

REVIEW ARTICLE

Methods of Isolation and Characterization of Stem Cells from Different Regions of Oral Cavity Using Markers: A Systematic Review

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Background: Periodontitis is a destructive inflammatory disorder of the periodontium caused by the destruction of periodontal tissues namely the PDL, cementum, alveolar bone, and gingiva. Once these tissues are lost, the foremost goal of periodontal therapy is to regenerate the diseased tissues if possible to their original form, architecture, and function. Various regenerative procedures were employed and still a gap was found in achieving the goal. As stem cells are characterized by their ability to self-renew and differentiate to produce specialized cells, there could be a possibility of using them for regenerative therapy. Recently, dental tissues such as the PDL, the dental pulp and the tooth follicle have been recognized as readily available sources of adult stem cells.

Aim: The aim was to identify the various sources and methodologies in isolation of stem cells from human oral cavity and its differentiation into various lineages using markers.

Materials and Methods: The electronic databases PUBMED, GOOGLE SCHOLAR, SCIENCE DIRECT, COCHRANE LIBRARY along with a complimentary manual search of all periodontics journal till the year 2016. Thirteen articles were selected on the basis of the inclusion criteria. Isolation of stem cells from oral cavity through various methods has been evaluated and similarly characterization to different lineages were tabulated as variables of interest. They included human in-vitro and ex-vivo studies.

Results: The results showed that PDLSC's and pulpal stem cells are the most common source from where stem cells were isolated. Each source has used different methodology in isolating the stem cells and it was found that STRO-1 was the commonly used marker in all the studies mentioned.

Conclusions: The studies showed that there is no standard protocol existed in isolating the stem cells from different sources of oral cavity. Moreover, there was no standard marker or methodology used in characterization.

Keywords: Oral stem cell, Dental stem cell, Periodontal ligament stem cell, Gingival stem cell, Pulpal stem cell

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Background

Stem cell research is the most fascinating area of interest today. The discovery of stem cells dates back in 1950's when various experiments with bone marrow established their identity and their powerful role in regeneration of lost tissues. Earlier studies on human development had demonstrated that cells of embryo were able to produce every cell type in the body. Ernst Heinrich Philipp August Haeckel was the first person who described a fertilized ovule which would evolve into an organism (1). The team of scientists from the university of Madison were the first

to isolate human embryonic stem cells in the laboratory. These isolated stem cells that retained their ability to transform into a variety of cell types including bone, cartilage, nerve and muscle cells (2).

Stem cells are uncommitted entities capable of both self-renewal and differentiation into multiple lineages (3, 4). They are unspecialized cells that renew themselves for long periods through cell division and under certain physiologic conditions they may be induced to become cells with special function. These two features distinguish stem cells from other cells types. Furthermore, stem cells have been recognized with varying degree of potency into three different categories: embryonic stem cells, induced pluripotent stem cells and adult stem cells. The ability of pluripotency and differentiation in the cells derived from the embryonic germ layers in-vitro, in-vivo and ex-vivo lead the embryonic stem cells as the main source of tissue regeneration and in regenerative medicine in the treatment of parkinsonism, cardiac diseases and diabetes (5). In spite of its advantageous use of embryonic stem cells in the field of medicine, it has become problematic because of ethical issues involving the use of human blastocytes as a biological research material.

To overcome this, it has been started to isolate stem cells from oral cavity. They are classified as Mesenchymal stem cells (MSCs), Adult stem cells (ASCs), Tissue stem cells (TSCs) (6). MSCs are considered as ideal source of adult stem cells. The characteristic features of them are their extraordinary plasticity that retain their multi-lineage potential when spread into groups as colonies. However, the first mesenchymal stem cell that is isolated from oral cavity was the dental pulp stem cells (DPSCs) (7). After isolating stem cells from DPSCs, stem cells were being isolated from the various regions of the oral cavity by using different methods and has been differentiated to various lineages. Hence, this systematic review aims to identify the various sources and methodologies of isolation of stem cells from human oral cavity and its differentiation into various lineages using markers.

