

Supplemental Data

Dual Orexin Receptor Antagonists for Treatment of Insomnia: A Systematic Review and Meta-analysis on Randomized, Double-blind, Placebo-controlled Trials of Suvorexant and Lemborexant

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Table 1S: The mean changes of efficacy outcome (diary measures) results from baseline in lemborexant 5 versus lemborexant 10

Diary Measures	N	No. of cases (Lemborexant 5/ Lemborexant 10)	WMD	95%CI	P-value	I ² , %
sSOL at First 7 nights	2	569/576	0.84	-2.03, 3.71	0.57	0
sSOL at Month 1	2	550/555	2.16	-1.14, 5.46	0.20	1
sSE at First 7 nights	2	624/564	-2.16	-3.37, -0.95	0.0005	42
sSE at Month 1	2	543/541	-2.11	-3.73, -0.49	0.01	0
sWASO at First 7 nights	2	571/572	8.54	-4.94, 22.01	0.21	75
sWASO at Month 1	2	551/550	6.55	-5.66, 18.75	0.29	67

Abbreviations: 95% CI, 95% confidence interval; N, number of comparisons/studies; sSOL, subjective sleep onset latency (minutes); sSE, subjective sleep efficiency (percentage); sWASO, subjective wake after sleep onset (minutes); WMD, weighted mean difference.

date on or after the first dose of study drug up to 14 days after the last dose of study drug. Participants with two or more TEAEs with the same preferred term are counted only once for that preferred term.