



# Anti-inflammatory Activity of the Invasive Neophyte *Polygonum Cuspidatum* Sieb. and Zucc. (Polygonaceae) and the Chemical Comparison of the Invasive and Native Varieties with regard to Resveratrol

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## ABSTRACT

*Polygonum cuspidatum* Sieb. and Zucc. has been traditionally used as a member of many anti-inflammatory polyherbal formulations, but is now a widespread invasive neophyte in Europe and America. To discuss if the invasive variety is chemically identical to the native one in traditional medicine, the different constituents of the invasive variety compared to the native variety were isolated and their anti-inflammatory activity was tested. Resveratrol and catechin-(4 $\alpha$ →8)-catechin, the newly found constituents in the invasive variety, have similar nitric oxide (NO) inhibition potency as that of piceid (the major constituent of *P. cuspidatum*), but the newly found major constituent, i.e., piceatannol glucoside, showed no apparent effect. On the other hand, as a marker, the total content of resveratrol in the methanol root extract after glucosidase hydrolysis was measured and compared between the invasive and native varieties. The total content of resveratrol measured in the root extracts of the Swiss sample was about 2.5 times less than that of the Chinese one. This study brings attention to the point that when the invasive variety of *P. cuspidatum* is used in traditional medicine, the chemical difference should be kept in mind.

**Key words:** Anti-inflammatory, Invasive neophyte, *Polygonum cuspidatum*, Piceatannol glucoside, Resveratrol

## INTRODUCTION

*Polygonum cuspidatum* Sieb. and Zucc. (Polygonaceae) is a traditional Chinese medicine for the treatment of various inflammatory diseases, hepatitis, tumors, and diarrhea, and is officially listed in the Chinese Pharmacopoeia.<sup>[1]</sup> But it has gained much notoriety in

Europe and North America (where it is known as Mexican bamboo, Japanese bamboo, or Japanese knotweed) as an invasive neophyte (introduced after 1500), due to its virtually indestructible growing characteristics: A fast-growing, robust perennial herb that emerges early in the spring and forms dense thickets up to 9 feet in height. The thickets are so dense that they can reduce the diversity of plant

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species and significantly alter natural habitats.<sup>[2]</sup> Thus, it makes the resource of this plant very abundant. Why the plant became invasive is an elusive ecological issue. The presence of different metabolites might confer ecological advantages to the introduced varieties.<sup>[3]</sup>

The comparison of chromatographic fingerprints of root samples *P. cuspidatum* from China and Switzerland using high performance liquid chromatography simultaneously coupled to ultraviolet detection and electrospray ionization mass spectrometry (HPLC/UV/ESI-MS) showed that *P. cuspidatum* collected in Switzerland (present as an invasive neophyte) was obviously different from the samples of *P. cuspidatum* from China with respect to piceatannol glucoside, resveratrolsides, and some proanthocyanidins, although piceid was still the major constituent. No piceatannol was detected in the roots of *P. cuspidatum* from China, but could be found obviously in *P. cuspidatum* from Switzerland; meanwhile, the relative contents of resveratrolsides and some proanthocyanidins increased.<sup>[4]</sup> It is generally accepted that multiple constituents are responsible for the therapeutic effect of plants.<sup>[5]</sup> Can the invasive variety present in Switzerland still be used like the native traditional medicine from China? With this question, we isolated the major different compounds from the invasive variety of *P. cuspidatum* and evaluated their anti-inflammatory activity using lipopolysaccharide (LPS)-stimulated bone marrow derived macrophage (BMDM) cell assay.

Nitric oxide (NO) is recognized as a mediator and regulator in pathological reactions, especially in acute inflammatory responses. NO is derived from the oxidation of L-arginine through three isoforms of nitric oxide synthase (nNOS, eNOS, and iNOS). iNOS mainly exists in macrophages, and is expressed by stimulation with interferon-gamma, tumor necrosis factors, or LPS. Pro-inflammatory agents, such as LPS, can significantly increase NO production in macrophages through activation of iNOS.<sup>[6]</sup>

