### **Review Article**



# Therapeutic Value of Estrogen Receptor α in Hepatocellular Carcinoma Based on Molecular Mechanisms



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#### Abstract

The incidence of hepatocellular carcinoma (HCC) is significantly lower in women than men, implying that estrogen receptors (ERs) may play an important role in this sex dimorphism. Recently, considerable progress has been made in expanding our understanding of the mechanisms of ERs in HCC. As one of the most important ERs, ERa functions as a tumor suppressor in the progression of HCC through various pathways, such as STAT3 signaling pathways, lipid metabolism-related signaling pathways, and non-coding RNAs. However, the function of ERa was reduced with the changes of some molecules in the liver, which may develop further into HCC and make it difficult to achieve an effective hormone treatment effect. Intriguingly, there are signs that individualized hormone therapy according to the activity of ERa will overcome this challenge. Based on these observations, it is particularly imperative to reassess and extend the function of ERa. In this review, we mainly elucidated molecular mechanisms associated with ERa in HCC and investigated the individualized hormone therapy based on these mechanisms, with the aim of providing new insights for HCC treatment.

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#### Introduction

Hepatocellular carcinoma (HCC) is the most common histological type of primary liver cancer, comprising 75–85% of cases.<sup>1</sup> Viral infection, metabolic disorders and alcoholism are the major risk factors for HCC development.<sup>2</sup> In addition, the disparity of incidence and prognosis in HCC suggests that sex is a key factor for HCC.<sup>3,4</sup> Since it has been reported that oral contraceptives could increase the risk of hepatic neoplasms in the last century (1970s), the role of estrogen and estrogen receptors (ERs) in the progression of HCC has gradually been revealed. Subsequently, a large number of studies explored the therapeutic value of tamoxifen (TMX) or estrogen replacement therapy for HCC, triggering the debate on whether hormone therapy can be used for HCC.

TMX, a selective estrogen receptor modulator (SERM), is used as a first-line treatment for breast cancer through its ability to antagonize estrogen-dependent growth by binding ERs; yet, its efficiency for HCC remains controversial. Early clinical trials with small samples showed that TMX can lower the level of alpha-fetoprotein (AFP) and significantly prolong the survival of patients with inoperable HCC.<sup>5,6</sup> However, this conclusion was doubted by the subsequent clinical trial which demonstrated that TMX has no efficiency in improv-ing the survival of patients with advanced HCC.<sup>7</sup> TMX treatment of HCC has since reached an impasse. Compared with TMX therapy, the effects of estrogen replacement therapy of HCC are relatively clear. It has been reported that estrogen replacement therapy was mainly used to treat female perimenopausal syndrome, and it has effects on advanced HCC to some extent, especially for certain specific populations.<sup>8</sup> However, estrogen replacement therapy possesses certain side effects, and how to maximize the benefits from this kind of hormone therapy in HCC needs to be further explored.

In addition to the understanding of hormone therapy, the molecular mechanisms of ERs in HCC have been revealed frequently in recent years, with the mechanisms of ERa being the most extensively reported ones. In spite of few studies showing that ERa has tumor-promoting effects on HCC, the estrogen-mediated inhibition of HCC is widely recognized. ERa is considered to regulate inflammation, iron homoeostasis, energy metabolism and other processes to protect the liver.<sup>9-12</sup> Moreover, a multitude of studies have shown that the expression of ERa in primary HCC tissues is decreased compared to normal liver tissues or the adjacent tissues, which indirectly confirmed the suppressive effects of ERa in HCC.<sup>13-15</sup> In light of this anti-tumor effect of ERa in HCC, reactivating ERa signaling can offer a new therapeutic strategy in HCC prevention and treatment.

Up to now, the therapeutic value of targeting ERa in HCC has not reached a consensus. This review focuses on the regulatory mechanisms of ERa in HCC and seeks out the potential initiative of hormone therapy for HCC.

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Keywords: Hepatocellular carcinoma; Estrogen receptor; Molecular mechanism; Hormone therapy; Precision medicine.

