

SARS-CoV2-triggered acute arthritis: Viral arthritis rather than reactive arthritis

Dear Editor,

We read, with interest, a case report titled "The first reactive arthritis (ReA) case associated with COVID-19" by Saricaoglu et al.¹ published in a recent Journal of Medical Virology issue. This report describes a 73-year-old male patient who developed polyarthritis in his feet 8 days after completing COVID-19 treatment. We think that this case should be diagnosed as "COVID-19-related arthritis"; in other words, "viral arthritis". As Jovani et al.² have indicated, the differential diagnosis in acute inflammatory arthritis and an appropriate understanding of reactive arthritis should be considered.

In 1969, Ahvonen et al.³ proposed defining ReA as aseptic or nonsuppurative arthritis following microbial infection of sites other than the joints. This definition is the essential, well-known, and widely spread concept of ReA based on pathogenic mechanisms; however, in 1999, definition and diagnostic criteria were proposed at the 4th International Workshop on Reactive Arthritis, where ReA was classified as a spondyloarthropathy and the term "ReA" could be used only if the clinical picture and the microbes involved are associated with human leukocyte antigen (HLA)-B27 and spondyloarthritis.⁴

It is noted that bacterial, immunological, and genetic factors, including HLA-B27, play an important role in the pathogenesis of ReA; therefore, ReA is not only a pattern of acute inflammatory arthritis following infection outside the joint but also the disease formerly called Reiter's syndrome.⁴⁻⁷

Although many microorganisms have been reported associated with postinfectious arthritis,⁸ viral infection-related arthritis, post-streptococcal reactive arthritis (PSRA), and Lyme arthritis (*Borrelia*) are not strictly classified as ReA.⁴ Namely, postinfectious arthritis is categorized as classic ReA (Reiter's syndrome), infection-related arthritis, and post-infectious viral arthritis⁹; therefore, microorganisms that trigger ReA are well-known bacteria described in the literature and textbooks but not viruses.⁴⁻⁷ Among virus-induced arthritides,¹⁰ ReA associated with human immunodeficiency virus (HIV) infection is often reported and discussed in the literature; however, ReA has occurred in HLA-B27-positive Caucasian patients with HIV infection. Furthermore, it has been concluded that ReA is related to bacterial infections that patients with HIV contract, not to HIV infection itself.^{11,12}

In conclusion, it is necessary to understand the fundamental knowledge of ReA,⁴⁻⁷ viral arthritis,¹⁰ and other acute inflammatory arthritis. The differential diagnosis of these diseases is very important as it influences not only the subsequent management of patients in clinical practice^{9,10} but also knowledge in the new literature.

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CONFLICT OF INTERESTS

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AUTHOR CONTRIBUTIONS


All authors have discussed the questions in the manuscript and agree to the content. All the authors played a significant role in the paper.

DATA AVAILABILITY STATEMENT

We understand and agree with the "Expects Data" data sharing policy and a Data Availability Statement (DAS).

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