Secondly, *P. cuspidatum* is one of the important natural sources of resveratrol. Resveratrol has numerous pharmacological properties and is responsible for many activities of *P. cuspidatum*, specially anti-inflammatory activity,<sup>[7]</sup> hepatoprotection,<sup>[8]</sup> antibacterial activity,<sup>[9,10]</sup> etc. Actually, piceid is present to a greater extent than its aglycone, resveratrol, in *P. cuspidatum*,<sup>[4]</sup> but hydrolysis of this glycosylated derivative can occur in small intestine and liver, which would enhance the amount of the biologically active resveratrol.<sup>[11]</sup> However, the invasive and native varieties of *P. cuspidatum* were different in the presence and relative content of resveratrol glucosides (piceatannol glucoside, resveratrolsides, and piceid); so, it is difficult to say which variety of *P. cuspidatum* is better for medicinal use. To compare the two varieties with respect to resveratrol, the total content of resveratrol in the two varieties was measured and compared after enzymatic hydrolysis of their extracts (to convert the glucosides into resveratrol).

## MATERIALS AND METHODS

### General

The <sup>1</sup>H and <sup>13</sup>C spectra were recorded in CD<sub>3</sub>OD at 500 and 125 MHz, respectively, on a Varian Inova 500 MHz spectrometer (Palo Alto, CA, USA) with trimethylsilane as the internal standard. HR-MS spectra were recorded on a Waters Micromass (Manches-

ter, UK) Liquid Chromatography Time of Flight (LCT) time of flight (TOF) mass spectrometer coupled to an Acquity™ Ultra Performance LC system. Medium pressure liquid chromatography (MPLC) was carried out on an RP-18 column (15-25 μm; 450 mm × 50 mm i.d., Merck (Darmstadt, Germany)) using a slow CH<sub>3</sub>CN-H<sub>2</sub>O gradient. HPLC-UV/DAD was carried out on an HP-1100 Agilent system (Hewlett-Packard, Palo Alto, CA, USA) with an Xterra® C18 column (5 μm, 3.5 × 150 mm; Waters, Milford, MA, USA) using 0.5% acetic acid in water (A) and acetonitrile (B) gradient in 60 min (10-40% B in 40 min, then 40-100% B in 20 min). The UV detector was set at 290 nm. The optical rotations were measured with a Perkin Elmer 241 MC Polarimeter.

### Plant material

Three batches of roots of *P. cuspidatum* were collected in Lausanne (Vaud, Switzerland) and identified by Dr. Andrew Marston, University of Geneva. Three batches of Chinese samples of roots of *P. cuspidatum* were collected in Shandong, Shanxi, and Yunnan Province, respectively, and identified by Prof. Xuesen Wen, Department of Pharmacognosy, Shandong University. A voucher specimen (no. 2009012 and 2009013, respectively) was deposited in the Laboratory of Pharmacognosy and Phytochemistry, University of Geneva. The roots were washed, cut, dried at room temperature, away from direct sunlight, and ground into powder.

