

1 **Single-base m⁶A epitranscriptomics reveals novel HIV-1 host interaction targets in primary**
2 **CD4⁺ T cells**

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14 **Short Title:** m⁶A sequencing reveals HIV-1 host interaction targets in primary CD4⁺ T cells

15 **Abstract**

16 *N*⁶-methyladenosine (m⁶A) is the most prevalent cellular mRNA modification and plays a critical
17 role in regulating RNA stability, localization, and gene expression. m⁶A modification plays a vital
18 role in modulating the expression of viral and cellular genes during HIV-1 infection. HIV-1 infection
19 increases cellular RNA m⁶A levels in many cell types, which facilitates HIV-1 replication and
20 infectivity in target cells. However, the function of m⁶A modification in regulating HIV-1 infection of
21 primary CD4⁺ T cells remains unclear. Here, we demonstrate that HIV-1 infection of Jurkat CD4⁺
22 T cells and primary CD4⁺ T cells promotes the interaction between the m⁶A writer complex
23 subunits methyltransferase-like 3 and 14 (METTL3/METTL14). Using single-base m⁶A-specific
24 RNA sequencing, we identified several differentially m⁶A-modified cellular mRNAs, including
25 *perilipin 3* (*PLIN3*), during HIV-1 infection in primary CD4⁺ T cells. Interestingly, HIV-1 infection
26 increased *PLIN3* mRNA level by enhancing its stability, but *PLIN3* protein level was decreased.
27 Knocking down *PLIN3* in primary CD4⁺ T cells reduced HIV-1 production but enhanced virion
28 infectivity. In contrast, in Jurkat cells, *PLIN3* mRNA and protein expression levels were unaffected
29 by HIV-1 infection, and knocking out *PLIN3* did not impact HIV-1 production or infectivity. These
30 results indicate that the interplay between HIV-1 and *PLIN3* is cell-type specific and only observed
31 in primary CD4⁺ T cells. Overall, our results highlight the importance of m⁶A RNA modification in
32 HIV-1-infected primary CD4⁺ T cells and suggest its significance as a regulatory mechanism in
33 HIV-1 infection.

34

35 **Author Summary**

36 *N*⁶-methyladenosine (m⁶A) is a common chemical modification on mRNA that helps control RNA
37 stability, localization, and gene expression. m⁶A modification of viral and cellular RNA is important
38 for HIV-1 infection. In this study, we found that HIV-1 infection of CD4⁺ T cells enhanced the
39 interaction between two proteins, METTL3 and METTL14, which are responsible for adding m⁶A
40 modifications to RNA. Using m⁶A-specific RNA sequencing, we identified several mRNAs with
41 altered m⁶A modifications during HIV-1 infection, including one called *PLIN3*. Interestingly, HIV-1
42 infection stabilized and increased *PLIN3* mRNA levels, but reduced PLIN3 protein expression in
43 primary CD4⁺ T cells. When we knocked down PLIN3 in primary CD4⁺ T cells, it decreased HIV-1
44 production but made the HIV-1 particles more infectious. In contrast, in the Jurkat CD4⁺ T cell line,
45 HIV-1 infection did not affect PLIN3 expression and knockout of PLIN3 did not alter HIV-1
46 production or infectivity, suggesting that the effect is specific to primary CD4⁺ T cells. Our findings
47 show the importance of m⁶A RNA modification in HIV-1 infection by regulating host genes like
48 *PLIN3* and suggest a unique regulatory mechanism in HIV-1 infected primary CD4⁺ T cells.

49 Introduction

50 N^6 -methyladenosine (m^6A) is the most prevalent modification found in eukaryotic RNA,
51 and it reversibly regulates gene expression by influencing RNA stability, alternative splicing, and
52 protein translation [1, 2]. This reversible modification is regulated by two groups of proteins
53 involving a writer complex (methyltransferase) and erasers (demethylases). The m^6A writer core
54 complex consists of the catalytic subunit methyltransferase-like 3 (METTL3), and
55 methyltransferase-like 14 (METTL14), which stabilizes METTL3 for substrate RNA binding [3-5].
56 m^6A erasers includes fat mass and obesity-associated protein (FTO) and AlkB family member 5
57 (ALKBH5), which remove the methyl group [6, 7].

58 HIV-1 upregulates cellular m^6A RNA levels in many target cell lines [8-12]. In addition, we
59 reported that cellular RNA m^6A level is increased in peripheral blood mononuclear cells (PBMCs)
60 from HIV-1 infected patients, and this effect is reversed by antiretroviral therapy [13]. However,
61 the mechanism of this cellular RNA m^6A increase is not understood. Our group analyzed the
62 expression levels of m^6A writer and eraser proteins in primary CD4⁺ T cells from healthy donors
63 [8] and HIV-1 latently infected J-Lat CD4⁺ T cells [12]. Based on these results, we hypothesize
64 that the increase in cellular m^6A levels is regulated at the level of writer complex formation or
65 methyltransferase activity.

66 Several studies have identified m^6A modifications on both cellular mRNA and HIV-1 RNA
67 in various cell lines using m^6A RNA Immunoprecipitation (meRIP) or crosslinking
68 immunoprecipitation (CLIP) sequencing (reviewed in [14]). However, these methods are not of
69 sufficient resolution to identify the exact site of m^6A . Identifying the precise location of and
70 quantitative changes in m^6A modifications in specific cellular transcripts during HIV-1 infection is
71 important for understanding how m^6A modifications modulate cellular RNAs and HIV-1 infection.
72 The m^6A epitranscriptomic profile at single-base resolution has been reported for J-Lat CD4⁺ T
73 cells under conditions of latency reversal [12]. However, it is important to define the m^6A
74 landscape in primary CD4⁺ T cells, which are the major target of HIV-1 infection *in vivo*.

75 In this study, we examined how HIV-1 infection affects cellular mRNA m⁶A levels and
76 characterized the m⁶A epitranscriptomic profile at single-base resolution in HIV-1 infected primary
77 CD4⁺ T cells. We show that HIV-1 increased cellular mRNA m⁶A levels and promoted the
78 interaction between METTL3 and METTL14 in CD4⁺ T cells. Additionally, we identified specific
79 changes in m⁶A modifications in a subset of cellular transcripts in HIV-1 infected primary CD4⁺ T
80 cells compared to mock controls. The mRNA encoding for perilipin 3 (PLIN3) has significantly
81 higher levels of m⁶A modification at a single site in HIV-1-infected cells compared to mock-infected
82 controls. We go on to show that HIV-1 infection regulates *PLIN3* mRNA and protein levels, and
83 knocking down PLIN3 reduces HIV-1 release but enhances virion infectivity in primary CD4⁺ T
84 cells. These phenotypes are cell-specific and not observed in Jurkat T cells. These findings
85 suggest that differential m⁶A modification is a key regulatory mechanism in HIV-1 infection and
86 provide the basis for future functional studies into how differential m⁶A modification affects HIV-1
87 replication.

88

89 **Results**

90

91 **HIV-1 upregulates m⁶A modification levels in cellular mRNA and promotes the interaction** 92 **between METTL3 and METTL14 in CD4⁺ T cells**

93 Our group has reported that HIV-1 infection upregulates m⁶A levels of total cellular RNA
94 in CD4⁺ T cells without changing the expression of m⁶A writers and erasers [8, 12]. However, the
95 mechanism of the m⁶A increase remains to be investigated. In the m⁶A writer complex, METTL3
96 is the catalytic subunit, while METTL14 binds to RNA substrate and stabilizes the m⁶A writer
97 complex [4, 5]. Therefore, we hypothesized that the METTL3/14 interaction may be increased
98 during HIV-1 infection. We first sought to determine the kinetics of m⁶A upregulation in response
99 to HIV-1 infection of Jurkat cells to identify the optimal time of infection at which to measure the

100 METTL3/14 interaction. As expected, the expression of HIV-1 proteins increased over a period of
101 120 hr (Fig 1A). Measurement of m⁶A levels in polyadenylated RNA showed that there was a
102 similar increase in infected cells at both 72 and 120 hr post-infection (hpi) compared to mock-
103 infected controls. (Fig 1B). Next, we tested whether the interaction between METTL3 and 14
104 would be changed by HIV-1 infection in Jurkat cells (Fig 1C). A METTL3 antibody was used for
105 immunoprecipitation (IP) and IgG was used as a negative control. The results showed that there
106 was a 3-fold increase in the amount of METTL14 that co-IPs with METTL3 in HIV-1-infected cells
107 compared to mock-infected controls. We then sought to confirm these results in primary CD4⁺ T
108 cells isolated from the PBMC of healthy blood donors. Viral infection was confirmed using p24
109 enzyme-linked immunosorbent assay (ELISA) (Fig 1D). m⁶A levels were measured and we
110 observed a small but significant increase for each donor (Fig 1E). Total protein from these cells
111 was used to perform co-IP as described above (Fig 1F). We again observed a ~3-fold increase in
112 the amount of METTL14 that co-IPs with METTL3 in HIV-1-infected cells compared to mock-
113 infected controls. Overall, our results indicate that HIV-1 infection results in an increase in the
114 interaction between METTL3 and 14 in CD4⁺ T cells that is associated with an increase in m⁶A
115 levels.

