



# VEXAS Syndrome—Diagnostic Clues for the Dermatologist and Gaps in Our Current Understanding: A Narrative Review

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Vacuoles, E1 enzyme, X-linked, autoinflammatory, somatic syndrome is a newly recognized, acquired autoinflammatory disorder with broad systemic implications and a poor global prognosis. Because cutaneous lesions are present in the majority of those affected, it is necessary that dermatologists are equipped to recognize this important disease. Through identification, there is a greater opportunity for disease stratification, surveillance for systemic involvement, and selection of the best available therapies. As our understanding of this disease develops, dermatologists should also play a role in addressing the knowledge gaps that exist.

**Keywords:** Autoinflammatory, Genetics, Hematologic malignancy, Neutrophilic dermatosis, VEXAS

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## INTRODUCTION

VEXAS (vacuoles, E1 enzyme, X-linked, autoinflammatory, somatic) syndrome is a newly defined disorder characterized by systemic inflammation, hematologic abnormalities, cutaneous lesions, and acquired pathologic genetic alterations affecting ubiquitination. This syndrome results from somatic variants in the *UBA1* gene, which is located on the X chromosome and encodes for a major ubiquitin-activating (“E1”) enzyme (Beck et al, 2020). In VEXAS syndrome, these specific variants within myeloid and erythroid precursors result in decreased ubiquitylation, hyperactivation of innate immune pathways, myeloid dysplasia (including vacuolization), and a systemic autoinflammatory disease (Beck et al, 2020). VEXAS syndrome tends to have a refractory treatment course

and can be deadly, with a mortality rate of up to 40% reported in the initial cohort (Beck et al, 2020). Since its initial description, additional cases and developing national registries have further expanded the clinical spectrum of this severe, refractory illness. Cutaneous disease is a prominent finding and dermatologists should be aware of the clinical features, as well as the systemic manifestations of the disease, in order to make this challenging diagnosis. Currently, no formal diagnostic criteria are available for VEXAS syndrome. As such, this manuscript outlines a series of “clues” which, when present in the appropriate context, warrant additional testing (including evaluation for pathologic *UBA1* variants).

## DIAGNOSTIC CLUE NUMBER 1: MORPHOLOGY

Across several retrospective cohorts, the incidence of skin involvement in VEXAS syndrome consistently exceeds 80% and is often a presenting sign of disease (Beck et al, 2020; Georgin-Lavialle et al, 2022; van der Made et al, 2022; Zakine et al, 2021). Dermatologists are therefore uniquely poised to facilitate identification of affected patients and manage the cutaneous features. The most common cutaneous manifestations observed in VEXAS syndrome are neutrophilic dermatitis, chondritis, and vasculitis/vasculopathy (Figure 1). Patients with neutrophilic dermatitis typically present with erythematous to violaceous, indurated or edematous plaques—which may appear arcuate—involving the face, trunk, and extremities, similar to classic Sweet syndrome (Alhomida et al, 2021; Beck et al, 2020; Cordts et al, 2022; Hage-Sleiman et al, 2021; Khosravi-Hafshejani et al, 2022; Koster and Warrington, 2021; Lacombe et al, 2022; Lacombe et al, 2021a; Loschi et al, 2022; Raaijmakers et al, 2021; Sterling et al, 2022; Zakine et al, 2021). In the initial National Institute of Health cohort published by Beck et al, 32% of patients carried a diagnosis of Sweet syndrome before VEXAS diagnosis (Beck et al, 2020). Less commonly, patients may present with subcutaneous nodules, which are clinically and histopathologically consistent with erythema nodosum (Beck et al, 2020; Dehghan et al, 2021; Georgin-Lavialle et al, 2022; Lacombe et al, 2022).

Chondritis occurs in 36–60% of patients and provides an important clinical clue to a diagnosis of VEXAS syndrome (Beck et al, 2020; Georgin-Lavialle et al, 2022; van der Made et al, 2022). This typically presents with erythema, swelling, and pain of the cartilaginous portion of the ear and nose (Beaumesnil et al, 2022; Beck et al, 2020; Bert-Marcz et al, 2022; Euvrard et al, 2021; Ferrada et al, 2021; Goyal et al, 2022; Islam et al, 2022; Koster et al, 2021; Koster and Warrington, 2021; Shaikat et al, 2022; Tsuchida et al,

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Abbreviation: DMARDs, disease-modifying antirheumatic drugs; ISR, injection site reactions; IVIG, intravenous Ig; VEXAS, vacuoles, E1 enzyme, X-linked, autoinflammatory, somatic

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**Figure 1. Cutaneous manifestations of VEXAS syndrome.** (a–d) Edematous pink papules and plaques on the trunk and neck consistent with neutrophilic dermatitis; (e) periocular edema and erythema; (f) erythema and swelling of the auricle consistent with chondritis; (g) palpable purpura on the leg consistent with vasculitis.

