



Effects of Caenorhabditis elegans sgk-1 mutations on lifespan, stress resistance, and DAF-16/FoxO regulation

Albert Tzong-Yang Chen,¹ Chunfang Guo,¹
Kathleen J. Dumas,¹ Kaveh Ashrafi² and Patrick J. Hu^{1,3}

¹Life Sciences Institute, University of Michigan, Ann Arbor, Michigan ²Department of Physiology, University of California, San Francisco, California ³Departments of Internal Medicine and Cell and Developmental Biology, University of Michigan Medical School, Ann Arbor, Michigan

Summary

The AGC family serine-threonine kinases Akt and Sgk are similar in primary amino acid sequence and in vitro substrate specificity, and both kinases are thought to directly phosphorylate and inhibit FoxO transcription factors. In the nematode Caenorhabditis elegans, it is well established that AKT-1 controls dauer arrest and lifespan by regulating the subcellular localization of the FoxO transcription factor DAF-16. SGK-1 is thought to act similarly to AKT-1 in lifespan control by phosphorylating and inhibiting the nuclear translocation of DAF-16/FoxO. Using sgk-1 null and gain-of-function mutants, we now provide multiple lines of evidence indicating that AKT-1 and SGK-1 influence C. elegans lifespan, stress resistance, and DAF-16/FoxO activity in fundamentally different ways. Whereas AKT-1 shortens lifespan, SGK-1 promotes longevity in a DAF-16-/FoxO-dependent manner. In contrast to AKT-1, which reduces resistance to multiple stresses, SGK-1 promotes resistance to oxidative stress and ultraviolet radiation but inhibits thermotolerance. Analysis of several DAF-16/FoxO target genes that are repressed by AKT-1 reveals that SGK-1 represses a subset of these genes while having little influence on the expression of others. Accordingly, unlike AKT-1, which promotes the cytoplasmic sequestration of DAF-16/FoxO, SGK-1 does not influence DAF-16/FoxO subcellular localization. Thus, in spite of their similar in vitro substrate specificities, Akt and Sgk influence longevity, stress resistance, and FoxO activity through distinct mechanisms in vivo. Our findings highlight the need for a re-evaluation of current paradigms of FoxO regulation

Key words: aging; *C. elegans*; FoxO; insulin-like growth factor signaling; lifespan; Sgk.

Introduction

Akt/protein kinase B (PKB) and Sgk are two highly related members of the AGC family of serine—threonine kinases that act in cellular signaling pathways to modulate survival, growth, proliferation, metabolism, and other processes (Pearce *et al.*, 2010). Akt/PKB has evolutionarily conserved functions in the control of development, growth, metabolism,

Correspondence

Patrick Hu, 6403 LSI, 210 Washtenaw Avenue, Ann Arbor, MI 48109, USA. Tel.: 734 615 9656; fax: 734 615 5493; e-mail: pathu@umich.edu

Accepted for publication 12 June 2013

cell survival, and longevity, and dysregulation of Akt/PKB contributes to the pathogenesis of common human diseases such as cancer and type 2 diabetes (Franke, 2008).

The mechanism of Akt/PKB activation is well established. In response to growth factors, Akt/PKB is activated in a phosphoinositide 3-kinase (PI3K)-dependent manner by phosphorylation at two critical regulatory sites: T308 within its kinase domain and S473 within a C-terminal hydrophobic motif (Alessi *et al.*, 1996a). The 3-phosphoinositide-dependent kinase PDK1 phosphorylates Akt/PKB at T308 (Alessi *et al.*, 1997; Stephens *et al.*, 1998), and members of the PI3K-related kinase (PIKK) family such as TOR complex 2 phosphorylate Akt/PKB at S473 (Feng *et al.*, 2004; Sarbassov *et al.*, 2005; Viniegra *et al.*, 2005).

Activated Akt/PKB phosphorylates several substrates in vivo at sites that lie within RxRxxS/T motifs (Alessi et al., 1996b; Manning & Cantley, 2007). Among these substrates are the FoxO family of transcription factors that control development, metabolism, growth, and aging (Accili & Arden, 2004). Akt/PKB-dependent phosphorylation of FoxO at three conserved RxRxxS/T motifs inhibits FoxO activity by promoting its export from the nucleus and sequestration in the cytoplasm (Brunet et al., 1999). FoxO is a critical substrate of Akt/PKB in vivo, as its disinhibition in mice with reduced hepatic Akt/PKB signaling impairs metabolic homeostasis (Dong et al., 2008), and a null mutation in daf-16, which encodes the sole FoxO transcription factor in the nematode Caenorhabditis elegans, suppresses the dauer-constitutive and lifespan extension phenotypes of animals with reduced Akt/PKB activity (Paradis & Ruvkun, 1998; Kwon et al., 2010). Thus, Akt/PKB has an evolutionarily conserved function as a direct inhibitor of FoxO transcription factors.

The serum- and glucocorticoid-regulated kinase gene sak encodes a serine–threonine kinase highly homologous to Akt/PKB that was first identified as a gene whose transcription is induced acutely by serum and glucocorticoids in a rat mammary tumor cell line (Webster et al., 1993). Like Akt/PKB activation, Sgk activation by growth factors is PI3K dependent and involves the phosphorylation of a site in the kinase domain (T256) by PDK1 (Kobayashi & Cohen, 1999; Park et al., 1999) and a C-terminal site within a hydrophobic motif by TOR complex 2 (Garcia-Martinez & Alessi, 2008). Furthermore, Sgk also phosphorylates sites that lie within RxRxxS/T motifs (Kobayashi & Cohen, 1999). In spite of these similarities, some Akt/PKB substrates are poor substrates for Sqk in vitro and vice versa (Murray et al., 2004a,b); this is likely due at least in part to amino acids in the vicinity of the phosphoacceptor residue that confer substrate specificity (Murray et al., 2005). The distinct substrate specificities of Akt/PKB and Sqk are reflected in the observation that although both mammalian Akt/PKB and Sgk can promote the phosphorylation of the FoxO3 transcription factor in cultured cells at sites within all three conserved RxRxxS/T motifs, they do so with distinct efficiencies within each motif (Brunet et al., 2001).

In mammalian cell culture, Sgk inhibits FoxO3 activity (Liu *et al.*, 2000; Brunet *et al.*, 2001), and in *C. elegans*, SGK-1 is thought to limit lifespan by inhibiting DAF-16/FoxO activity (Hertweck *et al.*, 2004). Taken together with the known role of Akt/PKB in FoxO regulation, these studies have established a paradigm whereby Akt/PKB and Sgk are thought to act via similar mechanisms to inhibit FoxO activity (Fielenbach & Antebi, 2008; Bruhn *et al.*, 2010; Pearce *et al.*, 2010).

