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Does the incorporation of strontium into calcium phosphate improve bone repair? A meta-analysis

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Abstract

Background: The application of calcium phosphate (CaP)-based bone substitutes plays an important role in periodontal regeneration, implant dentistry and alveolar bone reconstruction. The incorporation of strontium (Sr) into CaP-based bone substitutes appears to improve their biological properties, but the reported in vivo bone repair performance is inconsistent among studies. Herein, we conducted a systematic review and meta-analysis to investigate the in vivo performance of Sr-doped materials.

Methods: We searched PubMed, EMBASE (via OVIDSP), and reference lists to identify relevant animal studies. The search, study selection, and data extraction were performed independently by two investigators. Meta-analyses and sub-group analyses were conducted using Revman version 5.4.1. The heterogeneity between studies were assessed by I². Publication bias was investigated through a funnel plot.

Results: Thirty-five studies were finally enrolled, of which 16 articles that reported on new bone formation (NBF) were included in the meta-analysis, covering 31 comparisons and 445 defects. The overall effect for NBF was 2.25 (95% Cl 1.61–2.90, p < 0.00001, $l^2 = 80\%$). Eight comparisons from 6 studies reported the outcomes of bone volume/tissue volume (BV/TV), with an overall effect of 1.42 (95% Cl 0.65–2.18, p = 0.0003, $l^2 = 75\%$). Fourteen comparisons reported on the material remaining (RM), with the overall effect being -2.26 (95% Cl – 4.02 to – 0.50, p = 0.0009, $l^2 = 86\%$).

Conclusions: Our study revealed that Sr-doped calcium phosphate bone substitutes improved in vivo performance of bone repair. However, more studies are also recommended to further verify this conclusion.

Keywords: Bone defects, Calcium phosphate, Strontium, Bone regeneration, Meta-analysis

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Introduction

At present, the repair of alveolar bone defects caused by disease, trauma, periodontitis, or congenital malformation is facing challenge, especially for patients with large bone defects or systemic diseases (such as osteoporosis or diabetes) [1, 2]. Although autologous bone grafting is considered to be the gold standard, its clinical applicability is limited owing to the need to open up a second surgical area and possible complications at the donor site [3, 4].

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Nowadays, calcium phosphate (CaP) ceramics—as a representative material for synthetic bone substitutes have been widely used in periodontal regeneration and alveolar bone reconstruction [4, 5]. However, traditional calcium phosphate materials have insufficient osteogenic ability and degradation performance. To improve the biological properties of these bone substitutes, researchers have attempted to incorporate bioinorganic ions into CaP–based materials [6].

Among various bioinorganic ions, strontium (Sr) has attracted significant research attention in the past ten years [7]. Sr is known to be a trace element in the human body and plays an important role in bone metabolism [8, 9]. It is conducive to osteogenesis, and can be mixed with hydroxyapatite (HA) through surface exchange or ion substitution, leading to the increase of bone mineral content and bone density, which improves bone regeneration and repair.

Several studies have investigated the effects of the addition of Sr on the physicochemical properties and in vitro/ in vivo behaviour of CaP-based bone substitutes. Tao et al. demonstrated that the calcium phosphate doped with Sr has a faster absorption rate [10]. In addition, Srsubstituted biomaterials increased the differentiation of osteoblasts and activated the expression of pro-osteogenic molecules used for bone remodelling [11–13]. A number of in vivo studies have shown that Sr-enhanced calcium phosphate materials have better osteogenic properties in vivo [14–16]. However, other study found that no positive effect was observed in terms of promoting in vivo bone regeneration [17].

In view of the differences among studies regarding the effects of Sr-doped CaP-based materials, it becomes imperative to conduct a systematic review and metaanalysis. In addition, sub-group analyses based on different animals, material types, and implantation periods were also conducted. The main purpose of this study was to systematically review the synthesis method and characteristics—such as crystallinity, particle size, and porosity—of included Sr-doped (CaP) materials and to analyse the properties of new bone formation (NBF) and material degradation in vivo.

Methods

Search strategy

The methodology of this study followed the recommendations of the Systematic Review Centre for Laboratory Animal Experimentation (SYRCLE) guidelines [18] and the guidelines of the PRISMA statement (http://www. prisma-statement.org/). In vivo studies that evaluate the effects of Sr-doped (CaP)-based materials from database inception to December 2020, without any language restrictions, were identified by searching the PubMed and EMBASE (via OVIDSP) databases. This paper combined the MeSH heading and text search strategies, with multiple terms associated with 'bone regeneration,' 'strontium,' 'bone substitutes,' and 'animal research' were used. Since tricalcium phosphate (TCP), HA, anhydrous dicalcium phosphate (TTCP), and tetracalcium phosphate (DCPA) are commonly used materials in this field of research, these terms have been also used as search words in the search formula. Search filters were utilized to detect all publications concerning animal studies [19, 20]. The detailed search strategies for PubMed and Embase are shown in Additional file 1: Table S1 and Additional file 2: Table S2, respectively. In addition, we manually searched the reference lists of major research journals and review papers to identify additional relevant studies.

Eligibility criteria

Two investigators (Y-M.D. and L-R.M.) independently screened potentially eligible studies. Any disagreement was resolved by discussion and consensus among reviewing authors. The inclusion criteria were (1) original animal studies on bone defects, (2) comparisons of Sr-doped and Sr-free (CaP)-based bone substitutes; and (3) outcomes of histological, micro-CT, or histomorphometric data.

Study selection and data extraction

Two authors independently reviewed studies considered for inclusion in the meta-analysis and performed data extraction. We used an existing data extraction method to retrieve data regarding the basic characteristics. For all included papers, the outcome data for the experimental and control groups were extracted if the mean, standard deviation (SD) or standard error (SE), and the number of defects per group (N) were reported or could be recalculated. If the data were presented only in graphical form, pictures were converted to data using the WebPlotDigitizer tool (available online at https://automeris.io/WebPl otDigitizer/), which was considered to have high levels of intercoder reliability and validity [21].

Quality assessment

The risk-of-bias assessment was based on SYRCLE's Risk of Bias (RoB) tool, which is specifically designed for animal studies. Two authors independently assessed the risk of bias.

Statistical analysis

The primary outcome of interest was the pooled overall NBF. Bone volume/tissue volume (BV/TV) and remaining material (RM) were the second outcomes of interest. Quantitative meta-analysis was performed when more than one study presented relevant data. Standardized



mean differences (SMD) or mean differences (MD) and 95% confidence interval (95% CI) were calculated. Heterogeneity was assessed using I^2 . An I^2 value greater than 50% was considered to indicate significant heterogeneity. However, because of the underlying methodological heterogeneity (e.g. baseline characteristics of the animals, sample sizes, and implantation periods), we used the DerSimonian and Laird random-effects model for all analyses. Potential sources of between-study heterogeneity were explored by subgroup analyses according to the following factors, whenever appropriate: physical condition (health vs disease); animals (e.g. rat, rabbit, or sheep); materials; and implantation periods. We reported p-values for each covariate. Publication bias was investigated through a funnel plot. Analyses were conducted using Review Manager (version 5.4.1, The Cochrane Collaboration, 2020).

Results

Paper identification and selection

Through the search, a total of 600 related articles were retrieved, including 281 from Pubmed, 290 from Embase, and 29 from reference lists. After removing duplicates and screening all titles and abstracts, 78 potential studies were selected for full-text evaluation. Finally, 35 papers [10, 11, 13–17, 22–49] met the inclusion criteria and were included in the systematic review (Fig. 1).

Characteristics of included studies

The 35 included studies were published from 2001 to 2020, and the curve of the cumulative number of papers included in the systematic review each year is shown in Fig. 2, indicating the increasing amount of attention this topic has received in the past decade.

