Original Article

Comparative effect of propofol versus sevoflurane on renal ischemia/reperfusion injury after elective open abdominal aortic aneurysm repair

ABSTRACT

Background: Renal injury is a common cause of morbidity and mortality after elective abdominal aortic aneurysm (AAA) repair. Propofol has been reported to protect several organs from ischemia/reperfusion (I/R) induced injury. We performed a randomized clinical trial to compare propofol and sevoflurane for their effects on renal I/R injury in patients undergoing elective AAA repair. **Materials and Methods:** Fifty patients scheduled for elective AAA repair were randomized to receive propofol anesthesia in group I or sevoflurane anesthesia in group II. Urinary specific kidney proteins (N-acetyl-beta-glucosamidase, alpha-1-microglobulin, glutathione transferase [GST]-pi, GST-alpha) were measured within 5 min of starting anesthesia as a base line (T₀), at the end of surgery (T₁), 8 h after surgery (T₂), 16 h after surgery (T₃), and 24 h postoperatively (T₄). Serum pro-inflammatory cytokines (tumor necrosis factor-α and interleukin 1-β) were measured at the same time points. In addition, serum creatinine and cystatin C were measured before starting surgery as a baseline and at days 1, 3, and 6 after surgery. **Results:** Postoperative urinary concentrations of all measured kidney specific proteins and serum pro-inflammatory cytokines were significantly lower in the propofol group. In addition, the serum creatinine and cystatin C were significantly lower in the propofol group compared with the sevoflurane group.

Conclusion: Propofol significantly reduced renal injury after elective open AAA repair and this could have clinical implications in situations of expected renal I/R injury.

Key words: Propofol, renal ischemia-reperfusion injury, sevoflurane

Introduction

Renal injury, a result of the hemodynamic changes after aortic cross-clamping and ischemia/reperfusion injury (I/R) after declamping, is a common cause of morbidity and mortality after elective abdominal aortic aneurysm (AAA) repair.[1,2] In one series, acute renal failure was reported in 6.7% of patients after elective open AAA repair $[3]$ and is an independent predictor of death.[1]

Multiple factors are involved in the etiology of renal injury during infrarenal AAA procedures. Aortic cross-clamping below the kidney triggers renal vasoconstriction that is associated with a redistribution of blood flow from the medullary to the cortical compartment.^[4] This renal vasoconstriction may be due to changes in the humoral and neurogenic factors that regulate renal blood flow or may

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be triggered by aortic cross-clamping induced turbulence in blood flow inside the aorta at the level of the kidney. In addition, increase in renin activity may have been induced by aortic cross-clamping.^[5,6] The subsequent reduction in renal blood flow may expose the cells of the renal tubules to ischemic injury.^[7] Furthermore, the renal tubular cells suffer I/R injury after release of the clamping that is accompanied with a neutrophil-mediated systemic response.^[7] The pathophysiology of renal I/R injury is complex. Triggering of lipid peroxidation and the formation of free radicals has been shown to be major factors.[8,9]

Several studies have proven that propofol increases antioxidant capacity in different tissues.^[10,11] There is some laboratory evidence to suggest that propofol may provide protection to the kidney through modulation of the systemic inflammatory response.[12,13]

Sevoflurane has been reported to be nephrotoxic in rats^[14] while some recent studies suggested that sevoflurane is protective against renal I/R injury in mice.^[15-17] Sevoflurane toxicity in humans has been tackled by several investigations.^[18-21] Some human studies have reported that sevoflurane anesthesia resulted in increase in the excretion of markers of renal injury indicating potential nephrotoxicity, $[18,19]$ whereas other studies reported no effect.[20,21]

The purpose of this investigation was to compare the renal effect of intravenous (IV) anesthesia with propofol against inhalation anesthesia with sevoflurane in patients undergoing AAA repair.

Materials and Methods

This prospective randomized blinded study was performed on 50 American Society of Anesthesiologists class II or III patients scheduled for elective infrarenal AAA repair. The study was carried out between February, 2012 and April, 2014. Written informed consent was obtained from the patients and Institutional Review Board of Minoufiya Faculty of Medicine has approved the study (Ref: 11/A213/352). The study was registered with PACTR201505001095139.

All the operations were performed by the same surgical team through a mini-laparotomy approach. Thorough clinical evaluation, electrocardiogram, echocardiography, and laboratory investigations were performed as a routine diagnostic check-up.

