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IFN- γ receptor 2 deficiency initial mimicry of multisystem inflammatory syndrome in children (MIS-C)

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Clinical Implications

- A previously healthy 13-month-old boy admitted for pneumonia and presumed multisystem inflammatory syndrome in children and other possible inflammatory conditions was ultimately found to have Mendelian susceptibility to mycobacterial disease caused by a homozygous deletion in IFN- γ receptor 2.

A previously healthy 13-month-old Hispanic boy born to consanguineous parents from Dominican Republic was referred by his pediatrician to the emergency room for 7 days of fever and marked leukocytosis of $40 \times 10^3/\mu\text{L}$. Two months earlier his parents experienced upper respiratory symptoms with anosmia but were not tested for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The patient was subsequently admitted from the emergency room with tachypnea and mild intercostal retractions, normal saturation, leukocytosis, elevated inflammatory markers and D-dimer, and negative SARS-CoV-2 RT-PCR result from a nasopharyngeal swab (Table I). Blood and urine cultures were negative. Chest radiograph showed a patchy consolidation in the right lower lobe. An echocardiogram revealed mild pericardial effusion and hyperdynamic contractility. He failed to respond to 3-day intravenous ceftriaxone, and developed a cough and abdominal distention, for which he was transferred to our hospital because of the concern for decompensated pneumonia and possible multisystem inflammatory syndrome in children (MIS-C).

Upon transfer on day 12, he was afebrile, with blood pressure of 113/89 mm Hg and tachycardia, but had normal oxygen saturation and physical examination. Chest radiograph demonstrated right middle and lower lobe infiltrates. Laboratory studies revealed leukocytosis, neutrophilia and lymphophilia, microcytic anemia, hypoalbuminemia, and elevated inflammatory markers and D-dimer (Table I). Repeat nasopharyngeal PCR test results for respiratory pathogens and SARS-CoV-2 were negative, whereas coronavirus disease 2019 (COVID-19) antibodies were positive at a titer of 1:960.

His initial presentation of pneumonia had a differential including malignancy, HIV, Kawasaki disease, MIS-C, and/or mycobacterial infections. There were no rashes, edema, conjunctival injection, or mucosal changes to suggest Kawasaki, flow cytometry was not consistent with leukemia, and his HIV test result was negative, though the possibility of lymphoma

remained. His presentation coincided with the peak of MIS-C cases in New York City.¹ Children with COVID-19 generally do well, with a mortality rate of 0.1%.² Worldwide, more than 1000 children who previously appeared healthy were hospitalized for MIS-C.^{1,3,4} This child demonstrated the characteristics of MIS-C, including fever with positive SARS-CoV-2 antibodies, elevated inflammatory markers, elevated D-dimer, and multi-organ involvements.⁵ The patient was treated with intravenous antibiotics for presumed bacterial pneumonia, and enoxaparin and intravenous immune globulin for presumed MIS-C. However, he did not respond and continued to have tachypnea, abdominal distention, and elevated inflammatory markers. Marked leukocytosis and lymphophilia were inconsistent with MIS-C. On day 14, a QuantiFERON-TB Gold Plus, which had been submitted, was reported to be positive. An abdominal ultrasound (day 16) revealed innumerable small splenic hypoechoic foci, mild hepatomegaly, and lymphadenopathy in the portal region. He was sedated and intubated to obtain a chest angiography and abdominal computerized tomography, which revealed dense consolidation of the right lower and middle lobes, hepatosplenomegaly with many hypodense splenic lesions, and portacaval adenopathy (see Figure E1 in this article's Online Repository at www.jaci-inpractice.org). Following difficult intubation and the imaging studies, he was transferred to intensive care and remained intubated for 7 additional days. Day 17 bronchoscopy revealed an endobronchial mass obstructing 80% of the bronchus. Tuberculous meningitis was excluded with cerebrospinal fluid studies. Because of positive IFN- γ release assay, splenic lesions, and lymphadenopathy, the patient was started on treatment for presumed miliary tuberculosis with rifampin, isoniazid, pyrazinamide, and ethambutol, and with corticosteroids to relieve the endobronchial obstruction on day 18. A skin test PPD was read as negative 2 days later while PCR results for tuberculosis and repeat QuantiFERON-TB Gold Plus were also negative. Immunologic workup showed elevated immunoglobulin levels, normal lymphocyte subsets, and a normal dihydrorhodamine test result.

