

# Ultraviolet light-emitting diode irradiation induces reactive oxygen species production and mitochondrial membrane potential reduction in HL-60 cells

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## Abstract

**Objective:** Ultraviolet light-emitting diode (UV LED) irradiation at 280 nm has been confirmed to induce apoptosis in cultured HL-60 cells, but the underlying mechanisms remain unclear. This study aimed to investigate the effects of 280 nm UV LED irradiation on reactive oxygen species (ROS) production and mitochondrial membrane potential (MMP) in HL-60 cells.

**Methods:** HL-60 cells were irradiated with 0, 8, 15, or 30 J/m<sup>2</sup> of 280 nm UV LED and incubated for 2 hours. The intracellular ROS levels were assessed using the fluorescent probe 2'-7'-dichlorodihydrofluorescein diacetate (DCFH-DA) and a fluorescence plate reader. MMP was determined by flow cytometry using 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazol-carbocyanine iodide (JC-1) staining. The apoptosis-related proteins Bax and Bcl-2 were evaluated by western blot.

**Results:** UV LED irradiation at 280 nm induced a dose-dependent increase in ROS production and loss of MMP, and it activated apoptosis at irradiation doses of 8 to 30 J/m<sup>2</sup>. These results were consistent with a previous apoptosis study from the authors' group.

**Conclusion:** Enhanced ROS production and mitochondrial depolarization are two distinct but interacting events, and both are involved in UV LED-induced apoptosis in HL-60 cells.

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## Keywords

Ultraviolet radiation, light-emitting diode, apoptosis, reactive oxygen species, mitochondrial membrane potential, mitochondrial depolarization

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## Introduction

Ultraviolet (UV) radiation induces apoptosis.<sup>1</sup> The biological effects of UV light are principally attributed to direct photochemical reactions within DNA or indirect oxidative stress from reactive oxygen species (ROS).<sup>2,3</sup> Three important, but not mutually exclusive, events (DNA damage, death receptor activation, and ROS formation) can be directly induced by UV radiation and independently contribute to apoptosis.<sup>4,5</sup> These events can initiate various signaling pathways that result in tumor suppressor gene *p53* phosphorylation, mitochondrial membrane potential (MMP) dissipation, and caspase cascade activation.<sup>4,5</sup>

Given their biological effects, traditional UV lamps have been widely used for disinfection and dermatosis treatment for decades.<sup>6,7</sup> However, owing to mercury toxicity and high energy consumption, alternative UV sources are being sought.<sup>8</sup> Recently, UV light-emitting diodes (UV LEDs) have emerged as a new UV radiation source. LED is a semiconductor device that uses semiconducting materials to create a p–n junction between two semiconductor materials, which emits light.<sup>9</sup> The emitting wavelengths of LEDs are determined by different semiconducting materials, including gallium nitride (GaN), aluminum nitride (AlN), and aluminum gallium nitride (AlGaIn).<sup>9</sup> The new UV LEDs are recommended as a substitute for traditional mercury lamps in numerous applications such as UV curing, decontamination, and phototherapy because they have numerous

advantages, including non-toxicity, greater energy efficiency, greater operational flexibility, a faster start-up time, and a longer lifetime. Moreover, they can emit narrower and more desirable wavelengths than traditional UV lamps.<sup>9–11</sup>

The substantial differences between the two traditional UV lamps and UV LEDs make it unlikely that UV mercury lamp protocols for cell apoptosis could be directly applicable to UV LEDs in *in vitro* studies. It has been reported that 280 nm UV LED irradiation has a direct inhibitory effect on *Trichophyton rubrum* spores *in vitro*.<sup>12</sup> Our previous study showed that 280 nm AlGaIn-based UV LED irradiation (8–30 J/m<sup>2</sup>) inhibits *Bcl-2* mRNA expression and induces dose-dependent apoptosis and cell cycle arrest in HL-60 cells.<sup>13</sup>

This study aimed to examine the effects of UV LED irradiation on intracellular ROS levels and MMP in cultured HL-60 cells. The results could help to provide new insights into cellular responses to UV LED irradiation.