Patients were excluded from the study if they needed concomitant procedures other than AAA repair, had experienced an acute coronary syndrome within 3 months, or were >85 years of age.

Bisoprolol was prescribed preoperatively in a dose of 5 mg daily in the absence of contra-indications (heart rate below 60 bpm or systolic blood pressure <100 mm Hg). Cardiac medications were continued up to the day of surgery.

The patients were randomly allocated to receive propofol $(n = 25)$ or sevoflurane (*n* = 25) anesthesia using a random number table generated by Microsoft Excel. An independent statistician was assigned to perform central randomization to ensure proper concealment of the study management from the patients and investigators until the release of the final statistical results.

In the propofol group, general anesthesia was induced with propofol 1.5-2 mg/kg and fentanyl 3 µg/kg. Tracheal intubation was facilitated by administration of cis-atracurium 0.1 mg/kg. Anesthesia was maintained with a continuous infusion of propofol 4-6 mg/kg/h, and cis-atracurium 2 µg/kg/min. In the sevoflurane group, anesthesia was induced as above but maintained with sevoflurane 1 MAC and cis-atracurium 2 µg/kg/min. The bispectral index electrode (BIS-Sensor, Aspect Medical Systems, USA) was positioned on the patient's forehead to monitor depth of anesthesia where BIS value was kept between 45 and 55 in both groups through modulating propofol infusion rate or sevoflurane concentration. In the operating room, a radial arterial catheter and multiple peripheral IV catheters were inserted. Heart rate, arterial blood pressure and oxygen saturation were continuously monitored during the whole procedure. Fluid loading was performed with 1.0 L of 6% 130/0.4 hydroxyethyl starch (Voluven) infusion. Fluid and blood replacements were adjusted to maintain patient hematocrit value above 30%. Norepinephrine and nicardipine were used if required (if mean arterial blood pressure changed by more than 20%) to maintain hemodynamic stability. Normothermia was maintained with fluid warming and forced air warming (Bair-Hugger). Blood glucose level was kept normoglycemic (3.9-8.3 mmol/L). One analyst was blinded in respect to the drug under study during the procedure by covering the lines, infusion pump, gas analyzer, and by numeric codes during the whole process of data evaluation. Furthermore, physicians who were charged for postoperative care of patients and for their discharges from intensive care unit (ICU) and hospital were effectively blinded to the study design. The patients stayed in the ICU till return to their preoperative physiological homeostasis including stable hemodynamics, adequate ventilation, normothermia, and satisfactory pain control. Hospital discharge was guided by the ability to ambulate independently and to tolerate oral feeding.

Epidural analgesia was performed before starting anesthesia at the T8-T10 level by inserting an epidural catheter (Braun perifix 18 ba and a microporous filter).

A test dose of 4 ml 1% lidocaine with epinephrine 5 µg/ml was used for testing intrathecal or intravascular injection, respectively. Epidural block activation was performed by injecting 12 ml of bupivacaine hydrochloride 0.25%. Furthermore, 4 ml was injected 2 h later as a maintenance dose and every hour thereafter for postoperative epidural analgesia. Acetaminophen IV was also used postoperatively if needed.

Assessment of kidney function

All patients had a bladder catheter. The following assays were performed on urine specimens, taken within 5 min of starting anesthesia as a base line (T_0) , at the end of surgery (T_1) , 8h after surgery (T_2) , 16h after surgery (T_3) , and 24 h postoperatively (T_4) : N-acetyl-beta-dglucosamidase (beta-NAG) analyzed by a spectrophotometric method, normal value 0-7 U/L, intra- and inter-assay coefficients of variation 3.9%; alpha-1-microglobulin (alpha-1-M) assessed by immunonephelometry, normal value <14 mg/L, intraand inter-assay coefficients of variation 3.7%; glutathione transferase-pi (GST-pi) measured by enzyme immunoassay, normal value 12-15 μg/L, intra- and inter-assay coefficients of variation 4.6%; and GST-alpha measured by enzyme immunoassay, normal value 3.5-11 μg/L, intra- and inter-assay coefficients of variation 3.5%.[19] In addition, the plasma proinflammatory cytokines, (tumor necrosis factor α [TNF- α] and interleukin-1β [IL-1β]) were measured at the same time points. Blood samples were immediately centrifuged and the serum separated, divided into aliquots, and placed in Eppendorf tubes and frozen at –80°C until assay. Commercial kits were used for the determination of TNF- α and IL-1 β (enzyme-linked immunosorbent assay [ELISA] Kit; Biomed, Diepenbeek, Belgium) based on ELISA. Recordings were carried out on a plate reader (GEST, General ELISA System Technology, Menarini Labs, Badalona, Spain) for the automatic ELISA technique in triplicate. The lower limit of detection of the assay for TNF- α and IL-1 β were 10.7 and 4.2 pg/ml, respectively. Intra- and inter-assay coefficients of variation for TNF-α and IL-1β were below 8%.