Materials and Methods

The electronic databases PUBMED, GOOGLE SCHOLAR, SCIENCE DIRECT, COCHRANE LIBRARY along with a complimentary manual search of all periodontics journal till the year 2016. No limits and language restriction were applied during the electronic search in order to include all the relevant articles pertaining to the topic of interest. The search in PUBMED yielded 149 articles which were screened based on the relevance of the title and abstract

to the topic of interest. 125 articles were excluded based on this criterion. The full texts of the 24 articles were analysed, of which 12 were excluded based on the exclusion criteria of this systematic review. Only one relevant article could be extracted through hand search and no articles were retrieved from other data bases. The inclusion criteria include in-vitro and ex-vivo studies where the tissue was obtained purely from oral cavity of human samples, those in which both the isolation and differentiation of stem cells were analysed and all there was no restriction in the usage of the markers. Studies where the source was from animals, and where only isolation of stem cells were done were excluded from the study.

Results

The literature searches from the electronic databases revealed 149 articles, of which 125 articles were excluded based on the irrelevance of the abstract and title to this review. Furthermore, 12 articles were excluded after analyzing the full text based on the exclusion criteria. So, a total of 12 articles were included based on electronic search. On hand search, only one relevant article was obtained. Hence, a total of 13 studies were included for the data to be extracted and the characteristics of the included studies along with the summary of its results. Then the articles were segregated and the data was tabulated according to the different aspects of the structured question on methods of isolation of stem cells from oral cavity and its characterization.

The following results can be summarized according to the three parts of the research question on methods of stem cell isolation and its characterization from oral cavity:

What are the different sources of stem cells from oral cavity?

There are various sources of tissue available in the human oral cavity from where stem cells can be isolated. Fig. 1 depicts the different regions of the oral cavity from where the stem cells can be isolated. All the 13 articles obtained were relevant to this aspect. The different sources of tissue in the oral cavity from where stem cells can be isolated include periodontal ligament, apical papilla, alveolar bone, dental pulp tissue, maxillary sinus, periodontal ligament granulation tissue and gingiva.

Considering the source of the tissue, the distribution of studies was as follows: four from the periodontal ligament (8-11), four from the dental pulp (12-15), two from apical papilla (15, 16), two from alveolar bone (17, 18), one from

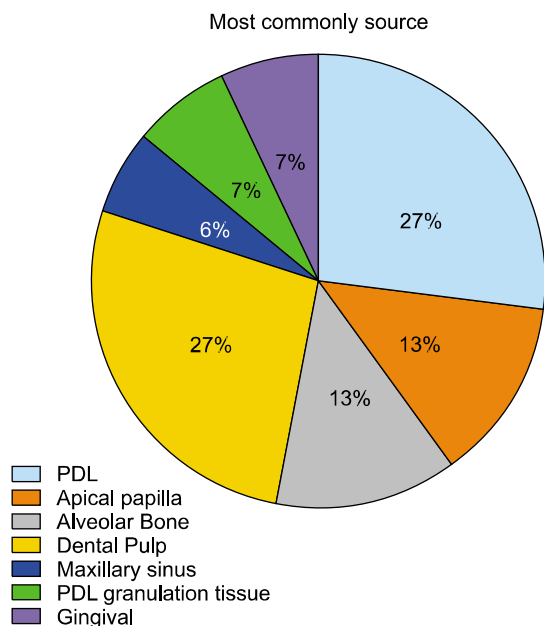


Fig. 1. Describe the source of tissue from various regions of oral cavity.

maxillary sinus (19), periodontal ligament granulation tissue (20) and gingiva (18) each. Considering the most common and feasible source of stem cells, from the articles obtained, it can be said that most commonly, sources like periodontal ligament and dental pulp tissue was used for isolation of stem cells and was depicted in Fig. 1. The reason could be due to the fact that, these two sources like periodontal ligament and dental pulp were obtained from the tooth/ teeth that has been extracted for the purpose of orthodontic reasons or as a procedure of impaction.

What are the different methodologies used in the isolation of stem cells from oral cavity?

Articles describing about the methodology of isolation of stem cells from oral cavity were included. Surprisingly, it was found that there is a lot of difference observed in the methodology of isolation of stem cells. Mentioning the methodology, eleven out of thirteen articles shows that the isolation stem cells was purely from cultures but in two studies where the source of tissue was from periodontal ligament (8) and dental pulp (13) used methods like cell culture and magnetic activated cell sorting.

