crystal formation.<sup>35,36</sup> These guidelines are made based on the analysis of hydrogen bond interactions and the packing of molecular structures: (1) all acidic hydrogen atoms participate in hydrogen bonding within the crystal structure, (2) when there is an adequate supply of hydrogen bond donors, all good hydrogen bond acceptors participate in hydrogen bonding, and (3) intramolecular hydrogen bond in a six-membered ring form in preference to intermolecular hydrogen bond.<sup>37,38</sup>

Coformers used in the pharmaceutical cocrystal are generally hydrophilic molecules. Moreover, their mechanism in the solution consists of three main steps, namely (1) breaking intermolecular bonds of the drug-coformer, (2) breaking intermolecular bonds of each component in the solvent, and (3) forming intermolecular bonds between cocrystal molecules and the solvent molecules. The limitations of cocrystal in dissolving hydrophobic drug molecules in aqueous



Figure I Illustration of cocrystal system. Notes: Data from Bavishi and Borkhataria.<sup>19</sup> media include their solvation and inability to break away from the crystal lattice. The presence of hydrophilic coformer molecules can also decrease the solvation barrier of cocrystals of hydrophobic drugs, proportional to the coformer. Consequently, the aqueous solubility of the coformer is correlated with the solubility of cocrystal.<sup>39,40</sup>

In dissolution medium, particularly when the solvent is introduced, the supersaturation of cocrystal is reached as the components dissolved. As illustrated in Figure 2, the solubility of cocrystal and drug as well as cocrystal and coformer intersect at eutectic points, indicating a stability region of the solid phase either for each component or mixture.

### Coamorphous

Conversion of crystalline drugs into the amorphous state could improve the solubility and dissolution profile of poorly watersoluble drugs. In recent years, some low molecular weight excipients, such as amino and organic acids, have been used for the development of the amorphous system, namely coamorphous. The combination of two drugs is also intended to form coamorphous to improve dissolution and generate combination therapy, including ezetimibe and simvastatin,<sup>42</sup> as well as famotidine and ibuprofen.<sup>43</sup> Consequently, coamorphous systems, based on the types of coformers, could be classified into drugexcipient and drug-drug.

Coamorphous systems commonly generate a spring-parachute dissolution profile often observed in amorphous systems, as represented in Figure 3.<sup>44–46</sup> This profile entails a rapid dissolution that occurred in the coamorphous system at the beginning of the dissolution test, followed by nucleation and crystal growth. The "Spring" effect is obtained from the high-energy state of the coamorphous system, promoting dissolution of the drug when it dissolves, along with the coformer, leading to the supersaturated solution of the drug. Several factors such as dissolution media, the difference of free energy between the crystal phase and amorphous phase, and release rates and coformers can influence the supersaturated solution of the drug in a coamorphous system.<sup>44</sup> Meanwhile, the "Parachute" effect delays or prevents the recrystallization of the dissolved drug and maintains a supersaturated level for a certain period due to the interaction between drug and coformers.<sup>45</sup> Numerous studies have reported



Figure 2 Triangular phase diagram that illustrates dissolution paths (arrows) leading to cocrystal stability regions (shaded areas). The highest supersaturation of cocrystal can be achieved by saturation from both drug and coformer, conditions associated with water contents below the eutectic points. Notes: Used with permission of Royal Society of Chemistry, from Good D, Miranda C, Rodríguez-Hornedo N. Dependence of cocrystal formation and thermodynamic stability on moisture sorption by amorphous polymer. *CrystEngComm.* 2011;13(4):1181–1189;<sup>41</sup> permission conveyed through Copyright Clearance Center, Inc.



Figure 3 The spring and parachute concept to achieve high apparent solubility for poorly water-soluble drug. (1) The crystalline (stable) form has low solubility. (2) A metastable species (amorphous phase) shows peak solubility but quickly drops to the low solubility of the crystalline form. (3) Highly soluble drug forms are maintained for a long enough time in the metastable zone (coamorphous phase).

Notes: Adapted from Progress in Crystal Growth and Characterization of Materials, Volume 62/Edition 3, Bavishi and Borkhataria, Spring and parachute: how cocrystals enhance solubility, pages 1-8, Copyright 2016, with permission from Elsevier.<sup>19</sup>

that strong interactions between drug and coformers could maintain supersaturation and prevent the recrystallization of the amorphous drug in the coamorphous system.<sup>47–49</sup>

# **Mesoporous Silica (MPS)**

MPS is formed through a surfactant micelle templating method, using tetraethyl orthosilicate (TEOS) or 3-mercaptopropyl trimethoxysilane (MPTMS) as the silica precursor to produce the pore structures within the silica particle.<sup>50</sup> The production of silica particles with different structures, particle sizes, pore sizes, and shapes can be generated by controlling various conditions such as surfactant type, temperature, pH, concentration, and ionic strength. Meanwhile, the most common architectures of MPS are hexagonally arranged cylindrical pores (hexagonal phase) and bicontinuous cylindrical porous networks (cubic phase).<sup>51</sup>

MPS has several advantages and uses various strategies to enhance oral delivery, in vivo uptake, and bioavailability of poorly water-soluble drugs, as illustrated in Figure 4. The ability of MPS to load a high concentration of drug in a molecular or an amorphous form and control drug release can significantly improve the bioavailability of poorly water-soluble drugs. Previous investigations have established that the characteristics of MPS, such as structure, surface, and pore size, can be engineered to precisely control drug release.<sup>52–55</sup>

Drug release from MPS depends on the wetting of the pores by the aqueous release media, either in dissolution medium or gastrointestinal fluids. The dissolution process relies on the size, connectivity, and length, as well as the existence of constrictions and "dead ends" in the structure. During this process, drug molecules are displaced by adsorption on the silica surface through interaction with the solvent. The interaction between dissolution medium and silica surface as well as the access to the porous architecture could be an important step for enhanced drug release.<sup>56,57</sup> The interaction of drug-drug, drug-silica, drug-solvent, and solvent-silica is also essential in drug release from MPS.



