



Antiproliferative activity and nitric oxide production of a methanolic extract of *Fraxinus micrantha* on Michigan Cancer Foundation-7 mammalian breast carcinoma cell line

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ABSTRACT

Aim: Methanolic extract of a Fraxinus micrantha (MeFM) was evaluated for antiproliferative activity in vitro using Michigan Cancer Foundation-7 (MCF-7) breast carcinoma cell line. This plant was selected and studied for naturally available bioactive compound as different synthetic drugs available for cancer treatment has certain limitations and side effects. Materials and Methods: The anti-proliferative activity of a methanolic extract from the aerial parts of F. micrantha was assessed on MCF-7 breast cancer cell line using 3(4,5-dimethylthiazol-2-yl)2,5-diphenyl-tetrazolium bromide assay. Furthermore, to understand the mechanism of anti-proliferation, production of nitric oxide (NO) and DNA fragmentation was also determined on MCF-7 cells. Different phytoconstituents of the extract were determined qualitatively based on various biochemical assays. Results: The results demonstrated anti-proliferative activity of an MeFM in a concentration and time-dependent manner. The percentage viability determined was 31.24% at 125 μ g/ml as compared to 80.46% in negative control group. An MeFM has also shown NO production in a concentration (0.2-125 μ g/ ml) and time-dependent manner (24-48 h). DNA fragmentation studies showed that a methanolic extract was causing DNA fragmentation thus inducing apoptosis in MCF-7 breast carcinoma cells. Biochemical analysis result showed the presence of flavonoids, polyphenols, and sterols in an MeFM. Conclusion: In conclusion, F. micrantha possesses potent anti-proliferative activity on the malignant MCF-7 cell line which is correlated with the production of NO and DNA fragmentation. Further studies are required to identify, isolate, and characterize the phytochemicals present in the methanolic extract that might have antiproliferative potential in the treatment of different cancer conditions.

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INTRODUCTION

Cancer is the disease characterized by uncontrolled and unregulated proliferation of cancer cells. One defining feature of cancer is the rapid creation of abnormal cells that grow beyond their usual boundaries, and which can then invade adjoining parts of the body and spread to other organs. By 2012, about 8.2 million died of cancers [1]. The conventional treatment of cancer includes chemotherapy causes various adverse and toxic side effects. These include damage to blood-forming cells in the bone marrow, hair follicles and cells lining mucous membrane, digestive tract, and reproductive system [2]. In view of this, there is a greater emphasis on search for novel and safer alternative. Plant are the attractive source as number of drugs such as sanguinarine, vinblastine, vincristine, teniposide,

taxol, and camptothecin had being derived from these natural products [3]. In this continuing search for new anticancer compounds from plants, the present study evaluated the antiproliferative property of a methanolic extract of *Fraxinus micrantha* (MeFM) which had been previously reported for a number of medicinal properties.

The genus Fraxinus is in the olive family, Oleaceae. F. micrantha is one of the ashes found in Asia mainly in India and Nepal. In India, it is found in Himachal Pradesh and Uttar Pradesh region [4]. F. micrantha have been studied for its medicinal and economical value worldwide since ancient times. Local inhabitants of Dharchula, Himalayas use the inner bark infusion for the treatment of liver enlargement, jaundice, and other liver diseases [5]. The dried bark of Fraxinus japonica blume is

available in the market as an oriental medicine "shinpi" in Japan and has been used since olden times as diuretic, an antifebrile, an analgesic, and an anti-rheumatic [6]. Fraxinus rhyncophylla is traditional Chinese herb and has antidiarrheal properties [7].

Michigan Cancer Foundation-7 (MCF-7) cell line derived from the breast cancer cells was used as an *in vitro* model to study the anti-proliferative studies because the cell line has retained several ideal characteristics particular to the tumor epithelium [8].