We and others recently reported that in contrast to the lifespan extension phenotype observed after RNAi knockdown of sgk-1 (Hertweck et al., 2004), sgk-1 null mutations shorten C. elegans lifespan (Soukas et al., 2009; Alam et al., 2010; Kwon et al., 2010). This phenotype is the opposite of that observed for akt-1 null mutations (Soukas et al., 2009; Alam et al., 2010; Kwon et al., 2010) and is inconsistent with prevailing models implicating Sgk as a FoxO inhibitor. In light of these results, we have performed a detailed phenotypic analysis of sqk-1 null and gain-of-function mutants. Our results indicate that in C. elegans, Akt/PKB and Sqk influence lifespan, stress resistance, and FoxO transcription factor activity through distinct mechanisms. These surprising findings call into question current paradigms of FoxO regulation by Sgk and reveal that the interaction between Sgk and FoxO transcription factors may be more complex than previously appreciated.

Results

Effects of sqk-1 mutations on lifespan

We and others have shown that the sgk-1(mg455) mutation shortens lifespan (Soukas et al., 2009; Alam et al., 2010). The mg455 allele is a nonsense mutation that is predicted to result in truncation of SGK-1 within its kinase domain (Soukas et al., 2009); therefore, this is likely to be a null

mutation. A third group has shown that the sgk-1(ok538) deletion mutation, which is predicted to remove half of the SGK-1 kinase domain and is also probably a null mutation (Hertweck et al., 2004), also reduces lifespan (Kwon et al., 2010). We confirmed these results by measuring the lifespans of both sgk-1(ok538) and sgk-1(mg455) null mutants in the same assay (Fig. 1B and Table S1). sqk-1(ok538) (heretofore referred to as 'null #1') and sgk-1(mg455) (heretofore referred to as 'null #2') each shorten mean lifespan by at least 27.5% and median lifespan by at least 19.0% and 33.3%, respectively (P < 0.0001 by the log-rank test). The observation that two outcrossed strains harboring independently isolated sqk-1 null mutations both have short lifespans compared with wild-type animals strongly suggests that these short lifespan phenotypes are a consequence of reduced SGK-1 activity. These results contrast with the reported lifespan extension induced by sak-1 RNAi (Hertweck et al., 2004) and are consistent with a model whereby SGK-1 promotes longevity.

One possible explanation for the discrepancy between the lifespans of animals harboring sgk-1 loss-of-function mutations and animals subjected to sgk-1 RNAi is that strong loss-of-function mutations could cause developmental abnormalities that shorten adult lifespan by reducing general fitness; such abnormalities can be avoided by initiating RNAi during late larval or early adult stages. To address this possibility, we assayed the lifespans of animals harboring the sgk-1(ft15) gain-of-function mutation.

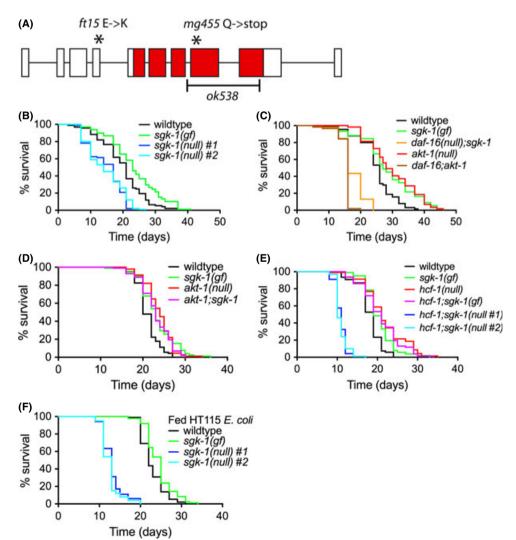


Fig. 1 Effects of sqk-1 mutations on lifespan. (A) Schematic of the sak-1 genomic locus (not to scale). Locations of the ft15 missense gain-of-function, ok538 deletion, and mg455 nonsense mutations are shown. Exons encoding the kinase domain are colored red. (B) Lifespans of sgk-1 mutants ft15 (gf), ok538 (null #1), and mg455 (null #2). (C) Effect of the daf-16(mu86) null mutation on the lifespans of sgk-1(gf) animals. (D) Effect of sgk-1(gf) on the lifespan of akt-1(mg306) null mutant animals. (E) Effect of sqk-1(qf) on the lifespan of hcf-1(pk924) null mutant animals. Raw data and statistics are presented in Table S1.

sgk-1(ft15) emerged from a genetic screen for suppressors of the developmental delay phenotype of animals harboring a loss-of-function mutation in Ipo-6/rict-1, which encodes the C. elegans ortholog of the TOR complex 2 component Rictor (Jones et al., 2009; Soukas et al., 2009). sgk-1(ft15) suppresses both the developmental delay and small body size phenotypes of *lpo-6/rict-1* loss-of-function mutants, and this suppression is abrogated by sgk-1 RNAi (Jones et al., 2009). Taken together with the observations that Ipo-6/rict-1 and sgk-1 act in the same genetic pathway (Jones et al., 2009; Soukas et al., 2009) and mammalian TOR complex 2 activates Sgk by promoting its phosphorylation (Garcia-Martinez & Alessi, 2008), these data strongly suggest that sgk-1(ft15) is a gain-of-function allele.

We reasoned that if sqk-1 null mutants are short-lived because SGK-1 plays a role in promoting longevity, then animals harboring sqk-1(ft15) (heretofore referred to as 'sgk-1(gf)') should live longer than animals with wild-type sgk-1. However, if sgk-1 null mutants are short-lived because they are sick, then sgk-1(gf) animals would not be expected to live long. sgk-1(gf) animals consistently lived ~ 15–20% longer than nonsibling wild-type animals (Table S1B). When siblings harboring wildtype sgk-1 were used as controls, sgk-1(gf) animals exhibited a more modest but statistically significant extension in median and mean lifespan in eight of ten experimental trials (Fig. 1B–E and Tables S1A,C). In Fig. 1B, sgk-1(gf) increased mean and median lifespan by 17.5% and 9.5%, respectively, compared with wild-type siblings (P = 0.0008). This lifespan extension was suppressed by a null mutation in daf-16/FoxO (Fig. 1C and Table S1A).