## Materials and methods

### Cell culture and irradiation

All protocols in this study were reviewed by the Review Board of Affiliated Hospital of Qingdao University, and the study received an exemption because the study did not involve animals or humans (Review Board number AHQU20161013). HL-60 cells were obtained from the American Type Culture

Collection (ATCC, Manassas, VA, USA) and cultured in Iscove's modified Dulbecco's medium (IMDM, SH30228.01B, Hyclone, Logan, UT, USA) with 10% fetal bovine serum (FBS, SH30088.03, Hyclone) in a 37°C incubator (Thermo Fisher Scientific Inc., Waltham, MA, USA) with a humidified atmosphere of 5% CO<sub>2</sub>. Cells that were in the exponential growth phase were plated in 24-well plates at  $1 \times 10^6$  cells/well in triplicate. When they grew to confluence, the cells were subjected to UV LED irradiation (Qingdao Ziyuan Photoelectric Co., Ltd., Qingdao, China) at 0, 8, 15, or 30 J/m<sup>2</sup> and incubated for 2 hours.

### *Cell morphology*

Cell morphology was observed using an inverted microscope (CKX41; Olympus Corporation, Tokyo, Japan).

### *Measurement of ROS*

Intracellular ROS levels were assessed by epifluorescence using 2',7'-dichlorodihydrofluorescein diacetate (DCFH-DA, S0033, Beyotime Institute of Biotechnology, Haimen, China). DCFH-DA is a non-polar membrane-permeable probe that can be hydrolyzed by intracellular esterase to 2',7'-dichlorodihydrofluorescein (DCFH), which can be oxidated to highly fluorescent 2',7'-dichlorofluorescein (DCF) in the presence of ROS and peroxides.<sup>14</sup> After irradiation treatment, HL-60 cells were harvested, loaded with 10 μM DCFH-DA at  $1 \times 10^7$  cells/mL, and incubated for 20 minutes in the dark at 37°C. The cells were washed with serum-free medium and visualized under a fluorescence microscope (DMI 3000 B; Leica Microsystems, Wetzlar, Germany). The fluorescence intensity was determined using a fluorescence plate reader (Millipore, Billerica, MA, USA) at 485 nm excitation and 535 nm

emission. The arbitrary DCF fluorescence units were normalized as 100% in the control condition (0 J/m<sup>2</sup>). For fluorescence microscopy (DMI 3000 B; Leica Microsystems) validation, 100 cells were examined, and the cells that showed fluorescent light were counted.

### *Assessment of MMP changes*

MMP was determined by flow cytometry (FC 500 MPL; Beckman Coulter Inc., Fullerton, CA, USA) using 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolcarbocyanine iodide (JC-1) staining. JC-1 (C2006-1, Beyotime Institute of Biotechnology) is a lipophilic cationic dye that can selectively enter into mitochondria; its color reversibly changes with mitochondrial membrane depolarization. In normal cells with a high MMP, JC-1 spontaneously forms complexes (known as J-aggregates) and exhibits intense red fluorescence. In unhealthy cells with a low MMP, JC-1 remains in its monomeric form and exhibits green fluorescence.<sup>14</sup> HL-60 cells were harvested and incubated with JC-1 at 37°C for 20 minutes at  $1 \times 10^6$  cells/mL. The cells were washed with JC-1 dye buffer (C2006-3, Beyotime Institute of Biotechnology) and analyzed using the FlowJo flow cytometry analysis software (FlowJo LLC, Ashland, OR, USA) at 525 nm excitation and 590 nm emission.