MATERIALS AND METHODS

3(4,5-dimethylthiazol-2-yl) 2,5-diphenyl-tetrazolium bromide (MTT), dimethylsulfoxide, Roswell Park Memorial Institute (RPMI) 1640, fetal bovine serum (FBS), streptomycin, penicillin G (Sigma-Aldrich Chemical Company Germany). Guanidium isothiocyanate reagent (EZ DNA KIT, Biological Industries, Israel, Beit Haemek Ltd.), Gene Ruler 1 kb DNA ladder (Fermentas) were used. Furthermore, Griess reagent was prepared of 1% sulphanilamide and 0.1% N-[naphthyl] ethylenediamine dihydrochloride in o-phosphoric acid (Sigma-Aldrich Chemical Company Germany).

Plant Material, Extraction and Preparation

The dried barks of *F. micrantha* were purchased from the local market in Delhi around February-March, 2012 and authenticated by a certified botanist. A voucher specimen (USBT#101-19012012FM) was submitted to the herbarium in the laboratory. The dried barks were grinded using an electric grinder and subjected to extraction (1:10) using methanol as solvent system by decoction method for 3-4 days. The solvent thus obtained was subjected to rota-evaporation for 24 h to get an MeFM. The fraction was reconstituted in complete RPMI (cRPMI - with 10% FBS and 1% antibiotic solution) medium and stock concentration of 2 mg/ml was made. The stock of an MeFM was filtered using 0.2μ syringe filter before making different concentrations (0.2-125 μ g/ml).

Anti-proliferative Study on MCF-7 Breast Carcinoma Cell Line

MCF-7 cells were plated at 5×10^5 cells/well in a 96-well plate in cRPMI (100 μ l). 24 h after confluency (70-80%) and 48 h after more than 90% confluency, cells were treated with different concentrations of an MeFM (0.2-125 μ g/ml). Each concentration was tested in triplicates (100 μ l in each well). Untreated cells were used as negative control and taxol was used as a positive control. Morphological and quantitative changes were observed under inverted microscope at \times 200 magnification and photographed.

MTT Assay

This assay was based on the cleavage of yellow tetrazolium dye MTT into soluble purple formazan, by succinate dehydrogenase

in active mitochondria. Dead cells were unable to perform this reaction. In this assay, the amount of purple formazan generated is spectrophotometrically determined in a multi-well plate reader at 570 nm [9]. Cell viability was calculated by trypan blue dye exclusion method [10], and cells were plated in 96 well tissue culture plates at a final volume of 100 μ l (in triplicates). Culture plates were incubated at 37°C and 5% CO $_2$ in a CO $_2$ incubator for 24 h. Afterward, different groups were given incubation with taxol (0.25 μ M) and different concentrations (0.2-125 μ g/ml) of an MeFM. After incubation, the supernatant was removed for nitric oxide (NO) analysis.

Griess Assay

The amount of NO formed was estimated from the accumulation of the stable NO metabolite, nitrite (NO_2) by Griess assay. In this assay, the culture supernatant ($100~\mu$ l) from various treatment groups from the previous experimental set up and Griess reagent ($100~\mu$ l) were mixed, and the absorbance was measured at 550 nm [11]. The amount of nitrite was calculated from a NaNO₂ standard curve (0-200 μ M).

Detection of DNA Fragmentation

The MCF-7 cells were plated in 24-well plates (2 × 10⁶ cells/well). The cells were treated with taxol and an MeFM at different concentration ranging from 0.2 μ g/ml to 125 μ g/ml for 24 h (in duplicates). After incubation cells were harvested using phosphate buffered saline (pH 7.4) and trypsin and centrifuged at 10,000 rpm for 10 min at room temperature. The pellet was reconstituted in 1 ml of EZ reagent. 1 ml of ethanol was added, and the contents were mixed thoroughly. After washing twice with ethanol, the pellet was air-dried and was dissolved in 8 mM sodium hydroxide. The samples (20 μ l/well) were electrophoresed on 2.5% agarose gel along with molecular marker.