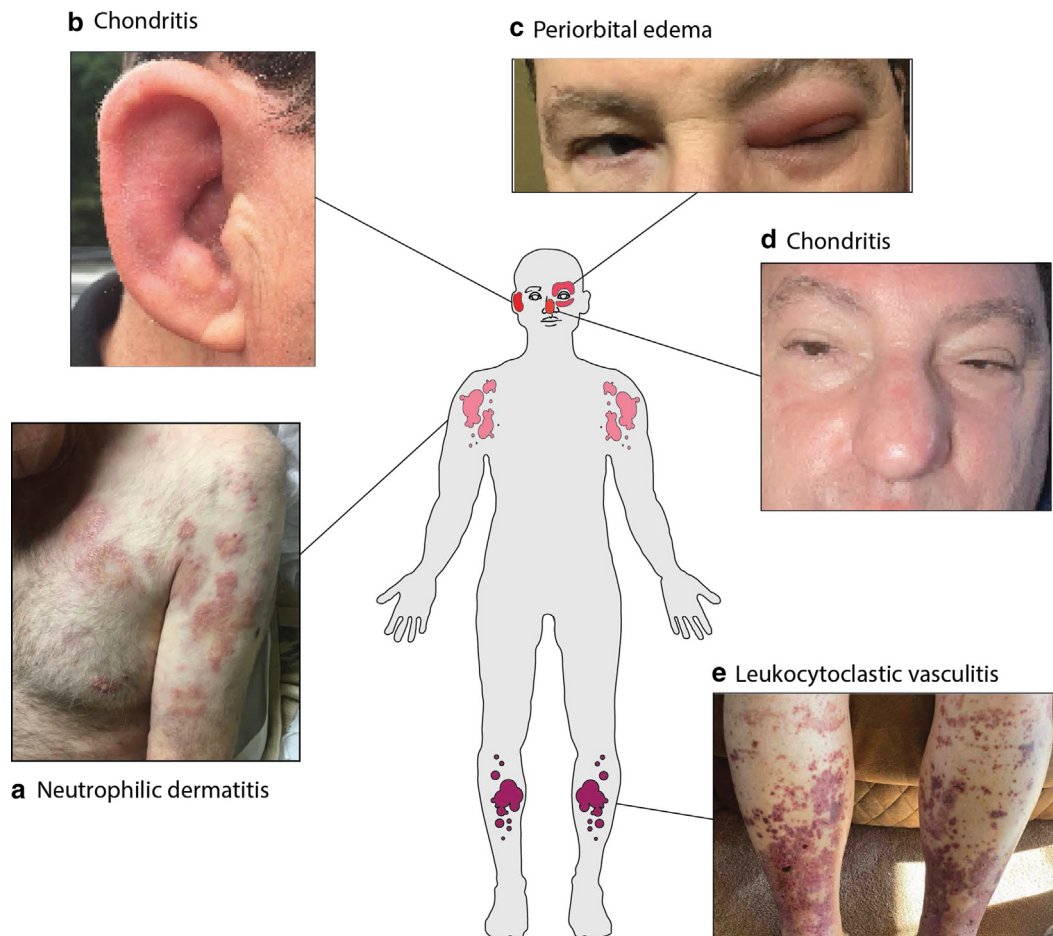
2021)—though at least one case with associated lobular inflammation has been published (Beaumesnil et al, 2022). Involvement of the tracheobronchial cartilage may occur (Beaumesnil et al, 2022; Tsuchida et al, 2021) and chondritis with concurrent genital and oral mucosal ulceration may lead to an initial diagnosis of mouth and genital ulcers-inflamed cartilage syndrome (Diarra et al, 2022; Matsumoto et al, 2022). In evaluating patients with chondritis, the presence of macrocytic anemia provides an important clue to the diagnosis of VEXAS syndrome. In a cohort of 92 patients diagnosed with relapsing polychondritis, 7.6% were found to have a pathogenic *UBA1* variant. A simple algorithm based on the presence of male sex, mean corpuscular volume > 100 fl, and a platelet count < 200 × 10<sup>3</sup>/μl discriminated patients with chondritis with VEXAS from those without a *UBA1* variant with a sensitivity of 100% and a specificity of 96% (Ferrada et al, 2021).