116

117 **m⁶A-SAC-Seq identifies m⁶A modifications in both cellular mRNAs and HIV-1 RNA**

118 To identify the m⁶A sites in HIV-1 infected primary CD4⁺ T cells at single-base resolution,
119 we used m⁶A-selective allyl chemical labeling and sequencing (m⁶A-SAC-seq) to identify m⁶A
120 modifications at single-nucleotide resolution in primary cells [15, 16]. Primary CD4⁺ T cells were
121 prepared from three individual healthy donors and infected with HIV-1 at a multiplicity of infection
122 (MOI) of 1 for 96 hr. Polyadenylated RNA was purified with two rounds of poly(A)-enrichment prior
123 to m⁶A-SAC-seq. Sequencing data was analyzed to identify individual m⁶A sites that are
124 significantly changed in HIV-1-infected cells compared to mock controls. (Table S1). This analysis
125 revealed 31,075 individual m⁶A modifications on 6,149 unique transcripts (Gene Expression

126 Omnibus #280563). We created a heatmap to visualize and compare the m⁶A levels of cellular
127 transcripts affected by HIV-1 infection (Fig 2A). Overall, 86 m⁶A sites became hypomethylated
128 (blue) and 147 sites became hypermethylated (red) during HIV-1 infection (Fig 2B). Selected
129 transcripts with a large log₂ fold change (FC) or high degree of significance are indicated by arrows.
130 Analysis of the transcript-level distribution of m⁶A sites shows that exons contain a major portion
131 of m⁶A sites (46%), followed by 3' UTR (38%), introns (14%), and 5' UTR (2%) (Fig 2C). Analysis
132 of the m⁶A motifs identified in cellular RNA reveal an internal consensus of GAC, with A/G/U and
133 U/A/C in the terminal positions at the 5' and 3' ends of the motif, respectively (Fig 2D). To identify
134 the pathways related to cellular transcripts that are hypermethylated during HIV-1 infection, we
135 conducted gene ontology (GO) pathway analysis (Fig 2E). The analysis indicates that HIV-1
136 infection significantly regulates the m⁶A modification of transcripts involved in processes such as
137 host RNA processing, signal transduction, and nucleocytoplasmic transport.

138 We also identified 30 m⁶A sites in HIV-1 RNA from infected primary CD4⁺ T cells (Fig 3A.
139 and Table S2). The m⁶A distribution in HIV-1 ORFs and the 3'UTR is shown in Fig 3B. Among
140 these, the *pol* coding region was found to have the most m⁶A sites, with a total of 11. The site with
141 the highest frequency of transcripts containing m⁶A modification is A8088, located in the sequence
142 overlapping with the *env*, *rev*, and *tat* coding regions, with an average of 64.6% of transcripts
143 having m⁶A modification among 3 individual donors. We further analyzed the m⁶A consensus
144 motifs in viral RNA. We found that like cellular RNA, the internal consensus sequence in viral RNA
145 was GAC (Fig 3C). However, m⁶A motifs in the viral RNA had a strong preference for A at the 5'
146 terminal position, in contrast to the more even distribution of A/G/U in cellular RNA m⁶A motifs.
147 Moreover, there is a preference for U at the 3' terminal position of m⁶A motifs in cellular RNA but
148 not viral RNA. Overall, these data define the m⁶A epitranscriptomic landscape of cellular and viral
149 RNA in HIV-1-infected primary CD4⁺ T cells.

150

151 **m⁶A modification of *PLIN3* mRNA is increased by HIV-1 infection in CD4⁺ T cells**

152 Because most m⁶A modifications in our data set were located in exons, we selected 10
153 genes with significantly hypermethylated m⁶A sites located in an exon to validate our m⁶A-SAC-
154 seq results (Table 1). We then performed meRIP to measure the relative m⁶A levels on the
155 selected transcripts in HIV-1 infected Jurkat cells compared to mock-infected controls (Fig 4A).
156 The results show that among these 10 genes, only the m⁶A levels of disco interacting protein 2
157 homolog B (*DIP2B*), *PLIN3*, and MYC binding protein 2 (*MYCBP2*) showed a global increase in
158 m⁶A levels in HIV-1-infected cells. The observed hypermethylation of *PLIN3* mRNA is highly
159 reproducible among primary cell donors (Table 1). Therefore, we chose *PLIN3* mRNA for further
160 validation and functional studies. meRIP was used to confirm a significant increase in *PLIN3*
161 mRNA m⁶A levels in HIV-1-infected primary CD4⁺ T cells compared to mock-infected controls (Fig
162 4B, C).

163

164 **Table 1. Top 10 cellular transcripts with significant m⁶A hypermethylation in HIV-1 infected**
165 **primary CD4⁺ T cells**

Gene names (symbols)	log ₂ fold change (HIV-1/Mock)	p-value	Key functions
Disco interacting protein 2 homolog B (DIP2B)	1.76	0.0010	DNA methylation [17]
Hydroxyacyl-CoA dehydrogenase (HADH)	1.72	0.0219	Fatty acid oxidation [18]
MAX interactor 1 (MXI1)	1.71	0.0217	Antagonist of MYC [19]
Perilipin 3 (PLIN3)	1.66	0.0005	Lipid metabolism [20]
MYC binding protein 2 (MYCBP2)	1.62	0.0034	E3 ligase [21]
Leukotriene A4 hydrolase (LTA4H)	1.57	0.0128	Cell cycle [22]
X-linked inhibitor of apoptosis (XIAP)	1.51	0.0393	Cell apoptosis [23]

ARF like GTPase 14 effector protein (ARL14EP)	1.48	0.0216	Chromatin regulator [24]
E1A binding protein p300 (EP300)	1.43	0.0073	Transcriptional coactivator [25]
MALT1 paracaspase (MALT1)	1.42	0.0091	Lymphocyte activation [26]

166

167 **Table 1 note.** Activated primary CD4⁺ cells from three different healthy donors were mock-infected
168 or infected with HIV-1_{NL4-3} at an MOI of 1 for 96 hr. Poly(A)-enriched RNA from cells was analyzed
169 by m⁶A-SAC-seq. The top 10 cellular genes with significant m⁶A hypermethylation are listed in
170 order of log₂ fold change in m⁶A levels ($p < 0.05$). All cellular transcripts analyzed by m⁶A-SAC-
171 seq are included in Table S1 (Excel file).

172

173 **PLIN3 does not affect HIV-1 replication in Jurkat cells**

174 Based on our findings that HIV-1 infection promotes m⁶A methylation of *PLIN3* mRNA in
175 CD4⁺ T cells, we asked whether infection also changes *PLIN3* expression in Jurkat CD4⁺ T cells.
176 First, we used HIV-1 to infect Jurkat cells at an MOI of 1 for 72 hr and then detected *PLIN3* mRNA
177 and protein levels by qRT-PCR and immunoblotting, respectively. We found that HIV-1 infection
178 did not change the steady state level of *PLIN3* mRNA in Jurkat cells (Fig 5A). Likewise, *PLIN3*
179 protein levels also remain unchanged after HIV-1 infection of Jurkat cells (Figs. 5B and C). We
180 next aimed to determine whether *PLIN3* regulates HIV-1 replication in Jurkat cells. To test this,
181 we generated a *PLIN3* knockout (KO) Jurkat cell line by lentiviral transduction of vectors
182 expressing Cas9 and *PLIN3* sgRNA. Jurkat cells transduced with sgScramble were used as
183 control (Ctrl). Ctrl and *PLIN3* KO cells were infected with HIV-1 at an MOI of 1 for 72 hr.
184 Immunoblotting was used to determine the expression levels of *PLIN3* and HIV-1 proteins (Fig
185 5D). As expected, no *PLIN3* expression was observed in *PLIN3* KO cells and there was no
186 difference in *PLIN3* expression in Ctrl cells after HIV-1 infection. Further, we observed no

187 difference in the expression of HIV-1 Env, Gag, or CA (Fig 5D, E). We measured HIV-1 p24 release
188 in cell culture supernatants and found no difference between the Ctrl and PLIN3 KO cells,
189 suggesting that PLIN3 is not required for virion release. Finally, virus input was normalized by p24
190 content prior to infection of TZM-bl cells to measure viral infectivity. The results confirm that the
191 infectivity of HIV-1 virions produced in *PLIN3* KO cells was not changed from that in Ctrl cells (Fig
192 5G). Overall, our results demonstrate that HIV-1 infection does not alter the RNA or protein levels
193 of PLIN3, and PLIN3 KO does not change HIV-1 infection in Jurkat CD4⁺ T cells. These results
194 are consistent with a previous report of PLIN3 and HIV-1 infection [27].

195

196 **HIV-1 infection increases *PLIN3* mRNA levels by enhancing *PLIN3* mRNA stability in** 197 **primary CD4⁺ T cells**

198 We next sought to determine whether HIV-1 infection alters the RNA or protein levels of
199 *PLIN3* in primary CD4⁺ T cells. Primary CD4⁺ T cells were mock-infected or infected with HIV-1 at
200 an MOI of 1 for 96 hr. To block HIV-1 replication, we used the reverse transcription inhibitor
201 nevirapine (NVP) as a control. HIV-1 Gag and CA were detected to confirm infection.
202 Immunoblotting showed that the levels of PLIN3 was significantly decreased by HIV-1 infection
203 (Fig 6A, B). In contrast, the levels of *PLIN3* mRNA were increased by HIV-1 infection (Fig 6C).

