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# Nasopharyngeal viral isolates in children with Haemophilus influenzae type B meningitis

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VIRUSES have been implicated in the pathogenesis of certain bacterial infections.<sup>1-3</sup> Influenza and parainfluenza viruses potentiate the action of *Haemophilus influenzae* type b in experimental animals.<sup>4</sup> In the infant rat model, prior inoculation with influenza virus decreased by 100-fold the dose of *H. influenzae* type b required to produce meningitis in rats without prior viral inoculation.<sup>5</sup>

Symptoms and signs consistent with preceding upper respiratory tract infection frequently are present in children with bacterial meningitis. We report the results of nasal wash viral cultures in a group of children with meningitis caused by *H. influenzae* type b.

### MATERIALS AND METHODS

Fifty-three children hospitalized at Texas Children's Hospital (40) and Ben Taub General Hospital (13) with *H. influenzae* meningitis were enrolled in this study between February 13, 1979, and March 20, 1980, after signed informed parental consent was obtained. The ages of the children ranged between 42 days and 5<sup>3</sup>/<sub>4</sub> years. Parents were questioned about the presence of symptoms of the

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\*Reprint address: Myers-Black Infectious Diseases Section, Texas Children's Hospital, 6621 Fannin, Houston, TX 77030. upper respiratory tract (rhinorrhea, cough, sore throat, congestion, etc.) in their children prior to admission. *H. influenzae* type b was isolated and identified by standard techniques in the pathology laboratories.<sup>6</sup>

Nasal wash specimens for viral culture were obtained within 24 hours of admission and were inoculated onto human embryonic kidney, HEP-2, Rhesus monkey kidney, and WI-38 tissue cultures.<sup>7</sup> Viral isolates were identified by cytopathic effects and indirect immunofluorescent techniques.<sup>8</sup>

Children in the Houston Family Study served as a community comparison group.<sup>9</sup> They had nasal wash viral cultures and a physical examination whenever upper respiratory symptoms occurred. Viral cultures from the same age group and time period as for the patients with meningitis were included in this study. Methods were the same as for the patients with meningitis except that tissue cultures used were HEP-2, WI-38, LLC-MK2, and MDCK.<sup>10</sup>

#### RESULTS

A virus was isolated from nasal wash specimens obtained at the time of admission from 12 (22.6%) of 53 children with meningitis caused by *H. influenzae* type b. In the community comparison group with upper respiratory signs and symptoms during the same period, 193 (14.5%) of 1,329 cultures obtained were positive for virus. The specific agents recovered are shown in the Table.

Seventy-four percent of children with H. influenzae type b meningitis had symptoms of upper respiratory tract disease prior to admission. Eighty percent of those with positive viral cultures and 71% of those with negative viral

**Table.** Results of virus cultures of nasal washes from children with *Haemophilus influenzae* type b meningitis or upper respiratory illness, February, 1979, to March, 1980, Houston, Texas

Culture result	Meningitis	Upper respiratory illness*
Picornaviruses		•
Unclassified <sup>†</sup>	1	62
Rhinovirus	6	32
Enterovirus	3	26‡
Poliovirus	0	3
Parainfluenza 2	1	2
Parainfluenza 1 and 3	0	38
Adenovirus	1	11
Respiratory syncytial virus	0	9
Other	0	8
Negative	41	1,136
		_

\*Only uncomplicated upper respiratory infection included. Illnesses with pharyngitis, otitis media, or lower respiratory signs or symptoms were excluded.

<sup>†</sup>Not further classified as rhinovirus, enterovirus, or poliovirus at this time.

‡Of 18 tested, no polioviruses identified.

cultures had a history of upper respiratory tract illness prior to admission.

#### DISCUSSION

Haemophilus influenzae type b meningitis is thought to follow hematogenous dissemination of the organism to the central nervous system after a period of residence of the organism in the nasopharynx.<sup>11</sup> The factors which allow *H. influenzae* type b to enter the bloodstream from the respiratory tract are unknown, but absence of antibody directed against the polyribosephosphate capsule may play a role.

