

EDUCATIONAL REVIEW

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CT imaging of peritoneal carcinomatosis with surgical correlation: a pictorial review

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Abstract

Cytoreductive surgery in combination with hyperthermic intraperitoneal chemotherapy has revolutionized the survival and the quality of life in selected patients with peritoneal carcinomatosis. Preoperative CT is important for the selection of patients that may benefit from cytoreductive surgery and is useful for surgical planning. There are several tasks for the radiologist during CT interpretation: to describe cancerous implants on a “site-by-site” basis in the peritoneum, ligaments, mesenteries and visceral surfaces, to analyze patterns of involvement and to estimate the disease burden. Knowledge of the correlation between the CT and the surgical findings enhances the understanding of the disease and facilitates the communication between radiologists and surgeons.

Keywords: Peritoneal carcinomatosis, Cytoreductive surgery, Computed tomography

Key points

- CT imaging findings correlate with findings at surgery in patients with PC.
- CT findings in PC should be reported on a “site-by-site” basis.
- CT findings in PC help to choose candidates for cytoreductive surgery.

Introduction

The peritoneal cavity is a common site of metastatic spread from intraabdominal malignancies, mainly ovaries, large bowel, stomach and pancreas [1, 2]. Traditionally, peritoneal carcinomatosis has been regarded as an end-stage disease with very poor prognosis, as most patients died within 6 months after diagnosis and only palliative treatment was applied [3–5]. New aggressive therapeutic approach, namely cytoreductive surgery (CRS) in combination with hyperthermic intraperitoneal

chemotherapy (HIPEC) is an evolving treatment option and is associated with an improved survival rate in selected patients [4, 6, 7]. The aim of the procedure is to achieve complete excision of all visible neoplastic tissue from the peritoneal cavity; this may require both peritonectomy procedures and visceral resections, in a number of patients. The CRS is combined with HIPEC, yielding a high local drug concentration; hyperthermia—enhancing the cytotoxicity of anticancer drugs—facilitates eradication of any residual microscopic disease [4, 8, 9]. High morbidity and cost of this method require accurate patient selection to achieve optimal results [5, 6]. The number, exact localization and distribution of peritoneal implants are prognostic factors for long-term outcomes and they influence the likelihood of complete cytoreduction. For example, extensive involvement of the small bowel or mesenteric root decreases the chance for optimal cytoreduction, as enough small bowel needs to remain in place, to avoid the “short bowel syndrome” [5, 10].

Multidetector computed tomography (MDCT) is the most commonly used technique for the detection of peritoneal carcinomatosis and for the evaluation of the extend of the disease [6, 11, 12], due to availability, low cost and short execution time. The acquisition of thin

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slices gives the ability to perform high quality multiplanar reconstructions (MPR), allowing for better demonstration of lesions in specific anatomic areas, as the subdiaphragmatic space and the pelvis [10, 13–15].

The aim of this pictorial review is to correlate the radiological with the surgical findings to deepen the understanding of imaging in the era of cytoreductive surgery and to enhance the communication between radiologists and surgeons.

CT technique

CT imaging is performed with the patient in the supine position from the distal thorax to the inguinal region with the following parameters for a 64-slice CT equipment:

collimation 64X0.625 mm, pitch 0.984:1, rotation time 0.5 s, speed 39.37 mm/rotation, kV 120, smart mA 120–450 and a noise index between 10 and 12. Reconstruction standard soft tissue filter, coronal/sagittal images (section thickness 3 mm, interval 2 mm).

The coverage of the lung bases aids in the assessment of epiphrenic lymph nodes. MDCT scanning is performed after intravenous administration of contrast medium, with flow rate of 3 ml/sec, during the portal venous phase [16]. In routine MDCT a solution of 800–1000 ml iodinated contrast medium (positive contrast) was administered per os 35–45 min before examination for bowel distention and opacification. In CT-Enteroclysis (CTE), a solution of 1800–2000 ml polyethylenglycol was used as enteral contrast through a nasojejunal catheter (negative contrast). Shortly before data acquisition, 20 mg of an antiperistaltic agent (scopolaminbutylbromid, Buscopan, Boheringer Ingelheim, Basel, Switzerland) was injected intravenously to diminish bowel motion and related artifacts in both MDCT and CTE [5, 16].

CT evaluation

Knowledge of the pathophysiologic mechanism of the tumor spread and the most common sites and forms of peritoneal involvement guides the radiologist to the correct interpretation of the CT examination.

Distribution of PC is influenced by the circulation and resorption of peritoneal fluid. Peritoneal implants usually develop in anatomic locations where ascites pools and in the sites of maximal resorption [10, 17, 18].

As Meyers introduced [19], ascites from the right infracolic space moves along the small bowel mesentery to the pouch at the ileocecal junction, where it is temporarily arrested. In the left infracolic space, the fluid flows to the surface of the sigmoid mesocolon, which stops a quantity of fluid. Consequently, ascitic fluid gravitates to the most dependent area within the pelvis, namely the pouch of Douglas and, then, to the lateral paravesical spaces.