Biochemical Tests on an MeFM

Different biochemical tests such as Mayer's and Libermann Burchard's were performed for the qualitative detection of various phytoconstituents (alkaloids, flavonoids, polyphenols, sterols, and saponins) in an MeFM. Extract was treated with Mayer's reagent (potassium mercuric iodide). Formation of a yellow colored precipitate indicates the presence of alkaloids. Chloroform was added to 1 ml MeFM and then treated with few drops of acetic anhydride, boiled and cooled, followed by addition of concentrated sulfuric acid. Formation of brown ring at the junction indicates the presence of phytosterols. For the detection of saponins, an MeFM was diluted with distilled water to 20 ml, and this was shaken in a graduated cylinder for 15 min. Formation of 1 cm layer of foam indicates the presence of saponins. Flavonoids were detected using alkaline reagent test where an MeFM was treated with few drops of sodium hydroxide solution resulted in formation of intense yellow color, which becomes colorless on addition of dilute acid, indicates the presence of flavonoids. Addition of 3-4 drops of ferric chloride solution to an MeFM forms bluish black color indicating the presence of polyphenols [12].

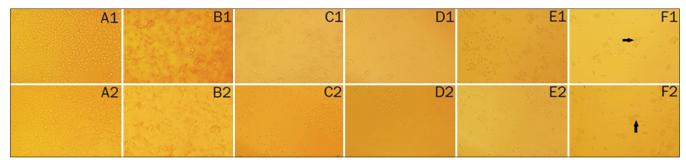


Figure 1: Comparison of Michigan Cancer Foundation-7 breast carcinoma cells at 24 h and 48 h - A1 and A2 only completed Roswell Park Memorial Institute (negative control), B1 and B2 taxol (positive control), C1 and C2 methanolic extract of a *Fraxinus micrantha* (MeFM) 0.2 μg/ml, D1 and D2 MeFM 0.9 μg/ml, E1 and E2 MeFM 31.25 μg/ml and F1 and F2 MeFM 125 μg/ml (arrow showing cell clumping)

Statistical Analyses

Statistical tests were performed using Graphpad Prism 4 (GraphPad software, Inc., CA/USA, 2011). Data were presented as mean \pm standard error. For single comparison, the significance of differences between means was determined by Student's *t*-test. A value of P < 0.05 was considered statistically significant.

RESULTS

Morphological Examination of Anti-proliferative Activity of an MeFM against MCF-7 Human Breast Carcinoma Cell Line

The cells were treated with different concentration of an MeFM $(0.2, 0.9, 31.25 \text{ and } 125 \mu g/\text{ml})$ for 24 h. After incubation morphological alterations were observed as compared to control groups. Untreated cells were elongated, expanding as monolayers forming interconnections between them on the well surface. Exposure of MCF-7 cells to concentrations of an MeFM as mentioned above at different time intervals (24 h, 48 h) resulted in retraction and rounding of cells. At 24 h incubation, the negative control group [Figure 1a1] showed 70% confluence with normal and healthy growing cells while cells debris were seen in positive control group [Figure 1b1]. At 0.2 μg/ml [Figure 1c1] and 0.9 μ g/ml [Figure 1d1] the cells showed slow proliferation rate as they were less in number as compared to the negative control group. At high concentration of 31.25 $\mu g/ml$ [Figure 1e1] and 125 $\mu g/ml$ [Figure 1f1] the cells were seen in patches and clumps which is the sign of deteriorated morphology. At 48 h, the negative control cells [Figure 1a2] were fully confluent. The cells treated with taxol [Figure 1b2] showed dead cells and cell debris while cells incubated with an MeFM (0.2 μ g/ml and 0.9 μ g/ml) showed very less proliferative cells. An MeFM at high concentration (31.25 µg/ml [Figure 1e2] and $125 \,\mu g/\text{ml}$ [Figure 1f2]) showed complete inhibition of cell proliferation indicating strong anti-proliferative activity.

Evaluation of Cytotoxicity of an MeFM against MCF-7 Human Breast Carcinoma Cell Line

The relationship between concentration of an MeFM and its cytotoxic effect on MCF-7 cells was evaluated by MTT assay.

