# 3D Visualization of the Dynamic Bidirectional Talk Between ER/PR and Her2 Pathways 

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#### Abstract

Background: Extensive amounts of archived formalin fixed paraffin embedded (FFPE) human tumor tissues are the ultimate resource to investigate signaling network underlying tumorigenesis in human. Yet, their usage is severely limited for lacking of suitable protein techniques. In this study, a quantitative, objective, absolute, and high throughput immunoblot method, quantitative dot blot (QDB), was explored to address this issue by investigating the putative relationship between estrogen receptor (ER)/ progesterone receptor (PR) and human epidermal growth factor receptor 2 (Her2) pathways in breast cancer tumorigenesis. Methods: In this descriptive observational retrospective study, ER, PR, Her2, and Ki67 protein levels were measured absolutely and quantitatively in 852 FFPE breast cancer tissues using the QDB method. ER, PR, and Her2 levels were charted on the $\mathrm{X}, \mathrm{Y}$, and Z-axes to observe samples distribution in a 3D scatterplot. Results: A "seesaw" relationship between ER/PR and Her2 pathways was observed in ER-PR-Her2 space, characterized by the expression levels of these 3 proteins. Specimens with strong expressions of ER/PR proteins were found spreading along the ER/PR floor while those with strong Her2 expression were found wrapping around the Her2 axis. Those lacking strong expressions of all 3 proteins were found accumulating at the intersection of the ER, PR, and Her2 axes. Few specimens floated in the ER-PR-Her2 space to suggest the lack of co-expression of all 3 proteins simultaneously. Ki67 levels were found to be significantly reduced in specimens spreading in the ER-PR space. Conclusions: The unique distribution of specimens in ER-PR-Her2 space prior to any clinical intervention provided visual support of bidirectional talk between ER/PR and Her2 pathways in breast cancer specimens. Clinical interventions to suppress these 2 pathways alternatively warrant further exploration for breast cancer patients accordingly. Our study also demonstrated that the QDB method is an effective tool to analyze archived FFPE cancer specimens in biomedical research.


## Keywords

QDB, biomarker, high throughput, FFPE, protein quantitation

## Abbreviations

ELISA, enzyme linked immunosorbent assay; ER, estrogen receptor; FFPE, formalin fixed paraffin embedded; Her2, human epidermal growth factor receptor 2 ; HR, hormone receptor; IHC, immunohistochemistry; MS, mass spectrometry; PR, progesterone receptor; QDB, quantitative dot blot method; RPPA, reverse phase protein array

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## Introduction

While numerous putative signaling pathways have been proposed underlying tumorigenesis through cellular and animal studies over the years, their clinical relevance may only be established through investigations using human cancer tissues. However, in addition to ethical and privacy concerns, there are several technical challenges to utilizing human cancer tissues in biomedical research, especially at the protein level.

[^0]Human cancer tissues are mainly preserved in formalin fixed paraffin embedded (FFPE) format. The heavy crosslinking of the proteins in these tissues limits the usage of conventional protein techniques including enzyme linked immunosorbent assay and Western Blot analysis. ${ }^{1}$ On the other hand, unlike in a typical laboratory setting where experimental materials are relative homogenous, human cancer tissues differ by age, sex, tumor size, tumor stage, and other clinicopathological factors. Therefore, a large number of human cancer tissue specimens need to be included in the study to eliminate potential bias. Evidently, a high-throughput protein technique is needed to meet this challenge.

In this regard, mass spectrometry (MS) may not be the best choice, as it is more suitable for analyzing a large number of proteins in a few tissue specimens, rather than a few proteins in a large number of tissue specimens. ${ }^{2}$ The only highthroughput method to suit this purpose presently is reverse phase protein array. ${ }^{3}$ However, the high equipment cost and stringent technical requirement associated with this method make it unlikely to be a standard part of a typical signaling transduction laboratory.

Recently, we introduced the quantitative dot blot (QDB) method to measure protein levels in fresh, frozen, and FFPE tissues absolutely and quantitatively. ${ }^{1,4-6}$ This is a highthroughput method requiring minimum equipment and training, adaptable in a regular laboratory setting. This method is well suited to investigate and validate findings from cellular and animal studies in human cancer tissues.

In the last 2 decades, extensive clinical studies led to the identification of 2 dominant signaling transduction pathways underlying tumorigenesis in human breast cancer: the estrogen receptor (ER)/progesterone receptor (PR) signaling pathway and human epidermal growth factor receptor 2 (Her2) pathway. Accordingly, surrogate assay has been developed to guide breast cancer patients for targeted therapies in daily clinical practice. ${ }^{7}$ In surrogate assay, the activation statuses of these 2 pathways are monitored by examining the protein levels of key molecules in these pathways, including ER, PR, Her2, and Ki67, using immunohistochemistry (IHC). The success of surrogate assay in daily clinical practice suggests that we can monitor the activation statuses of ER/PR and Her2 pathways by following the expression levels of these key molecules in the FFPE specimens.