Figure 4 Schematic illustration of the relationship between drug loading, porous silica properties, drug dissolution, and oral absorption. Notes: Copyright © 2003 Taylor & Francis Ltd. Adapted from Capovilla G, Beccaria F, Montagnini A, et al. Short-term nonhormonal and nonsteroid treatment in West syndrome. *Epilepsia*. 2003;44(8): 1085–1088.<sup>51</sup>

# Biocompatibility and Toxicity of MPS Nanoparticles

Since MPS are inorganic nanoparticles and are difficult to degrade in the body, understanding the toxicity mechanism is necessary in the drug formulation to ensure maximum activity with minimum or no toxicity. The routes of administration could affect the distribution and toxicity of MPS. A previous study reported that hypodermic and intramuscular injections could cross the biological barriers into the liver with a low absorption rate. Meanwhile, in oral administration, the MPS nanoparticles are absorbed in the intestinal tract and persist in the liver. The MPS nanoparticles are localized in the liver and spleen when administered by intravenous injection. After intramuscular and hypodermic injections, an inflammatory response was also observed around the injection sites. The MPS nanomaterials were mainly excreted through urine and feces.<sup>58</sup> The particle shape, size, and composition of MPS nanoparticles also play critical roles in biodistribution and toxicity. An increase in the composition of MPS nanoparticles can decrease in vivo biodegradation, systematic absorption, and excretion, especially in liver distribution and urinary excretion. The renal damage during the period of urinary excretion, including vascular congestion, and renal tubular necrosis can be induced by MPS shape-dependency.<sup>59</sup> The cytotoxicities of MPS nanoparticles are caused by mitochondrial dysfunction, membrane peroxidation, and DNA damage, leading to cell death. However, low concentrations of MPS nanoparticles are more biocompatible than their higher doses. The silanol groups on the MPS surface can cause hemolysis of mammalian red blood cells, thus their use for intravenous drug delivery is limited. In contrast, positively charged ammonium functionalization on the MPS surface prevents the toxicity of MPS nanoparticles due to their exclusion from endocytosis. Short rod-shaped MPS nanoparticles are easily trapped in the liver, while long rods of MPS nanoparticles are distributed in the spleen. PEG functionalization on the surface of MPS nanoparticles is predominant in the lungs and excreted in urine and feces. The clearance rate of short rod MPS nanoparticles is more rapid than long rod MPS nanoparticles by both routes of excretion. This indicated that the clearance rate of MPS nanoparticles is primarily dependent on their particle shape.<sup>60</sup>

# **Drug-Coformer Within MPS Systems**

Previous studies have reported the loading drug and coformer into MPS as shown in Table 1.

# Preparation Drug-Coformer Loading into MPS

The loading of drugs into MPS can be accomplished through various methods. Based on the previous studies, the loading drug and coformer into MPS are divided into two, namely solvent-free and solvent-based methods, as shown in Figure 5.

# Solvent-Based Methods

The solvent-based methods for loading drug-coformer into MPS are challenging. This is because the procedure requires multiple stages using large amounts of solvents, which are often difficult to control in terms of filling factor. The removal

#### Table I The Studies of Drug-Coformer Loaded MPS

No	Drug	Coformer	Type of MS	Preparation Method	Interaction Within MPS	Dissolution Study	References
I	Fluorinated benzoic acid (FBA)	Benzoic acid (BA)	MCM-41 and SBA-15	Melt method	π- stacking interactions	-	[7]
2	Naproxen (NPX)	Picolinamide (PA)	MCM-41 and SBA-15	Thermal solvent-free (TSF)	Hydrogen bonding where the carboxyl group of NPX plays the role of acceptor, while the amide residue of PA is a donor	-	[27]
3	lbuprofen (IBU)	Nicotinamide (NA)	MCM-41	Thermal solvent-free (TSF)	Noncovalent interactions between the hydroxyl group and aromatic protons of NA and IBU	Release of IBU from IBU:NA within MPS is slower compared to IBU within MPS	[26]
4	Valsartan	Vanillin	Mesoporous silica particles (MPSs)	The adsorption method	Hydrogen bonding interactions	The amount of VAL dissolved in the first 60 minutes was significantly increased	[61]
5	Ibuprofen (IBU)	Nicotinamide (NA)	MPS Microspheres	The adsorption method	The molecular interactions between the carboxyl group of IBU and the acylamino group of NA	Nanoconfined coamorphous (NCA) system showed the highest equilibrium solubility nearly 2-fold higher than that of IBU/MPS	[28]
6	Ritonavir (RTN)	Saccharin (SAC)	Taiyo's mesoporous silica (TMPS)	Solvent evaporation method	Hydrogen bond formation between the thiazole groups of RTN and SAC	Hydrogen bond achieved the maintenance of RTN supersaturation for a long time	[62]
7	Caffeine	Oxalic acid	SBA-16	Solvent evaporation method	Intermolecular bond of caffeine and oxalic acid	-	[63]
8	Praziquantel (PZQ)	glutaric acid (GLU)	SBA-15	Melting method	The intermolecular hydrogen bond between the hydroxyl group of GLU with carbonyl groups of PZQ	PZQ-GLU confined in nanopores of SBA-15 showed a similar dissolution profile with PZQ-GLU cocrystal as well as SBA-15/PZQ	[64]
9	Benzoic acid (BA)	Perfluorobenzoic acid (PFBA), and 4-fluorobenzoic acid (4-FBA)	MCM-41	"Wet methods" (diffusion supported loading – DiSupLo) and "solvent-free methods" (mechanical ball-mill loading – MeLo, thermal solvent free – TSF)	Strong interaction between meta protons of 4-FBA and para protons of BA	The amount of BA from BA-coformer within MPS in dissolution medium was higher compared to cocrystal system. However, the amount of BA was lower compared to BA/ MPS	[65]
10	Ibuprofen	Flurbiprofen	MCM-41	Diffusion supported loading – DiSupLo)	There is no confirmation about the interaction between Ibu and Flu molecules with distances below 5 Å within MPS	Dissolution of binary system-loaded MPS was similar to dissolution of each drug-loaded MPS	[66]



Figure 5 The different methods used to load drug-coformer into MPS.



of the solvent to the acceptable levels specified in the guidelines of the International Conference on Harmonization (ICH) Q3 (R5) is necessary, as some residual solvents commonly used may remain in MPS despite its disposal.<sup>68</sup> To address these issues, less toxic and safer solvents, such as ethanol and supercritical, or near-critical,  $CO_2$  can be used as an alternative in the drug loading process or for human pharmaceutical applications.<sup>69–71</sup> The selection of a solvent has a significant impact on the loading process into MPS. Moreover, the highest API solubility in the solvent is not necessarily the best candidate for achieving a high filling factor.