### *Analysis of Bax and Bcl-2 protein expression*

HL-60 cells were irradiated with different doses of 280-nm UV LED and cultured for 2 hours. The cells were harvested and lysed with RIPA lysis buffer (P0013C, Beyotime Institute of Biotechnology). The proteins (15 μg) were separated on a 12% SDS-PAGE gel (P0012A, Beyotime Institute of Biotechnology) and transferred onto polyvinylidene difluoride membranes

(PVDF, ISEQ00010, Millipore). The membranes were incubated with primary antibodies against glyceraldehyde 3-phosphate dehydrogenase (GAPDH; ab128915, Abcam, Cambridge, UK), Bax (ab182733, Abcam), and Bcl-2 (ab32124, Abcam) at 4°C overnight. The membranes were then incubated with the corresponding secondary antibodies (ab205718, Abcam) at room temperature for 1 hour. The signals were visualized using chemiluminescence (Bio-Rad Laboratories, Hercules, CA, USA). ImageJ software (National Institutes of Health, Bethesda, MD, USA) was used to analyze the data.

### *Determination of DNA damage in human lymphocytes*

Please see the detailed information in the Supplementary Materials.

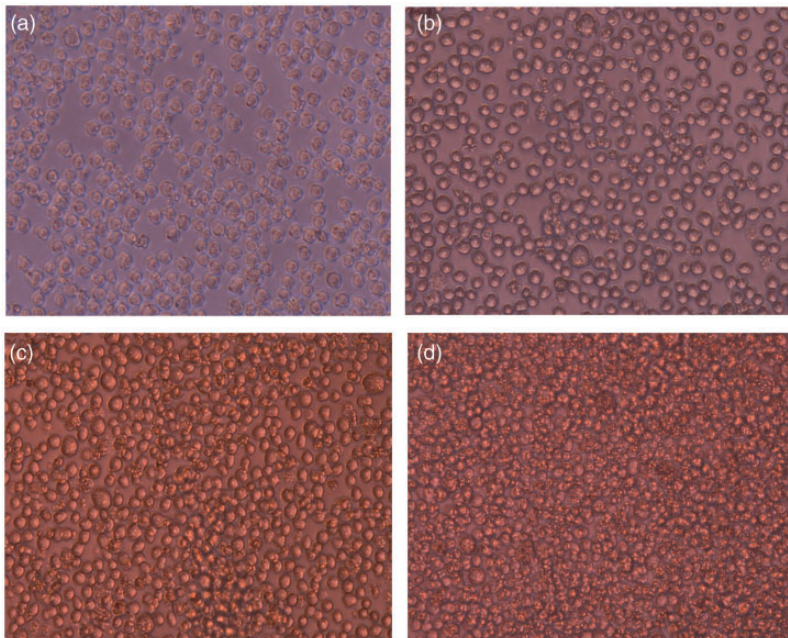
### *Statistical analysis*

The results were analyzed using SPSS 22.0 (IBM Corp., Armonk, NY, USA). The data were expressed as the mean  $\pm$  standard deviation and analyzed using one-way analysis of variance (ANOVA) followed by the Bonferroni correction for multiple pairwise comparisons. A  $P$  value  $<0.05$  was considered to be statistically significant.

## **Results**

### *Cell morphology*

The non-irradiated cells were spherical and arranged in an orderly manner, while their irradiated counterparts had an irregular morphology and were disordered. The transmittance tended to decrease with an increase in the irradiation doses (Figure 1).



**Figure 1.** Morphological characteristics of HL-60 cells. HL-60 cells were exposed to UV LED irradiation at doses of (a) 0, (b) 8, (c) 15, or (d) 30 J/m<sup>2</sup> and incubated for 2 hours. The cells were observed under an inverted microscope. Magnification, 200 $\times$ . UV LED, ultraviolet light-emitting diode.

### ***UV LED irradiation increased the amount of ROS in HL-60 cells***

Intracellular ROS levels were determined using a fluorescence plate reader and confirmed by fluorescence microscopy. A dose-dependent increase in DCF fluorescence was observed with increasing irradiation doses, indicating that UV LED irradiation (8–30 J/m<sup>2</sup>) could induce ROS production in HL-60 cells ( $P < 0.05$  for all doses; Figure 2).