Dispase is a protease which cleaves fibronectin, collagen IV, and to a lesser extent collagen I. In majority of the studies 4 mg/ml dispase I was being used, but it was found that there is a variation in the proportion of dispase being used. In 4 studies, 2 mg/ml dispase I and in one study, 4 mg/ml dispase II was used for digestion. In a

Table 1. Summary of the results of the included studies based on most commonly used methods of identification after differentiation

S.No	Method Used	No of Studies
1	Phase contrast inverted microscope	8
2	RT-PCR	7
3	Flow Cytometry	6
4	Colony Forming Units	5
5	Immunofluorescence	3
6	Protein Extraction and Immunoblotting	2

study where the isolation was from maxillary sinus used collagenase alone but does not used dispase to digest the tissue.

Similarly, there was a variation observed in the proportion of collagenase being used to digest the collagen. In 9 studies, 3 mg/ml collagenase I and in 3 studies 0.2 mg/ml collagenase I was used respectively. But, in a study where the isolation was from maxillary sinus used 0.06% type II collagen.

Digestion or incubation time plays an important role in culturing the cells. There was no specific protocol being followed for the incubation time. In all the studies obtained, a minimum incubation time of 40 min was maintained for digestion. More commonly, one-hour incubation time is given before culturing. In two studies, the incubation time was prolonged to 70 min and the maximum incubation time given for digestion was for 2 hours. Though there is a variation in the incubation time, the temperature in all the studies is maintained at 37°C.

In addition to digestion of tissue by enzymes, straining of the cells also plays an important role in culturing the cells. Majority of the studies have used 70 μ m strainer which only allows cells of its size and less and leave out all the debris material. A filter pore size of 40 μ m was used in a study where the source of tissue was from maxillary sinus. Two studies did not strain the cells as they let all the cells to be grown over the medium.

What are the different markers used in differentiation of oral stem cells and which is most commonly used?

After isolation of stem cells, differentiating occurs through various markers and by various methods. The cells obtained during this differentiation includes osteoblasts, odontoblasts, cementoblasts, chondroblasts, chondrocytes, adipocytes, neuroblast, angioblast and fibroblasts. Majority of the studies used phase contrast inverted microscope, flow cytometry and RT-PCR in identification of differentiated cells which was tabulated (Table 1). The most common method used in identification of cells was

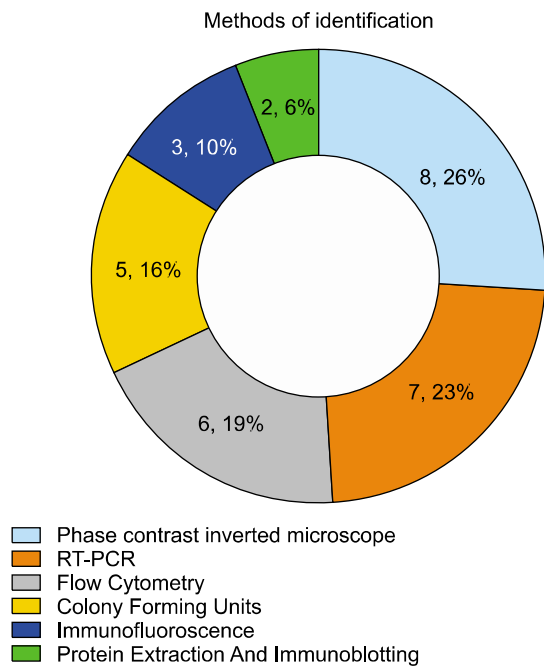


Fig. 2. Describe the methods of identification of various cells.