Yet, despite the success of targeted therapies in clinical practice, patients frequently developed resistance to these treatments afterward. Bidirectional talk between these 2 pathways is proposed to explain this acquired resistance, suggesting that ER/ PR and Her2 signaling pathways are inversely related with each other. ${ }^{8,9}$ Suppression of one pathway through clinical intervention leads to the activation of the other pathway as an escape pathway in vivo. ${ }^{8,10}$

Indeed, activation of Her2 signaling pathway was found to lead to ER degradation, while inhibition of Her2 signaling pathway in preclinical studies led to the restoration of ER expression at both mRNA and protein levels. ${ }^{11}$ Direct binding between Her2 and ER has also been shown in 293T cells
when co-transfected with both ER and Her2 cDNA constructs. ${ }^{12}$ Subsequently, co-administration of both endocrine and anti-Her2 therapies (combined therapy) was evaluated in several clinical trials as the solution to overcome acquired resistance among breast cancer patients. ${ }^{10}$

In this study, we attempted to further explore the relationship between ER/PR and Her2 pathways by measuring ER, PR, Her2, and Ki67 protein levels as absolute and continuous variables in 852 FFPE breast cancer specimens using the QDB method, prior to any clinical intervention. Protein lysates were extracted from $2 \times 15 \mu \mathrm{~m}$ FFPE slices, and the same lysates were used for quantitation of all 4 protein biomarkers to maximally avoid tumor heterogeneity at tissue level. Our results provide a visual support of an inherent bidirectional talk between ER/PR and Her2 pathways leading to breast cancer tumorigenesis.

## Materials and Methods

## Human Subjects and Human Cell Lines

The reporting of this study conforms to STROBE guidelines. ${ }^{13}$ In this retrospective, descriptive, and observational study, a total of 852 FFPE breast cancer tissue specimens were provided consecutively and nonselectively together with documented IHC scores of 4 biomarkers from Yuhuangding Hospital at Yantai, China. The inclusion and exclusion criteria were specimens of female breast cancer patients administered sequentially and nonselectively from 2013 to 2017 prior to any clinical intervention. The ages of the patients were from 32 to 82 years, averaged at 53 years. All the details of the patients have been deidentified.

All the studies were carried out in accordance with the Declaration of Helsinki and approved by the Medical Ethics Committees of Yuhuangding hospital [2017(76)] on August 31, 2017. The informed consent form requirement was waived for archived specimens.

MCF-7 and BT474 cell lysates were obtained from the Cell Bank of Chinese Academy of Sciences (Shanghai, China), and used as controls for all 4 biomarkers.

## General Reagents

Recombinant human Her-2/ErbB2 protein (cat\# 10004-H20B1) was purchased from Sino Biological Inc. ER, PR, and Ki67 recombinant proteins were purified in the house. QDB plate was purchased from Quanticision Diagnostics, Inc (RTP). Anti-PR (clone 1E2, cat\# 790-4296) rabbit monoclonal primary antibody was purchased from Roche Diagnostics GmbH. Rabbit anti-ER (clone SP1, cat\# ab13370) antibody was purchased from Abcam Inc. Rabbit anti-Her2 antibody (clone EP3, cat\# ZA-0023) and mouse anti-Ki67 (clone MIB1, cat\# ZM-0167) were purchased from ZSGB-BIO (www.zsbio.com). HRP labeled Donkey Anti-Rabbit IgG secondary antibody was purchased from Jackson Immunoresearch lab (West Grove). BCA total protein quantification kit was purchased from Thermo Fisher Scientific Inc (Calsband).

## Purification of Protein Standards for ER, PR, and Ki67

DNA sequences corresponding to the 1162-1254AA of human Ki67 (NCBI \#: NM_002417.4), 455-595AA of human ER- $\alpha$ (NCBI \#: NM_000125.3), and 310-417AA of human PR isoform B (NCBI \#: NP000917.3) were inserted into pET-32a $(+)$ expression vector, respectively, and expressed in $E$ coli BL21(DE3) competent cells. The cells were induced with 1 mM IPTG, and total bacterial lysates were extracted in 10 ml binding buffer ( 20 mM sodium phosphate, 500 mM $\mathrm{NaCI}, 20 \mathrm{mM}$ imidazole, PH 7.4) before they were loaded onto a high affinity $\mathrm{Ni}^{2+}$ column preequilibrated with 10 ml binding buffer. The recombinant protein was eluted with 3 ml elution buffer ( 20 mM sodium phosphate, 500 mM NaCI , 250 mM imidazole, PH 7.4), and dialyzed in PBS (PH 7.4) at $4^{\circ} \mathrm{C}$ overnight. The purity of the protein was examined by a $12 \%$ SDS-PAGE gel, and the purified protein was stored at $-80^{\circ} \mathrm{C}$ in small aliquot with $20 \%$ glycerol.