### ***UV LED irradiation induced loss of MMP in HL-60 cells***

Changes in MMP were determined by detecting the red fluorescence intensity. Upon exposure to UV LED irradiation, the percentage of red fluorescent cells decreased with the increase in irradiation doses from 93.8% in the 0 J/m<sup>2</sup> group to 8.02% in the 30 J/m<sup>2</sup> group ( $P < 0.05$  for all comparisons), suggesting that UV LED irradiation (8–30 J/m<sup>2</sup>) could lower the MMP in a dose-dependent manner (Figure 3).

### ***UV LED irradiation upregulated Bax protein and downregulated Bcl-2 protein levels in HL-60 cells***

Western blot results showed that UV LED irradiation at 8 to 30 J/m<sup>2</sup> induced a dose-dependent increase in Bax protein and a decrease in Bcl-2 protein levels, which is consistent with the previous apoptosis and MMP studies by the authors' group.<sup>13</sup> The changes in pro-apoptotic Bax and anti-apoptotic Bcl-2 might be involved in the loss of MMP and apoptosis ( $P < 0.05$  for multiple pairwise comparisons; Figure 4).

### ***UV LED irradiation induced DNA damage in human lymphocytes***

Please see the detailed information in the Supplementary Materials and Figure S1.

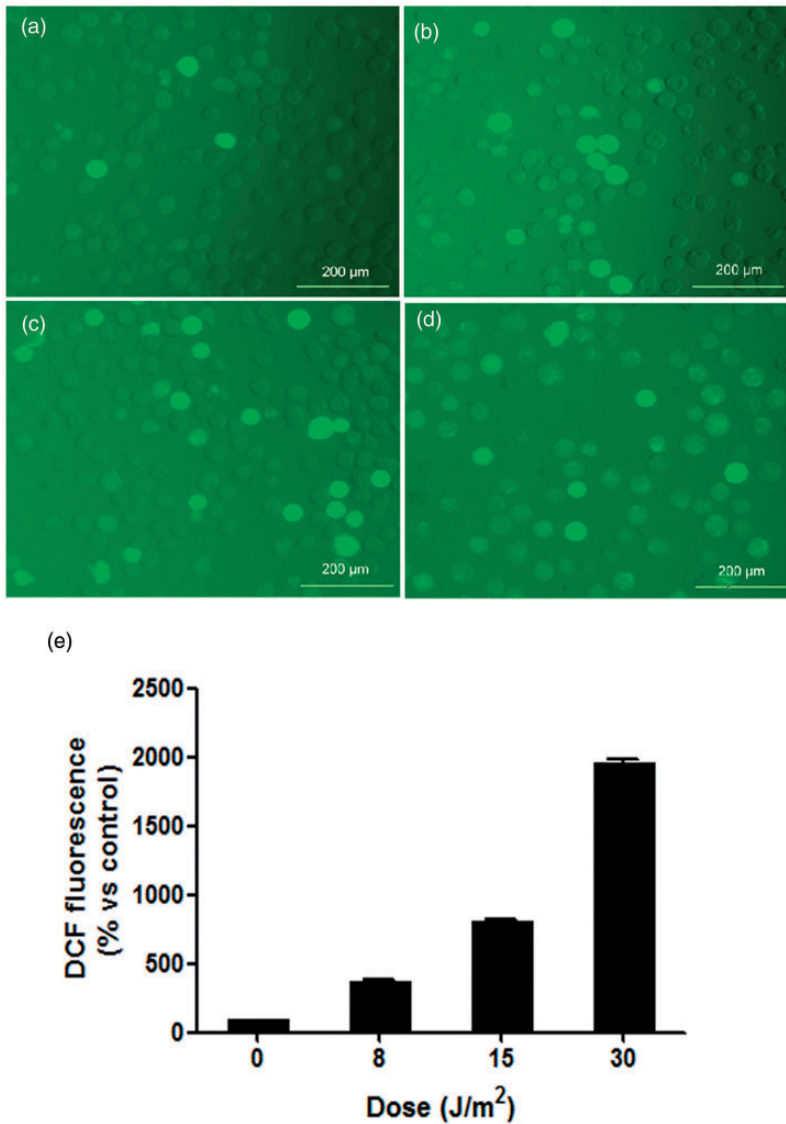
### ***Antioxidants antagonized DNA damage of lymphocytes induced by UV LED irradiation***

Please see the detailed information in the Supplementary Materials and Figure S2.