described in Fig. 2. Among thirteen studies, ten studies described about characterization to osteoblasts. The source of these cells is from dental pulp, periodontal ligament, alveolar bone, apical papilla and maxillary sinus. STRO-1, the common marker that was commonly used in all the studies in differentiating to osteoblasts. Not only in differentiating to osteoblasts, but it was used as a common marker for many differentiating to many cells and was depicted in Fig. 3. In addition to this, OCT-4, NANOG and SOX-2 were also used for differentiation. The next common cell that was characterized was adipocytes which was obtained from dental pulp, PDL granulation tissue, alveolar bone and apical papilla. The markers that were used to identify adipocytes were STRO-1, ALP, CD29, CD34, CD44. Odontoblasts were the cells that were being differentiated from the various tissues next to osteoblasts and adipocytes and it was described only in two studies included. The markers for this are similar to that of the osteoblasts. Two studies described about differentiating to neuroblasts and one study about angioblasts. For both the cells the common source was from dental pulp. They share a common marker in identification like Nestin and Nucleostemin in addition to SOX-2. Fibroblasts were obtained from maxillary sinus tissue using the marker STRO-1. Chondroblasts and chondrocytes were obtained from dental pulp in common but former was also isolated from gingival tissue and alveolar bone but later from PDL and PDL granulation tissue. The common marker used

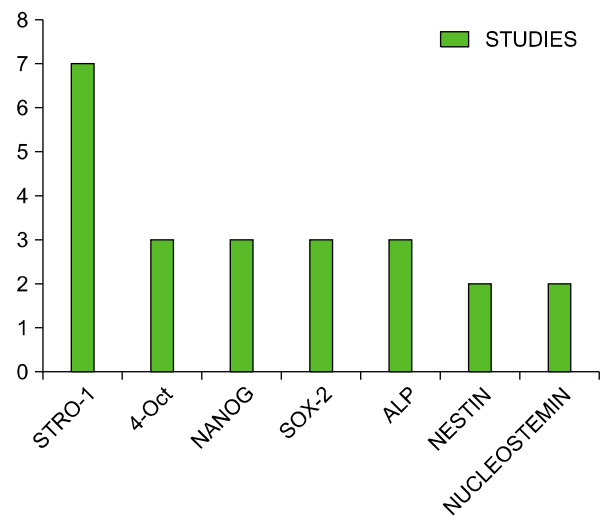


Fig. 3. Describe the various markers used for differentiation to various cells.

for both was STRO-1. The description of the results was detailed in Table 2.

Discussion

Periodontitis is a destructive inflammatory disorder of the periodontium branded by the destruction of periodontal tissues namely the PDL, cementum, alveolar bone, and gingiva. Once these tissues are lost, the foremost goal of periodontal therapy is to regenerate the diseased tissues if possible to their original form, architecture, and function. This is a demanding task, that requires the harmonization of many actions at both cellular and molecular levels. Successful periodontal regeneration encompasses the formation of new gingival connective tissue, the restoration of bone, and most decisively, the insertion of new connective tissue fibers into newly formed cementum on the formerly diseased root surfaces. A variety of procedures to regenerate the lost tissue have been suggested, including the utilization of the principles of guided tissue regeneration and the application of an assortment of growth factors as well as bone and enamel matrix proteins on the root surfaces. However, these strategies showed only limited regeneration of periodontal tissue and were associated with incoherent and unpredictable clinical outcomes. Stem cells are progenitor cells characterized by their ability to self-renew and differentiate to produce specialized cells. There are two main categories of stem cells, the pluripotent embryonic stem cells and the multipotent adult ones. In this systematic review, it describes about the various methods of isolation of stem cells from oral cavity and

