



Article

Fluoroquinolone Metalloantibiotics: A Promising Approach against Methicillin-Resistant Staphylococcus aureus

Mariana Ferreira ^{1,*}, Lucinda J. Bessa ¹, Carla F. Sousa ¹, Peter Eaton ¹, Dafne Bongiorno ², Stefania Stefani ², Floriana Campanile ² and Paula Gameiro ¹

- REQUIMTE-LAQV (Rede de Química e Tecnologia Laboratório Associado para a Química Verde), Departamento de Química e Bioquímica da Faculdade de Ciências da Universidade do Porto, Rua do Campo Alegre, s/n, 4169-007 Porto, Portugal; lucinda.bessa@fc.up.pt (L.J.B.); up200907323@fc.up.pt (C.F.S.); peter.eaton@fc.up.pt (P.E.); agsantos@fc.up.pt (P.G.)
- Department of Biomedical and Biotechnological Sciences, University of Catania, Via Santa Sofia 97, 95123 Catania, Italy; d.bongiorno@unict.it (D.B.); stefanis@unict.it (S.S.); f.campanile@unict.it (F.C.)
- * Correspondence: mariana.ferreira@fc.up.pt

Received: 7 April 2020; Accepted: 28 April 2020; Published: 30 April 2020



Abstract: Fluoroquinolones (FQs) are antibiotics commonly used in clinical practice, although nowadays they are becoming ineffective due to the emergence of several mechanisms of resistance in most bacteria. The complexation of FQs with divalent metal ions and phenanthroline (phen) is a possible approach to circumvent antimicrobial resistance, since it forms very stable complexes known as metalloantibiotics. This work is aimed at determining the antimicrobial activity of metalloantibiotics of Cu(II)FQphen against a panel of multidrug-resistant (MDR) clinical isolates and to clarify their mechanism of action. Minimum inhibitory concentrations (MICs) were determined against MDR isolates of Escherichia coli, Pseudomonas aeruginosa and methicillin-resistant Staphylococcus aureus (MRSA). Metalloantibiotics showed improved antimicrobial activity against several clinical isolates, especially MRSA. Synergistic activity was evaluated in combination with ciprofloxacin and ampicillin by the disk diffusion and checkerboard methods. Synergistic and additive effects were shown against MRSA isolates. The mechanism of action was studied though enzymatic assays and atomic force microscopy (AFM) experiments. The results indicate a similar mechanism of action for FQs and metalloantibiotics. In summary, metalloantibiotics seem to be an effective alternative to pure FQs against MRSA. The results obtained in this work open the way to the screening of metalloantibiotics against other Gram-positive bacteria.

Keywords: fluoroquinolones; metalloantibiotics; antimicrobial resistance; methicillin-resistant *Staphylococcus aureus*; atomic force microscopy

1. Introduction

The cell envelope is the first natural bacterial barrier against antimicrobials, comprising two major components, the cell membrane and the peptidoglycan [1,2]. In general, bacterial membranes are rich in anionic and zwitterionic lipids, especially phosphatidylglycerol (PG), cardiolipin (CL) and phosphatidylethanolamine (PE) [3,4], while peptidoglycan harbors sugars and several amino acids [5]. However, this structure differs between Gram-negative and Gram-positive bacteria. Gram-positive bacteria are surrounded by a single membrane, the cytoplasmic membrane, enriched with anionic phospholipids and proteins and a thicker peptidoglycan sheet (around 30–100 nm thickness), external to the cytoplasmic membrane [4,6,7]. In turn, Gram-negative bacteria comprise an inner membrane (cytoplasmic membrane) and an outer membrane, with different composition, separated by a thinner

peptidoglycan layer (a few nm in thickness) [4,7]. The inner membrane is a phospholipidic bilayer mostly composed of zwitterionic and anionic phospholipids [7–9], while the outer membrane is an asymmetric bilayer that differs in composition between the inner and outer leaflets. The inner leaflet of the outer membrane is very similar to the inner membrane [10], while the outer leaflet is enriched with glycolipids (mainly lipopolysaccharides) [2,8,10,11] and proteins, such as lipoproteins or integral membrane proteins, known as outer membrane proteins (OMPs) or porins [9,12]. These structural differences explain the general high resistance of Gram-negative bacteria to most antimicrobial agents, compared to Gram-positive bacteria [10].

Fluoroquinolones (FQs) are a family of antibiotics with a large spectrum of action, affecting Gram-negative and some Gram-positive bacteria, and being widely used in clinical practice [13]. These antibiotics act intracellularly, inhibiting the activity of DNA gyrase and topoisomerase IV [14,15], and their translocation in Gram-negative bacteria is usually dependent on porins [16]. Nevertheless, due to their misuse and overuse, bacteria have developed several resistance mechanisms to FQs. Alterations to the target molecules (through chromosomal mutations or plasmid-acquired resistance genes) and the reduction of the intracellular concentration of the drugs (by decreasing the influx or increasing the efflux) are the main bacterial resistance mechanisms against FQs that have been reported [17,18]. One of the reported strategies to bypass bacterial resistance to FQs is their complexation with transition metals, and so far it has been shown that only copper(II) complexes are truly stable [19-22]. Furthermore, the addition of 1,10-phenanthroline (phen) gave rise to ternary complexes (CuFQphen) with high stability under physiological conditions (of concentration, pH and temperature) and antibacterial activity (comparable or improved, with regard to free FQs) [19,23,24]. These cationic molecules, known as metalloantibiotics, seem to be a promising strategy against Gram-negative bacteria due to their alternative influx route apparently independent of porins [19,21,23,25,26]. Consequently, these compounds may overcome some bacterial resistance mechanisms developed to FQs, being potential alternatives to pure FQs. Nonetheless, to our knowledge, studies of the effect of these metalloantibiotics against Gram-positive bacteria still scarce.

This work aims to evaluate the antimicrobial activity of five metalloantibiotics and their respective free FQs against clinical isolates of Gram-negative and Gram-positive bacteria, through the assessment of minimum inhibitory concentrations (MICs). Three bacterial species of clinical importance [27] (Escherichia coli, Pseudomonas aeruginosa and Staphylococcus aureus) were chosen and reference strains and multidrug-resistant (MDR) clinical isolates, including methicillin-resistant *S. aureus* (MRSA), were used. The compounds that revealed improved MIC values in comparison to pure FQs were also tested in combination with some antibiotics, through the disk diffusion and the checkerboard methods, to assess possible synergistic effects. To determine if they show a similar mechanism of action as FQS, the metalloantibiotics capacity to inhibit DNA gyrase and topoisomerase IV was evaluated through enzymatic inhibitory assays. Additionally, Atomic Force Microscopy (AFM) was used to evaluate the effect of FQs and metalloantibiotics on bacterial membrane features (shape and size).

2. Materials and Methods

2.1. Fluoroquinolones and Metalloantibiotics Preparation

Ciprofloxacin (cpx), enrofloxacin (erx), levofloxacin (lvx) and sparfloxacin (spx) (all >98.0%), were purchased from Sigma-Aldrich. Moxifloxacin (mxfx) was a gift from Bayer. All other chemicals were from Merck. Stock solutions of phen, Cu(II)/phen (1:1), $Cu(NO_3)_2.3H_2O$, FQs (cpx, erx, lvx, mxfx and spx) and respective metalloantibiotics were prepared in 10 mmol dm⁻³ HEPES buffer (0.1 mol dm⁻³ NaCl; pH 7.4, using double deionized water), with the exception of the copper solution, prepared only in double deionized water. The solutions were filter-sterilized and stored in small aliquots, protected from light, at -80 °C. The stock solutions were then thawed as needed and used in the same day. The metalloantibiotic solutions used were prepared by mixing the three components (FQ, Cu(II) and phen) in stoichiometric proportions (1:1:1), as previously reported for other FQs

metalloantibiotics [19–21,28–30]. The $Cu(NO_3)_2.3H_2O$ solution used to prepare the metalloantibiotics solutions was previously titrated in alkaline medium with EDTA and using murexide as indicator.