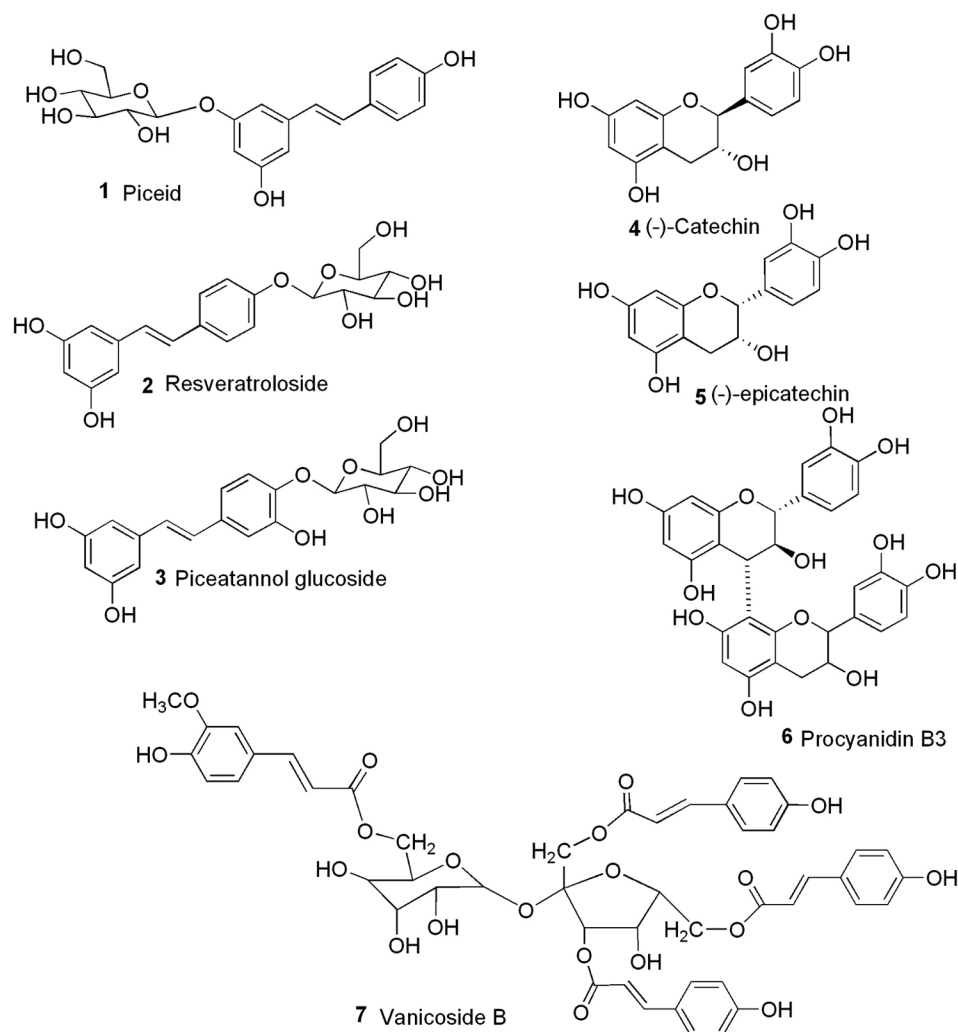
### Extraction and isolation

The dried and powered roots of *P. cuspidatum* (65 g) extracted by successive macerations in solvents of increasing polarity (Dichloromethanol (DCM), MeOH) (3 × 24 h) on a shaker at room temperature yielded, after removing the solvent by rotary evaporator under vacuum and lyophilizing, 0.3 g of crude DCM extract (0.5%) and 11.0 g (16.9%) of crude MeOH extract. MeOH extract (6.0 g) was fractionated by MPLC with a slow CH<sub>3</sub>CN-H<sub>2</sub>O step gradient to obtain 320 fractions. Fractions were pooled according to the HPLC/UV trace at 254/290 nm to yield 44.0 mg of piceid (1), 38.0 mg of resveratrolsides (2), 16.0 mg of piceatannol glucoside (3), 20.0 mg of (-)-catechin (4), 13.0 mg of (-)-epicatechin (5), 11.0 mg of procyanidin B3 [catechin-(4α→8)-catechin] (6), 34.0 mg of vanicoside B (7), as well as four crystals of anthraquinones, emodin-8-*O*-glucoside (4.0 mg), physcion-8-*O*-glucoside (5.0 mg), emodin (12.0 mg), and physcion (5.0 mg).

The structure of purified compounds [Figure 1] was elucidated by direct comparisons of their spectral data (<sup>1</sup>HNMR, <sup>13</sup>CNMR, COSY, TOCSY, HSQC, HMBC, and HR-MS) with those found in literature.<sup>[12-21]</sup>

### Bone marrow derived macrophage cell cultures and treatment with compounds followed by LPS stimulation

Murine bone marrow cells were differentiated into macrophages after culturing at 6 × 10<sup>5</sup> cells per well in a 96-well plate in Dulbecco's modified Eagle medium (DMEM) supplemented with 10% fetal calf serum (FCS) and 20% L929 cell-conditioned medium as a source of granulocyte-macrophage colony-stimulating factor. After 6 days of culture, the cell preparation contained 99%



**Figure 1.** Structures of the compounds isolated from the methanol extract of the roots of *P. cuspidatum* (invasive variety from Switzerland)

of adherent macrophages representing about 10% of the total cells initially put into culture.