Vasculitis, and/or vasculopathy, is also commonly reported with an incidence of 25.9% among the largest retrospective cohort published to date (Georgin-Lavialle et al, 2022). However, prevalence estimates remain imprecise given limitations in reporting and the possibility of overestimation (Zakine et al, 2023). As such, additional centralized review will be necessary to characterize this further. Involvement of all vessel sizes has been described, though cutaneous small vessel vasculitis appears to be most common (Barba et al, 2021; Beck et al, 2020; Georgin-Lavialle et al, 2022; Koster et al, 2021; Muratore et al, 2022). Morphologies include palpable purpura, as well as livedo racemosa, nodules, and ulceration in the setting of medium and large vessel involvement (Ferrada et al, 2021; Lacombe et al, 2022; Pàmies et al, 2022; Zakine et al, 2021). Notably, although cutaneous morphology may mimic polyarteritis nodosa—

with 12% of the initial cohort carrying this diagnosis—mesenteric vasculitis is typically absent in patients with VEXAS (Beck et al, 2020; Koster and Warrington, 2021). Potential associations with antineutrophilic cytoplasmic antibody vasculitis and IgA vasculitis have also been suggested (Koster et al, 2023; Muratore et al, 2022; Pàmies et al, 2022). It should be noted that intense neutrophilic inflammation, such as that seen in neutrophilic dermatitis, can result in a neutrophilic vascular reaction. As such, the distinction between neutrophilic dermatitis and vasculitis and/or vasculopathy requires careful clinicopathologic correlation.

Although the cutaneous lesions in VEXAS may be morphologically indistinguishable from classic Sweet syndrome, vasculitis, and relapsing polychondritis, the co-occurrence of more than one of these “typical” cutaneous morphologies in an older male patient should raise suspicion for VEXAS syndrome and prompt testing for pathogenic *UBA1* variants should be performed (Figure 2). Notably, multiple cutaneous morphologies may appear simultaneously (Figure 3) or present over the course of years, highlighting the importance of continued surveillance (Sakuma et al, 2021).

Additional physical examination clues include the presence of periorbital edema, which may be bilateral or unilateral (Beck et al, 2020; Ferrada et al, 2021; Georgin-Lavialle et al, 2022; Islam et al, 2022; Koster and Warrington, 2021; Lacombe et al, 2021b; Takahashi et al, 2021; van der Made et al, 2022). This feature is relatively common among patients with VEXAS, with an incidence ranging between 8%–33% (Beck et al, 2020; Ferrada et al, 2021; Georgin-Lavialle et al, 2022; Koster and Warrington, 2021; Lacombe et al, 2021b; van der Made et al, 2022). Peripheral edema may

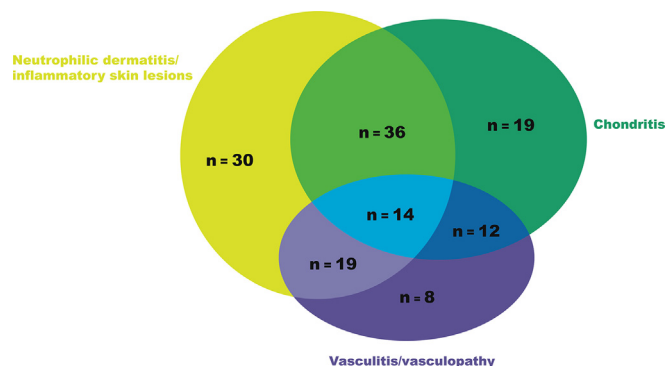


**Figure 2. Co-occurrence of multiple “typical” cutaneous manifestations of VEXAS syndrome in an older male patient.** (a) Edematous pink papules and larger edematous pink plaques scattered on the chest and upper arm; (b) erythema and swelling of the ear with notable sparing of the earlobe; (c) erythema and edema involving the periocular area; (d) erythema and swelling of the cartilaginous portion of the nose; (e) solitary and coalescing purpuric papules, some with overlying hemorrhagic bullae, and symmetrically distributed on the lower legs.

also be present. Prominent injection site reactions (ISR) were observed in 62% of patients receiving anakinra in the initial cohort, as well as 9% of all patients in a multi-institutional French cohort (Beck et al, 2020; Geogin-Lavialle et al, 2022). Although ISR are common with anakinra administration in general, additional case series and reports have confirmed an elevated risk of severe ISR in the VEXAS

population (Ciprian, 2022; Lötscher et al, 2021; Muratore et al, 2022; van der Made et al, 2022).

Since the initial description of VEXAS syndrome in 2020, the spectrum of cutaneous manifestations described has expanded to include papular, eczematous, nodular, urticarial, pustular, polycyclic, and targetoid morphologies (Delplanque et al, 2021; Geogin-Lavialle et al, 2022; Goyal et al, 2022; Koster and Warrington, 2021; Loschi et al, 2022; Lötscher et al, 2021; Mohammed et al, 2023; Poulter et al, 2021; Tsuchida et al, 2021). Rarer presentations include a desquamative morbilliform eruption (Euvrard et al, 2021), extensive fibrosis and joint contractures (following severe peripheral edema) (Magnol et al, 2021), and cases of VEXAS syndrome presenting with urticarial lesions, painful lymphadenitis, and skin papules clinically and histologically resembling Kikuchi-Fujimoto disease (Fan et al, 2021; Lee et al, 2021; Ylmaz et al, 2022). Secondary skin sequelae have also been reported including digital necrosis due to mixed cryoglobulinemia (Koster et al, 2021).