2.2. Antimicrobial Activity Assays

2.2.1. Bacterial Strains and Culture Conditions

Four bacterial reference strains from ATCC (LGC Standards) were used: two Gram-negatives, *E. coli* ATCC 25922 and *P. aeruginosa* ATCC 27853 and two Gram-positives, *S. aureus* ATCC 25923 and ATCC 29213. Overall, 30 MDR clinical isolates were also tested: four MDR *P. aeruginosa* (from Portugal), eight MDR *E. coli* (from Portugal) and 18 MRSA (14 from Italy and four from Portugal). All the strains and isolates were stored in glycerol at –80 °C and thawed at room temperature before being plated on non-selective agar. The antibiotic resistance profiles of the clinical isolates are compiled in Tables S1 and S2, available as Supplementary Material.

2.2.2. Determination of Minimum Inhibitory Concentrations (MICs)

The MIC values were determined for all tested compounds by the broth microdilution method, according to the recommendations of the Clinical and Laboratory Standards Institute (CLSI) [31]. Briefly, stock solutions were dispensed into 96-well plates and diluted with Mueller-Hinton broth (MHB, Sigma-Aldrich), in the case of clinical isolates from Portugal (assays done in Porto, Portugal), or cation-adjusted Mueller-Hinton broth (CAMH broth, Sigma-Aldrich), in the case of clinical isolates from Italy (assays done in Catania, Italy), using a two-fold dilution series. The highest in-test concentration was 1024 μ g/mL. The test wells were inoculated with a final bacterial concentration of $\approx 5 \times 10^5$ colony-forming units (CFU) per mL [31]. Control wells were performed for broth, inoculum and for each compound solution. The inoculated 96-well plates were incubated at 37 °C for 16 to 20 h. Afterwards, the MIC, the lowest concentration of an antimicrobial agent that completely inhibits the bacterial growth, detected by the naked eye [32], was determined. Three independent experiments were performed.

2.2.3. Combination Synergy Study

The compounds that revealed improved activity against some clinical isolates of MDR $\it E.~coli$ and MRSA were tested in combination with other antibiotics in two-drug combination studies. Selected compounds were combined with cpx (5 μ g) or ampicillin—amp (10 μ g) against $\it E.~coli$ and MRSA isolates. The combined effect of compounds with antibiotics was tested by the disk diffusion and the checkerboard methods.

Disk Diffusion Method

A suspension of each selected MDR isolate was prepared in MHB by picking overnight colonies, and its turbidity was adjusted to $OD_{600} = 0.1~(\approx 10^8~CFU/mL)$. The suspension was then inoculated on the surface of a MH agar plate (150 mm diameter). Each plate housed up to three paper disks. Control disks (blank disks—6 mm diameter, Liofilchem) and commercial antibiotic-impregnated disks (cpx 5 μ g and amp 10 μ g, Oxoid) were loaded with the tested compound solution (15 μ L of a 2048 μ g/mL stock solution to reach 30 μ g of each compound/per disk). The plates were then incubated at 37 °C, for 16 to 20 h. The diameter of the zones of growth inhibition observed around each disk was measured (in mm) [32]. Each compound was tested in duplicate and two independent experiments were performed. Potential synergism was considered when the halos of antibiotic disks impregnated with the tested compounds where greater compared to the halos of antibiotic disks or compound-impregnated disks alone.

Checkerboard Method

The compounds that exhibited potential synergism in the previous assay were also tested in two-drug combinations through the broth microdilution checkerboard method. MIC values were determined for each tested compound alone and in combination. The method was performed using a two-fold dilution series in 96-well plates and final bacterial concentration of $\approx 5 \times 10^5$ CFU/mL [8], as previously described. The tested compound was diluted along the ordinate and the antibiotic along the abscissa. MIC values were determined after 16 to 20 h of incubation, at 37 °C [7,8]. Two independent experiments were performed. MIC values determined were used to calculate the fractional inhibitory concentration (FIC) of each compound/drug and the FIC index (Σ FIC), as follows: FIC of drug A (FIC A) = MIC of drug B in combination/MIC of drug B alone; Σ FIC = FIC A + FIC B. The combinatorial effect was interpreted according to the following criteria: synergy, Σ FIC ≤ 0.5 ; additivity, $0.5 < \Sigma$ FIC ≤ 1 ; no interaction (indifference), $1 < \Sigma$ FIC ≤ 4 ; antagonism, Σ FIC > 4 [33].

2.3. Enzymatic Inhibitory Activity Assays

The study was carried out with two metalloantibiotics, Cucpxphen and Cuspxphen, and six compound concentrations were evaluated: 0.5; 1.0; 5.0; 10.0, 50.0 and 100.0 μmol dm⁻³. Gyrase supercoiling inhibition assays were performed by incubating relaxed pBR322 plasmid (0.5 μL per assay) with 1 unit of gyrase (prepared in the dilution buffer supplied) and the assay buffer supplied, in the absence and presence of a concentration range of the solutions being tested. Topoisomerase IV relaxation inhibition assays were performed by incubation of supercoiled pBR322 plasmid (0.5 µL per assay) with 1.5 (E. coli) or 2 (S. aureus) units of topoisomerase IV (prepared in the dilution buffer supplied) and the assay buffer supplied, in the absence and presence of a concentration range of the compounds tested. All the reactions were carried out according to the manufacturer's instructions (Inspiralis, Norwich, UK). Three controls were used in the study: a negative control, consisting of a mixture of the plasmid, water, assay buffer and dilution buffer (in the absence of the enzyme), and two positive controls, comprising a mixture of the plasmid, water, assay buffer and water or HEPES buffer (in the presence of the enzyme). Cpx was used as a drug control in all experiments, due to its known enzymatic inhibitory activity. After each reaction, the plasmid (relaxed or supercoiled) was separated by agarose gel electrophoresis. All gels were stained with GreenSafe Premium (NZYTech), visualized and photographed under UV light. All determinations were performed in at least three independent experiments.

2.4. Evaluation of the Effect of Compounds on Bacterial Membranes by Atomic Force Microscopy

Bacterial cultures were grown in Luria broth (LB) until an optical density of about 0.1, corresponding to approximately 10^8 CFU mL $^{-1}$, was reached. Control samples (without antibiotic treatment) and samples containing FQ or metalloantibiotic in a concentration below the MIC (0.002–0.008 µg mL $^{-1}$) were prepared. The study was carried out with two FQs (cpx and spx) and their metalloantibiotics, Cucpxphen and Cuspxphen. *E. coli* ATCC 25922 and *S. aureus* ATCC 25923 strains were used. Drops of 20 µL of each bacterial suspension (control and treated) were loaded onto a glass plate, followed by drying for 30 min at 37 °C, then gently washed with isotonic solution, subsequentially dried for 30 min at 37 °C and washed again with ultra-pure water and dried for 1 h at 37 °C. Samples were observed under a TT-AFM instrument from AFM Workshop with a 50 µm scanner in vibrating mode. Probes were purchased from Applied Nanostructures, Inc. (Mountain View, CA, USA), and had approximately 300 kHz resonant frequency, probe diameter <10 nm (AppNano ACT, Applied Nanostructures, Inc, Mountain View, CA, USA). Multiple areas per sample were imaged and representative images were selected. For *E. coli* experiments, three independent experiments, each composed by three independent replicates for each control and treated samples, were performed. For *S. aureus* experiments, however, due to time constraints, only one experiment composed by three independent replicates was performed.

Nevertheless, at least 10 individual cells were analyzed in terms of height and size (length and diameter) in both experiments. Gwyddion software was used to process the images [34]. Statistical analysis was performed using GraphPad Prism[®] software (GraphPad Software, San Diego, CA, USA).

3. Results and Discussion

3.1. Antimicrobial Activity against Multidrug-Resistant Clinical Isolates

The antibacterial activity of five free FQs (cpx, erx, lvx, mxfx and spx) and the respective metalloantibiotics of CuFQphen, phen, Cu(II)/phen (1:1) and Cu(NO₃) $_2$.3H $_2$ O salt was tested against bacterial reference strains and MDR clinical isolates.

There is a general practice to report MIC values in terms of Υ (µg mL⁻¹) [32,35]. Nevertheless, when comparing compounds with marked differences among their molecular weight (MW) values, the interpretation of the MIC results may be misleading when using Υ . Therefore, as MW Metalloantibiotics $\approx 2 \times MW$ FQs (Table S3 of the Supplementary Material), the MIC results are presented in µmol dm⁻³, with all data available both in µg mL⁻¹ and µmol dm⁻³ in the Supplementary Materials (Tables S4–S7).