## Preparation of FFPE Tissue and Cell Lysates

Two breast cancer tissue FFPE slices $(2 \times 15 \mu \mathrm{~m})$ were put into 1.5 ml Eppendorf tubes, and deparaffinized before they were solubilized using solubilization buffer ( 50 mM HEPES, $137 \mathrm{mM} \mathrm{NaCl}, \quad 5 \mathrm{mM}$ EDTA, $1 \mathrm{mM} \mathrm{MgCl}_{2}, \quad 10 \mathrm{mM}$ $\mathrm{Na}_{2} \mathrm{P}_{2} \mathrm{O}_{7}, 1 \%$ TritonX-100, $10 \%$ glycerol, pH 7.6 ). The recovery rate of the current extraction method was estimated by adding known amounts of formalin fixed Ki67 recombinant protein to microtubes containing a slice of FFPE breast cancer specimen with minimum Ki67 protein expression. The total protein was extracted as described and used for QDB measurement. The recovery rate was calculated as the percentage of measured amount of Ki67 over the amount added to the microtube. We were able to achieve over $80 \%$ recovery rate using our extraction method (Supplemental Table 1).

Cells (MCF-7\& BT474) were lysed in the solubilization buffer ( 50 mM HEPES, $137 \mathrm{mM} \mathrm{NaCl}, 5 \mathrm{mM}$ EDTA, 1 mM $\mathrm{MgCl}_{2}, 10 \mathrm{mM} \mathrm{Na} 2 \mathrm{P}_{2} \mathrm{O}_{7}, 1 \%$ TritonX-100, $10 \%$ glycerol, pH 7.6), supplemented with protease and phosphatase inhibitors ( $100 \mathrm{mM} \mathrm{NaF}, 0.1 \mathrm{mM}$ phenylmethylsulfonyl fluoride, $5 \mu \mathrm{~g} /$ mL pepstatin, $10 \mu \mathrm{~g} / \mathrm{mL}$ leupeptin, $5 \mu \mathrm{~g} / \mathrm{mL}$ aprotinin). The supernatants were collected after centrifugation, and the total amount of protein was measured using BCA protein assay kit by following manufacturer's instructions.

## Interpretation of IHC Scores

All IHC scores were collected from patients' medical records. For scoring of ER and PR, specimens with less than $(<) 1 \%$ positively stained tumor cell nuclei are considered negative, while those with equal or more than $(\geq) 1 \%$ tumor cells with positively stained nuclei are considered positive. Her2 is categorized by following ASCO/CAP guidance " 0 as either no staining is observed, or membrane staining that is incomplete and is faint/barely perceptible and within $\leq 10 \%$ of tumor cells; $1+$ as incomplete membrane staining that is faint/
barely perceptible and within $>10 \%$ of tumor cells; $2+$ as circumferential membrane staining that is incomplete and/or weak/moderate and within $>10 \%$ of tumor cells or complete and circumferential membrane staining that is intense and within $\leq 10 \%$ of tumor cells and $3+$ as circumferential membrane staining that is complete, intense, and within $>10 \%$ of tumor cells." ${ }^{14}$ The scoring of Ki67 level is to calculate the percentage of positively stained nuclei of tumor cells by counting at least 500, preferably 1000 tumor cells in 3 field of views under high magnification $(\times 400) .{ }^{15}$ Staining of any level is considered positive.

## QDB Analysis

Sample pools were prepared by mixing tissue lysates from 4 FFPE tissue specimens with an IHC score of $3+$ for Her2, and IHC score of $90 \%$ for ER, PR, and Ki67 to define the linear range of QDB assay respectively (Supplemental Fig. S1). The pooled lysates were serially diluted side by side with the recombinant proteins for defining the standard curves of QDB analysis.

The QDB process was described elsewhere with minor modifications. ${ }^{1,4,6}$ In brief, the final concentration of the FFPE tissue lysates were adjusted to $0.25 \mu \mathrm{~g} / \mu \mathrm{L}$ for Her2 and Ki 67 and $0.125 \mu \mathrm{~g} / \mu \mathrm{L}$ for ER and PR, and $2 \mu \mathrm{~L} /$ unit was used for QDB analysis in triplicate. The QDB plate was then dried for 1 h at RT and then blocked in $4 \%$ nonfat milk for 1 h . Next, it was put into a 96 -well microplate with $100 \mu \mathrm{~L}$ primary antibody. Dilution used for antibodies were Her2 1:1500 in blocking buffer; ER 1:250 in blocking buffer; PR 1:8 in PBS; Ki67 1:1000 in blocking buffer. Then the plate was incubated overnight at $4{ }^{\circ} \mathrm{C}$. Afterward, the plate was rinsed twice with TBST and washed $3 \times 10 \mathrm{~min}$. It was then incubated with either a donkey anti-rabbit or donkey anti-mouse secondary antibody for 4 h at RT, rinsed twice with TBST, and washed $4 \times 10 \mathrm{~min}$. Finally, the QDB plate was inserted into a white 96-well plate prefilled with $100 \mu \mathrm{~L} /$ well ECL working solution for 3 min . The chemiluminescence signal of the combined plate was quantified by using the Tecan Infiniti 200pro Microplate reader with the option "plate with cover."