Due to the negative pressure under the diaphragm during expiration, fluid moves in a cranial direction via the paracolic gutters. There is preferential flow of the ascitic fluid along the right paracolic gutter, which is wider and communicates freely with the right subhepatic and right subphrenic space. Ascitic fluid flows in a lesser extend along the left paracolic gutter, which is swallow and does not communicate freely with the left subdiaphragmatic space, due to the presence of the phrenicocolic ligament [19].

The resorption of peritoneal fluid mainly occurs through the greater omentum and the subdiaphragmatic space [4, 10].

Accordingly, the most common sites of involvement in peritoneal carcinomatosis are presented in Table 1.

MDCT accuracy for the detection of peritoneal implants varies with their location and is higher along the gutters and over the free surface of the liver and spleen, and lower in the small bowel and its mesentery. Detection of peritoneal implants is facilitated by the presence of ascites. Overall diagnostic accuracy of 94%, specificity of 92% and sensitivity between 75 and 81% have been reported for MDCT [2].

Preoperative MDCT evaluation of the distribution and burden of carcinomatosis are of decisive significance in the selection of patients who could benefit from cytoreduction and are important information for surgical planning [20]. Form and size of peritoneal implants should be reported in every region of the peritoneal cavity. A road map for the radiologist might be the surgical evaluation of malignant burden in the peritoneal cavity, employing the peritoneal cancer index (PCI).

PCI, introduced by Jacquet and Sugarbaker [21], is a scoring system for the assessment of both cancer distribution and cancer implant size in 9 abdominopelvic regions and 4 enteric regions (Fig. 1), and it is calculated intraoperatively. In each region the largest diameter of the implants is measured and graded as follows: 0 grade for no visible tumor, 1 grade for larger lesion

Table 1 Common sites for peritoneal implants

Gravity depended areas—areas of arrested flow
Pouch of Douglas—rectouterine/retrovesical space
Right lower quadrant—ileocecal region
Left lower quadrant—superior aspect of sigmoid
Right paracolic gutter
Pouch of Morrison
Areas of fluid resorption
Greater omentum
Right subdiaphragmatic space

diameter < 0.5 cm, 2 grades for lesion diameter between 0.5 and 5 cm and 3 grades for lesion diameter > 5 cm or for confluent lesions. The sum of the scores in all 13 regions constitutes the PCI, which may vary between 0 and 39. Similarly, the CT based PCI (CT-PCI) can be calculated preoperatively, by applying the same principals as the surgical PCI [7, 20, 22]. It has been proposed to include in the radiology report (i.e., in the form of a template) the assessment of disease burden in each one of the thirteen abdominal segments in accordance with the division applied by surgeons to calculate the PCI score (Fig. 1) [23]. The so formed radiological PCI correlates well with surgical PCI [24, 25]. The use of radiological PCI score facilitates the communication between radiologists and surgeons and it could be useful for surgical planning [26, 27]. If the CT-PCI is 20 or greater, the likelihood of complete cytoreduction is minimized. Moreover, involvement of jejunal regions 9 and 10 has more unfavorable prognosis than involvement of ileal regions 11 and 12 [20, 22].

MDCT is the most widely applied imaging modality for preoperative evaluation in PC. The Peritoneal Surface Malignancy Group has accepted CT as the fundamental imaging modality in the preoperative selection process [11]. MRI has slightly better sensitivity than MDCT and is considered more accurate in the subdiaphragmatic areas [23, 28]. On the other hand, PET/CT is recommended to assess disease relapse after treatment due to its excellent specificity [23, 27, 28].

Concerning the role of preoperative laparoscopy, conflicting views have appeared in the literature. A recent article concluded that both laparoscopy and CT are equally effective in the preoperative PC categorization [29].

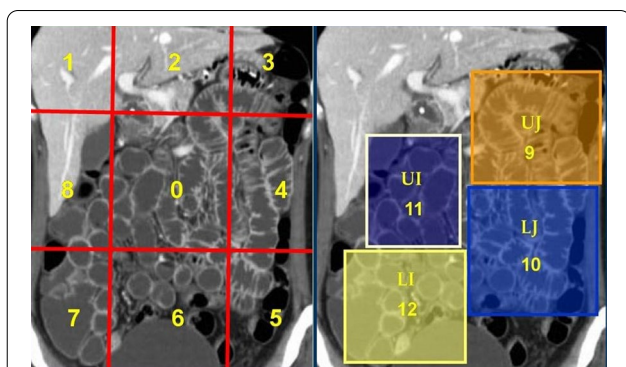


Fig. 1 Sugarbaker's peritoneal cancer index (PCI) divides the peritoneal cavity into 9 abdominopelvic regions (0 central, 1 right hypochondrium, 2 epigastrium, 3 left hypochondrium, 4 left paracolic gutter, 5 left iliac fossa, 6 pelvis, 7 right iliac fossa, 8 right paracolic gutter) and 4 enteric regions (9 upper jejunum, 10 lower jejunum, 11 upper ileum, 12 lower ileum)

Several concerning radiologic features may be associated with an increased incidence of incomplete cytoreduction; they may indicate either unresectability, or require complex resections that are associated with increased morbidity and mortality. Imaging findings associated with incomplete cytoreduction include: extensive small bowel involvement, mesentery drawn together by tumor ("clumped bowel"), mesenteric or para-aortic lymphadenopathy, obstructed ureter, psoas muscle invasion, pelvic side wall invasion, involvement of the hepatoduodenal ligament, presence of large amount of tumor in the gastrohepatic ligament and/or gastric outlet obstruction due to tumor encasing the antrum of the stomach [30, 31].