**Figure 3. Venn diagram showing the relative number of the three reported “typical” cutaneous manifestations of VEXAS syndrome, as well as reported cases of morphological overlap.**

**DIAGNOSTIC CLUE NUMBER 2: UNIQUE DEMOGRAPHIC ATTRIBUTES OF VEXAS SYNDROME**

As an acquired somatic disorder, VEXAS characteristically presents later in life with a median age at diagnosis of

~65–70 years of age (Beck et al, 2020; Georgin-Lavialle et al, 2022; van der Made et al, 2022). This relatively late presentation is distinct from other autoinflammatory and autoimmune syndromes that manifest at a younger age. This unique feature was demonstrated in two cohorts of patients with relapsing polychondritis, in which the average age of symptom onset in patients with a pathologic *UBA1* variant was 56 years and 66 years, respectively, in comparison to a median age of 37 years and 44 years in patients without a *UBA1* variant (Ferrada et al, 2021; Khitri et al, 2022). As such, the pretest probability of *UBA1* testing is highest among patients aged >40 years.

The *UBA1* gene resides on the X-chromosome, thus VEXAS is an X-linked disorder and was initially characterized only in men (Beck et al, 2020). As such, male gender remains an important clue in identifying patients most at risk for this disease, and the onset of new autoinflammatory features in an adult male should prompt consideration of testing. Nonetheless, this disease can occur in women with an estimated prevalence of 1:26,238 for females aged >50 years based on a single-center regional cohort of individuals with predominantly European ancestry (Beck et al, 2023). Women with conditions that result in the absence of a functional X chromosome—though rare—were identified relatively early within VEXAS cohorts. These conditions included acquired monosomy X (Barba et al, 2021; Khitri et al, 2022) and Turner syndrome (Stubbins et al, 2022). Recently, additional cases of affected women with *UBA1* pathogenic variants who lack aneuploidy have also been reported, though the mechanism for disease presentation in these cases is less clear (Beck et al, 2023; Poulter et al, 2022).

VEXAS was initially characterized in a group of 25 adult men (Beck et al, 2020), though there may be important differences in disease presentation in different demographic populations. As of June 2023, 167 distinct morphologic images of the skin and eyes had been published (Afsahi et al, 2023; Alhomida et al, 2021; Argobi, 2022; Balu et al, 2023; Beaumesnil et al, 2022; Beck et al, 2020; Beecher et al, 2022; Bert-Marcz et al, 2022; Ciprian, 2022; Collantes-Rodríguez et al, 2023; Cordts et al, 2022; Dehghan et al, 2021; Euvrard et al, 2021; Ferrada et al, 2021; Goyal et al, 2022; Hage-Sleiman et al, 2021; Himmelmann and Brücker, 2021; Islam et al, 2022; Khosravi-Hafshejani et al, 2022; Koster et al, 2021; Koster and Warrington, 2021; Lacombe et al, 2022; Lacombe et al, 2021a; Legeas et al, 2023; Loschi et al, 2022; Lötscher et al, 2021; Magnol et al, 2021; Martin-Nares et al, 2022; Matsubara et al, 2022; Matsuki et al, 2022; Matsumoto et al, 2022; Mohammed et al, 2023; Neupane et al, 2022; Nguyen et al, 2022; Oganessian et al, 2021; Pàmies et al, 2022; Raaijmakers et al, 2021; Ribereau-Gayon et al, 2022; Shaukat et al, 2022; Shimizu et al, 2022; Skowron et al, 2023; Staels et al, 2021; Sterling et al, 2022; Stiburkova et al, 2023; Takahashi et al, 2021; Topilow et al, 2022; Tozaki et al, 2022; Tsuchida et al, 2021; Valor-Méndez et al, 2023; van der Made et al, 2022; van Leeuwen-Kerkhoff et al, 2022; Varadarajan et al, 2023; Vitale et al, 2023; Yamaguchi et al, 2023; Yildirim et al, 2023; Yoon et al, 2023; Zakine et al, 2023; Zakine et al, 2021; Zeisbrich et al, 2023), however only six of these images, obtained from two adult male

patients, demonstrate morphology in richly pigmented skin (Fitzpatrick skin type V or VI) (Ciprian, 2022; Neupane et al, 2022). Given that VEXAS syndrome is caused by an acquired somatic variant, we suspect the lack of clinical images in other ethnic and racial settings represents ascertainment bias. It will be important to expand the spectrum of skin presentations in the literature in diverse skin types and genetic backgrounds to accurately portray potential cutaneous disease variability.