The MIC values determined for all compounds against reference strains are presented in Table 1 and Table S4 of Supplementary Material. The MICs obtained for the free FQs meet the values recommended by the CLSI guidelines [35], with the exception of cpx against *P. aeruginosa* ATCC 27853, whose value (0.18 μ mol dm⁻³, corresponding to 0.06 μ g mL⁻¹) was lower compared to the range recommended in the guidelines (0.25–1 μ g mL⁻¹). This result may arise from the absence of cation content in the MHB medium used. The CLSI guidelines refer that the cation content of the broth used in the antimicrobial susceptibility testing may affect the MIC results. Moreover, the supplementation of the broth with cations, in cases where lower MIC values were observed in *P. aeruginosa* ATCC 27853, are suggested in the guidelines [31]. Besides that, Chalkley and Koornhof have also published a value of 0.016 μ g mL⁻¹ for cpx against this control strain [36], which is even lower than the one obtained in this work.

Table 1. Minimum inhibitory concentration (MIC) values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against reference strains, *E. coli* ATCC 25922, *P. aeruginosa* ATCC 27853, *S. aureus* ATCC 25923 and *S. aureus* ATCC 29213. Values presented were obtained from at least three independent experiments.

		MIC Val	ue (µmol dm ⁻³)		
Compound	E. coli ATCC 25922	P. aeruginosa ATCC 27853	S. aureus ATCC 25923	S. aureus ATCC 29213	
срх	0.012	0.18	0.36-0.75	0.75-1.51	
Cucpxphen	0.011	0.17-0.35	0.35-0.71	1.41	
erx	0.022	2.78	0.33-0.70	0.33	
Cuerxphen	0.022	2.97	0.37 - 0.74	0.18 - 0.37	
lvx	0.022	1.38	0.33-0.69	0.33	
Culvxphen	0.021 - 0.042	1.39	0.35-0.69	0.35	
mxfx	0.018	1.14-2.28	0.07 - 0.14	0.14	
Cumxfxphen	0.019-0.038	2.54	0.08 - 0.15	0.08 - 0.15	
spx	0.010	0.64 - 1.27	0.08 - 0.15	0.15	
Cuspxphen	0.005 - 0.010	0.65	0.32	0.08 - 0.16	
phen	40.4	645.7	80.7-161.4	161.4	
Cu(II)/phen (1:1)	72.8	≥1164.1	72.8	145.5	
$Cu(NO_3)_2.3H_2O$	≥4238.2	≥4238.2	≥4238.2	≥3642.2	

Regarding metalloantibiotics, the MIC values were similar between each metalloantibiotic and the respective free FQ, which is in agreement with the data previously reported for $E.\ coli$ ATCC 25922 by Feio et al. [19]. In turn, the MIC values obtained for phen, Cu(II)/phen (1:1) and copper solutions were considerably higher (more than 10^3 -fold higher) than those of FQs and metalloantibiotics. These outcomes were also previously stated by Feio et al. [19] and may help to confirm that metalloantibiotic

dissociation does not happen, since the substituents by themselves did not show antimicrobial activity. The high MIC values of copper solutions were also previously reported by other authors [19,37,38].

Concerning MDR isolates, the MIC values obtained against Gram-negative bacteria were visibly different from those obtained against Gram-positive bacteria (Tables 2 and 3 and supplementary Tables S5–S7). The MICs obtained against all isolates tested are listed in full in the supplementary Tables S5–S7. Some relevant excerpts are presented in Tables 2 and 3.

Table 2. MIC values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against two MDR isolates of $E.\ coli$ (HSJ Ec002 and HSJ Ec003). Values presented were obtained from at least three independent experiments.

Compound	MIC Value (μmol dm ⁻³)				
Compound	HSJ Ec002	HSJ Ec003			
срх	386.3	193.2			
Cucpxphen	93.0	45.1-90.3			
erx	178.1	178.1			
Cuerxphen	95.0	95.0			
lvx	22.1	88.6			
Culvxphen	44.4	44.4-88.7			
mxfx	18.3	18.3			
Cumxfxphen	20.3	40.6			
spx	40.8	81.6			
Cuspxphen	41.6	83.1			
phen	80.7	40.4			
Cu(II)/phen (1:1)	145.5	72.8			
$Cu(NO_3)_2.3H_2O$	>4238.2	≥4238.2			

Table 3. MIC values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against four MRSA isolates (Sa1-SA3, Sa3-SA3, 19/35 and 26/01). Values presented were obtained from at least three independent experiments.

C 1		MIC Value (μmol dm ⁻³)						
Compound	Sa1-SA3	Sa3-SA3	19/35	26/01				
срх	386.3	386.3–772.6	≥3090.5	1545.2				
Cucpxphen	90.3	90.3	180.5	180.5				
erx	22.3	44.5-89.0	178.1	712.3				
Cuerxphen	95.0	95.0	95.0	95.0				
lvx	708.4	44.3	177.1	1416.8				
Culvxphen	88.7	88.7-177.5	88.7	88.7				
mxfx	18.3	292.3	18.3	73.1				
Cumxfxphen	10.2	10.2	20.3	40.6				
spx	652.4	20.4	163.1	652.4				
Cuspxphen	83.1-166.2	41.6	41.6	83.1				
phen	2582.9	645.7	322.9	322.9-645.7				
Cu(II)/phen (1:1)	72.8	72.8	145.5	145.5				
$Cu(NO_3)_2.3H_2O$	≥4238.2	≥4238.2	≥3642.2	≥3642.2				

MIC values could be obtained for all compounds, within the range of concentrations tested, against Gram-negative MDR isolates (Table 2, Table S5 and S6), with the exception of the copper solution (MIC \geq 4238.2 µmol dm⁻³). According to EUCAST guidelines, all the twelve MDR *E. coli* isolates tested were shown to be resistant to the tested FQs [39]. The MIC values of metalloantibiotics against MDR *E. coli* isolates (Table 2 and Table S5) were comparable to those of the respective pure FQ. These results show that metalloantibiotics are not able to circumvent the bacterial resistance mechanisms to FQs of these clinical isolates. The MIC values of phen, Cu(II)/phen (1:1) and copper solutions were mostly similar to the ones previously obtained against the reference strains. Nevertheless, Cucpxphen revealed improved antibacterial activity compared to cpx against two clinical isolates, HSJ Ec002 and HSJ Ec003

(Table 2 and Table S5). These results emphasize the importance of carefully choosing the units used to compare the antimicrobial activity of compounds with different molecular weights. In this particular case, the analysis of the results using conventional units ($\mu g \ mL^{-1}$) suggests a difference of 2-fold (128 $\mu g \ mL^{-1}$ for cpx and 64 $\mu g \ mL^{-1}$ for Cucpxphen), while the comparison in $\mu mol \ dm^{-3}$ discloses a difference of 4-fold (386.3 $\mu mol \ dm^{-3}$ for cpx and 93.0 $\mu mol \ dm^{-3}$ for Cucpxphen). Besides the improved antibacterial activity of Cucpxphen compared to free cpx, the MIC value is still quite high.

The antimicrobial activity of both metalloantibiotics and respective free FQs against MDR *P. aeruginosa* isolates was comparable (Table S6), as evidenced by similar MIC values. The exceptions were observed for Cuerxphen, whose MIC values were higher compared to erx against two out of the four tested isolates. Together, the results obtained from *E. coli* and *P. aeruginosa* isolates suggest that metalloantibiotics may not bring any advantages over pure FQs against Gram-negative bacteria.

Interestingly, the results were more promising against *S. aureus* strains. The MIC values assessed against 18 MRSA clinical isolates are presented in Table 3 and Table S7. Metalloantibiotics showed improved antibacterial activity in comparison to the respective pure FQs in 15 out of the 18 MRSA tested (Table 3 and Table S7). MIC values of metalloantibiotics were 4 to 28-fold lower than those of FQs. Among the five metalloantibiotics, Cucpxphen and Cuspxphen exhibited effectiveness against a greater number of isolates. Only in three isolates (Sa4-SA3, 38/13 bis and 16/01) did pure FQs and the respective metalloantibiotics exhibited similar MIC values. Within the 18 MDR isolates tested, all strains were shown to be resistant to the tested FQs, according to EUCAST guidelines [39]. MIC values of phen and Cu(II)/phen (1:1) were comparable or greater than those of FQs and metalloantibiotics and no antimicrobial activity could be ascribed to the copper solution (MIC \geq 3642.2 μ mol dm⁻³). Despite the lower MIC values of metalloantibiotics compared to pure FQs, the absolute value of the MICs can still be considered rather high. Therefore, some synergistic assays were also performed to evaluate the effect of the combination of these metalloantibiotics with other antibiotics.