#### The Adsorption Method

The adsorption method is a simple method for loading drug and coformer into the pores of MPS. Subsequently, MPS is dispersed in the concentrated drug-coformer solution, allowing drug molecules to be adsorbed on the pore walls. Drug-coformer loaded MPS are separated from the solution by centrifugation or filtration, followed by drying of particles to remove the residual solvent.<sup>72</sup> This method is suitable for thermally sensitive substances, as the loading process does not require high temperatures. However, it is inefficient in some cases due to the need for a high concentration of drug in the solutions to achieve effective drug loading. When the concentration is excessively high, drug molecules block the mesopores of MPS, potentially reducing the available surface area for drug loading.<sup>73</sup> Bi et al, and Ali et al have successfully used the adsorption method to incorporate the IBU-NA and VAL-VAN into MPS.<sup>28,61</sup>

#### The Solvent Evaporation Method

The solvent evaporation method is often used to incorporate drugs into MPS through the combination of adsorption and rapid solvent evaporation.<sup>74</sup> During this process, silica is dispersed in the volatile organic solution, namely ethanol and dichloromethane, containing the drug, followed by drying through fast solvent evaporation using a rotary evaporator<sup>75</sup> to obtain drug-loaded MPS.<sup>52,76</sup> This method allows sufficient time for drug molecules to rearrange and aggregate inside MPS. The solvent evaporation process may affect the physical state of the drug, its localization, and the rate of drug release.<sup>74</sup> A previous study by Budiman et al reported the loading of drug-coformer into MPS using the solvent evaporation method to successfully load RTN and SAC into MPS.<sup>62</sup> Ohita et al also reported cocrystal formation of caffeine-oxalic acid within MPS.<sup>63</sup>

# Diffusion-Supported Loading (DiSupLo)

Diffusion-supported loading (DiSupLo) is a novel and efficient method for loading drug-coformer into the pores of MPS. In this method, physical mixture of drug-coformer and MPS, with the desired proportion is transferred to an opened weighing vessel as a solid matter. This is followed by placing the mixture in a closed vessel containing ethanol for 3 h at room temperature. The layer thickness of physical mixture of drug-coformer should be small and experimentally optimized. Finally, the ethanol is thermally removed to obtain drug-loaded samples. The DiSupLo is environmentally friendly and economical due to its fast process requiring a minimum amount of solvent. Furthermore, it is the simplest method for loading drug-MPS into MPS pores without special equipment and specific experimental conditions such as high temperature, stirring, high pressure, and grinding.<sup>66</sup> This method allows for a high drug-coformer loading degree and incorporates the whole drug-coformer with an appropriate weight ratio of the starting drug-coformer/MPS mixture.

Trzeciak et al have successfully incorporated ibuprofen and flurbiprofen into MCM-41 using the DiSupLo method.<sup>66</sup> Meanwhile, a cocrystal of BA-4-FBA was formed within MPS after being prepared by the DiSupLo method.<sup>65</sup>

# Solvent-Free Methods

Solvent-free methods can achieve a high degree of drug loading without consuming significant time. Moreover, the concentration of drug in MPS is easily predictable, as it is directly influenced by the ratio between API and MPS. This method is an environmentally friendly method and does not require an organic solvent for drug loading.<sup>67</sup>

#### The Melt Method

The melt method is carried out by heating a physical mixture of cocrystal and MPS above the melting point of the cocrystal.<sup>25,77</sup> This method is efficient and significantly reduces the time for incorporating drug-coformer (cocrystal) into MPS. However, its limitations include suitability for thermally stable drug and coformer characterized by a low viscosity after melting. The high molten viscosity of drug-coformer can reduce the penetration of drug-coformer into MPS and block mesopores.<sup>23,78</sup> Skerupska et al reported a series of studies, where drug-coformers (benzoic acid-fluorinated benzoic acid, naproxen-picolinamide, and ibuprofen-nicotinamide) were incorporated into MPS using the melt method. The result showed that the interaction mode between drug and coformer was formed within MPS after being evaluated using two-dimensional solid-state NMR spectroscopy.<sup>7,26,27</sup> Salas-Zuniga also stated that the PZQ-GLU cocrystal was formed after incorporation into MPS using the melt method.

#### Co-Milling

Co-milling is a common method of producing sub-micrometric particles and facilitating solid-state amorphization.<sup>79,80</sup> Previous studies have reported that milling using a planetary ball mill is an effective method for incorporating organic compounds such as benzoic acid and 4-fluoro benzoic acid into the pores of MPS.<sup>81</sup> The results suggest that the guest-loading process is highly controllable, with a maximum loading capacity of over 50% at a 1:1 ratio. This shows the potential of the co-milling method as an alternative to incorporating drug-coformer into MPS. Moreover, this method is simple and time-efficient, making it applicable on an industrial scale. Treciak et al also reported the incorporation of BA and 4-FBA into MPS using a co-milling method. Solid-state NMR studies clarified that the interaction mode between the BA and 4-FBA was similar to cocrystal, indicating the formation of BA –4-FBA within MPS.<sup>65</sup>

# Characterization of Drug-Coformer Loaded MPS

### Nitrogen Adsorption/Desorption Analysis

Physical gas sorption is a well-established method used to characterize the textural properties of solid surfaces and changes after various actions. This method can precisely determine the amount of gas adsorbed on the surface material measuring the porous properties and structure. The isotherm obtained from the adsorption measurements can provide information on the pore volume (PV), surface area (SA), and pore size distribution (PSD).<sup>82–84</sup> Regarding MPS, the changes in the porous structure and drug-loaded MPS are estimated based on the course of nitrogen adsorption-desorption isotherms of type IV at 77K and a wide range of relative pressures ( $p/p_0$ ).<sup>67</sup> Skorupska et al reported the nitrogen adsorption/desorption analysis to assess the loading of NPX: PA into the pores of SBA-15. According to BET calculations, the SA, PV, and mean pore diameter of SBA-15 are 747 m<sup>2</sup>g<sup>-1</sup>, 1.21 cm<sup>3</sup>g<sup>-1</sup>, and 100 Å, respectively. A significant decrease in specific surface area of 24% and 39% was observed for samples with NPX:PA cocrystal/MPS ratios equal to 1:1 and 1:2 (weight-to-weight). The SA of NPX:PA cocrystal/MPS was also found to be 177.9 m<sup>2</sup>g<sup>-1</sup> and 287.9 m<sup>2</sup>g<sup>-1</sup>, respectively. The analysis of MPS volumes, relative pressures, and pore diameter indicated the successful encapsulation of the NPX:PA cocrystal into MPS. After short-term ethanol diffusion, MPS diameter for the NPX:PA/SBA-15 was slightly smaller compared to NPX:PA/SBA-15. This phenomenon occurred due to the high affinity of the polar solvents in the pores of MPS nanoparticles.<sup>27</sup>