BMDM cells were treated or not with various concentrations (25, 12.5, 6.25, 3.125, 1.5625, and 0.78  $\mu\text{g/ml}$ ) of pure compounds for 30 min. Cells were then stimulated with *Escherichia coli* (serotype 055:B5) LPS (1  $\mu\text{g/ml}$ ) for 24 h. The supernatant was harvested for nitrite determination.

#### **NO determination**

NO accumulation in cell culture medium was measured as an indicator of NO production by Griess reagent (1% sulfanilamide and 0.1% naphthylethylenediamide in 2.5% phosphoric acid). In brief, the cultured supernatant (50  $\mu\text{l}$ ) was mixed with 50  $\mu\text{l}$  of Griess reagent for 5 min. The absorbance was measured at 570 nm and nitrite concentration was determined by comparison with reference to a sodium nitrite standard curve.

#### **Statistical analysis**

Assays were done in triplicate. Data are expressed as mean  $\pm$  standard deviation for the number of experiments.

#### **Hydrolysis of the plant extract and quantitative measurement of the content of resveratrol with HPLC**

##### **Acid hydrolysis and enzyme hydrolysis of resveratrol glucosides**

To choose the method of hydrolysis fit for the extract, both acid hydrolysis and enzyme hydrolysis were performed on piceid firstly to convert it into resveratrol. *Acid hydrolysis:* Piceid (3.4 mg) in 0.02 M HCl (10 ml) was heated at 90°C for 4 h (300 r.p.m.), then the solution was cooled down and the pH was adjusted to 7.0 with  $\text{NH}_4\text{OH}$ . The solution (750 ml) was mixed with the same volume of MeOH before injecting 10  $\mu\text{l}$  for HPLC analysis. *Enzyme hydrolysis:* Piceid (1.0 mg) with  $\beta$ -glucosidase from almonds (1 mg, 8.9 U/mg, from Sigma (St. Louis, MO, USA)) in 1 ml NaOAc buffer (pH 5.5) was incubated at 37°C, 900 r.p.m. for 4 h. The reaction was stopped by directly adjusting the concentration to 10 ml with MeOH. After centrifugation, the supernatant (10  $\mu\text{l}$ ) was injected for HPLC analysis.

##### **Enzymatic hydrolysis of extract solution and quantitative measurement of the content of resveratrol with HPLC**

Powdered roots (2 g) of *P. cuspidatum* were macerated in 30 ml 50% MeOH, shaking at 120 r.p.m. for 24 h. The extract solution

was filtered and adjusted to 50 ml with 50% MeOH. The extract solution (10 ml) was concentrated with rotovapor and suspended in 2 ml NaOAc buffer (pH 5.5). Then, 500  $\mu$ l of solution in buffer was mixed with  $\beta$ -glucosidase (20 mg) in 500  $\mu$ l NaOAc buffer (pH 5.5) and incubated at 37°C, 900 r.p.m for 4 h. The reaction was stopped by directly adjusting the concentration to 5.0 ml with MeOH. After centrifugation, the supernatant (10  $\mu$ l) was injected for HPLC analysis, where the UV detector was set at 290 nm. A series of concentrations of resveratrol (from Sigma) were analyzed for constructing calibration curve.

The content of resveratrol in the plant material = the concentration measured (g/l)  $\times$  dilute coefficient/mass of the plant material (g)

Here, the dilute coefficient of the three steps is 100.

## RESULTS AND DISCUSSION

### NO inhibitory assay

To discuss the anti-inflammatory activity of the invasive neophyte *P. cuspidatum*, the constituents distinguished from the native variety and of relative high content (referring specially to compounds **1**, **2**, **3**, **6**, and **7** in Figure 1) were isolated and tested using NO inhibitory assay at concentration without cytotoxicity. The inhibitory effects of the compounds on NO production in LPS-stimulated BMDM cells are shown in Figure 2. The NO levels in tested cells with (activated group) and without (untreated) LPS stimulation were  $48.23 \pm 5.95 \mu\text{M}$  and  $9.35 \pm 0.42 \mu\text{M}$ , respectively. After LPS-stimulated cells were co-incubated with 25  $\mu\text{g}/\text{ml}$  compounds, among the three stilbene analogs, both resveratrol (2) and piceatannol glucoside (3) showed significant inhibition at 25  $\mu\text{g}/\text{ml}$ , while the activity of piceid (1) was not apparent. However, at a lower concentration (below 12.5  $\mu\text{g}/\text{ml}$ ), **1** and **2** showed similar but significant inhibition (about 50%). Further reducing the concentration weakly influenced the activity. However, **3** gave an obvious dose-dependent decrease in activity and showed no more activity at concentrations below 12.5  $\mu\text{g}/\text{ml}$ . We further compared