Abbreviations: circRNAs, circular RNAs; E2, estradiol; ER, estrogen receptor; EREs, estrogen response elements; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; MTA1, metastasis-associated protein 1; miRNAs, microRNAs; PTPRO, protein tyrosine phosphatase receptor type O; PPARa, peroxisome proliferator-activated receptor a; PPT, 1,3,5-tris(4-hydroxyphenyl)-4-propyl-1Hpyrazole; TMX, tamoxifen.

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**Fig. 1. Signaling pathways of ERa involved in HCC.** The human ERa (ERa66) gene consists of five functional domains (AF-1, DBD, Hinge, LBD, AF-2). Upstream pathways: MOF and FOXA1/2 enhance, while MTA1, miRNAs (miR-22, miR-221, miR-18a, miR-939-3p) and Erbin attenuate the effects of ERa in different stages. Down-stream pathways: ERa promotes or inhibits a string of STAT3 signaling mediated by PTPRO, NF-KB, and leptin. In addition, ERa also inhibits circRNA-SMG1.72/miR-141-3p/GSN and PPARa/ACO, and promotes the LINC01352-miR-135b/APC signaling axis through direct genomic response. ACO, acyl-CoA oxidase; AF-1, amino-terminal ligand-dependent transcription activation function 1; AF-2, carboxyl-terminal ligand-dependent transcription activation function 1; AF-2, carboxyl-terminal ligand-dependent transcription activation function 2; APC, adenomatous polyposis coli; circRNAs, circular RNAs; DBD, DNA binding domain; ERa, estrogen receptor a; GSN, gelsolin; HCC, hepatocellular carcinoma; LBD, ligand binding domain; lncRNAs, long non-coding RNAs. MTA1, metastasis-associated 1; PPARa, peroxisome proliferator-activated receptor a; PTPRO, protein tyrosine phosphatase receptor type O.

#### Structure and mechanism of ERa

ERa is the first discovered type of ERs, consisting of 595 amino acid residues. On account of its molecular mass being 66 kDa, it is also called ERa66. ERa is encoded by the ESR1 gene and functionally divided into five parts, including the aminoterminal ligand-dependent transcription activation function 1 (AF-1) domain, DNA binding domain, a hinge region which participates in DNA binding and nuclear localization, ligand binding domain, and carboxyl-terminal ligand-dependent transcription activation function 2 (AF-2) domain (Fig. 1).

ERa commonly refers to nuclear ERa which is recognized by estrogen at the ligand binding domain in cytoplasm. Mechanistically, ERa exposes its DNA binding region after dissociating from heat shock protein, and then directly acts on the estrogen response elements (EREs) to regulate the transcription of target genes or indirectly interact with some transcription factors, such as AP-1, SP1, NF- $\kappa$ B, in a proteinprotein manner to regulate the transcription of their target genes.<sup>16</sup> Different from nuclear ERa, membrane-localized ERa mainly triggers the protein-kinase cascades to enable gene regulation.<sup>17</sup>

#### Signaling pathways of ERg

#### Upstream signaling pathways

The activity of ERa is indispensable for its anti-tumor effects

and hormone therapy of HCC. However, it has been reduced by the aberration of numerous upstream regulators, such as the weakening of MOF and FOXA1/2, and the enhancement of a series of putative cancer-related microRNAs (miRNAs), metastasis-associated protein 1 (MTA1) and Erbin. These changes together contribute to the low activity of ERa in HCC and the deficiency of hormone therapy (Fig. 1).