Among these studies, one used a dog model [48], one used a mouse model [46], three used sheep models [26, 39, 41], thirteen used rabbit models [11, 13, 15, 28, 30, 31, 33–35, 37, 38, 45, 47], and seventeen used rat



models [10, 14, 16, 17, 22–25, 27, 29, 32, 36, 40, 42–44, 49]. There were nineteen studies focused on healthy animals [15, 23, 28–31, 33, 35–41, 45–49], one on albinism [24], one on osteonecrosis [34], and thirteen on osteoporosis [10, 11, 14, 16, 17, 22, 25–27, 32, 42–44]. The main characteristics of the included studies are listed in Table 1.

Various forms of biomaterials were reported in these studies, including cylindrical, granular/powder, spherical, and disc-shaped. The sites of the bone defects were widely distributed, including the vertebra in one study, humerus in one study, femur and tibia in one study, mandible in two studies, maxilla in two studies, radius in three studies, tibia in three studies, calvaria in four studies, and femur in 18 studies.

Biomaterial characteristics

The included studies contained multiple types of calcium phosphate materials. Different synthesis methods, crystallinities, particle sizes, implant morphologies, porosities, stoichiometries, and thermal treatments could influence the biological properties and in vivo efficacy of these materials. Table 2 summarizes the characteristics of all materials used in the included research.

Risk of bias and quality assessment

The risk of bias of the included studies was relatively high (Fig. 3A). Among them, only one paper [29] provided a sufficient and reasonable description of the generation of random sequences. Furthermore, it was difficult to confirm the accurate baseline characteristics in each group as none of the studies offered complete baseline information. None of the papers reported on the 'allocation concealment' and 'blinding of performance bias'. 'Random housing' was considered as a 'low risk of bias' in six publications [10, 24, 33, 42, 43, 46] (17%), and only five of the articles [30, 31, 34, 37, 48] (14%) reported 'random selection for outcome assessment'. Eight articles [15, 23, 26, 34, 39, 44, 47, 48] (23%) were considered to have a 'low risk of bias' in terms of the 'blinded outcome reviewers', while two papers [22, 44] were considered to have a 'high risk of bias' in terms of 'incomplete data reporting'. Moreover, in terms of 'selective outcome reporting' and 'other sources of bias, a majority of the articles were defined as having a 'low risk of bias'.

Another three quality indicators for the 35 studies are presented in Fig. 3B. For 17 studies (less than 50%), it was reported that the experimental groups were randomized in some way. Less than 1/4 of the studies reported 'blind-ing of the experiment', and only two articles [23, 48] mentioned the 'power/sample size calculation'.

Meta-analysis of new bone formation from histological outcomes

A total of 18 articles were included in our meta-analysis, covering 31 comparisons and 445 defects. In this analysis, the pooled effect for NBF was 2.25 (95% CI 1.61–2.90), indicating a significantly higher NBF for Sr-doped materials (Fig. 4).

Table 3 shows the outcomes of the subgroup analysis for NBF. In both the healthy animal group and osteoporosis models, the Sr-enriched material significantly increased NBF, with (SMD: 1.85 [0.95, 2.76], I²=81%) and (SMD: 2.73 [1.94, 3.52], I²=71%), respectively. According to the included studies, a superior bone repairing effect could be found in healthy animals. A forest plot of this is provided in Additional file 3: Fig. S1. For animal models, one rat study [23], one rabbit study [47], and one sheep study [39] reported lower NBF in the Srdoped group without statistical significance during short implantation periods (1 week-30 days). Results of other studies and meta-analyses all suggested that Sr doping could significantly promote NBF (Additional file 3: Fig. S2). Sub-group analyses of different calcium phosphates (HA, β -TCP, CPC, and CPP) and different follow-up periods (1 month, 2 months, 3 months, and 4 months) both supported the conclusion that Sr-doping enhanced NBF. However, high heterogeneity could be observed in all subgroups, with I^2 values ranging from 52 to 87% (Additional file 3: Fig. S3 and Additional file 3: Fig. S4).

Meta-analysis of new bone formation from micro-CT assessment

Micro-CT measurements of bone volume/tissue volume (BV/TV) were performed in five of the articles included in the meta-analysis. The overall effect of BV/TV was 1.42 (95% CI 0.65–2.18, p < 0.05), suggesting that Sr enrichment promoted NBF and bone regeneration (Fig. 5).

Meta-analysis of the remaining materials

In terms of material absorption, the histological outcomes were extracted from six articles, among which four comparisons found that material remained for less than 1 month, six comparisons between 1 and 3 months, and four comparisons for more than 3 months. The results showed that, in the early stages (≤ 1 month), the absorption of the Sr-doped material was less than that of the non-Sr-doped group (3.11 [-0.38, 6.60]). In the middle (1-3 months) and longer (>3 months) periods, the absorption of the Sr-doped material was significantly higher than that of the Sr-free group (Fig. 6).

Subgroup analysis was also conducted for different material types (HA, β -TCP, CPC, and CPP). The results

Table 1 Char	acteristic of pape	ers included							
References	Animals/ surgical site	Biomaterials	Strontium	Number of defects per group and per time point	Implantation period	New bone formation (mean \pm SD)	Remaining material (mean ± SD)	Conclusion of bone repair	Conclusion of biomaterial resorption
Baier [22]	Rat/Osteoporo- sis/Femur	CPC ^a /SPC	A	0	1,3 and 6 months	Histomorphometrical results 1 m: 0 (CPC) 0.157 ± 0.096 (SPC) 3 m: 0.331 ± 0.163 (CPC) 0.398 ± 0.247 (SPC) 6 m: 0.325 ± 0.193 (CPC) 3.789 ± 0.687 (SPC)	۲	Sr-doping improved bone repair	Υ A
Carmo [23]	Rat/Healthy/ Maxilla	CHA/SrCHA	A	ŝ	1 and 6 weeks	Histomorphometrical results 1w: 18.2 ± 2.04(CHA) 17 ± 1.7(SrCHA) 6w: 28.2 ± 3.82(CHA) 32 ± 4.15(SrCHA)	Histomorphometrical results 1w:14.6 ± 2.50(CHA) 18.9 ± 1.69(5rCHA) 6w: 16.5 ± 2.41(CHA) 10.4 ± 2.33(5rCHA)	Sr-doping did not improve bone repair	Sr-doping did not reduce biomaterial resorption
Cassino [24]	Rat/Albinoism/ Tibia	HA/HASr/HAGa	AA	10	7 days	NA	AA	NA	NA
Chandran [25]	Rat/Osteoporo- sis/Femur	Sham/HA/SrHA	10	Ś	8 weeks	Histomorphometrical results 0.68±0.08(HA) 0.92±0.04(5rHA)	ЧZ	Sr-doping improved bone repair	A
Chandran [26]	Sheep/Osteo- porosis/Femur	SrHA— Ca9Sr1 (PO4)6(OH)2 /HA- Ca10(PO4)6(OH)2 cHA/CSrHA	0	2	2 months	Histomorphometrical results 0.08±0.03(HA) 0.24±0.04(SrHA) 0.30±0.06(CHA) 0.38±0.04(CSrHA)	ЧЧ	Sr-doping improved bone repair	A
Cheng [27]	Rat/Osteoporo- sis/Femur	Sham/CPC ^a /Sr-CPC	AA	7	6 weeks	NA	АЛ	NA	AN
Dagang [28]	Rabbit/Healthy/ Femur	HAC/Sr-HAC	5t%, 10%	-	4, 8, 12 and 24 weeks	NA	AN	NA	NA
Elgali [29]	Rat/Healthy/ Femur	DBB/HA/SrHA/ Sham	50%	Ś	12 h, 3 and 6 days	Histomorphometrical results 6d: 4.575 ± 1.018(HA) 7.401 ± 0.635(SrHA)	ЧZ	Sr-doping improved bone repair	A
Ge [13]	Rabbit/NA/ Femur	PLLA/HA/PLLA/ Sr-HA/PLLA	AN	NA	5 weeks	NA	NA	Sr-doping improved bone repair	NA
Gu [30]	Rabbit/Healthy/ Mandible	HA/Sr-HA	5t%, 10%	4	1, 3 and 6 months	NA	NA	NA	NA