204 Given that m⁶A methylation typically regulates mRNA levels by reducing mRNA stability
205 [28, 29], we examined *PLIN3* mRNA stability in mock and HIV-1 infected primary CD4⁺ T cells.
206 Cells were mock-infected or infected with HIV-1 at an MOI of 1 for 96 hr. Actinomycin D was then
207 added to the culture medium to inhibit transcription, and samples were collected at the indicated
208 times to measure the relative levels of *PLIN3* mRNA. The results indicate that *PLIN3* mRNA is
209 more stable in HIV-1 infected cells compared to mock (Fig 6D), which may explain why the level
210 of *PLIN3* mRNA level is higher in HIV-1 infected cells.

211

212 **Knockdown of PLIN3 in primary CD4⁺ T cells decreases HIV-1 production but increases**
213 **viral infectivity**

214 We next sought to investigate whether PLIN3 is necessary for HIV-1 infection in primary
215 CD4⁺ T cells. Primary CD4⁺ T cells were transduced with lentiviral vectors expressing Cas9 and
216 Scramble (sgCtrl) or PLIN3 (sgPLIN3), followed by infection with HIV-1 at an MOI of 1 for 96 hr.
217 Immunoblot analysis indicated that PLIN3 levels were reduced by ~2-fold in cells from all three
218 donors (Fig 7A, B). PLIN3 did not affect the levels of cell-associated Env, Gag, or CA (Fig 7A, C).
219 p24 levels in the cell culture supernatants were quantified and found to be reduced in sgPLIN3
220 cells compared to sgCtrl (Fig 7D). Virus input was normalized by p24 content prior to infection of
221 TZM-bl cells to measure viral infectivity. The results showed that the infectivity of HIV-1 produced
222 by sgPLIN3 cells is significantly increased compared to sgCtrl cells (Fig 7E). These results
223 suggest that PLIN3 positively regulates HIV-1 production but inversely affects viral infectivity.

224 In summary, this study provides new insight into the m⁶A epitranscriptomic landscape in
225 HIV-1 infected primary CD4⁺ T cells and highlights a novel role for PLIN3 as a regulator of HIV-1
226 infection in a cell-type specific manner (Fig 8).

227

228 **Discussion**

229 m⁶A modification of HIV-1 RNA and the proteins involved in deposition, recognition, and
230 removal of m⁶A marks play important roles in HIV-1 replication by regulating RNA stability,
231 alternative splicing, RNA packaging, and Gag synthesis [30-34]. In this study, we sought to
232 identify cellular transcripts that are differentially m⁶A modified upon HIV-1 infection to provide
233 novel insight into how HIV-1 regulates host gene expression.

234 It is well-established that HIV-1 infection causes an upregulation of cellular RNA m⁶A levels
235 in a variety of cell types [8-12]. These findings suggest that HIV-1 may exploit the host m⁶A
236 machinery to modulate viral infection. Alternatively, the increase in m⁶A may be a general host
237 cell response to HIV-1 infection. Regardless, how m⁶A upregulation occurs during HIV-1 infection

238 remains unclear. Our previous results showed that the expression levels of m⁶A writers and
239 erasers were not altered by HIV-1 infection in primary CD4⁺ T cells or latently infected cells after
240 reactivation [8, 12]. The absence of changes in writer or eraser protein levels suggests that the
241 upregulation of m⁶A may result from an increase in methyltransferase activity rather than protein
242 expression. Therefore, we conducted co-IP to examine the level of interaction between METTL3
243 and 14 during HIV-1 infection compared to uninfected controls. We found that HIV-1 infection
244 enhances the METTL3/14 interaction in CD4⁺ T cells (Fig 1C, F). The increased interaction could
245 potentially be attributed to post-translational modifications (PTMs) of METTL3 or METTL14.
246 Another possible mechanism of m⁶A upregulation is PTM of m⁶A writers or erasers which can
247 regulate protein stability or enzyme activity, thereby influencing the overall dynamics of m⁶A
248 regulation [35, 36].

249 Previously reported m⁶A sequencing of RNA from HIV-1-infected cells using meRIP-seq
250 and CLIP-seq has provided valuable insights into the location of RNA m⁶A modifications [37-39].
251 However, two major disadvantages of these methods are low resolution and the lack of m⁶A/A
252 quantification. In this study, we employed m⁶A-SAC-seq to quantitatively identify individual m⁶A
253 modifications on a transcriptome-wide scale in both cellular and HIV-1 RNA [15, 16]. These data
254 are the first to report how productive HIV-1 infection regulates m⁶A modification, at single-base
255 resolution, in primary CD4⁺ T cells and provide a foundation for targeted functional studies.

256 For the purposes of the current study, we chose to focus on transcripts that become
257 significantly hypermethylated in primary CD4⁺ T cells upon HIV-1 infected compared to mock-
258 infected controls. Our GO pathway analysis of these transcripts found an association between
259 HIV-1 infection and mRNA splicing (Fig 2E), which is consistent with a previous study that
260 performed gene set enrichment analysis (GSEA) of m⁶A sequencing from HIV-1 infected
261 hippocampus from a transgenic rat [40]. This suggests that m⁶A modification of host cell RNA may
262 be a regulatory mechanism of gene expression that affects RNA splicing during HIV-1 infection.

263 We identified a total 30 m⁶A modifications in HIV RNA, which is fewer than our previous
264 analysis of RNA from J-Lat cells grown under conditions of latency reactivation. It is possible that
265 HIV-1 RNA expressed after latency reactivation is more heavily m⁶A-modified than transcripts
266 made during productive infection [12]. However, given the overlap between these two data sets
267 (22 out of 30 m⁶A sites) it is more likely that this difference reflects the much lower percentage of
268 primary cells expressing HIV-1 transcripts (data not shown). Of the 8 m⁶A sites unique to the
269 current study, 7 were present on less than 10% of transcripts (Table S2). However, site A8660 in
270 the *nef* region was modified in 58.3% transcripts, making this an interesting m⁶A modification for
271 further study. Consistent with our previous study, three high frequency modification were present
272 at A8088, A8984, and A8998 (Fig 3A, and Table S2). These three m⁶A sites were also identified
273 by DRS in both HIV-1 producer HEK293T cells and infected CD4⁺ T cells and were implicated in
274 viral RNA splicing [12, 31].

275 We chose to focus further on m⁶A modification of *PLIN3* mRNA during HIV-1 infection of
276 primary CD4⁺ T cells. *PLIN3*, also known as TIP47 (Tail-interacting protein of 47 kDa), is a protein
277 that plays a crucial role in lipid droplet formation [20]. It has been demonstrated that lipid rafts are
278 important for the replication of many viruses in multiple cell types [41]. Particularly, plasma
279 membrane rafts and HIV-1 Gag interaction play a critical role in HIV-1 assembly and release HIV-
280 1 [42]. While there is no publication has reported that *PLIN3*'s expression level is altered by HIV-
281 1 infection in primary CD4⁺ T cells, this study is the first one to reveal the effects of HIV-1 infection
282 on *PLIN3* RNA methylation and expression levels in primary CD4⁺ T cells. Interestingly, in primary
283 cells, HIV-1 infection not only increased *PLIN3* m⁶A methylation but also promoted its mRNA
284 stability, resulting in an upregulation of *PLIN3* mRNA level. A previous study identified that insulin-
285 like growth factor 2 mRNA-binding proteins (IGF2BPs; including IGF2BP1/2/3) as m⁶A-binding
286 proteins to enhance the stability of thousands of cellular transcripts in an m⁶A-dependent manner
287 [43]. It is possible that IGF2BPs bind to m⁶A-modified *PLIN3* mRNA and increase its stability in
288 HIV-1 infected primary CD4⁺ T cells. However, despite this increase in mRNA levels, the level of

289 PLIN3 protein was significantly decreased. The reason for this discrepancy is not clear. One
290 possibility is that PLIN3 protein levels are regulated by mechanisms that are independent of post-
291 transcriptional m⁶A modification. Alternatively, increased m⁶A modification of *PLIN3* mRNA may
292 stabilize the transcript yet inhibit its translation. Further studies are needed to clarify these
293 mechanisms.

294 Several previous studies explored the function of PLIN3 during HIV-1 infection. One study
295 reported that HIV-1 Env binds to PLIN3 to target the trans-Golgi network in HeLa cells, which is
296 essential for the efficient incorporation of HIV-1 Env into virions [44]. Subsequent studies built
297 upon these observations and showed that PLIN3 interacts with HIV-1 Gag and Env [45], and is
298 essential to produce infectious HIV-1 in both Jurkat T cells and primary macrophages [45, 46].
299 However, one group reevaluated the role of PLIN3 in HIV-1 infected Jurkat cells and found that
300 PLIN3 was dispensable for Env virion incorporation [27]. However, whether PLIN3 plays a role in
301 HIV-1 infection of primary CD4⁺ T cells has not been reported. In this study, we demonstrated that
302 knockdown of PLIN3 in primary CD4⁺ T cells reduced HIV-1 virion release but increased virion
303 infectivity. Since activated CD4⁺ T cells are the primary target of HIV-1 in vivo, these results are
304 likely a more accurate reflection of how PLIN3 interacts with HIV-1 in the physiological
305 environment. Considering the key role of plasma membrane rafts in HIV-1 assembly and release
306 HIV-1 [42], it is plausible that PLIN3 affects the formation and function of plasma membrane rafts
307 in primary CD4⁺ T cells, thereby regulating HIV-1 Gag and Env interaction during HIV-1 assembly
308 and release. Future studies will focus on the role of PLIN3 in HIV-1 Env incorporation to better
309 understand how PLIN3 regulates HIV-1 infection in primary CD4⁺ T cells.