In C. elegans, DAF-16/FoxO activity is regulated through at least two mechanisms. Phosphorylation of DAF-16/FoxO by kinases such as AKT-1 inhibits DAF-16/FoxO by promoting its export from the nucleus (Lin et al., 2001; Zhang et al., 2008; Alam et al., 2010; Dumas et al., 2010; Kwon et al., 2010). Other regulatory proteins such as HCF-1 and EAK-7 inhibit DAF-16/FoxO activity without influencing its subcellular localization (Li et al., 2008; Alam et al., 2010). To determine whether SGK-1 acts specifically in either of these pathways to promote longevity, we tested the effect of sgk-1 mutations on the lifespans of akt-1 and hcf-1 null mutants. We previously reported that SGK-1 is required for the longevity of akt-1 mutants (Alam et al., 2010). sgk-1 (gf) did not extend the lifespan of akt-1(null) animals (Fig. 1D and Table S1A). Similarly, in hcf-1(null) animals, sqk-1 was required for lifespan extension, but sqk-1(qf) did not further increase lifespan (Fig. 1E and Table S1A). Based on these data, whether SGK-1 acts specifically with AKT-1 or HCF-1 to influence lifespan is not clear. It is possible that DAF-16/FoxO activation by SGK-1 is attenuated in backgrounds such as akt-1(null) and hcf-1(null) in which DAF-16/FoxO is already activated.

As the Escherichia coli HB101-derived HT115 strain used in experiments demonstrating that sgk-1 RNAi extends lifespan (Hertweck et al., 2004) differs from the OP50 strain used in our experiments (Fig. 1B–E), we sought to determine the influence of E. coli strain differences on the lifespans of sqk-1 mutants. Therefore, we assayed the lifespans of sqk-1 (null) and sgk-1(gf) mutants grown on HT115. As observed in experiments using OP50 as a food source, sgk-1(null) shortened and sgk-1(gf) extended lifespan in animals feeding on either HT115 or HB101 (Fig. 1F and Table S1C). Therefore, the prolongevity activity of SGK-1 is not significantly influenced by differences between E. coli OP50 and HT115/

Taken together, these results suggest that in contrast to existing paradigms of FoxO inhibition by Sqk (Brunet et al., 2001; Hertweck et al., 2004), SGK-1 promotes C. elegans longevity in a DAF-16/FoxOdependent manner.

Effects of sqk-1 mutations on dauer arrest

Because DAF-16/FoxO promotes developmental arrest in the dauer larval stage in animals with reduced DAF-2 insulin-like signaling (Vowels & Thomas, 1992; Gottlieb & Ruvkun, 1994), we tested the effect of sqk-1 (null) and sgk-1(gf) on dauer arrest. In agreement with a previous report (Hertweck et al., 2004), neither sqk-1(null) nor sqk-1(qf) had significant effects on dauer arrest at 27°C (Table 1A). Although a significant percentage of sqk-1(null) animals arrested during larval development (Table 1A), analysis of these animals using Nomarski microscopy revealed no evidence of dauer alae or pharyngeal constriction (Fig. S3), indicating that these animals were nondauer larvae. In contrast and as previously reported (Hu et al., 2006), an akt-1 null mutation had a strongly penetrant DAF-16/FoxO-dependent dauer-constitutive phenotype under the same assay conditions. Neither sgk-1(null) nor sgk-1(gf) significantly influenced the dauer-constitutive phenotype of daf-2 (e1368) (Table 1B). Therefore, SGK-1 does not function in dauer

Effects of sgk-1 mutations on stress resistance

In light of our observations on the effects of sgk-1 mutations on lifespan (Fig. 1), we tested sgk-1(null) and sgk-1(gf) for their sensitivity to oxidative stress, ultraviolet radiation (UVR), and heat, akt-1 null mutants were slightly more resistant to hydrogen peroxide than wild-type animals, although this difference was only statistically significant in one of four assays (Fig. 2A,B and Table S2). akt-1 null mutants were significantly more resistant to UVR and heat than wild-type animals (Fig. 2C–F and Tables S3 and S4). In contrast, both sqk-1 null mutants were more sensitive to hydrogen peroxide (statistically significant in 2 of 3 trials for each mutant) and UVR (statistically significant in 3 of 3 trials) than wild-type animals (Fig. 2A,C and Tables S3-4), consistent with their short lifespans (Fig. 1B and Table S1). sgk-1(gf) did not significantly influence sensitivity to any of the three stressors tested (Fig. 2B,D,F and Tables S3-5).

Both sqk-1 null mutations enhanced thermotolerance to at least the same extent that an akt-1 null mutation did (Fig. 2E and Table S4). This result is consistent with a previous report examining thermotolerance of the sgk-1(ok538) null mutant (Hertweck et al., 2004). Taken together with our observation that the sqk-1(qf) mutation extends lifespan (Fig. 1 and Table S1), this enhanced thermotolerance phenotype of sgk-1 null mutants strengthens the argument that the short-lived phenotype of sgk-1 null mutants is not simply a consequence of frailty secondary to developmental abnormalities. In contrast to AKT-1, which promotes general sensitivity to environmental stress, SGK-1 is protective against oxidative stress and UVR but enhances sensitivity to heat.

As the thermotolerance of sgk-1(ok538) is thought to require DAF-16/ FoxO (Hertweck et al., 2004), we tested the effect of a daf-16 null mutation on the thermotolerance of both sgk-1 null mutants. Surprisingly, daf-16 null mutation did not significantly influence the thermotolerance of either sgk-1 null mutant (Fig. 2G and Table S4). Therefore, our results suggest that SGK-1 promotes sensitivity to heat in a DAF-16/ FoxO-independent manner.

Effects of sgk-1 mutations on DAF-16A::GFP subcellular localization

As our lifespan data are consistent with a model in which SGK-1 promotes longevity by activating DAF-16/FoxO, we sought to determine the influence of sgk-1 mutations on the subcellular localization of

Table 1 Effects of sgk-1 mutations on dauer arrest. (A) Dauer formation of sgk-1 and akt-1 mutants at 27°C. (B) Effect of sgk-1 mutations on daf-2(e1368) dauer formation at 25°C. Siblings were used in each experiment