Imaging findings and patterns of peritoneal carcinomatosis morphology of the peritoneal implants

Peritoneal implants are solid with heterogeneous enhancement in the vast majority of cases and may have the form of nodules, plaques or masses [7]. Occasionally multiple tiny implants may be manifested as fat stranding. Miliary tiny implants covering the parietal peritoneum may be seen as thickening and enhancement of parietal peritoneum. Peritoneal implants may rarely be cystic, especially from mucinous carcinoma of the ovary or colon, thus mimicking loculated fluid [31]. Calcifications of peritoneal implants are sometimes observed and suggest that the primary site is either serous ovarian cystadenocarcinoma or gastric carcinoma (Fig. 2). Calcification may also occur as a consequence of chemotherapy [10, 23].

Ascites

Ascites is a common and early sign of PC and when present, it facilitates the detection of peritoneal deposits. Neoplastic ascites may be due to increased capillary permeability and fluid production or to obstructed lymphatic vessels and decreased absorption [32]. Ascites can be either diffuse or loculated/ septated due to adhesions; the latter may present as a cystic lesion with mass effect [31].

Peritoneum and ligaments

Metastatic deposits to the peritoneum/ligaments (Fig. 3) may be manifested either as nodules or masses (Fig. 4) or thickening and enhancement of the peritoneum (Fig. 5) or discrete plaques or diffuse plaque-like coating the peritoneum (Fig. 6) [10, 17].

Surface of intraperitoneal organs

Metastatic deposits on the visceral surface of intraperitoneal organs may present as plaques, nodules or masses (Fig. 7). When carcinomatous implants cover the



Fig. 2 Patient with ovarian cancer and peritoneal carcinomatosis. Coronal reconstructed CT image shows multiple voluminous calcified implants in the peritoneum (black arrows)

peritoneal surface of the liver or spleen, they may indent the parenchyma creating a “scalloping” appearance [10, 33].

Greater omentum

The greater omentum is a very common site of involvement in peritoneal carcinomatosis, especially from ovarian primary tumors. Early involvement of the omentum is presented as increased fat attenuation, fine reticulonodular pattern or nodules. In advanced stages the deposits range from discrete masses to generalized invasion of the omentum, which takes the form of a thick soft tissue plaque the so called “omental cake” (Fig. 8) [10, 18].

Small bowel and small bowel mesentery

The extend of the disease in the small bowel (SB) and its mesentery plays a pivotal role in the selection of patients for cytoreductive surgery. Enough SB length should remain in place to allow for adequate oral nutrition. Thus, the evaluation of SB and SB mesentery is crucial in the preoperative imaging assessment. In conventional MDCT, implants attached to collapsed or partially distended intestinal loops may be difficult to be noticed. Adequate SB loop distention is mandatory for the depiction of small implants on the intestinal wall. CT combined with CTE can achieve sufficient small bowel distention by administration of high volume of negative contrast medium [5]. CTE has been proposed

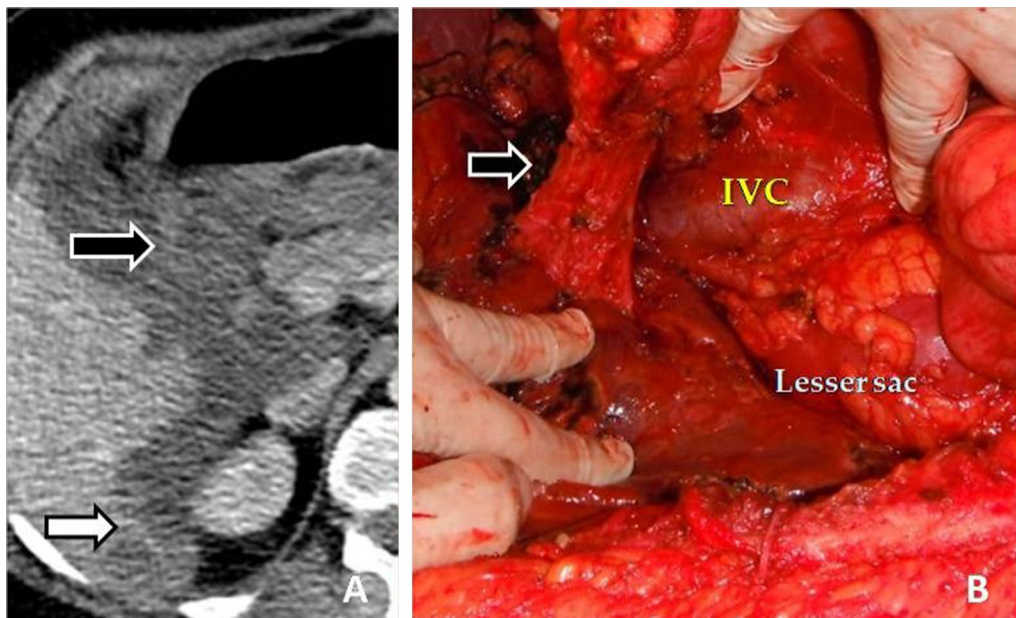


Fig. 3 **a** Enhanced CT image of a patient with peritoneal carcinomatosis demonstrates extensive infiltration of the hepatoduodenal ligament (black arrow) and implants in the Morrison pouch (white arrow). **b** At surgery, malignant implants are demonstrated at the hepatoduodenal ligament (arrow). Inferior vena cava (IVC) and lesser sac are also seen