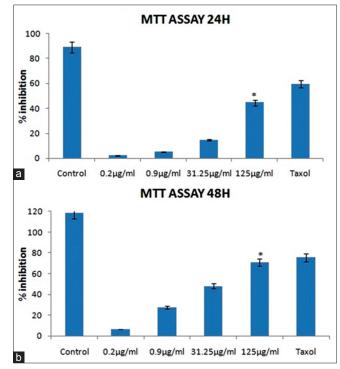


Figure 2: Effect of different concentrations of an methanolic extract of a *Fraxinus micrantha* (MeFM) (0.2-125 μg/ml) on cytotoxicity in Michigan Cancer Foundation-7 human breast cancer cell line at: (a) 24 h and (b) 48 h; *Antiproliferative potency of an MeFM was found to be significant, p<0.05 compared to untreated negative control group. Data are means±standard error for three independent experiments

The cells were treated with an MeFM at different concentrations (0.2, 0.9, 31.25 and 125 μ g/ml) for 24 h [Figure 2a] and 48 h [Figure 2b]. The MeFM was found to be cytotoxic to MCF-7 cells in concentration and time-dependent manner. Similar results were observed when the taxol was used as a positive control. An MeFM at 31.25-125 μ g/ml decreased the proliferation of MCF-7 cells by 15-45% at 24 h and by 82-89% at 48 h. Treatment with an MeFM significantly decreased the proliferation (31.24%) of MCF-7 carcinoma cells, P < 0.05 compared to negative control group (80.46%) which was untreated MCF-7 cells. The inhibitory concentration 50 value calculated from the line of best fit was 18.95 μ g/ml.

NO Production by an MeFM against MCF-7 Human Breast Carcinoma Cell Line

The supernatant collected from different groups was subjected to NO assay by Griess method. The MeFM was found to be inducing NO production in a concentration and time-dependent manner [Figure 3]. With the increase in incubation time with an MeFM, the amount of NO produced was almost doubled (90 μ M at 24 h and 187 μ M at 48 h). Interestingly, the highest concentration of an MeFM induced NO production at a higher level than the positive control, taxol. The high production in NO after incubation with an MeFM was shown to be significant with P < 0.05 as compared to the positive control group treated with taxol.

DNA Fragmentation Analysis by an MeFM

DNA fragmentation of MCF-7 (2 × 10⁶ cells/well) was detected on 2.5% agarose gel after exposing with control groups and concentrations of an MeFM ranging from 0.2 to 125 μ g/ml for 24 h. At an MeFM concentration of 125 μ g/ml, DNA smear was observed ranging up to 0.2 kb [Figure 4]. This smear (Lane 2) was obtained because of DNA fragmentation induced by an MeFM, which probably causing apoptosis. On the other hand, a sharp clear band was obtained in a negative control (Lane 6). A 1kb DNA ladder was used as a marker.

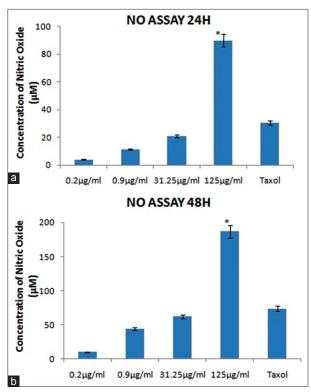


Figure 3: Effect of different concentrations of an methanolic extract of a *Fraxinus micrantha* (MeFM) (0.2-125 µg/ml) on nitric oxide (NO) production in Michigan Cancer Foundation-7 human breast cancer cell line at: (a) 24 h and (b) 48 h; *Induction of NO production was found to be significant, p<0.05 compared to positive control group. Data are means±standard error for three independent experiments

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Biochemical Assays

Qualitative analysis showed the presence of flavonoids, polyphenols, and sterols while alkaloids and saponins were absent in an MeFM [Table 1].