3.2. Combinatorial Effect of Metalloantibiotics with Antibiotics

According to the results obtained from MIC experiments, the metalloantibiotics that revealed improved activity against most clinical isolates of MDR $\it E.~coli$ and MRSA were tested in combination with some antibiotics (cpx and amp), in two-drug combinations. Cucpxphen and Cuspxphen were combined with cpx (5 μ g) or amp (10 μ g) against one $\it E.~coli$ isolate (HSJ Ec002) and two MRSA isolates (Sa1-SA3 and Sa3-SA3). The combination of phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt with antibiotics was also evaluated.

Regarding *E. coli* isolate HSJ Ec002, a slight zone of inhibition (8 mm) for Cuspxphen in combination with cpx was observed, while each one alone caused no zone of inhibition (0 mm) (Table S8). For all the other tested compounds, except phen, no growth inhibition zones were observed. The considerable inhibition halo obtained for phen against the *E. coli* isolate corroborates its lower MIC value previously obtained.

Concerning Gram-positive isolates, the diameter of zones of inhibition obtained are shown in Table 4. Cucpxphen, Cuspxphen and Cu(II)/phen (1:1) displayed defined zones of growth inhibition against MRSA isolate Sa1-SA3. The combination of Cucpxphen with amp revealed larger zones of inhibition. Furthermore, the combination of phen, Cu(II)/phen (1:1) or copper solutions with amp also induced considerable growth inhibition zones.

Regarding the MRSA isolate Sa3-SA3 (Table 4), a growth inhibition zone was caused by Cucpxphen, Cuspxphen, copper solution and amp. Cucpxphen in combination with the two tested commercial drugs (cpx and amp) led to a bigger zone of inhibition. The solutions of phen and Cu(II)/phen (1:1) caused no inhibition zones when alone or in combination. The inhibition zone of copper solution was not expected based on the high MIC value previously determined. However, its combination with amp increased the zone of bacterial inhibition. Based on the results achieved by the disk diffusion method, the work proceeded for the checkerboard method to evaluate the synergistic effect of Cuspxphen in

combination with cpx against *E. coli* isolate HSJ Ec002 and of Cucpxphen in combination with amp and cpx against *S. aureus* isolate Sa1-SA3.

Table 4. Growth inhibition zones caused by Cucpxphen, Cuspxphen, phen, Cu(II)/phen (1:1), $Cu(NO_3)_2.3H_2O$ salt, cpx and amp against two MRSA isolates (Sa1-SA3 and Sa3-SA3). The diameter of the zones of growth inhibition is presented in mm. The values shown were obtained from at least two independent experiments.

Compound	Compound Alone	Compound + cpx	Compound + amp			
		MRSA Sa1-SA3				
Cucpxphen	10.5–11	10	12			
Cuspxphen	12	11	12			
phen	0	0	12			
Cu(II)/phen (1:1)	9–11	9	12			
$Cu(NO_3)_2.3H_2O$	0	0	10			
cpx (5 μg/disk)	0	0 0 -				
amp (10 μg/disk)	0					
		MRSA Sa3-SA3				
Cucpxphen	9–12	12	12			
Cuspxphen	13–14	14	14			
phen	0	0	10			
Cu(II)/phen (1:1)	0	0	10			
$Cu(NO_3)_2.3H_2O$	8–9	9	11			
cpx (5 μg/disk)	0	-	-			
amp (10 μg/disk)	amp (10 μg/disk) 10		-			

The checkerboard method allowed the calculation of the FIC index to further characterize the interactions among the different combinations (Table 5). The combination of Cuspxphen and cpx against the Gram-negative isolate revealed no change in the MIC value of the compounds when they were alone or in combination, indicating an indifferent interaction. However, the results were more encouraging against the two MRSA isolates, evidenced by the decrease in the MIC values of both compounds when in combination, disclosing a synergistic or additive interaction, depending on the extent of the effect, as revealed by the standard interpretation of FIC index values (Table 5).

Table 5. MIC values of Cucpxphen, Cuspxphen, cpx and amp alone or in combination obtained from the checkerboard method. The MIC values and respective FIC index were determined against three clinical isolates (MDR isolate of *E. coli* HSJ Ec002 and MRSA isolates Sa1-SA3 and Sa3-SA3), from two independent experiments.

		Erro			
	Alor	ie	In Combi	– ∑ FIC	
Clinical isolate	Cuspxphen	срх	Cuspxphen	срх	
HSJ Ec002	32	128	32	128	2 (I)
Clinical isolate	Cucpxphen	amp	Cucpxphen	amp	
Sa1-SA3	64	64	8	32	0.625 (A)
Clinical isolate	Cucpxphen	cpx	Cucpxphen	cpx	
Sa3-SA3	64	256	16	64	0.5 (S)
Clinical isolate	Cucpxphen	amp	Cucpxphen	amp	
Sa3-SA3	64	256	32	128	1 (A)

Interpretation of the interaction effect: synergy (S), $\Sigma FIC \le 0.5$; additivity (A), $0.5 < \Sigma FIC \le 1$; indifference (I), $1 < \Sigma FIC \le 4$; antagonism, $\Sigma FIC > 4$.

Therefore, the strategy based on the combination of these metalloantibiotics with different antibiotics should be further explored. Nevertheless, when combining different compounds, it is important to understand their mechanism of action. Thus, this study finishes with enzymatic inhibitory assays and Atomic Force Microscopy studies in order to assess the mechanism of action of the metalloantibiotics.

3.3. Studies of the Mechanism of Action of the Metalloantibiotics

Although the mechanism of action of the metalloantibiotics is still unknown, their nuclease activity and the high affinity to intercalate into the DNA point to a mechanism similar to that of the free FQs [19,40]. For this reason, the enzymatic inhibitory activity of the metalloantibiotics was assessed against topoisomerases II (DNA gyrase) and IV of both *E. coli* and *S. aureus*. Two metalloantibiotics, Cucpxphen and Cuspxphen, and cpx (as a drug control due to its known inhibitory enzymatic activity) were tested. The enzymatic activity of cpx was always evaluated using two different concentrations (one able and one unable to inhibit the enzyme). The precise concentration (units—U) of enzyme required for each enzymatic inhibitory activity assay was previously determined (Table S9 and Figures S1 and S2). The activity data revealed that DNA gyrases are more active than topoisomerases IV (for the same amount of plasmid, 1 U of DNA gyrase is able to completely supercoil it, while 1.5 or 2 U of topoisomerase IV are necessary to totally relax it).

The results of the inhibitory enzymatic activity experiments, performed with cpx and the two metalloantibiotics studied, are presented in Table 6 and Figures 1 and 2 (and Figures S3 and S4 of the Supplementary Material). Both metalloantibiotics showed inhibitory enzymatic activities similar to FQs, suggesting the same mechanism of action as FQs.

Comparing the results obtained from DNA gyrase supercoiling inhibition assays of *E. coli* and *S. aureus* (Table 6 and Figure 1 and Figure S3), the inhibitory activity of the three tested compounds was comparable within each assay. However, a higher concentration of compound was required to inhibit the same amount of enzyme in the case of the Gram-positive bacteria. This suggests that cpx and metalloantibiotics are more active against the DNA gyrase of the Gram-negative bacteria.

Regarding topoisomerase IV relaxation inhibition assays, differences between cpx and the metalloantibiotics were observed (Table 6 and Figure 2 and Figure S4). The concentration of metalloantibiotics required to inhibit topoisomerase IV was lower in comparison to cpx. This difference was more evident in the case of topoisomerase IV of *S. aureus*, showing that metalloantibiotics may be more effective against topoisomerase IV of Gram-positive bacteria.