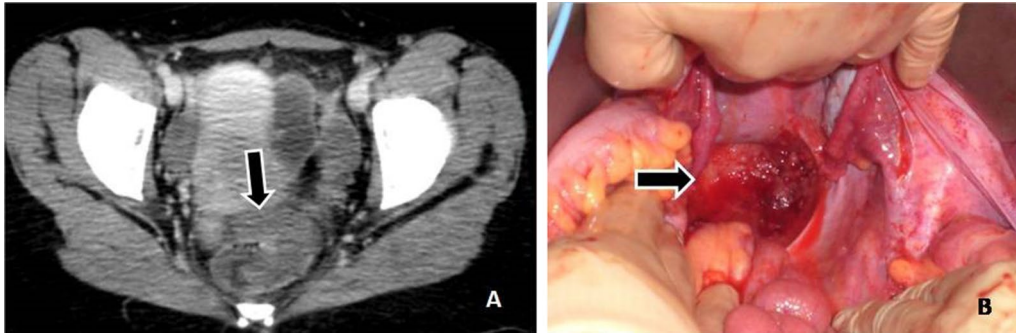


Fig. 4 a An enhancing mass is demonstrated in the pouch of Douglas (arrow). b The lesion as seen at surgery (arrow)

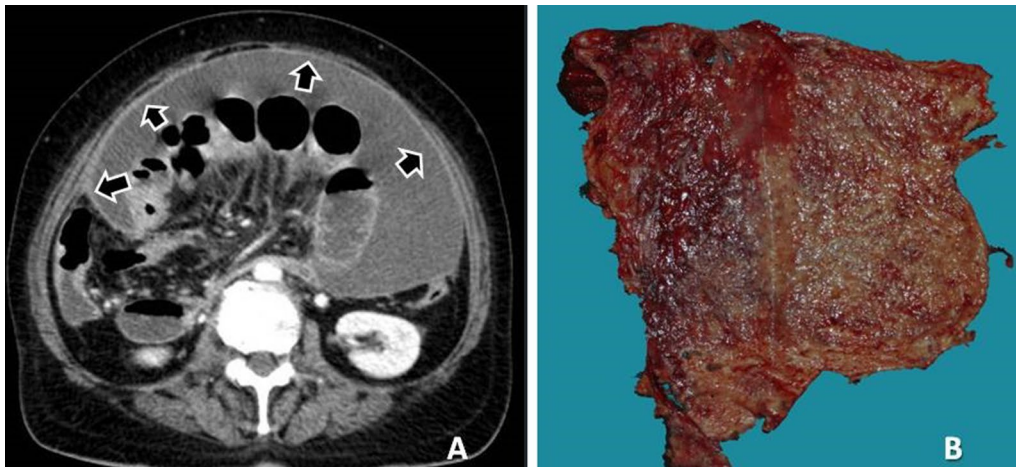


Fig. 5 a CT enhanced image delineates thickened and enhanced peritoneum (arrows) and ascites. b Surgical specimen of the excised peritoneum

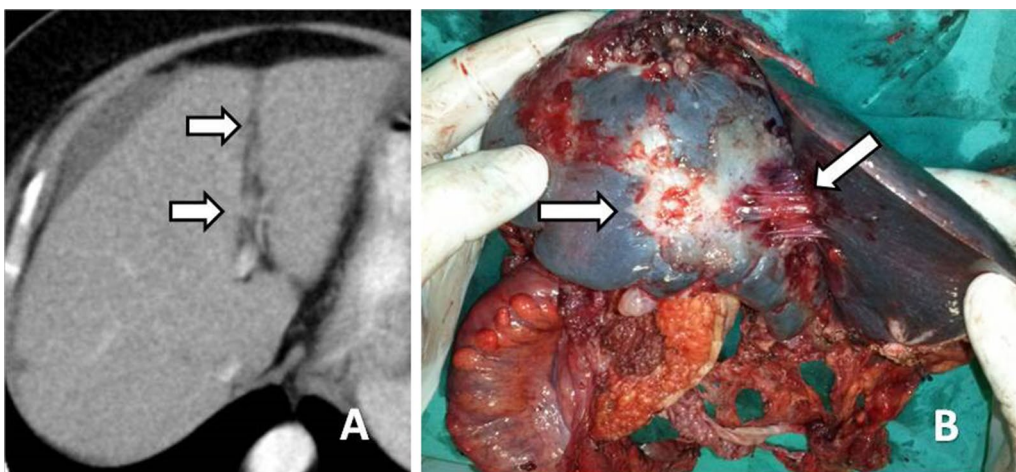


Fig. 6 Patient with ovarian cancer and peritoneal carcinomatosis. a Abnormal tissue, in a “plaque-like” form, is recognized at the area of the falciform ligament (white arrows). Small perihepatic ascites is also seen. b Malignant deposits are demonstrated in the falciform ligament (white arrows)