On day 21, splenic biopsy showed acute inflammation and ill-defined minute nonnecrotizing granulomas. Bronchoalveolar lavage and gastric aspirate cultures were positive for *Mycobacterium avium complex* on day 33, and the treatment was optimized to cover for this with rifampin, ethambutol, and clarithromycin, in addition to moxifloxacin for latent tuberculosis infection. These new findings increased the index of suspicion for Mendelian susceptibility to mycobacterial disease (MSMD), and further investigation was conducted to identify an underlying genetic defect.

Family history indicated that the parents were second-degree cousins who had no apparent family history of primary immunodeficiency disease, as shown in the family pedigree (see Figure E2 in this article's Online Repository at www.jaci-inpractice.org). MSMD was confirmed, with immunogenetic studies revealing a homozygous deletion mutation in IFN- γ receptor 2 (IFNGR2), at position c.503_504del (p.Thr168Ilefs*33), a previously reported pathogenic mutation in a child with autosomal-recessive MSMD.⁶

TABLE I. Laboratory values

CBC	Normal	OSH	Admit	Peak	Discharge
WBC	6.2-15.5 × 10 ³ /μL	49 (6.5% bands)	35.5	45.3	17.9
Neutrophil %	21.3%-69.3%		64	80	50.5
Absolute neutrophil count	1.9-8.0 × 10 ³ /μL		23.78	23.78	9.71
Lymphocyte %	17%-63.7%		21	39.7	39.4
Absolute lymphocyte count	1.2-7.0 × 10 ³ /μL		7.46	12.9	7.1
HGB	10.3-13.2 g/dL		8	11.2	9.9
PLTS	150-500 × 10 ³ /μL		287	689	500
Inflammatory markers					
CRP	0.0-5.0 mg/L	26.7	279.2	314.2	44.7
ESR	0-10 mm/h		81	103	—
LDH	170-450 U/L	1774	450	628	—
Ferritin	20-200 ng/mL	230	236	484	—
Procalcitonin	<0.49 ng/mL	33.66	7.9	249.21	—
Uric acid	2.2-6.0 mg/dL	5.5	4.7	6.8	—
Albumin	3.5-4.9 g/dL		2.2	3.7	—
IL-1β	0-5.0 pg/mL		1.1	—	—
IL-6	0-5.0 pg/mL		395	—	—
IL-8	0-5.0 pg/mL		38.9	—	—
TNF-α	0-22.0 pg/mL		95.2	—	—
Coagulation/cardiac studies					
D-Dimer	0.00-0.50 μg/mL	7.72	7.65	9.46	—
Troponin I	<0.03 ng/mL	Negative	<0.01	0.02	—
BNP	0-100 pg/mL		29.47	47.10	—
Microbiology					
Respiratory PCR	Negative	Negative	Negative	—	—
Respiratory PCR method		FilmArray Respiratory Panel 2		—	—
SARS-CoV-2 PCR	Negative	Negative	Negative	Negative	—
SARS-CoV-2 PCR method		Roche Cobas 6800	Roche Cobas 6800	Simplexa	—

BNP, Brain natriuretic peptide; CBC, complete blood cell count; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; HGB, hemoglobin; LDH, lactate dehydrogenase; OSH, outside hospital; PLTS, platelets; WBC, white blood cell count.

Pediatric ranges for patients aged 13 mo within our hospital are provided.

Bolded numbers are abnormal lab values.

He showed clinical improvement after 3 weeks of aggressive antimycobacterial therapy. He was taken off ventilator and supplemental oxygen on day 23. Repeated bronchoscopy showed resolution of bronchoalveolar mass on day 21, and subsequent serial chest radiographs showed resolution of right-sided consolidation. Weekly ultrasounds showed decreased hepatosplenomegaly and lymphadenopathy by hospital discharge on day 55. The patient was discharged home on antimycobacterial treatment and referred for hematopoietic stem cell transplant.