# Scanning Electron Microscopy (SEM)

SEM serves as a powerful tool for investigating various nanostructured materials, including MPS. This tool can provide detailed structural characterization on the nanometer scale such as external diameter, surface area, morphology, and pore

architecture. Furthermore, it is one of the most popular microscopic tools for characterization of nanomaterials. SEM creates images of the sample including API within MPS by scanning the surface with an electron beam, visualizing, and providing a 3D view.<sup>67</sup> Salas-Zuniga et al (2022) used SEM analysis to examine the morphology of SBA-15, PZQ-GLU cocrystal, and PZQ-GLU/SBA-15 50:50 w/w.<sup>64</sup> The micrographs of SBA-15 particles showed a uniform rod-like morphology, as described by Zhang et al,<sup>85</sup> while the PZQ–GLU cocrystal indicated a smooth surface composed of micrometer-sized crystals. PZQ-GLU/SBA-15 50:50 w/w showed rod-like morphology and there were no visible crystalline particles at the surface. This indicated that cocrystal of PZQ-GLU was loaded inside the nanopores of SBA–15.<sup>86</sup> Ali et al also reported SEM images of VAL-VAN coamorphous loaded MPS, indicating a rougher surface morphology.<sup>61</sup> The smooth appearance of VAL-VAN coamorphous loaded MPS was due to its partial entry into the pore volume, leading to a uniform texture of the particles.<sup>87</sup>

# Powder X-ray Diffraction (PXRD)

Powder X-ray diffraction (PXRD) has been used to analyze the degree of crystallinity of drug-coformer within MPS. In a previous study by Ali et al (2019) the X-ray diffraction results were reported for VAL-VAN within MPS. The X-ray diffractogram showed distinct crystalline peaks for VAL between 20° and 40°, indicating its crystalline nature.<sup>61</sup> However, these peaks disappeared in X-ray patterns of VAL-VAN coamorphous and VAL-VAN/MPS, indicating that co-amorphous forms were retained in the pores of MPS.<sup>88–90</sup> Salas-Zuniga et al (2022) also reported the PXRD results of PZQ within SBA-15 and PZQ-GLU within SBA-15. As illustrated in Figure 5, the PXRD pattern of SBA-15 showed a wide halo typical of amorphous MPS, while the PZQ-GLU cocrystal showed diffraction peaks of crystalline materials. When SBA-15 and PZQ-GLU were combined at a 50:50 weight-to-weight ratio, broad halo and low-intensity diffraction peaks, resembling a cocrystalline solid, were observed, as presented in Figure 6. Diffractograms in composites with a decreased cocrystal concentration showed an amorphous phase-like appearance.<sup>64</sup> Based on these results, PXRD measurement can be used to determine the maximum amount of drug-coformer (cocrystal) within MPS, which is attributed to the presence of diffraction peaks typical of cocrystal.

# Differential Scanning Calorimetry (DSC) Measurement

DSC is used to characterize the physical state, location of drug, and coformer within MPS by observing their glass transition temperature of melting point. Observations have shown that when drug and coformer are confined in the pores of MPS, the melting point of cocrystal and/or  $T_g$  of coamorphous system would be lower compared to the crystalline state. Salas-Zuniga et al conducted a DSC measurement of PZQ-GLU-loaded SBA-15 at a 50:50 w/w ratio. In this study,



Figure 6 PXRD patterns of PZQ-GLU cocrystal loaded SBA-15 with various weight ratios. Notes: Adapted with permission from Salas-Zúñiga R, Mondragón-Vásquez K, Alcalá-Alcalá S, et al. Nanoconfinement of a pharmaceutical cocrystal with praziquantel in mesoporous silica: the influence of the solid form on dissolution enhancement. *Mol Pharm.* 2022;19(2):414–431.<sup>64</sup> [41]. Copyright 2022 American Chemical Society.

the crystalline solid of PZQ and PZQ-GLU showed a single melting transition at 138.8 °C and 123.0 °C, respectively. However, composite SBA-15/PZQ did not show an endothermic peak for crystalline PZQ, which was indicative of the amorphous state of the confined drug. Regarding PZQ-GLU loaded SBA-15 at 50:50 w/w ratio, two broad  $T_g$  were observed at lower temperatures (Tonset = 63.0 °C and Tonset = 117.2 °C) compared to the bulk cocrystal.<sup>64</sup> Confined nanocrystals in MPS were reported to show a broadening of the melting peak and depression of the melting temperature.<sup>91–93</sup> The decrease in the melting temperature due to nanocrystallization of the drug has been explained quantitatively by the Gibbs–Thomson equation.<sup>94,95</sup> A previous study also reported that the  $T_g$  of the drug was commonly reduced by confinement in a porous structure of MPS due to an intrinsic size effect. This phenomenon indicated that the mobility of drug within MPS was higher than outside MPS.<sup>95–98</sup>

Budiman et al conducted an analysis of the MDSC curve of RTN-SAC 1:1 coamorphous within TMPS, as shown in Figure 7. The result showed that the heat capacity changes ( $\Delta$ Cp) of the glass transition event or RTN-SAC coamorphous decreased with a reduction in the RTN-SAC concentration. At a low weight ratio of RTN-SAC 1:1 coamorphous/TMPS = 3:7, the glass transition was not detected in the MDSC curve, indicating that all of the RTN and SAC were successfully incorporated into TMPS. Furthermore, the glass transition event for the RTN-SAC 1:1 coamorphous/TMPS with a higher RTN-SAC weight ratio was observed. This indicated that the RTN amorphous or SAC was unloaded in the TMPS. Based on the results, the  $T_g$  of RTN-SAC 1:1 coamorphous/TMPS = 5:5 and 7:3 were different from coamorphous. This phenomenon occurred because the remaining compositions of RTN and SAC unloaded into the TMPS were lower than 1:1, resulting in a reduced  $T_g$  at a higher RTN-SAC coamorphous weight ratio.<sup>62</sup>

### Fourier Transform Infrared (FT-IR) Spectroscopy

FT-IR spectroscopy is a universal study tool used to examine the chemical status of MPS surfaces. In recent years, FT-IR spectroscopy has become an indispensable tool for pharmaceutical analysis. Understanding the position of the absorption