Table 1 (conti	inued)								
References	Animals/ surgical site	Biomaterials	Strontium	Number of defects per group and per time point	Implantation period	New bone formation (mean ± SD)	Remaining material (mean ± SD)	Conclusion of bone repair	Conclusion of biomaterial resorption
Gu [31]	Rabbit/Healthy/ Radius	HA/CPP/SCPP	AN	4	4, 8 and 16 weeks	NA	NA	Sr-doping improved bone repair	NA
Guo [32]	Rat/Osteoporo- sis/Femur	nano-HA/SrR nano- HA	200 m.M	0	4 and 8 weeks	Histomorphometrical results 4w: 4.632 ± 1.105(nano- HA) 6.533 ± 0.812(5rRnano- HA) 8w: 7.752 \pm 0.39(nano-HA) 9823 ± 0.585(5rRnano- HA) Micro-CT 4w: 48.934 ± 0.842(nano- HA) Micro-CT 4w: 51.930 ± 1.871(nano- HA) 58.573 ± 4.866(5rRnano- HA)	۲	Sr-doping improved bone repair	۲ Z
Hu [33]	Rabbit/Healthy/ Radius	Blank control/HA/ Sr-HA	5 wt%	10	8 and 12 weeks	NA	NA	AA	NA
Kang [34]	Rabbit/Oste- onecrosis/ Femur	Autogenous cancel- lous bone/SrCPP/ CPP	NA	4 (4 and 8 weeks) 8 (12 weeks)	4, 8 and 12 weeks	NA	NA	Sr-doping improved bone repair	Sr-doping reduced bioma- terial resorption
Kaygili [35]	Rabbit/Healthy/ Tibia	HA/SrHA	0.45, 0.9, 1.35, 1.8, 2.25 at.%	28	4 weeks	ЛА	NA	Sr-doping improved bone repair	NA
Kuang [36]	Rat/Healthy/ Femur	CPC ^b /Sr-CPC	5t%, 10%	Ŋ	32 weeks	NA	NA	Sr-doping improved bone repair	Sr-doping accel- erated biomate- rial resorption
Li [14]	Rat/Osteoporo- sis/Femur	HA/SrHA	10 mol%	13	12 weeks	Histomorphometrical results 35.753 ± 1.815(HA) 53.721 ± 10.98(SrHA)	NA	Sr-doping improved bone repair	NA
Liao [37]	Rabbit/Healthy/ Mandible	Blank/HA/Sr-HA	5t%, 10%	4	1, 3 and 6 months	NA	NA	NA	NA

Table 1 (cont.	inued)								
References	Animals/ surgical site	Biomaterials	Strontium	Number of defects per group and per time point	Implantation period	New bone formation (mean ± SD)	Remaining material (mean ± SD)	Conclusion of bone repair	Conclusion of biomaterial resorption
Luo [38]	Rabbit/Healthy/ Calvaria	HA/Sr-HA	NA	ΥN	4, 8 and 12 weeks	micro-CT: 12w:11.05 ± 1.11%(HA) 15.95 ± 3.23%(Sr-HA)	NA	Sr-doping improved bone repair	AN
Machado [39]	Sheep/Healthy/ Tibia	Blood clots/HA/ SrHA	1% (w/w)	Ŋ	30 days	Histomorphometrical results 31.2 ± 14.7%(HA) 26.2 ± 12.1%(SrHA)	Histomorphometrical results 36.2 ± 8.5%(HA) 51.2 ± 14.1% (SrHA)	Sr-doping did not improve bone repair	Sr-doping reduced bioma- terial resorption
Masaeli [40]	Rat/Healthy/ Calvaria	Control/CPC ^c /SrCPC	3 wt%	10	4 weeks	ДA	AA	AA	NA
Reitmaier [41]	Sheep/Healthy/ Femur and tibia	CPC ^a /SrCPC	Ą	~	6 and 26 weeks	Histomorphometrical results 6w: Unoaded: 9.205 ± 2.092(CPC) 11.297 ± 5.021(SrCPC) Loaded: 11.715 ± 3.766(CPC) 13.389 ± 5.439(SrCPC) 26w: Unoaded: 13.158 ± 4.699(CPC) 23.323 ± 18.045(SrCPC) 25.0 ± 5.827(CPC) Loaded: 25.0 ± 5.827(CPC) 44.173 ± 4.511(SrCPC)	Histomorphometrical results 6w: Unoaded: 58.779±12.023(CPC) 41.984±22.138(SrCPC) Loaded: 53.160±12.977(CPC) 53.160±12.977(CPC) 53.160±12.977(CPC) 53.160±12.277(SrCPC) 53.160±12.277(SrCPC) 53.24±10.42(CPC) 36.746±16.271(SrCPC) 26%: 10.055(CPC) 59.415±10.055(CPC) 11.133±10.786(SrCPC)	Sr-doping improved bone repair	Sr-doping accel- erated biomate- rial resorption
Salamanna [42]	Rat/Osteoporo- sis/Vertebra	HA/SrHA/HA-AL7/ HA-AL28	3.1 atom%,6.9 atom%	10	8 weeks	NA	NA	Sr-doping improved bone repair in osteo- porotic bone	NA
Tao [10]	Rat/Osteoporo- sis/Femur	Contro//CPC ^b / SrCPC/BSrCPC	SrCO ₃ : 5 wt%	Ŷ	8 weeks	Histomorphometrical results 22.222 ± 2.963(CPC) 33.333 ± 3.704(SCPC) Micro-CT: 0.345 ± 0.084(CPC) 0.4 ± 0.084(SCPC)	Histomorphometrical results 52.222 ± 7.037(CPC) 40.185 ± 5.741(SCPC)	Sr-doping improved bone repair	Sr-doping accel- erated biomate- rial resorption

Table 1 (cont	tinued)								
References	Animals/ surgical site	Biomaterials	Strontium	Number of defects per group and per time point	Implantation period	New bone formation (mean \pm SD)	Remaining material (mean ± SD)	Conclusion of bone repair	Conclusion of biomaterial resorption
Tao [43]	Rat/Osteoporo- sis/Femur	Control/β-TCP/Srβ- TCP/Asp-Sr β-TCP	10 wt%	0	×	Histological results 30.573 ± 2.548(β-TCP) 45.223 ± 5.095(Sr /β-TCP) Micro-CT: 26.222 ± 2.667(β-TCP) 37.333 ± 3.556(Sr /β-TCP)	Histomorphometrical results 29.968 ± 3.048(β-TCP) 25.016 ± 2.413(Sr /β-TCP)	Sr-doping improved bone repair	Sr-doping accel- erated biomate- rial resorption
Thormann [44]	Rat/Osteo- porosis/ Femur/n = 15	Sham/CPC ^a /SrCPC	NA	15	6 weeks	Histomorphometrical results 4.2 ± 3(CPC) 11 ± 1(SrCPC)	ЧA	Sr-doping improved bone repair	A
Tian [45]	Rabbit/Healthy/ Radius	CPP/SrCPP	٩Z	ω	4, 8 and 16 weeks	Histomorphometrical results 4w. 9884 ± 0.401(CPP) 13.968 ± 0.560(SCPP) 8w: 19.012 ± 0.801(CPP) 27.179 ± 1.121(SCPP) 16w: 39.911 ± 1.121(CPP) 45.036 ± 1.361(SCPP)	4w: 25.054 ± 1.125(CPP) 25.696 ± 0.858(SCPP) 8w: 20.125 ± 0.857(CPP) 19.964 ± 0.482(SCPP) 16w: 12.411 ± 0.643(CPP) 11.875 ± 0.75(SCPP)	Sr-doping improved bone repair	Sr-doping accel- erated biomate- rial resorption
Tohidnezhad [46]	Mouse/ Healthy/Femur	Sham/β-TCP/Srβ- TCP	NA	₹ Z	2 months	Histological results 26.41% ± 1.31%(β-TCP) 61.93% ± 3.04%(β- TCP + S1)	Ч	Sr-doping improved bone repair	Ч И
Valiense [47]	Rabbit/Healthy/ Maxilla	CHA/SrCHA	٩Z	Q	4 and 12 weeks	Histomorphometrical results 4w: 17.812 ± 9.423(CHA) 16.890 ± 9.797(SrCHA) 12w: 27.964 ± 4.863(CHA) 31.368 ± 2.614(SrCHA)	Histomorphometrical results 4w: 14.620 ± 5.186(CHA) 18.241 ± 9.389(SCHA) 12w: 17.168 ± 7.869(CHA) 10.317 ± 6.36(SCHA)	Ч.	Sr-doping accel- erated biomate- rial resorption
Vestermark [48]	Dog/Healthy/ Humerus	HA/SrHA/Allograft	NA	10	4 weeks	Histomorphometrical results 28±5.1(HA) 36±3.06(SrHA)	ЧZ	ЧA	٩
Xie [15]	Rabbit/Healthy/ Calvaria	CPP/SrCPP	AA	m	4, 8 and 12 weeks	Histomorphometrical results 8w: 18.938 ± 0.486(CPP) 25.475 ± 0.56(SCPP) 16w: 26.745 ± 1.344(CPP) 36.307 ± 0.198(SCPP)	ИА	Sr-doping improved bone repair	Υ N