**Positive regulators of ERa:** MOF, which was found to have lower expression in HCC tissues, is identified as an liver protective factor.<sup>18</sup> It stabilizes ERa by participating in the acetylation of ERa at K266, K268 and K299, hindering ERa ubiquitination and co-activating ERa target genes to augment its anti-tumor effects.<sup>19</sup> FOXA1/2 are members of the forkhead box protein family, which bind to the relatively compact chromatin of the ERa target genes, and then enhance the interaction between ERa and its target genes.<sup>20</sup> Furthermore, single nucleotide polymorphisms (SNPs) at FOXA2 binding sites and the FOXA1 nonsynonymous variant have frequently been observed in association with the development of HCC, which impairs their interaction with ERa and leads to the loss of ERa protective roles, especially in females.<sup>21,22</sup>

**Negative regulators of ERa:** Studies have shown that there are many putative upstream cancer-related miRNAs involved in regulating expression of ERa in HCC, such as miR-22, miR-221, miR-18a and miR-939-3p; these miRNAs have been demonstrated as overexpressed in HCC tissues and they can specifically recognize the ERa mRNA 3'-untranslated region and then trigger the degradation and the translation inhibition of ERa mRNA, which ultimately promotes the progress of HCC. It is worth mentioning that this

interaction between miR-22 and ERa is more pronounced in males.<sup>23–26</sup> MTA1 is a co-repressor of ERa, and there is the bidirectional regulation between ERa and MTA1. Not only can ERa decrease the expression of MTA1 to protect liver, but overexpressed MTA1 can reduce the transcriptional activity of ERa to promote the progress of HCC.<sup>27</sup> In addition, Erbin is overexpressed in HCC; functionally, it inactivates ERa nuclear translocation and leads to the proteasomal degradation of ERa by increasing E3 ubiquitin ligase-mediated ubiquitination, which eventually contributes to the progression of HCC. Intriguingly, the interaction between Erbin and ERa is more pronounced in males, and downregulating Erbin expression enhances the sensitivity of HCC cells to TMX.<sup>28</sup>

#### Downstream signaling pathways

Clinical trials about ERa have been reported sporadically over the last decade, while some basic research about mechanisms of ERa in HCC had been reported successively (Fig. 1). Elucidating these mechanisms will help reveal the targets and screen the beneficiaries of hormone therapy for HCC, pointing towards the direction for individualized therapy and combination therapy.

**STAT3 signaling:** STAT3 is activated by a variety of cytokines, such as IL-6, epidermal growth factor (EGF) and hepatocyte growth factor, and plays an important role in the development of tumors through regulating downstream target genes in the form of a transcription factor. Recently, a number of studies have shown that ERa is an upstream repressor of STAT3 in HCC, which can mediate multiple pathways to inhibit HCC progression.

The NF-kB signaling pathway plays an important role in the development of HCC, and its abnormal activation can induce the chronic inflammation that ultimately results in HCC.<sup>29</sup> ERα physically interacts with NF-κB, thereby inhibiting activation of the IL-6/STAT3 pathway.<sup>30</sup> On the foundation of this work, Naugler *et al.*<sup>31</sup> found that in the HCC mouse models induced by diethylnitrosamine (DEN), the concentration of serum IL-6 and the activities of STAT3 as well as the abilities of tumor cell proliferation and necrosis were at a high level in males, as opposed to those in females. Furthermore, the administration of the ERaspecific agonist 1,3,5-tris(4-hydroxyphenyl)-4-propyl-1Hpyrazole (PPT) in male mice can block the secretion of IL-6 from Kupffer cells by interacting with NF- $\kappa B$  and thereby reduce the concentration of IL-6 in the circulation, which eventually inhibits the progression of HCC. The above results demonstrate that ERa has the ability to protect liver from damage by inhibiting the NF-kB/IL-6/STAT3 pathway in vivo, and to lower the concentration of IL-6 and elicit milder underlying liver damage in females who have the higher ERa activity naturally. For this reason, the sexual dimorphism of IL-6 concentration regulated by ERa might be considered as one basis for determining the potential beneficiaries of HCC.

Protein tyrosine phosphatase receptor type O (PTPRO) is a transmembrane protein. It inhibits the progression of various types of tumors by resorting to its intracellular protein tyrosine phosphatase activity, which is responsible for catalyzing tyrosine dephosphorylation,<sup>32,33</sup> and there is no exception in HCC to this trend.<sup>34</sup> Hou *et al.*<sup>13</sup> showed that ERa can up-regulate PTPRO, initiating the dephosphorylation of JAK2 and PI3K by interacting with EREs at the PTPRO gene promoter; this eventually reduces the activity of STAT3, which then promotes HCC cell proliferation. This work confirmed the protective role of ERa in hepatocellular carcinogenesis and revealed a new therapeutic target (PTPRO), which can be used to develop targeted drugs, and gave insights into the mechanisms of hormone therapy for HCC.