Figure 7 Reversing heat flow MDSC curves of RTN crystal, RTN-SAC 1:1 coamorphous, RTN-SAC 1:1 coamorphous/TMPS = 7:3, 5:5, and 3:7. Notes: Adapted from International Journal of Pharmaceutics, Volume 600, Budiman A, Higashi K, Ueda K, Moribe K, Effect of drug-coformer interactions on drug dissolution from a coamorphous in mesoporous silica, pages 120492. Copyright 2021, with permission from Elsevier.<sup>62</sup> bands of Si–O bond serves as the basis for analyzing MPS using FT-IR spectroscopy.<sup>99–101</sup> According to previous investigations, the changes in the appearance of functional groups on the FT-IR spectra of MPS and drug indicates the interactions occurring between drug and MPS.<sup>102</sup> The reduction in the intensity of drug functional group bands loaded into MPS can be attributed to a strong molecular interaction between drug and MPS.<sup>103</sup> In binary systems loaded into MPS, it is often challenging to investigate the interaction between drug and coformer. Consequently, FT-IR spectra are initially investigated to acquire insight into a probable molecular interaction between drug and coformer as comparative data for drug-coformer interaction within MPS. Bi et al used FT-IR spectroscopy as the first investigation to clarify the interaction between IBU and NA within MPS, as illustrated in Figure 8. In cocrystal system, the N-H stretching peaks of NA shifted from 3364 cm<sup>-1</sup> to 3401 cm<sup>-1</sup> and from 3160 cm<sup>-1</sup> to 3182 cm<sup>-1</sup>, while the C=O stretching peak of IBU adjusted from 1721 cm<sup>-1</sup> to 1707 cm<sup>-1</sup>. These results indicated the formation of hydrogen bonds between IBU and NA molecule when the two peaks were at 1506 cm<sup>-1</sup> (IBU) and 1485 cm<sup>-1</sup> (NA), reflecting the skeleton vibrations of the aromatic rings, merged into a single one (1516 cm<sup>-1</sup>). The IBU-NA-loaded MPS showed the same spectrum properties as cocrystal system. The similarity between the IR spectra of The IBU-NA loaded MPS and cocrystal system yields an indirect confirmation of the existence of IBU-NA interaction in MPS.<sup>28</sup>

FTIR spectroscopy was used to investigate the molecular interactions of VAL and VAN within MPS. The spectra obtained confirmed the formation of a co-amorphous system, followed by its subsequent loading into MPS. The resulting spectrum corroborated the co-amorphous formation system and its incorporation into MPS, with VAN showing an O-H peak of VAN above  $3100 \text{ cm}^{-1}$ .<sup>104</sup> Meanwhile, the observed absence of VAN in the VAL-VAN mixture suggested the possibility of intermolecular interactions occurring in the coamorphous system. The shift of the C=O peak of VAL from 1728 cm<sup>-1</sup> to  $1715 \text{ cm}^{-1}$  was also attributed to hydrogen bonding interactions, which can immobilize the O-atom leading to a retarded C=O stretching. As the majority of VAN and VAL peaks disappeared, only the Si-O-Si peak at 1099 cm<sup>-1</sup> was observed, suggesting the confinement of VAL-VAN coamorphous in the pores of MPS. Additionally, the presence of diverse Si-OH groups was included in the interaction within the coamorphous system, resulting in the disappearance of the VAN and VAL peaks.<sup>61</sup>

#### Raman Spectroscopy

Raman spectroscopy is a method used for identifying the molecular composition from the vibration frequencies of molecular bonds.<sup>105–108</sup> This method has been used to evaluate small Raman shifts, allowing for the direct differentiation of intermolecular bonds in addition to intramolecular bonds.<sup>109,110</sup> The deformations of the Raman peak in intramolecular bonds show the adsorption of molecular crystals on the surfaces,<sup>111,112</sup> playing an important role in cocrystallization of porous materials. Therefore, Raman spectroscopy could be a potential method of analyzing pharmaceutical cocrystal in MPS



#### Figure 8 FTIR spectra for each sample.

Notes: Reprinted from *Journal of Pharmaceutical Sciences*, Volume 106/Edition 10, Bi Y, Xiao D, Ren S, Bi S, Wang J, Li F, The binary system of ibuprofen-nicotinamide under nanoscale confinement: from cocrystal to coamorphous state, pages 3150–3155,<sup>28</sup> Copyright 2017, with permission from Elsevier.

with high resolution in frequency and spatial regions. Ohta et al reported the Raman spectra of caffeine-oxalic acid cocrystal with that of SBA-16, and compared to caffeine, (b) oxalic acid, and (c) caffeine-oxalic acid cocrystal without SBA-16. The spectrum of the intramolecular bond in cocrystal above  $400 \text{ cm}^{-1}$  is similar to caffeine but the peak frequencies of the two spectra are slightly different. This is because the intermolecular bond of caffeine and oxalic acid modified the electron distribution of the intramolecular bond in caffeine. Subsequently, each vibrational mode is slightly modified when the molecules are trapped in SBA-16. This phenomenon occurs because the intermolecular interactions from SBA-16 modify the electron distribution of the intra- and inter-molecules. The peak frequencies at 32, 56, and 83 cm<sup>-1</sup> are slightly shifted when cocrystals are synthesized in SBA-16, indicating a dominant formation on the surface of SBA-16 without aggregation.<sup>63</sup>

The Raman spectra are examined in the range from 530 to 670 cm<sup>-1</sup> to provide a more detailed description of the formation mechanism of cocrystal in SBA-16. In caffeine crystals and caffeine-oxalic acid cocrystal, two peaks originating from intramolecular bond of  $\delta$ (CNC) and  $\delta$ (OCN) in a caffeine molecule are observed in this region.<sup>113-115</sup> These peak's alterations in frequency and bandwidth are observed when caffeine crystals and cocrystal are added to SBA-16. The Raman spectra of cocrystal with SBA-16 are shown in Figure 9 along with the curve fitted using the four spectra (pink) and SBA-16 (sand). For each spectrum, the molar ratios of cocrystal (caffeine/oxalic acid) are (a) 27/13, (b) 54/27, (c) 80/40, and (d) 107/54 µmol, respectively. By comparing the pink and black curves for all spectra, the cocrystal with SBA-16 can be broken down into its parts. These include cocrystal without SBA-16, caffeine with and without SBA-16, and the background of SBA-16. This analysis offers valuable insights into the cocrystallization of caffeine and oxalic acid within SBA-16, as shown by the peak intensities of each component at different molar quantities.<sup>63</sup>

The formation of caffeine-oxalic acid cocrystal in SBA-16 is explained by the relative peak intensities of each component at different molar quantities, as shown in Figure 10(a). This procedure can be divided into two categories. In the first phase (A), where the amount of caffeine is smaller than 67  $\mu$ mol, the peak intensity of caffeine with SBA-16 linearly increases, while the cocrystal remains constant. This observation indicates that caffeine and oxalic acid are



Figure 9 Raman spectra of cocrystal with MPS (black line) and the curve (pink line) fitted by cocrystal without MPS (red line), caffeine crystal with and without MPS (blue and green lines), and background of MPS (sand line).