Serum creatinine and cystatin C levels (markers of renal glomerular function)^[20-23] were measured before starting surgery as a baseline, and at days 1, 3, and 6 after surgery. Serum creatinine was measured using Jaffe reaction (sensitivity, 8.6 μm/L; intra- and inter-assay coefficients of variance, <2.6%; normal range for men, 60-106 μm/L; normal range for women, 42-80 μm/L) while serum cystatin C was

determined by an immunonephelometric assay (N-Latex cystatin C; DADE-Behring Marburg GmbH, Marburg, Germany) using the Behring Nephelometer BNII (sensitivity, 0.25 mg/L; intra- and inter-assay coefficients of variance, <3.7%; normal range, 0.75-1.50 mg/L).

Statistical analysis

Continuous variables are expressed as mean (standard deviation) and categorical variables are reported as percentages. Statistical analyses were performed using statistical for windows version 10.0 software. A preliminary study had demonstrated that for patients scheduled for elective AAA repair at our hospital, the mean value of urinary beta-NAG was 2.5 (0.5) U/L, alpha-1-M was 4.9 (1.4) mg/L, GST-pi was 13.7 (3.4) μ g/L and GST-alpha was 4.9 (1.3) μ g/L. With a two-sided type I error of 5 % and study power at 80%, a mean sample size of 25 patients in each group was found sufficient to demonstrate a difference in the urinary specific kidney proteins (0.6 U/L for beta-NAG, 1.5 mg/L for alpha-1-M, 3.6 μg/L for GST-pi, and 1.5 μg/L for GST-alpha). The Kolmogorov-Smirnov test was used to verify normal distribution of data. Distribution of residuals testing was performed to confirm that analysis of variance (ANOVA) was appropriate to our data. Data were analyzed on an intention to treat basis using two-way ANOVA for repeatedmeasures. This was followed by Student-Newman-Keuls test, if a difference between groups had been detected. Changes over time in nonnormally distributed data sets were analyzed by Friedman repeated-measures ANOVA on ranks. *P* < 0.05 was considered statistically significant (SigmaStat, Systat Software, Richmond, USA).

Results

Baseline characteristics and operative characteristics including cross-clamp time, operating time [Table 1], vasopressor requirements, and hemoglobin concentration changes [Table 2] were comparable in both groups.

Patients in the propofol group had lower urinary concentrations of all measured kidney specific proteins [Table 3] and lower serum creatinine and cystatin C [Table 4], in addition to lower serum pro-inflammatory cytokines [Table 5] as follows.

Both beta-NAG and alpha-1-M increased significantly in both groups but their concentrations were significantly different between the two groups at a number of time points. For beta-NAG the overall for the two-way repeated-measures ANOVA for the comparing different time points and the propofol and sevoflurane groups was significant $(F = 25.04$ and $P = 0.001$ at end of surgery, $F = 22.77$ and $P = 0.001$ 8h after surgery,

Data are expressed as mean (SD). Age is expressed as median (range). Categorical variables are expressed as percentages. $P > 0.05$: Statistical insignificance. NYHA: New York Heart Association; GFR: Glomerular filtration rate; ACE: Angiotensinconverting enzyme; AIIR: Angiotensin II receptor antagonist; AAA: Abdominal aortic aneurysm; HES: Hydroxy ethyl starch; ICU: Intensive care unit; SD: Standard deviation; NIIDDM: Noninsulin-dependent diabetes mellitus

 $F = 12.76$ and $P = 0.002$ 16 h after surgery). For alpha-1-M the overall for the two-way repeated-measures ANOVA for the comparing different time points and the propofol and sevoflurane groups was also significant $(F = 17.49$ and *P* = 0.001 at end of surgery, *F* = 13.11 and *P* = 0.001 8 h after surgery, $F = 19.45$ and $P = 0.001$ 16 h after surgery). Both started to increase at the end of surgery in both groups and continued to be higher than baseline values at 8 h after

surgery in the propofol group and at 16 h after surgery in the sevoflurane group.