**Lipid metabolism-related pathways:** Leptin is a peptide hormone secreted by white adipose tissue. It binds to specific receptors and prevents the development of obesity by regulating various physiological and biochemical processes, such as glucose and lipid metabolisms and food intake.<sup>35</sup> Nevertheless, leptin is always at a higher level in obese people, and it is considered to induce HCC by activating JAK/ STAT3, PI3K/AKT and other signaling pathways.<sup>36</sup> Shen *et al.*<sup>37</sup> documented that ERs may be involved in opposing leptin-induced hepatocellular carcinogenesis. In detail, ERβ inhibits HCC mainly through activating the suppressor of cytokine signaling 3 (SOCS3)/STAT3 and p38/MAPK two pathways, while ERa inhibits HCC principally through enhancing ERK signaling and diminishing the leptin-induced STAT3 signaling without affecting SOCS3.

Peroxisome proliferator-activated receptor a (PPARa) is a ligand-dependent nuclear receptor, which is mainly involved in reducing fat accumulation and maintaining the stability of the intracellular environment.<sup>38</sup> However, excessive energy combustion triggered by sustained activation of PPARa may lead to the proliferation of liver parenchymal cells and increase the risk of liver cancer in obese mice.<sup>39,40</sup> Chang-Lee and colleagues<sup>41</sup> demonstrated that ER<sub>β</sub> can down-regulate PPARa and its downstream genes through interacting with EREs of the PPARa gene, which consequently blocks the progress of HCC. Besides, Jeng *et al.*<sup>42</sup> showed that when PPARa was overexpressed in Hep3B cells and HCC tissues, not only ER<sup>β</sup> but also ERa mediated inhibition of PPARa. In this process, ERa directly binds to EREs of the PPARa gene to reduce its transcription and further regulate the PPARa target acyl-CoA oxidase (ACO), cyclin DI, P27 and others, thereby blocking cancer cell proliferation and promoting apoptosis.

The above studies suggested that ERa has as its responsibility of inhibiting tumor progression and protecting HCC patients by regulating leptin-induced signaling and the lipid metabolism-related receptor PPARa. Enhancing these processes may bring some benefit to HCC patients, especially those who have lipid metabolism disorders.

**Noncoding RNAs:** miRNAs, circular RNAs (circRNAs) and long non-coding RNAs (lncRNAs) are the canonical family members of noncoding RNAs that are deficient in protein-coding function. They can be involved in the control of gene expression and affect multiple biological processes in specific ways.

The downstream ERa-mediated signaling pathways with miRNA involvement in HCC have been extensively studied, such as ERa enhancement of the p53-mediated regulation of miR-23a expression and further augmentation of caspase-3/7 activity to induce apoptosis of HCC cells.<sup>43</sup> Besides, ERa can regulate circRNA to exert a tumor suppressor effect. Xiao *et al.*<sup>44</sup> showed that ERa inhibits HCC through mediating the circRNA-SMG1.72/miR-141-3p/Gelsolin (GSN) signaling pathway. Specifically, ERa binds to the ERE of circRNA-SMG1.72 host gene, thus weakening the expression and sponge role of circRNA-SMG1.72 for miR-141-3p. This indirectly augments the activity of miR-141-3p and ultimately inhibits the invasion of HCC by promoting the degradation of miR-141-3p-regulated GSN mRNA.