For the 852 FFPE specimens, each sample was measured 3 times, each time in triplicate. To ensure the accuracy of the results, the consistency of the experiments was maintained by including BT474 and MCF-7 cell lysates with predocumented biomarker levels in all the experiments. The result was considered valid when the calculated biomarker levels of control cells were within $25 \%$ of the predocumented biomarker levels. The absolute biomarker levels were determined based on the dose curve of protein standard, with those specimens with chemiluminescence reading of less than 2 fold over blank were defined as nondetectable, and entered as 0 for data entry. The reliability of the QDB method was evaluated by performing Spike-and-recovery assay using Ki67 recombinant protein in lysates extracted from FFPE breast cancer tissues as shown in Supplemental Table 2.

## Data Analysis

All the data were presented as Mean $\pm$ SEM. All the 3D analyses of biomarkers were performed using Origin pro 9.1 software from Originlab Corp (Northampton). All the statistical analyses, including the unpaired two-tailed Student's $t$-test, were performed with GraphPad Prism software version 7.0

Table 1. Clinicopathological Characteristics of 852 FFPE Breast Cancer Samples.

| Characteristics | Cases | Average $\pm$ SEM | Percentage(\%) |
| :---: | :---: | :---: | :---: |
| Age(y) |  |  |  |
| Total | 852 | $53.0 \pm 0.3$ |  |
| <50 | 351 |  | 41.2 |
| $\geq 50$ | 497 |  | 58.3 |
| Unknown | 4 |  | 0.5 |
| Histological grade |  |  |  |
| I | 40 |  | 4.7 |
| II | 297 |  | 34.9 |
| III | 187 |  | 21.9 |
| Unknown | 328 |  | 38.5 |
| Tumor size (mm) |  |  |  |
| Total | 852 | $25.2 \pm 0.4$ |  |
| $\leq 20$ | 355 |  | 41.7 |
| 20 to 50 | 388 |  | 45.5 |
| $>50$ | 20 |  | 2.3 |
| Unknown | 89 |  | 10.5 |
| Lymph node state |  |  |  |
| N0 | 312 |  | 36.6 |
| N1 | 144 |  | 16.9 |
| N2 | 69 |  | 8.1 |
| N3 | 35 |  | 4.1 |
| Unknown | 292 |  | 34.3 |
| Histological type |  |  |  |
| Ductal | 750 |  | 88.0 |
| Lobular | 34 |  | 4.0 |
| Other | 65 |  | 7.6 |
| Unknown | 3 |  | 0.4 |
| ER (IHC) |  |  |  |
| Total | 852 | $61.7 \pm 1.6$ |  |
| $<1 \%$ | 123 |  | 14.4 |
| $\geq 1 \%$ | 437 |  | 51.3 |
| Unknown | 292 |  | 34.3 |
| PR (IHC) |  |  |  |
| Total | 852 | $40.5 \pm 1.5$ |  |
| $<1 \%$ | 152 |  | 17.8 |
| $\geq 1 \%$ | 397 |  | 46.6 |
| Unknown | 303 |  | 35.6 |
| Ki67 (IHC) |  |  |  |
| Total | 852 | $36.2 \pm 0.8$ |  |
| <15\% | 101 |  | 11.9 |
| $\geq 15 \%$ | 564 |  | 66.2 |
| Unknown | 187 |  | 21.9 |
| Her2 (IHC) |  |  |  |
| Total | 852 |  |  |
| 0 | 228 |  | 26.8 |
| $1+$ | 193 |  | 22.6 |
| $2+$ | 188 |  | 22.1 |
| $3+$ | 176 |  | 20.6 |
| Unknown | 67 |  | 7.9 |

(GradphPad Software). A $P$ value $<.05$ was considered statistically significant. For $t$-test, sample size was calculated using the "power.t()" function in the "powerAnalysis" package of R software. For a 2 -sided $t$-test with a significance level of 0.05 , a power of 0.9 , and an effect size of 0.6 , the sample size is calculated at 59.35.

