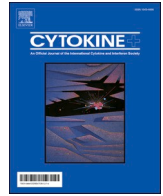




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## Hemoperfusion during veno-venous ECMO in severe COVID-19 with IL-6 elevation

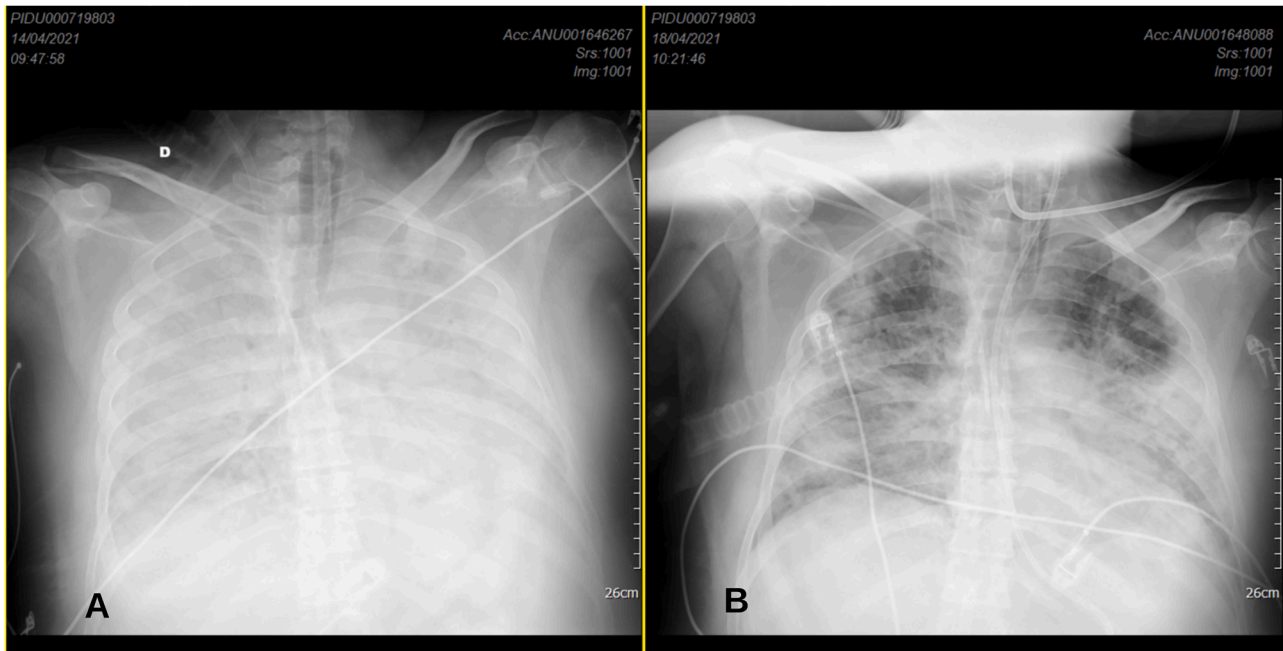
Dear Editor,

We read with great interest the paper by Smieszek and colleagues aimed to study the distribution of IL-6 at baseline in hospitalized COVID-19 patients and the role of genetic variants associated with attenuated IL-6 response [1]. The Authors reported worse outcome in patients with elevation of IL-6 (>150 pg/ml) and in carriers of specific allelic variants of IL6/IL6R, thus hypothesizing that these might be a biomarker of earlier intervention with anti-IL-6 drugs.

Among the potential treatments for patients with severe COVID-19, the use of hemoperfusion to remove inflammatory cytokines is increasingly widespread [2].

We report the case of a 41 years old male patient suffering from COVID-19 undergone to veno-venous-Extracorporeal Membrane Oxigenation (vv-ECMO) because of severe acute respiratory failure. Subsequently he developed a rapid increase of IL-6, septic shock with need of vasopressors and Acute Kidney Injury (AKI). Renal replacement therapy (RRT) with Omni device (B. Braun, Germany) combined with hemoperfusion treatment was started. A total of 3 cycles of hemoperfusion with HA-380 cartridges (Jafron Biomedical, China) lasted 12 h each for 3 consecutive days. Applied setup of RRT permitted a slightly negative daily fluid balance. After 72 h, IL-6 value dropped down from a maximum of 4995 pg/mL to 1917 pg/mL. Norepinephrine dosage was reduced from 0.15 to 0.04 mcg/Kg/min, but rapidly raised to 0.14 mcg/Kg/min. At the end of the third treatment, chest X-ray imaging was markedly improved [Fig. 1]; AKI ameliorated too and spontaneous diuresis was restored. After 30 days the patient was successfully weaned from vv-ECMO and mechanical ventilation.

Pathogenesis of severe COVID-19 includes virus-activated “cytokine release syndrome (CRS)” and studies have suggested a prognostic value of IL-6 [3]. The use of hemoperfusion in these subset of patients might be especially relevant when considering that ECMO support increases the production of



**Fig. 1.** Chest X-ray before (A) and after (B) 3 cycles of treatment with HA-380 cartridge. The figure shows extensive bilateral infiltrations of both lungs in (A) and a marked improving aeration, mainly in the upper quadrants, in (B).

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pro-inflammatory cytokines, thus exerting a potential additional detrimental effect [2]. Furthermore, in critically ill patients, CRS is triggered by different causes and the immunomodulating effect of hemoadsorption cartridges can influence the course of the inflammatory response [2]. The HA-380 filter consists of a neutral, macroporous adsorption resin, with a high surface area (60.000 m<sup>2</sup>) that significantly reduces the levels of alveolar and circulating cytokines such as IL-6 and can balance the dysregulation of inflammatory factors [4,5]. Although the presence of specific genetic variants was not investigated in this patient, the use of hemoperfusion reduced IL-6 levels and improved chest X-ray imaging and AKI, although the hemodynamic effect was recorded only during the treatment. The possibility to identify specific subsets of patients that could benefit from targeted and tailored anti-IL-6 therapies is very promising.

If Authors' results are confirmed by further studies, do they consider hemoperfusion techniques to be a valid immunomodulating adjuvant strategy to support the therapy with anti-IL-6 monoclonal antibodies in this subset of patients?

However, hemoperfusion could lead to anti-IL-6 drugs adsorption. Do they consider that a combination strategy might effect more positively if applied in the right sequence, i.e. to administrate the anti-IL-6 drugs after hemoadsorption therapy?

#### Authors' contributions

All Authors contributed equally to this work.

#### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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