310 In summary, here we report, at single-base resolution, m⁶A modification sites on viral and
311 cellular RNA that occur in response to HIV-1 infection of primary CD4⁺ T cells. In addition, we
312 have clarified previously conflicting results obtained in cell lines by establishing a role for PLIN3
313 in modulating HIV-1 infection in primary CD4⁺ T cells.

314

315 **Materials and Methods**

316

317 **Ethics statement**

318 The Institutional Review Board (IRB) at the University of Iowa has approved the in vitro
319 experiments in this study involving human blood cells from de-identified healthy donors. The
320 consent requirements for the de-identified blood samples were waived by IRB.

321

322 **Cell culture**

323 Jurkat and primary CD4⁺ T cells were cultured in RPMI-1640 (ATCC) supplemented with 10%
324 fetal bovine serum (FBS; R&D Systems) and antibiotics (100 U/mL penicillin and 100 µg/mL
325 streptomycin, Gibco). HEK293T, Ghost/X4/R5, and TZM-bl cells were cultured in DMEM (Gibco)
326 with 10% FBS and antibiotics [8]. All cells were cultured at 37°C with 5% CO₂ and tested negative
327 for mycoplasma contamination using a PCR-based universal mycoplasma detection kit (ATCC
328 30-1012K). Healthy deidentified donor blood was purchased from the DeGowin Blood Center at
329 the University of Iowa. PBMCs were isolated from healthy donor blood as described (REF). CD4⁺
330 T cells were enriched using EasySep™ Human CD4⁺ T cell isolation kit (17952, STEMCELL
331 Technologies) and activated using ImmunoCult™ Human CD3/CD28/CD2 T cell activator (10970,
332 STEMCELL Technologies) for 72 hr.

333

334 **HIV-1 production and infection**

335 Replication-competent HIV-1_{NL4-3} stocks were generated by transfection of HEK293T cells with
336 pNL4-3 using jetPRIME (114-07, Polyplus Transfection) as described [8]. The supernatants were
337 filtered (0.45 µm) and digested with DNase I (Turbo, Invitrogen) for 30 min at 37°C. The viral stock
338 infectivities were calculated through serial dilution on Ghost/X4/R5 cell lines. For HIV-1 infection,
339 Jurkat and primary activated CD4⁺ T cells were infected with HIV-1_{NL4-3} at an MOI of 1.
340 Spinoculation was performed by centrifuging the cells with virus at 1200xg for 2 hr at 25°C. Cells

341 were washed twice with Dulbecco's Phosphate-Buffered Saline (DPBS) and resuspended with
342 fresh culture medium. The reverse transcriptase inhibitor nevirapine (NVP, 10 μ M, 4666, the AIDS
343 Research and Reference Reagent Program, NIH) was used as a control. HIV-1 supernatant p24
344 levels were detected by p24 ELISA using anti-p24-coated plates (AIDS and Cancer Virus Program,
345 National Cancer Institute, Frederick, MD) as described [47].

346

347 **Antibodies and immunoblotting**

348 Antibodies used for immunoblotting were as follows: HIV-1 p24 (clone #24-2, the AIDS Research
349 and Reference Reagent Program, NIH), GAPDH (AHP1628, Bio-Rad), METTL3 (15073,
350 Proteintech), METTL14 (CL4252, Abcam), PLIN3 (10694-1-AP, Proteintech), HIV-Ig (3957, the
351 AIDS Research and Reference Reagent Program, NIH). Cells were harvested and lysed in cell
352 lysis buffer (9803, Cell Signaling Technology) with a protease and phosphatase inhibitor (A32959,
353 Pierce, Thermo Scientific). Immunoblotting was performed as described [48]. GAPDH was used
354 as a loading control for all immunoblots.

355

356 **RNA isolation and poly(A) enrichment**

357 Total RNA was extracted using TRIzol (Invitrogen) and the RNA concentrations were determined
358 by Nanodrop. mRNA was enriched using Dynabeads oligo(dT)25 (61005, Invitrogen) following
359 the manufacturer's instructions.

360

361 **m⁶A ELISA**

362 m⁶A levels were quantified in 50 ng mRNA using a m⁶A RNA methylation ELISA protocol as
363 described [13, 49].

364

365 **Co-IP assay**

366 Cells were harvested and lysed in RIPA buffer (50 mM Tris-HCl (pH 7.5), 150 mM NaCl, 1% NP-
367 40, 5 mM EDTA, and 10% glycerol) containing protease and phosphatase inhibitor. METTL3
368 complexes were precipitated with METTL3 antibody and Dynabeads™ protein G (1004D,
369 Invitrogen). The same amounts of rabbit IgG were used as the negative control. The beads were
370 washed three times with RIPA buffer and resuspended in LDS sample buffer (NP0007, Invitrogen).
371 Input and IP samples were analyzed by immunoblot.

372

373 **m⁶A-SAC-Seq, data deposition, access, and bioinformatics analysis**

374 -seq data have been m⁶A-SAC-seq was performed as previously described [15, 16]. Purified
375 mRNA (150 ng) from each sample was used for m⁶A-SAC-seq. The m⁶A-SAC deposited in the
376 Gene Expression Omnibus (GEO) with accession number GSE280563 (is scheduled to be
377 released on May 01, 2025) <https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE280563>

378 The “pheatmap”, “ggplot2”, and “ggrepel” R package was used to identify differentiated m⁶A
379 modifications on cellular genes, with thresholds set at fold change ≥ 2 with $p < 0.05$. The “ggplot2”
380 R package was employed to visualize GO and KEGG enrichment analyses using Metascape [50],
381 with a threshold of $p < 0.05$ indicating significant enrichment.

382

383 **meRIP**

384 Total cellular RNA was isolated using TRIzol and its concentration were determined by Nanodrop.
385 Total RNA was resuspended with IP buffer (50 mM Tris-HCl (pH7.5), 150 mM NaCl, 0.1% NP-40,
386 and RNase Inhibitor). m⁶A antibody (202003, Synaptic Systems) or rabbit IgG (cat, vendor) were
387 used for RNA-IP. The Monarch RNA Cleanup Kit (T2030S, New England Biolabs) was used to
388 purify the enriched RNA. RT-PCR was conducted to detect target genes enrichment levels. Data
389 analysis was performed using the $\Delta\Delta C_t$ method.

390

391 **RT-PCR and quantitative PCR**

392 Total RNA was extracted using Trizol or RNeasy Plus Kit (74134, Qiagen). cDNA was synthesized
393 from the extracted RNA using iScript™ cDNA Synthesis Kit (1708891, Bio-Rad), and quantitative
394 PCR (qPCR) was performed to quantify cDNA levels. Primers sequences are listed in Table S3.

395

396 **Plasmids**

397 pLentiCRISPR v2 was from Feng Zhang (Addgene plasmid #52961). pLentiCRISPR v2 sgPLIN3
398 was constructed by ligating an oligonucleotide duplex (Integrated DNA Technologies) into the
399 BsmBI-v2 site (R0739S, New England Biolabs). Oligonucleotide sequences used were listed in
400 Table S3. Plasmids were confirmed by Sanger Sequencing.

401

402 **Generation of PLIN3 KO stable Jurkat cell lines and PLIN3 knockdown primary cells**

403 Jurkat cells were transduced with lentiviruses in the presence of polybrene (10 µg/mL) by
404 spinoculation at 1,200 x g for 2 hr at room temperature. Transduced cells were cultured in
405 complete RPMI-1640 for 48 hr prior to selection with puromycin (1.5 µg/mL). After 7 days of
406 selection, single-cell clones were obtained by limiting dilution. PLIN3 KO Jurkat cells were
407 confirmed by immunoblotting and Sanger sequencing of genomic DNA. Primary CD4⁺ T cells
408 were transduced with lentiviruses in the presence of polybrene (10 µg/mL) by spinoculation at
409 1,200 x g for 2 hr at room temperature. The transduced cells were then cultured in complete
410 RPMI-1640 for 24 hr before undergoing a second round of transduction. After 48 hr transduction,
411 the efficiency of PLIN3 knockdown was confirmed by immunoblotting.

412

413 **HIV-1 infectivity measurement in TZM-bl cell lines**

414 TZM-bl cells (1x10⁵) were seeded in 24-well plates overnight and infected with 2 ng p24 HIV-1
415 stocks. After 48 hr, the luciferase activity was measured using ONE-Glo™ EX Luciferase Assay
416 System (E8120, Promega). Luminescence was quantified using a microplate reader and
417 normalized to total protein content.

418

419 **mRNA stability assay**

420 Mock and HIV-1 infected primary CD4⁺ T cells were treated with actinomycin D (10 µg/mL) to
421 inhibit transcription. Total RNA was extracted at 0, 1, 2, 4, and 6 hr post-treatment and qRT-PCR
422 was performed to quantify the remaining *PLIN3* mRNA levels.

423

424 **Statistical analysis**

425 Data were analyzed using *t*-test or analysis of variance (ANOVA) with Prism software and
426 statistical significance was defined as $P < 0.05$.

427

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435

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446

447 **Author Disclosure Statement of Conflict of Interest**

448 C.H. is a scientific founder, a member of the scientific advisory board and equity holder of Aferna

449 Bio, Inc. and Ellis Bio Inc., a scientific cofounder and equity holder of Accent Therapeutics, Inc.,

450 and a member of the scientific advisory board of Rona Therapeutics and Element Biosciences.