Yu [49] Rat/Healthy/ Coll scaffold/(APMs/ 1) Calvaria coll scaffold)/ (SrAPMs/coll Scaf- fold) Yuan [17] Rat/Osteoporo- HA/SrHA/(HA/G3-K PS) sis/Femur PS)/(SrHA/G3-K PS)		defects per group and per time point	period	New bone formation (mean ± SD)	Kemaınıng material (mean ± SD)	Conclusion of bone repair	Conclusion of biomaterial resorption
Yuan [17] Rat/Osteoporo- HA/SrHA/(HA/G3-K 1 sis/Femur P5)/(SrHA/G3-K PS) Zarins [11] Rabhit/Osteo- Sham//HA /TCP)/ N	s/ 10 mol%	12	8 weeks	Micro-CT-BV/TV- 20.64 ± 7.33%(APMs/coll) 48.30 ± 11.75%(SrAPMs/ coll)	AN	Sr-doping improved bone repair	AA
Zarins [11] Rabbit/Osteo- Sham/(HA /TCP)/ N	15%	9	8 weeks	Micro-CT: 17.558±3.786(HA) 18.491±3.567(15SrHA)	ИА		NA
porosis/Femur Sr+(HA/TCP)	AA	2	12 weeks	NA	Ч	Sr-doping improved bone repair	NA
Zhao [16] Rat/Osteoporo- WCP/SrMCP/Sr- N sis/Femur Ran+WCP	₹Z	2	1, 8 and 12 weeks	Histological results 8w:10.267 ± 3.850(WCP) 19.037 ± 4.92(SrWCP) 16.0:11.337 ± 3.422(WCP) 23.102 ± 3.422(SrWCP) Micro-CT: Micro-CT: 8w:20.315 ± 0.945(WCP) 21.417 ± 2.205(SrWCP) 16w:21.889 ± 2.205(WCP) 26.457 ± 1.889(SrWCP)	Ą	Sr-doping improved bone repair	ΥZ

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^a Tricalcium phosphate (Ca3(PO4)2, TCP), calcium hydrogenphosphate (CaHPO4), calcium carbonate (CaCO3), and hydroxyapatite (HAp)

^b Equimolar tetracalcium phosphate (Ca4(PO4)20, TTCP) and anhydrous dicalcium phosphate (CaHPO4, DCPA)

^c Tetracalcium phosphate (Ca4P2O9, TTCP), dicalcium phosphate dihydrate

Table 2 Bioma	terials' characteristics							
Study	Biomaterials	Synthesis method	Crystallinity	Particle size	lmplant morphology	Porosity	Stoichiometry	Thermal treatment
Baier [22]	CPC ^a /SPC	NA	NA	NA	NA	NA	NA	NA
Carmo [23]	CHA/SrCHA	Precipitation wet method	Ч	425- 600 µm	Microspheres	SrCHA presented fewer surface pores than CHA	AA	AN
Cassino [24]	HA/HASr/HAGa	NA	NA	AN	NA	NA	NA	Heated at 1100 °C for 3 h
Chandran [25]	Sham/HA/SrHA	HA powder: wet precipitation method	SrHA did not show any phase change with that of HA	350–400 microns	Micro-granules	SrHA micro-granule majority of pore size: 45–65 µm HA micro-granule: 20–40 µm	HA -Ca/P ratio=1.67	The dried blocks were biscuit fired at 600 °C to expel the additives and sintered at 1175 °C
Chandran [26]	SrHA — Ca9Sr1(PO4)6(OH)2 /HA – Ca10(PO4)6(OH)2 CHA/CSrHA	SrHA: wet precipita- tion method	NA	A	Cylinder	HA: 409 ± 49.39 µm SrHA:265 ± 33.45 µm	A	Sintered at a high temperature of 1175 °C
Cheng [27]	Sham/CPC ^a /Sr-CPC	NA	NA	NA	Paste	NA	NA	NA
Dagang [28]	HAC/Sr-HAC	NA	NA	NA	Cylinder	NA	NA	NA
Elgali [29]	DBB/HA/SrHA/Sham	HA powde: stand- ardized precipitation method	АЛ	NA	Granules (GBR Membrane)	AN	HA: Ca/P = 1.67	AN
Ge [13]	PLLA/HA/PLLA/ Sr-HA/PLLA	Ч	Ч	NA	Discs	Sr-HA/PLLA: highly porous and intercon- nected	Ca/P molar ratio = 1.54	Ϋ́Α
Gu [30]	HA/Sr-HA	AA	AN	A	Cuboid	HA: Pore size:140~160 µm Porosity: about 50%	АА	ΑN
Gu [31]	HA/CPP/5CPP	NA	Sr-doping increased CPP crystal grain size	NA	Cylinder	SCPP, CPP and HA scaffolds possessed interconnected porous network, large poresize (100–400 µm) and an overall porosity of 65%	Ca/Sr molar ratio = 92:8	ЧЧ
Guo [32]	nano-HA/SrR nano- HA	Nano-Ha: hydrother- mal transformation method	Ч	Nano-Ha: irregular in shape with size of 300–450 uM	Granule	AN	NA	Ϋ́Α

Table 2 (conti	inued)							
Study	Biomaterials	Synthesis method	Crystallinity	Particle size	lmplant morphology	Porosity	Stoichiometry	Thermal treatment
Hu [33]	Blank control/HA/ Sr-HA	ž	Sr-doping increased HA crystallinity	₹ Z	¥ Z	Both HA and SrHA scaffolds have a porosity of 40%; sr-doping did not affect porosity of HA scaffolds	¥Z.	Temperature was maintained at 1050 °C for 4 min
Kang [34]	Autogenous cancel- lous bone/SrCPP/ CPP	NA	NA	NA	Cylinder	The porosity of all scaffolds is around 86%	Ca/Sr molar ratio = 92:8	Ϋ́
Kaygili [35]	HA/SrHA	Sol-gel technique	Crystallite size: 21–27 nm Crystallinity:69–87%	NA	ЧА	Ч	NA	Calcining at 750 °C for 1.5 h in an electric furnace
Kuang [36]	CPC ^b /Sr-CPC	NA	NA	NA	Cylinder	CPC: 2.15 ± 2.21% 5% Sr-CPC: 1.62 ± 2.42% 10% Sr-CPC: 0.32 ± 1.52%	Sr/(Sr/Ca) molar ratio: 5% and 10%,	ИА
Li [14]	HA/SrHA	HA + 10%SrHA: co- precipitation	NA	2 & 5 µm	Rod-shaped	NA	(Ca + Sr)/P = 1.67	Calcined at 1050 °C for 0.5 h
Liao [37]	Blank/HA/Sr-HA	ЧЧ	ИА	NA	Cuboid	HA: Pore size:140 ~ 160 µm Porosity: about 50%	NA	ЧА
Luo [38]	3D printed scaffolds: HAVSr-HA	HA and Sr-HA powders: biomi- metic mineralization process HA and Sr-HA scaf- folds: 3-D printing	Crystallinity did not seem to change	A	Discs	Pore size: 800– 1000 µm Porosity: HA: 59.3 ± 6.4% Sr-HA: 58.5 ± 3.6%	Sr-HA: (Sr + Ca)/P ratio = 1.58 Sr-HA: Sr/(Sr + Ca) molar ratio = 5.8%	ΥX
Machado [39]	Blood clots/HA/ SrHA	ЧЧ	HA with more crys- tallinity than SrHA	NA	Microspheres	NA	NA	SrHA + HA: Sintered to 1100 °C in a muffle furnace for 27 h
Masaeli [40]	Control/CPC ^c /SrCPC	NA	Sr-doping alters the crystal structure	CPC: 3 mm	Powder	NA	AA	NA
Reitmaier [41]	CPC ^a /SrCPC	ЧЧ	NA	NA	Unloaded: Cylinder Loaded: Wedge- shaped	Macroporosity of the printed scaffolds: 50% Pore size: approxi- mately 590 µm	Sr/Ca=0.123	ΑN