Furthermore, in hepatitis B virus (HBV)-related HCC, the transcription factor ERa can bind to the promoter of the IncRNA LINC01352 by forming a complex with HBx. Functioning as a tumor suppressor, LINC01352 prevents the miR-135b-mediated suppression of adenomatous polyposis coli (APC) by sponging miR-135b and then repressing the Wnt/ $\beta$ -catenin signaling pathway. These findings demonstrate that the LINC01352-miR-135b-APC axis regulated by the ERa/HBx complex acts as an important signaling cross-talk factor for tumor progression, which may offer a theoretical basis for HBV-related HCC.<sup>45</sup>

Treatment	Main population	Comparison group	Salient findings	Reference
TMX (10 mg bid)	Patients with advanced HCC	No treatment	TMX improved survival in patients with advanced HCC and was well tolerated	Martínez 1994 <sup>6</sup>
TMX (10 mg tid) plus triptorelin (3.75 mg monthly)	Patients with HCC	Flutamide plus triptorelin or placebo	TMX significantly prolongs survival and the TVDT in unresectable HCC	Manesis 1995 <sup>46</sup>
TMX (60 mg bid)	Patients with inoperable HCC	TMX (30 mg bid) or placebo	TMX does not prolong survival in patients with inoperable HCC and has an increasingly negative impact with increasing dose	Chow 2002 <sup>47</sup>
TMX (20 mg daily)	Patients with advanced HCC	Symptomatic treatment	TMX is not effective in prolonging survival of patients	Barbare 200548
TMX (80 mg daily)	Patients with inoperable HCC, wild-type ER	Megestrol for patients with inoperable HCC, variant ER	Treatment with TMX is strongly dependent on the type of ER present in the HCC	Villa 1996 <sup>50</sup>
TMX (20 mg bid) plus octreotide (0.6 mg daily)	Patients with inoperable HCC, ER-positive	5-Fluorouracil plus mitomycin C	TMX plus octreotide is superior to 5-fluorouracil plus mitomycin C in the patients with ER-positive status	Pan 2003 <sup>51</sup>
TMX (40 mg daily) plus sorafenib (400 mg daily)	Patients who are intolerant to or progressed during sorafenib therapy	Full-dose sorafenib therapy (800 mg daily)	TMX could produce some clinical benefit at sorafenib progression in advanced HCC	Ottaviano 2017 <sup>52</sup>
HRT	Women with HCC (mostly menopausal)	Healthy women with no treatment	HRT reduced risk of HCC and increased overall survival times of patients	Hassan 2017 <sup>8</sup>
HRT	Women with HCC (most menopausal)	Patients' female relatives without HCC	Use of HRT was associated with a lower risk of HCC	Yu 2003 <sup>49</sup>

Table 1. Landmark trials of hormone therapy of HCC

ER, estrogen receptor; HCC, hepatocellular carcinoma; HRT, hormone replacement therapy; TVDT, tumor volume doubling time; TMX, tamoxifen.

These non-coding RNAs that are involved in the anti-tumor effect of ERa in HCC may give clues to the possibility for developing new diagnostic and therapeutic approaches.

#### Hormone therapy of HCC

There are various therapeutic approaches for HCC, but therapeutic satisfaction and practical effects still leave much to be desired. Hormone therapy plays an indispensable role in some specific tumors, due to its lower price and fewer adverse reactions, but there are still controversies in HCC. Considering the current research status and the value of TMX as well as the estrogen replacement therapy in HCC, more attention should be paid to these therapeutic schemes (Table 1).<sup>6,8,46-52</sup>

#### Tamoxifen – growing in doubts

In the past decades, researchers held different views about the clinical use of TMX for HCC. On the one hand, according to a small sample-sized clinical study, TMX significantly prolonged the life cycle of patients with advanced HCC than that without any interventions.<sup>6</sup> A further controlled trial evaluated the effectiveness of TMX in HCC patients, and found that compared with the placebo group, the survival and tumor volume doubling time of TMX-treated patients were significantly prolonged.<sup>46</sup> Moreover, basic research disclosed that TMX suppresses HCC by downregulating survivin at the transcriptional and post-transcriptional levels, as well as by inhibiting volume-activated chloride currents and the activity of cyclin-dependent kinase 5.<sup>53–55</sup> Therefore, TMX is considered effective for HCC patients. On the other hand, the beneficial therapeutic potential of TMX for HCC patients has been questioned. A multicenter randomized controlled study containing 329 patients was developed to assess the effect of high-dose TMX compared with placebo, and showed that even a moderate dose of TMX has a negative impact on the survival of advanced HCC patients.<sup>47</sup> Another investigation showed that TMX seems to benefit patients without severe liver insufficiency, but for patients with advanced HCC, TMX is almost ineffective.<sup>48</sup> However, it is noteworthy that the above studies did not incorporate ER expression into the standard of patient selection, which may have resulted in the above different outcomes.