451

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- 635

636 **Supporting information (Table S1-S3 in Excel files)**

637

638 **Table S1. m⁶A-SAC-seq and RNA-seq data of primary CD4⁺ T cells.** Cells were infected with
639 Mock or HIV-1 for 96 hr and poly(A)-enriched RNA were analyzed based on three individual
640 healthy donors. m⁶A-SAC-seq and RNA-seq data are in two separate sheets in one Excel file.
641 Data of genes listed in Table 1 are highlighted in red (m⁶A-SAC-seq).

642

643 **Table S2. m⁶A-SAC-seq identifies m⁶A modification sites in HIV-1 RNA in HIV-1 infected**
644 **primary CD4⁺ T cells.** Cells were infected with Mock or HIV-1 for 96 hr and poly(A)-enriched RNA
645 were analyzed based on three individual healthy donors. m⁶A motifs, m⁶A/A ratio of individual
646 samples and their average values are included in the Excel file.

647

648 **Table S3. PCR primers sequences.**

649 **Figure legends**

650 **Fig 1. HIV-1 upregulates m⁶A modification levels in cellular mRNA and promotes the**
651 **interaction between METTL3 and METTL14 in CD4⁺ T cells. (A-C)** Jurkat cells were mock
652 infected or infected with HIV-1_{NL4-3} at an MOI of 1. **(A)** Infection was confirmed by immunoblot (IB)
653 analysis of HIV-1 Gag and capsid (CA) at the indicated times post-infection. **(B)** m⁶A levels in
654 cellular mRNA from mock or HIV-1-infected cells were measured by ELISA at the indicated times
655 post-infection. **(C)** Immunoprecipitation (IP) was performed at 72 hpi using non-specific IgG or an
656 anti-METTL3 antibody. The indicated proteins were detected by IB in the input and IP samples.
657 Relative levels of METTL14 in the IP were determined by densitometry (METTL14/METTL3). **(D-**
658 **F)** Activated primary CD4⁺ T cells were mock- infected or infected with HIV-1_{NL4-3} at an MOI of 1
659 for 96 hr. **(D)** Infection was confirmed by measuring supernatant p24 levels by ELISA. nd, not
660 detectable. **(E)** m⁶A levels in cellular mRNA from mock or HIV-1-infected cells were measured by
661 ELISA. **(F)** IP was performed at using non-specific IgG or an anti-METTL3 antibody. The indicated
662 proteins were detected by IB in the input and IP samples. Relative levels of METTL14 in the IP
663 were determined by densitometry (METTL14/METTL3). Data are shown as mean ± SD from three
664 individual experiments. Two-way ANOVA with Bonferroni correction (B) and two-tailed, unpaired
665 *t*-test (E) were used for statistical analysis (*P* values are shown on figures). ns, not significant.

666

667 **Fig 2. m⁶A-SAC-Seq identifies cellular mRNAs that are differentially m⁶A-modified upon**
668 **HIV-1 infection.** Activated primary CD4⁺ T cells isolated from donor PBMCs were mock-infected
669 or infected with HIV-1_{NL4-3} at an MOI of 1 for 96 hr. Poly(A)-enriched RNA was used for m⁶A-SAC-
670 seq. **(A)** Heat map showing transcript-level differences in m⁶A modification between mock and
671 HIV-1-infected cells. Due to the large dataset, only genes with significant differences are displayed.
672 Each row represents an RNA, and each column represents a sample. Both rows and columns are
673 clustered using correlation distance. **(B)** Volcano plot showing m⁶A-hypomethylated (blue) and
674 m⁶A-hypermethylated (red) mRNA from HIV-1 infected cells compared to mock-infected controls.

675 Adenosines that are considered differentially methylated in response to HIV-1 infection are ≥ 2 -
676 fold changed compared to mock-infected controls, with $P < 0.05$. **(C)** m^6A distribution in different
677 regions of cellular mRNA. Analysis was performed with mock and HIV-1-infected samples
678 combined ($N = 6$). **(D)** m^6A consensus motif frequencies in cellular RNA were determined using
679 m^6A -SAC-seq. **(E)** Gene ontology (GO) analysis of m^6A -hypermethylated cellular genes in
680 Metascape. The top 10 pathways with the lowest adjusted p-values were selected and visualized
681 using a bubble chart generated by R. Gene ratio is the percentage of genes in each GO term that
682 are differentially changed. Adjusted p-value = Benjamini-Hochberg adjusted p-value.

683

684 **Fig 3. m^6A distribution in HIV-1 genomic RNA. (A)** HIV-1 RNA m^6A sites and their frequencies
685 are mapped to their nucleotide position in the HIV-1 genome (GenBank: AF033819.3) **(B)**
686 Distribution of m^6A sites in HIV-1 RNA. **(C)** m^6A consensus motif frequencies in HIV-1 RNA were
687 determined using m^6A -SAC-seq.

688

689 **Fig 4. m^6A modification of PLIN3 mRNA is increased by HIV-1 infection in $CD4^+$ T cells. (A)**
690 Jurkat cells were mock-infected or infected with HIV-1_{NL4-3} at an MOI of 1 for 72 hr. Total cellular
691 RNA was subjected to meRIP, and the enrichment of m^6A -modified transcripts in the m^6A -IP was
692 determined relative to mock-infected controls. **(B-C)** Activated primary $CD4^+$ T cells isolated from
693 donor PBMCs were mock-infected or infected with HIV-1_{NL4-3} at an MOI of 1 for 96 hr. Total cellular
694 RNA was subjected to meRIP, and the level m^6A -modified transcripts in the m^6A -IP was
695 determined relative to **(B)** input or **(C)** mock-infected controls. Data are shown as mean \pm SD.
696 Multiple unpaired *t*-test (A) or two-tailed unpaired *t*-test (B, C) were used for statistical analysis (P
697 values are shown on figures).

698

699 **Fig 5. PLIN3 does not affect HIV-1 replication in Jurkat cells. (A-C)** Jurkat cells were mock-
700 infected or infected with HIV-1_{NL4-3} at an MOI of 1 for 72 hr. **(A)** PLIN3 mRNA levels were

701 measured by qRT-PCR. **(B)** PLIN3 and HIV-1 protein expression was measured by IB. A
702 representative IB is shown. **(C)** Relative quantification of PLIN3 protein expression as shown in
703 (B) from three individual experiments. **(D)** Control (Ctrl) and PLIN3KO Jurkat cells were mock-
704 infected or infected with HIV-1_{NL4-3} at an MOI of 1 for 72 hr. PLIN3 and HIV-1 protein expression
705 was measured by IB. One individual experiment result is shown. **(E)** Relative quantification of
706 HIV-1 protein expression as shown in (D) from three individual experiments. **(F)** Cell culture
707 supernatants were collected from Ctrl and PLIN3 KO Jurkat cells with and without HIV-1 infection,
708 and p24 levels were quantified by ELISA. nd, not detectable. **(G)** TZM-bl cells were infected with
709 HIV-1 collected from Ctrl or PLIN3 KO cell culture supernatant. Luciferase activity was measured
710 at 48 hpi. Data are shown as mean \pm SD from three individual experiments. Two-tailed, unpaired
711 *t*-test (A, C, F, and G) and multiple unpaired *t*-test (E) were used for statistical analysis. ns, not
712 significant.

713

714 **Fig 6. HIV-1 infection increases PLIN3 mRNA levels by enhancing PLIN3 mRNA stability in**
715 **primary CD4⁺ T cells. (A-C)** Primary CD4⁺ T cells were mock-infected or infected with HIV-1_{NL4-}
716 ₃ at an MOI of 1 for 96 hr. The HIV-1 reverse transcription inhibitor NVP was used to block viral
717 replication (HIV-1+NVP). **(A)** PLIN3 and HIV-1 protein expression was measured by IB. A
718 representative IB is shown. **(B)** Relative quantification of PLIN3 protein expression as shown in
719 (A) from three individual donors. **(C)** PLIN3 mRNA levels were measured by qRT-PCR. N = 6
720 (Mock, HIV-1) or N = 3 (HIV-1 + NVP). **(D)** Cells were treated with actinomycin D at 96 hpi.
721 Samples were collected at the indicated time points, and PLIN3 mRNA levels were detected by
722 qRT-PCR. Data are shown as means \pm SD. Ordinary One-way ANOVA with Dunnett correction
723 (B, and C) and multiple unpaired *t*-test (D) were used for statistical analysis (*P* values are shown
724 on figures). ns, not significant. ** *P* < 0.01. *** *P* < 0.001.

725

726 **Fig 7. Knockdown of PLIN3 in primary CD4⁺ T cells decreases HIV-1 production but**
727 **increases viral infectivity. (A-D)** Primary CD4⁺ T cells were transduced with lentiviral vectors
728 expressing non-targeting (Ctrl) or PLIN3 small guide (sg) RNA to achieve partial stable
729 knockdown of PLIN3. Cells were then infected with HIV-1_{NL4-3} at an MOI of 1 for 96 hr. **(A)** Relative
730 levels of PLIN3 expression and HIV-1 infection were measured by IB in cells from three
731 independent donors. **(B)** Relative quantification of PLIN3 protein expression shown in (A). **(C)**
732 Relative levels of HIV-1 protein expression shown in (A). **(D)** Cell supernatant p24 levels from
733 HIV-1 infected cells were quantified by ELISA. **(E)** TZM-bl cells were infected with HIV-1 collected
734 from sgCtrl or sgPLIN3 cell culture supernatants. Luciferase activity was measured at 48 hpi. Data
735 are shown as means ± SD from three individual donors. Two-tailed unpaired *t*-test (B) and multiple
736 unpaired *t*-test (C, D, and E) were used for statistical analysis (*P* values are shown on figures).
737 ns, not significant.