Table 2 (contin	ued)							
Study	Biomaterials	Synthesis method	Crystallinity	Particle size	lmplant morphology	Porosity	Stoichiometry	Thermal treatment
Salamanna [42]	HA/SrHA/HA-AL7/ HA-AL28	Synthesized in N2 atmosphere using 50 ml of solution	Sr-doping reduced the crystals size	AA	Powder	NA	SrHA5: Sr/ (Ca + Sr) = 0.05 SrHA10: Sr/ (Ca + Sr) = 0.1	A
Tao [10]	Control/CPC ^b / SrCPC/BSrCPC	NA	NA	NA	Cylinder	NA	NA	NA
Tao [43]	Control/β-TCP/Srβ- TCP/Asp-Sr β-TCP	ИА	ИА	A	Cylinder	Sr/β-TCP scaffolds displayed a porosity of 22.1 vol%, the aver- age pore diameter was 1.5 µm	ИА	Fired at 1200 °C for 3 h
Thormann [44]	Sham/CPC ^a /SrCPC	NA	NA	NA	NA	NA	Sr/Ca ratio=0.123	NA
Tian [45]	CPP/SrCPP	ЧA	The crystal grain size of SCPP was larger	₹ Z	Cylinder	The measured porosity value was about 65% for both scaffolds	Ч	٩
Tohidnezhad [46]	Sham/β-TCP/Srβ- TCP	ЧЧ	Ч	٩	Cylinder	Porosity: β-TCP + Sr Scaffolds: 22.1 vol%. Average pore diam- eter: 1.5 µm	Ч	The filled wax models were fired at 1200 °C for 3 h
Valiense [47]	CHA/SrCHA	NA	NA	425—600 µm	Spheres	NA	NA	NA
Vestermark [48]	HA/SrHA/Allograft	NA	NA	NA	Cylinder	NA	NA	NA
Xie [15]	CPP/SrCPP	Gravity sintering	NA	NA	Cylinder	NA	Ca/Sr = 92/8	NA
Yu [49]	Coll scaffold/(APMs/ coll scaffold)/ (SrAPMs/coll Scaf- fold)	SrAPMs: microwave- hydrothermal process	NA	N	Cylinder	The Coll, APMs/coll and SrAPMs/coll scaffolds were highly porous; pore sizes ranging from 100 to 300 µm	Sr/(Sr + Ca) molar ratio = 0.1	A
Yuan [17]	HA/SrHA/(HA/G3-K PS)/(SrHA/G3-K PS)	Sol-gel technology	NA	NA	Gel	NA	Ca + Sr/P: 1.5–2	NA
Zarins [11]	Sham/(HA/TCP)/ Sr + (HA/TCP)	NA	NA	Sintered ceramic granules: 0.5—1 mm	Granules	Micro porosity and grain size of granules: 400 nm—1 µm	Ca/P and (Ca + Sr)/P molar ratio = 1.67	One to two grams of synthesized calcium phosphate powders were thermally treated at 1100 °C for 1 h

Study	Biomaterials	Synthesis method	Crystallinity	Particle size	Implant morphology	Porosity	Stoichiometry	I hermal treatment
Zhao [16]	WCP/Sr/WCP/Sr- Ran + WCP	The microwave- assisted H ₂ O ₂ foaming method. Hydrothermal treat- ment	ΨN	300–450 µm	Cylinder	Highly porous with macropores pore size ~ 100 µm	Sr/(Ca + 51) molar ratio = 10%	Sintered at 1100 °C for 2 h at a rate of 5 °C/ min increment to 1100 °C
CPC: calcium ph	sphate cement; SPC: Sr-do	oping calcium phosphate c	ement; HA: hydroxya	patite; CHA: Carbonated	hydroxyapatite; CPP: cal	cium polyphosphate; TCP: tri	calcium phosphate; Sr: S	trontium; HAC:

Table 2 (continued)

hydroxyapatite cement; DBB: Deproteinized bowine bone; Sham: without graft materials; PLA: poly(L-lactic acid); SCPP: strontium-doped calcium polyphosphate; Asp-Sr/β-TCP: strontium-doped β-tricalcium phosphate (Sr/β-TCP) modified with aspirin; BSrCPC: strontium-doped calcium phosphate cement combined with single-dose local administration of BMP-2; Coll: collagen; APMs:amorphous calcium phosphate porous microspheres; HA/G3-K PS: hydroxyapatite gel modified by integrating branched poly(epsilon-lysine) dendrons with third-generation branches exposing phosphoserine; WCP: hydroxyapatite whiskers; Sr-Ran: strontium ranelate;; NA: not available

^a Tricalcium phosphate (Ca3(PO4)2, TCP), calcium hydrogenphosphate (CaHPO4), calcium carbonate (CaCO3), and hydroxyapatite (HAp)

^b Equimolar tetracalcium phosphate (Ca4(PO4)20, TTCP) and anhydrous dicalcium phosphate (CaHPO4, DCPA)

^c Tetracalcium phosphate (Ca4P2O9, TTCP), dicalcium phosphate dihydrate



showed that the absorption of Sr-doped HA materials was slower than that of Sr-free materials, albeit with no statistical significance. For the other three types of materials, the absorption of Sr-doped materials was faster than that of the control group. The differences between β -TCP and CPC were statistically significant (Fig. 7).

Publication bias

Funnel plots showed no significant publication bias, as no significant asymmetry was detected (Additional file 3: Fig. S5).

Discussion

Synthetic calcium phosphate bone substitutes have been widely used for bone defect regeneration. To overcome the limitations of calcium phosphate materials, researchers are continuously proposing new methods. In recent years, many researchers have focused on adding inorganic ion Sr to calcium phosphate materials to improve their in vivo performance. However, at present, there is no consensus on whether Sr supplementation can significantly promote the biological and in vivo efficacy of bone replacement materials, to the best of our knowledge. Therefore, this paper systematically reviewed relevant in vivo studies and conducted a quantitative meta-analysis. The results showed that the Sr-enhanced material significantly promoted the formation of new bone in the bone defect area, and the material was more easily absorbed. This is similar to the results of a previous study [50].