Genotype	Trial 1		Trial 2		Trial 3		Average (SD)		
	% Dauer	% Non-dauer larvae	% Dauer	% Non-dauer larvae	% Dauer	% Non-dauer larvae	% Dauer	% Non-dauer larvae	N
(A) Effects of sgk-1 ai	nd akt-1 mutat	ions on dauer forma	ation at 27°C						
Wild-type	0.0	0.0	0.0	0.0	0.0	2.3	0 (0)	0.8 (1.3)	991
akt-1(null)	97.7	0.6	94.5	5.0	89.1	10.9	93.8 (4.3)	5.5 (5.2)	705
daf-16(null);akt-l	0.0	1.8	0.0	9.3	0.0	15.2	0 (0)	8.8 (6.7)	811
sgk-l(gf)	0.0	0.0	0.0	0.0	0.0	10.3	0 (0)	3.4 (5.9)	968
daf-16;sgk-1(gf)	0.0	0.3	0.0	1.9	0.0	23.6	0 (0)	8.6 (13.0)	893
sgk-l(null) #1	0.0	26.7	0.0	52.8	0.0	90.0	0 (0)	56.5 (31.8)	1144
sgk-l(null) #2	0.0	67.5	0.0	46.5	0.0	91.8	0 (0)	68.6 (22.6)	1087
		Trial 1	Trial 2		Trial 3				
Genotype		% Dauer	% Dauer % Dauer		auer	Average (SD)		Ν	
(B) Effects of sgk-1 m	utations on da	f-2(e1368) dauer fo	rmation at 25°	С					
Wild-type		0.0		0.0	0.0	1	0 (0)		768
sgk-i(gf)		0.0		0.0	0.0	1	0 (0)		1007
daf-2(e1368)	daf-2(e1368) 81.2		90.7		46.8		72.9 (23.1)		882
daf-2;sgk-1(gf)	83.1		86.8		50.3		73.1 (20.1)		596
Wild-type 0.0		0.0	0.0		0.0		0 (0)		1018
sgk-1(null) #1 0.0		0.0	0.0		0.0		0 (0)		1498
daf-2(e1368)		87.0	90.8		87.1		88.3 (2.2)		1128
daf-2;sgk-1(null) #1		89.8	95.6		94.3		93.2 (3.0)		1016
Wild-type		0.0	0.0		0.0		0 (0)		861
sgk-1(null) #2 0.0		0.0	0.0		0.0		0 (0)		1508
daf-2(e1368)	daf-2(e1368) 93.5		90.6		83.2		89.1 (5.3)		1064
daf-2;sgk-1(null) #2	2	93.2		89.5	88.9	1	90.5 (2.3)		958

DAF-16/FoxO. Sgk promotes the nuclear export and cytoplasmic sequestration of FoxO in mammalian cells (Brunet et al., 2001); however, based on conflicting reports in the literature (Hertweck et al., 2004; Kwon et al., 2010), the role of C. elegans SGK-1 in regulating DAF-16/FoxO localization remains unclear. We constructed sgk-1(null) and sgk-1(gf) strains expressing a functional DAF-16A::GFP fusion protein as the sole source of DAF-16/FoxO in the animal and determined DAF-16A::GFP subcellular localization in young adult animals raised in the same conditions used for lifespan assays (Fig. 3A and Table S5). Under these conditions, akt-1 null mutation promoted the translocation of DAF-16A::GFP from the cytoplasm to the nucleus, as previously shown (Zhang et al., 2008; Alam et al., 2010; Dumas et al., 2010). Neither the sgk-1(ok538) null mutation nor sgk-1(gf) had a significant influence on the nucleocytoplasmic distribution of DAF-16A::GFP. These data suggest that unlike AKT-1, SGK-1 does not control DAF-16/FoxO activity in vivo by regulating its subcellular localization.

Effects of sgk-1 mutations on DAF-16/FoxO target gene expression

The dependence of *sgk-1(gf)* lifespan extension on *daf-16/FoxO* (Fig. 1C) suggests that SGK-1 may increase lifespan by activating DAF-16/FoxO, even in the absence of a significant effect on DAF-16A::GFP localization (Fig. 3A). Therefore, we quantified the expression of five DAF-16/FoxO target genes (Murphy et al., 2003; Oh et al., 2006; Alam et al., 2010; Dumas et al., 2010; Kwon et al., 2010) in young adult sgk-1(null) and sgk-1(gf) animals (Fig. 3B-F and Table S6).

As expected for bona fide DAF-16/FoxO target genes, the expression of all five of these genes is increased in a DAF-16/FoxO-dependent manner in the context of akt-1 null mutation (Fig. 3B-F and Table S6) (Alam et al., 2010; Dumas et al., 2010). In contrast, sgk-1 mutations had varying influences on the expression of these five genes. sod-3 expression was not influenced by sqk-1(qf) but was reduced in sqk-1 null mutants (Fig. 3B and Table S6). Thus, null mutations in sgk-1 and akt-1 have opposite effects on sod-3 expression. Neither sgk-1 null mutation nor sgk-1(gf) reproducibly influenced the expression of nnt-1 and sip-1 (Fig. 3C,D and Table S6). Expression of both dod-3 and mtl-1 was elevated in a DAF-16/FoxO-dependent manner in the context of sqk-1 null mutation in five of six trials (Fig. 3E,F and Table S6), suggesting that SGK-1 and AKT-1 may act similarly to regulate these two DAF-16/FoxO target genes.

In aggregate, these data indicate that AKT-1 and SGK-1 control DAF-16/ FoxO target gene expression through distinct mechanisms. The heterogeneity of the influence of sgk-1 mutations on DAF-16/FoxO target gene expression suggests that the molecular basis for SGK-1 regulation of DAF-16/FoxO activity is significantly more complex than has been appreciated.

Discussion

Akt/PKB inhibits FoxO transcription factors via a well-established and evolutionarily conserved mechanism involving phosphorylation of FoxO at three sites that lie within conserved RxRxxS/T motifs (Manning & Cantley, 2007; Franke, 2008). Based on both its similarity in primary structure (Webster et al., 1993) and substrate specificity (Kobayashi &

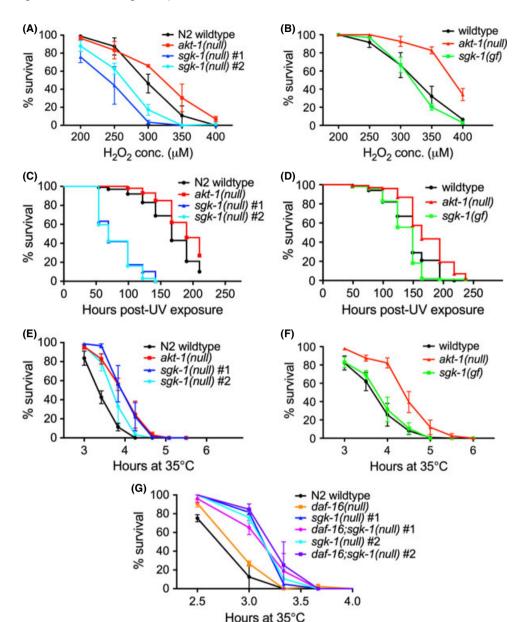


Fig. 2 Effects of sgk-1 mutations on stress resistance. (A-F) Stress resistance assays exposing animals to hydrogen peroxide (A,B), UV radiation (C,D), and heat (E,F). Assays were performed on sgk-1(ok538) (null #1), sak-1(mq455) (null #2) (A,C,E), and sgk-1 (ft15) (gf) (B,D,F). (G) Effect of daf-16 (mu86) null mutation on the thermotolerance of sgk-1 null mutants. Raw data and statistics are presented in Tables S2-S4.

Cohen, 1999) to Akt/PKB as well as data from mammalian cell culture (Liu et al., 2000; Brunet et al., 2001) and C. elegans (Hertweck et al., 2004), Sgk is also thought to inhibit FoxO by promoting its phosphorylation at RxRxxS/T motifs. Our data challenge this model of FoxO regulation by Sgk and support the notion that in C. elegans, Akt/PKB and Sqk regulate FoxO activity in fundamentally different ways.