## Results

In this study, all the specimens were collected from local hospital sequentially, nonselectively, and anonymously as $2 \times 15 \mu \mathrm{~m}$ FFPE slices prior to any clinical intervention. These specimens were used for the preparation of total tissue lysates by deparaffinization and solubilization with a lysis buffer. All 4 biomarkers were measured using the same lysate prepared from each FFPE specimen, with intra- and inter-CVs below $25 \%$ when measured 3 times, each time in triplicate.

The clinicopathological parameters of these specimens are listed in Table 1. To ensure the consistency of the method, the absolute levels of both Her2 and Ki67 of the first 336 specimens were measured with 2 IHC antibodies independently. The correlations of the measured results were all above 0.96 when analyzed with Pearson's correlation analysis. ${ }^{1,6}$

The distributions of all 4 biomarkers are shown in Figure 1a to 1d. The correlations of QDB results with provided IHC scores are shown in Figure 1e to 1 h . Our results were found to be highly correlated, with IHC results for Her2 ( $\rho=0.58, P<.0001$ ), ER ( $\rho=0.60, P<.0001$ ), PR ( $\rho=0.62$, $P<.0001$ ), and Ki67 ( $\rho=0.54, P<.0001$ ) when analyzed with Spearman's rank correlation analysis. In addition, for ER, PR, and Ki67, when specimens were subgrouped based on their respective IHC scores, the correlations between the subgroup averages of QDB levels and their IHC scores increased significantly to $r=0.80$ for ER, $r=0.78$ for PR, and $r=0.91$ for Ki67 with Pearson's correlation analysis. When plotting ER or PR with Her2 respectively as absolute and continuous variables, we also observed highly similar patterns as reported previously (Supplemental Fig. S2). ${ }^{16}$ The relationships between ER and Ki67, PR and Ki67, and Her2 and Ki67 were also shown in Supplemental Fig. S2.

The expression levels of these 4 biomarkers were also measured in the breast tissues of other pathological states other than cancer (nontumor tissues). We found that both Ki67 and Her2 levels in nontumor tissue specimen were undetectable (Supplemental Fig. S3a). Meanwhile, there were significantly lower expressions of ER and PR in nontumor tissue specimens than those of tumor tissue specimens when analyzed using an unpaired two-tailed Student $t$-test (Supplemental Fig. S3b).

Next, we explored the putative relationships among ER, PR, and Her2 by creating 3-dimensional scatterplot using their protein levels as X, Y, and Z coordinates (Figure 2a). We observed the specimens segregating naturally into 3 distinctive subgroups based on their spatial distributions. We named the first group of specimens the hormone receptor (HR) group as they spread flat on the ER-PR plane, representing specimens with dominant expression of hormone receptors and


Figure 1. Distribution of Her2, estrogen receptor (ER), progesterone receptor (PR), and Ki67 levels as absolute and continuous variables among 852 FFPE specimens (a-d), and their correlations with IHC scores provided by local hospital (e-h). a-d: The absolute and quantitative levels of Her2, ER, PR, and Ki67 were measured with the quantitative dot blot (QDB) method using lysates prepared from $2 \times 15 \mu \mathrm{~m}$ FFPE slices. The average levels of these biomarkers were expressed as mean $\pm$ SEM. The 25 th and 75 th percentiles were also listed for each biomarker, respectively. The results were reported as the average of 3 independent measurements of these 4 biomarkers, with each measurement in triplicate. e-h: The correlations between QDB and IHC results were analyzed using Spearman's rank correlation analysis, with $P<.0001$ for all analysis. For ER, PR, and Ki67, these specimens were further subgrouped based on their IHC scores, and correlation of their subgroup averages with the matching IHC scores were analyzed again with Pearson's correlation analysis. $P<.0001$ for all analysis.
minimum Her2 expression. The second group we named the Her2 group as they were found wrapping the Her2 axis, representing specimens with strong Her2 expression and minimum hormone receptors expression. The third group accumulated at the intersections of ER, PR, and Her2 axes, representing specimens lacking strong expressions of ER, PR, and Her2. We named this group the corner group. Few specimens were found floating in the ER-PR-Her2 space, indicating the lack of specimens with strongly expression of all 3 biomarkers simultaneously.


Figure 2. Three-dimensional distribution of 852 FFPE specimens based on the absolute and quantitative levels of ER, PR, and Her2. (a) The 3-dimensional scatterplot using absolutely quantitative ER, PR, and Her2 protein levels as $\mathrm{X}, \mathrm{Y}$, and Z axes was created with Origin 9.1 software. Specimens were segregated into 3 groups as described in the text. (b)The 3D distribution of the specimens was narrowed down constantly into a small block with ER $<0.2 \mathrm{nmol} / \mathrm{g}, \mathrm{PR}<0.8 \mathrm{nmol} / \mathrm{g}$, and Her2 $<0.3 \mathrm{nmol} / \mathrm{g}$ where the specimens were found distributed randomly inside.