Table 2. Summary of the extracted studies in detail

S.no	Author	Source of isolation	Methodology	Culture time	% of CO ₂ used	Identified through	Markers used	Characterized to
1	Seo et al., 2004	PDL tissue was obtained from surgically extracted human third molars	PDL digested in 3 mg/ml collagenase type and 4 mg/ml dispase for 1 h at 37°C Cell suspensions filtered with 70 µm cell strainer	10 days	5% CO ₂ at 37°C	1. Immunohistochemistry 2. RT-PCR 3. Western blot analysis 4. Northern blot analysis	STRO-1, CD146	Cementoblast
2	Kim et al., 2005	Periodontal ligament middle 3 rd of maxillary premolar extracted due to orthodontic reasons	Tissue digested with 3 mg/ml collagenase I+ 4 mg/ml dispase I for 1 h at 37°C Cell suspensions filtered with 70 µm cell strainer	2~3 days	5% CO ₂ at 37°C	1. Colony formation assays 2. Fluorescent activated cell sorting 3. Cell proliferation assay	CD29, CD34, CD44 STRO-1	Osteoblasts Chondroblasts Adipocytes
3	Laino, 2006	Human dental pulp has been extracted from exfoliated deciduous teeth.	Pulp was removed and immersed in a digestive solution:100 U/ml penicillin, 100 mg/ml streptomycin, 500 mg/ml claritromycin in 4 ml PBS, added of 3 mg/ml type I collagenase, 4 mg/ml dispase for 1 h at 37°C Cell suspensions filtered with 70 µm cell strainer	3~4 days	5% CO ₂ at 37°C	1. Colony efficiency assays and proliferation potential 2. Monoclonal antibodies and flow cytometry 3. Histochemistry & Immunofluorescence 4. RT-PCR	STRO-1, CD34 RUNX-2	Osteoblasts
4	Gay et al., 2007	Periodontal tissues from impacted third molars	Tissue digested with 3 mg/ml collagenase I+4 mg/ml dispase I for 1 h at 37°C Cell suspensions filtered with 70 µm cell strainer	Not mentioned	5% CO ₂ at 37°C	1. FACS sorting and cell culture 2. Cell growth rate assay 3. Clonogenic assays 4. Immunohistochemistry 5. RT-PCR analysis	STRO-1 ALP	Osteoblasts Chondrocytes Adipocytes
5	Jo et al., 2007	Dental pulpal tissue and tooth germ from apical papilla Alveolar bone fragments of impacted 3 rd molar	Bone segments digested with 3 mg/ml collagenase I+ 4 mg/ml dispase I for 1 h at 37°C Cell suspensions filtered with 70 µm cell strainer		5% CO ₂ at 37°C	1. Immunohistochemistry- 2. Alp activity 3. RT-PCR	STRO-1, CD29	Osteocytes, adipocytes
6	Kim et al., 2009	Maxillary sinus tissue was obtained during orthognathic surgery	Maxillary sinus tissue was digested in PBS with 1% antibiotic and antimycotic solution It is then cut into small pieces & treated with 0.06% collagenase type II. Alpha MEM containing 10% fetal bovine serum and 1% penicillin-streptomycin. Cell strained with 40 µm cell strainer	7 days	5% CO ₂ at 37°C	1. Colony-Forming Unit Fibroblast Assay 2. Flow Cytometry 3. Alkaline Phosphatase Staining 4. RT-PCR	STRO-1, CD105	Fibroblasts, osteoblasts
7	Yu et al., 2010	DPSCs were enzymically isolated from dental pulps of human molars	Magnetic activated cell sorting (MACS), dental pulp digested with 3 mg/ml collagenase I+4 mg/ml dispase I for 1 h at 37°C Cell suspensions filtered with 70 µm cell strainer		5% CO ₂ at 37°C	1. RT-PCR 2. Western blot test 3. ALP assay and alizarin red staining-	Stro-1 ALP RUNX2	Odontoblasts, osteoblasts, chondrocytes