GST-pi increased significantly in both groups at the end of surgery and 8h postoperatively $(F = 18.47$ and $P = 0.001$ at end of surgery, $F = 11.84$ and $P = 0.0018$ h after surgery). On *post-hoc* testing, there was a significant difference between the two groups at 8 h but not at 16 h.

The two-way ANOVA for changes in GST-alpha was significant $(F = 12.0$ and $P = 0.001$ at end of surgery, $F = 21.24$ and $P = 0.0018$ h after surgery). Concentrations were significantly higher than baseline values in both groups at the end of surgery, 8 h and 16 h postoperatively but were significantly lower in the propofol group at the end of surgery and 8 h postoperatively. The results of *post-hoc* tests for the urinary markers are shown in Table 3.

Serum creatinine at day 1 after surgery was significantly higher than baseline values in both groups but was significantly lower in the propofol group when compared with the sevoflurane group. The overall two-way ANOVA analysis of the groups was significant $(F = 8.66$ and $P = 0.001$). *Post-hoc* test results are shown in Table 4.

The overall two-way ANOVA analysis of serum cystatin C was also significant $(F = 22.41$ and $P = 0.001$ at day 1, $F = 52.46$ and $P = 0.001$ at day 3). Cystatin C was significantly higher than baseline value in the propofol group at day 1 after surgery and returned to near normal baseline values thereafter whereas it was significantly higher than baseline value in the sevoflurane group at both days 1 and 3 and was higher than comparable values in the propofol group. Again the results of *post-hoc* tests are shown in Table 4.

Serum pro-inflammatory cytokines (TNF-α and IL-1β) were significantly higher than baseline values in both groups at the end of surgery and at all-time points thereafter but were significantly lower in the propofol group. For TNF- α the Friedman repeated-measures ANOVA on ranks comparing groups and changes over time achieved statistical significance $(F = 5.34$ and $P = 0.002$ at the end of surgery, $F = 47.31$ and *P* < 0.001 8 h after surgery, *F* = 27.17 and *P* < 0.001 16 h after surgery, $F = 36.06$ and $P < 0.001$ 24 h postoperatively). For IL-1β the Friedman repeated-measures ANOVA on ranks comparing groups and changes over time was also significant $(F = 8.53$ and $P = 0.001$ at end of surgery, $F = 40.34$ and *P* < 0.001 8 h after surgery, *F* = 31.89 and *P* < 0.001 16 h after surgery, $F = 18.17$ and $P < 0.001$ 24 h postoperatively). The results of *post-hoc* tests are shown in Table 5.

Discussion

In this randomized trial, propofol reduced the risk of perioperative renal impairment in patients undergoing AAA repair as manifested by changes in kidney specific proteins, lower serum creatinine, and cystatin C levels.

Several studies have reported that propofol can provide protection against I/R injury while sevoflurane could not provide such protection.[24-29] Several possible mechanisms have been proposed. Sánchez-Conde et al.,^[24] compared the abilities of propofol and sevoflurane to modulate inflammation and oxidative stress to the kidney caused by supra-renal aortic cross-clamping. Compared to sevoflurane, propofol administration led to the modulation of markers of inflammation and decreased NF-kappa B expression.

Table 2: Vasopressor requirements and hemoglobin concentration changes in both groups

Data are expressed as mean (SD). $P > 0.05$: Statistical insignificance. SD: Standard deviation