Notes: Adapted from <u>Analytical Sciences</u>, Volume 33/Edition I, Ohta R, Ueno Y, Ajito K, Raman spectroscopy of pharmaceutical cocrystals in nanosized pores of mesoporous silica, pages 47–52, Copyright 2017, with permission from Springer Nature.<sup>63</sup>



Figure 10 (a) Relative peak intensities of cocrystal without MPS and caffeine with and without MPS at various molar ratios. The molar amount dependence is categorized into situations A and B. Schematic illustration of cocrystal caffeine and oxalic acid on the surface of MPS (b) in the situation A, (c) at the boundary of A and B, and (d) in the situation B. Notes: Adapted from <u>Analytical Sciences</u>, Volume 33/Edition I, Ohta R, Ueno Y, Ajito K, Raman spectroscopy of pharmaceutical cocrystals in nanosized pores of mesoporous silica, pages 47–52, Copyright 2017, with permission from Springer Nature.<sup>63</sup>

trapped on the surface of SBA-16, forming monolayers without, as schematically shown in Figure 10(b). In the second phase (B) presented in Figure 10(c), the peak intensity of caffeine with SBA-16 saturates at roughly 67 µmol, indicating that caffeine and oxalic acid have completely occupied the surface of SBA-16. After saturation occurs, the peak intensity of cocrystal without SBA-16 increases in tandem with caffeine without SBA-16. As illustrated in Figure 10(d), cocrystal is produced on the monolayer caffeine and oxalic acid, stacking by layers without aggregation. The growth rate proceeds slowly enough to regulate the thickness for a few-nanometer-scale cocrystal due to the huge surface area of SBA-16. Additionally, by selecting the proper molar ratios of caffeine and oxalic acid, it is possible to create a bi-layer and trilayer cocrystal. In this situation, the use of 134 and 201 µmol would yield bi-layer and tri-layer cocrystal, respectively.<sup>63</sup>

### Solid-State NMR (SS NMR)

Solid-state (SS) NMR is a valuable tool used for investigating the molecular and physicochemical properties of API, providing the broadest possible spectrum of structural information on condensed matter.<sup>116</sup> Furthermore, SS NMR can be applied to any solid physical state either crystalline or amorphous, and materials of different complexity, from pure APIs and excipients to amorphous solid dispersions.<sup>117</sup> The development of fast magic angle spinning (MAS)<sup>118–121</sup> and single-pulse experiment (SPE), makes the SS NMR the main method to study mesoporous materials, particularly drugs confined in MPS, drug-coformer interaction within MPS, and API-MPS interactions.<sup>122,123</sup> The crosspolarization/magic angle spinning experiments have been conducted by Bi et al using a double-tuned crosspolarization/magic angle spinning probe to justify the formation of coamorphous systems of IBU-NA loaded MPS. The spectra of the NCA system show a 0.4–0.5 ppm downfield shift of the methyl resonances of IBU and a 0.6 ppm upfield shift of the carboxyl resonance when compared to the spectrum of physical mixture of IBU and NA-loaded MPS. These changes in chemical shifts are attributed to the molecular interactions between IBU and NA within MPS. Theoretically, the very weak molecular interaction of drug-coformer in a coamorphous system offers a unique opportunity to distinguish the coamorpous system from the physical mixture of each amorphous component.<sup>28</sup> Skorupska et al reported the 1H MAS and 19F MAS spectra of BA/FBA within MCM41 recorded with the spinning rate of 28 kHz at ambient temperature. The differences in spectra between BA/FBA cocrystal and BA/FBA loaded MCM41 were observed, with significantly better resolution in the proton spectra for BA/FBA loaded MCM41, particularly in the fluorine data. This indicated that cocrystal-loaded MPS was in a fast exchange regime due to rapid molecular motion.<sup>7</sup>

Skorupska et al also used an SPE 13C MAS measurement to investigate NPX:PA cocrystal loaded MCM-41 to confirm the location of drug-coformer within MPS. The 13C CP/MAS NMR was conducted to show the spectrum of physical mixture of

NPX:PA/MCM-41, as presented in Figure 11a. Specifically, the 13C CP/MAS spectrum observed in the NPX:PA/MCM-41 after thermal treatment was only the NPX component. When conducting the SPE 13C MAS measurement with a short relaxation delay, which was suitable for mobile components, mainly PA resonances were monitored in the sample of NPX:PA/MCM-41 after thermal treatment. Based on these results, the molecular dynamics between NPX and PA were significantly different, consisting of rigid NPX and mobile PA, which were observed and unobserved in the cross-polarization, respectively. This showed that the PA was located inside the pore, while NPX was on the silica surface of MPS.<sup>27</sup>

A 1H–19F HOESY MAS measurement was conducted to further analyze the interactions between BA and FBA within MPS. This method was found suitable in a system with fast molecular motion. Figure 12 showed a HOESY spectrum with clear correlation peaks suggesting the proximity between proton and fluorine spins. This indicated that the cross-peaks reflected the  $\pi$ - $\pi$ -stacking interactions more possibly rather than contacts inside the isolated heterodimer.<sup>27</sup>

Previous studies have conducted SS NMR to confirm the interaction of RTN-SAC within TMPS. <sup>13</sup>C PST/MAS NMR (v = 15 kHz) was performed to detect both mobile and rigid components. For RTN amorphous/TMPS, the relative peak intensity of thiazole groups peaks at 179 ppm increased in the <sup>13</sup>C PST/MAS NMR spectrum compared to the <sup>13</sup>C CP/MAS NMR spectrum, as presented in Figure 13. The difference in spectra between the <sup>13</sup>C PST/MAS NMR and <sup>13</sup>C CP/MAS NMR was detected at 179 ppm in the sample of RTN amorphous/TMPS. The enhanced peak in the PST/MAS NMR spectrum suggested that the thiazole groups in RTN were highly mobile in the RTN amorphous/TMPS. In contrast, the difference in spectra between the <sup>13</sup>C PST/MAS NMR was not significant in the RTN-SAC 1:1 coamorphous/TMPS. This indicated that the mobility of the thiazole groups in RTN within TMPS was suppressed through hydrogen bond interaction of RTN-SAC, as observed in the RTN-SAC coamorphous.<sup>62</sup>