Table 6. Concentrations of cpx, Cucpxphen and Cuspxphen able to inhibit the activity of DNA gyrase and topoisomerase IV of *E. coli* and *S. aureus*. The values presented were obtained from at least three independent experiments.

Assay	Bacterial	Concentration of Compound Able to Inhibit the Enzyme/µmol dm ⁻³				
,	Enzyme	cpx	Cucpxphen	Cuspxphen		
DNA gyrase supercoiling inhibition assay	E. coli S. aureus	5 50	5 50	5 50		
Topoisomerase IV relaxation	E. coli	10	5–10	5–10		
inhibition assay	S. aureus	10	5	5		

DB	water	HEPES	срх	/ µM	Cucpxphen / μM							
-	+	+	0.1	5	0.05	0.1	0.5	1	5	10	50	100

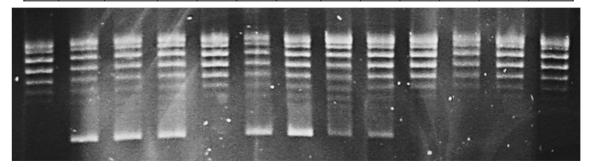


Figure 1. DNA gyrase supercoiling inhibition assay obtained for Cucpxphen as enzymatic inhibitor of the *E. coli* DNA gyrase, performed with 0.5 μ L of relaxed pBR322 plasmid, determined in a 1% (w/v) agarose gel in TAE buffer. DB is dilution buffer and the respective band is the negative control, containing the relaxed plasmid in the absence of the enzyme. Water and HEPES are the positive control bands containing the enzyme and the plasmid. The cpx bands represent the drug control. μ M means μ mol dm⁻³ and refers to the concentration of the compound. The experiment was also performed with the *S. aureus* DNA gyrase supercoiling assay kit (Figure S3 of the Supplementary Material). The enzymatic inhibitory activity of Cucpxphen and Cuspxphen was evaluated for both bacterial species.

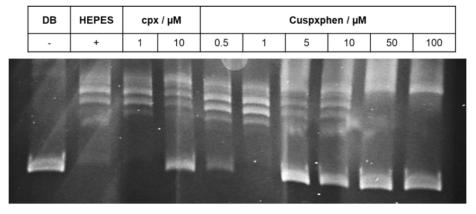


Figure 2. Topoisomerase IV relaxation inhibition assay obtained for Cuspxphen as enzymatic inhibitor of the *S. aureus* topoisomerase IV, performed with 0.5 μ L of supercoiled pBR322 plasmid, determined in a 1% (w/v) agarose gel in TAE buffer. DB is dilution buffer and the respective band is the negative control, containing the relaxed plasmid in the absence of the enzyme. HEPES is the positive control containing the enzyme and the plasmid. The cpx bands represent the drug control. μ M means μ mol dm⁻³ and refers to the concentration of the compound. The experiment was also performed with the *E. coli* topoisomerase IV relaxation assay kit (Figure S4 of the Supplementary Material). The enzymatic inhibitory activity of Cucpxphen and Cuspxphen was evaluated for both bacterial species.

Taking all results together, FQs and metalloantibiotics may easily target the DNA gyrase of *E. coli* and topoisomerase IV of *E. coli* and *S. aureus*. Furthermore, the DNA gyrase of *S. aureus* was shown to be less susceptible to the action of both compounds. Thus, it is expected that metalloantibiotics easily act on both topoisomerases in Gram-negative bacteria but have a preferential target, the topoisomerase IV, in the case of Gram-positive bacteria. Such outcomes are in accordance with several authors that refer to DNA gyrase as the major target of FQs in Gram-negative bacteria and topoisomerase IV as the preferential target in Gram-positive bacteria [17,18,41]. However, exceptions may occur in some bacterial species, depending on the FQ used. The higher activity of metalloantibiotics against

topoisomerase IV of Gram-positive bacteria (compared to cpx) corroborates the improved antimicrobial activity herein observed against several MRSA isolates.

Taking into account the high affinity of metalloantibiotics to the lipid component of the membrane (high partition constants [19,28,42]), one could suppose that these compounds may affect or damage the membrane. To get evidence on this supposition, the interaction of FQs and metalloantibiotics with the bacterial membranes of *E. coli* and *S. aureus* was studied by AFM, upon bacterial cell treatment with sub-MIC concentrations of each compound.

AFM is a technique that uses the physical interaction of a sharp probe with the surface of the sample to build a map of the height of the sample's surface, and is widely used to study micro-organisms, especially bacterial cells. Despite being slower and less suitable for cell-counting studies when compared to common optical microscopy methods, AFM has the great advantage of allowing high resolution three-dimensional images of the bacterial cell with clearer details of cell morphology and sub-cellular features under ambient conditions [43]. This technique allows the visualization of morphologic and mechanical changes in the bacteria upon treatment with antibacterial agents. Very small features in the bacterial membrane, such as holes, shrinking and cell shape changes can be revealed by AFM high resolution images. In this context, AFM was used to compare the effect of FQs or metalloantibiotics on bacterial membrane features, bacterial shape and size.

As membranes of Gram-negative and Gram-positive bacteria are largely distinct, we tested one model for each bacterial type: *E. coli* and *S. aureus*, respectively. Two FQs (cpx and spx) were chosen due to their different mechanism of permeation across the bacterial membrane: cpx translocation is strongly dependent on porins, while spx is expected to cross through the lipid bilayer [42]. Therefore, these two FQs and their respective metalloantibiotics were chosen to these experiments.

Figures S5 and S6 of the Supplementary Material show representative images of control samples of *E. coli* and *S. aureus* cells, respectively, and also depict an example of the plot of height and size measures analyzed in this study. For *S. aureus*, profile measurements show control cells with a height of about 500–700 nm and a diameter of about 1.0–1.5 μ m (Figure S7 of Supplementary Materials). For *E. coli*, AFM images of control cells show a height ranging from 100–300 nm and a length of about 3–5 μ m (Figure S7).

Analyzing the AFM images of treated bacterial cells (Figure 3 and Figure S8) it is clear that, apart from totally disrupted cells resulted from cell killing by the antibiotic action, it was not possible to see any special feature on the membrane caused by any of the compounds tested; no consistent holes or other features indicative of antibiotic action on the membrane were found. However, E. coli cells showed a clear filamentation after treatment with all the compounds (Figure 3). This pattern is confirmed by the plot depicted in Figure S7A, where it is shown that the average length of the treated cells was about three times higher than the length of the untreated *E. coli* cells. This result is consistent with other published studies on E. coli morphology after treatment with cpx at a sub-MIC concentration [44,45]. Filamentation is a common response of some bacterial cells upon treatment with antibiotics that have a mechanism of action on the DNA or the DNA synthesis system, which is the case of FQs that inhibit DNA gyrase and topoisomerase. The filamentation is induced by a process known as the SOS response of the cell that inhibits cell division until the DNA can be repaired preventing the transmission of the damaged DNA [46]. Filamentation was observed in treated E. coli cells independently of the compound used in the treatment. No statistically significant differences in cell length were found upon treatment with the free FQ or the metalloantibiotics (Figure S7A). Therefore, these results indicate that the mechanism of action of the metalloantibiotics in Gram-negative bacteria is similar to the one of the free FQs. It was also found that treatment with free FQ and CuFQphen did not change the height of the *E. coli* cells significantly (Figure S7B). In this case, however, it is also important to mention that the correct determination of the cell height of the treated cells is hampered by the less clean background due to the presence of some artefacts like the one displayed in Figure 3B. This is caused by the presence of cell waste resulting from the leakage of cell contents, previously observed upon treatment with FQs [46]. Furthermore, bacteria with a collapsed appearance

and "ghost cells" were found after treatment with FQ and metalloantibiotics, as are displayed in the treated cell images (Figure 3B–E). This effect of FQ treatment on bacterial cells was also reported in previous studies [46].