Bone formation

The specific mechanism by which Sr-containing materials promote osteogenesis is still unclear. Bone morphogenetic protein-2 (BMP-2)/Smad-1 and the osteoprotegerin (OPG)/receptor activator of the nuclear factor- κ B ligand (RANKL) are two important signalling pathways for regulating osteogenesis. Previous studies have shown that bone remodelling regulates osteoblasts and osteoclasts through the BMP-2/Smad1 and OPG/RANKL signalling pathways, and is capable of bi-directional signalling [51, 52]. Sr is believed to have both osteogenic (anabolic) and antiabsorptive (catabolic) effects [36, 53]. Many studies have shown that the addition of Sr could stimulate the

		SR		С	ontrol		:	Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
Baier 2013-1m	0.157	0.096	9	0	0	8		Not estimable	
Baier 2013-3m	0.398	0.247	10	0.331	0.163	8	4.6%	0.30 [-0.64, 1.23]	
Baier 2013-6m	3.789	0.687	7	0.325	0.193	9	2.5%	6.93 [3.99, 9.86]	
Carmo 2018-1w	17	1.7	5	18.2	2.04	5	4.2%	-0.58 [-1.86, 0.70]	
Carmo 2018-6w	32	4.15	5	28.2	3.82	5	4.2%	0.86 [-0.47, 2.19]	+
Chandran 2016-8w	0.92	0.04	6	0.68	0.08	6	3.4%	3.50 [1.45, 5.55]	· · · ·
Chandran 2018-cHA-2m	0.38	0.04	2	0.3	0.06	2	1.1%	0.90 [-4.54, 6.33]	
Chandran 2018-HA-2m	0.24	0.04	2	0.08	0.03	2	0.2%	2.59 [-12.18, 17.35]	
Elgali 2016-6d	7.401	0.635	6	4.575	1.018	6	3.5%	3.07 [1.20, 4.95]	
Guo 2018-4w	6.533	0.812	10	4.632	1.105	10	4.4%	1.88 [0.79, 2.97]	
Guo 2018-8w	9.832	0.585	10	7.752	0.39	10	3.8%	4.01 [2.37, 5.65]	
Li 2016-12w	53.721	10.98	13	35.753	1.815	13	4.5%	2.21 [1.20, 3.22]	
Machado 2016-30d	26.2	12.1	5	31.2	14.7	5	4.3%	-0.34 [-1.59, 0.92]	
Reitmaier 2018-26w-L	44.173	4.511	7	25	5.827	7	3.6%	3.44 [1.61, 5.28]	
Reitmaier 2018-26w-UL	29.323	18.045	7	13.158	4.699	7	4.4%	1.15 [-0.01, 2.31]	
Reitmaier 2018-6w-L	13.389	5.439	7	11.715	3.766	7	4.5%	0.34 [-0.72, 1.39]	
Reitmaier 2018-6w-UL	11.297	5.021	7	9.205	2.092	7	4.4%	0.51 [-0.56, 1.58]	- 1
Tao 2018-8w	33.333	3.704	5	22.222	2.963	5	3.3%	2.99 [0.90, 5.08]	· · · · · · · · · · · · · · · · · · ·
Tao 2020-8w	45.223	5.095	10	30.573	2.548	10	4.0%	3.48 [1.99, 4.97]	
Thormann 2013-6w	11	1	15	4.2	3	13	4.4%	3.05 [1.91, 4.18]	
Tian 2009-16w	45.036	1.361	8	39.911	1.121	8	3.6%	3.89 [2.05, 5.72]	
Tian 2009-4w	13.968	0.56	8	9.884	0.401	8	2.2%	7.93 [4.62, 11.24]	
Tian 2009-8w	27.179	1.121	8	19.012	0.801	8	2.2%	7.93 [4.61, 11.24]	
Tohidnezhad 2020-2m	61.93	3.04	0	26.41	1.31	0		Not estimable	
Valiense 2016-12w	31.368	2.614	6	27.964	4.863	6	4.3%	0.80 [-0.39, 2.00]	+
Valiense 2016-4w	16.89	9.797	6	17.812	9.423	6	4.4%	-0.09 [-1.22, 1.04]	+
Vestermark 2011-4w	36	3.06	10	28	5.1	10	4.4%	1.82 [0.74, 2.90]	
Xie 2018-16w	36.307	0.198	3	26.745	1.344	3	0.6%	7.96 [0.11, 15.82]	
Xie 2018-8w	25.475	0.56	3	18.938	0.486	3	0.4%	9.97 [0.21, 19.74]	
Zhao 2020-16w	23.102	3.422	12	11.337	3.422	12	4.2%	3.32 [2.02, 4.62]	
Zhao 2020-8w	19.037	4.92	12	10.267	3.85	12	4.5%	1.92 [0.92, 2.91]	
Total (95% CI)			224			221	100.0%	2.25 [1.61, 2.90]	•
Heterogeneity: Tau ² = 2.1	5: Chi² = 1	41.87. d	f = 28 (P < 0.000	001): I²	= 80%			
Test for overall effect: Z =	6.83 (P <	0.00001) (,,.				-10 -5 0 5 10
			,						Favours [experimental] Favours [control]
FIG. 4 Forest plot of NB	F of histo	biogical	outco	mes					

differentiation of MSCs or other osteoblast lineages [54, 55]. The expression of osteoblast markers (alkaline phosphatase [ALP], bone sialoprotein, and osteocalcin) was increased to promote the formation of bone nodules [53, 56], while reducing the differentiation and proliferation of osteoclasts [57].

Osteoporosis is a systemic bone disease characterized by bone loss and structural destruction. Owing to osteoblastic degeneration, increased osteoclast function, and insufficient bone formation ability, the treatment of bone defects in patients with osteoporosis is very challenging [1] In this study, a meta-analysis of nine studies [10, 14, 16, 22, 25, 26, 32, 43, 44] using osteoporosis models was conducted, and the results showed that the addition of Sr could significantly promote NBF in animals with osteoporosis.

Sr has been shown to promote NBF by activating CA-sensitive receptors and inhibit bone resorption by blocking the expression of receptor activators of the nuclear factor κ B ligand (RANKL) [58, 59]. Animal

studies on Sr-doped materials have shown that the enhancement of bone formation could be related to the release of Sr ions during the degradation process [45]. Biomaterials containing Sr exhibit high expression of physiologically active signalling molecules, such as OPG, NFkB 105, ALP, Col-1 α , osteocalcin, osteopontin, and BMP 2/4 [57, 60–63]. This means that Sr-rich materials stimulated the release of these molecules more than calcium phosphate alone or simply the trauma itself.

In addition, the Sr released by bioceramics has been shown to stimulate angiogenesis by increasing the secretion of the cytokines that promote cell angiogenesis [64, 65]. A previous study has shown that, one week after SrWCP implantation in osteoporotic animals, vascularlike structures were formed in the pores in the central region of the bioceramics [16]. This angiogenesis is necessary for bone regeneration because these new blood vessels supply the oxygen, nutrients, and cells required for bone formation.

Subgroup	Number of comparisons	Number of defects	Effect estimate SMD [95% CI]	Heterogeneity (I ²)
Disease				
Health	17	202	1.85 [0.95, 2.76]	81%
Osteoporosis	14	243	2.73[1.94, 3.52]	71%
Animal				
Rat	15	267	2.42 [1.62, 3.22]	79%
Rabbit	7	84	4.32 [1.78, 6.86]	88%
Sheep	7	74	0.85 [-0.03, 1.72]	52%
Material				
HA	7	120	2.18 [1.19, 3.17]	74%
β-ΤСΡ	2	20	3.48 [1.99, 4.97]	Not applicable
CPC	9	145	1.98 [0.85, 3.12]	83%
CPP	5	60	6.60 [4.09, 9.12]	52%
Period				
1 m	6	95	1.68 [0.08, 3.29]	86%
2 m	10	116	3.52 [2.35, 4.69]	55%
3 m	2	44	1.10 [-0.08, 2.29]	74%
4 m	3	46	3.59 [2.54, 4.64]	0%

Table 3 Subgroup analysis of the included papers for outcome new bone formation (NBF; SMD)

HA: hydroxyapatite; β-TCP: beta-tricalcium phosphate; CPC: Calcium phosphate cements; CPP: Calcium polyphosphate; m: month



In addition, different animal models, implant sites, and bone defect sizes may also influence the conditions of NBF and material degradation. It is generally believed that experimental research on large animals reflects clinical practice more closely; however, there are few studies using large animals. Only three studies on sheep have been included in this meta-analysis on NBF, while no meta-analysis on remaining material could be conducted owing to the limited number of studies on large animals. The subgroup analysis of different animal types showed that Sr-doping significantly promoted the formation of new bone in sheep, dogs, rabbits, and rat. However, it should be noted that, although subgroup analyses were conducted, the results of these meta-analyses still exhibit significant heterogeneity among studies. This could be related to differences in implant sites (calvaria, femur, radius, etc.), bone defect sizes (3 mm, 5 mm, 10 mm, etc.), sample size, and experimental design.