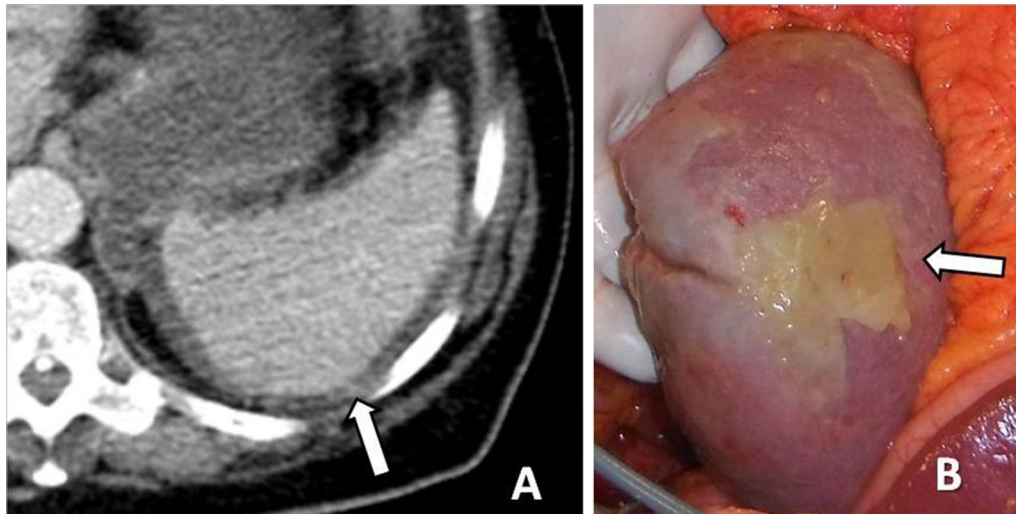


Fig. 7 Patient with pseudomyxoma peritonei. **a** Enhanced CT image shows perisplenic myxomatous ascites and deposits on the splenic surface (arrow). **b** The surgical specimen verifies the myxomatous implants on the surface of the spleen (arrow)

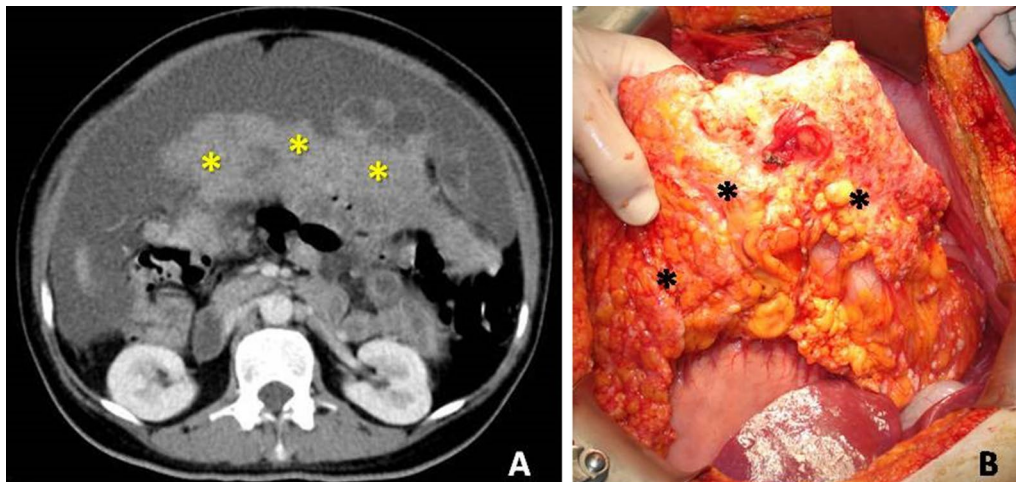


Fig. 8 **a** Contrast-enhanced CT image reveals massive infiltration of the greater omentum—“omental cake” (asterisks). **b** At surgery extensive infiltration of the omentum is demonstrated (asterisks)

in the preoperative work-up in candidates for cytoreduction, since it is able to reveal small separate or coalescent implants on the intestinal wall/mesentery [5, 34]. Implants located on the small bowel wall may manifest on CT as nodules, masses between small bowel loops or masses that adhere to neighboring small bowel loops and may result in bowel obstruction. Multiple tiny implants covering the surface of the SB loops may be seen as wall thickening and enhancement, restricted distensibility and distortion of SB segments (Fig. 9) with wall irregularity or intestinal stenosis. This specific type of SB involvement has been described as “layered-type” form of peritoneal

carcinomatosis [5, 10] and corresponds to extensive coating of intestinal loops by thin cancerous plaques (Fig. 10). It is considered a major contraindication for surgery [35, 36].