Table 2. Continued

S.no	Author	Source of isolation	Methodology	Culture time	% of CO ₂ used	Identified through	Markers used	Characterized to
8	Karbanova et al., 2011	Dental pulp of Healthy Impacted third molars extracted for orthodontic reasons	Tissue digested with collagenase-I 0.2 mg/ml & 2 mg/ml dispase for 70 min at 37°C Cell strained with 70 µm cell strainer	5~10 days	5% CO ₂ at 37°C	1. Cell culture 2. Cell surface immunofluorescence 3. Flow cytometry 4. Protein extraction and Immunoblotting 5. RT-PCR analysis	STRO-1, OCT-4, Nanog, Sox-2, Nestin, Nucleostemin	Osteoblasts Chondroblast Neuroblast angioblast
9	Naohisa et al., 2011	Periodontal ligament from middle 3 rd of root & gingival tissue during crown lengthening procedures in premolar region	Cell culture: Tissue digested with 3 mg/ml collagenase I and 4 mg/ml Dispase II for 2 hours at 37°C for 2 h. 70 µm cell strainer		5% CO ₂ at 37°C	1. RT-PCR 2. Immunofluorescent staining	OCT3/4, SOX2, KLF4	Neuroblasts, Chondroblasts
10	Wu et al., 2012	Apical papilla of human third molars with immature developing roots	Apical papilla digested with 3 mg/ml collagenase I+4 mg/ml dispase I for 40 min at 37°C Cell suspensions filtered with 70 µm cell strainer	2~3 days	5% CO ₂ at 37°C	1. Colony-Forming Assays 2. ALP Activity Assay- 3. In Vitro mineralization Assay 4. QT-PCR	STRO-1, Oct4, Nanog, Sox2, and Rex1	Osteoblasts odontoblasts
11	Fawzy El-Sayed et al., 2012	Extracting impacted 3 rd molar teeth with bone fragments attached to it	Alveolar bone proper fragments were minced into pieces and washed with alpha-MEM+100 U/ml penicillin+100 µg/ml streptomycin+1% amphotericin Cells were not strained	7 days	5% CO ₂ at 37°C	1. Phase contrast inverted microscope 2. Gene expression profile 3. Flow cytometric analysis 4. Colony forming units (CFU) assay	CD73, CD90, CD105, CD146, STRO-1	Osteoblasts Chondroblasts Adipocytes
12	Hung et al., 2012	Periodontal granulation tissue	1. Tissue fixed in 4% paraformaldehyde and embedded in paraffin 2. 3 mg/ml PBS with collagenase I & 4 mg/ml dispase Cell suspensions filtered with 70 µm Cell strainer		5% CO ₂ at 37°C	1. Immunohistochemistry 2. Flow cytometry 3. Colony formation unit fibroblast (CFU-f) and bromodeoxyuridine incorporation assay	STRO-1, CD146, CD90, CD44	Osteocytes Chondrocytes adipocytes
13	Kato et al., 2013	Periodontal ligament of healthy human third molars	Magnetic cell sorting Cell suspensions filtered with 70 µm cell strainer Cells centrifuged for 5 min	5 to 10 days	5% CO ₂ at 37°C	1. Cell proliferation assay 2. Molecular devices 3. QT-PCR	STRO-1	Osteoblasts

its differentiation to various cells.

Stem cells are uncommitted entities capable of both self-renewal and differentiation into multiple lineages (3, 4). It was reported that many cells that are present in the mature periodontium are like cementoblasts, osteoblasts, fibroblasts, endothelial cells, nerve cells and epithelial cells have the property of a stem or progenitor cell (21). Recently, dental tissues such as the periodontal ligament,

the dental pulp, the dental papilla and the tooth follicle have been documented as sources of adult stem/progenitor cells (14, 22-24).

PDL was most commonly used tissue that help in isolation to various cells. PDLSCs obtained from mature periodontal ligaments possess stem cell properties similar to MSCs rather than neural crest cells (25). PDLSCs express MSC surface markers and moreover PDLSCs located in

Table 3. Abbreviation expansions of the data

S.No	Abbreviations	Expansions
1	PDL	Periodontal ligament
2	DPSCs	Dental pulp stem cells
3	α -MEM	α -minimum essential medium
4	Sox-2	SRY (sex determining region Y) box 2
5	Oct-4	Octamer-binding transcription factor 4
6	Nanog	Nanog Homeobox
7	STRO-1	Stromal Cell Surface Marker-1
8	ALP	Alkaline phosphatase
13	QT-PCR	Quantitative PCR
14	RT-PCR	Real-time PCR
15	FACS	Fluorescence activated cell sorting

the perivascular wall of periodontal ligaments share similarities with pericytes in morphology, differentiation potential, cell phenotype and the ability to form capillary-like structures in vitro. Recently, information about PDLSCs has expanded, but no standard protocol for PDLSC culture and identification is available and this leads to studies that cannot be compared. A consensus about isolating, culturing, identifying, and using PDLSCs is needed. In this review, four studies isolated cells from PDL. There was no difference in the amount and type of collagenase used, but there was no standardization observed in using dispase. Among of dispase being used was same for all the studies but various was observed in the type of dispase being used for digestion of the tissue. Considering the time of incubation, Wada et al prolonged a general incubation time from one hour to two hours. All studies utilized 70 μ m cell strainer to strain the tissue. In addition to this isolation method, PDLSCs give rise to cells like osteoblasts, odontoblasts, chondroblasts, Adipocytes, chondrocytes, cementoblasts.