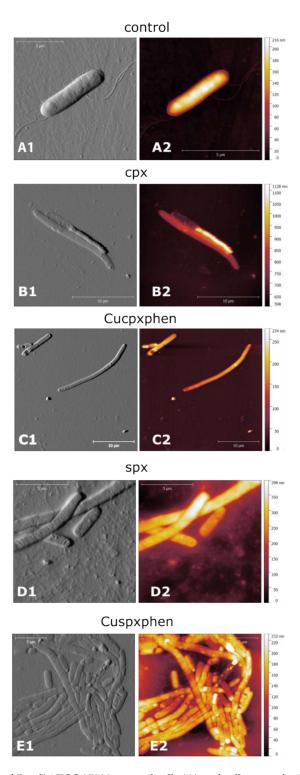


Figure 3. AFM images of *E. coli* ATCC 25922–control cells (**A**) and cells treated with cpx (**B**), Cucpxphen (**C**), spx (**D**) and Cuspxphen (**E**). A1, B1, C1, D1 and E1 are amplitude images; A2, B2, C2, D2 and E2 are height images. These images are representative of the multiple areas from at least three samples analyzed for each condition tested.

The antibiotics' action on *S. aureus* cells produced slightly different results (Figures S7 and S8). The size of the cells was also increased after treatment with the antibiotics. However, the increment in cell size is less pronounced, when compared to the effect in E. coli (Figure S7A,C). In fact, very few studies have reported alterations on S. aureus size upon treatment with FQs or other DNA targeting drugs. It has only been shown that gatifloxacin caused morphologic alterations on MDR S. aureus cells [47] and novobiocin causes variable modifications on S. aureus cell size [48]. Overall, we attribute the observed increase in size to abnormal cell division effects caused by the treatment with these compounds. Once again, no differences on cell size upon treatment with FQs and metalloantibiotics were found, pointing to a similar mechanism of action also on Gram-positive bacteria. Concerning cell height, very slight differences between treated and non-treated samples were found (Figure S7D). In this case, only cells treated with Cucpxphen had a statistically different height than the control ones. It is important to report, however, that the analysis of the cell height of antibiotic-treated *S. aureus* samples was hampered by the presence of artefacts and an unclean background, while it was not the case for the control samples (representative images Figure S8). Nevertheless, it is possible to conclude that, once again, the effect of each FQ and its respective CuFQphen complex was similar, reinforcing an analogous mechanism of action.

4. Conclusions

MIC values revealed improved antimicrobial activity of metalloantibiotics in comparison to pure FQs, especially against MRSA isolates. Additionally, the combination of these complexes with cpx and amp exhibited synergistic or additive effects against MRSA isolates. Metalloantibiotics showed a similar mechanism of action to FQs, acting on topoisomerase IV and DNA gyrase of bacteria. Moreover, in the case of Gram-positive bacteria these complexes showed preference to act on topoisomerase IV. AFM analyses showed that metalloantibiotics cause no damage on bacterial membranes, allowing us to infer a probable intracellular mechanism of action.

As FQs are no longer used to fight infections caused by MRSA due to the bacterial resistance mechanisms developed against these drugs, the increased antimicrobial activity of metalloantibiotics against several MRSA clinical isolates may anticipate their potential use as alternatives to fight MDR Gram-positive bacteria.

Supplementary Materials: The following are available online at http://www.mdpi.com/1660-4601/17/9/3127/s1, Table S1: Antibiotic resistance profiles of the MDR isolates of E. coli and P. aeruginosa used in microbiological assays, determined according to EUCAST guidelines. Table S2: Antibiotic resistance profiles of the MRSA isolates used in microbiological assays, determined according to EUCAST guidelines. Table S3: Molecular weight of cpx, erx, lvx, mxfx, spx and respective CuFQphen complexes, expressed in g mol⁻¹. The molecular weights of metalloantibiotics were calculated based on crystallographic data previously available Table S4: MIC values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against reference strains, E. coli ATCC 25922, P. aeruginosa ATCC 27853, S. aureus ATCC 25923 and S. aureus ATCC 29213, expressed in $\mu g \ m L^{-1}$ and $\mu mol \ dm^{-3}$ for comparative purposes. The values presented were obtained from at least three independent experiments. Table S5: MIC values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against eight MDRR isolates of *E. coli* (Ec1-SA1, Ec2-SA1, Ec3-SA1, Ec4-SA1, HSJ Ec001, HSJ Ec002, HSJ Ec003 and HSJ Ec004), expressed in μg mL⁻¹ and $\mu mol \ dm^{-3}$ for comparative purposes. The values presented were obtained from at least three independent experiments. Table S6: MIC values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against four MDR isolates of *P. aeruginosa* (Pa1-SA2, Pa2-SA2, Pa3-SA2 and Pa4-SA2), expressed in $\mu g\ mL^{-1}$ and $\mu mol\ dm^{-3}$ for comparative purposes. The values presented were obtained from at least three independent experiments. Table S7: MIC values of several FQs, CuFQphen complexes, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against 18 MRSA isolates (Sa1-SA3, Sa2-SA3, Sa3-SA3, Sa4-SA3, 17/05, 17/08, 37/3, 38/13 bis, 59/57, 27/17, 5/41, 58/01, 6/16 bis, 3/146, 7/21 bis, 19/35, 26/01 and 16/01), expressed in μg mL $^{-1}$ and μmol dm $^{-3}$ for comparative purposes. The values presented were obtained from at least three independent experiments. Table S8: Growth inhibition zones caused by Cucpxphen, Cuspxphen, phen, Cu(II)/phen (1:1) and Cu(NO₃)₂.3H₂O salt against a MDR isolate of E. coli (HSJ Ec002). The diameter of the zones of growth inhibition is presented in mm. The values presented were obtained from at least two independent experiments. Table S9: DNA gyrase and topoisomerase IV concentrations (of E. coli and S. aureus) used in each DNA gyrase supercoiling inhibition assays and topoisomerase IV relaxation inhibition assays. Each experiment was performed using $0.5~\mu L$ of pBR322 plasmid (relaxed in the case of gyrases and supercoiled in the case of topoisomerases IV). Figure S1: Activity of E. coli DNA gyrase in a supercoiling assay performed with 0.5 µL

of relaxed pBR322 plasmid, determined in a 1% (w/v) agarose gel in TAE buffer. DB is dilution buffer, and the respective band is the negative control, containing the relaxed plasmid in the absence of the enzyme. R and S are the relaxed and supercoiled DNA bands, respectively. The results obtained for the DNA gyrases correspond to the units of the enzyme required to completely supercoil the relaxed plasmids. The experiment was also performed with the S. aureus DNA gyrase supercoiling assay kit. Figure S2: Activity of E. coli topoisomerase IV in a relaxation assay performed with 0.5 µL of supercoiled pBR322 plasmid, determined in a 1% (w/v) agarose gel in TAE buffer. DB is dilution buffer, and the respective band is the negative control, containing the supercoiled plasmid in the absence of the enzyme. The concentration of enzyme assessed for the topoisomerases reveals the amount needed to totally relax the supercoiled plasmids. The experiment was also performed with the S. aureus topoisomerase IV relaxation assay kit. Figure S3: DNA gyrase supercoiling inhibition assay obtained for Cuspxphen as enzymatic inhibitor of the S. aureus DNA gyrase, performed with $0.5~\mu L$ of relaxed pBR322 plasmid, determined in a 1% (w/v) agarose gel in TAE buffer. DB is dilution buffer, and the respective band is the negative control, containing the relaxed plasmid in the absence of the enzyme. HEPES is the positive control bands containing the enzyme and the plasmid. The cpx bands represent the drug control. μM means $\mu mol\ dm^{-3}$ and refers to the concentration of the compound. The enzymatic inhibitory activity of Cucpxphen was also evaluated. Figure S4: Topoisomerase IV relaxation inhibition assay obtained for Cucpxphen as enzymatic inhibitor of the E. coli topoisomerase IV, performed with 0.5 µL of supercoiled pBR322 plasmid, determined in a 1% (w/v) agarose gel in TAE buffer. DB is dilution buffer, and the respective band is the negative control, containing the relaxed plasmid in the absence of the enzyme. HEPES is the positive control containing the enzyme and the plasmid. The cpx bands represent the drug control. µM means µmol dm⁻³ and refers to the concentration of the compound. The enzymatic inhibitory activity of Cuspxphen was also evaluated. Figure S5: AFM image of E. coli control cells. A-height image; B-size profile of the bacterial cell measured with lines 1, 2 and 3 shown in A and generated by Gwyddion software; y axis represents cell height and x axis represents the cell size. Figure S6: AFM image of S. aureus control cells. A-height image; B-amplitude image; C-size profiles of the bacterial cells measured at the lines 1 and 2 shown in A and generated by Gwyddion software; y axis represents cell height and x axis represents the cell size. Figure S7: Sizes (Length for E. coli-A, diameter for S. aureus-C) and heights (B and D) of E. coli ATCC 25922 (A and B) and S. aureus ATCC 25923 (C and D) control and treated cells measured with AFM. The results are the average and standard error of the mean of at least 10 independent measures of individual cells from three different samples. The differences between the distributions for a p < 0.05 were analysed using 1-way analysis of variance (ANOVA) test. Figure S8: AFM images of S. aureus control cells (A and B) and cells treated with cpx (C) and Cuspxphen (D). A1, B1, C1 and D1 are phase images; A2, B2, C2 and D2 are height images. These images are representative of the multiple areas from at least three samples analysed for each condition tested.