Involvement of the SB mesentery may be seen either as increased attenuation or stranding of the mesenteric fat (Fig. 11) or nodules (Fig. 12), or soft tissue thickening of the mesenteric surface (Fig. 13) or masses (Fig. 14). Extensive involvement of SB mesentery is associated with distortion, thickening and fixation of the mesentery which has been referred to as “frozen mesentery” (Fig. 15) [5, 10, 35], considered a lethal prognostic factor.

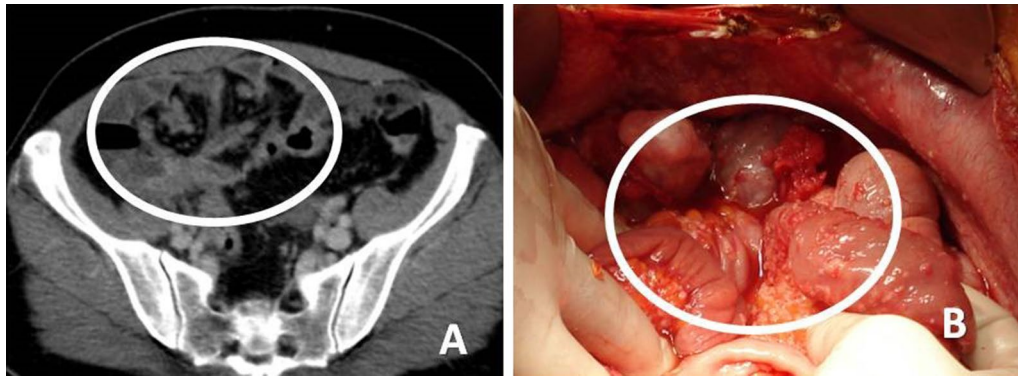


Fig. 9 **a** Contrast enhanced CT enteroclysis image shows non dilated intestinal loops due to rigidity caused by multiple tiny implants on the surface of the intestinal loops (white circle). **b** At surgery shortened and distorted intestinal loops with numerous deposits are seen (white circle)

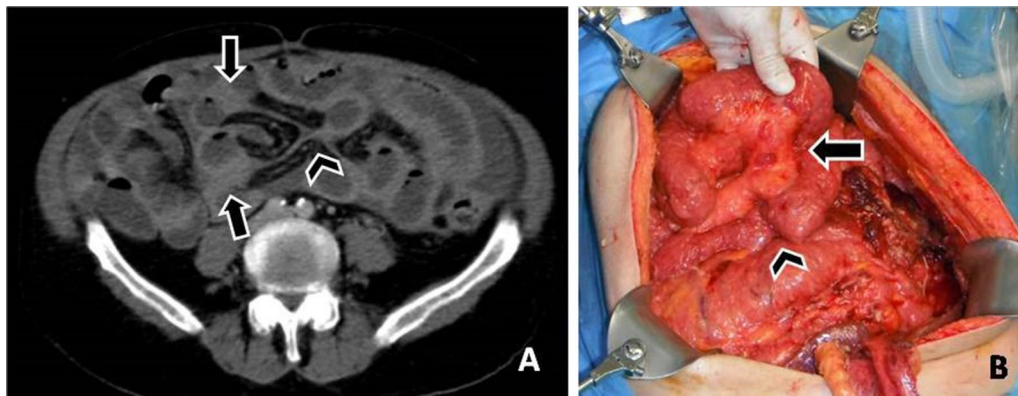


Fig. 10 **a** CT enteroclysis image demonstrates extensive wall thickening of the small bowel (arrows)—“layered type” of SB involvement and thickening of the mesenteric surface (arrowhead). **b** Corresponding surgical imaging

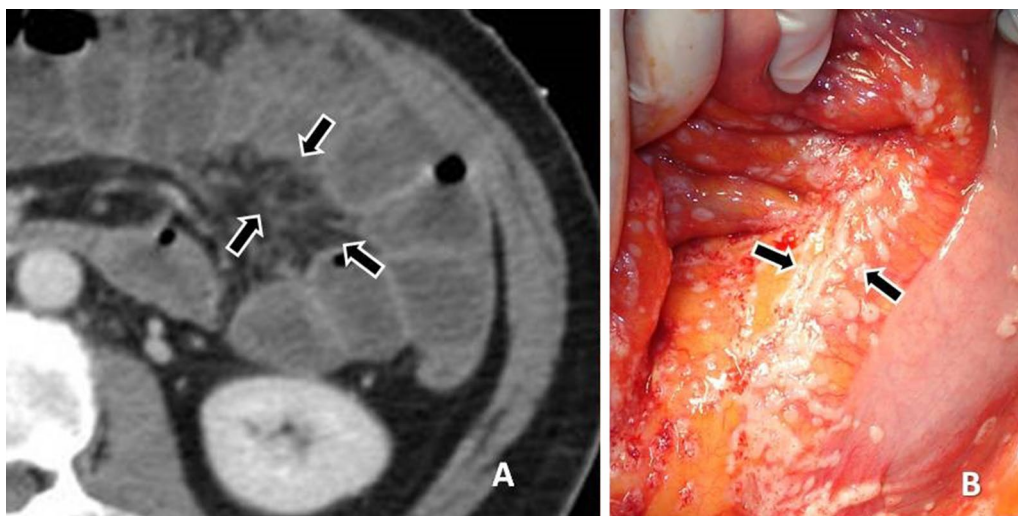


Fig. 11 **a** CT enteroclysis image discloses increased attenuation and stranding of the mesenteric fat (arrows). **b** At surgery the CT finding is produced by multiple tiny implants on the small bowel mesentery (arrows)