### DIAGNOSTIC CLUE NUMBER 3: THE PRESENCE OF ADDITIONAL ORGAN INVOLVEMENT

Hematologic abnormalities characterized by cytopenias, particularly macrocytic anemia as discussed previously, are a major risk of VEXAS syndrome. Vacuolization of myeloid and erythroid precursors within the bone marrow is highly sensitive, but not 100% specific for VEXAS, because it may be seen in other settings, such as nutritional deficiency and malignancy (Beck et al, 2020; Ferrada et al, 2021). Patients with VEXAS are also predisposed to progressive marrow dysplasia and 11%–55% meet criteria for myelodysplastic syndrome (Bourbon et al, 2021; Georgin-Lavialle et al, 2022; Koster et al, 2021; van der Made et al, 2022). Other clonal disorders, such as myeloma, monoclonal gammopathy of uncertain significance, and monoclonal B-cell lymphocytosis may occur (Beck et al, 2020; Koster et al, 2021; Obiorah et al, 2021). Secondary hemophagocytic lymphohistiocytosis and systemic amyloidosis have also been reported (Delplanque et al, 2021; Euvrard et al, 2021; Grey et al, 2021; Kao et al, 2022; Staels et al, 2021; van der Made et al, 2022). Thrombosis develops in ~40% (10%–65% across series) and may manifest in the skin with thrombophlebitis symptoms, acute unilateral edema and/or pain (Beck et al, 2020; Georgin-Lavialle et al, 2022; Groarke et al, 2021; Koster and Warrington, 2021; Oo et al, 2022).

Constitutional symptoms are exceedingly common in VEXAS with the majority of patients experiencing significant fatigue and/or noninfectious fevers that often present concurrently with cutaneous lesions (Beck et al, 2020; Georgin-Lavialle et al, 2022; Koster et al, 2021). The breadth of additional organ involvement in VEXAS syndrome is wide (Table 1). From the initial disease description, it was apparent that chondritis, pulmonary and ocular disease were relatively common in the syndrome (Beck et al, 2020; Georgin-Lavialle et al, 2022; Koster and Warrington, 2021; Lee et al, 2021; Martin-Nares et al, 2022; Takahashi et al, 2021). A large multicenter case series of 116 French patients was subsequently published by Georgin-Lavialle *et al* that further expanded the spectrum of organ involvement to include the presence of lymphadenopathy, gastrointestinal, and cardiovascular dysfunction (Beck et al, 2020; Georgin-Lavialle et al, 2022). In addition, a possible case of VEXAS-related endocarditis was described among a cohort of Japanese patients with chondritis, though this association remains unclear (Tsuchida et al, 2021). Musculoskeletal disease is also common, with 28% of the French cohort (Georgin-Lavialle et al, 2022) endorsing arthralgias and additional reports describing severe erosive disease mimicking rheumatoid arthritis (Lacombe et al, 2021a) and acute myofasciitis (Cordts et al, 2022). Neurologic disease, renal dysfunction, and

**Table 1. Clinical Manifestations of VEXAS Syndrome Stratified by Incidence**

**Relative incidence**

Expected (estimated incidence > 75%)	Constitutional	Fatigue Noninfectious fever Night sweats Weight loss
	Cutaneous lesions	Neutrophilic dermatitis Vasculitis (small > medium and large vessel) Injection site reaction Edema Less common morphologies: panniculitis, urticarial, and targetoid, morbilliform
	Hematologic abnormalities	Cytopenia (macrocytic anemia, and thrombocytopenia) Vacuolization of myeloid precursors in the bone marrow Myelodysplastic syndrome Less common presentation: myeloma, monoclonal gammopathy of uncertain significance, and monoclonal B-cell lymphocytosis
Common (estimated incidence 30–75%)	Chondritis	Nasal chondritis Auricular chondritis Less common: other sites
	Musculoskeletal	Arthralgias Inflammatory arthritis Myalgias Less common presentation: myofasciitis
	Pulmonary	Pulmonary infiltrates Pleural effusions Less common presentation: bronchiolitis obliterans
	Ocular	Uveitis Scleritis Episcleritis Less common presentation: iritis, pseudomembranous conjunctivitis, optic perineuritis, proptosis, and orbital mass
	Lymph node	Lymphadenopathy Less common presentation: necrotizing lymphadenitis
	Thrombosis	
	Cardiovascular	Pericarditis Myocarditis Aortitis and arterial aneurysms
	Neurologic	Sensory neuropathy Multiple mononeuropathy Sensorineural deafness Less common presentation: acute-onset chronic inflammatory demyelinating polyneuropathy, aseptic meningitis, and encephalitis
	Gastrointestinal	Hepatosplenomegaly Abdominal pain and diarrhea Colitis Less common presentation: gastrointestinal bleeding and perforation/obstruction
	Uncommon (est. incidence <30%)	Cardiac
Arterial		Aortitis Arterial aneurysm
Renal		Renal insufficiency Proteinuria Interstitial nephritis
Genitourinary		Orchitis Epididymitis Prostatitis