738

739 **Fig 8. Summary and proposed model.** In primary CD4⁺ T cells, HIV-1 infection promotes the
740 interaction between METTL3/METTL14. HIV-1 infection increases PLIN3 m⁶A level and RNA
741 stability. Knockdown of PLIN3 in primary CD4⁺ T cells decreases HIV-1 production but increases
742 viral infectivity in TZM-bl cells. Ctrl, control; KD, knockdown.

Fig. 1

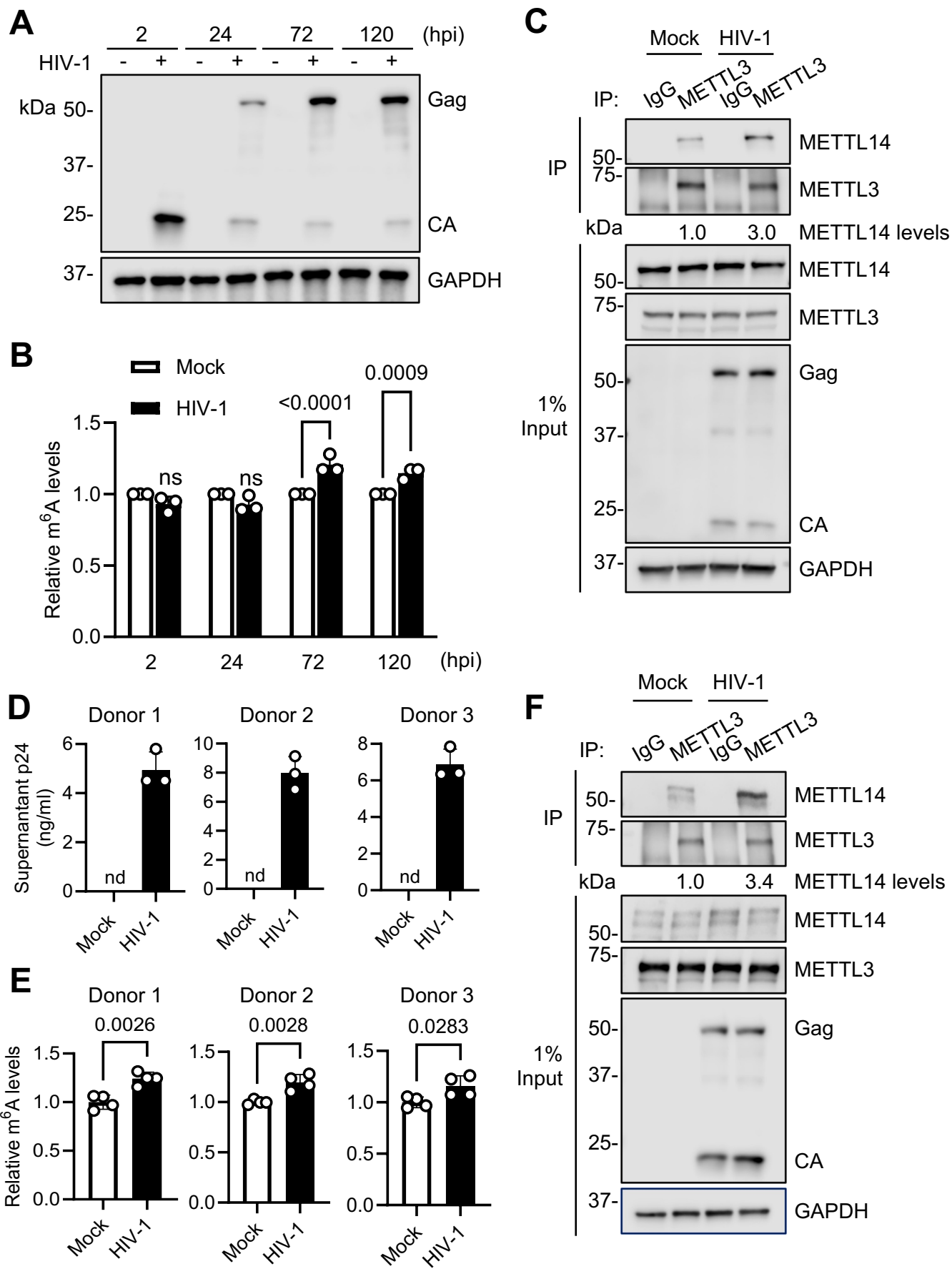


Fig. 2

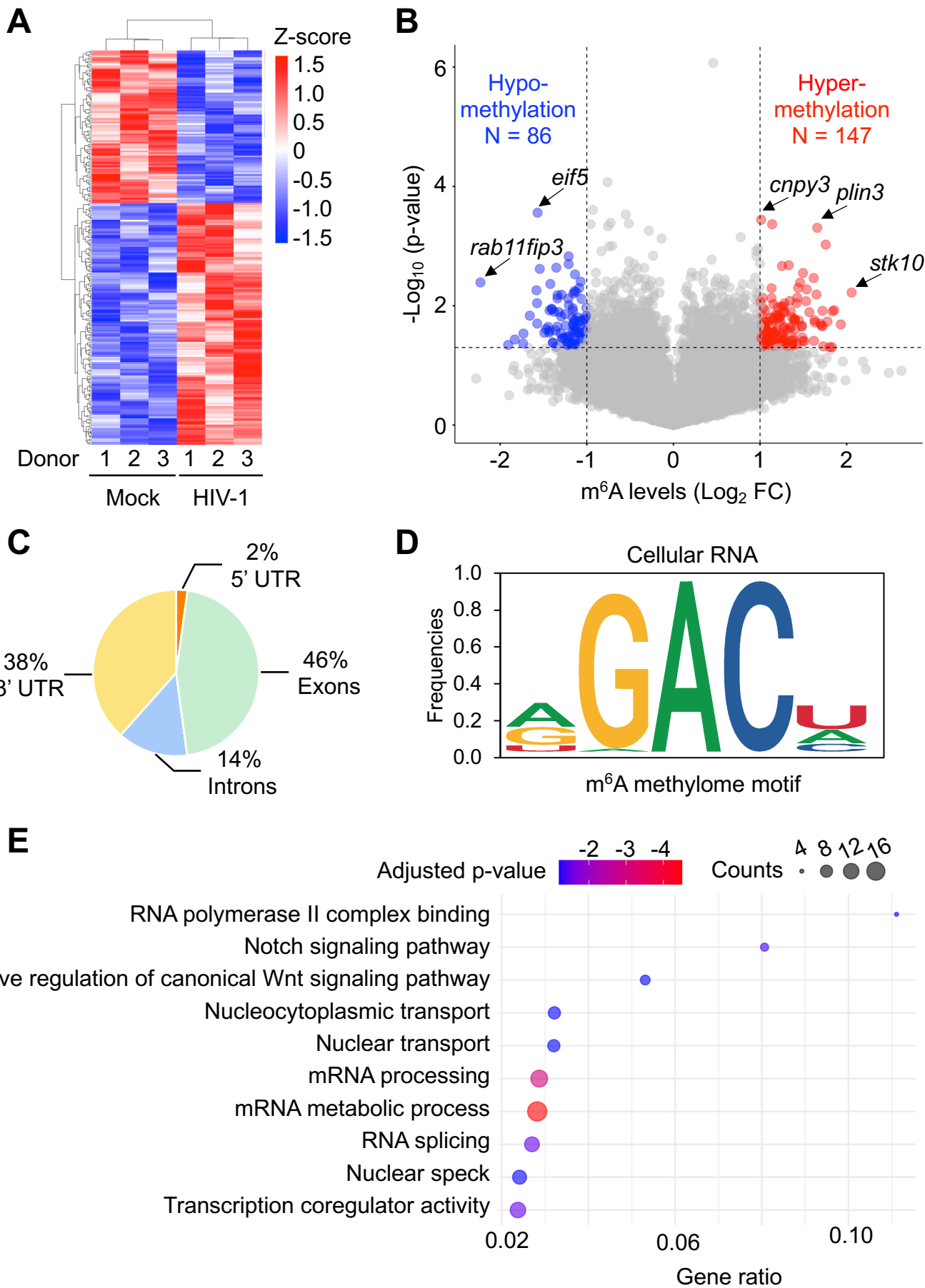
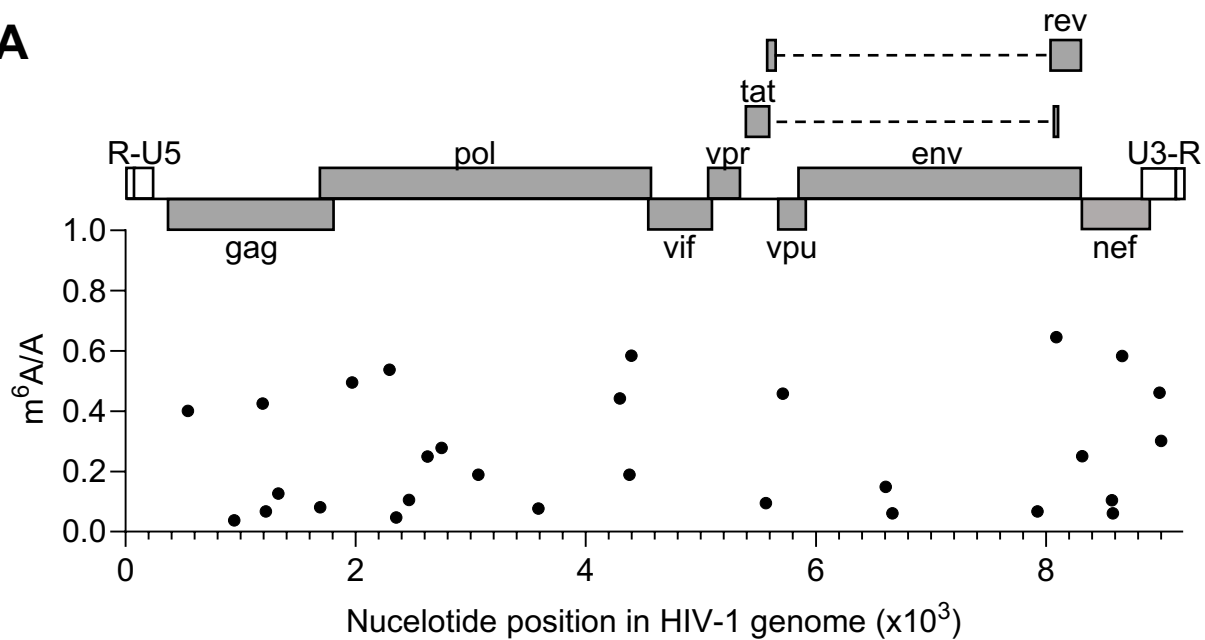
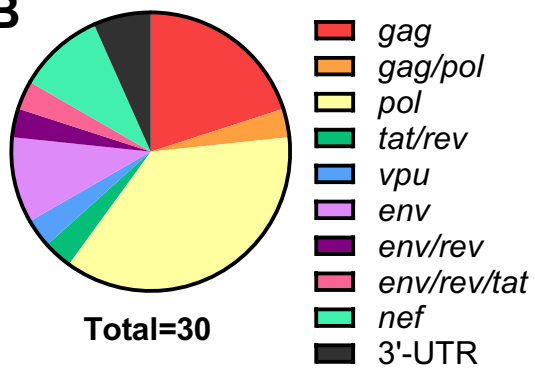