Author Contributions: Conceptualization, L.J.B., M.F. and P.G.; formal analysis, C.F.S., L.J.B. and M.F.; funding acquisition, P.E. and P.G.; investigation, C.F.S., L.J.B. and M.F.; Methodological advice, D.B., F.C., L.J.B. and P.E.; project administration, M.F. and P.G.; resources, P.E. and P.G.; writing—original draft, C.F.S. and M.F.; writing—review & editing, F.C., L.J.B., P.E., P.G. and S.S. All authors have read and agreed to the published version of the manuscript.

Funding: The work was supported by UID/QUI/50,006/2019 with funding from FCT/MCTES through national funds.

Acknowledgments: The clinical isolates used in this work were obtained from the two largest hospitals in Porto, Portugal, "Hospital São João" (with authorization and approval by Cidália Pina-Vaz) and "Hospital Geral de Santo António" (with authorization and approval by Maria Helena Ramos), and from a collection of clinical MRSA strains isolated during an Italian national survey carried out in 2012. M.F. and C.F.S. thanks The Medical Biochemistry and Biophysics Doctoral Programme (M2B-PhD) and FCT, Portugal for a PhD fellowship (SFRH/BD/52382/2013, PD/BD/114178/2016). M.F. thanks FCT and REQUIMTE-LAQV for a post-doc fellowship (REQUIMTE 2019-34). M.F. thanks Reto Luginbuehl and the Cost Action (Improved protection of medical devices against infection (IPROMEDAI)—Short-Term Scientific Mission (STSM): Evaluation of the in vitro antimicrobial activity of antibiotic derivatives in MRSA strains) for the financial support to go to Laboratorio di Microbiologia Medica Molecolare e Antibiotico Resistenza of the Department of Biomedical and Biotechnological Sciences of the University of Catania, Catania, Italy.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Fernández, L.; Hancock, R.E.W. Adaptive and Mutational Resistance: Role of Porins and Efflux Pumps in Drug Resistance. *Clin. Microbiol. Rev.* **2012**, *25*, 661–681. [CrossRef] [PubMed]
- 2. Graef, F.; Vukosavljevic, B.; Michel, J.-P.; Wirth, M.; Ries, O.; De Rossi, C.; Windbergs, M.; Rosilio, V.; Ducho, C.; Gordon, S.; et al. The bacterial cell envelope as delimiter of anti-infective bioavailability An in vitro permeation model of the Gram-negative bacterial inner membrane. *J. Control. Release* **2016**, 243, 214–224. [CrossRef] [PubMed]
- 3. Strahl, H.; Errington, J. Bacterial Membranes: Structure, Domains, and Function. *Annu. Rev. Microbiol.* **2017**, 71, 519–538. [CrossRef] [PubMed]

- 4. Epand, R.M.; Epand, R.F. Lipid domains in bacterial membranes and the action of antimicrobial agents. *Biochim. Biophys. Acta Biomembr.* **2009**, *1788*, 289–294. [CrossRef]
- 5. Willey, J.M.; Sherwood, L.M.; Woolverton, C.J. *Prescott, Harley, and Klein's Microbiology*, 7th ed.; McGraw-Hill Higher Education: New York, NY, USA, 2008; pp. 44–61.
- 6. Epand, R.F.; Savage, P.B.; Epand, R.M. Bacterial lipid composition and the antimicrobial efficacy of cationic steroid compounds (Ceragenins). *Biochim. Biophys. Acta Biomembr.* **2007**, *1768*, 2500–2509. [CrossRef]
- 7. Silhavy, T.J.; Kahne, D.; Walker, S. The Bacterial Cell Envelope. *Cold Spring Harb. Perspect. Biol.* **2010**, 2, a000414. [CrossRef]
- 8. Delcour, A.H. Outer Membrane Permeability and Antibiotic Resistance. *Biochim. Biophys. Acta* **2009**, 1794, 808–816. [CrossRef]
- 9. Koebnik, R.; Locher, K.P.; Van Gelder, P. Structure and function of bacterial outer membrane proteins: Barrels in a nutshell. *Mol. Microbiol.* **2000**, *37*, 239–253. [CrossRef]
- 10. Epand, R.M.; Walker, C.; Epand, R.F.; Magarvey, N.A. Molecular mechanisms of membrane targeting antibiotics. *Biochim. Biophys. Acta Biomembr.* **2016**, *1858*, 980–987. [CrossRef]
- 11. Masi, M.; Pagès, J.-M. Structure, Function and Regulation of Outer Membrane Proteins Involved in Drug Transport in Enterobactericeae: The OmpF/C–TolC Case. *Open Microbiol. J.* **2013**, *7*, 22–33. [CrossRef]
- 12. Rollauer, S.E.; Sooreshjani, M.A.; Noinaj, N.; Buchanan, S.K. Outer membrane protein biogenesis in Gram-negative bacteria. *Philos. Trans. R. Soc. Lond. B Biol. Sci.* **2015**, 370. [CrossRef] [PubMed]
- 13. Andersson, M.I.; MacGowan, A.P. Development of the quinolones. *J. Antimicrob. Chemother.* **2003**, *51*, 1–11. [CrossRef] [PubMed]
- 14. Oliphant, C.M.; Green, G.M. Quinolones: A comprehensive review. *Am. Fam. Physician* **2002**, *65*, 455–464. [PubMed]
- 15. Appelbaum, P.C.; Hunter, P.A. The fluoroquinolone antibacterials: Past, present and future perspectives. *Int. J. Antimicrob. Agents* **2000**, *16*, 5–15. [CrossRef]
- 16. Masi, M.; Réfregiers, M.; Pos, K.M.; Pagès, J.-M. Mechanisms of envelope permeability and antibiotic influx and efflux in Gram-negative bacteria. *Nat. Microbiol.* **2017**, *2*, 17001. [CrossRef]
- 17. Aldred, K.J.; Kerns, R.J.; Osheroff, N. Mechanism of Quinolone Action and Resistance. *Biochemistry* **2014**, *53*, 1565–1574. [CrossRef]
- 18. Fàbrega, A.; Madurga, S.; Giralt, E.; Vila, J. Mechanism of action of and resistance to quinolones. *Microb. Biotechnol.* **2009**, 2, 40–61. [CrossRef]
- 19. Feio, M.J.; Sousa, I.; Ferreira, M.; Cunha-Silva, L.; Saraiva, R.G.; Queirós, C.; Alexandre, J.G.; Claro, V.; Mendes, A.; Ortiz, R.; et al. Fluoroquinolone–metal complexes: A route to counteract bacterial resistance? *J. Inorg. Biochem.* **2014**, *138*, 129–143. [CrossRef]
- 20. Saraiva, R.; Lopes, S.; Ferreira, M.; Novais, F.; Pereira, E.; Feio, M.J.; Gameiro, P. Solution and biological behaviour of enrofloxacin metalloantibiotics: A route to counteract bacterial resistance? *J. Inorg. Biochem.* **2010**, *104*, 843–850. [CrossRef]
- 21. Sousa, I.; Claro, V.; Pereira, J.L.; Amaral, A.L.; Cunha-Silva, L.; de Castro, B.; Feio, M.J.; Pereira, E.; Gameiro, P. Synthesis, characterization and antibacterial studies of a copper(II) levofloxacin ternary complex. *J. Inorg. Biochem.* **2012**, *110*, 64–71. [CrossRef]
- 22. Gameiro, P.; Rodrigues, C.; Baptista, T.; Sousa, I.; de Castro, B. Solution studies on binary and ternary complexes of copper(II) with some fluoroquinolones and 1,10-phenanthroline: Antimicrobial activity of ternary metalloantibiotics. *Int. J. Pharm.* 2007, 334, 129–136. [CrossRef] [PubMed]
- Hernández-Gil, J.; Perelló, L.; Ortiz, R.; Alzuet, G.; González-Álvarez, M.; Liu-González, M. Synthesis, structure and biological properties of several binary and ternary complexes of copper(II) with ciprofloxacin and 1,10 phenanthroline. *Polyhedron* 2009, 28, 138–144. [CrossRef]
- 24. Serafin, A.; Stańczak, A. The complexes of metal ions with fluoroquinolones. *Russ. J. Coord. Chem.* **2009**, 35, 81–95. [CrossRef]
- 25. Ruíz, P.; Ortiz, R.; Perelló, L.; Alzuet, G.; González-Álvarez, M.; Liu-González, M.; Sanz-Ruíz, F. Synthesis, structure, and nuclease properties of several binary and ternary complexes of copper(II) with norfloxacin and 1,10 phenantroline. *J. Inorg. Biochem.* **2007**, *101*, 831–840. [CrossRef] [PubMed]
- 26. Efthimiadou, E.K.; Sanakis, Y.; Katsarou, M.; Raptopoulou, C.P.; Karaliota, A.; Katsaros, N.; Psomas, G. Neutral and cationic mononuclear copper(II) complexes with enrofloxacin: Structure and biological activity. *J. Inorg. Biochem.* **2006**, *100*, 1378–1388. [CrossRef] [PubMed]