## **Discussion**

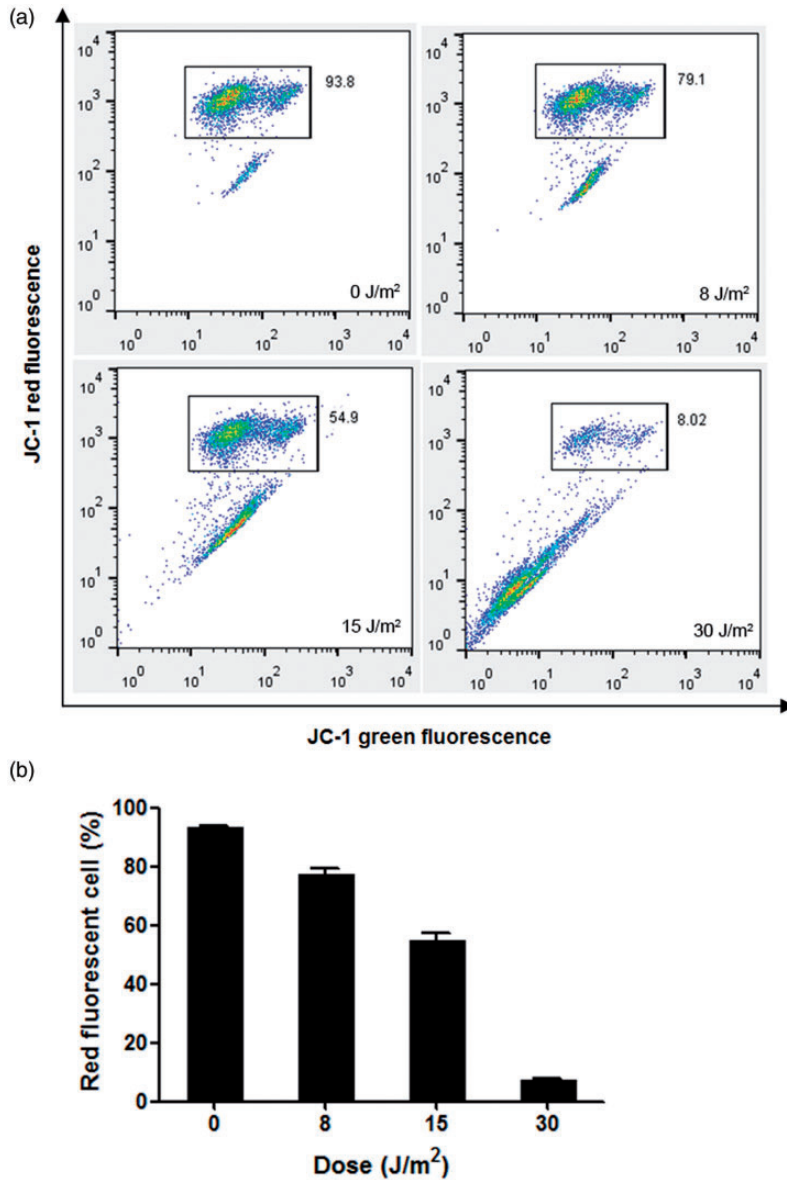
ROS is induced by UV irradiation via two primary pathways: direct and indirect. The direct pathway involves absorption of energized UV photons by cellular photosensitizers, causing an initial ROS burst through energy transfer from excited photosensitizers to molecular oxygen.<sup>2,3</sup> The indirect pathway is termed mitochondrial ROS-induced ROS release (RIRR), in which the initial ROS burst reaches threshold levels for opening the mitochondrial membrane channels, resulting in MMP dissipation and mitochondrial ROS production by the electron transfer chain. Generated ROS are released into the cytosol and serve as a “second messenger” to activate RIRR in adjacent mitochondria, inducing a positive-feedback loop for enhanced ROS production.<sup>15</sup>