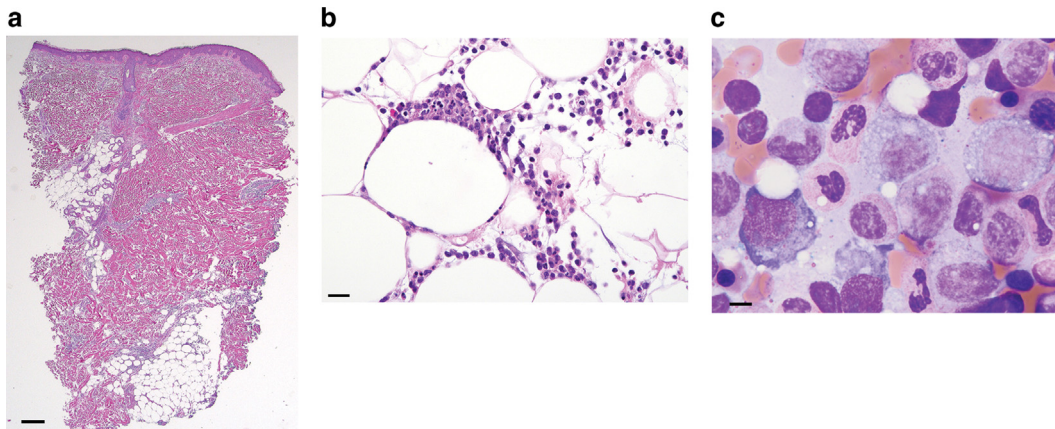
genitourinary complications have also been reported (Table 1) (Beck et al, 2020; Georjin-Lavialle et al, 2022; Grayson et al, 2021; Ronsin et al, 2022; Tsuchida et al, 2021).

The expanding spectrum of systemic disease speaks to the role of the *UBA1* gene in regulating global inflammation and additional disease manifestations are likely to be described.

As such, careful attention to any new or evolving symptoms in patients affected by this syndrome is critical.

**DIAGNOSTIC CLUE NUMBER 4: HISTOPATHOLOGY**

Skin histopathology in VEXAS to date has largely focused on neutrophilic dermatitis, leukocytoclastic vasculitis, and/or leukocytoclasia as the predominant findings (Figure 4) (Beck



**Figure 4. Histopathologic findings in VEXAS syndrome.** (a) Superficial and deep perivascular and perieccrine neutrophilic inflammation, skin biopsy, H&E stain,  $\times 40$ , Bar = 125  $\mu\text{m}$ ; (b) neutrophilic infiltration of the subcutis with immature cells, fragmented nuclei, and karyorrhexis, skin biopsy, H&E stain,  $\times 100$ , Bar = 50  $\mu\text{m}$ ; (c) bone marrow aspirate showing characteristic cytoplasmic vacuolation of myeloid cells, H&E stain,  $\times 600$ , Bar = 10  $\mu\text{m}$ ; other reported hematologic findings (not pictured here) include macrocytosis, bone marrow hypercellularity, and varying degrees of dysplasia.

et al, 2020; Khosravi-Hafshejani et al, 2022; van der Made et al, 2022; Zakine et al, 2023). Notably, the same loss-of-function *UBA1* variant present in the bone marrow has been identified in dermal infiltrates (Lacombe et al, 2022; Zakine et al, 2021). This finding suggests that the robust inflammatory infiltrate observed in cases of neutrophilic dermatitis directly results from the mutant myeloid clone, rather than a nonspecific manifestation of immune stimulation. Other less common histopathologic findings include large- and medium-vessel vasculitis, interstitial edema, and mixed dermal and perivascular inflammatory infiltrates (Khosravi-Hafshejani et al, 2022; Sterling et al, 2022; Zakine et al, 2021). The histiocytoid variant of Sweet syndrome or neutrophilic dermatitis has also been demonstrated in several patients (Himmelman and Brücker, 2021; Sterling et al, 2022).