#### Hormone replacement therapy (HRT)

HRT is another alternative of hormone therapy, and the effectiveness of estrogen replacement therapy in HCC has been proven to some extent. Estrogen is at a high level in women during pregnancy or before menopause. In order to verify the influence of reproductive factors on HCC, a large sample-sized case-control study has been conducted between HCC patients and their relatives, and showed that the longer the period of the administration of estrogen, full-term pregnancies and age at natural menopause, the lower risk of adult women suffering from HCC.<sup>49</sup> Recently, another case-control study of female patients with HCC showed that estrogen replacement therapy effectively inhibited hepatitis

C virus- or HBV-related HCC, and long-term application of estrogen replacement therapy significantly prolonged the survival of menopausal patients.<sup>8</sup> In addition, studies have found that the anti-cancer effect of estrogen is mainly exerted by stimulating ERa, and it was reversed after knocking down ERa in HepG2 cells.<sup>56</sup> However, evidence from several lines of research suggest estrogen may increase the risk of breast cancer and endometrial cancer in female patients, and may bring some troubles to male patients. Hence, how to accurately apply estrogen replacement therapy to HCC needs to be discussed in many aspects.

## Individualized treatment – breaking through the bottleneck of HCC hormone therapy potentially

In view of the mechanisms of ERa in HCC, ERa-selective stimulation was postulated to achieve better results in the treatment of HCC. RNA sequencing was established in a human HCC-derived HepG2 cell line following treatment of control, estradiol (E2) and the ERa-specific agonist PPT; the results indicated that E2 or PPT suppressed the HepG2 cell transcriptome involving cellular and metabolic processes, which provided insight into the protective effects of an ERaspecific agonist in HCC development.<sup>57</sup> However, agents selectively agonizing ERa for HCC are limited to the basic research realm, neither TMX nor estrogen replacement therapy can precisely and arbitrarily regulate ERa. Therefore, it is especially indispensable to accurately classify HCC patients underlying ERa expression and molecular mechanisms in order to find the potential candidate of hormone therapy.

The sensitivity of TMX for HCC is believed to have a positive relationship with the expression of ERa.<sup>28</sup> Considering this positive relationship and anti-HCC effect of ERa, it is plausible that TMX and estrogen can be used to cure HCC to a certain extent. Nevertheless, considering the impacts of ER variants and upstream negative regulatory molecules, ERa is found only in a limited percentage of HCC patients,<sup>58,59</sup> and this may contribute to the non-response or low-response to hormone therapy. It's worth noting that there are already indications that treating HCC patients after classification may help to overcome the difficulties of hormone therapy. Villa *et al.*<sup>50</sup> divided HCC patients into two groups according to the expression of wild-type ERa and the variant ER $\Delta 5$ , then administrated them with TMX and megestrol (opposing estrogen action through ER-independent mechanisms) respectively, and found that the tumor volume of patients with wild-type ER was significantly reduced, while tumors with the  $\text{ER}\Delta5$  type decreased only temporarily and then continued to increase. A further research investigation of ER-positive patients confirmed that the combination of TMX and octreotide are superior to the combination of 5-fluorouracil and mitomycin C in terms of computed tomography imaging features, levels of AFP and accumulative survival rates;<sup>51</sup> yet, a following study seems to have neglected ER classification of patients and failed to confirm the efficiency of TMX and octreotide.<sup>60</sup> These collective results suggest that hormone therapy may be beneficial to HCC patients with wild-type ERs, rather than for patients with tumors bearing variant ERs. Although the number of samples included in these studies is limited, the conception of classified treatment opens the possibility for developing individualized precision treatments for HCC patients.