the NO inhibitory power of piceid with that of resveratrol. At the concentration of 12.5  $\mu\text{g}/\text{ml}$ , resveratrol showed a little stronger power (60% inhibition) than piceid (data not shown on the graph).

The phenylpropanoid vanicoside B (**7**) showed statistically significant inhibition at 25  $\mu\text{g}/\text{ml}$  and dose-dependent decrease in activity (no more activity at concentrations below 6.25  $\mu\text{g}/\text{ml}$ ). The procyanidin catechin-(4 $\alpha$ →8)-catechin (**6**) did not show significant inhibition at 25  $\mu\text{g}/\text{ml}$ . But after dilution, a similar phenomenon was observed as piceid showed significant inhibition (about 50%) at concentration below 12.5  $\mu\text{g}/\text{ml}$  and a lower concentration influenced the activity slightly. The abnormal dose-dependent relation of piceid and procyanidin may be due to the dual effect of polyphenols, which can be pro-oxidant in certain environments.<sup>[22]</sup>

### Total content of resveratrol in the plants after hydrolysis

#### Acid hydrolysis or enzyme hydrolysis

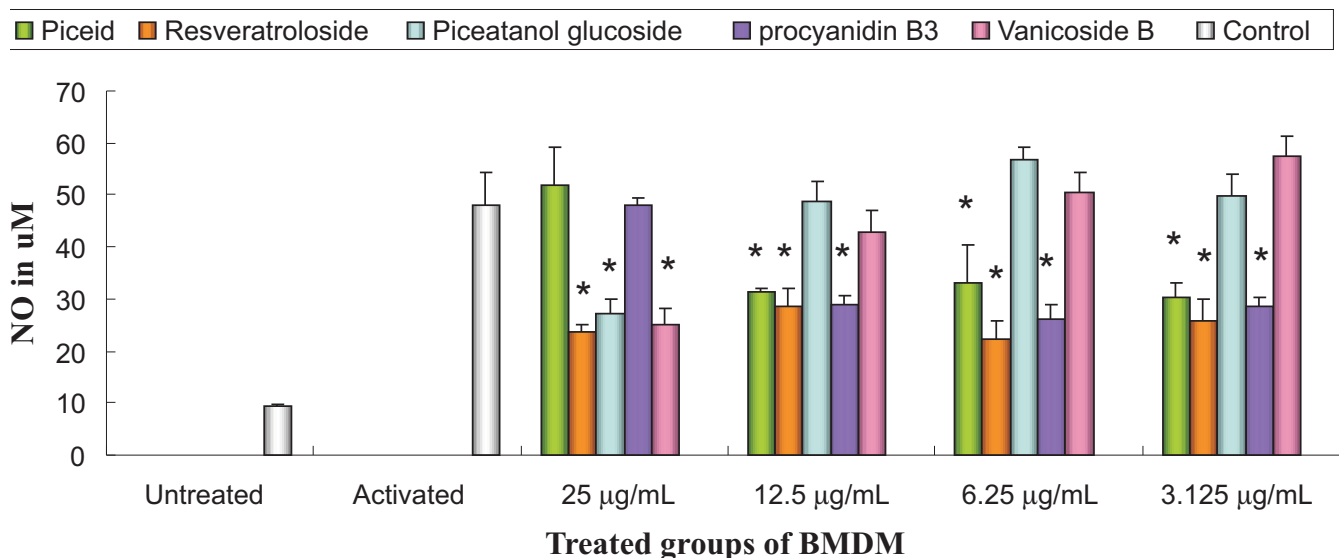
To convert piceid to resveratrol, both acid hydrolysis (20% v/v HCl in the solution) and enzyme hydrolysis (7 U  $\beta$ -glucosidase/mg extract) were attempted. However, there are at least four adducts present in acid hydrolysis, which will influence the content of resveratrol. By contrast, enzyme hydrolysis can well convert piceid into resveratrol without visible adducts [Figure 3].