Mendelian susceptibility to mycobacterial disease is a rare primary immunodeficiency characteristic of severe and disseminated infections with weakly virulent mycobacteria, such as *Bacillus Calmette-Guérin*—BCG vaccine strain and mycobacterium avium complex, and in 50% of cases *Salmonella* species. MSMD can be caused by 1 of the 15 genetic mutations in the macrophage and lymphocyte loop primarily involving molecules in the IL-12/IFN-γ signaling pathways including IFNGR2.⁷ To date there have been fewer than 30 cases of IFNGR2 reported in the literature. More than half the cases had poor survival. Hematopoietic stem cell transplant is considered curative.^{8,9}

At the time of the patient's presentation, MIS-C was increasingly recognized in New York City. He had an initial

clinical picture mimicking MIS-C, which is a diagnosis of exclusion. Through microbiology, pathology, radiology, and crucial genetic studies, MSMD was discovered.

This case emphasizes overlapping and distinct features of MIS-C and MSMD, which is outlined in Table II. Both diseases present with prolonged fever, cough, and elevated inflammatory markers, particularly TNF-α and IL-6. MIS-C is associated with lymphopenia, abnormal coagulation, multisystem involvement, serologic evidence of COVID-19, but unlikely to have lymphadenopathy and positive bacterial cultures. In comparison, MSMD characteristically presents with lymphophilia, disseminated multiorgan lesions, lymphadenopathy, and positive mycobacterial cultures, and is less likely to have abnormal coagulation and thrombotic events.

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TABLE II. Comparing MIS-C related to COVID-19 (MIS-C) and MSMD

Parameter	CDC MIS-C ⁵	MSMD
Age	<21 y	Early in childhood and rarely in adulthood
Fever	≥38.0°C for ≥24 h, or report of subjective fever lasting ≥24 h	Likely and can occur with weight loss
Hospitalization	Required	Likely
Laboratory	Evidence of inflammation: Lymphopenia, neutrophilia, elevated inflammatory markers (CRP, ESR, IL-6, procalcitonin, ferritin, LDH) Abnormal coagulation (elevated fibrinogen and D-dimer) Hypoalbuminemia	Lymphophilia Elevated inflammatory markers: CRP, ESR, TNF-α, IL-6 Normal coagulation May have hypoalbuminemia
SARS-CoV-2 presence	At least 1 required: Positive by RT-PCR for RNA Positive serological assay for antibodies Positive COVID-19 antigen by antigen assay Exposure to a known case within 4 wk before onset of symptoms	Unlikely except for current COVID-19 pandemic
Blood and tissue cultures	Negative—must exclude other diagnoses	Positive blood and/or tissue cultures Nontypical mycobacteria, Salmonella, Listeria, histoplasmosis, etc
Chest radiography	Not required for diagnosis but may include opacities (ground glass), peribronchial thickening, and/or pleural effusions	Disseminated pulmonary lesions are common
Multisystem involvement	At least 2 organ systems involved (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic, or neurological)	Not required but often lymphadenopathy present and multisystem involvement likely with disseminated infections
Genetics	Not found at present	Confirmed by immunodeficiency screen for mutations in IKBKKG, IFNGR1, IFNGR2, STAT1, IL12B, IL12RB1, IL12RB2, IL23R, ISG15, IRF8, TYK2, CYBB, RORC, JAK1, and SPPL2A

CDC, Centers for Disease Control and Prevention; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; LDH, lactate dehydrogenase. MIS-C can be diagnosed if no other diagnosis is possible. Some patients with MIS-C may have overlapping symptoms with complete or incomplete Kawasaki disease.

