#### LETTER TO THE EDITORS



# CGRP-monoclonal antibodies and SARS-CoV-2 vaccination

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# Dear Sirs,

The emergence and spread of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has had a devastating impact globally. Since December 2019, control measures (personal protective equipment, physical distancing, contact tracing) have been implemeted to limit virus transmission. Due to its serious implications, the development of a vaccine against SARS-CoV-2 has been at the forefront of a worlwide initiative to stop the pandemic. Up to April 1st, three vaccines have been currently used in Italy: Pfizer/BioN-Tech Comirnaty, Moderna/mRNA-1273 and Astra-Zeneca/ Vaxzevria. These vaccines documented, respectively, a 94%, 94.5% and 70.4% efficacy against the viral infection [1, 2]. The most reported side effects were generally mild, ranging from injection site soreness, fatigue, headache, myalgia, chills, joint pain, fever, and nausea. These symptoms were also present in some of the participants during the clinical trials, and severe allergic reactions were reported in rare instances [1, 2].

CGRP is involved in migraine pathophysiology, but also in the respiratory system and in immunological modulation [3]. Activated mast cells may release tryptase, which, in turn, activates the sensory neuron, stimulating CGRP release. Also bradykinin and prostaglandins, released by activated mast cells, may stimulate the release of CGRP from neurons. CGRP may also be produced by activated human B cells, in response to anti-IgM, IL-4 or nerve growth factor (NGF). In differentiated CD4+ T cells, CGRP induces elevation of cellular cAMP levels and inhibits the production of TNF $\alpha$  and IFN- $\gamma$  by TH1 cells, but does not influence IL-4 production by TH2 cells. In addition, CGRP may modulate adaptive immune responses by influencing the function of antigen-presenting cells.

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Monoclonal antibodies targeting CGRP (CGRP-mAbs) have been found to be safe in clinical practice in terms of COVID-19 infection susceptibility and hospitalization/symptoms [4]. No data are currently available regarding CGRP-mAbs and COVID-19 vaccines.

At the Headache Centre of the Department of Neurology at the University of Brescia/ASST Spedali Civili Brescia, 105 patients with migraine are currently on treatment with CGRP-mAbs, of whom 69 are receiving erenumab (29 patients on erenumab 70 mg/4 weeks, 40 patients on erenumab 140 mg/4 weeks), 28 on galcanezumab and 8 on fremanezumab. Out of 105 patients, 32 underwent COVID-19 vaccinations while on treatment with CGRP-mAbs (8 patients on erenumab 70 mg/4 weeks, 12 on erenumab 140 mg/4 weeks, 8 on galcanezumab, and 2 on fremanezumab). Eighteen patients received the Pfizer/BioNTech Comirnaty vaccine, 11 the Astra-Zeneca/Vaxzevria and 3 the Moderna/ mRNA-1273. All patients who received the Astra-Zeneca/ Vaxzevria vaccine only received the first dose, whereas all others received the full two vaccine administrations. A minimum of 10-14 days between CGRP-mAbs administration and COVID-19 vaccination was suggested. However, some patients did not comply to such recommendations. In particular, five patients waited, on average, less than 5 days between CGRP-mAbs administration and COVID-19 vaccination. None of our patients reported any serious adverse event regarding the vaccination, with most (18 patients) only reporting mild fever and fatigue. Six patients reported a temporary worsening of their usual headache, both in terms of intensity and frequency, lasting, on average, between 1 and 4 days. Side effects distribution was not affected by the type of CGRP-mAbs or vaccine, or by the time lapse between treatment administration and vaccination. CGRP-mAbs long-term efficacy was not affected. No patient reported COVID-19 infection following the vaccination.

Altogether, in our experience, no particular safety or efficacy issues concerning the interaction between CGRP-mAbs and COVID-19 vaccines arose since the beginning of mass vaccination in January 2021. Given the cerebrovascular concerns that have accompanied both CGRP-mAbs

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and COVID-19 vaccines, together with the high volume of patients on treatment with CGRP-mAbs that will have to be vaccinated, we believe this preliminary report to be extremely helpful for neurologists and physicians in general.

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**Availability of data and materials** The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

## **Declarations**

**Conflicts of interest** The authors have no financial or proprietary interests in any material discussed in this article.

**Ethics approval** Approval was obtained by the local ethics committee of the ASST Spedali Civili Hospital, Brescia (NP 3949, approved August 10, 2020).

Consent to participate Verbal informed consent was obtained prior to the interview.

Consent for publication N/A.

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