Fig. 3

A



B



C

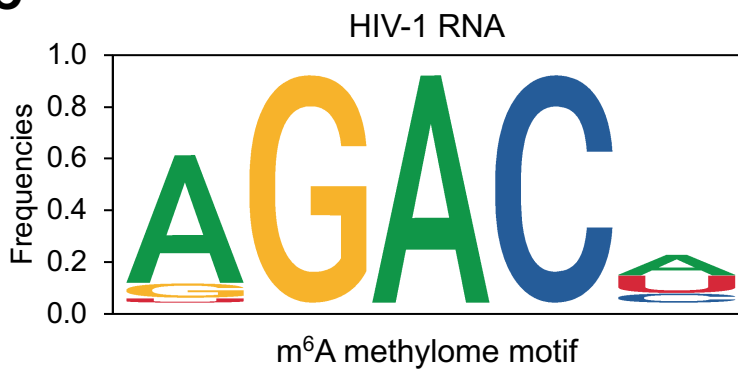


Fig. 4

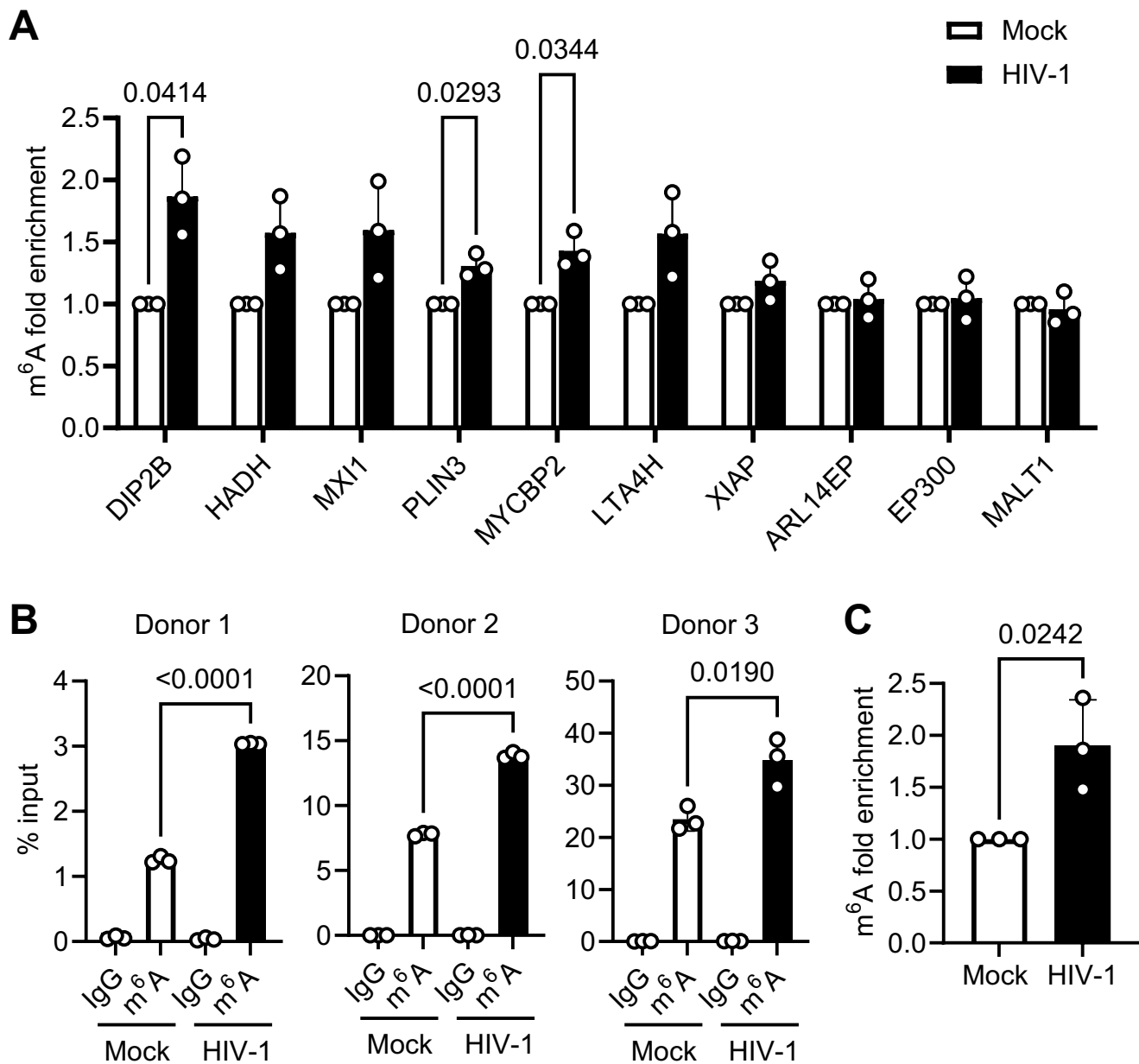


Fig. 5