This unique pattern persisted until we narrowed the 3 D view into a small block of $\mathrm{ER}<0.2 \mathrm{nmol} / \mathrm{g}, \mathrm{PR}<0.8 \mathrm{nmol} / \mathrm{g}$ and Her2 $<0.3 \mathrm{nmol} / \mathrm{g}$, where we began to find specimens distributed randomly inside (Figure 2b). Therefore, we used these values as cutoffs to separate specimens as 264/588 (31.0\%/69.0\%) for ER, 301/551 (35.3\%/64.7\%) for PR, and 220/632 (25.8\%/


Figure 3. Evaluation of Ki67 levels of specimens grouped by their spatial distribution. (a) Comparison of Ki67 levels among 3 spatial groups of HR, Her2, and corner groups. The absolute and quantitative Ki67 levels of all 852 specimens were measured with QDB method using the same lysates for ER, PR, and Her2 measurements. The specimens were grouped into HR, Her2, and corner groups based on the observed cutoffs at Figure 2b (Her2 group: Her2 $\geq 0.3 \mathrm{nmol} / \mathrm{g}$; HR group: $\mathrm{ER} \geq 0.2 \mathrm{nmol} / \mathrm{g}$, and/or $\mathrm{PR} \geq 0.8 \mathrm{nmol} / \mathrm{g}$; corner group: $\mathrm{ER}<0.2 \mathrm{nmol} / \mathrm{g}, \mathrm{PR}<0.8 \mathrm{nmol} / \mathrm{g}$, and Her2 $<0.3 \mathrm{nmol} / \mathrm{g}$ ). The results were analyzed using unpaired two-tailed Student's $t$-test. (b) The spatial distribution of specimens using ER, Her2, and Ki67 levels as X, Y , and Z axes. Those specimens with PR level $<0.8 \mathrm{nmol} / \mathrm{g}$ are arbitrarily colored red, while those with $P R$ level $\geq 0.8 \mathrm{nmol} / \mathrm{g}$ are blue. We observed that specimens with the highest Ki67 levels are dominantly red around the intersection of ER and Her2, suggesting a lack of co-expression of ER, PR, and Her2.
$74.2 \%$ ) for Her2. We also assigned 357 specimens into HR group ( $41.9 \%$ ), 220 into Her2 group (25.8\%), and 275 into corner group ( $32.3 \%$ ).

Interestingly, we identified that 169 out of 220 (76.8\%) specimens from Her2 group were within both the ER and PR cutoffs. For the remaining 51 specimens, 42 out of 51 ( $82.4 \%$ ) were within either the ER or PR cutoffs. In other words, 211 out of $220(95.9 \%)$ specimens in the Her2 group were with either ER $<0.2 \mathrm{nmol} / \mathrm{g}$ or $\mathrm{PR}<0.8 \mathrm{nmol} / \mathrm{g}$. Among the 9 outliers, 6 specimens were at the vicinity of ER or PR cutoffs. The other 3 specimens were also the only ones with medium to strong expressions of all 3 biomarkers


Figure 4. Evaluating the sensitivity and specificity of QDB method using receiver operative characteristics (ROC) analysis based on provided Her2 IHC scores from local hospitals. (a) Specimens with provided IHC scores were grouped as negative (IHC scores of 0 and $1+$ ) or positive (IHC score of $3+$ ), and were used for receiver operative characteristics (ROC) analysis using Graphpad Software. We were able to achieve area under the curve (AUC) at $0.932 \pm 0.014,95 \%$ CI at 0.904 to $0.960(P<.0001)$. Using $0.3 \mathrm{nmol} / \mathrm{g}$ as the cutoff, we achieved sensitivity at $84.8 \%$ and specificity at $97.2 \%$. The concordant rate was at $93.8 \%$ ( 560 out of 597 , specimens with Her2 score of $2+$ were excluded from analysis) with IHC results. (b) To better illustrate the effectiveness of this cutoff (indicated by the dashed line) at separating negative specimens from positive ones, specimens were plotted in $\log$ scale and grouped based on their respective IHC scores. All those specimens with their Her2 levels measured as 0 were arbitrarily set as $0.001 \mathrm{nmol} / \mathrm{g}$ to avoid being omitted in the $\log$ scale plot.
simultaneously, in agreement with our observation that few specimens were floating in the ER-PR-Her2 space.

The Ki67 levels of these 3 groups were evaluated in Figure 3a. We found the averaged Ki67 levels were $4.00 \pm$ $0.39 \mathrm{nmol} / \mathrm{g}, 4.35 \pm 0.26 \mathrm{nmol} / \mathrm{g}$, and $2.81 \pm 0.16 \mathrm{nmol} / \mathrm{g}$ for corner, Her2, and HR groups, respectively. There were statistical differences between the corner and HR groups ( $P=.0021$ ), and the Her2 and HR groups ( $P<.0001$ ), but not the corner and Her2 groups when analyzed with unpaired Student's $t$-test. The corner group was also the most heterogeneous with Ki67 levels. Its median level was the lowest among all 3 groups (1.74 vs 3.07 for Her2 group vs 2.08 for HR group).