DISCUSSION

Cancer is one of the invasive diseases caused by the uncontrolled proliferation and growth of otherwise normally growing cells. The drugs used in conventional chemotherapy causes various toxic and side effects such as depression of bone marrow leads to neutropenia, fall of hair follicles, damage to cell lining of mucous membrane, digestive tract, and reproductive system [2]. In view of this, there is an urgent need to search for novel and safer alternative molecules having anti-proliferative property. Natural resources especially plant like *E micrantha* found in the Himalayan region of Indian subcontinent have been reported

Table 1: Result of phytochemical screening of bark of an MeFM

Phytoconstituents	Observation	Result
Alkaloid	No precipitate	-
Flavonoids	Colorless solution	+
Polyphenols	Black color	+
Sterols	Brown ring	+
Saponins	Unstable froth formation	-

+: Present, -: Absent, MeFM: Methanolic extract of a Fraxinus micrantha

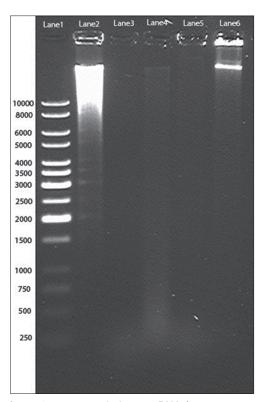


Figure 4: 2.5% agarose gel showing DNA fragmentation induced by an methanolic extract of a *Fraxinus micrantha* (Lane 1-1 kb marker, Lane 2-125 μ g/ml, Lane 3-31.25 μ g/ml, Lane 4-0.9 μ g/ml, Lane 5-0.2 μ g/ml, and Lane 6 - Negative control)

for various medicinal properties [13]. The present study for the first time reporting anti-proliferative property of an MeFM *in vitro* on MCF-7 cell line.

The MeFM demonstrated significant antiproliferative effect against MCF-7 human breast carcinoma cell line. MTT reduction assay showed concentration and time-dependent cytotoxicity of the MeFM. The morphological changes in MCF-7 breast cancer cells incubated with different concentrations of an MeFM were consistent with MTT assay. At the concentration of $31.25 \,\mu g/\text{ml}$ and $125 \,\mu g/\text{ml}$ striking morphological changes such as clumping of cells having round morphology, retraction and shrinking of cells were observed in inverted microscope in the same manner as MTT reduction assay showed strong cytotoxic action of an MeFM at these concentrations. The cytotoxicity of an MeFM at high concentration (125 μg/ml) used in the present study was almost comparable to cytotoxicity of taxol. This showed that the phytoconstituents present in the MeFM have strong anti-proliferation potential which might be useful in deriving the novel anticancer molecule in future.

NO is a short-lived free radical, endogenously acts as a signaling molecule in the body. Previous reports showed that an excessive and unregulated NO synthesis has been implicated to abrogation of tumorigenicity and metastasis of tumor cells [14]. NO is also known to inhibit cell proliferation and induces apoptosis in high concentrations [15]. Increased NO production has been reported in breast cancer cells treated with various apoptotic agents, such as tumor necrosis factor-α, phorbol esters, and peptide hormones [14,16]. This study demonstrated that on incubation of MCF-7 cells with different concentrations of an MeFM, NO was produced in concentration- and time-dependent manner. This phenomena might be possible due to enhancing effect of iNOS gene stimulated by an MeFM which may lead to enhanced production of NO [17] which might be responsible for damage of various cellular components (proteins, DNA, other organelles) and finally may result in cell death and apoptosis. This was consistent with our result of DNA damage in DNA fragmentation study after incubation with an MeFM. Similar DNA fragmentation results were reported in a study with positive control taxol [18].

Biochemical tests showed the presence of flavonoids, polyphenols, and sterols present in the MeFM, which might be involved in anti-proliferative activity. Flavonoids have been reported for potent cell growth inhibitory actions over a physiologically relevant concentration range [19].

In conclusion, the results of the present study demonstrated that the MeFM has potent antiproliferative activity which might be inducing the phenomena of programmed cell death or apoptosis. Further studies are required to identify, isolate, and characterize the active phytoconstituents from the extract in order to be used as a potential anticancer agent in the future for cancer chemoprevention.

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