### Evaluation of Dissolution Performance

The dissolution study was conducted to evaluate the behavior of drugs in the drug-coformer loaded MPS after dispersion in dissolution medium. Understanding this dissolution behavior is important in solid formulation development and regulatory assessment. Bi et al conducted the in vitro drug release experiments of IBU-NA/MPS under non-sink conditions. The results showed that IBU-NA cocrystal and IBU crystal reached their equilibrium solubility state after 150 min. In contrast, the IBU amorphous/MPS and IBU-NA/MPS showed rapid release, which was achieved within 5 min. This phenomenon occurred due to the nanosized effect of drugs induced by the confinement of MPS leading to monomolecular dispersion of drugs in the dissolution medium. Specifically, IBU-NA/MPS showed higher equilibrium





Notes: Adapted with permission from Skorupska E, Jeziorna A, Potrzebowski MJ. Thermal solvent-free method of loading of pharmaceutical cocrystals into the pores of silica particles: a Case of naproxen/picolinamide cocrystal. J Phys Chem C. 2016;120(24):13169–13180. Copyright 2016 American Chemical Society.



**Figure 12** <sup>1</sup>H–<sup>19</sup>F HOESY MAS NMR spectra of BA/FBA loaded MCM-41 = 1:1 w/w with a spinning rate of 12 kHz. **Notes:** Adapted with permission from Skorupska E, Jeziorna A, Potrzebowski MJ. Thermal solvent-free method of loading of pharmaceutical cocrystals into the pores of silica particles: a Case of naproxen/picolinamide cocrystal. *J Phys Chem C*. 2016;120(24):13169–13180.<sup>27</sup> Copyright 2016 American Chemical Society.

solubility compared to that of IBU/MPS. The high solubility of IBU in IBU-NA/MPS was attributed to the hydrotropic effect of NA and the confinement effect of MPS. Moreover, the addition of an equal amount of NA into IBU/MPS in pure water can achieve the same solubility with IBU-NA/MPS, confirming the hydrotropic effect of NA.<sup>28</sup>

A previous study showed a different result as presented in Figure 14 compared to the report of Bi et al.<sup>62</sup> In the RTN/ MPS system, the rapid release occurred at the beginning of the dissolution test, suggesting good dispersibility in the dissolution medium. Meanwhile, in the RTN-SAC coamorphous/MPS, dissolution of RTN was initially slow compared to the RTN amorphous/MPS at the beginning of the dissolution test. The high concentration of RTN was maintained to be longer in the presence of SAC than in amorphous/MPS. A similar result was also observed in the physical mixture (PM) of the RTN amorphous/TMPS + SAC crystal, indicating that SAC crystal did not affect the dissolution of RTN amorphous/MPS. This result suggested that the incorporation of coformer into mesopores extended the maintenance time of drug supersaturation through hydrogen bond interaction between drug and coformer within MPS.<sup>62</sup>

Trzeciak et al and Salas-Zuniga et al reported no significant difference in the dissolution profile of drugs between drug/MPS and drug-coformer/MPS systems. Although the rapid supersaturation of drugs occurs at the beginning of the dissolution test in the confined solids in MPS, the concentration of RTN gradually decreases due to RTN recrystallization in the dissolution medium even in the presence of coformer. This phenomenon occurs because the water contacting to drug or coformer can break their interaction after dispersion into water. The dissolution profile in the drug-coformer/MPS system could be similar to drug/MPS, despite the drug-coformer interaction being observed in the solid state.<sup>64,66</sup>

### Physical Stability

In the drug-coformer-loaded MPS system, a physical stability test was conducted to evaluate the impact of drug-coformer interaction within MPS in the stabilization of the amorphous drug. The physical stability of VAL-VAN loaded MPS was monitored by evaluating their dissolution profiles upon storage. However, the dissolution profile of VAL in VAL-VAN loaded MPS did not significantly change over 8 weeks compared to the observation made on day 0. VAL-VAN coamorphous showed a significant decrease in the rate of dissolution (~35%) after the storage period due to the recrystallization, in comparison with day 0 (~94%). Physical stability improvement of VAL-VAN coamorphous after loaded MPS was attributed to the nanoconfinement effect, preventing the recrystallization and maintaining a stable dissolution profile of the amorphous drug.<sup>61,124</sup> Physical stability of drug-coformer loaded MPS was also monitored from PXRD measurements. After 45 days of storage at 60  $^{\circ}$ C, some small crystalline peaks were observed on the PXRD

### RTN amorphous/TMPS (3:7, w/w)



Figure 13 <sup>13</sup>C CP/MAS NMR spectra (v = 15 kHz) and <sup>13</sup>C PST/ MAS NMR spectra (v = 15 kHz) of RTN amorphous/TMPS and RTN-SAC 1:1 coamorphous/TMPS. Notes: Adapted from *International Journal of Pharmaceutics*, Volume 600, Budiman A, Higashi K, Ueda K, Moribe K, Effect of drug-coformer interactions on drug dissolution from a coamorphous in mesoporous silica, pages 120492. Copyright 2021, with permisison from Elsevier.<sup>62</sup>

pattern of drug amorphous/MPS, while the drug-coformer/MPS system maintained the halo patterns. This indicated that the presence of coformer within MPS can further improve physical stability of the amorphous drug.<sup>28</sup> To confirm the impact of drug-coformer interaction within MPS on physical stability of the amorphous drug, the dispersed solid sample in dissolution medium of drug amorphous/MPS and coamarphous/MPS system were collected through centrifugation, leading to the preparation of freeze-dried samples. The PXRD patterns showed that some crystalline peaks of the drug were observed for the sample of drug amorphous/MPS due to recrystallization occurring during the dissolution test. In



**Figure 14** Dissolution profiles of each sample in 100 mM phosphate buffer (pH 6.8) at 37 °C. (n = 3, mean ± S. D). **Notes:** Adapted from *International Journal of Pharmaceutics*, Volume 600, Budiman A, Higashi K, Ueda K, Moribe K, Effect of drug-coformer interactions on drug dissolution from a coamorphous in mesoporous silica, pages 120492. Copyright 2021, with permisison from Elsevier.<sup>62</sup>

contrast, the sample of RTN-SAC 1:1 amorphous/TMPS showed a small RTN peak, indicating that drug-coformer interaction within MPS could improve physical stability of the amorphous drug after dispersion in water.<sup>62</sup>