Our conclusions are at odds with those of the only study in the literature that has focused on Sgk action in C. elegans lifespan control and FoxO regulation (Hertweck et al., 2004). This study showed that sgk-1 RNAi extends lifespan in a DAF-16-/FoxO-dependent manner. One possible explanation for this discrepancy is that the E. coli strain used for RNAi (the HB101-related strain HT115) is different from the standard strain used for growth and maintenance of C. elegans (the E. coli B-related OP50) that we used in our experiments. Indeed, wild-type C. elegans grown on HT115 live nearly 20% longer than wild-type animals grown on OP50 (Maier et al., 2010). However, we have shown that sgk-1(null) and sgk-1 (gf) animals are respectively short-lived and long-lived when cultured on E. coli OP50, HT115, or HB101 (Fig. 1 and Table S1), indicating that the lifespan phenotypes of sgk-1(null) and sgk-1(gf) are not significantly influenced by differences between OP50 and HT115/HB101 per se.

We did confirm the previously reported finding that sqk-1 null mutant animals are thermotolerant compared with wild-type animals (Hertweck et al., 2004). This suggests that sgk-1 null mutant animals are not short-lived due to general frailty or sickness, as such animals would be expected to be generally hypersensitive to environmental stresses. Intriguingly, daf-16/FoxO was not required for thermotolerance in sgk-1(null) animals, suggesting that although AKT-1 and SGK-1 both promote thermosensitivity, they likely do so through distinct mechanisms. Our results dissociate thermotolerance from longevity and suggest that divergent molecular pathways act downstream of SGK-1 to influence lifespan and responses to increased ambient temperature.

Our results also contrast with a detailed analysis of mammalian FoxO3 regulation demonstrating that both Sgk and Akt/PKB can inhibit FoxO3 activity in cell culture by promoting the phosphorylation of all three

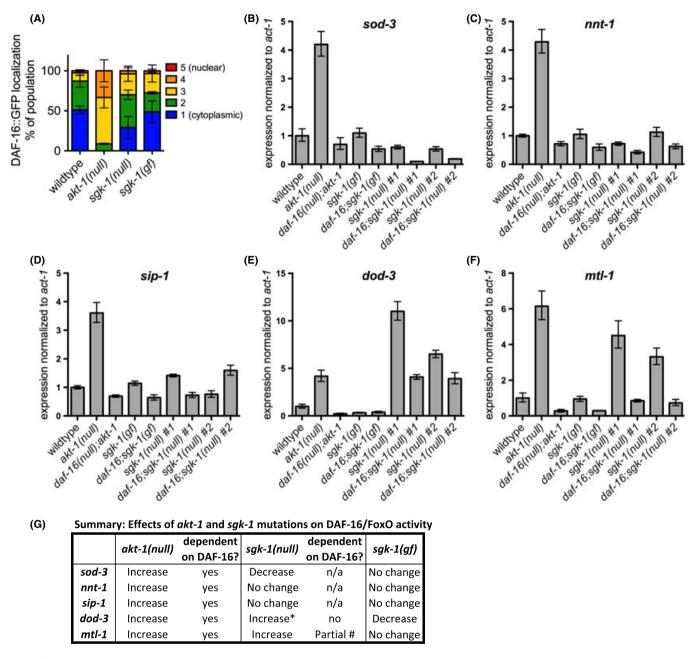


Fig. 3 Effects of sgk-1 mutations on DAF-16A::GFP subcellular localization and DAF-16/FoxO target gene expression. (A) Subcellular localization of DAF-16A::GFP in akt-1 and sgk-1 mutants. Nuclear localization is increased by akt-1(mg306) null mutation (two-way ANOVA, F = 14.47, P < 0.0001), but not by sgk-1(ok538) null mutation (F = 1.825, P = 0.1733) or by sqk-1(ft15) gain-of-function mutation (F = 0.869, P = 0.5037). Error bars represent SEM for 3 cohorts of 20–30 animals per genotype imaged separately. All animals also harbored the daf-16(mu86) null allele, so no endogenous DAF-16/FoxO is present. Representative images are shown in Figure S2. Raw data and statistics are presented in Table S5. (B,F) Representative experiments measuring sod-3 (B), nnt-1 (C), sip-1 (D), dod-3 (E), and mtl-1 (F) transcript levels using quantitative RT-PCR on total RNA isolated from young adult animals. Values are normalized to expression levels in wild-type animals. Columns represent mean \pm SEM of three technical replicates. Raw data and statistics for biological replicates are summarized in Table S6. (G) Summary of statistically significant gene expression changes (P < 0.05; Table S6; unpaired two-tailed t-test with Welch's correction) in akt-1 and sqk-1 mutants and their dependence on DAF-16/FoxO. The asterisk indicates that dod-3 expression was increased significantly in eight of twelve trials. The number sign indicates that daf-16(null) significantly reduced expression of dod-3 and mtl-1 in sgk-1(null) mutants in five of six trials. See Table S6 for details.

conserved sites that lie within RxRxxS/T motifs (Brunet et al., 2001). This discrepancy may be due in part to differences in experimental context; these experiments were performed in cell culture, where growth factors are frequently added in excess of physiologic concentrations, and overexpressed proteins may exhibit activities that are not discernible when they are expressed at endogenous levels. The effect of Sgk knockdown or deletion on the activity of endogenous FoxO transcription factors has not been investigated in mammals. Although it is conceivable that Sgk regulates FoxO activity through distinct mechanisms in mammals and C. elegans, this is unlikely in light of the conservation of mechanisms of FoxO regulation by insulin-like growth factor signaling pathways (Kenyon, 2010).

Although the increased lifespan phenotypes caused by akt-1 null mutation and the sqk-1(qf) both require daf-16/FoxO (Fig. 1C and Table S1), the expression of DAF-16/FoxO target genes was influenced by these two mutations in starkly discordant ways (Fig. 3B-F). Whereas the expression of five DAF-16/FoxO target genes is induced in a DAF-16/ FoxO-dependent manner in akt-1 null mutants, sgk-1(null) and sgk-1(gf) mutations had distinct and varying influences on the expression of specific DAF-16/FoxO target genes. This difference is likely a reflection of underlying differences in the molecular basis for DAF-16/FoxO regulation by AKT-1 and SGK-1.