Material degradation

Histological assessments were used to quantitatively determine the residual materials by conducting a metaanalysis. The percentages of remaining materials according to different implantation periods are shown in Fig. 6. At less than 1 month, the degradation rate of Sr-doped materials was lower than that of the control group. However, the degradation rate of the Sr-doped group was significantly higher at longer periods (greater than

		Sr		c	ontrol			Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% Cl
2.2.1 ≤1m									
Carmo 2018-1w	18.9	1.69	5	14.6	2.5	5	11.8%	4.30 [1.65, 6.95]	
Machado 2016-30d	51.2	14.1	5	36.2	8.5	5	1.4%	15.00 [0.57, 29.43]	
Tian 2009-4w	25.696	0.858	8	25.054	1.125	8	15.4%	0.64 [-0.34, 1.62]	
Valiense 2016-4w	18.241	9.389	6	14.62	5.186	6	3.3%	3.62 [-4.96, 12.20]	
Subtotal (95% CI)			24			24	31.9%	3.11 [-0.38, 6.60]	\bullet
Heterogeneity: Tau ² = 6.7	3; Chi² =	10.33, df	= 3 (P	= 0.02); I	² = 71%				
Test for overall effect: Z =	1.75 (P =	: 0.08)							
2.2.2 1m-3m									
Carmo 2018-6w	10.4	2.33	5	16.5	2.41	5	11.1%	-6.10 [-9.04, -3.16]	
Reitmaier 2018-6w-L	43.702	17.176	7	59.16	12.977	7	1.1%	-15.46 [-31.41, 0.49]	
Reitmaier 2018-6w-UL	41.984	22.138	7	58.779	12.023	7	0.8%	-16.80 [-35.46, 1.87]	
Tao 2018-8w	40.185	5.741	5	52.222	7.037	5	3.7%	-12.04 [-20.00, -4.08]	
Tao 2020-8w	25.016	2.413	10	29.968	3.048	10	12.4%	-4.95 [-7.36, -2.54]	
Tian 2009-8w	19.964	0.482	8	20.125	0.857	8	15.8%	-0.16 [-0.84, 0.52]	
Subtotal (95% CI)			42			42	45.0%	-5.98 [-10.15, -1.80]	\bullet
Heterogeneity: Tau ² = 16.	56; Chi² =	• 40.92, d	df = 5 (F	o < 0.000	01); I² =	88%			
Test for overall effect: Z =	2.80 (P =	: 0.005)							
2.2.3 ≥3m									
Reitmaier 2018-26w-L	41.133	10.786	7	59.415	10.055	7	2.2%	-18.28 [-29.21, -7.36]	
Reitmaier 2018-26w-UL	36.746	16.271	7	63.254	10.42	7	1.4%	-26.51 [-40.82, -12.19]	
Tian 2009-16w	11.875	0.75	8	12.411	0.643	8	15.8%	-0.54 [-1.22, 0.15]	1
Valiense 2016-12w	10.317	6.36	6	17.168	7.869	6	3.7%	-6.85 [-14.95, 1.24]	
Subtotal (95% CI)			28			28	23.0%	-11.52 [-22.40, -0.64]	
Heterogeneity: Tau ² = 100	0.78; Chi ²	= 24.88,	df = 3	(P < 0.00	01); l² =	88%			
Test for overall effect: Z =	2.08 (P =	: 0.04)							
Total (95% CI)			94			94	100.0%	-2.26 [-4.02, -0.50]	◆
Heterogeneity: Tau ² = 4.9	8; Chi² =	90.59, df	⁻ = 13 (F	o < 0.000	01); I² =	86%		-	
Test for overall effect: Z =	2.52 (P =	• 0.01)	46 - 0	(D = 0.00	00) 12 -	06 10/			-20 -10 0 10 20 Favours [experimental] Favours [control]
i est for subgroup differen	ices: Uni ²	= 14.34,	ut = 2	(P = 0.00	∪d), I^ =	00.1%			
Fig. 6 Forest plot of RA	Л-subgra	oup ana	alysis b	y period	b				

1 month). This indicates that the degradation rate of Srdoped materials may gradually increase with time, and is significantly higher than that of the Sr-free group. Studies showed that different types of calcium phosphate would affect the degradation rate of materials. It is generally believed that HA is more difficult to degrade. In the subgroup analysis for different material types, it can be seen that the residual rate of Sr-doped materials in the HA group is higher than that in the control group. However, the three studies [23, 39, 47] in the HA group with high material residual rates all had shorter observation periods (1 w, 4 w, and 30 d). Therefore, this may suggest that the doping of Sr has a time-dependent effect on the material absorption.

Although enhanced degradations of Sr-doped materials were reported in studies in vitro and in vivo, the underlying mechanism remains unclear and requires further investigation. Some researchers believe that the degradation rate of CPP scaffolds in vivo is usually affected by the initial size of the particles during scaffold formation, the scaffold structure, the implantation site, and other factors [66]. The doping of Sr was generally carried out through ion substitution, where Sr^{2+} could replace Ca^{2+} ions. Previous studies have shown that the ion radii of bioinorganic ions usually differ from those of substituted ions, and their supplementation could change the crystallinity, lattice parameters, crystal size, morphology, stability, biological activity, bone conductivity, and solubility of the material [6, 13, 40]. These physical and chemical changes may alter the fragmentation and biological absorption of biomaterials [13, 47]. According to Chandran et al. [25] and Landi et al. [67], the increased dissolution rates could be a result of the combined action of the increased pore size and the amorphous properties of SrHA particles.

In our opinion, the faster degradation rates of Sr-doped materials could also contribute to the improved release of bioinorganic substances and, thus, accelerate NBF.

Implications and limitations

Our study is likely to be the first report that systematically reviews relevant studies on Sr-doped (CaP)-based materials and conducts sub-group meta-analyses according to different influence factors. Furthermore, our study revealed the effect of Sr-enhanced materials in vivo,