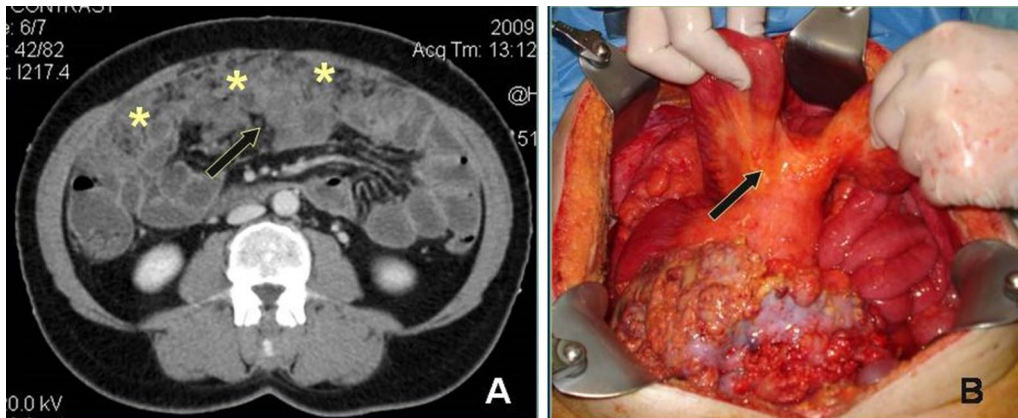


Fig. 12 a Small nodules on the surface of a mesenteric fold (arrow). The omentum presents extensive infiltration (asterisks). b Findings at surgery verifying the presence of tiny implants (arrow) and the omental infiltration

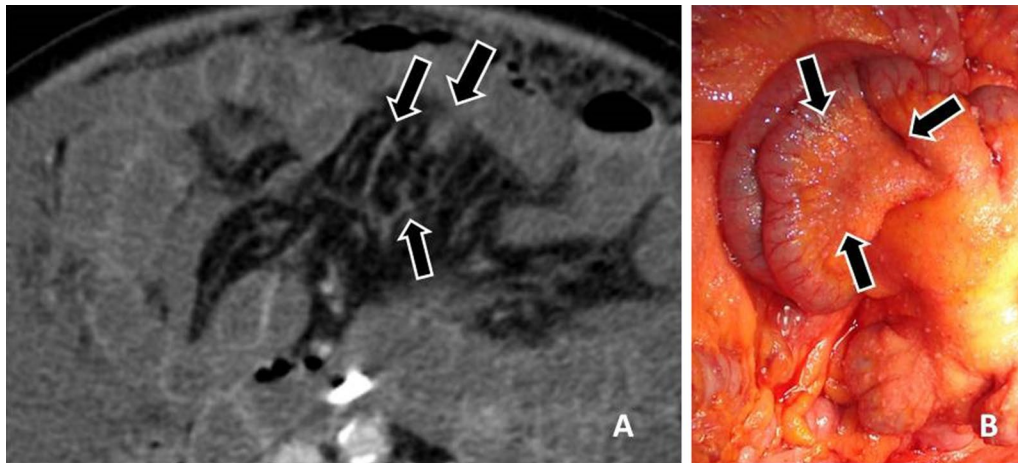


Fig. 13 a CT enteroclysis image shows thickening of the mesenteric surface (arrows) and distortion and thickening of the fatty mesenteric folds. b At surgery multiple small implants on the mesentery are revealed (arrows)

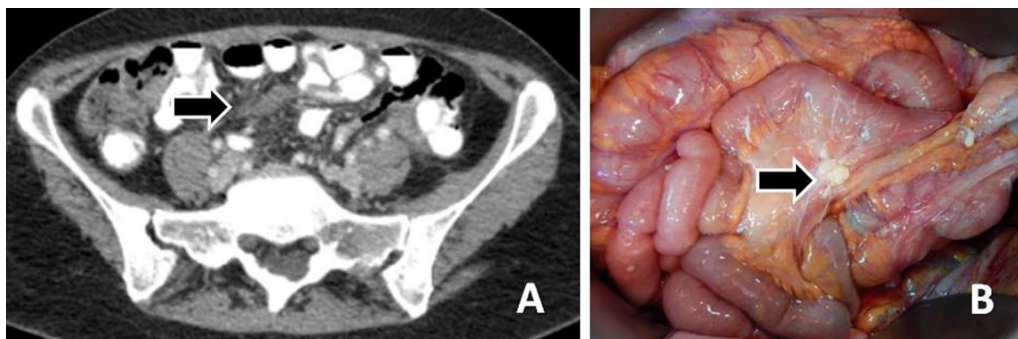


Fig. 14 a Contrast-enhanced CT image shows soft tissue density lesion in the mesentery (arrow). b The peritoneal implant confirmed at surgery (arrow)