These observations suggest that the underlying mechanisms of lifespan control by AKT-1 and SGK-1 are fundamentally different. In contrast to AKT-1, which inhibits DAF-16/FoxO by promoting its nuclear export and cytoplasmic retention (Hertweck et al., 2004; Zhang et al., 2008; Alam et al., 2010; Dumas et al., 2010), SGK-1 may promote longevity by regulating other proteins that functionally and/or physically interact with DAF-16/FoxO, such as SKN-1 (Tullet et al., 2008), HSF-1 (Hsu et al., 2003), or HCF-1 (Li et al., 2008). In this regard, DAF-16/FoxO may play a permissive role in lifespan control by SGK-1 without being directly regulated by SGK-1. Alternatively, SGK-1 may directly regulate DAF-16/FoxO activity in a small number of cells, which in turn could control lifespan by influencing other cells in a DAF-16/FoxO-independent manner.

In summary, we have shown that the AGC kinase family members Akt/PKB and Sgk control C. elegans lifespan and stress resistance in fundamentally different ways, and they likely influence FoxO transcription factor activity through distinct mechanisms in vivo. Our findings challenge existing paradigms of FoxO regulation by Sgk and should engender a reassessment of the role of Sgk in FoxO transcription factor regulation.

Experimental procedures

Strains and reagents

The following strains were used: N2 Bristol (wild-type), sgk-1(ft15) (Jones et al., 2009), akt-1(mg306) (Hu et al., 2006), sgk-1(ok538) (Hertweck et al., 2004), sgk-1(mg455) (Soukas et al., 2009), daf-16 (mu86) (Lin et al., 1997), hcf-1(pk924) (Li et al., 2008), and TJ356 (zls356) (Henderson & Johnson, 2001). Because sgk-1(ft15) was isolated after mutagenesis of animals harboring the linked akt-2(tm812) mutation (Jones et al., 2009), we confirmed the absence of akt-2(tm812) prior to further analysis. Throughout the manuscript, sqk-1(ft15) is referred to as 'sgk-1(gf)', akt-1(mg306) as 'akt-1(null)', sgk-1(ok538) as 'sgk-1(null) #1', and sgk-1(mg455) as 'sgk-1(null) #2'. sgk-1 mutant strains were outcrossed with N2 at least seven times prior to phenotypic analysis. Wild-type siblings of sgk-1(ft15) from the seventh outcross with N2 Bristol were used as controls for phenotypic comparison to sqk-1 (ft15). This sibling is labeled 'wild-type' in all figures, in contrast to 'N2 wild-type'. Double and triple mutants were generated using standard genetic techniques. For maintenance and all assays, animals were grown in Percival I-30NL or I-36NL incubators (Percival Scientific, Inc., Perry, IA, USA).

Lifespan assays

Lifespan assays were performed at 20°C as described (Alam et al., 2010; Dumas et al., 2010). Briefly, animals were treated with alkaline hypochlorite and grown for at least three generations at 15°C. A synchronized egg lay was then performed to yield animals for the lifespan assay. These were grown at 20°C until the L4 larval stage, at which time they were picked to separate plates and grown until they were day 2 adults. They were then transferred to NGM plates (10-15 animals per plate) containing 25 $\mu g/mL$ (100 μM) 5-fluoro-2'-deoxyuridine (FUDR; Sigma-Aldrich, St. Louis, MO, USA) and 10 μg/mL nystatin (Sigma-Aldrich) and seeded with 20× concentrated OP50. Animals were incubated at 20°C and scored every 1-2 days. Animals that were not moving, did not respond to prodding, and did not exhibit pharyngeal pumping were scored as dead and removed. Animals that died due to desiccation on the side of the plate, a compromise in vulval integrity, or bagging were censored. Statistical significance was assessed using the standard chi-square-based log-rank test in GRAPHPAD PRISM (GraphPad Software, La Jolla, CA, USA).

Dauer assays

Dauer assays were performed at 25° or 27°C as previously described (Hu et al., 2006). Briefly, animals were synchronized in a 4- to 6-h egg lay and grown at 25° or 27°C on NGM plates. Dauers were scored when wild-type animals were gravid adults and daf-2(e1368) or akt-1 (mg306) mutant animals were arrested as dauers (approximately 60-84 h after egg lay). sgk-1 null mutant animals were plated twelve hours prior to other strains to compensate for developmental delay. Plates were observed for two additional days after initial scoring to account for possible dauer arrest in animals with severe developmental delay.

Stress resistance assays

Animals were grown at 20°C for 48 hours after a 4- to 6-h egg lay until most animals were L4 larvae. sgk-1(null) animals were grown starting 12 h earlier than other strains for L4 synchronization due to developmental delay (Hertweck et al., 2004; Jones et al., 2009; Soukas et al., 2009). Young adults, L3 larvae, and males were removed by suction. Cohorts were sufficiently large to allow for thermotolerance, oxidative stress, and UV assays to be performed in parallel. All assays were performed in triplicate.

For oxidative stress assays, L4 larvae were transferred to fresh seeded NGM plates, grown for an additional 18 h, washed two or three times with M9 buffer, and diluted to a concentration of ~ 50 animals mL⁻¹ of M9. 0.5 mL of animals was dispensed to Eppendorf tubes and rocked for ~ 20 min to allow animals to digest *E. coli*. Four tubes were used per genotype per concentration of H₂O₂. 0.5 mL of H₂O₂ dissolved in M9 was then added to each tube to the final concentration, followed by rocking for 2 h protected from light. The H₂O₂ solution was then removed, and the animals were washed with M9. Animals were then pipetted back onto fresh NGM plates and scored after an 18-h recovery period at 20°C. Two-way ANOVA was conducted using GraphPad Prism, with survival of animals on each plate as the dependent variable and H₂O₂ dose and genotype as independent variables.

UV stress assays were performed as described (Wolff et al., 2006). Briefly, animals were transferred to plates containing 25 μ g mL⁻¹ FUDR on day 1 of adulthood. After four days, they were transferred to plates lacking bacteria and irradiated with 1200 J m^{-2} UV-C using a Stratalinker 2400 UV crosslinker (Stratagene, La Jolla, CA, USA). They were then transferred onto NGM plates with food and scored daily for survival. Statistical significance was assessed using the standard chi-square-based log-rank test.

Thermotolerance assays were performed essentially as described (Kwon et al., 2010). Briefly, L4 larvae were transferred to fresh seeded NGM plates (~20 per plate) and then grown for an additional 18 h prior to shifting them to an incubator set at 35°C. Four plates were used per genotype per time point. At each time point, plates to be scored were removed and incubated further for 18 h at 20°C, after which living and dead animals were scored. Two-way ANOVA was conducted using GRAPHPAD PRISM, with survival of animals on each plate as the dependent variable and time at 35°C and genotype as independent variables.

DAF-16A::GFP localization assays

Animals were mounted onto slides in M9 with 10 mm sodium azide. Approximately ten young adults were picked to each slide, and the anterior segment of each animal was imaged within five minutes after mounting. Images were scored according to the criteria shown in Figure S1. Both imaging and scoring were performed in a blinded fashion. Two-way ANOVA was used to assess statistical significance in GRAPHPAD PRISM.