However, when observing the 3D scatterplots of ER-Her2Ki67 (Figure 3b), ER-PR-Ki67, and PR-Ki67-Her2 (Supplemental Fig. S4), we found that specimens with the highest Ki67 levels were at the intersection of ER, PR, and Her2. We managed to include PR information in the 3D scatterplot of ER-Her2-Ki67 by assigning specimens with PR $<0.8 \mathrm{nmol} / \mathrm{g}$ as red, and $\mathrm{PR} \geq 0.8 \mathrm{nmol} / \mathrm{g}$ as blue in Figure 3b. Specimens with the highest Ki67 levels were found exclusively in red in this picture.

The clinical relevance of the suggested block of ER $<0.2 \mathrm{nmol} / \mathrm{g}$, $\mathrm{PR}<0.8 \mathrm{nmol} / \mathrm{g}$, and Her2 $<0.3 \mathrm{nmol} / \mathrm{g}$ was explored next. We hypothesized that these cutoffs might represent the cutoffs to identify specimens with overexpressed biomarkers. We tested this hypothesis with Her2 first, as it is one of the best-standardized protein biomarkers for breast cancer patients. ${ }^{17,18}$ The recommendations from American Society of Clinical Oncology/College of American Pathology (ASCO/ CAP) was followed to differentiate Her2 + specimens from Her2- specimens based on IHC results, and receiving operative characteristic (ROC) analysis was performed with measured Her2 levels. As expected, we confirmed Her2 at $0.3 \mathrm{nmol} / \mathrm{g}$ as the optimized cutoff value to achieve the best sensitivity and specificity at $84.8 \%$ and $97.2 \%$ respectively with IHC results, with overall concordance rate at $93.8 \%$ with IHC analysis (Figure 4a and b).

However, when cutoffs were developed based on the recommended IHC score at $1 \%$ for both ER and PR by ASCO/CAP using ROC analysis, we achieved optimized sensitivity and specificity at 0.045 and $0.47 \mathrm{nmol} / \mathrm{g}$ for $E R$ and $P R$, respectively (data not shown), significantly different from our proposed 0.2 and $0.8 \mathrm{nmol} / \mathrm{g}$ for ER and PR. We also failed to observe any distributional differences graphically around these values ( 0.045 or $0.47 \mathrm{nmol} / \mathrm{g}$ ) in our 3D scatterplot.

## Discussion

In this study, we were able to unprecedentedly measure the protein levels of ER, PR, Her2, and Ki67 absolutely and quantitatively in over 800 FFPE human breast cancer specimens using the QDB method. These specimens covered tumors of all sizes, grades, and node statuses to be a true reflection of the real world situation. We also showed the first 3D scatterplot based on absolutely quantitated ER, PR, and Her2 protein levels of these specimens. Their unique distribution pattern in the ER-

PR-Her2 space provided direct visual support of bidirectional talk between ER/PR and Her2 pathways in breast cancer.

While this observation had been hinted by Konecny et al. with frozen tissues, ${ }^{16}$ this was the first visual display of all 3 proteins simultaneously in a 3D scatterplot to reveal the dynamic relationship between ER/PR and Her2 pathways. In addition, our 3D plot shows convincingly that either ER or PR overexpression was sufficient to suppress Her2


Figure 5. The "seesaw" hypothesis. The unique distribution patterns of the breast cancer specimens in the ER-PR-Her2 space suggest a "seesaw" relationship, with predominant activation of ER/PR pathway in the HR group (a), predominant activation of Her2 pathway in the Her2 group (b), and lack of activation of both pathways in the corner group (c). Possibly, a shared factor, or factors, might be needed for the activation of both pathways. Consequently, inhibition of one pathway may liberate this common factor to allow activation of the other pathway in vivo. Thus, this factor may serve as novel target to develop a new class of drugs without incurring acquired resistance among breast cancer patients.
overexpression, as large number of samples were found at the edge of ER/Her2 or PR/Her2 intersection.

The success of surrogate assay in daily clinical practice clearly suggested that we might use the expression levels of ER, PR, and Her2 to monitor the activation statuses of ER/PR and Her2 signaling pathways. Thus, based on their spatial distribution, we may consider HR group as specimens dominated by ER/PR signaling pathway, the Her2 group as those dominated by Her2 signaling pathway, and the corner group as those with neither pathways being activated. In addition, among 852 specimens used in this study, only 3 were with both pathways activated simultaneously. Thus, for the majority of specimens, there was only one pathway activated at a time, representing a "seesaw" relationship between these 2 pathways.