Although most cases clinically characterized by edematous dermal plaques correlate with tissue neutrophilia histologically, Ribereau-Gayon et al reported two patients with VEXAS syndrome presenting with widely distributed edematous plaques, including facial involvement, with features suggestive of tumid lupus on skin biopsy (lymphocytic inflammatory infiltrate with dermal mucin) (Ribereau-Gayon et al, 2022). Similarly, Khosravi-Hafshejani et al reported a single case with a Jessner-like lymphocytic infiltrate (without evidence of neutrophilic infiltration or vasculitis) (Khosravi-Hafshejani et al, 2022), and Valor-Méndez et al described a case in which initial histopathology demonstrating lymphohistocytic inflammation and small vessel vasculitis lead to the incorrect diagnosis of subacute lupus erythematosus (Valor-Méndez et al, 2023).

The true incidence of vasculitis among patients with VEXAS remains undetermined. Zakine et al performed a nationwide, centralized review of skin pathology samples on behalf of the National French VEXAS Study Group. Although a clinical suspicion of vasculitis was present in 17% of cases, and 22% of initial pathologic reports favored leukocytoclastic vasculitis, no patients were ultimately determined to have true cutaneous small vessel vasculitis by investigators (Zakine et al, 2023). Researchers in the United States subsequently

performed a single center review of 14 patients with confirmed VEXAS syndrome. In this cohort, neutrophilic inflammation predominated as anticipated (25% characterized as neutrophilic urticarial dermatosis, 15% as neutrophilic dermatosis, and 10% as neutrophilic panniculitis). Twenty five percent of cases were reported as either cutaneous small vessel vasculitis or urticarial vasculitis; however, histopathology slides were not available for review at the time of the study (reported to be confirmed by the institution at the time of initial diagnosis) (Hines et al, 2023).

Our understanding of clonal versus nonclonal cutaneous manifestations also remains uncertain. Although independent researchers confirmed the presence of the *UBA1* mutant clone in neutrophilic infiltrates (as described initially by Zakine et al), they failed to identify this in other morphologic and histologic presentations of disease, including vasculitis (Lacombe et al, 2022; Zakine et al, 2021). Whether this indicates that these morphologies are paraclonal or simply do not contain enough myeloid cells to detect *UBA1* variation remains to be determined.

#### DIAGNOSTIC CLUE NUMBER 5: POOR RESPONSE TO THERAPY

There is no uniformly effective therapy for VEXAS syndrome and treatment refractory inflammation is a hallmark of the disease (Beck et al, 2020). High-dose glucocorticoids improve cutaneous lesions and other inflammatory symptoms in the short term, but recurrence after steroid tapering is nearly universal (Beck et al, 2020; Bourbon et al, 2021; Georjin-Lavialle et al, 2022). Adjunctive therapy is frequently required, and treatment resistance often necessitates the use of multiple treatments concurrently.

In the initial cohort described by Beck et al, most patients had been treated with at least two traditional disease-modifying antirheumatic drugs (DMARDs), such as methotrexate, mycophenolate mofetil, azathioprine, hydroxychloroquine, cyclophosphamide, dapsone, cyclosporine, or sulfasalazine, and two biologic and/or targeted therapies, such as anti-TNF-therapy (adalimumab, infliximab, etanercept, and golimumab), anti-IL-1 therapy (anakinra and

canakinumab), anti-Th17 therapy (secukinumab and ustekinumab), Jak inhibitors (tofacitinib and baricitinib), tocilizumab, rituximab, abatacept, or intravenous Ig (IVIG), without adequate disease control (Beck et al, 2020). The refractory nature of VEXAS syndrome-related inflammatory disease has since been reproduced by additional studies (Beck et al, 2020; Bourbon et al, 2021). To date, a wide variety of steroid-sparing therapies have been employed, including traditional DMARDs, biologic and targeted synthetic DMARDs, cellular signaling pathway inhibitors, and chemotherapeutic agents. Lack of response to one or more frequently effective therapies for isolated cutaneous vasculitis, chondritis or neutrophilic dermatosis should prompt consideration of VEXAS syndrome, particularly in older men at greatest risk of this disease.

There is limited evidence to suggest a single, superior steroid-sparing treatment for VEXAS syndrome. Bourbon et al used “time to next treatment” as a surrogate marker to measure clinical efficacy (Bourbon et al, 2021). In this small series of 11 patients, the median time to next treatment was 21.9 months for azacytidine, 12.7 months for cyclosporine, 8 months for tocilizumab, 7.4 months for methotrexate, and 3.4 months for adalimumab. The median time to next treatment was not reached for Jak inhibitors, although the duration of follow-up was limited (Bourbon et al, 2021). Other case series have also reported clinical responses after treatment with azacytidine (Comont et al, 2022; Cordts et al, 2022; Mekinian et al, 2022; Raaijmakers et al, 2021), tocilizumab (Goyal et al, 2022; Kirino et al, 2021; Kunishita et al, 2022), and IL-1 receptor antagonists (anakinra and canakinumab) (Campochiaro et al, 2022; Collantes-Rodríguez et al, 2023), all of which may be considered in the appropriate patient. Case reports also suggest potential efficacy for abatacept (Pathmanathan et al, 2022) and IVIG combined with secukinumab (Magnol et al, 2021). In contrast, limited or temporary improvement and complete lack of efficacy has also been described with these same agents (Alhomida et al, 2021; Beck et al, 2020; Dehghan et al, 2021; Koster et al, 2021; Pàmies et al, 2022; Takahashi et al, 2021). Notably, intestinal perforation during tocilizumab treatment has occurred (van der Made et al, 2022).