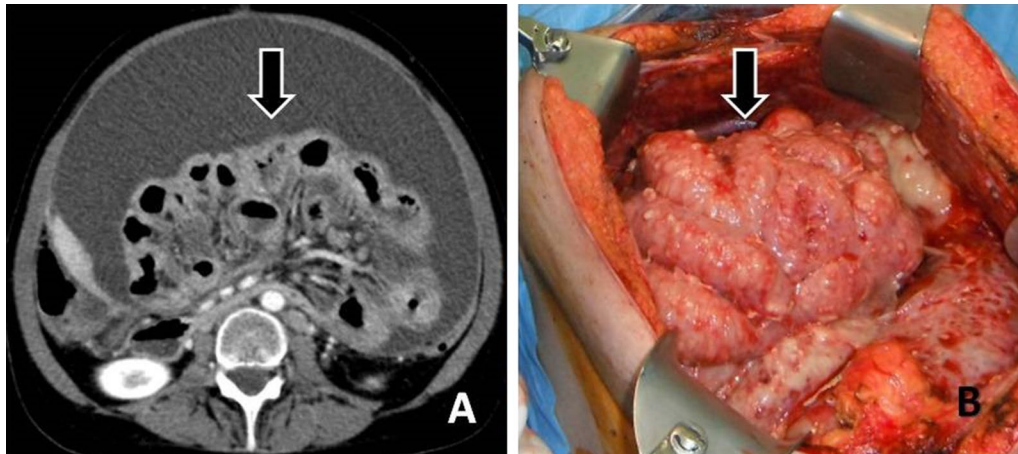


Fig. 15 **a** Contrast enhanced CT image demonstrates shrinkage and distortion of the mesentery—“frozen mesentery”—(arrow) along with irregular thickening of the wall of intestinal loops (“layered-type” involvement of small bowel). **b** The extensively involved mesentery and intestinal loops are seen as a “cauliflower” mass at surgery (arrow)

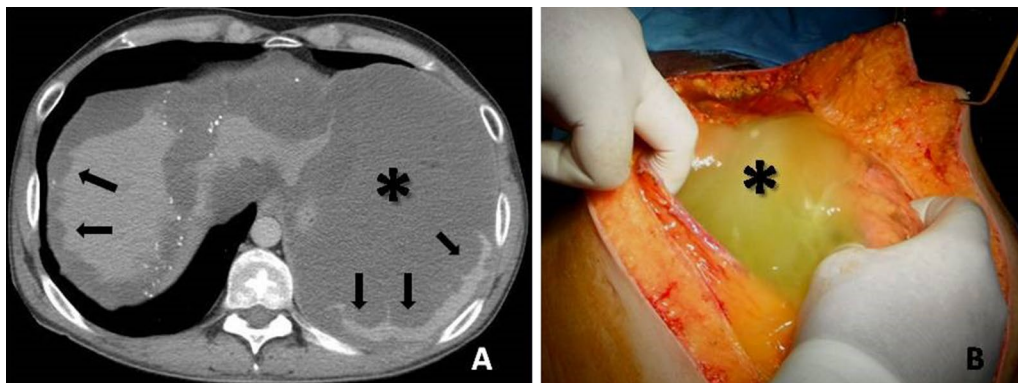


Fig. 16 **a** Contrast-enhanced CT image reveals low-attenuation intraperitoneal gelatinous fluid (asterisk) with mass-like effect and scalloping of the surface of the liver and spleen (arrows). Multiple small calcifications are also present. **b** Intraoperative photograph shows thick gelatinous fluid filling the peritoneal cavity (asterisk)

Malignant Pseudomyxoma peritonei

Pseudomyxoma peritonei (or “jelly belly”) is a unique form of peritoneal malignancy characterized by intraperitoneal accumulation of thick gelatinous material, due to rupture of an appendiceal or ovarian low-grade mucinous carcinoma.

CT shows a large amount of mass-like mucinous ascites, which produces scalloping of the visceral surfaces of the intraperitoneal organs, a finding that is most commonly observed along the margins of the liver and spleen (Fig. 16). Other CT findings include visible septa, areas of high attenuation and amorphous or curvilinear calcifications [17, 37, 38].

Conclusion

CT has a pivotal role in the management of patients with peritoneal carcinomatosis. Thorough knowledge of the correlation between CT imaging and surgical findings is fundamental for the radiologist to reliably provide the necessary information for the appropriate selection of candidates for cytoreductive surgery and for surgical planning. Distribution of PC, “site-by-site” description of peritoneal implants, estimation of disease burden and reference to crucial sites of involvement should be included in the radiologist’s report.

Abbreviations

CRS: Cytoreductive surgery; CTE: CT Enteroclysis; HIPEC: Hyperthermic intraperitoneal chemotherapy; MDCT: Multidetector Computed tomography;

MPR: Multiplanar reconstruction; PC: Peritoneal carcinomatosis; PCI: Peritoneal Cancer Index; SB: Small bowel.

Authors' contributions

PBP, NC and PP have equally worked for the preparation, analyzing data and writing the manuscript. AT has operated all the patients in this study. All authors read and approved the final manuscript.

Availability of data and materials

All data and materials are available upon request.

Declarations

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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Received: 21 July 2021 Accepted: 11 October 2021

Published online: 12 November 2021

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