Figure 4 shows the HPLC profile of the extract solutions of roots of two *P. cuspidatum* samples before and after enzyme hydrolysis.

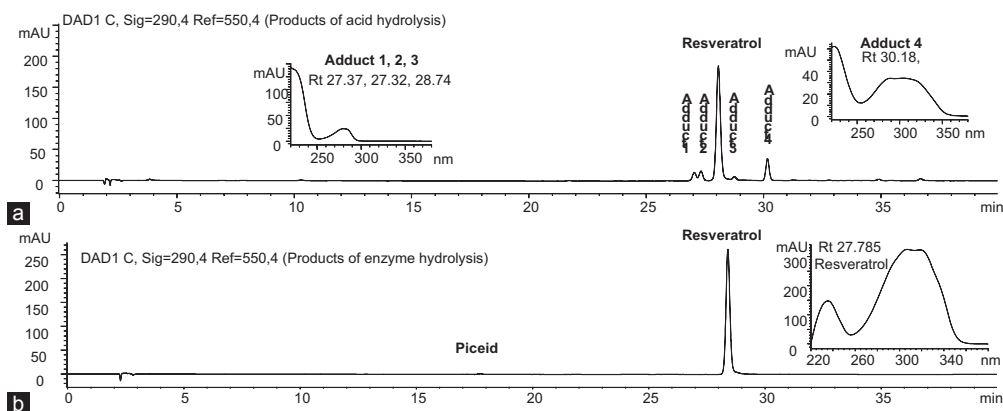
#### Measurement of the content of resveratrol after enzyme hydrolysis

The method of quantitative analysis was validated in terms of linearity, limits of detection and quantification (LODs and LOQs) at 290 nm [Table 1], precision, repeatability, and recovery test [Table 2].

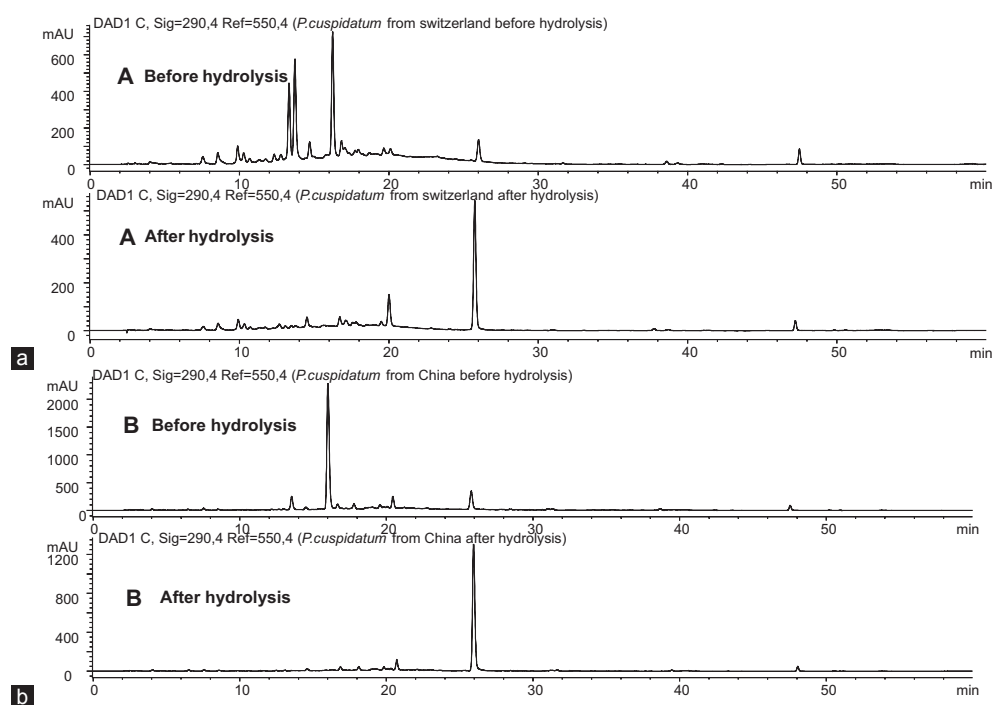
The quantitative analysis results showed that the total contents of resveratrol in the Swiss samples were 3.94 mg/g, 3.76 mg/g, and 4.11 mg/g, respectively, and the total contents of resveratrol in the Chinese samples were 10.74 mg/g (Shandong), 10.42 mg/g