The second most common tissue that was being used in isolation is dental pulp. Dental pulp stem cells were isolated at first by Gronthos and his colleagues (26). Under appropriate growth factors, DPSCs also differentiated in adipocytes and neural-like cells. In the studies included, DPSCs give rise to cells like odontoblasts, osteoblasts, neuroblasts, angioblast, adipocytes ad chondrocytes. Under appropriate growth factors, DPSCs also differentiated in adipocytes and neural-like cells. Even in 2005, Shi et al. (27) questioned whether stem cells could be helpful in dental tissue regeneration, raising doubts on the potential of stem cell research, since not much was achieved beyond the mere observation of their presence at five years from first observation. Moreover, in 2005, Laino et al. (28) showed how DPSCs are still detectable in patients over 30 and that there were no substantial differences with

younger cells. Like periodontal ligament, studies describing about the isolation process from dental pulp was not same for all the five studies mentioned. In 3 studies, 3 mg/ml of collagenase I (13, 15, 19) and 1 study used 0.2 mg/ml of type I collagenase (15) for isolation. The incubation period of a study by Karbanova et al., where the time was increased to 70 mins than usual 60 mins. A large number of cells could be able to differentiate from the dental pulp and they are: osteoblasts, odontoblasts, adipocytes, neuroblast, angioblast, chondrocytes.

Alveolar bone fragments that is obtained along with the tooth was usually used for isolation of the cells. Two studies included, describes about the isolation of cells from the alveolar bone. One study did not digest using collagenase and dispase (12) and other used 3 mg/ml type I collagenase and 4 mg/ml type I dispase (17). Incubation time for former study was not mentioned and later it was 60 mins. The cells that were differentiated from this are osteoblasts, odontoblasts, chondroblasts, adipocytes.

Dental papilla has been considered to be the source of odontoblasts during tooth development. As the differentiated odontoblasts lay down the primary dentin, the dental papilla becomes encased within the dentin structure and evolves into pulp tissue. The apical end of the dental papilla, however, has not been discussed much in the literature. It is generally believed that the formation of root dentin is the result of signaling from HERS to the adjacent undifferentiated mesenchymal cells which then turn into odontoblasts that are responsible for the root dentin formation. The anatomical location of these undifferentiated mesenchymal cells has not been clearly elucidated. They may be residing either in pulp or apical papilla. In this review, 2 articles described about isolation from apical papilla (15, 18). Both the studies as a process of digestion used 3 mg/ml collagenase I and 4 mg/ml dispase I. But there was a variation in the incubation period. A study by Jo et al., where he digested for a period of one hour and Jiayuan Wu used 40 min of incubation time. Cells that were differentiated from apical papilla include osteoblasts, odontoblasts, osteocytes and adipocytes. The common marker used for differentiation are STRO-1. In addition to this osteoblasts and odontoblasts expressed OCT-4, Nanog, Sox2, and Rex1. The expansions of given abbreviations are described in Table 3.

Conclusion

1. The review highlights about the various source of isolation of stem cells from different regions of the oral cavity. It also emphasizes on the different methods of

characterization of stem cells into various lineages using markers like STRO-1, Nanog, OCT-4.

2. From 13 studies, four studies described about isolation from PDL and four from dental pulp. Although it was from the same source, no homogeneity observed in methodology of isolation of stem cells and there was no standardized protocol that was being followed.

3. Similarly there is a heterogeneity observed in using the markers for characterization of stem cells from same source.

4. With the data obtained, it cannot be concluded that a particular source from the oral cavity is feasible and common source for isolation which is a result of heterogeneity in the methodology.

5. Therefore, there is some lacunae in the standardization of method of isolation of stem cells and its characterization. Hence further research should be aimed at framing a protocol for standardization of stem cells in isolation and differentiation.

Potential conflict of interest

The authors have no conflicting financial interest.

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