Ouantitative RT-PCR

Animals from a 4.5-h egg lay were grown at 20°C for 48 h until most animals were L4 larvae. sgk-1(null) animals were grown starting 12 h earlier than other strains for L4 synchronization due to developmental delay (Hertweck et al., 2004; Jones et al., 2009; Soukas et al., 2009). Young adults and L3 larvae were removed by suction, and the remaining animals were grown for an additional 12 h. Total RNA was isolated from 600-1000 young adults per strain per biological replicate using TRIzol (Invitrogen, Carlsbad, CA, USA) and purified using an RNeasy Kit (QIAGEN Inc., Valencia, CA, USA). cDNA was synthesized using a Superscript III Reverse Transcriptase Kit (Invitrogen). SYBR Green (Applied Biosystems, Warrington, UK) Real-Time PCR was then performed using primers corresponding to the DAF-16/FoxO target genes sod-3, nnt-1, sip-1, dod-3, and mtl-1. act-1 was used as an internal control. Quantitative PCR primer sequences are listed in Table S7. Statistical analysis was performed in GraphPad Prism by unpaired two-tailed t-test with Welch's correction.

Acknowledgments

We thank John Kim and Keith Blackwell for discussions and comments on the manuscript. Some strains used in this work were provided by the Caenorhabditis Genetics Center (CGC), which is funded by the NIH Office of Research Infrastructure Programs (P40 OD010440). A. T.-Y. C. was supported by the University of Michigan Medical Scientist Training Program (T32-GM786332) and the National Institute on Aging Biology of Aging Training Grant (T32-AG000114). This work was funded by a Kimmel Scholar Award from the Sidney Kimmel Foundation for Cancer Research and R01 grant AG041177 from the National Institutes of Health (both to P.J.H.).

Author contributions

A. T.-Y. C., K.A., and P.J.H. conceived the experiments; A. T.-Y. C., C.G., and K.J.D. performed the experiments; A. T.-Y. C. and P. J. H. analyzed the data and wrote the manuscript.

Conflict of interest

The authors have no conflict of interests to declare.

References

- Accili D, Arden KC (2004) FoxOs at the crossroads of cellular metabolism, differentiation, and transformation. Cell 117, 421-426.
- Alam H, Williams TW, Dumas KJ, Guo C, Yoshina S, Mitani S, Hu PJ (2010) EAK-7 controls development and life span by regulating nuclear DAF-16/FoxO activity. Cell Metab. 12, 30-41.
- Alessi DR, Andjelkovic M, Caudwell B, Cron P, Morrice N, Cohen P, Hemmings BA (1996a) Mechanism of activation of protein kinase B by insulin and IGF-1. EMBO J. 15, 6541-6551.
- Alessi DR, Caudwell FB, Andjelkovic M, Hemmings BA, Cohen P (1996b) Molecular basis for the substrate specificity of protein kinase B; comparison with MAPKAP kinase-1 and p70 S6 kinase. FEBS Lett. 399, 333-338.
- Alessi DR. Deak M. Casamayor A. Caudwell FB. Morrice N. Norman DG. Gaffney P, Reese CB, MacDougall CN, Harbison D, Ashworth A, Bownes M (1997) 3-Phosphoinositide-dependent protein kinase-1 (PDK1): structural and functional homology with the Drosophila DSTPK61 kinase. Curr. Biol. 7, 776-789
- Bruhn MA, Pearson RB, Hannan RD, Sheppard KE (2010) Second AKT: the rise of SGK in cancer signalling. Growth Factors 28, 394-408.
- Brunet A, Bonni A, Zigmond MJ, Lin MZ, Juo P, Hu LS, Anderson MJ, Arden KC, Blenis J, Greenberg ME (1999) Akt promotes cell survival by phosphorylating and inhibiting a Forkhead transcription factor. Cell 96, 857-868.
- Brunet A, Park J, Tran H, Hu LS, Hemmings BA, Greenberg ME (2001) Protein kinase SGK mediates survival signals by phosphorylating the forkhead transcription factor FKHRL1 (FOXO3a). Mol. Cell. Biol. 21, 952-965.
- Dong XC, Copps KD, Guo S, Li Y, Kollipara R, DePinho RA, White MF (2008) Inactivation of hepatic Foxo1 by insulin signaling is required for adaptive nutrient homeostasis and endocrine growth regulation. Cell Metab. 8, 65-76.
- Dumas KJ, Guo C, Wang X, Burkhart KB, Adams EJ, Alam H, Hu PJ (2010) Functional divergence of dafachronic acid pathways in the control of C. elegans development and lifespan. Dev. Biol. 340, 605-612.
- Feng J, Park J, Cron P, Hess D, Hemmings BA (2004) Identification of a PKB/Akt hydrophobic motif Ser-473 kinase as DNA-dependent protein kinase. J. Biol. Chem. 279, 41189-41196.
- Fielenbach N, Antebi A (2008) C. elegans dauer formation and the molecular basis of plasticity. Genes Dev. 22, 2149-2165
- Franke TF (2008) PI3K/Akt: getting it right matters. Oncogene 27, 6473-6488.
- Garcia-Martinez JM, Alessi DR (2008) mTOR complex 2 (mTORC2) controls hydrophobic motif phosphorylation and activation of serum- and glucocorticoid-induced protein kinase 1 (SGK1). Biochem. J. 416, 375-385.
- Gottlieb S, Ruvkun G (1994) daf-2, daf-16 and daf-23: genetically interacting genes controlling Dauer formation in Caenorhabditis elegans. Genetics 137, 107-120.
- Henderson ST, Johnson TE (2001) daf-16 integrates developmental and environmental inputs to mediate aging in the nematode Caenorhabditis elegans. Curr. Biol. 11, 1975-1980.
- Hertweck M, Gobel C, Baumeister R (2004) C. elegans SGK-1 is the critical component in the Akt/PKB kinase complex to control stress response and life span. Dev. Cell 6, 577-588.
- Hsu AL, Murphy CT, Kenyon C (2003) Regulation of aging and age-related disease by DAF-16 and heat-shock factor. Science 300, 1142-1145.
- Hu PJ, Xu J, Ruvkun G (2006) Two membrane-associated tyrosine phosphatase homologs potentiate C. elegans AKT-1/PKB signaling. PLoS Genet. 2, e99.
- Jones KT, Greer ER, Pearce D, Ashrafi K (2009) Rictor/TORC2 regulates Caenorhabditis elegans fat storage, body size, and development through sgk-1. PLoS
- Kenyon CJ (2010) The genetics of ageing. Nature 464, 504-512.
- Kobayashi T, Cohen P (1999) Activation of serum- and glucocorticoid-regulated protein kinase by agonists that activate phosphatidylinositide 3-kinase is mediated by 3-phosphoinositide-dependent protein kinase-1 (PDK1) and PDK2. Biochem. J. 339(Pt 2), 319-328.
- Kwon ES, Narasimhan SD, Yen K, Tissenbaum HA (2010) A new DAF-16 isoform regulates longevity. Nature 466, 498-502.
- Li J, Ebata A, Dong Y, Rizki G, Iwata T, Lee SS (2008) Caenorhabditis elegans HCF-1 functions in longevity maintenance as a DAF-16 regulator. PLoS Biol. 6,
- Lin K, Dorman JB, Rodan A, Kenyon C (1997) daf-16: an HNF-3/forkhead family member that can function to double the life-span of Caenorhabditis elegans. Science 278, 1319-1322.
- Lin K, Hsin H, Libina N, Kenyon C (2001) Regulation of the Caenorhabditis elegans longevity protein DAF-16 by insulin/IGF-1 and germline signaling. Nat. Genet. **28**, 139-145.