More importantly, we observed this "seesaw" relationship in specimens prior to any clinical intervention. Thus, our observations challenge the escape theory underlying the acquired resistance of breast cancer patients. ${ }^{8,10,11}$ Rather, they suggest that this regulation existed as part of an intrinsic signaling network.

The "seesaw" hypothesis might be used to explain the seemingly disappointing results of several clinical trials of combined therapy. ${ }^{10}$ While both overall response rate and clinical benefit rate were improved significantly with combined therapy, these improvement did not translate into improved overall survival (OS) of patients. ${ }^{10}$ Considering only one pathway was activated at any given time, it is possible the added side effects from combined therapy overshadowed their putative benefit over time. Thus, we propose to alternate endocrine therapy with ant-Her2 therapy periodically to take full advantage of the clinical benefits of these therapies. Of course, the timing of their alternation would pose a new challenge to clinicians in the future.

We further hypothesized that the activation of ER/PR and Her2 pathways required a common factor (Figure 5). Access of this factor by ER/PR pathway would deny its access by Her2 pathway (Figure 5a). Likewise, access of this factor by Her2 pathway denied its access by ER/PR pathway (Figure 5b). On the other hand, Figure 5c represented the state when none of these 2 pathways were able to get access to this common factor. Perceivably, this putative common factor, or factors, would be a promising drug target to shut down both pathways without incurring added side effects of combined therapy.

The spatial distribution of individual specimens in 3D space also suggest that absolutely quantitated protein biomarker levels may be used collectively as a "fingerprint" to differentiate individual specimen at population level. ${ }^{19}$ The current prevailing IHC-based categorized results are clearly insufficient to distinguish a specimen accurately at population level. Their results are not proportional variables. They are also plagued with subjectivity and inconsistency inherently associated with IHC method. In contrast, absolutely quantitated protein biomarkers provide the much needed precision to distinguish individual specimen, as reflected convincingly in the ER-PR-Her2 space described in current study. Admittedly, there remains a portion of specimens gathered at the corner of this space.

However, we can always add more protein biomarkers to separate these specimens effectively at population level. For example, we may use ER, PR, Her2, Ki67, and cyclinD1 to further separate the specimens accumulating in the corner. Thus, the protein levels of a set of biomarkers, combined with the traditional clinicopathological factors, maybe used to generate a unique "fingerprint" for every breast cancer specimen available. ${ }^{19}$

When large number of FFPE specimens with known outcomes are associated with their unique "fingerprints," we will have a powerful tool to evaluate the clinical outcomes of these specimens individually at population level. We foresee that patients will no longer be limited by 5 intrinsic subtypes, but rather can be grouped in as many subgroups as necessary based on the similarity of their "fingerprints." With a sufficient number of FFPE specimens available, this platform should provide clinicians/patients an unprecedented opportunity to evaluate clinical outcomes from various angle based on their "fingerprints" at population level. ${ }^{19}$

However, caution is warranted when interpreting this study for 2 reasons. First, this was a retrospective observational study. It remains to be seen if this is a universal phenomenon in breast cancer specimens. Nevertheless, the large number of the specimens of all types in this study should compensate for this weakness to a certain degree. Second, our hypothesis is very speculative, lacking much needed clinical evidences other than what was observed per se. Intensive preclinical and clinical research is needed to validate this hypothesis in the future.

## Conclusion

By using the QDB method to unprecedentedly measure ER, PR, Her2, and Ki67 as absolute and continuous variables in 852 FFPE breast cancer specimens, we provided visual support of a "seesaw" relationship between ER/PR and Her2 pathways. Its universal presence, regardless of the tumor sizes, grades, and intrinsic subtypes, suggests that it is part of intrinsic signaling network underlying breast cancer tumorigenesis. The spatial distribution of individual specimens in ER-PR-Her2 also suggested that absolutely quantitated protein biomarkers may be used as a "fingerprint" to distinguish individual specimen at population level, which may serve as the foundation for "big data"-supported cancer research in the near future. More importantly, our results showed that QDB method may be used as an effective tool to explore, evaluate, and validate the signaling network underlying tumorigenesis in archived human cancer specimens.

## Author Contributions

JL, YZ, WZ, and FT performed all the assays and data analysis; GY provided clinical samples; YL performed all the statistical analysis; JZ designed and supervised the overall study and drafted the manuscript; JL, GY, and YZ contributed to data interpretation and edited the manuscript.

## Declaration of Conflicting Interests

The authors disclosed receipt of the following potential conflict for the research, authorship, and/or publication of this article: JL, YZ, WZ, JZ, and FT are employees of Yantai Quanticision Diagnostics, Inc., a division of Quanticision Diagnostics, Inc., which owns the patent for the QDB method. GY declared no conflict of interest.

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## Ethics Statement

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## Supplemental Material

Supplemental material for this article is available online.

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