When the amount of ROS overwhelms the antioxidant capacity of the cell, oxidative damage to cellular components (such as DNA, lipids, and proteins) ensues, perturbing cellular functions and ultimately leading to apoptosis.<sup>5,16</sup> ROS can directly trigger cytochrome c release, thereby independently contributing to UV-induced apoptosis.<sup>4,5</sup> In addition, ROS, as secondary messengers, mediate the activation of apoptosis-related signaling cascades such as mitogen-activated protein kinases (MAPKs) and nuclear factor  $\kappa$ B (NF- $\kappa$ B).<sup>17,18</sup> This study found that 280 nm UV LED irradiation induced dose-dependent ROS production at 8 to 30 J/m<sup>2</sup>, which was consistent with our previous findings that apoptosis could be induced under the same UV LED regimen. This indicates that UV LED-induced apoptosis in HL-60 cells is potentially



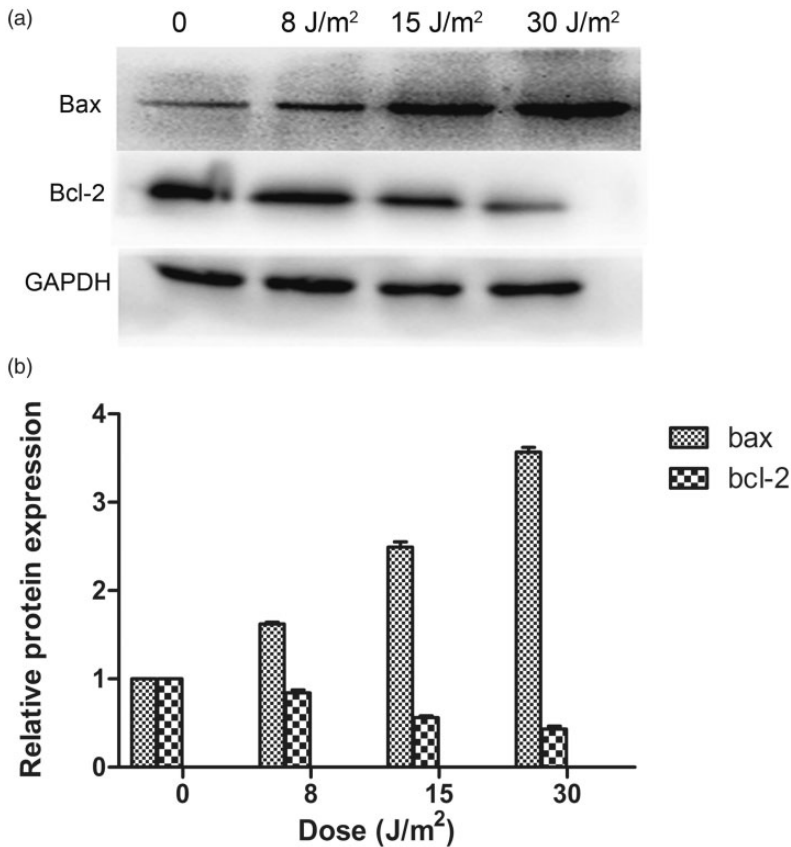
**Figure 2.** UV LED irradiation induced ROS production in HL-60 cells. Intracellular ROS levels were positively correlated with the percentage of fluorescence-activated cells that was determined by epifluorescence using a DCFH-DA probe. The fluorescent cells were observed under a fluorescence microscope after exposure to UV LED irradiation at doses of (a) 0, (b) 8, (c) 15, or (d) 30 J/m<sup>2</sup>. Magnification, 200×. (e) UV LED irradiation induced a dose-dependent increase in the DCF fluorescence intensity.  $P < 0.05$  for multiple pairwise comparisons.

UV LED, ultraviolet light-emitting diode; ROS, reactive oxygen species; DCFH-DA, 2',7'-dichlorodihydrofluorescein diacetate; DCF, 2',7'-dichlorofluorescein.