### **Author Perspective**

### Molecular State of the Drug-Coformer Within MPS

The molecular state of the drug-coformer within MPS is discussed in Figure 15. In the pores of MPS, the molecular mobility of each component can be used to confirm the localization of drug and coformer. The cocrystal of BA-FBA within MPS showed high molecular mobility compared to the cocrystal without MPS, suggesting its location in the center of MPS due to an intrinsic effect. Meanwhile, in the case of the cocrystal of NPX-PA, NPX mobility was different from PA. NPX was observed in the cross-polarization (low mobility), while PA was not found in the cross-polarization (high mobility). This suggested that PA was located in the center of MPS, while NPX was on the silica surface. According to Chen et al, the two  $T_{gs}$  ( $T_{g}$  low and  $T_{g}$  high) were observed in the nifedipine confined in the porous media, commonly found in the small molecules loaded with the porous nanoconfinement. The change in  $T_g$  was affected by the interaction between the surface of MPS and the molecules, as well as the size of the confinement. The  $T_{\varphi}$  of the amorphous drug within MPS was lower compared to the amorphous counterpart without MPS, indicating its high molecular mobility due to an intrinsic size effect. In contrast, the surface interaction between the pore wall and molecules led to a lower molecular mobility and a higher  $T_g$  compared to the amorphous drug located outside MPS. According to a previous study, the mobility of RTN was suppressed after loaded MPS, which was different from the commonly observed small molecules. The strong surface interactions between RTN and MPS could restrict the mobility of adsorbed RTN, forming a monolayer on the mesoporous surface.<sup>98,125,126</sup> Strong interactions between the C=O of RTN and the Si-OH of MPS through hydrogen bonding have been reported.<sup>21</sup> Consequently, when the RTN-SAC was incorporated into MPS, the RTN should be located in the surface or walls of MPS due to the surface interaction between RTN and MPS.

#### Drug Release Mechanism

The speculated mechanism of drug dissolution from drug-coformer-loaded MPS is summarized in Figure 16. The high supersaturation of drug within MPS occurred due to monomolecular dispersion in dissolution medium through the interaction of water molecules with the drug. This made the drug rapidly dissolve at the beginning of the dissolution test.



Figure 15 Schematic illustration of drug-coformer/MPS located (a) in the center of MPS, and (b) on the surface of MPS.

Moreover, drug-coformer interaction and the nanoconfinement effect of MPS contributed to the improvement of solubility and stability from poorly water-soluble drugs. Based on the previous studies, the mechanism of drugs in the drug-coformer-loaded MPS system was divided into three parts, as illustrated in Figure 16. These included (1) the presence of coformer can increase the solubility of the amorphous drug due to the hydrotropic effect from coformer after dispersion in water. The hydrophobic interaction between drug with the hydrophobic part of the coformer was formed, leading to aggregation activity above its minimum hydrotrope concentration (MHC).<sup>127</sup> (2) The presence of the coformer could suppress the water contact with the drug in MPS. This was because the hydrophilic part of the drug was occupied through hydrogen bonding with the coformer, leading to a slower dissolution rate compared to drug amorphous/MPS. The remaining hydrogen bond between the drug and coformer in the solution could inhibit drug crystallization and maintain supersaturation. Therefore, the formation of drug-coformer interaction in the mesopore contributed to the maintenance of drug supersaturation for extended periods. (3) The presence of the coformer in the solution was not observed. Although the drug-coformer interaction was observed in the solid state, the dissolution profile of the drug in the drug in the drug-coformer interaction profile of the drug in the drug in the drug-coformer interaction profile of the drug in the drug in the drug-coformer interaction between the drug and coformer in the solution profile of the dissolution behavior of the drug, as the remaining molecular interaction between the drug and coformer in the solution profile of the drug in the drug-coformer interaction was observed in the solid state, the dissolution profile of the drug in the drug-coformer/MPS system could be similar to drug/MPS.

#### The Impact of This System on the Drug Therapy

The monomolecularly dispersed drug within MPS can then rapidly dissolve into the dissolution medium which plays a critical role in the absorption improvement of the poorly water-soluble drug. Previous studies reported that poorly water-soluble drugs' absorption was enhanced when API was in a supersaturated state, which was commonly observed in the drug-loaded MPS. The addition of coformer in the MPS could increase the solubility or maintain the supersaturated solution of amorphous drugs in the aqueous compartment of the body, such as interstitial space resulting in the bioavailability improvement of amorphous drugs. Based on the Fick law of diffusion, the mechanism of drug absorption commonly occurs by passive diffusion, in which the drugs will move from a higher concentration to a lower concentration of drugs until equilibrium is reached. Thus, the solubility of the drug in the aqueous compartment of the body could significantly affect the amount of drug absorption via passive diffusion. The drug absorption of the drug's crystal was lower compared to that of its amorphous state because of its poor water solubility.

Meanwhile, in the system of drug-coformer loaded MPS, the amount of drug absorption would be higher compared to drug-loaded MPS because the presence of coformer within MPS could improve the solubility of drugs and maintain the supersaturated solution in the aqueous compartment of the body through the intermolecular interaction between drug and coformer in the MPS. As a result, it was assumed that the absorption of poorly water-soluble drugs in the drug-coformer /MPS formulation was mainly passive diffusion where only molecularly dissolved API was absorbed by the intestinal epithelium. Furthermore, the permeability of the drug could only be increased by high concentrations of dispersed API. Therefore, the presence of coformer in drug-loaded MPS systems could enhance the concentration of molecularly



Figure 16 Schematic illustration of drug dissolution from drug-coformer/MPS.

dissolved API leading to the improvement of drug absorption. Improving the bioavailability of poorly water-soluble drugs could enhance their pharmacokinetics, efficacy, and safety.

# Conclusions

In conclusion, this study contributes to elucidating mechanisms of drug-coformer within MPS and its dissolution and drug distribution in an aqueous environment. The drug-coformer within MPS system emerged as an appealing alternative for improving the limitations associated with the utilization of binary systems, such as drug loaded MPS and co-amorphous/cocrystal systems. The presence of coformer within MPS has the potential to improve their pharmaceutical properties, including solubility, dissolution profile, and physical stability. However, there were challenges in the preparation of the drug-coformer within MPS system, especially in choosing an appropriate coformer and a preparation method. Moreover, it would be difficult to characterize the mechanism of drug-coformer within MPS including the interaction mechanism due to their complex systems. Therefore, these could be challenges for researchers

when developing an amorphous formulation of the drug-coformer within MPS system. Furthermore, this study provided fundamental insights into the drug-coformer within MPS system, which is significant when formulating strategies for improving the pharmaceutical properties of poorly water-soluble drugs.

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# Disclosure

The authors report no conflicts of interest in this work.

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