In animal models, viruses can be shown to influence the evolution of bacterial infections. Francis and DeTorregrosa<sup>1</sup> demonstrated that the majority of mice that had received influenza virus intranasally one to four days prior to the intranasal administration of *H. influenzae* type b developed pneumonia and died. In contrast, those receiving only *H. influenzae* did not die and those receiving only influenza virus died occasionally. Degre and Glasgow<sup>\*</sup> noted a similar synergistic effect of sequential administration of parainfluenza 1 and *H. influenzae* type b in mice.

Michaels and co-workers<sup>5</sup> studied the effect of prior inoculation of influenza A virus (A/Port Chambers) 74 strain (H3N2) upon the development of *H. influenzae* type b meningitis in infant rats. When the animals first were infected with influenza A virus, the number of bacteria necessary to produce meningitis was reduced 100-fold. In a preliminary report, Krasinski and Nelson<sup>12</sup> observed that influenza A, parainfluenza 1 and 2, and respiratory syncytial virus significantly increased the susceptibility of infant rats to *H. influenzae* type b bacteremia and meningitis.<sup>11</sup> The mechanisms by which viral agents act to promote bacterial infections in these animal models are unknown; the virulence of the organism may be enhanced or host resistance may be decreased.<sup>3, 5</sup>

In man, prior viral infection has been associated with the development of central nervous system infections. Levitt et al<sup>13</sup> reported an outbreak of meningococcal and ECHO-9 meningitis occurring simultaneously; in three patients there was evidence to suggest dual viral and bacterial infection. Young et al<sup>14</sup> described a concurrent outbreak of influenza A2 and *Neisseria meningitidis* infections in an enclosed population.

In our study, 75% of children with *H. influenzae* type b meningitis had a history consistent with a viral upper respiratory infection prior to admission. The association based on parental history was supported by the frequency of viral isolation from the nasal secretions; the rate was as high in the patients with meningitis as in the comparable group of children sampled because of upper respiratory illness. Although the numbers are small, the data suggest that the viruses associated with the history of recent upper respiratory illness in meningitis may be those that cause year-round, mild disease and are often difficult to isolate.<sup>15</sup> The virus isolation rate for year-round upper respiratory illness was also low in the community group during this period. Few surveys of mild illness are available for comparison of isolation rates.

We observed an association between *H. influenzae* type b meningitis and preceding upper respiratory illness probably due to viral agents. In view of previous animal studies, this finding is suggestive of a pathophysiologic relationship.

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# Cervicofacial nocardiosis in children

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APPROXIMATELY 500 to 1,000 nocardial infections are estimated to occur in the United States each year. *Nocardia* usually causes opportunistic infections in the compromised host; however, infection may occur in patients without a predisposing condition.<sup>1</sup> Most childhood infections are pulmonary or systemic<sup>2</sup>; skin or subcutaneous infections are infrequently reported.<sup>3-5</sup>

Recently, we have evaluated three children with cervicofacial nocardiosis. Their cases are summarized here to emphasize the unique clinical presentation, ease of diagnosis, and prompt response to appropriate therapy of this form of nocardiosis, as well as the lack of association with any immune deficiency.

## CASE REPORT

Patient 1, a 22-month-old Caucasian girl, was hospitalized because of a pustular facial lesion and swelling in the left submandibular area. Two weeks before admission she received amoxicillin for ten days orally for a draining ear. The ear drainage ceased and two days before admission she developed a

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Patient 2, a 5-year-old Caucasian boy, first developed an erythematous papule on his left cheek. Five days later he was given cephalexin orally after the lesion was cultured. The following day methicillin was given intramuscularly, but he developed a  $3 \times 3$  cm tender left submandibular node and fever, and was hospitalized and given methicillin intravenously. His lymphadenopathy increased despite therapy. The culture of the cheek lesion grew *Nocardia brasiliensis* after 72 hours of incubation on blood agar. The patient received trimethoprim/sulfamethoxazole by mouth for four weeks and the submandibular lymph node enlargement resolved. The skin lesion on the cheek gradually improved after one month of therapy.

Patient 3, a 3-year-old Oriental girl, developed progressive swelling in the left submandibular area followed by a small draining pustule on the left naris. The following day she developed fever and was treated with penicillin. Because there was no response to treatment, she was hospitalized. A Gram stain