		Sr		c	ontrol			Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
2.3.2 HA									
Carmo 2018-1w	18.9	1.69	5	14.6	2.5	5	11.8%	4.30 [1.65, 6.95]	
Carmo 2018-6w	10.4	2.33	5	16.5	2.41	5	11.1%	-6.10 [-9.04, -3.16]	
Machado 2016-30d	51.2	14.1	5	36.2	8.5	5	1.4%	15.00 [0.57, 29.43]	<u>_</u>
Valiense 2016-12w	10.317	6.36	6	17.168	7.869	6	3.7%	-6.85 [-14.95, 1.24]	
Valiense 2016-4w	18.241	9.389	6	14.62	5.186	6	3.3%	3.62 [-4.96, 12.20]	
Subtotal (95% CI)			27			27	31.3%	0.71 [-6.04, 7.46]	-
Heterogeneity: Tau ² = 44.92; Chi ² = 34.22, df = 4 (P < 0.00001); l ² = 88%									
Test for overall effect: Z = 0.21 (P = 0.84)									
2.3.3 β-ΤCΡ									
Tao 2020-8w	25.016	2.413	10	29.968	3.048	10	12.4%	-4.95 [-7.36, -2.54]	T
Subtotal (95% CI)			10			10	12.4%	-4.95 [-7.36, -2.54]	\bullet
Heterogeneity: Not applicable									
Test for overall effect: Z =	4.03 (P <	: 0.0001)							
2.3.4 CPC									
Reitmaier 2018-26w-L	41.133	10.786	7	59.415	10.055	7	2.2%	-18.28 [-29.21, -7.36]	
Reitmaier 2018-26w-UL	36.746	16.271	7	63.254	10.42	7	1.4%	-26.51 [-40.82, -12.19]	·
Reitmaier 2018-6w-L	43.702	17.176	7	59.16	12.977	7	1.1%	-15.46 [-31.41, 0.49]	
Reitmaier 2018-6w-UL	41.984	22.138	7	58.779	12.023	7	0.8%	-16.80 [-35.46, 1.87]	
Tao 2018-8w	40.185	5.741	5	52.222	7.037	5	3.7%	-12.04 [-20.00, -4.08]	
Subtotal (95% CI)			33			33	9.3%	-16.22 [-21.51, -10.94]	\bullet
Heterogeneity: Tau ² = 0.00; Chi ² = 3.19, df = 4 (P = 0.53); l ² = 0%									
Test for overall effect: Z = 6.02 (P < 0.00001)									
2.3.5 CPP									
Tian 2009-16w	11.875	0.75	8	12.411	0.643	8	15.8%	-0.54 [-1.22, 0.15]	1
Tian 2009-4w	25.696	0.858	8	25.054	1.125	8	15.4%	0.64 [-0.34, 1.62]	
Tian 2009-8w	19.964	0.482	8	20.125	0.857	8	15.8%	-0.16 [-0.84, 0.52]	<u>†</u>
Subtotal (95% CI)			24			24	46.9%	-0.10 [-0.71, 0.50]	•
Heterogeneity: Tau ² = 0.1	3; Chi² = 3	3.73, df =	= 2 (P =	0.15); l ²	= 46%				
Test for overall effect: Z =	0.33 (P =	: 0.74)							
i otal (95% Cl) 94 94 100.0% -2.26 [-4.02, -0.50]									
Heterogeneity: $Tau^2 = 4.98$; $Chi^2 = 90.59$, $df = 13$ (P < 0.00001); $l^2 = 86\%$									
Test for overall effect: Z = 2.52 (P = 0.01) Favours [experimental] Favours [control]									
Test for subgroup afferences: Cnr = 48.89, dt = 3 (P < 0.00001), F = 93.9%									
Fig. 7 Forest plot of RM-subgroup analysis by materials									

which provides a good basis for their further research and clinical application.

However, our study also has certain limitations. First, in this study, high heterogeneity was found in the meta-analysis of NBF and residual materials. Subgroup analyses based on material type, implantation period, experimental animal species, etc., also had high heterogeneity. In view of the significant heterogeneity among the studies included in our meta-analyses, caution should be exercised when generalizing our conclusions. It is suggested that homogenized study settings should be adopted in subsequent studies to provide more convincing evidence for clinical applications. Second, the quality of the included studies is not high enough. The details of sample size estimation and randomization methodology were not found in most studies. Finally, although Sr has a beneficial effect on bone formation, its potential negative effects should also be taken into account, especially in high doses [29, 68, 69]. A dose-dependent effect of Sr on osteoblasts could be detected in some in vitro studies [70]. Animal studies have shown that the Sr dosage was very important, as high doses could cause osteomalacia [71]. In this study, the included studies used different concentrations of Sr, and some did not report relevant data. Therefore, it is necessary to further explore the optimal concentration of Sr.

Relevant studies during 2021

During the past year (2021), another four in vivo studies relevant to this topic were found. One of them focused on strontium-doped nano hydroxyapatite-gelatin (SrnHA-Gel). An in vitro study and the in vivo repair of critical-sized cranial defects confirmed that Sr-nHA gel had relatively effective bone regeneration ability [72]. Another article focused on strontium-releasing nanoscale cement. In vivo and in vitro experiments showed that SR nano bone cement had the dual effects of osteoclast inhibition and osteogenic stimulation, indicating good potential for

the treatment of osteoporotic bone defects [73]. The effect of the scaffold degradation rate on osteogenesis has been widely researched. Miao et al. [74] prepared strontiumdoped calcium sulfate (SrCSH) and strontium-doped tricalcium phosphate microsphere (Sr-TCP) scaffolds. In the experiment on repairing osteoporotic femoral defects, they found that, when the degradation rate of the scaffold matched the growth rate of new bone, the rapid repair of osteoporotic bone defects was promoted. In contrast, the slow degradation of scaffold materials hindered the growth of new bone to a certain extent. This study further clarified the importance of the scaffold degradation rate in the repair of osteoporotic bone defects. Vascularized bone tissue engineering is of great significance for the reconstruction of critical bone defects. The application of calcium phosphate cement in vascularized bone tissue engineering is limited due to the lack of consequent angiogenesis and unsatisfactory physical and chemical properties. Wu et al. [75] developed a strontium-reinforced calcium phosphate composite cement based on the reported osteogenic and angiogenic properties of CPHCstar and BaSO4-incorporated calcium phosphate hybrid cement; further, Sr ions could improve the biological and physicochemical properties of CPC. In vivo and in vitro studies have shown that the material has the dual potential of osteogenesis and angiogenesis.

The aforementioned studies exhibited the significance of strontium-doped bone substitute materials in promoting bone regeneration, and also formed the basis for research into bone substitute materials.

Conclusion

According to the results of the systematic review and meta-analyses herein, Sr supplementation is advantageous in terms of promoting NBF and accelerating material degradation. The type of material (HA, β -TCP, CPC, or CPP) does not seem to affect NBF. In terms of material degradation, HA seems to degrade slowly, while the other three categories degraded more rapidly. However, the existing meta-analysis results all suggested high heterogeneity and no statistical significance. Therefore, further research is required to verify the differences between materials and further verify the conclusions of this study. Determining the optimum concentrations of Sr and the best Sr-doped calcium phosphate materials is an important future research direction. In addition, the angiogenic potential of materials could be another research direction worth focusing on, in addition to osteogenesis.

Abbreviations

Sr: Strontium; NBF: New bone formation; RM: Remaining material; BV/TV: Bone volume/tissue volume; SYRCLE: Systematic Review Centre for Laboratory Animal Experimentation; RoB: Risk of Bias; 95% CI: 95% Confidence interval; SMD: Standardized mean differences; MD: Mean differences; CPC: Calcium phosphate cement; SPC: Sr-doping calcium phosphate cement; HA: Hydroxyapatite; TCP: Tricalcium phosphate; TTCP: Anhydrous dicalcium phosphate; DCPA: Tetracalcium phosphate; CHA: Carbonated hydroxyapatite; CPP: Calcium polyphosphate; HAC: Hydroxyapatite cement; DBB: Deproteinized bovine bone; PLLA: Poly(L-lactic acid); SCPP: Strontium-doped calcium polyphosphate; Asp-Sr/B-TCP: Strontium-doped B-tricalcium phosphate (Sr/β-TCP) modified with aspirin; BSrCPC: Strontium-doped calcium phosphate cement combined with single-dose local administration of BMP-2; Coll: Collagen: APMs: Amorphous calcium phosphate porous microspheres: HA/G3-K PS: Hydroxyapatite gel modified by integrating branched poly(epsilon-lysine) dendrons with third-generation branches exposing phosphoserine; WCP: Hydroxyapatite whiskers; Sr-Ran: Strontium ranelate; NA: Not available; ALP: Alkaline phosphatase; BMP-2: Bone morphogenetic protein-2; OPG: Osteoprotegerin; RANKL: Receptor activator of the nuclear factor-KB ligand; Sr-nHA-Gel: Strontium-doped nano hydroxyapatite-gelatin.

Supplementary Information

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Additional file 1: Table S1. Literature search-strategy for PubMed.

Additional file 2: Table S2. Literature search-strategy for Embase (via OVIDSP).

Additional file 3: Supplementary figures.

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Not applicable

Authors' contributions

JC designed the study. MY, YO, YL and RL performed the search, study selection, data curation, statistical analysis and wrote the manuscript. YF, WW, LZ, and XY participated in writing the article manuscript. All authors read and approved the final manuscript.

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Availability of data and materials

Data analysed during this study was included in this article and its supplementary information files.

Declarations

Ethics approval and consent to participate Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors have declared that no competing interests exists.

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