- Liu D, Yang X, Songyang Z (2000) Identification of CISK, a new member of the SGK kinase family that promotes IL-3-dependent survival. Curr. Biol. 10, 1233-1236.
- Maier W. Adilov B. Regenass M. Alcedo J (2010) A neuromedin U receptor acts with the sensory system to modulate food type-dependent effects on C. elegans lifespan. PLoS Biol. 8, e1000376.
- Manning BD, Cantley LC (2007) AKT/PKB signaling: navigating downstream. Cell **129**. 1261-1274.
- Murphy CT, McCarroll SA, Bargmann CI, Fraser A, Kamath RS, Ahringer J, Li H, Kenyon C (2003) Genes that act downstream of DAF-16 to influence the lifespan of Caenorhabditis elegans. Nature 424, 277-283.
- Murray JT, Campbell DG, Morrice N, Auld GC, Shpiro N, Marquez R, Peggie M, Bain J, Bloomberg GB, Grahammer F, Lang F, Wulff P, Kuhl D, Cohen P (2004a) Exploitation of KESTREL to identify NDRG family members as physiological substrates for SGK1 and GSK3. Biochem. J. 384, 477-488.
- Murray JT, Campbell DG, Peggie M, Mora A, Cohen P (2004b) Identification of filamin C as a new physiological substrate of PKBalpha using KESTREL. Biochem. / 384 489-494
- Murray JT, Cummings LA, Bloomberg GB, Cohen P (2005) Identification of different specificity requirements between SGK1 and PKBalpha. FEBS Lett. 579, 991-994.
- Oh SW, Mukhopadhyay A, Dixit BL, Raha T, Green MR, Tissenbaum HA (2006) Identification of direct DAF-16 targets controlling longevity, metabolism and diapause by chromatin immunoprecipitation. Nat. Genet. 38, 251-257.
- Paradis S, Ruvkun G (1998) Caenorhabditis elegans Akt/PKB transduces insulin receptor-like signals from AGE-1 PI3 kinase to the DAF-16 transcription factor. Genes Dev. 12, 2488-2498.
- Park J, Leong ML, Buse P, Maiyar AC, Firestone GL, Hemmings BA (1999) Serum and glucocorticoid-inducible kinase (SGK) is a target of the PI 3-kinase-stimulated signaling pathway, EMBO J. 18, 3024-3033.
- Pearce LR, Komander D, Alessi DR (2010) The nuts and bolts of AGC protein kinases. Nat. Rev. Mol. Cell Biol. 11, 9-22.
- Sarbassov DD, Guertin DA, Ali SM, Sabatini DM (2005) Phosphorylation and regulation of Akt/PKB by the rictor-mTOR complex. Science 307, 1098-1101.
- Soukas AA, Kane EA, Carr CE, Melo JA, Ruvkun G (2009) Rictor/TORC2 regulates fat metabolism, feeding, growth, and life span in Caenorhabditis elegans. Genes Dev. 23, 496-511.
- Stephens L, Anderson K, Stokoe D, Erdjument-Bromage H, Painter GF, Holmes AB, Gaffney PR, Reese CB, McCormick F, Tempst P, Coadwell J, Hawkins PT (1998) Protein kinase B kinases that mediate phosphatidylinositol 3,4,5trisphosphate-dependent activation of protein kinase B. Science 279, 710-714.
- Tullet JM, Hertweck M, An JH, Baker J, Hwang JY, Liu S, Oliveira RP, Baumeister R, Blackwell TK (2008) Direct inhibition of the longevity-promoting factor SKN-1 by insulin-like signaling in C. elegans. Cell 132, 1025-1038.

- Viniegra JG, Martinez N, Modirassari P, Hernandez Losa J, Parada Cobo C, Sanchez-Arevalo Lobo VJ, Aceves Luquero CI, Alvarez-Vallina L, Ramon y Cajal S, Roias JM. Sanchez-Prieto R (2005) Full activation of PKB/Akt in response to insulin or ionizing radiation is mediated through ATM. J. Biol. Chem. 280, 4029-
- Vowels JJ, Thomas JH (1992) Genetic analysis of chemosensory control of dauer formation in Caenorhabditis elegans. Genetics 130, 105–123.
- Webster MK, Goya L, Ge Y, Maiyar AC, Firestone GL (1993) Characterization of sgk, a novel member of the serine/threonine protein kinase gene family which is transcriptionally induced by glucocorticoids and serum. Mol. Cell. Biol. 13, 2031-2040
- Wolff S, Ma H, Burch D, Maciel GA, Hunter T, Dillin A (2006) SMK-1, an essential regulator of DAF-16-mediated longevity. Cell 124, 1039-1053.
- Zhang Y, Xu J, Puscau C, Kim Y, Wang X, Alam H, Hu PJ (2008) Caenorhabditis elegans EAK-3 inhibits dauer arrest via nonautonomous regulation of nuclear DAF-16/FoxO activity. Dev. Biol. 315, 290-302.

Supporting Information

Additional Supporting Information may be found in the online version of this article at the publisher's web-site.

- Fig. S1 Criteria for scoring of DAF-16A::GFP subcellular localization.
- Fig. S2 Representative photographs of wild-type, sgk-1(null), sgk-1(gf), and akt-1(null) animals expressing DAF-16A::GFP.
- Fig. S3 Photograph of arrested sgk-1(null) nondauer larva.
- **Table S1** Lifespan data and statistics relevant to Fig. 1.
- **Table S2** H₂O₂ survival data and statistics for each replicate of Fig. 2A,B.
- Table S3 UV survival data and statistics for each replicate of Fig. 2C,D.
- Table S4 Thermotolerance data and statistics for each replicate of Fig. 2E-G.
- Table S5 Raw DAF-16A::GFP subcellular localization data and statistics for Fig. 3A.
- Table S6 gPCR data and statistics for each replicate of Fig. 3B-F.
- Table S7 qPCR primers for Fig. 3B-F.