#### Conclusions

In the work of Villa and colleagues,  $^{50}$  HCC patients were distinguished by wild-type ERa and ER\Delta5 phenotypes, and

the treatment effectiveness of TMX was confirmed in the wild-type phenotype patients. Therefore, the application of hormone therapy may be mostly dependent on the classification of ERa, and screening or expanding HCC patients with higher ERa expression may be conducive to improving the hormonal therapy sensitivity. Besides, the targets of hormone therapy are not only ERa (ERa66) but also ER $\beta$ , ERa36 and others, and the therapy effects of these receptors are not completely identical.<sup>61</sup> For instance, ER $\beta$  can inhibit HCC by blocking the oncogenic actions of leptin and transcription of PPARa, promoting pyroptosis mediated by the NOD-like receptor pyrin domain containing-3 inflamma-some.  $^{37,41,62}$  Unlike ERβ, ERa36, one variant of ERa, was found to be highly expressed in HCC tissues and can promote the EGF receptor/Src/ERK signaling pathway to exert anti-tumor effects after E2 treatment.<sup>63</sup> The G protein-coupled estrogen receptor (GPER) should also be mentioned, although its functions are still highly controversial.64-66 Thus, in the condition of the present understanding for ERs in HCC, the hormone therapy for HCC patients with higher expression of ERB and lower expression of ERa36 should be considered into the ER classification system likewise to develop a comprehensive individualized hormone therapy regimen of HCC.

Identifying the target population who will benefit most from this hormone treatment is another important approach. The impacts caused by the changes of IL-6, FOXA1/2, miR-22 and Erbin showed the distinct sex dimorphism in HCC tissues. Higher circulating concentrations of IL-6 which can be reduced by ERa presenting in males, rather than females, suggests that TMX or estrogen mimics may carry more potential for benefit in males.<sup>31</sup> FOXA1/2 protect females from HCC and promote HCC in males following hepatocarcinogenesis, which seems to indicate the importance of the hormone therapy for females; yet, it is also noteworthy that mutations of the FOXA1 and FOXA2 binding sites are significantly frequent in HCC tissue and have little effect on the attenuation of ERa transcriptional activity in males (as opposed to females);<sup>21,22</sup> so, treating male patients who carry the above-described mutations with hormone therapy is worth investigating. miR-22 as well as Erbin exert stronger negative regulatory effects on ERa in male mice (vs. female mice), giving the opportunity to enhance the efficiency of hormone therapy for males after their inhibition.<sup>23,28</sup> Other than that, aberrations of leptin-mediated pathways and PPARa transcriptional activity are most common in obese HCC patients, which emphasizes the potential value of hormone therapy for them. 37,42 In sum, we hypothesized that males or obese HCC patients may be the population most likely to benefit from TMX and estrogen replacement therapy. Besides, based on the fact that a slice of upstream factors can negatively regulate ERa activity, trying hormone therapy in combination with inhibiting aberrations of ERa upstream regulators may be an entry point to expand the potential-benefit population.

It is important to acknowledge the limitations of hormone therapy alone for HCC. Early research tried the combination of hormonal therapy with other agents and partly confirmed the superiority of it (vs. monotherapy).<sup>60,67</sup> Sorafenib, the first-line targeted therapy for unresectable HCC patients, combined with TMX, enabled patients to achieve a substantial overall disease control rate.<sup>52</sup> Whether the drugs from among the present first-line treatment spectrum, e.g. oxaliplatin, can achieve the additive effect with the combination of individualized hormonal therapy is worth investigating. Although the current status of hormone therapy of HCC is not optimistic, the further research on combination therapy that we postulated above will aid in providing a novel therapeutic strategy for the treatment of patients with HCC.

Considering the aforementioned molecular mechanisms and potential therapeutic strategy, we believe that hormone

therapy under the guidance of precision medicine and combination therapy will help to address the limitation of hormone therapy alone for HCC patients.

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#### **Conflict of interest**

The authors have no conflict of interests related to this publication.

#### **Author contributions**

Conceptualization and writing of the manuscript (XM, XL).

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