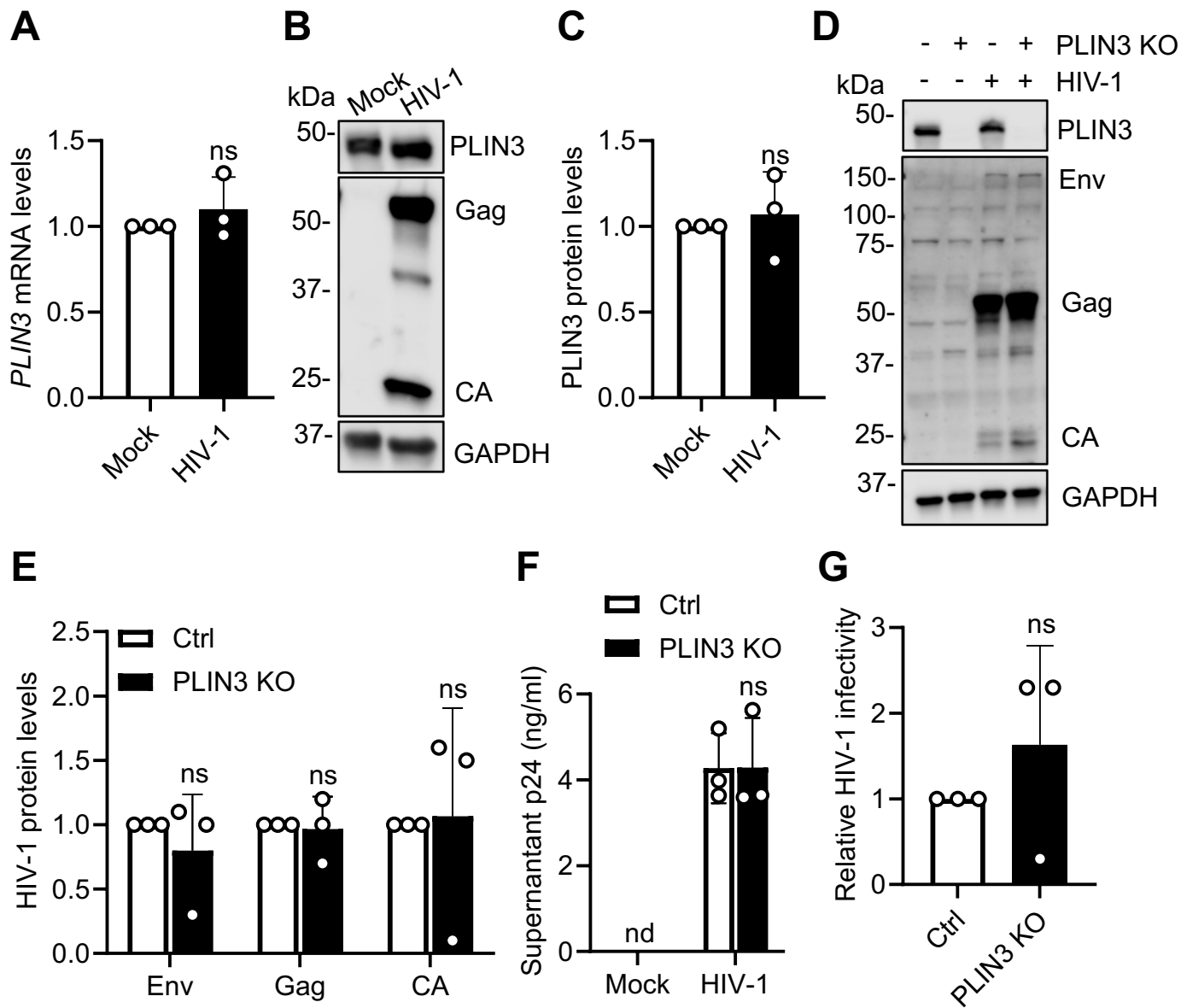


Fig. 6

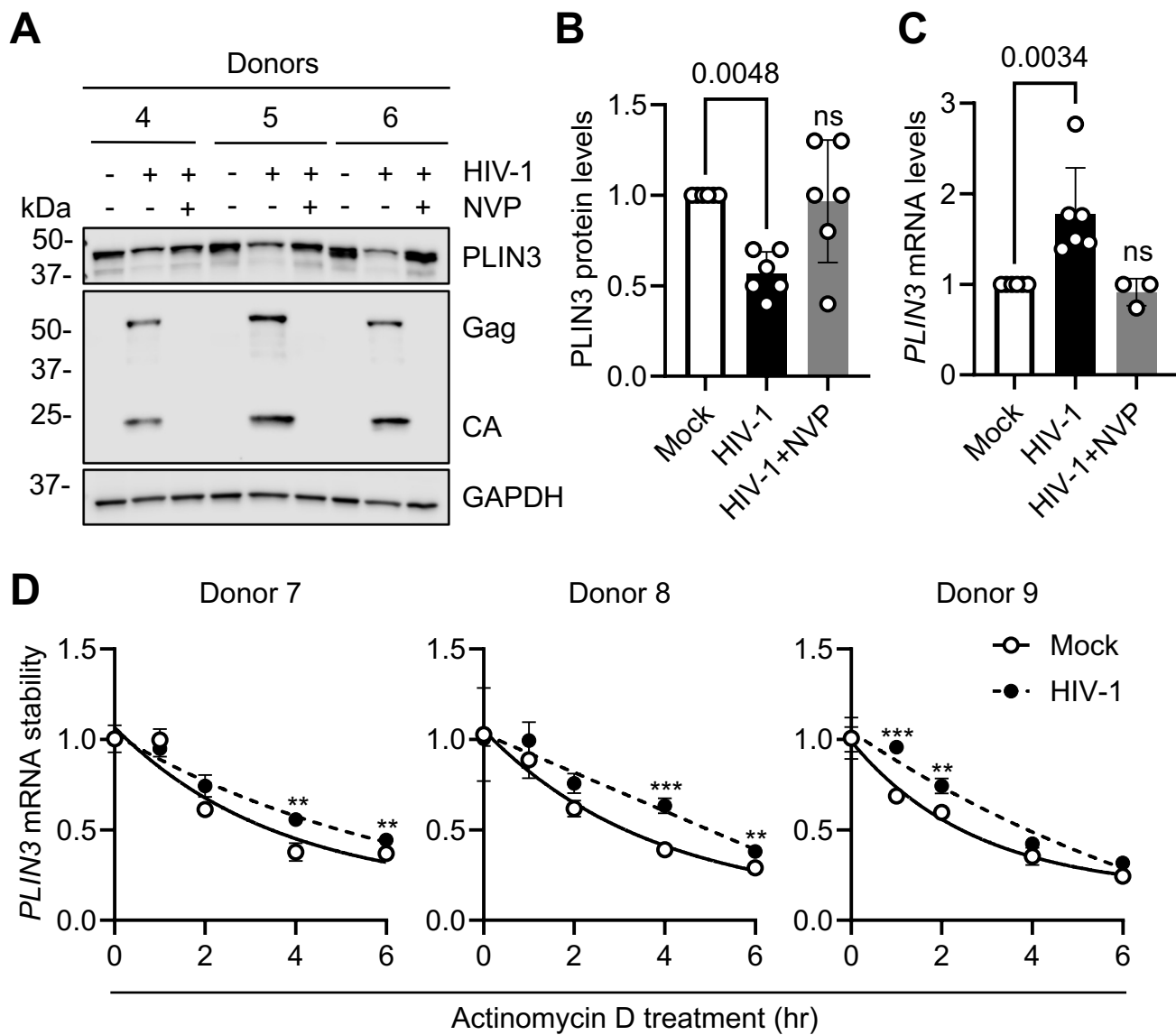


Fig. 7

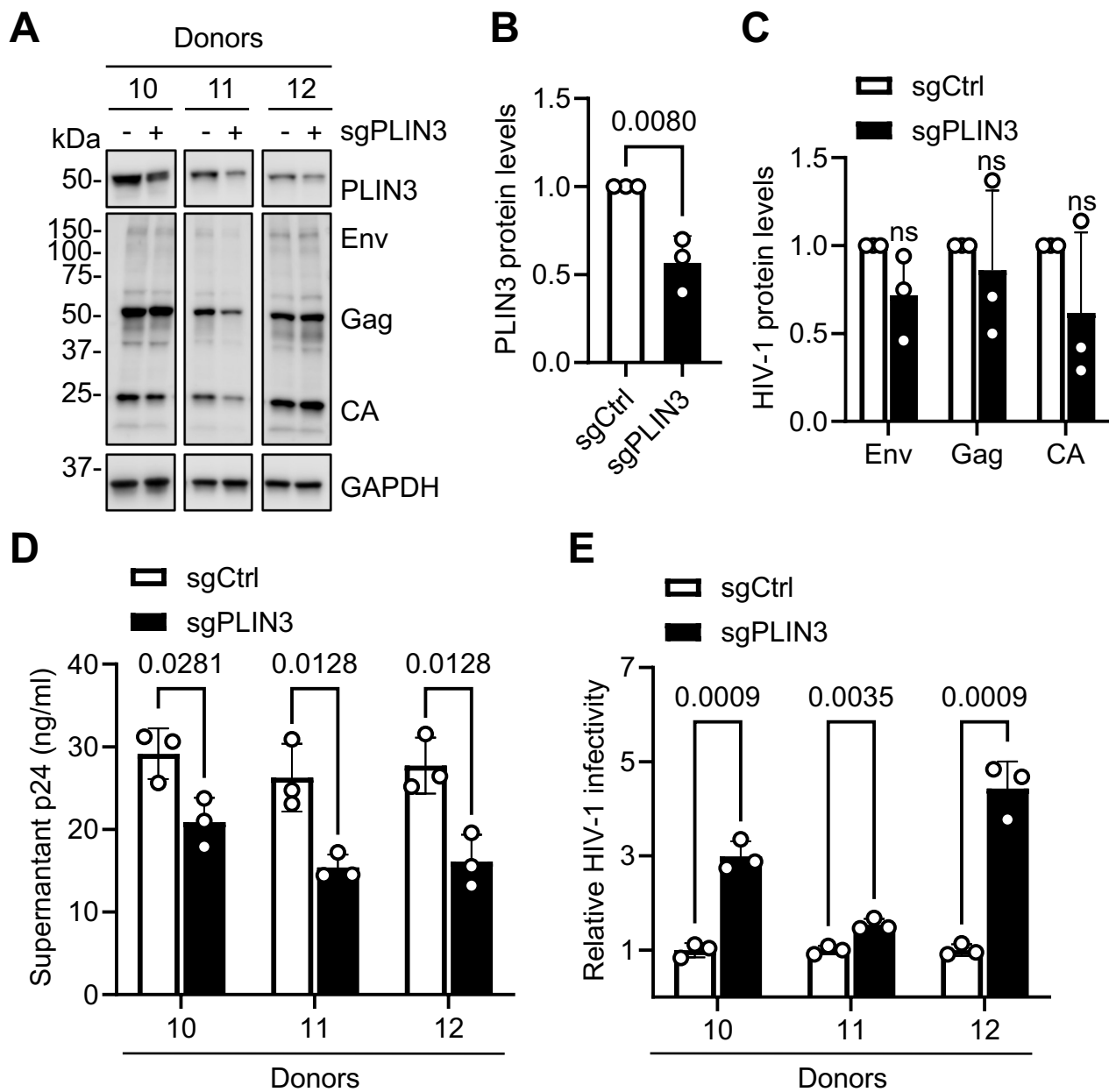


Fig. 8