Jak inhibitors have also shown potential efficacy with ruxolitinib demonstrating superior disease control to other Jak inhibitors (including tofacitinib, baricitinib, and upadacitinib) in a recent multicenter retrospective investigation of 30 patients (Heiblig et al, 2022). Despite promising results in studies to date, additional data are needed regarding the efficacy and safety of Jak inhibition in patients with VEXAS, because cytopenias, infection, and thrombotic complications were observed (Heiblig et al, 2022).

Bone marrow transplantation is the only current potentially curative treatment for VEXAS syndrome. Loschi et al describe a single patient who experienced resolution of all systemic and cutaneous symptoms after allogeneic hematopoietic stem cell transplant and Diarra et al retrospectively identified 6 patients with VEXAS syndrome who had undergone allogeneic hematopoietic stem cell transplantation, of whom 3 were still in remission after sufficient follow-up (Diarra et al, 2022; Loschi et al, 2022). More recently, van-Leeuwen-Kerkhoff et al have reported treating a single patient

without myelodysplastic syndrome with allogeneic hematopoietic stem cell transplant who was able to be tapered off all immunosuppression within 3.5 months and was still alive after 9 months (van Leeuwen-Kerkhoff et al, 2022).

Notably, patients in these studies suffered numerous treatment complications, which may ultimately limit its widespread use because patients with VEXAS are often older patients who at higher risk with multiple comorbidities. A separate cohort of 4 patients who received transplant from the United Kingdom was notable for a 50% mortality rate and only a 25% event-free survival at the time of publication (Hines et al, 2023). Reduced conditioning allogeneic stem cell transplant may be a feasible approach and preliminary data from an ongoing phase 2 clinical trial (NCT05027945) is promising (Mangaonkar et al, 2023).

Improved stratification of higher versus lower risk VEXAS by genotype or disease clustering will be critical to identify patients who would benefit from more aggressive, early intervention. Georjin-Lavialle et al performed an unsupervised hierarchical analysis of 116 patients, which identified following three disease clusters with prognostic differences: (i) patients with mild-moderate disease, (ii) those with underlying myelodysplastic syndrome and a higher mortality rate, and (iii) those with more prominent constitutional symptoms. They also identified genotype-specific features which seem to correlate with morbidity and mortality (Georjin-Lavialle et al, 2022). Another multivariable analysis of 83 patients found that ear chondritis was associated with increased survival, whereas transfusion dependence and the p.Met41Val variant were independently associated with decreased survival. In vitro models demonstrated that p.MetVal variants support less *UBA1b* translation compared with p.Met41Leu or p.Met41Thr, providing a possible explanation for the observed mortality difference (Ferrada et al, 2022). Although this work requires additional confirmation, it is a step toward more tailored therapy for those severely affected by this heterogeneous disease.

## CONCLUSION

Dermatologists should be at the forefront of the recognition and diagnosis of VEXAS syndrome. Although formal diagnostic criteria have yet to be developed, dermatologists should consider *UBA1* testing in adults aged >40 years, particularly male, with characteristic cutaneous lesions, hematologic abnormalities, and/or features of autoinflammation. Genetic testing is now commercially available and can be performed using blood, bone marrow, or tissue specimens. Clinicians may also consider adding confirmed patients to the Autoinflammatory Disease Alliance registry, which aims to expand our understanding of VEXAS syndrome by collecting additional demographic, genetic, clinical, and therapeutic data. In areas where resources are limited, the further development of diagnostic criteria will be beneficial to allow for case identification in the absence of mutational testing. Any new criteria should, and will, be subject to validation. We hope that increased awareness of this rare condition will lead to earlier identification of cases, selection of appropriate therapy, and ultimately a reduction in morbidity and mortality.

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**CONFLICT OF INTEREST**

The authors state no conflict of interest.

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**AUTHOR CONTRIBUTIONS**

Conceptualization: LTN, LMM; Supervision: LMM; Visualization: LTN; Writing - Original Draft Preparation: LTN, LMM; Writing - Review and Editing: LTN, EWC, DB, MF, LMM

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