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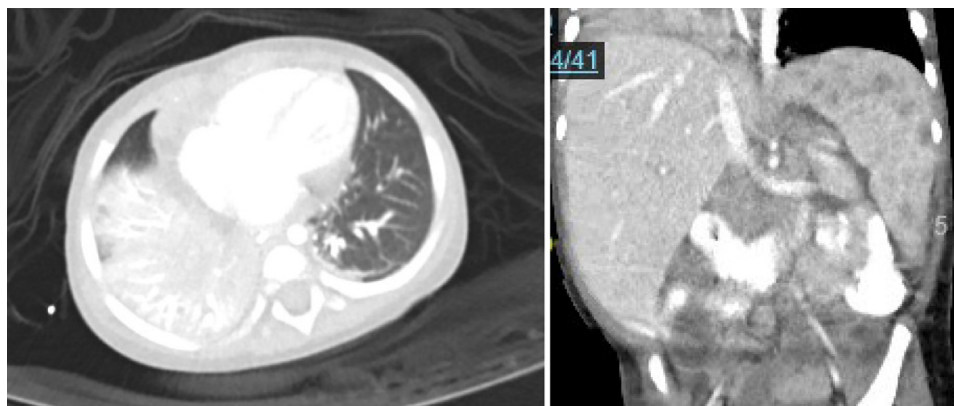


FIGURE E1. Imaging from day 16 of illness shows consolidation in the right middle and lower lobes. Computed tomography (CT) angiography of the chest (left) and hypodense splenic lesions and porta hepatic and portacaval adenopathy. CT of the abdomen (right).

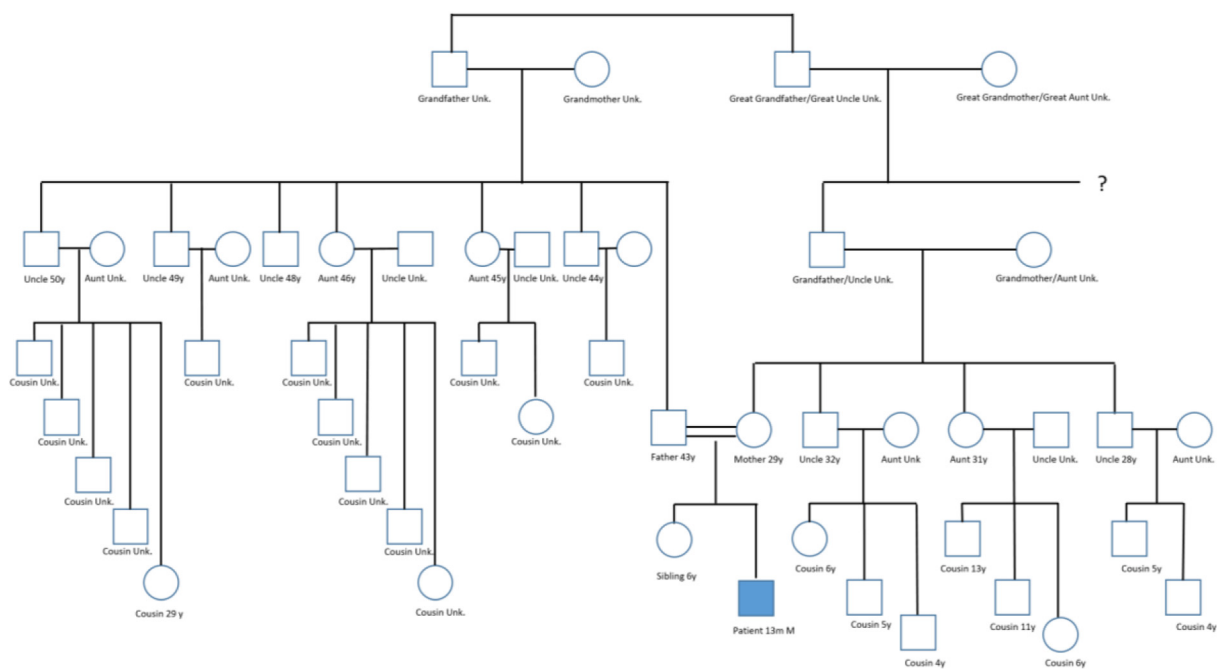


FIGURE E2. Pedigree chart. The mother is the daughter of one the patient's father's cousins (a second cousin to the father).