**Figure 2.** Inhibitory effects of isolated compounds on nitric oxide production in LPS-stimulated BMDM cells. The data are representative of the three experiments and expressed as mean  $\pm$  SEM. Columns with asterisks (\*) show statistically significant difference ( $P < 0.05$ )



**Figure 3.** HPLC-DAD chromatographs of hydrolyzed products of piceid after (a) acid hydrolysis and (b) enzyme hydrolysis. HPLC-UV/DAD was carried out on an HP-1100 Agilent system with an Xterra® C18 column (5 µm, 3.5 × 150 mm) using 0.5% acetic acid in water and acetonitrile gradient in 60 min (10-40% acetonitrile in 40 min, then 40-100% acetonitrile in 20 min)



**Figure 4.** Chromatography of the extract solution of roots before and after enzyme hydrolysis: (a) *P. cuspidatum* (Swiss) and (b) *P. cuspidatum* (Chinese). HPLC-UV/DAD was carried out on an HP-1100 Agilent system with an Xterra® C18 column (5 µm, 3.5 × 150 mm) using 0.5% acetic acid in water and acetonitrile gradient in 60 min (10-40% acetonitrile in 40 min, then 40-100% acetonitrile in 20 min)

**Table 1.** Calibration curves, detection limits, and quantification limits of resveratrol (*n*=3) by HPLC-DAD (290 nm)

Analyte	Calibration curve	Linear range (µg/ml)	<i>R</i> <sup>2</sup>	LOD (ng)	LOQ (ng)
Resveratrol	$y=67805x+285.58$	23.8-476	0.9998	0.61	2.03

*y*: Peak area; *x*: Concentration (µg/ml); *R*<sup>2</sup>: Correlation coefficient of regression equations; LOD: Limit of detection (S/N=3); LOQ: Limit of quantification (S/N=10)

**Table 2.** Intra- and inter-day variability and repeatability for resveratrol in roots of *P. cuspidatum* from Switzerland

Intra-day ( <i>n</i> =6)		Inter-day ( <i>n</i> =6)		Repeatability		Recovery	
Content (mg/g)	RSD (%)	Content (mg/g)	RSD (%)	Content (mg/g)	RSD (%)	Recovery (%)	RSD (%)
3.94	3.5	3.92	4.3	3.96	3.3	100.46	0.38

RSD: Relative standard derivation

(Shanxi), and 10.01 mg/g (Yunnan) [Table 3].

This is the first report about the anti-inflammatory activity of the invasive variety of *P. cuspidatum*. To summarize, the invasive variety of *P. cuspidatum* should have anti-inflammatory potency because the three compounds **1**, **2**, and **6** have activities at relatively

lower concentrations (below 12.5 µg/ml). Concerning the newly found resveratrol glucosides in the invasive variety of *P. cuspidatum*, the activity of **2** is similar to that of piceid (**1**), but the other one, i.e., piceatannol glucoside (**3**), showed no apparent activity.

To find whether the invasive variety of *P. cuspidatum* can be

**Table 3.** Total contents of resveratrol in the Swiss samples and the Chinese samples (mg/g)

Swiss samples			Chinese samples		
Sample 1	Sample 2	Sample 3	Shandong	Shanxi	Yunnan
3.94	3.76	4.11	10.74	10.42	10.01

used as the native one for anti-inflammatory medicine, the total content of effective constituents should be compared. Thus, in this study, enzymatic hydrolysis of the extracts was employed to convert piceid and resveratrolside into resveratrol, and the total content of resveratrol was compared between the two varieties. The result showed that resveratrol content in the Swiss samples is lower (about 2.5 times) than in the Chinese ones.

Considering the results of this work, we propose that the invasive variety should not be completely used as the native one, although both have anti-inflammatory potency. The alternative use of this variety in traditional medicine should keep the difference in mind.

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