**Figure 3.** UV LED irradiation induced MMP reduction in HL-60 cells. (a) MMP was detected by flow cytometry using JC-1 staining after the cells were subjected to UV LED irradiation at doses of 0, 8, 15, or 30  $J/m^2$ , which was negatively correlated with the red fluorescence intensity. (b) UV LED irradiation induced a dose-dependent decrease in the percentage of red fluorescent cells.  $P < 0.05$  for multiple pairwise comparisons.

UV LED, ultraviolet light-emitting diode; MMP, mitochondrial membrane potential; JC-1, 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazol-carbocyanine iodide.



**Figure 4.** UV LED irradiation upregulated Bax protein and downregulated Bcl-2 protein levels in HL-60 cells. (a) The cells were irradiated with UV LED at 0, 8, 15, or 30 J/m<sup>2</sup>. Western blot analysis was performed to detect Bax and Bcl-2 expression. GAPDH served as a loading control. (b) The relative Bax protein expression was upregulated as the UV LED dose increased, while the relative Bcl-2 protein expression was downregulated in a dose-dependent manner.  $P < 0.05$  for multiple pairwise comparisons. UV LED, ultraviolet light-emitting diode; GAPDH, glyceraldehyde 3-phosphate dehydrogenase.

associated with enhanced ROS production. UV light damages DNA directly, and the ROS that are generated following UV irradiation also damage DNA.<sup>4,5</sup> In the present study, UV LED damaged lymphocyte DNA, and antioxidants partially prevented this damage, which suggests that there are direct and indirect effects of UV LED on DNA (Figures S1, S2).

MMP is essential for cellular metabolism and mitochondrial functions.<sup>19</sup> Recent studies have indicated that MMP dissipation is the most predominant event during the early

stages of the intrinsic apoptotic pathway. Multiple apoptotic signals converge on the mitochondria, such as increased ROS production and *p53* and MAPK activation, leading to the translocation and oligomerization of the pro-apoptotic Bax/Bak proteins, which result in the loss of MMP and subsequent release of apoptogenic proteins (e.g., cytochrome c, apoptosis-inducing factors, and Smac/Diablo) into the cytoplasm. The resulting proteolytic processes trigger activation of the caspase cascade, which ultimately leads to apoptosis.<sup>20,21</sup> In the present



study, a dose-dependent decrease in MMP was observed after 8 to 30 J/m<sup>2</sup> UV LED irradiation, which was in accordance with the results of the previous apoptosis study by the authors' group.<sup>13</sup> This suggests that MMP dissipation was involved in UV LED-mediated apoptosis of HL-60 cells. In addition, the changes in pro-apoptotic Bax and anti-apoptotic Bcl-2 support activation of apoptosis with higher UV LED doses.

This study has some limitations. Only two types of eukaryotic cells were investigated. Future studies should examine bacteria, fungi, and viruses. Apoptosis is a complex event, and only a few components of apoptosis were examined. In addition, a standard mercury UV lamp was not used in this study. Future studies could compare the effects of the two types of UV light in parallel.

Taken together, ROS production and MMP reduction are two distinct but interacting events, both of which participate in UV LED-mediated apoptosis. The elucidation of additional molecular mechanisms underlying apoptosis and the interplay between the different pathways will increase our understanding of how UV LED irradiation exerts its apoptotic effects. This might facilitate the development of strategies for killing various types of cells.

### Author contributions

Dong Xie and Lirong Sun conceived and designed the study. Guifen Wang conducted the cell culture and western blot experiments. Dong Xie and Yunlong Li assessed ROS and MMP. Jian Jiang was the data manager for the study. Dong Xie drafted the manuscript. Lirong Sun performed a critical revision of the manuscript for important intellectual content. All authors read and approved the final version of the manuscript.

### Availability of data and materials

The datasets that were used and analyzed during the current study are available from the corresponding author upon reasonable request.

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### Declaration of conflicting interest

The authors declare that there is no conflict of interest.

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### Supplemental material

Supplementary material for this article is available online.

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