- 27. World Health Organization. *Global Priority List of Antibiotic-Resistant Bacteria to Guide Research, Discovery, and Development of New Antibiotics*; World Health Organization: Geneva, Switzerland, 2017; Available online: https://www.who.int/ (accessed on 11 December 2019).
- 28. Ferreira, M.; Gameiro, P. Ciprofloxacin Metalloantibiotic: An Effective Antibiotic with an Influx Route Strongly Dependent on Lipid Interaction? *J. Membr. Biol.* **2015**, 248, 125–136. [CrossRef]
- 29. Lopes, S.C.; Ribeiro, C.; Gameiro, P. A New Approach to Counteract Bacteria Resistance: A Comparative Study Between Moxifloxacin and a New Moxifloxacin Derivative in Different Model Systems of Bacterial Membrane. *Chem. Biol. Drug Des.* **2013**, *81*, 265–274. [CrossRef]
- 30. Ribeiro, C.; Lopes, S.C.; Gameiro, P. New insights into the translocation route of enrofloxacin and its metalloantibiotics. *J. Membr. Biol.* **2011**, 241, 117–125. [CrossRef]
- 31. Clinical and Laboratory Standards Institute (CLSI). *Methods for Dilution Antimicrobial Susceptibility Tests for Bacteria That Grow Aerobically. CLSI document M07-A10*, Approved Standard-Tenth ed.; Clinical and Laboratory Standards Institute: Wayne, PA, USA, 2015.
- 32. Reller, L.B.; Weinstein, M.; Jorgensen, J.H.; Ferraro, M.J. Antimicrobial Susceptibility Testing: A Review of General Principles and Contemporary Practices. *Clin. Infect. Dis.* **2009**, *49*, 1749–1755. [CrossRef]
- 33. Sopirala, M.M.; Mangino, J.E.; Gebreyes, W.A.; Biller, B.; Bannerman, T.; Balada-Llasat, J.-M.; Pancholi, P. Synergy Testing by Etest, Microdilution Checkerboard, and Time-Kill Methods for Pan-Drug-Resistant *Acinetobacter baumannii*. *Antimicrob. Agents Chemother.* **2010**, *54*, 4678–4683. [CrossRef]
- 34. Nečas, D.; Klapetek, P. Gwyddion: An open-source software for SPM data analysis. *Cent. Eur. J. Phys.* **2012**, 10, 181–188. [CrossRef]
- 35. Clinical and Laboratory Standards Institute (CLSI). *Performance Standards for Antimicrobial Susceptibility Testing. CLSI supplement M100S*, 26th ed.; Clinical and Laboratory Standards Institute: Wayne, PA, USA, 2016.
- 36. Chalkley, L.J.; Koornhof, H.J. Antimicrobial activity of ciprofloxacin against *Pseudomonas aeruginosa*, *Escherichia coli*, and *Staphylococcus aureus* determined by the killing curve method: Antibiotic comparisons and synergistic interactions. *Antimicrob. Agents Chemother.* **1985**, *28*, 331. [CrossRef] [PubMed]
- 37. Rey-Mellano, M.E.; Senoro, D.B.; Tayo, L.L.; Wan, M.-W. Adsorption of Cu (II) and Ni(II) in Aqueous Solution using Biofilm Supported with Kaolinite Clay. In Proceedings of the 6th International Conference on Biological, Chemical & Environmental Sciences (BCES-2016), Pattaya, Thailand, 8–9 August 2016.
- 38. Gugala, N.; Lemire, J.; Turner, R. The efficacy of different anti-microbial metals at preventing the formation of, and eradicating bacterial biofilms of pathogenic indicator strains. *J. Antibiot.* **2017**, *70*, *775*–780. [CrossRef] [PubMed]
- 39. The European Committee on Antimicrobial Susceptibility Testing (EUCAST). Breakpoint Tables for Interpretation of MICs and Zone Diameters. Version 8.1. 2018. Available online: http://www.eucast.org (accessed on 16 December 2019).
- 40. Hirohama, T.; Kuranuki, Y.; Ebina, E.; Sugizaki, T.; Arii, H.; Chikira, M.; Tamil Selvi, P.; Palaniandavar, M. Copper(II) complexes of 1,10-phenanthroline-derived ligands: Studies on DNA binding properties and nuclease activity. *J. Inorg. Biochem.* **2005**, *99*, 1205–1219. [CrossRef]
- 41. Redgrave, L.S.; Sutton, S.B.; Webber, M.A.; Piddock, L.J.V. Fluoroquinolone resistance: Mechanisms, impact on bacteria, and role in evolutionary success. *Trends Microbiol.* **2014**, 22, 438–445. [CrossRef]
- 42. Sousa, C.F.; Ferreira, M.; Abreu, B.; Medforth, C.J.; Gameiro, P. Interactions of a non-fluorescent fluoroquinolone with biological membrane models: A multi-technique approach. *Int. J. Pharm.* **2015**, 495, 761–770. [CrossRef]
- 43. Eaton, P.; West, P. *Atomic Force Microscopy*, 1st ed.; Oxford University Press: New York, NY, USA, 2010; pp. 164–167.
- 44. Diver, J.M.; Wise, R. Morphological and biochemical changes in *Escherichia coli* after exposure to ciprofloxacin. *J. Antimicrob. Chemother.* **1986**, *18*, 31–41. [CrossRef]
- 45. Silva, F.; Lourenço, O.; Queiroz, J.; Domingues, F.C. Bacteriostatic versus bactericidal activity of ciprofloxacin in *Escherichia coli* assessed by flow cytometry using a novel far-red dye. *J. Antibiot.* **2011**, *64*, 321–325. [CrossRef]
- 46. Cushnie, T.P.T.; O'Driscoll, N.H.; Lamb, A.J. Morphological and ultrastructural changes in bacterial cells as an indicator of antibacterial mechanism of action. *Cell. Mol. Life Sci.* **2016**, *73*, 4471–4492. [CrossRef]

- 47. Monson, B.K.; Stringham, J.; Jones, B.B.; Abdel-Aziz, S.; Peck, C.M.C.; Olson, R.J. Scanning Electron Microscopy Visualization of Methicillin-Resistant *Staphylococcus aureus* After Contact With Gatifloxacin With and Without Preservative. *J. Ocul. Pharmacol.Ther.* **2010**, *26*, 133–136. [CrossRef]
- 48. Greenwood, D.; O'Grady, F. Scanning Electron Microscopy of *Staphylococcus aureus* Exposed to Some Common Anti-staphylococcal Agents. *J. Gen. Microbiol.* **1972**, *70*, 263–270. [CrossRef] [PubMed]



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).