Table 3: Changes in kidney specific urinary proteins

Wang *et al*.^[25] demonstrated a protective effect of propofol in renal I/R injury in rats and suggested that this was due to the induction of the heme oxygenase-1 expression. In a study comparing propofol against sevoflurane for their effects on the systemic inflammatory response during aortic surgery in pigs, propofol anesthesia was associated with less neutrophil infiltration, lower plasma pro-inflammatory cytokine levels, lower production of oxygen free radicals, less lipid peroxidation, and reduced inducible nitric oxide synthase activity.^[12] Another mechanism for renal protective effect of propofol was reported by a study by Feng et al.,^[26] where pretreatment with 5 μg/ml propofol protected human proximal renal tubular epithelial cells against anoxiareoxygenation injury at clinically relevant concentrations by regulating the expression of apoptosis related genes. Assad *et al*.,[27] reported that protection by propofol was probably due to a preconditioning effect and was at least in part mediated by KATP channels. Obal *et al.*,^[28] compared the effect of preconditioning with sevoflurane and preconditioning with short episodes of ischemia on renal I/R injury in the rat *in vivo*. They reported that sevoflurane could not preserve renal function or attenuate cell damage in the rat *in vivo*. Higuchi *et al.*,^[29] compared the effects of high- and low-flow sevoflurane and isoflurane anesthesia on renal function and on markers of nephrotoxicity in humans. Increased urinary beta-NAG excretion was seen in the low-flow and high-flow sevoflurane groups, but not in the isoflurane group (*P* < 0.01) but was not associated with any changes in blood urea nitrogen, creatinine, and creatinine clearance.

In contrast to our findings, some studies have reported renal protection by sevoflurane.^[15,16,30,31] Lee *et al.*,^[15] reported that sevoflurane protects against renal I/R injury in mice via

Data are expressed as mean (SD). †P < 0.05 within the propofol group; †P < 0.05 within the sevoflurane group; *P < 0.05 between both groups. Beta-NAG: N-acetyl-beta-Dglucosamidase; Alpha-1-M: Alpha-1-microglobulin; GST-pi: Glutathione transferase-pi; GST-alpha: Glutathione transferase-alpha; SD: Standard deviation

Table 4: Changes of serum creatinine and cystatin C

Data are expressed as mean (SD). [†]P < 0.05 within the propofol group; [‡]P < 0.05 within the sevoflurane group; $*P < 0.05$ between both groups. SD: Standard deviation

Data are expressed as mean (SD). $P < 0.05$ within the propofol group; $P < 0.05$ within the sevoflurane group; $*P < 0.05$ between both groups. TNF- α : Tumor necrosis factor α; IL-1β: Interleukin-1β; SD: Standard deviation

the transforming growth factor-β1 (TGF-β1) pathway and stated that this protection was absent in mice deficient in TGF-β1 signaling, and this fact can explain why sevoflurane protection is controversial in different studies. In another study, Lee *et al.*,^[16] approved sevoflurane protection against renal I/R injury in cultured human proximal tubular cells and reported that this protection was through activation of the TGF-β1signaling pathways. Equipotent doses of volatile anesthetics (desflurane, halothane, isoflurane, or sevoflurane) were compared against injectable anesthetics (pentobarbital or ketamine) in rats subjected to renal I/R.^[30] Rats treated with volatile anesthetics had lower plasma creatinine and reduced renal necrosis 24-72 h after injury compared with rats anesthetized with pentobarbital or ketamine. Annecke et al.,^[31] compared effects of sevoflurane and propofol on I/R injury after thoracic-aortic occlusion in pigs. Serum markers of cellular injury (lactate dehydrogenase, aspartate transaminase, and alanine aminotransferase) were lower with sevoflurane. However, these markers are not specific to the kidney.

Some studies have reported that hyrdroxy ethyl starch infusion may have negative impact on kidney function.^[32,33] In our study, both groups were comparable regarding volume of hyrdroxy ethyl starch infused and this fact can eliminate its effect on our results.

One limitation of the present study is the use of urinary alpha-1-M as a marker of renal tubular dysfunction (since its increase suggests impaired reabsorption by the tubules and hence tubular dysfunction). It should be emphasized that increased tubular dysfunction is not necessarily a bad thing as it suggests temporary dysfunction of the tubules, less renal tubular work, and less tubular oxygen consumption. In fact increased alpha-1-M can be argued as being renoprotective through reducing renal workload and hence oxygen demand at a time of reduced oxygen delivery.

Our study suffers from an additional number of limitations. With the exception of serum creatinine, the renal function measures used are at best subclinical markers of renal dysfunction and injury and the clinical application of this work would require clinically used measures of renal function with greater patient numbers in the study.

Conclusion

We have demonstrated that the use of propofol significantly reduced renal injury after elective open AAA repair and this could have clinical implications in situations of expected renal I/R injury as patients suffering from hemorrhagic, traumatic, or septic shock, and certain surgical procedures including renal transplantation or abdominal aortic surgery.

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Conflicts of interest

There are no conflicts of interest.

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